

SUMMIT AT SARATOGA

Monthly Newsletter

September 2026



THE Manager's Message

Dear Residents,

What a fabulous summer! The Saratoga racetrack season has ended, the tourists and traffic are gone and we still have many beautiful, sunny days left to enjoy the outdoors and the start of spectacular fall foliage. We are excited to share some exciting September programs with you!

Our 6th annual Bocce Tournament is coming up on September 18th at our sister community, Summit at Mill Hill. Good luck to our team!

We are excited to have our own farm stand from Giffords Farm in Gansevoort. Come and partake in their abundant harvest and sweet treats.

Join us on the 9th to hear the remarkable life story of our own staff member, Maintenance Lead, Ken Erlenbusch, A Life of Service: The Story So Far.

Lastly, definitely hop on the motor coach for a tour of Old Friends at Cabin Creek a thoroughbred retirement farm, or perhaps lunch at Olive Garden or Lagos on Saratoga Lake.

We hope to see you out and about enjoying the last days of summer and the early days of fall!

Warm Regards,



Christy Durant
Community Manager

Summit's 6th Annual Bocce Ball Tournament!

Hosted by Summit at Mill Hill!

Friday, September 18th
Tournament begins at 10:00 am
at The Summit at Mill Hill

Refreshments, lunch and music will be provided!
The bus will have limited seats available for
spectators. Please sign up in the Great Room.

14 Residents Maximum.

Raindate Friday,
September 25th

The bus will leave the
Summit at 8:25 am.



Staff

Community Manager

Christy Durant
CDurant@SummitSeniorLife.com

Resident Services Coordinator

Kathie Dunne
KDunne@summitseniorlife.com

Concierge

Jessica Barr
Concierge@SummitSeniorLife.com

Maintenance

Ken Erlenbusch
Justin Carr

Cleaner

Skip Vickery

Weekend Concierge

Shelly Pooler
Lisa Hobbs

Transportation

Matt Leguire

The Summit At Saratoga
1 Perry Road
Saratoga Springs, NY 12866
518-430-2136
www.summitsaratoga.com

**Maintenance Emergency
Number**
518-925-0905

Community Excursions & Programs

Happy Birthday

Mary Ann Evans	9/01	Shirley Stevens	9/16
Mary Ann Herzog	9/01	Gail Norris	9/18
Jo Mo Moriata	9/04	Joris Reintsema	9/19
Margi Goodwin	9/11	Deirdre Leland	9/21
Ray Winicki	9/12	Vivien Callison	9/28
Bob Dean	9/14	Joe Corby	9/28
Jo Flessner-Filzen	9/15	Bill Mooney	9/30
Florence O'Brien	9/15		

Join us on **Wednesday, September 30th**
at 3:00 pm
in the Great Room
to celebrate our September Birthdays!

Resident Information Meetings

Fireplace and Grill How-To

Thursday, September 3rd at 10:00 am - Back Patio

Intercom How-To

Tuesday, September 8th & 22nd at 10:00 am - Lobby

Theater How-To/Movie Committee

Tuesday, September 15th & 29th at 10:00 am -Movie Theater

Program Meeting with Kathie

Monday, September 21st at 11:30 am - Great Room

Resident Meeting with Christy

Monday, September 28th at 1:00 pm - Great Room



Tour of
Old Friends at Cabin Creek



Tuesday, September 1st
at 9:30 am

Old Friends at Cabin Creek is Saratoga County's only thoroughbred retirement farm and a living horse racing museum. The farm provides retired racehorses with a safe, nurturing forever home where they can enjoy their retirement years. Visitors can meet these remarkable horses, hear their stories, and celebrate the legacy of racing.

14 Residents Minimum. The bus will leave the Summit at 9:30 am.

EXCURSIONS

Lunch at 

Friday,
September, 11th
at 11:30 am

Olive Garden is a casual Italian-American restaurant known for its pasta, soups, salads & breadsticks.

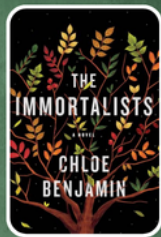
The bus will leave the Summit at 11:30 am.
14 Residents Minimum.

Lunch at 

Wednesday,
September, 16th
at 11:30 am

Beautiful gastropub located on the shores of Saratoga Lake, offering a laid-back atmosphere with a focus on specialty pizzas and handcrafted food.

