

SUMMIT AT HALEMOON

Monthly Newsletter

August 2026



Welcome to Summit at Halfmoon!!!

Stockbridge Day Out

THURSDAY, AUGUST 20TH BUS LEAVES AT 8:15 AM

COME SPEND THE DAY WITH ANDREA & FELLOW RESIDENTS AS WE EXPLORE STOCKBRIDGE, MA

9:30 AM TOUR



BERKSHIRE BOTANICAL GARDEN

12:00 PM

LUNCH AT:



2:00 PM TOUR

NORMAN
ROCKWELL
MUSEUM



SIGN UP IN THE OFFICE, \$41 TO COVER THE TOURS.

14 SEATS ON THE BUS, SELF DRIVING ALLOWED

Staff

Community Manager

Laura Leathem

LLeathem@summitseniorlife.com

Resident Services

Coordinator

Andrea O'Malley

Aomalley@summitseniorlife.com

Maintenance

Mark Lobdell

Freddie Ruiz

Concierge/ Marketing Assistant

Joanne Krazit

Anne Bentley

Housekeeping

Anne Bentley

Office Phone

518-807-6800

The Summit at Halfmoon

29 Sitterly Road

Halfmoon, NY 12065

518-807-6800

Emergency

Maintenance Number

518-380-3860

August Birthday's

Gail Gardner	8/3
Barbara Micare	8/6
Edward Delcours	8/7
Robert Pyskadlo	8/8
Steve Healy	8/9
Bruce Todd	8/10
Bernice Seger	8/22
Beverly Badanjak	8/23
Elaine Michaelson	8/27

HELP US CELEBRATE OUR MONTHLY BIRTHDAYS ON

**Tuesday,
August 25th
2:00 pm**

IN THE GREAT ROOM CAKE & ICE CREAM FOR ALL!



BOCCE TOURNAMENT POSTER MAKING

MONDAY, AUGUST 3RD
1:30 PM
FAMILY DINING ROOM

Summit will provide the supplies, bring your creativity and have some fun.

Welcome to
The Summit At Halfmoon

Carol Goussous

From Guilderland, NY

Welcome to Summit at Halfmoon!!!

SupperClub FOOD & FRIENDS

Eat-in or Pick-up available in the Great Room
Deliver Supper Club Order Form
to the Office with exact cash.

Due: Monday, July 27th

Monday, August 3rd - Andolina's (\$20)

Nicoise-Style Salad w/Grilled Chicken, Herb
Focaccia & Strawberry Shortcake Cups

Wednesday, August 5th - Chef Mickey (\$16)

Italian Platter: Meatballs, Stuffed Shells, Stuffed
Eggplant, Sauce, Salad, Roll & Dessert

Monday, August 10th - Chef Mickey (\$16)

Cheeseburger on a Pretzel Roll, Onion Rings,
Salad & Dessert

Wednesday, August 12th - Chef Mickey (\$16)

Sliced Turkey, Mashed Potatoes, Vegetable,
Gravy, Salad, Roll & Dessert

Monday, August 17th - Chef Mickey (\$16)

Chicken Caesar Wrap, Beef Barley Soup,
Salad, Roll & Dessert

Wednesday, August 19th - Chef Mickey (\$16)

Baked Salmon, Whole Grain Mustard Sauce,
Rice, Vegetables, Salad, Roll & Dessert

Wednesday, August 26th - Chef Mickey (\$16)

Chicken Marsala, Mashed Potatoes,
Salad, Roll & Dessert

Monday, August 31st - Chef Mickey (\$16)

Tuna Melt on Rye, Mac Salad, Pickle, Salad,
Roll & Dessert

Lunch Outing:

Country Drive-In



**Tuesday, August 11th
12:30 pm**

Bus leaves at 12:30 pm,
Reservation is for 1:00 pm *Sign up in the Lounge*

LW

LIN'S WOK CHINESE FOOD
~ IN THE GREAT ROOM ~

**TUESDAY
AUGUST 18TH
4:00 PM**

\$14

PLEASE USE SUPPER CLUB FORM

ORDER LUNCH WITH:

~ IN THE GREAT ROOM ~

**THURSDAY
AUGUST 27TH
1:00 PM**



PRICES VARY WITH WHAT YOU ORDER

PLEASE USE THE SUPPER CLUB FORM

PIZZA PARTY!

