

S U M M I T A T S A R A T O G A

Monthly Newsletter

June 2026



THE Manager's Message

Dear Residents,

We did it!! For the sixth year in a row, Summit at Saratoga has been voted

#1 "55+ Senior Living Residence"

in Saratoga County. We thank you, your family and friends for all of the votes! The contest is held annually by our local Saratoga Today newspaper.

Congratulations to all of you for making us the absolute best! We owe this honor to the residents for all that you do everyday to make us a true "community". For being great neighbors, for helping out in every way possible, offering ideas and feedback, participating in programming and fitness classes, and for welcoming new residents ... you have succeeded in creating a home where seniors want to live. Where seniors can thrive and learn and have a great time doing what they wish! We will be celebrating our win! Date to be announced.

Welcome New Residents, Frank Polsinello Apt 110 and Deke and Wendy Spierling Apt 219.

Warm regards,



Christy Durant
Community Manager

FATHER'S DAY CELEBRATION

Wednesday, June 17th
at 12:30 pm
on the Back Patio

Join us for hot dogs,
beer & lawn games!
All are welcome!

Staff

Community Manager

Christy Durant
CDurant@SummitSeniorLife.com

Resident Services Coordinator

Kathie Dunne
KDunne@summitseniorlife.com

Concierge

Jessica Barr
Concierge@SummitSeniorLife.com

Maintenance

Ken Erlenbusch
Justin Carr

Cleaner

Skip Vickery

Weekend Concierge

Shelly Pooler
Lisa Hobbs

Transportation

Matt Leguire

The Summit At Saratoga
1 Perry Road
Saratoga Springs, NY 12866
518-430-2136
www.summitsaratoga.com

Maintenance Emergency Number

518-925-0905

Community Excursions & Programs

HAPPY BIRTHDAY

Dick Hnis	6/01	Joe Kovacs	6/18
Jackie Recesso	6/02	Fran Schwartz	6/21
Vinette Dean	6/07	Ted Paprocki	6/22
Randi Suppes	6/11	Wallace Paprocki	6/22
Shirley Peyton	6/14	Frank Romaine	6/23
Judy Jewett	6/15	June Villani	6/26
Greta Ferro	6/17		

Help us celebrate our monthly birthdays on Tuesday, June 30th at 3:00 pm in the Great Room.

Resident Information Meetings

Fireplace and Grill How-To
 Wednesday, June 3rd at 11:00 am - Back Patio
 Wednesday, June 10th at 2:30 pm - Back Patio

Program Meeting with Kathie
 Monday, June 8th at 11:30 am - Great Room

Theater How-To/Movie Committee
 Tuesday, June 9th at 10:00 am - Movie Theater

Intercom How-To
 Thursday, June 11th & 25th at 10:00 am - Lobby

Resident Meeting with Christy
 Monday, June 22nd at 1:00 pm - Great Room




Introduction to the Belmont Stakes
June 5th at 10:00 am
in the Movie Theater

Presented by Bill Robeson. All Residents Welcome
 Sponsored by Academy of Lifelong Learning

EXCURSIONS

Lunch at the Hideaway

Wednesday,
June 10th
at 11:30 am



Menu is focused on crowd-pleasers, comfort favorites, and seasonal dishes.
The bus will leave the Summit at 11:30am.
14 Residents Minimum

Spring Run Trail Run & Lunch at the Saratoga Awesome Dogs Cart



Friday,
June 26th
at 11:45 am

An off-road trail that follows an old Victorian-era railroad bed. It offers spectacular views of woods, wetlands, and the Spring Run waterway. This is a paved and handicapped accessible path.
The bus will leave the Summit at 11:45 am.
14 Residents Minimum



Malcolm Kogut & Byron Nilsson
at Proctors Theater
Tuesday, June 23rd
at 10:30 am



Join us in the GE Theater for a varied musical program with the organ taking center stage. Longtime friends & entertainers, it's sure to be a lot of fun!
 The bus will leave the Summit at 10:30 am.
 Minimum 14 Residents.

