

SUMMIT AT SARATOGA

Monthly Newsletter

July 2026



THE Manager's Message

Residents,

It is wonderful to finally have Summer here and Saratoga Springs is the Summer Place to Be! Our beautiful city will be bustling with events and visitors. Join us here at Summit for a Broadway review of the music of Gershwin and Berlin, a lecture on American Tapestry and Molly Brant, a powerful Mohawk leader influential during the American Revolution. Also trips to SPAC, the Racetrack, The Lake George Dinner Theater and lunch at The Dockside on Glen Lake.

America's 250th anniversary marks two and a half centuries of history, innovation, and resilience. It is a time to celebrate our nation's journey and the enduring ideals of freedom and opportunity. This is the theme of annual Summer Cookout on July 7th which will be catered by Chef Johnny - enjoy hamburgers, hot dogs, salads, lawn games and more. If your last name begins with A-M, please bring a dessert to share.

Every year we collect donations for the Racetrack backstretch workers. We are collecting gently used bedding, blankets, pillows, sheets and pillowcases, towels, men's and women's clothing, shoes and hygiene products. See the full list in the Great Room.

Thank you for all of your donations!

Welcome New Residents Mercedes Nierotka Apt 217,
Michelle Nierotka Apt 217 and Connie Sloan Apt 232.

Warm regards,



Christy Durant
Community Manager



**SUMMER
COOKOUT**

**Tuesday, July 7th
at 12:30 pm**

**WE'LL BE SERVING UP ALL YOUR CLASSIC PICNIC STAPLES. COME
ENJOY GREAT FOOD, GOOD COMPANY, AND A TASTE OF SUMMER!**

Please bring a dessert to share if your last
name begins with A-M, thank you!

Staff

Community Manager

Christy Durant
CDurant@SummitSeniorLife.com

Resident Services Coordinator

Kathie Dunne
KDunne@summitseniorlife.com

Concierge

Jessica Barr
Concierge@SummitSeniorLife.com

Maintenance

Ken Erlenbusch

Justin Carr

Cleaner

Skip Vickery

Weekend Concierge

Shelly Pooler

Lisa Hobbs

Transportation

Matt Leguire

The Summit At Saratoga
1 Perry Road
Saratoga Springs, NY 12866
518-430-2136
www.summitsaratoga.com

Maintenance Emergency Number

518-925-0905

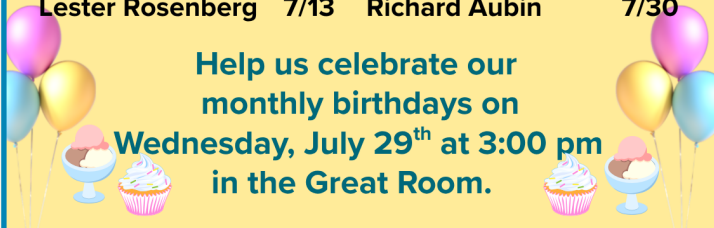
Community Excursions & Programs

Happy Birthday

Alice Welcome	7/04	Kathy Phelps	7/15
Elaine Martin	7/07	Diane Shanley	7/19
Mercedes Nierotka	7/08	Richard Rozycki	7/22
Les Pembrook	7/10	Sue Peters	7/24
Judy Staubo	7/11	Don Mowbray	7/29
Paul Suppes	7/13	Donna Robarge	7/30
Lester Rosenberg	7/13	Richard Aubin	7/30

Help us celebrate our monthly birthdays on

Wednesday, July 29th at 3:00 pm
in the Great Room.



Resident Information Meetings

Fireplace and Grill How-To

Thursday, July 9th & July 30th at 10:00 am - Back Patio

Theater How-To/Movie Committee

Tuesday, July 14th & 21st at 10:00 am - Movie Theater

Program Meeting with Kathie

Monday, July 20th at 11:30 am - Great Room

Intercom How-To

Thursday, July 2nd at 10:00 am - Lobby

Tuesday, July 28th at 10:00 am - Lobby

Resident Meeting with Christy

Monday, July 27th at 1:00 pm - Great Room

NEW YORK CITY BALLET

Presents: Innovators & Icons

Saratoga Performing Arts Center



Friday, July 10th
at 1:00 pm

Tickets have been purchased in advance and are no longer on sale in the office.