~ IN THE GREAT ROOM ~

\$5

OR

\$6

**FRIDAY,
AUGUST 28TH
4:00 PM**

PLEASE USE THE
SUPPER CLUB FORM



PLEASE USE
SEPARATE
ORDER FORM
ATTACHED
TO SUPPER
CLUB FORM

**Monday,
August 24th 4:00 PM**

ORDERS DUE BY 8/19

The Big QP Burger (\$13)

Big Crispy Chicken Sandwich (\$13)

Chicken Bacon Ranch Quesadilla (\$17)

Cajun Shrimp Pasta (\$19)

S	M	T	W	TH	F	S
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CONNECTED <i>life</i> FITNESS	Every Monday 10:00 am Balance Class (FS) 11:00 am Stretch & Flex (FS) 3:00 pm Chair Dancing (FS)	Every Tuesday 1:00 pm Sit to be Fit (FS) 2:00 pm Water Aerobics (Pool)	Every Wednesday 9:30 am Strength & Balance (FS) 10:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required 11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required	Every Thursday 10:00 am Sit to be Fit (FS) 11:00 am Water Aerobics (Pool)	Every Friday 10:00 am Pilates (FS) 11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required 11:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required	1 10:30 am Bocce (CY) (Inclement Weather - Cornhole (FS)) 1:00 pm Scrabble (LNG) 2:00 pm Sextuplets (MOV) 3:00 pm Billiards (BIL) 4:00 pm Mah Jong (LNG) 6:00 pm Rummikub (GR) 7:00 pm Card Bingo (LNG)
2 11:00 am Catholic Church Service (CP) 2:00 pm Wicked for Good (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR) 7:00 pm Wicked for Good (MOV)	3 11:00 am Bowling at Spare Time 1:30 pm Poster Making for Bocce Tournament (FDR) 4:00 pm Supper Club W/Andolina's: Nicoise-Style Salad w/Grilled Chicken (\$20) (GR) 6:00 pm Hand & Foot (GR) 7:00 pm Canasta (LIB) 7:00 pm White Chicks (MOV) HAPPY BIRTHDAY GAIL GARDNER	4 8:30 am Pickleball (PBC) 12:00 pm AARP: Virtual Paint Class (FDR) 2:30 pm Shakespeare in Love (MOV) 3:00 pm Pinochle (LNG) 6:00 pm Mexican Train (GR) Medical Transports	5 8:30 am Waffle Wednesday (GR) 12:00 pm AARP: Jo Ashworth Presents: How to use a Smartphone (GR) 2:00 pm Quarter Bingo (GR) 4:00 pm Supper Club w/Chef Mickey Italian Platter (\$16) (GR) 6:00 pm Thwart (GR) 7:00 pm Voted Movie (MOV)	6 8:30 am Pickleball (PBC) 10:30 am Bocce (CY) 11:00 am Mini Golf at The Wind-Chill Factory 2:00 pm Karaoke/Sing-Along (LNG) 2:30 pm Mrs. Harris Goes to Paris (MOV) 3:00 pm Bridge (LIB) 6:00 pm Revenge (LNG) 7:30 pm S'mores (CY) Medical Transports HAPPY BIRTHDAY BARBARA MICARE	7 9:00 am Grocery Shopping 11:00 am Garden Club Meeting (GR) 12:00 pm Hayners Ice Cream Outing 2:00 pm Quarter Bingo (GR) 4:00 pm Happy Hour: Tooty & the Mother Pluckers (GR) 7:00 pm Star Wars: Return of the Jedi (MOV) HAPPY BIRTHDAY EDWARD DELCOURSE	8 10:30 am Bocce (CY) (Inclement Weather - Cornhole (FS)) 1:00 pm Scrabble (LNG) 2:00 pm Eleanor The Great (MOV) 3:00 pm Billiards (BIL) 4:00 pm Mah Jong (LNG) 6:00 pm Rummikub (GR) HAPPY BIRTHDAY ROBERT PYSKADLO