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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



7
9:30am Bocce Ball BC
10:00am Buddy Swim P
11:00am Corn Hole FS
1:00pm Mexican Train TAV

14
9:30am Bocce Ball BC
10:00am Buddy Swim P
11:00am Corn Hole FS
1:00pm Mexican Train TAV
6:00pm Communion Service LIB
Flag Day

21
9:30am Bocce Ball BC
10:00am Buddy Swim P
11:00am Corn Hole FS
1:00pm Mexican Train TAV
First Day of Summer

28
9:30am Bocce Ball BC
10:00am Buddy Swim P
11:00am Corn Hole FS
1:00pm Mexican Train TAV

Office Hours:
Monday - Friday 9:00am - 4:30pm
Saturday 9:00am - 3:00pm
Sunday 9:00am - 12:00pm

1 11:00am Knitting/Crocheting Group LIB
11:00am Canasta TAV
11:30am Men's League: Billiards Club BR
12:00pm Summit Service Club Backstretch Donations GR
1:00pm A Place to Call Home MOV
1:30pm Bible Devotional Group LIB
2:00pm Rummikub TAV
3:00pm Happy Hour GR
4:30pm Mah Jongg TAV

8 11:00am Knitting/Crocheting Group LIB
11:00am Canasta TAV
11:30am Men's League: Billiards Club BR
11:30am Program Meeting with Kathie GR
1:00pm A Place to Call Home MOV
1:30pm Bible Devotional Group LIB
2:00pm Rummikub TAV
3:00pm Happy Hour GR
4:30pm Mah Jongg TAV

15 10:30am Pickle Ball How-To PC
11:00am Knitting/Crocheting Group LIB
11:00am Canasta TAV
11:30am Men's League: Billiards Club BR
12:00pm Audiologist: Tammy Monroe GR
1:00pm A Place to Call Home MOV
1:30pm Bible Devotional Group LIB
2:00pm Rummikub TAV
3:00pm Happy Hour GR
4:30pm Mah Jongg TAV

22 11:00am Knitting/Crocheting Group LIB
11:00am Canasta TAV
11:30am Men's League: Billiards Club BR
1:00pm Resident Meeting with Christy GR
1:00pm A Place to Call Home MOV
1:30pm Bible Devotional Group LIB
2:00pm Rummikub TAV
3:00pm Happy Hour GR
4:30pm Mah Jongg TAV

29 10:30am Pickle Ball How-To PC
11:00am Knitting/Crocheting Group LIB
11:00am Canasta TAV
11:30am Men's League: Billiards Club BR
1:00pm A Place to Call Home MOV
1:30pm Bible Devotional Group LIB
2:00pm Rummikub TAV
3:00pm Happy Hour GR
4:30pm Mah Jongg TAV

Every Monday
8:00/8:30am Hydro Rider P
9:30am Water Aerobics P
10:00am Tai Chi III: Int. Group 1 LIB
10:30am Strength Training FS
10:30am Tai Chi III: Int. Group 2 LIB
11:15am Yoga/Balance FS

2 9:30am Podiatrist Visits: Dr Masias
9:30am Pickleball PC
11:00am Shuffleboard TAV
11:00am Theater How-To MOV
1:00pm Tech Hour with Don
1:30pm Bingo GR
3:30pm Pinochle MR
5:00/5:15pm Poker Night GR
MEAL FORMS DUE

9 9:30am Pickleball PC
10:00am Theater How-To MOV
11:00am Shuffleboard TAV
1:30pm Bingo GR
2:00pm Summit Book Club LIB
3:30pm Pinochle MR
4:15pm SSC Meatloaf TAV
5:00/5:15pm Poker Night GR
6:30pm Mr. Ding-A-Ling

16 9:30am Pickleball PC
10:00am Flower Arranging TAV
11:00am Shuffleboard TAV
1:00pm Tech Hour with Don
1:30pm Bingo GR
2:45pm Saratoga Springs Public Library Outreach LIB
3:30pm Pinochle MR
4:15pm SSC Chicken Fried Chicken TAV
5:00/5:15pm Poker Night GR

23 9:30am Pickleball PC
10:00am Intercom How-To LOB
10:30am Proctors Presents: Malcom Kogut & Byron Nilsson
11:00am Shuffleboard TAV
1:00pm Tech Hour with Don
1:30pm Bingo GR
3:30pm Pinochle MR
4:15pm SSC Baked Haddock TAV
5:00/5:15pm Poker Night GR
6:30pm Mr. Ding-A-Ling