The bus will leave the Summit at 11:30 am.
14 Residents Minimum.

S	M	T	W	TH	F	S
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 9:30am Podiatrist Visits: Dr. Masias 9:30am Pickleball PC 9:30am Tour at Old Friends at Cabin Creek 11:00am Shuffleboard TAV 1:00pm Tech Hour with Don 1:30pm Bingo GR 3:30pm Pinochle MR 5:00/5:15pm Poker Night GR MEAL FORMS DUE	2 1:00pm Marilyn Sassi Presents: Empress Josephine LIB 1:30pm Movie: Mrs. Harris Goes to Paris MOV 2:00pm Mexican Train TAV 4:00pm BYOB Wine Wednesday TAV 6:00pm Hand & Foot Card Game MR	3 9:30am Bocce Ball BC 10:00am Grill & Fireplace How-To BP 11:30am Men's League: Billiards Club BR 1:00pm Shopping Shuttle 2:30pm LCR Game TAV 5:00pm Cribbage TAV 5:00pm Resident Potluck Dinner GR 6:00pm Patio S'mores BP	4 10:00am Scrabble TAV 10:00am Sunflower Bookmarks with Sue CR 1:15pm Viewing of the 2026 Saratoga Springs Tour of Historic Homes MOV  2:00pm Shuffleboard TAV 3:00pm Ladies Billiards BR 4:00pm BYOB Tavern Time TAV 5:00/5:15pm Poker Night GR	5 10:00am Board Games TAV 11:30am Men's League: Billiards Club BR 1:00pm Amaretto Sour Cocktail GR 1:00pm Hearts TAV 1:30pm Ladies Billiards BR 1:30pm Movie: You've Got Mail MOV 6:00pm Worship & Music with Street Level Chapel GR 6:00pm Hand & Foot Card Game MR
6 9:30am Bocce Ball BC 10:00am Buddy Swim P 11:00am Corn Hole FS 1:00pm Mexican Train TAV	7 9:00am Resident Potluck Breakfast 11:00am Knitting/Crocheting Group LIB 11:00am Canasta TAV 11:30am Men's League Billiards Club BR 2:00pm Rummikub TAV 4:30pm Mah Jongg TAV  Office Closed	8 9:30am Pickleball PC 10:00am Intercom How-To LOB 10:00am Flower Arranging TAV 11:00am Shuffleboard TAV 1:30pm Bingo GR 2:00pm Summit Book Club LIB 3:30pm Pinochle MR 4:15pm SSC Sausage & Peppers TAV 5:00/5:15pm Poker Night GR	9 1:30pm A Life of Service: The Story So Far with Ken Erlenbusch GR 1:30pm Movie: The Penguin Lessons MOV 2:00pm Mexican Train TAV 4:00pm BYOB Wine Wednesday TAV 6:00pm Hand & Foot Card Game MR	10 9:30am Bocce Ball BC 11:30am Men's League: Billiards Club BR 12:30pm PRN: Fall Prevention & Aging GR 1:00pm Shopping Shuttle 1:00pm LCR Game TAV 4:15pm SSC Lasagna TAV 5:00pm Cribbage TAV 6:00pm Patio S'mores BP	11 10:00am Scrabble TAV 11:30am Lunch at the Olive Garden 2:00pm Shuffleboard TAV 3:00pm Ladies Billiards BR 4:00pm BYOB Tavern Time TAV 5:00/5:15pm Poker Night GR Patriot Day Rosh Hashanah begins at sundown	12 10:00am Board Games TAV 11:30am Men's League: Billiards Club BR 1:00pm Pudding Parfaits GR 1:00pm Hearts TAV 1:30pm Ladies Billiards BR 1:30pm Movie: All That Heaven Allows MOV 6:00pm Worship & Music with Street Level Chapel GR 6:00pm Hand & Foot Card Game MR
13 9:30am Bocce Ball BC 10:00am Buddy Swim P 11:00am Corn Hole FS 1:00pm Mexican Train TAV Grandparents Day	14 11:00am Knitting/Crocheting Group LIB 11:00am Canasta TAV 11:30am Men's League: Billiards Club BR 12:30pm ALL Info Session with Jeff Shinamin GR 1:30pm Bible Devotional Group LIB 2:00pm Rummikub TAV 3:00pm Happy Hour with The Jack Kelle Duo GR 4:30pm Mah Jongg TAV	15 9:30am Pickleball PC 10:00am Theater How-To MOV 11:00am Shuffleboard TAV 1:30pm Bingo GR 3:30pm Pinochle MR 4:15pm SSC Sliced Ham TAV 5:00/5:15pm Poker Night GR	16 10:00am Flu & Covid Clinic TAV 11:30am Lunch at Lago By Druthers 1:30pm Movie: Ticket to Paradise MOV 2:00pm Mexican Train TAV 4:00pm BYOB Wine Wednesday TAV 6:00pm Hand & Foot Card Game MR	17 9:30am Bocce Ball BC 11:30am Men's League: Billiards Club BR 1:00pm Shopping Shuttle 2:30pm Trivia GR 4:15pm SSC Pizza & Salad TAV 5:00pm Cribbage TAV 6:00pm Patio S'mores BP	18 8:25am Bocce Tournament at The Summit at Mill Hill 10:00am Scrabble TAV 2:00pm Shuffleboard TAV 3:00pm Ladies Billiards BR 4:00pm BYOB Tavern Time TAV 5:00/5:15pm Poker Night GR	19 10:00am Board Games TAV 11:30am Men's League: Billiards Club BR 1:00pm Root Beer Floats GR 1:00pm Hearts TAV 1:30pm Ladies Billiards BR 1:30pm Movie: Crossing Delancy MOV 6:00pm Worship & Music with Street Level Chapel GR 6:00pm Hand & Foot Card Game MR