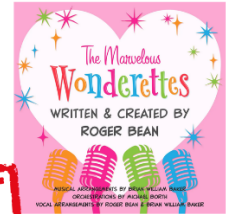
Please be in the lobby no later than 12:50 pm.

The bus will leave the Summit at 1:00 pm.

EXCURSIONS

Lake George Dinner Theater & Lunch

Wednesday,
July 15th at
10:30 am



SOLD OUT

The bus will leave the Summit at 10:30am.
Tickets were purchased in advance.

Lunch at the Docksider



Friday,
July 31st
at 12:00 pm

The Docksider is a year round restaurant and bar situated on the scenic shores of Glen Lake. Our restaurant features a casual dining menu including burgers, sandwiches, pizzas, soups, steaks and seafood.

The bus will leave the Summit at 12:00 pm.
8 Residents Minimum.

Saratoga Racetrack Drop Off

Wednesdays
July 8th &
July 22nd



The bus will leave the Summit at 11:45 am and pickup from the track at 4:00pm.
8 Residents Minimum

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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



BP-Back Patio
BR-Billiards Room (3rd Floor)
CR-Craft Room (2nd Floor)
FS-Fitness Studio
GR-Great Room
LIB-Library
LO-Lobby
BC - Bocce Court

TAV-Tavern
MOV-Movie Theater
MR-Music Room (3rd Floor)
P-Pool
PC - Pickleball Courts
PS-Practitioners Suite
PAV- Pavilion
CY - Courtyard

1 1:30pm Movie Matinee MOV
1:30pm Bingo GR
2:00pm Mexican Train TAV
3:30pm Margaritas at the Bar TAV
4:00pm BYOB Wine Wednesday TAV
6:00pm Hand & Foot Card Game MR

2 9:30am Bocce Ball BC
10:00am Intercom How-To LOB
11:30am Men's League: Billiards Club BR
1:00pm Shopping Shuttle
1:00pm LCR Game TAV
5:00pm Cribbage TAV
5:00pm Resident Potluck Dinner
6:00pm Patio S'mores BP

3 10:00am Scrabble TAV
1:30pm Cookies & Coffee GR
2:00pm Top Gun MOV
2:00pm Shuffleboard TAV
3:00pm Ladies Billiards BR
4:00pm BYOB Tavern Time TAV
5:00/5:15pm Poker Night GR

4 *4th of July*
9:00am Potluck Breakfast
OFFICE CLOSED

5 9:30am Bocce Ball BC
10:00am Buddy Swim P
11:00am Corn Hole FS
1:00pm Mexican Train TAV

6 11:00am Knitting/Crocheting Group LIB
11:00am Canasta TAV
11:30am Men's League: Billiards Club BR
2:00pm Rummikub TAV
3:00pm Happy Hour GR
4:30pm Mah Jongg TAV

7 9:30am Podiatrist Visits: Dr. Masias
9:30am Pickleball PC
10:00am Continental Breakfast Ends
11:00am Shuffleboard TAV
12:30pm Summer Cookout GR
3:30pm Pinochle MR
5:00/5:15pm Poker Night GR

8 **11:45am Saratoga Racetrack Drop Off**
1:30pm Movie Matinee MOV
2:00pm Mexican Train TAV
2:15pm Bingo GR
4:00pm BYOB Wine Wednesday TAV
6:00pm Hand & Foot Card Game MR

9 9:30am Bocce Ball BC
10:00am Grill & Fireplace How-To BP
11:30am Men's League: Billiards Club BR
1:00pm Shopping Shuttle
2:30pm Trivia GR
4:15pm SSC Sesame Chicken TAV
5:00pm Cribbage TAV
6:00pm Patio S'mores BP

10 10:00am Scrabble TAV
1:00pm SPAC NYC Ballet
2:00pm Shuffleboard TAV
3:00pm Ladies Billiards BR
4:00pm BYOB Tavern Time TAV
5:00/5:15pm Poker Night GR

11 10:00am Board Games TAV
11:30am Men's League: Billiards Club BR
1:00pm Flavored Lemonade GR
1:00pm Hearts TAV
1:30pm Ladies Billiards BR
1:30pm Movie Matinee MOV
6:00pm Worship & Music with Street Level Chapel GR
6:00pm Hand & Foot Card Game MR