30 9:30am Pickleball PC
11:00am Shuffleboard TAV
1:00pm Marilyn Sassi Presents: The American Hearth LIB
1:30pm Bingo GR
3:00pm Monthly Birthday Party GR
3:30pm Pinochle MR
4:15pm SSC Salisbury Steak TAV
5:00/5:15pm Poker Night GR

Every Tuesday
8:00/8:30am Hydro Rider P
9:30 Aqua Fit P
10:30am Yoga/Balance FS
11:30am Trifecta FS

3 11:00am Fireplace & Grill How-To BP
1:30pm Academy of Lifelong Learning Ice Cream Social with Singer & Guitarist Russ Kennedy GR
1:30pm Movie Matinee MOV
2:00pm Mexican Train TAV
4:00pm BYOB Wine Wednesday TAV
6:00pm Hand & Foot Card Game MR

10 11:30am Lunch at the Hideaway
1:30pm Movie Matinee MOV
2:00pm Mexican Train TAV
2:30pm Fireplace & Grill How-To BP
4:00pm BYOB Wine Wednesday TAV
6:00pm Hand & Foot Card Game MR

17 10:00am Continental Breakfast Ends GR
 12:30pm Father's Day Celebration BP
1:30pm Movie Matinee MOV
2:00pm Mexican Train TAV
4:00pm BYOB Wine Wednesday TAV
6:00pm Hand & Foot Card Game MR

24 1:30pm Movie Matinee MOV
1:30pm Paw Social BP
2:00pm Mexican Train TAV
2:30pm Turning Point Chiropractic Presents: Balance & Stability GR
4:00pm BYOB Wine Wednesday TAV
6:00pm Hand & Foot Card Game MR



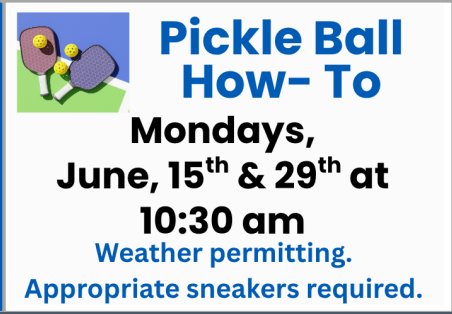
Every Wednesday
8:30am Water Aerobics P
9:30am Stretch & Flex FS
10:30am Sit 2B Fit FS
1:00pm Buddy Swim P

4 9:30am Bocce Ball BC
10:00am Intercom How-To LOB
11:30am Men's League: Billiards Club BR
1:00pm Shopping Shuttle
1:00pm LCR Game TAV
2:30pm The Classics with Wayne & Joey GR
5:00pm Cribbage TAV
5:00pm Resident Potluck Dinner GR
6:00pm Patio S'mores BP

11 9:30am Bocce Ball BC
10:00am Intercom How-To LOB
11:30am Men's League: Billiards Club BR
1:00pm Shopping Shuttle
2:30pm Trivia GR
4:15pm SSC Chicken Alfredo TAV
5:00pm Cribbage TAV
6:00pm Patio S'mores BP

18 9:30am Bocce Ball BC
11:30am Men's League: Billiards Club BR
12:30pm Dessert Social with Your PRN Providers GR
1:00pm Shopping Shuttle
1:00pm LCR Game TAV
4:15pm SSC Boneless Pork Chop with Roasted Potatoes TAV
5:00pm Cribbage TAV
6:00pm Patio S'mores BP

25 9:30am Bocce Ball BC
10:00am Intercom How-To LOB
11:30am Men's League: Billiards Club BR
1:00pm Shopping Shuttle
2:30pm Trivia GR
4:15pm SSC Chicken Enchiladas TAV
5:00pm Cribbage TAV
6:00pm Patio S'mores BP



Every Thursday
8:00am/8:30am Hydro Rider P
9:30am Aqua Fit P
10:30am Yoga/Balance FS
11:30am Cardio Flow FS

