

# SUMMIT AT HALFMOON

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Monthly Newsletter

July 2026



# Welcome to Summit at Halfmoon!!!



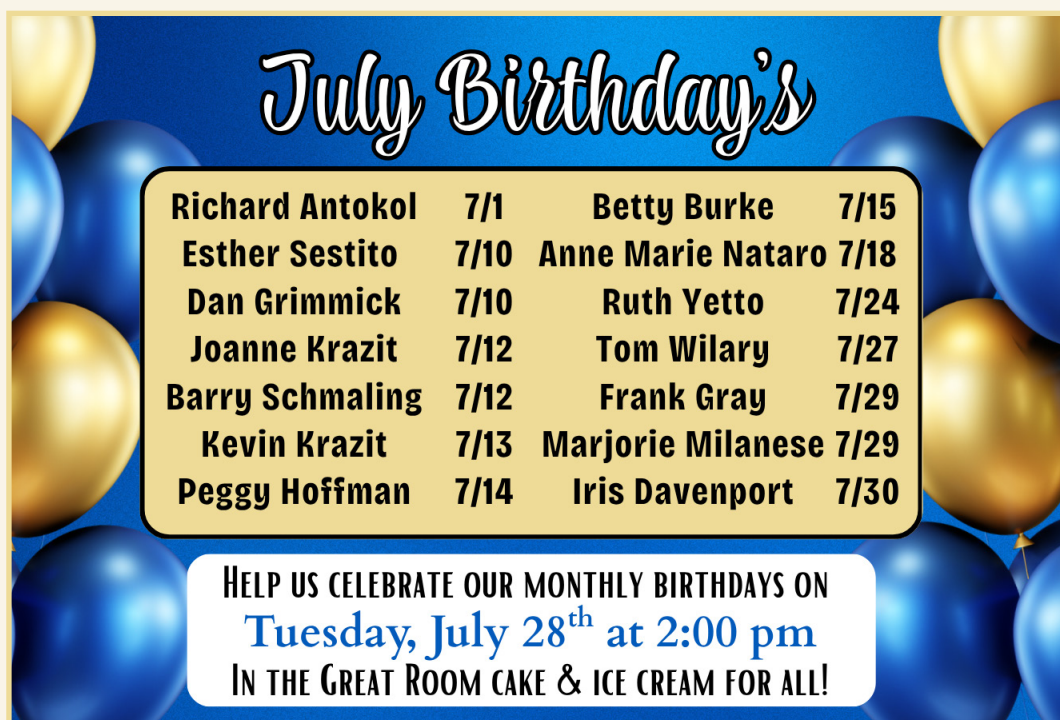
**SUMMIT  
SUMMER BBQ**

**ENTERTAINMENT -  
MARK SANDS 12:30 PM - 2:30 PM**

**THURSDAY, JULY 9<sup>TH</sup>  
12:00 PM**

**Hamburgers, Hot dogs,  
Pasta Salad, Macaroni Salad,  
Baked Beans & Chips**

**SIGN UP IN THE  
OFFICE BY 7/6**



## July Birthdays

Richard Antokol	7/1	Betty Burke	7/15
Esther Sestito	7/10	Anne Marie Nataro	7/18
Dan Grimmick	7/10	Ruth Yetto	7/24
Joanne Krazit	7/12	Tom Wilary	7/27
Barry Schmaling	7/12	Frank Gray	7/29
Kevin Krazit	7/13	Marjorie Milanese	7/29
Peggy Hoffman	7/14	Iris Davenport	7/30

HELP US CELEBRATE OUR MONTHLY BIRTHDAYS ON  
**Tuesday, July 28<sup>th</sup> at 2:00 pm**  
IN THE GREAT ROOM CAKE & ICE CREAM FOR ALL!

## Staff

### Community Manager

Laura Leathem  
LLeathem@summitseniorlife.com

### Resident Services Coordinator

Andrea O'Malley  
Aomalley@summitseniorlife.com

### Maintenance

Mark Lobdell  
Freddie Ruiz

### Concierge/ Marketing Assistant

Joanne Krazit  
Anne Bentley

### Housekeeping

Anne Bentley

### Office Phone

518-807-6800

The Summit at Halfmoon  
29 Sitterly Road  
Halfmoon, NY 12065  
518-807-6800

Emergency  
Maintenance Number  
518-380-3860

# Welcome to Summit at Halfmoon!!!

## Supper Club

FOOD & FRIENDS

Eat-in or Pick-up available in the Great Room

Deliver Supper Club Order Form to the Office with exact cash.