12 9:30am Bocce Ball BC
10:00am Buddy Swim P
11:00am Corn Hole FS
1:00pm Mexican Train TAV
6:30pm Mr. Ding-A-Ling

13 11:00am Knitting/Crocheting Group LIB
11:00am Canasta TAV
11:30am Men's League: Billiards Club BR
1:00pm Everhome Care Advisors GR
2:00pm Rummikub Tournament TAV
3:00pm Happy Hour GR
4:30pm Mah Jongg TAV

14 9:30am Pickleball PC
10:00am Theater How-To MOV
11:00am Shuffleboard TAV
1:30pm Bingo GR
2:00pm Summit Book Club LIB
3:30pm Pinochle MR
4:15pm SSC Chicken Cordon Bleu Sandwich TAV
5:00/5:15pm Poker Night GR

15 **10:30am Lake George Dinner Theater & Lunch**
1:30pm Movie Matinee MOV
2:00pm Mexican Train TAV
4:00pm BYOB Wine Wednesday TAV
6:00pm Hand & Foot Card Game MR

16 9:30am Bocce Ball BC
11:30am Men's League: Billiards Club BR
12:30pm PRN Summer Olympics GR
1:00pm Shopping Shuttle
1:00pm LCR Game TAV
2:30pm Paw Social BP
4:15pm SSC BBQ Pulled Pork with Mac and Cheese TAV
5:00pm Cribbage TAV
6:00pm Patio S'mores BP

17 10:00am Scrabble TAV
1:30pm Broadway 250th The Music of Gershwin & Berlin GR
2:00pm Shuffleboard TAV
3:00pm Ladies Billiards BR
4:00pm BYOB Tavern Time TAV
5:00/5:15pm Poker Night GR

18 10:00am Board Games TAV
11:30am Men's League: Billiards Club BR
1:00pm Root Beer Floats GR
1:00pm Hearts TAV
1:30pm Ladies Billiards BR
1:30pm Movie Matinee MOV
6:00pm Worship & Music with Street Level Chapel GR
6:00pm Hand & Foot Card Game MR

19 9:30am Bocce Ball BC
10:00am Buddy Swim P
11:00am Corn Hole FS
1:00pm Mexican Train TAV

20 11:00am Knitting/Crocheting Group LIB
11:00am Canasta TAV
11:30am Men's League: Billiards Club BR
11:30am Program Meeting with Kathie GR
2:00pm Rummikub TAV
3:00pm Happy Hour GR
4:30pm Mah Jongg TAV

21 9:30am Pickleball PC
10:00am Theater How-To MOV
11:00am Shuffleboard TAV
1:30pm Bingo GR
2:45pm Saratoga Springs Public Library Outreach LIB
3:30pm Pinochle MR
4:15pm SSC Baked Salmon TAV
5:00/5:15pm Poker Night GR

22 **11:45am Saratoga Racetrack Drop Off**
1:30pm Movie Matinee MOV
2:00pm Mexican Train TAV
4:00pm BYOB Wine Wednesday TAV
6:00pm Hand & Foot Card Game MR

23 8:30am SSC Omelets GR
9:30am Bocce Ball BC
11:30am Men's League: Billiards Club BR
1:00pm Shopping Shuttle
2:30pm Trivia GR
5:00pm Cribbage TAV
6:00pm Patio S'mores BP

24 10:00am Scrabble TAV
1:00pm America's Tapestry GR
2:00pm Shuffleboard TAV
3:00pm Ladies Billiards BR
4:00pm BYOB Tavern Time TAV
5:00/5:15pm Poker Night GR

25 10:00am Board Games TAV
11:30am Men's League: Billiards Club BR
1:00pm Iced Coffee Bar GR
1:00pm Hearts TAV
1:30pm Ladies Billiards BR
1:30pm Movie Matinee MOV
6:00pm Worship & Music with Street Level Chapel GR
6:00pm Hand & Foot Card Game MR

26 9:30am Bocce Ball BC
10:00am Buddy Swim P
11:00am Corn Hole FS
1:00pm Mexican Train TAV
6:30pm Mr. Ding-A-Ling