20 9:30am Bocce Ball BC 10:00am Buddy Swim P 11:00am Corn Hole FS 1:00pm Mexican Train TAV Yom Kippur begins at Sundown	21 11:00am Knitting/Crocheting Group LIB 11:00am Canasta TAV 11:30am Men's League: Billiards Club BR 11:30am Program Meeting with Kathie GR 1:30pm Bible Devotional Group LIB 2:00pm Rummikub TAV 3:00pm Happy Hour GR 4:30pm Mah Jongg TAV	22 9:30am Pickleball PC 10:00am Intercom How-To MOV 10:00am Flower Arranging TAV 11:00am Shuffleboard TAV 1:00pm Tech Hour with Don 1:30pm Bingo GR 2:45pm Saratoga Springs Public Library Outreach LIB 3:30pm Pinochle MR 4:15pm SSC Meatloaf TAV 5:00/5:15pm Poker Night GR First Day of Autumn	23 1:30pm Movie Matinee MOV 2:00pm Mexican Train TAV 2:30pm Paw Social BP 4:00pm BYOB Wine Wednesday TAV 6:00pm Hand & Foot Card Game MR Favorite Photos Due	24 9:30am Bocce Ball 11:30am Men's League: Billiards Club BR 1:00pm Shopping Shuttle 2:30pm Trivia GR 4:15pm SSC Asian Filipino Pancit TAV 5:00pm Cribbage TAV 6:00pm Patio S'mores BP	25 8:25am Bocce Tournament Raindate 10:00am Scrabble TAV 1:30pm Easy Peasy Pineapple Pie TAV 2:00pm Shuffleboard TAV 3:00pm Ladies Billiards BR 4:00pm BYOB Tavern Time TAV 5:00/5:15pm Poker Night GR	26 10:00am Board Games TAV 11:30am Men's League: Billiards Club BR 1:00pm Pineapple Pie GR 1:00pm Hearts TAV 1:30pm Ladies Billiards BR 1:30pm Movie: Autumn in New MOV 6:00pm Worship & Music with Street Level Chapel GR 6:00pm Hand & Foot Card Game MR
27 9:30am Bocce Ball BC 10:00am Buddy Swim P 11:00am Corn Hole FS 1:00pm Mexican Train TAV	28 11:00am Knitting/Crocheting Group LIB 11:00am Canasta TAV 11:30am Men's League: Billiards Club BR 1:00pm Resident Meeting with Christy GR 1:30pm Bible Devotional Group LIB 2:00pm Rummikub TAV 3:00pm Happy Hour GR 4:30pm Mah Jongg TAV	29 9:30am Pickleball PC 10:00am Theater How-To LOB 11:00am Shuffleboard TAV 1:00pm Tech Hour with Don 1:30pm Bingo GR 3:30pm Pinochle MR 4:15pm SSC Chicken Cordon Bleu TAV 5:00/5:15pm Poker Night GR	30 10:00am Flu & Covid Clinic TAV 1:30pm Sandra Kahlon presents: Medicare 101 & 2027 Updates GR 1:30pm Movie: Arthur the King MOV 2:00pm Mexican Train TAV 3:00pm Monthly Birthday Party GR 4:00pm BYOB Wine Wednesday TAV 6:00pm Hand & Foot Card Game MR	TAV-Tavern MOV-Movie Theater MR-Music Room (3rd Floor) P-Pool PC – Pickleball Courts PS-Practitioners Suite PAV- Pavilion CY - Courtyard		BP-Back Patio BR-Billiards Room (3rd Floor) CR-Craft Room (2nd Floor) FS-Fitness Studio GR-Great Room LIB-Library LO-Lobby
CONNECTED life  FITNESS		Every Monday 8:00/8:30am Hydro Rider P 9:30am Water Aerobics P 10:00am Tai Chi III: Int. Group 1 LIB 10:30am Strength Training FS 10:30am Tai Chi III: Int. Group 2 LIB 11:15am Yoga/Balance FS	Every Tuesday 8:00/8:30am Hydro Rider P 9:30 Aqua Fit P 10:30am Yoga/Balance FS 11:30am Trifecta FS	Every Wednesday 8:30am Water Aerobics P 9:30am Stretch & Flex FS 10:30am Sit 2B Fit FS 1:00pm Buddy Swim P	Every Thursday 8:00am/8:30am Hydro Rider P 9:30am Aqua Fit P 10:30am Yoga/Balance FS 11:30am Cardio Flow FS	Every Friday 10:00am Tai Chi III: Int. Group 1 FS 10:30am Tai Chi III: Int Group 2 FS 1:00pm Buddy Swim P
Office Hours: Monday - Friday 9:00am - 4:30pm Saturday 9:00am - 3:00pm Sunday 9:00am - 12:00pm						 Summit Book Club Tuesday, September 8 th at 2:00 pm In the Library