5 10:00am Scrabble TAV
10:00am Introduction to the Belmont Stakes with Bill Robeson MOV
11:00am Card Making with Barb CR
1:00pm Patriotic Sing-Along with Mary Anne GR
2:00pm Shuffleboard TAV
2:00pm Sherbet Coolers GR
3:00pm Ladies Billiards BR
4:00pm BYOB Tavern Time TAV
5:00/5:15pm Poker Night GR

12 10:00am Scrabble TAV
1:00pm Woodshop Open House WS
2:00pm Shuffleboard TAV
2:30pm Singer & Guitarist Mark Mason GR
3:00pm Ladies Billiards BR
3:45pm SSC Brooks Chicken BBQ GR
4:00pm BYOB Tavern Time TAV
5:00/5:15pm Poker Night GR

19 9:00am Resident Potluck Breakfast GR
10:00am Scrabble TAV
2:00pm Shuffleboard TAV
3:00pm Ladies Billiards BR
4:00pm BYOB Tavern Time TAV
5:00/5:15pm Poker Night GR
Office is Closed for Juneteenth

26 10:00am Scrabble TAV
11:45am Spring Trail Run & Lunch at the Saratoga Awesome Dogs Cart
2:00pm Shuffleboard TAV
3:00pm Ladies Billiards BR
4:00pm BYOB Tavern Time TAV
5:00/5:15pm Poker Night GR

BP-Back Patio
BR-Billiards Room (3rd Floor)
CR-Craft Room (2nd Floor)
FS-Fitness Studio
GR-Great Room
LIB-Library
LO-Lobby
BC - Bocce Court

Every Friday
10:00am Tai Chi III: Int. Group 1 FS
10:30am Tai Chi III: Int Group 2 FS
1:00pm Buddy Swim P

6 10:00am Board Games TAV
11:30am Men's League: Billiards Club BR
1:00pm Iced Coffee Bar GR
1:00pm Hearts TAV
1:30pm Ladies Billiards BR
1:30pm Movie Matinee MOV
6:00pm Worship & Music with Street Level Chapel GR
6:00pm Hand & Foot Card Game MR

13 10:00am Board Games TAV
11:30am Men's League: Billiards Club BR
1:00pm Creamsicle Floats GR
1:00pm Hearts TAV
1:30pm Ladies Billiards BR
1:30pm Movie Matinee MOV
6:00pm Worship & Music with Street Level Chapel GR
6:00pm Hand & Foot Card Game MR

20 10:00am Board Games TAV
11:30am Men's League: Billiards Club BR
1:00pm Bring a Treat to Share GR
1:00pm Hearts TAV
1:30pm Ladies Billiards BR
1:30pm Movie Matinee MOV
6:00pm Worship & Music with Street Level Chapel GR
6:00pm Hand & Foot Card Game MR

27 10:00am Board Games TAV
11:30am Men's League: Billiards Club BR
1:00pm Frozen Strawberry Daiquiris GR
1:00pm Hearts TAV
1:30pm Ladies Billiards BR
1:30pm Movie Matinee MOV
6:00pm Worship & Music with Street Level Chapel GR
6:00pm Hand & Foot Card Game MR

TAV-Tavern
MOV-Movie Theater
MR-Music Room (3rd Floor)
P-Pool
PC - Pickleball Courts
PS-Practitioners Suite
PAV- Pavilion
CY - Courtyard

CONNECTED life

FITNESS

Community Activities



Card Making with Barb

Friday, June 5th
at 11:00 am
in the Craft Room

Spots are limited. Please sign up in the Great Room.

ENTERTAINMENT

in the Great Room

Russ Kennedy
June 3rd
at 1:30 pm



The Classics by Wayne
and Joey June 4th
at 2:30 pm



Mark Mason
June 12th 2:30 pm



TEAM TRIVIA with DJ Mark Hersh

Thursdays,
June 11th & 25th
at 2:30 pm
in the Great Room

Get ready to test your knowledge and have some fun!



Hersh Productions



ACADEMY OF LIFELONG LEARNING

ICE CREAM SOCIAL

Hosted by
The Summit at Saratoga

Wednesday, June 3rd

at 1:30 pm
in the Great Room

Singer &
Guitarist
Russ Kennedy



Happy Hour

Mondays
at 3:00pm
in the Great Room

Join us for drinks and a light snack!