9 11:00 am Catholic Church Service (CP) 2:00 pm Voicemails for Isabelle (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR) 7:00 pm Voicemails for Isabelle (MOV) HAPPY BIRTHDAY STEVE HEALY	10 9:00 am Dr. Masias Podiatrist 11:30 am Brian Meurs Presents: Umbrella Project (GR) 1:00 pm Wii Bowling Party (GR) 4:00 pm Supper Club W/Chef Mickey Cheeseburger (\$16) (GR) 6:00 pm Hand & Foot (GR) 7:00 pm Canasta (LIB) 7:00 pm The Greatest Game Ever Played (MOV) HAPPY BIRTHDAY BRUCE TODD	11 8:30 am Pickleball (PBC) 11:00 am Trivia with Mark Hersh (GR) 12:30 pm Lunch Outing: Country Drive In 2:30 pm Titanic (MOV) 3:00 pm Pinochle (LNG) 6:00 pm Mexican Train (GR) Medical Transports	12 8:30 am Waffle Wednesday (GR) 11:30 am Josh Farley Illusionist Magic Across America Tour (GR) 2:00 pm Quarter Bingo (GR) 4:00 pm Supper Club w/Chef Mickey Sliced Turkey (\$16) (GR) 7:00 pm Voted Movie (MOV)	13 8:30 am Pickleball (PBC) 10:30 am Bocce (CY) 12:00 pm Chad Bramen (GR) 2:00 pm Modern Dance (FS) 2:30 pm Remember the Titans (MOV) 3:00 pm Bridge (LIB) 6:00 pm Revenge (LNG) 7:30 pm S'mores (CY) Medical Transports	14 9:00 am Grocery Shopping 10:30 am Community Support Meeting (LNG) (Service Club) 11:30 am Home Instead Presents: Home Safety for Seniors (GR) 1:00 pm Tai Chi (FS) 2:00 pm Quarter Bingo (GR) 4:00 pm Happy Hour: Woody Strobeck (GR) BYOB 7:00 pm Star Wars: Phantom Menace (MOV)	15 10:30 am Bocce (CY) (Inclement Weather - Cornhole (FS)) 1:00 pm Scrabble (LNG) 2:00 pm Grand Turismo (MOV) 3:00 pm Billiards (BIL) 4:00 pm Mah Jong (LNG) 6:00 pm Rummikub (GR) 7:00 pm Card Bingo (LNG)
16 11:00 am Catholic Church Service (CP) 2:00 pm The Breakfast Club (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR) 7:00 pm The Breakfast Club (MOV)	17 10:30 am Saratoga Casino 1:00 pm Jillian Smith Presents: Meredith Willson (GR) 2:00 pm Entrata Presentation & Training with Adam Trexler (GR) 4:00 pm Supper Club W/Chef Mickey Chicken Caesar Wrap (\$16) (GR) 6:00 pm Hand & Foot (GR) 7:00 pm Canasta (LIB) 7:00 pm The Bucketlist List (MOV)	18 8:30 am Pickleball (PBC) 11:00 am Community Support Meeting (GR) 12:00 pm Lynda Bryan Presents: The Widow Peebles Tavern Story (GR) 2:30 pm The English Patient (MOV) 3:00 pm Pinochle (LNG) 4:00 pm Lin's Wok Chinese Food (GR) (\$14) 6:00 pm Mexican Train (GR) Medical Transports	19 8:30 am Waffle Wednesday (GR) 12:00 pm Richie Phillips Presents: Richie's Top 10 Songwriters of All Time (GR) 2:00 pm Quarter Bingo (GR) 4:00 pm Supper Club w/Chef Mickey Baked Salmon (\$16) (GR) 6:00 pm Thwart (GR) 7:00 pm Voted Movie (MOV)	20 8:30 am Pickleball (PBC) 10:30 am Bocce (CY) 8:15 am - 6:00 pm Stockbridge Day out o Berkshire Botanical Garden (\$18) o Lunch at 51 Park & Restaurant (\$\$) o Norman Rockwell Museum (\$23) 2:00 pm Karaoke/Sing-Along (LNG) 2:30 pm Unforgiven (MOV) 3:00 pm Bridge (LIB) 6:00 pm Revenge (LNG) 7:30 pm S'mores (CY)	21 9:00 am Grocery