**Due: 9 AM Monday, June 29<sup>th</sup>**

**Wednesday July 1<sup>st</sup> - Chef Mickey (\$16)**

Sausage & Peppers Over Pasta, Sauce, Salad, Roll & Dessert

**Wednesday, July 8<sup>th</sup> - Chef Mickey (\$16)**

Sliced Roast Pork, Mashed Potatoes, Gravy, Vegetable, Salad, Roll & Dessert

**Monday, July 13<sup>th</sup> - Chef Mickey (\$16)**

Manicotti with Meatballs, Sauce, Salad, Roll & Dessert

**Wednesday, July 15<sup>th</sup> - Chef Mickey (\$16)**

Chicken Cordon Bleu Sandwich, Pasta Salad, Potato Salad, Garden Salad & Dessert

**Monday, July 20<sup>th</sup> Capital City Catering (\$20)**

BBQ Ribs, Grilled Vegetables, Coleslaw, Cornbread & Brownie

**Wednesday, July 22<sup>nd</sup> - Chef Mickey (\$16)**

Baked Salmon, Whole Grain Mustard Sauce, Rice, Vegetables, Salad, Roll & Dessert

**Monday, July 27<sup>th</sup> - Chef Mickey (\$16)**

Monte Cristo Sandwich (Thick sliced bread dipped in egg batter pan fried w/sliced ham, turkey & Swiss cheese)

Italian Wedding Soup, Salad & Dessert

**Wednesday, July 29<sup>th</sup> - Chef Mickey (\$16)**

Herb Roasted Chicken Breast, Mashed Potatoes, Gravy, Vegetable, Salad, Roll & Dessert

**TED'S FISH FRY**  
EST. 1949

**Fish Fry Dinner**

**\$16**

**Monday, July 6<sup>th</sup> @ 4:00pm**

In The Great Room

**Fish Fry, Fries, Coleslaw & Water**

**Please use Supper Club Order Form**

ORDER LUNCH WITH:

~ IN THE GREAT ROOM ~

**TUESDAY  
JULY 21<sup>ST</sup>  
1:00 PM**



PRICES VARY WITH WHAT YOU ORDER

PLEASE USE THE SUPPER CLUB FORM

**CAPITAL CITY  
CATERING**

**\$20**

**Monday, July 20<sup>th</sup>**

**4:00 pm**

**BBQ Rib Dinner**



Please use Supper Club Form - In the Great Room

**LW** LIN'S WOK CHINESE FOOD  
~ IN THE GREAT ROOM ~

**\$14**

**TUESDAY,  
JULY 14<sup>TH</sup>  
4:00 PM**

**PIZZA PARTY!**

**FRIDAY,  
JULY 31<sup>ST</sup>  
4:00 PM**

**\$5**

**\$6** OR

~ IN THE GREAT ROOM ~

PLEASE USE THE SUPPER CLUB FORM



Lunch Outing



**Thursday,  
July 23<sup>rd</sup>  
12:00 pm**

Bus leaves at 12:00 pm,  
Reservation is for 12:30 pm

Sign up in the Lounge



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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



**COLOR CODE**  
**BLUE: MOVIES**  
**GREEN: ENTERTAINMENT**  
**ORANGE: FOOD OPTIONS**  
**PINK: MEETINGS**  
**RED: OUTINGS**

GR - Great Room  
 LNG - Lounge  
 FDR - Family Dining Room  
 MOV - Movie Theater  
 FS - Fitness Studio  
 CP - Chapel  
 BIL - Billiards Room  
 PS - Practitioner's Suite  
 PBC - Pickleball Courts  
 CY - Courtyard  
 LIB - Library

1 **8:30 am Waffle Wednesday (GR)**  
**11:00 am Movie Meeting (GR)**  
 2:00 pm Quarter Bingo (GR)  
**4:00 pm Supper Club w/Chef Mickey Sausage & Peppers (\$16) (GR)**  
 6:00 pm Thwart (GR)  
**7:00 pm Voted Movie (MOV)**  
 HAPPY BIRTHDAY RICHARD ANTOKOL