Community Activities

Painted Sunflower Bookmarks with Sue

Friday, September 4th
at 10:00 am
in the Craft Room

Please sign up in the Great room as spots are limited!

Jack Kelle Duo



Happy Hour Entertainment

Monday,
September 14th
at 3:00 pm
in the Great Room

Summit Service Club Backstretch Donations

Donations can be put in garage #33,
across from the garden bed area between
8:00 am and 3:00 pm.

List of items in need is on the
conversation table in the Great Room.

"Volunteering is a work of heart"♡



Easy Peasy Cooking

Friday, September 25th
at 1:30 pm
in the Tavern

Let's get together to make a
Pineapple Pie to share at our
Saturday Social the next day!

Paw Social

September, 23rd
at 2:30 pm
on the Back Patio

Come join your friends
and their dogs as they
enjoy a pup cup on the
back patio!

TEAM TRIVIA

with DJ Mark Hersh

Thursdays,
September 17th & 24th
at 2:30 pm
in the Great Room

Get ready to test your
knowledge and have some fun!

Guess Who ???

Share a favorite photo of yourself from
any time in your life.

Photos will be displayed in the lobby.

Find out who's who on
September 28th at the end of the
Resident Meeting with Christy!

Please bring your photos
to the office by September 23rd



Viewing of the 2026 Saratoga Springs Tour of Historic Homes



Friday, September 4th
at 1:15 pm
in the Movie Theater

Enjoy a recorded video presentation of this year's Tour of
Historic Homes, filmed by the Saratoga Springs Preservation
Foundation and shown on our theater screen.

This is a video viewing only; no presenter will be in attendance. Seating is limited.

Saratoga Springs
Preservation Foundation
A VOICE FOR PRESERVATION

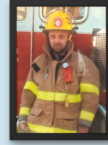
Community Activities



MARILYN SASSI PRESENTS: EMPRESS JOSEPHINE

Wednesday, September 2nd
at 1:00 pm
in the Library

Born in Martinique in 1763, Josephine came from an aristocratic family and was sent to a convent school at age 12. After moving to Paris, she married, had two children, and was imprisoned during the French Revolution after her husband was guillotined. Following her release, she met Napoleon Bonaparte, whom she married and eventually became Empress of France. The program explores Josephine's influence on fashion, her passion for art and antiquities, and her remarkable taste in furniture, gowns, accessories, and the arts.