Shopping 11:30 am Alzheimer Association Presents: Building Healthy Brain Habits (GR) 2:00 pm Quarter Bingo (GR) 4:00 pm Happy Hour: Jack Clark: Two for the Show (GR) 7:00 pm Star Wars: Attack of the Clones (MOV)	22 10:30 am Bocce (CY) (Inclement Weather - Cornhole (FS)) 1:00 pm Scrabble (LNG) 2:00 pm After the Wedding (MOV) 3:00 pm Billiards (BIL) 4:00 pm Mah Jong (LNG) 6:00 pm Rummikub (GR) HAPPY BIRTHDAY BERNICE SEGER
23 11:00 am Catholic Church Service (CP) 2:00 pm Avatar: Fire & Ice (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR) 7:00 pm Avatar: Fire & Ice (MOV) HAPPY BIRTHDAY BEVERLY BADANJAK	24 10:00 am Shopping at Boscov's 12:00 pm Rita Fatula Presents: Legacy Work (GR) 2:00 pm Entrata Training with Adam Trexler (GR) 4:00 pm Supper Club w/Chili's (\$\$) (GR) 6:00 pm Hand & Foot (GR) 7:00 pm Canasta (LIB) 7:00 pm Silence of the Lambs (MOV)	25 8:30 am Pickleball (PBC) 11:30 am PRN from Slouch to Strength (GR) 2:00 pm Birthday Party (GR) 2:30 pm Braveheart (MOV) 3:00 pm Pinochle (LNG) 6:00 pm Mexican Train (GR) 7:00 pm Book Club (LIB) Medical Transports	26 8:30 am Waffle Wednesday (GR) 11:30 am The Senior Roundtable: A Discussion Group (FDR) 12:00 pm Songs By Heart (GR) 2:00 pm Quarter Bingo (GR) 4:00 pm Supper Club W/Chef Mickey Chicken Marsala (\$16) (GR) 7:00 pm Voted Movie (MOV)	27 8:30 am Pickleball (PBC) 10:30 am Bocce (CY) 11:00 am Craft with Andrea (GR) 1:00 pm Panera Lunch (\$\$) (GR) 2:00 pm Karaoke/Sing-Along (LNG) 2:30 pm Journal for Jordan (MOV) 3:00 pm Bridge (LIB) 6:00 pm Revenge (LNG) 7:30 pm S'mores (CY) Medical Transports HAPPY BIRTHDAY ELAINE MICHAELSEN	28 9:00 am Grocery Shopping 11:30 am Resident Program Meeting w/Andrea (GR) 1:00 pm Tai Chi (FS) 2:00 pm Quarter Bingo (GR) 4:00 pm Pizza Party (\$5) or (\$6) (GR) 4:00 pm Happy Hour: Tim Barker (GR) BYOB 7:00 pm Star Wars: Revenge of the Sith (MOV)	29 10:30 am Bocce (CY) (Inclement Weather - Cornhole (FS)) 1:00 pm Scrabble (LNG) 2:00 pm Honor Society (MOV) 3:00 pm Billiards (BIL) 4:00 pm Mah Jong (LNG) 6:00 pm Rummikub (GR) 7:00 pm Card Bingo (LNG)
30 11:00 am Catholic Church Service (CP) 2:00 pm Love Comes Softly (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR) 7:00 pm Love Comes Softly (MOV)	31 11:30 am Resident Meeting with Laura & Staff (GR) 1:00 pm Wii Bowling Meeting (GR) 4:00 pm Supper Club W/Chef Mickey Tuna Melt (\$16) (GR) 6:00 pm Hand & Foot (GR) 7:00 pm Canasta (LIB) 7:00 pm Atonement (MOV)	GR - Great Room LNG - Lounge FDR - Family Dining Room MOV - Movie Theater FS - Fitness Studio	CP - Chapel BIL - Billiards Room PS - Practitioner's Suite PBC - Pickleball Courts CY - Courtyard LIB - Library	COLOR CODE BLUE: MOVIES GREEN: ENTERTAINMENT ORANGE: FOOD OPTIONS PINK: MEETINGS RED: OUTINGS	August Book Club Come sign it out in the office and read the description in the Activities Binder.	August