Patio S'mores are back!
Thursday nights on the
Back Patio
at 6:00 pm

"Life is s'more fun
with friends
around the fire!"

-anonymous



Community Activities


Summit Service Club

Backstretch Donations & Volunteer Opportunities

Monday, June 1st at 12:00 pm
in the Great Room

Come by to learn from Jill Hancock about what we can do to help the backstretch workers this year! They are in need of volunteers and items for donation. A list of their needs will be provided.

Donations can be put in garage #33, across from the garden bed area between 8:00 am and 3:00 pm.

“Volunteering is a work of heart” 



Audiologic Solutions

Hearing Well, Living Well

Tammy Monroe, Au.D.

Monday, June 15th at 12:00 pm
in the Great Room

Join us for an informative presentation on hearing health and today's hearing care options with a local audiologist. Learn about hearing evaluations, modern hearing aid technology, tinnitus support, and ways to improve communication and connection in everyday life. Discover how hearing care can support communication, social connection, brain health, and overall quality of life.



PRN

PT OT & SLP PLLC
Rehabilitation Services
an affiliate of The Weston Healthcare Group

Dessert Social

Thursday, June 18th
at 12:30 pm
in the Great Room

Come meet the PRN Therapy Team and learn how they can meet your therapy needs.



TURNING POINT CHIROPRACTIC

Dr. Adam Favro Presents:

Balance & Mobility

Wednesday, June 24th at 2:30 pm
in the Great Room

Join us for an informative discussion with national board-certified chiropractor. Learn practical tips to improve balance, mobility, and everyday movement.

Take away helpful strategies to stay active, reduce stiffness, prevent falls, and support overall wellness.

MARILYN SASSI PRESENTS: “THE AMERICAN HEARTH”



TUESDAY,
JUNE 30TH
AT 1:00 PM

IN THE LIBRARY

In colonial America the room where meals were prepared was considered the heart of the home. It was called the “keeping room” because the fire in this room was never allowed to go out. The presentation will begin with an overview of keeping rooms from the 18th and 19th century America, and proceed to early cooking methods.

Concierge Services

CONTINENTAL BREAKFAST

8:30am until 10:30am in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week. Start your morning right with a healthy breakfast while enjoying each other's company.



There are also copies of the newspaper in the Great Room for residents to read.



Gift Certificates Available

Stylist

Patricia Keefe 518-992-4904

Therapeutic Massage

Krick Wahl 518-859-9809

Nail Technician

Tina Mone 518-698-4693

On-Site Podiatrist

Dr. Michael Masias, DPM

Tuesday, June 2nd at 9:30am

To make your appointment, sign up in the Great Room. He will visit you in your apartment.



Saratoga Springs Public Library Outreach

Tuesday, June 16th

2:45pm - 3:30pm in the Library

There will be an array of books and movies to browse through. If you would like to reserve a book for that date, please call the library at 518-584-7860 ext. 228.



SARATOGA SPRINGS PUBLIC LIBRARY
YOUR SOURCE FOR INFORMATION, INSPIRATION, AND ENTERTAINMENT



Jessica Shiels, Patient Service Coordinator
PRN PT, OT & SLP PLLC
an affiliate of The Weston Healthcare Group
716-204-2405
Vandenburg@prnphysicaltherapy.com

Resident Transportation

Tuesdays and Thursdays, 9am-3pm.

Please notify the office at least one week ahead of time.

Destination must be within a 12-mile radius.



FROZEN DINNERS

By: *Chef Johnny*



Chef Johnny is now offering frozen meals, which are available in the office any day of the week during business hours.

The dinners below are \$14 each and ready to be heated.

- Chicken Parmigiana with pasta, sauce, vegetable
- Meatloaf with mashed potatoes, vegetable
- Turkey with stuffing, roasted potatoes, vegetable
- Vegetable Lasagna

Route 50 Shopping

Please sign up for the **Thursday 1:00pm** Shopping Shuttle in the Great Room.



BE GREEN & recycle CLEAN
plastics, tin, aluminum, paper and glass.