27 11:00am Knitting/Crocheting Group LIB
11:00am Canasta TAV
11:30am Men's League: Billiards Club BR
1:00pm Resident Meeting with Christy GR
2:00pm Rummikub TAV
3:00pm Happy Hour GR
4:30pm Mah Jongg TAV

28 9:30am Pickleball PC
10:00am Intercom How-To LOB
11:00am Shuffleboard TAV
1:00pm Marilyn Sassi Presents: Molly Brant: A Woman Between Two Worlds LIB
3:30pm Pinochle MR
4:15pm SSC Herb Roasted Chicken Breast TAV
5:00/5:15pm Poker Night GR

29 1:30pm Movie Matinee MOV
1:30pm Bingo GR
2:00pm Mexican Train TAV
3:00pm Monthly Birthday Party GR
4:00pm BYOB Wine Wednesday TAV
6:00pm Hand & Foot Card Game MR

30 9:30am Bocce Ball BC
10:00am Grill & Fireplace How-To BP
11:30am Men's League: Billiards Club BR
1:00pm Shopping Shuttle
1:00pm LCR Game TAV
2:30pm The Classics with Wayne & Joey GR
4:15pm SSC Beef Stroganoff TAV
5:00pm Cribbage TAV
6:00pm Patio S'mores BP

31 **12:00pm Lunch at the Dockside**
10:00am Scrabble TAV
2:00pm Shuffleboard TAV
3:00pm Ladies Billiards BR
4:00pm BYOB Tavern Time TAV
5:00/5:15pm Poker Night GR

Summit Book Club

Tuesday, July 14th at 2:00 pm
In the Library

Office Hours:

Monday - Friday 9:00am - 4:30pm
Saturday 9:00am - 3:00pm
Sunday 9:00am - 12:00pm

Every Monday

8:00/8:30am Hydro Rider P
9:30am Water Aerobics P
10:00am Tai Chi III: Int. Group 1 LIB
10:30am Strength Training FS
10:30am Tai Chi III: Int. Group 2 LIB
11:15am Yoga/Balance FS

Every Tuesday

8:00/8:30am Hydro Rider P
9:30 Aqua Fit P
10:30am Yoga/Balance FS
11:30am Trifecta FS

Every Wednesday

8:30am Water Aerobics P
9:30am Stretch & Flex FS
10:30am Sit 2B Fit FS
1:00pm Buddy Swim P

Every Thursday

8:00am/8:30am Hydro Rider P
9:30am Aqua Fit P
10:30am Yoga/Balance FS
11:30am Cardio Flow FS

Every Friday

10:00am Tai Chi III: Int. Group 1 FS
10:30am Tai Chi III: Int. Group 2 FS
1:00pm Buddy Swim P

CONNECTED *life*



FITNESS

Community Activities

Patio S'mores are back!
Thursday nights on the
Back Patio
at 6:00 pm

"Life is s'more fun
with friends
around the fire!"
-anonymous



Happy Hour
Mondays
at 3:00pm
in the Great Room

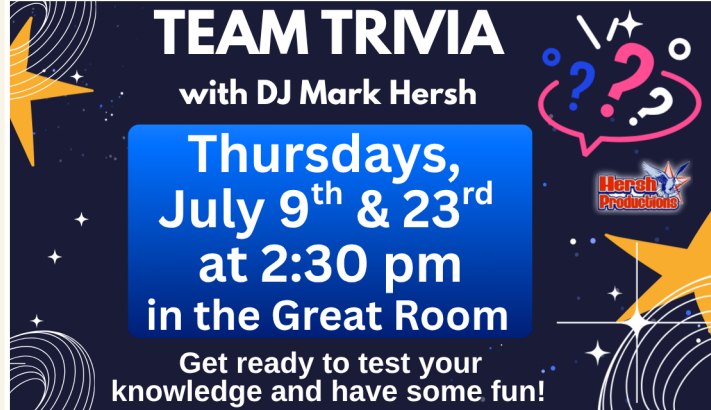
Join us for drinks and a light snack!



TEAM TRIVIA
with DJ Mark Hersh

Thursdays,
July 9th & 23rd
at 2:30 pm
in the Great Room


Get ready to test your
knowledge and have some fun!