Community Activities

AARP Jo Ashworth Presents: How to use a Smart Phone

This toolkit helps participants become more comfortable with using their smartphones. It covers basic functions, useful apps, and tips for staying safe online.

Wednesday, August 5th
12:00 pm

Sign up in the Lounge - In the Great Room



Mini Golf Outing:



\$10
Thursday, August 6th
11:00 am

Pick up at 1:00 pm

Sign up in the Lounge

Ice Cream Outing:



Friday, August 7th
12:00 pm

Pick up at 1:00 pm

Sign up in the Lounge



BRIAN MEURS PRESENTS: THE UMBRELLA PROJECT

Explaining the origins of Umbrella, services we provide for seniors, 62+ years old and people with disabilities.



Monday, August 10th
11:30 am
In the Great Room

Sign up in the Lounge

Team Trivia

with DJ Mark Hersh



Tuesday, August 11th at 11:00 am

Join us in the Great Room, where the competition is friendly and the trivia is fun!!

Come and join the teamwork!!

Sign up in the lounge by 8/10

Happy Hour

Friday's
4:00 pm



August 7th -
Tooty & the Mother Pluckers

August 14th -
Woody Strobeck - BYOB

August 21st -
Jack Clark: Two for the Show

August 28th -
Tim Barker - BYOB

MAGIC ACROSS AMERICA TOUR WITH
ILLUSIONIST

JOSH FARLEY

WEDNESDAY,
AUGUST 12TH
11:30 AM

In the Great Room
Sign up in the Lounge



CHAD BRAYMAN

Growing up on the songs of the era of his namesake, Chad Brayman has been steeped in folk music for over four decades. Typically performing at Renaissance Faires under the moniker Captain Tactless®, he now brings to you an hour of his repertoire. Feel free to sing and clap along as this solo acapella artist brings the songs of your youth to the stage.

THURSDAY, AUGUST 13TH
12:00 PM

Sign up in the Lounge

COME TRY
SOMETHING NEW
WITH...

MODERN ART
theater and dance
ACADEMY

The Modern Art Theater & Dance Academy offers gentle, age-appropriate dance and movement classes designed specifically for seniors.

THURSDAY, AUGUST 13TH
2:00 PM

In the Fitness Studio ~ Sign up in the Lounge



Welcome to Summit at Halfmoon!!!



Home Safety for Seniors



Friday, August 14th
11:30 am
In the Great Room

Sign Up in the Lounge

- Understand the most common in-home safety risks for older adults
- Identify simple, affordable changes that improve safety
- Learn when and how to talk about safety with clients and families
- Recognize how Home Instead supports safe aging at home

RICHIE PHILLIPS PRESENTS:

Richie's Top 10 Songwriters of All Time

WEDNESDAY, AUGUST 19TH
12:00 PM

In the Great Room ~ Sign Up in the Lounge

This fun, interactive show pairs Richie's live piano performances and sing-alongs with the fascinating stories, trivia, and photos behind history's greatest hitmakers—from Cole Porter and Gershwin to Billy Joel, Elton John, Neil Diamond, Burt Bacharach and more.

entrata

PRESENTATION & TRAINING

Come learn about the new property management system called Entrata. Some of the benefits are as follows:

- Pay rent securely online
- View your account balance and payment history.
- Submit maintenance requests anytime
- Receive important community updates and announcements
- Access your resident information in one convenient place

MONDAY, AUGUST 17TH & 24TH AT 2:00 PM

IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE

ALZHEIMER'S ASSOCIATION

BUILDING HEALTHY BRAIN HABITS

Friday, August 21st
11:30 am

In the Great Room - Sign Up in the Lounge

**Join Vocalist Jillian Smith
& Keyboardist Michael Clement**

Meredith Willson, the acclaimed American composer and lyricist, is best known for writing the Broadway masterpieces *The Music Man* and *The Unsinkable Molly Brown*.