2 **8:30 am Pickleball (PBC)**  
**10:30 am Bocce (CY)**  
**12:00 pm Jason Kramer Presents: America at 250: Explore America's Unique Path Toward its 250<sup>th</sup> Birthday (GR)**  
**2:00 pm Karaoke/Sing-Along (LNG)**  
**2:30 pm Bells of St. Mary's (MOV)**  
**3:00 pm Bridge (LIB)**  
**6:00 pm Revenge (LNG)**  
**7:30 pm Smores (CY)**  
**Medical Transports**

3 **9:00 am Grocery Shopping**  
**11:00 am Community Support Meeting (GR) (Service Club)**  
 2:00 pm Quarter Bingo (GR)  
**4:00 pm Happy Hour: Mark Mason (GR) BYOB**  
**7:00 pm Deadpool & Wolverine (MOV)**

4 **10:30 am Bocce (CY)**  
**(Inclement Weather - Cornhole (FS))**  
**1:00 pm Scrabble (LNG)**  
**2:00 pm From Here to Eternity (MOV)**  
**3:00 pm Billiards (BIL)**  
**4:00 pm Mah Jong (LNG)**  
**6:00 pm Rummikub (GR)**  
**7:00 pm Card Bingo (LNG)**  
 OFFICE CLOSED/NO BREAKFAST

5 **11:00 am Catholic Church Service (CP)**  
**2:00 pm Passengers (MOV)**  
 4:00 pm Poker (LIB)  
 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR)  
**7:00 pm Passengers (MOV)**

6 **11:00 am River's Casino**  
**12:30 pm Wii Bowling (GR)**  
**4:00 pm Ted's Fish Fry (\$16) (GR)**  
 6:00 pm Hand & Foot (GR)  
 7:00 pm Canasta (LIB)  
**7:00 pm Once Upon a Mattress (MOV)**

7 **8:30 am Pickleball (PBC)**  
**2:00 pm Medicare Updates, Answers, & Ice Cream with Chirs Szady (GR)**  
**2:30 pm Chicago (MOV)**  
 3:00 pm Pinochle (LNG)  
 6:00 pm Mexican Train (GR)  
**Medical Transports**

8 **8:30 am Waffle Wednesday (GR)**  
**11:00 am Marvin Buble: Revolutionary War (GR)**  
**1:00 pm AARP: Virtual Adaptive Yoga (FS)**  
 2:00 pm Quarter Bingo (GR)  
**4:00 pm Supper Club w/Chef Mickey Sliced Roast Pork (\$16) (GR)**  
**7:00 pm Voted Movie (MOV)**

9 **8:30 am Pickleball (PBC)**  
**10:30 am Bocce (CY)**  
**12:00 pm Summer BBQ (GR)**  
**12:30 pm - 2:30 pm Mark Sands (GR)**  
**2:30 pm Miss Congeniality (MOV)**  
**3:00 pm Bridge (LIB)**  
**6:00 pm Revenge (LNG)**  
**7:30 pm Smores (CY)**  
**Medical Transports**

10 **9:00 am Grocery Shopping**  
**11:00 am Mini Golf at Pirate's Hideout**  
**1:00 pm Tai Chi (FS)**  
 2:00 pm Quarter Bingo (GR)  
**4:00 pm Happy Hour: Jill P. Smith (GR)**  
**7:00 pm Captain America: Brave New World (MOV)**  
 HAPPY BIRTHDAY ESTHER SESTITO & DAN GRIMMICK

11 **10:30 am Bocce (CY)**  
**(Inclement Weather - Cornhole (FS))**  
**1:00 pm Scrabble (LNG)**  
**2:00 pm Shall We Dance (MOV)**  
 3:00 pm Billiards (BIL)  
 4:00 pm Mah Jong (LNG)  
 6:00 pm Rummikub (GR)

12 **11:00 am Catholic Church Service (CP)**  
**2:00 pm Twisters (MOV)**  
 4:00 pm Poker (LIB)  
 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR)  
**7:00 pm Twisters (MOV)**  
 HAPPY BIRTHDAY JOANNE KRAZIT & BARRY SCHMALING