Come join us on the
back patio for a treat
with your dog!
Thursday, July 16th
at 2:30 pm on the
Back Patio

Paw Social



**EVERHOME**
Care Advisors & Health Advocates

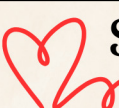
**Monday, July 13th
at 1:00 pm
in the Great Room**

Our team provides trusted home care
advising, healthcare advocacy, personalized
care planning and virtual healthcare
management to ensure individuals receive
the right support at the right time.

**MR. DING-A-LING
ICE CREAM TRUCK**


Sundays,
July 12th & 26th
at 6:30 pm
at the front
entrance



 **Summit Service Club**
Backstretch Donations

Donations can be put in garage #33, across
from the garden bed area between
8:00 am and 3:00 pm.


List of items in need is on the
conversation table in the Great Room.

"Volunteering is a work of heart" 

*The Classics
with Wayne & Joey*

Thursday, July 30th
at 2:30 pm
in the Great Room

This husband and wife duo perform all the great hits of
yesterday. Patsy Cline, Paul Anka, Elvis, Frank Sinatra and
more! All of the great classics from the 40's and beyond!



Community Activities



Summer Olympics

Thursday, July 16th
at 12:30 pm
in the Great Room

Olympic games are always such a hit! Why not bring back the fun in our very own Summer Olympic Day! Come join us for a day of Wacky summer games and friendly competition. Refreshments will be served .



Broadway 250th The Music of Gershwin & Berlin




Friday, July 17th
at 1:30 pm
in the Great
Room



America's Tapestry

July 24th at
1:00 pm
in the Great Room

Join Jennifer Paperman, State Director for New York's Contribution to America's Tapestry, a national embroidery project commemorating the 250th anniversary of the United States. Learn how the New York Panel, depicting the 1783 Birch Trials, was designed and completed in just one year, and discover the fascinating history behind this lesser-known Revolutionary War Story.



MARILYN SASSI PRESENTS: "MOLLY BRANT: A WOMAN BETWEEN TWO WORLDS"

**TWO-PART LECTURE
TUESDAY,
JULY 28TH & AUGUST 4TH
AT 1:00 PM
IN THE LIBRARY**

Molly Brant was a powerful Mohawk leader and diplomat who helped maintain alliances between the British and the Haudenosaunee during the American Revolutionary War. Her life shows the important political influence and leadership that Indigenous women held in early North American history.

Concierge Services

CONTINENTAL BREAKFAST

8:30am until 10:30am in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week. Start your morning right with a healthy breakfast while enjoying each other's company.



There are also copies of the newspaper in the Great Room for residents to read.



Gift Certificates Available

Stylist

Patricia Keefe 518-992-4904

Therapeutic Massage

Krick Wahl 518-859-9809

Nail Technician

Tina Mone 518-698-4693

On-Site Podiatrist

Dr. Michael Masias, DPM

Tuesday, July 7th at 9:30am

To make your appointment, sign up in the Great Room. He will visit you in your apartment.



Saratoga Springs Public Library Outreach

Tuesday, July 21st

2:45pm - 3:30pm in the Library

There will be an array of books and movies to browse through. If you would like to reserve a book for that date, please call the library at 518-584-7860 ext. 228.



SARATOGA SPRINGS PUBLIC LIBRARY
YOUR SOURCE FOR INFORMATION, INSPIRATION, AND ENTERTAINMENT



Jessica Shiels, Patient Service Coordinator
PRN PT, OT & SLP PLLC
an affiliate of The Weston Healthcare Group
716-204-2405
Vandenburg@prnphysicaltherapy.com

Resident Transportation

Tuesdays and Thursdays, 9am-3pm.

Please notify the office at least one week ahead of time.

Destination must be within a 12-mile radius.



FROZEN DINNERS

By: *Chef Johnny*



Chef Johnny is now offering frozen meals, which are available in the office any day of the week during business hours.

The dinners below are \$14 each and ready to be heated.

- Chicken Parmigiana with pasta, sauce, vegetable
- Meatloaf with mashed potatoes, vegetable
- Turkey with stuffing, roasted potatoes, vegetable
- Vegetable Lasagna

Route 50 Shopping

Please sign up for the **Thursday 1:00pm** Shopping Shuttle in the Great Room.



**BE GREEN
& recycle
CLEAN
plastics, tin,
aluminum, paper
and glass.**