A Life of Service: The Story So Far

with Ken Erlenbusch

Maintenance Lead at the Summit at Saratoga
Wednesday, September 9th
at 1:30 pm
in the Great Room



Join our own lead of maintenance as he shares his remarkable journey from firefighter and EMT to anti-terrorism officer, service in the Army National Guard during 9/11, and the experiences that have shaped his life. This promises to be an inspiring afternoon of stories, service and resilience.

VACCINE CLINIC

WEDNESDAY,
SEPTEMBER
16TH & 30TH
AT 10:00AM
IN THE TAVERN

Bring your completed vaccine consent form, Medicare Part B insurance card and prescription card. Please wait to sign the consent form until you are at the clinic.

Tavern Arrival Times

10:00 am - 11:30 am
Last names that begin with A-M
11:30 am - 1:00 pm
Last names that begin with N-Z



BY HANNAFORD PHARMACY

VACCINES AVAILABLE

FLU
COVID
PNEUMONIA
RSV
SHINGLES
TETNUS



ACADEMY FOR
LIFELONG LEARNING

Monday, September 14th
at 12:30 pm
in the Great Room

Join us as Jeff Shinamin, the Executive Director of the Academy of Lifelong Learning, shares the many benefits of membership.

Discover the wide variety of programs available, including lectures, music appreciation, painting, hiking, day trips, and much more. Come learn how the Academy offers opportunities to keep learning, stay active, and connect with others.



PRN
PT OT & SLP PLLC
Rehabilitation Services
an affiliate of The Weston Healthcare Group

Fall Prevention & Aging

Thursday, September 10th
at 12:30 pm
in the Great Room

An interactive presentation discussing fall prevention, facts verses myths of the aging process, with fun interactive games & prizes!

Medicare 101 & Changes for 2027



Wednesday, September 30th
at 1:30pm
in the Great Room

This presentation is designed for individuals who are making Medicare decisions on their own. If you receive retiree Medicare benefits through New York State, a teacher's union, or another employer or union-sponsored retiree health plan, this information will not apply to your coverage or future coverage changes.

Concierge Services

CONTINENTAL BREAKFAST

8:30am until 10:30am in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week. Start your morning right with a healthy breakfast while enjoying each other's company.

There are also copies of the newspaper in the Great Room for residents to read.



Gift Certificates Available

Stylist

Patricia Keefe 518-992-4904

Therapeutic Massage

Krick Wahl 518-859-9809

Nail Technician

Tina Mone 518-698-4693

On-Site Podiatrist

Dr. Michael Masias, DPM

Tuesday, September 1st at 9:30am

To make your appointment, sign up in the Great Room. He will visit you in your apartment.

Saratoga Springs Public Library Outreach

Tuesday, September 22nd

2:45pm - 3:30pm in the Library

There will be an array of books and movies to browse through. If you would like to reserve a book for that date, please call the library at 518-584-7860 ext. 228.



SARATOGA SPRINGS PUBLIC LIBRARY
100 N. GATEWAY BLVD. SARATOGA, NY 12158



PRN

PT OT & SLP PLLC

Rehabilitation Services
an affiliate of The Weston Healthcare Group

Jessica Shiels, Patient Service Coordinator
PRN PT, OT & SLP PLLC
an affiliate of The Weston Healthcare Group

716-204-2405

Vandenburg@prnphysicaltherapy.com

Resident Transportation

Tuesdays and Thursdays, 9am-3pm.

Please notify the office at least one week ahead of time.

Destination must be within a 12-mile radius.



FROZEN DINNERS

By: *Chef Johnny*



Chef Johnny is now offering frozen meals, which are available in the office any day of the week during business hours.

The dinners below are \$14 each and ready to be heated.

- Chicken Parmigiana with pasta, sauce, vegetable
- Meatloaf with mashed potatoes, vegetable
- Turkey with stuffing, roasted potatoes, vegetable
- Vegetable Lasagna

Route 50 Shopping

Please sign up for the **Thursday 1:00pm** Shopping Shuttle in the Great Room.



**BE GREEN
& recycle
CLEAN**

**plastics, tin,
aluminum, paper
and glass.**