13 **9:00 am Dr. Masias Podiatrist**  
**10:00 am Shopping at Boscov's**  
**12:30 pm Wii Bowling (GR)**  
**4:00 pm Supper Club W/Chef Mickey Manicotti (\$16) (GR)**  
 6:00 pm Hand & Foot (GR)  
 7:00 pm Canasta (LIB)  
**7:00 pm Identity Thief (MOV)**  
 HAPPY BIRTHDAY KEVIN KRAZIT

14 **8:30 am Pickleball (PBC)**  
**11:00 am Trivia with Mark Hersh (GR)**  
**2:30 pm A Beautiful Mind (MOV)**  
 3:00 pm Pinochle (LNG)  
**4:00 pm Lin's Wok Chinese Food (GR) (\$14)**  
 6:00 pm Mexican Train (GR)  
**Medical Transports**  
 HAPPY BIRTHDAY PEGGY HOFFMAN

15 **8:30 am Waffle Wednesday (GR)**  
**11:30 am The Senior Roundtable: A Discussion Group (FDR)**  
**12:00 pm Songs By Heart (GR)**  
 2:00 pm Quarter Bingo (GR)  
**4:00 pm Supper Club w/Chef Mickey Chicken Cordon Bleu (\$16) (GR)**  
 6:00 pm Thwart (GR)  
**7:00 pm Voted Movie (MOV)**  
 HAPPY BIRTHDAY BETTY BURKE

16 **8:30 am Pickleball (PBC)**  
**10:30 am Bocce (CY)**  
**11:00 am Garden Club Meeting (GR)**  
**12:00 pm Albany Guardian Society: Virtual trip to Florence, Italy**  
**2:00 pm Karaoke/Sing-Along (LNG)**  
**2:30 pm Miss Congeniality 2: Armed & Fabulous (MOV)**  
**3:00 pm Bridge (LIB)**  
**6:00 pm Revenge (LNG)**  
**7:30 pm Smores (CY)**  
**Medical Transports**

17 **9:00 am Grocery Shopping**  
**11:00 am Rita Fatula Presents: Tying Up Loose Ends (GR)**  
 2:00 pm Quarter Bingo (GR)  
**4:00 pm Happy Hour: Musicats Duo (GR) BYOB**  
**7:00 pm Thunderbolts (MOV)**

18 **10:30 am Bocce (CY)**  
**(Inclement Weather - Cornhole (FS))**  
**1:00 pm Scrabble (LNG)**  
**2:00 pm Airplane (MOV)**  
 3:00 pm Billiards (BIL)  
 4:00 pm Mah Jong (LNG)  
 6:00 pm Rummikub (GR)  
 7:00 pm Card Bingo (LNG)  
 HAPPY BIRTHDAY ANNE MARIE NATARO

19 **11:00 am Catholic Church Service (CP)**  
**2:00 pm Cleaner (MOV)**  
 4:00 pm Poker (LIB)  
 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR)  
**7:00 pm Cleaner (MOV)**

20 **11:30 am Resident Meeting with Laura & Staff (GR)**  
**12:30 pm Wii Bowling (GR)**  
**4:00 pm Supper Club W/Cap City Catering BBQ Ribs (\$20) (GR)**  
 6:00 pm Hand & Foot (GR)  
 7:00 pm Canasta (LIB)  
**7:00 pm Take the Money and Run (MOV)**

21 **8:30 am Pickleball (PBC)**  
**11:00 am AARP: Virtual Paint Class (FDR)**  
**1:00 pm Panera Lunch (GR)**  
**2:30 pm Gladiator (MOV)**  
 3:00 pm Pinochle (LNG)  
 6:00 pm Mexican Train (GR)  
**Medical Transports**

22 **8:30 am Waffle Wednesday (GR)**  
**11:00 am Saratoga Automobile Museum Tour (\$15)**  
**1:00 pm AARP: Virtual Adaptive Yoga (FS)**  
 2:00 pm Quarter Bingo (GR)  
**4:00 pm Supper Club w/Chef Mickey Baked Salmon (\$16) (GR)**  
**7:00 pm Voted Movie (MOV)**