Monday, August 17th
1:00 pm

In the Great Room ~ Sign up in the lounge

RITA FATULA PRESENTS: LEGACY WORK

How do you want to be remembered? We will consider the ways we have affected the world, both in our close circle of family and friends and in the wider world. We will reflect on particular projects we might want to plan for. We will also discuss writing our obituary which gives us the ultimate say in how we wish to be remembered.

MONDAY, AUGUST 24TH AT 12:00 PM

IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE

Lynda Bryan Presents: The Widow Peebles Tavern Story

Tuesday, August 18th at 12:00 pm
In the Great Room - Sign up in the Lounge

Told by Elizabeth, the Widow Peebles. She operated her tavern in the mid 1700's during the Revolutionary War. She talks about the most interesting guests that have stayed at her home including General George Washington, Alexander Hamilton and many more. Her tavern is now a private residence located on Hudson River Road. During the war that road was called the Kings Highway and the Military Road as the troops would march right past her home traveling from Albany to points north. It is a very interesting story!



From Slouch to Strength

Tuesday, August 25th
11:30 am

In the Great Room - Sign up in the Lounge

Come join PRN to discuss the connection between your posture and overall physical performance. Learn how posture affects body mechanics, strength, flexibility, balance and coordination. Fun interactive bingo game and prizes!

Concierge Services

MEAL OPTIONS

CONTINENTAL BREAKFAST

Daily 8:30—10:15 AM

LUNCH

Lunch outings available twice each month.

Please see calendar.

SUPPER CLUB

You have the option of two hot meals each week. They come ready to eat, from local Chefs/eateries.

You can pick up your pre-paid meals at 4pm in the Great Room or consider dining in with others.



Friday Grocery Shopping

Every Friday, the Halfmoon bus goes to 5 local grocery stores: Market 32, Hannaford, Trader Joe's, Aldi, and Walmart. We will leave at 9:00 am. The bus will pick you up at the main entrance and shopping lasts 1 hour. Please Sign-up in the Lounge.



TRADER JOE'S

Walmart

Medical Appointments Every Tuesday and Thursday

Every Tuesday and Thursday, we provide transportation to scheduled, routine medical appointments within a 10-mile radius of our community. This service is available between the hours of 9 AM and 2 PM. Contact the office for more details and to reserve your appointment time.



Located in the Practitioner's Suite on the 3rd Floor
518-667-9629



♥ Gift Certificates Available ♥

Nails: Tina 518-698-4693

Nails: Darcy 518-605-7566

Esthetician: Jolene 210-857-5851

Hair: Sue 518-495-6054



MEALS FOR PURCHASE

- Basic Chicken & Red Potatoes
- Crispy Asian Chicken
- Sweet & Sour Chicken
- Basic Steak Strips & Mash
- Teriyaki Beef
- Buffalo Chicken Mac & Cheese
- Chicken in Sweet Chili Sauce
- Pineapple Chicken Teriyaki
- Philly Beef Bowl
- Hot Honey Chicken Bowl
- Pesto Chicken Alfredo

\$10 MEAL

WHILE SUPPLIES LAST

~PURCHASE IN THE OFFICE~

Resident Informational Meetings

Theater How-To/Movie Committee
If Interested - See Andrea in the Office

Resident Meeting with Laura & Staff
Monday, August 31st at 11:30 am (GR)

Resident Program Meeting with Andrea (GR)
Friday, August 28th at 11:30 am

On-Site Podiatrist

Dr. Michael Masias, DPM
Monday, August 10th at 9:00 am
Dr. Masias will be on site.
518-320-8659