23 **8:30 am Pickleball (PBC)**  
**10:30 am Bocce (CY)**  
**12:00 pm Lunch Outing: Lakeside Farms**  
**2:00 pm Karaoke/Sing-Along (LNG)**  
**2:30 pm The Fifth Element (MOV)**  
**3:00 pm Bridge (LIB)**  
**6:00 pm Revenge (LNG)**  
**7:30 pm Smores (CY)**  
**Medical Transports**

24 **9:00 am Grocery Shopping**  
**1:00 pm Tai Chi (FS)**  
**12:00 pm - 2:00 pm Book Swap (LNG)**  
 2:00 pm Quarter Bingo (GR)  
**4:00 pm Happy Hour: Mark Roschinsky (GR)**  
**7:00 pm Star Wars: A New Hope (MOV)**  
 HAPPY BIRTHDAY RUTH YETTO

25 **10:30 am Bocce (CY)**  
**(Inclement Weather - Cornhole (FS))**  
**1:00 pm Scrabble (LNG)**  
**2:00 pm K19 The Widowmaker (MOV)**  
 3:00 pm Billiards (BIL)  
 4:00 pm Mah Jong (LNG)  
 6:00 pm Rummikub (GR)

26 **11:00 am Catholic Church Service (CP)**  
**2:00 pm The Devil Wears Prada (MOV)**  
 4:00 pm Poker (LIB)  
 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR)  
**7:00 pm The Devil Wears Prada (MOV)**

27 **11:30 am Resident Program Meeting w/Andrea (GR)**  
**12:30 pm Wii Bowling (GR)**  
**4:00 pm Supper Club W/Chef Mickey Monte Cristo (\$16) (GR)**  
 6:00 pm Hand & Foot (GR)  
 7:00 pm Canasta (LIB)  
**7:00 pm There's Something About Mary (MOV)**  
 HAPPY BIRTHDAY TOM WILARY

28 **8:30 am Pickleball (PBC)**  
**11:30 am PRN Summer Olympics (GR)**  
**2:00 pm Birthday Party (GR)**  
**2:30 pm American Beauty (MOV)**  
 3:00 pm Pinochle (LNG)  
 6:00 pm Mexican Train (GR)  
 7:00 pm Book Club (LIB)  
**Medical Transports**

29 **8:30 am Waffle Wednesday (GR)**  
**12:00 pm Craft with Andrea (GR)**  
 2:00 pm Quarter Bingo (GR)  
**4:00 pm Supper Club w/Chef Mickey Herb Roasted Chicken (\$16) (GR)**  
 6:00 pm Thwart (GR)  
**7:00 pm Voted Movie (MOV)**  
 HAPPY BIRTHDAY FRANK GRAY & MARJORIE MILANESE

30 **8:30 am Pickleball (PBC)**  
**10:30 am Bocce (CY)**  
**11:30 am Marilynn Sassi Presents: Empress Josephine (MOV)**  
**1:00 pm Make a Cup Sleeve with Noreen G. (FDR)**  
**2:00 pm Karaoke/Sing-Along (LNG)**  
**2:30 pm Always (MOV)**  
**3:00 pm Bridge (LIB)**  
**6:00 pm Revenge (LNG)**  
**7:30 pm Smores (CY)**  
**Medical Transports**  
 HAPPY BIRTHDAY IRIS DAVENPORT

31 **9:00 am Grocery Shopping**  
**12:00 pm CBD for Wellness & Comfort (GR)**  
 2:00 pm Quarter Bingo (GR)  
**4:00 pm Pizza Party (\$5) or (\$6) (GR)**  
**4:00 pm Happy Hour: Eric Peters (GR) BYOB**  
**7:00 pm Star Wars: Empire Strikes Back (MOV)**

*July Book Club*  
 Come sign it out in the office and read the description in the Activities Binder.

CONNECTED life  
  
 FITNESS

**Every Monday**  
 10:00 am Balance Class (FS)  
 11:00 am Stretch & Flex (FS)  
 3:00 pm Chair Dancing (FS)

**Every Tuesday**  
 1:00 pm Sit to be Fit (FS)  
 2:00 pm Water Aerobics (Pool)

**Every Wednesday**  
 9:30 am Strength & Balance (FS)  
 10:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required  
 11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required

**Every Thursday**  
 10:00 am Sit to be Fit (FS)  
 11:00 am Water Aerobics (Pool)

**Every Friday**  
 10:00 am Pilates (FS)  
 11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required  
 11:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required

**WEDNESDAY NIGHT MOVIE**  
 7PM  
 Take a vote and have a say on what we rent on Wednesday. Minimum 5 people to rent the movie.

# Community Activities

## RITA FATULA PRESENTS: TYING UP LOOSE ENDS

Rita will discuss issues that affect us all as we plan for our end-of-life care. The topics include unfinished business, regrets, guilt, and shame. We will discuss what we can do to tie up some of the loose ends in these areas in ways that can help us come to a greater sense of peace about our life.

**FRIDAY, JULY 17<sup>TH</sup>  
AT 11:00 AM**

IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE

## HAPPY HOUR

FRIDAY'S AT 4:00 PM

July 3<sup>rd</sup>  
**MARK MASON - BYOB**

July 10<sup>th</sup>  
**JILL P. SMITH**

July 17<sup>th</sup>  
**MUSICATS DUO -BYOB**

July 24<sup>th</sup>  
**MARK ROSCHINSKY**

July 31<sup>st</sup>  
**ERIC PETERS - BYOB**




## Pirate's Hideout MINI GOLF

**FRIDAY,  
JULY 10<sup>TH</sup>  
11:00 AM**



SIGN UP IN THE LOUNGE

MARILYNN SASSI PRESENTS:  
"HOW EMPRESS JOSEPHINE BONAPARTE  
CHANGED THE FACE OF AMERICAN  
FASHION & DESIGN"



*Thursday,  
July 30<sup>th</sup>  
11:30 am*



In the Theatre ~ Sign up in the Lounge



**WiiSports BOWLING GAMES**

**Bowling Monday's from  
12:30 pm - 3:00 pm  
in the Great Room**

Check Time and Team in the Activities Book

## SARATOGA AUTOMOBILE MUSEUM




Where automotive history, innovation, and car culture come to life in Saratoga Springs.

**Wednesday, July 22<sup>nd</sup>  
11:00 am**



Tickets are \$15 each. Bus will leave at 11:00 am, tour takes 1-2 hours give or take. Pick up at 1:30 pm.

Sign up in the Office




## BOOK SWAP

In the Lounge

**FRIDAY, JULY 24<sup>TH</sup>  
12:00 PM - 2:00 PM**

Please bring gently used books down to the lounge to swap with fellow residents.

**SIGN UP IN THE LOUNGE**



# Welcome to Summit at Halfmoon!!!

## CBD for Wellness & Comfort



**Friday, July 31<sup>st</sup> 12:00 pm**

In the Great Room ~ Sign up in the Lounge

Curious about CBD wellness products? Join us for an educational presentation featuring balms, tinctures, oils, powders, and soft gel tablets. Learn how these products are commonly used for comfort and wellness in a relaxed, informative setting.

JASON KRAMER PRESENTS:  
EXPLORE AMERICA'S UNIQUE PATH TOWARD

ITS 250<sup>TH</sup> BIRTHDAY

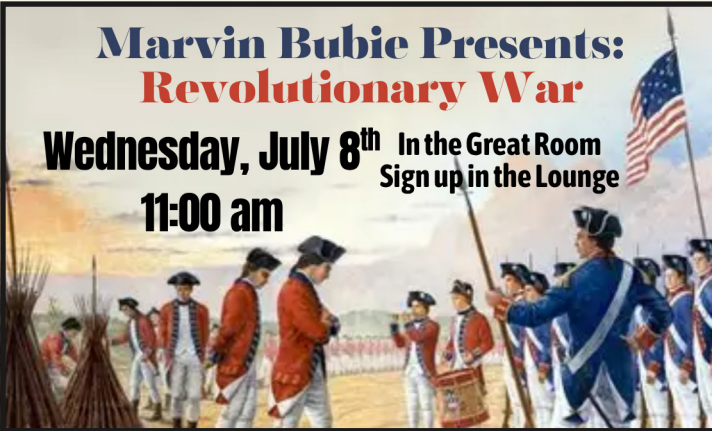
**THURSDAY, JULY 2<sup>ND</sup>  
AT 12:00 PM**

IN THE GREAT ROOM  
SIGN UP IN THE LOUNGE



Marvin Bubic Presents:  
**Revolutionary War**

**Wednesday, July 8<sup>th</sup> 11:00 am**  
In the Great Room  
Sign up in the Lounge



**SONGS BY HEART**

JOIN US FOR SONGS BY HEART—A LIVELY PROGRAM WHERE MUSIC, MEMORIES, AND SMILES COME TOGETHER.

**WEDNESDAY,  
JULY 15<sup>TH</sup>  
12:00 PM**

IN THE GREAT ROOM  
SIGN UP IN THE LOUNGE



*Crafts this Month*

**AARP: Virtual Paint Class**  
Tuesday, July 21<sup>st</sup> at 11:00 am (FDR)

Craft with Andrea  
Wednesday, July 29<sup>th</sup> at 12:00 pm (GR)

Cup Sleeve Craft with Noreen  
Thursday, July 30<sup>th</sup> at 1:00 pm (FDR)



**Medicare Updates, Answers,  
& Ice Cream**



**Tuesday, July 7<sup>th</sup> at 2:00 pm**  
In the Great Room

Learn about the latest Medicare news from Chris Szady while enjoying ice cream and social time with friends. Advance sign up required in the lounge.



**Summer Olympics**

**Tuesday, July 28<sup>th</sup> at 11:30 am**  
In the Great Room - Sign up in the Lounge

Olympic games are always such a hit! Why not bring back the fun in our very own Summer Olympic Day! Come join us for a day of Wacky summer games and friendly competition. Refreshments will be served.



**TeAM Trivia**

with DJ Mark Hersh



**Tuesday, July 14<sup>th</sup> at 11:00 am**  
Join us in the Great Room, where the competition is friendly and the trivia is fun!!  
**Come and join the teamwork!!**

Sign up in the lounge by 7/13



# Concierge Services

## MEAL OPTIONS

### CONTINENTAL BREAKFAST

Daily 8:30—10:15 AM

### LUNCH

Lunch outings available twice each month.

Please see calendar.

### SUPPER CLUB

You have the option of two hot meals each week. They come ready to eat, from local Chefs/eateries.

You can pick up your pre-paid meals at 4pm in the Great Room or consider dining in with others.



## Friday Grocery Shopping

*Every Friday*, the Halfmoon bus goes to 5 local grocery stores: Market 32, Hannaford, Trader Joe's, Aldi, and Walmart. We will leave at 9:00 am. The bus will pick you up at the main entrance and shopping lasts 1 hour. Please Sign-up in the Lounge.



**TRADER JOE'S**

**Walmart**

## Medical Appointments Every Tuesday and Thursday

Every Tuesday and Thursday, we provide transportation to scheduled, routine medical appointments within a 10-mile radius of our community. This service is available between the hours of 9 AM and 2 PM. Contact the office for more details and to reserve your appointment time.



Located in the Practitioner's Suite on the 3rd Floor  
**518-667-9629**



♥ Gift Certificates Available ♥

**Nails: Tina 518-698-4693**

**Nails: Darcy 518-605-7566**

**Esthetician: Jolene 210-857-5851**

**Hair: Sue 518-495-6054**



## MEALS FOR PURCHASE

- Basic Chicken & Red Potatoes
- Crispy Asian Chicken
- Sweet & Sour Chicken
- Basic Steak Strips & Mash
- Teriyaki Beef
- Buffalo Chicken Mac & Cheese
- Chicken in Sweet Chili Sauce
- Pineapple Chicken Teriyaki
- Philly Beef Bowl
- Hot Honey Chicken Bowl
- Pesto Chicken Alfredo



~PURCHASE IN THE OFFICE~

## Resident Informational Meetings

**Theater How-To/Movie Committee**  
Wednesday, July 1st at 11:00 am (GR)

**Resident Meeting with Laura & Staff**  
Monday, July 20th at 11:30 am (GR)

**Resident Program Meeting with Andrea (GR)**  
Monday, July 27th at 11:30 am

## On-Site Podiatrist

**Dr. Michael Masias, DPM**  
Monday, July 13th at 9:00 am  
Dr. Masias will be on site.  
518-320-8659

