

# SUMMIT AT SARATOGA

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Monthly Newsletter

May 2026



# THE Manager's Message

Dear Residents,

"All that I am or ever hope to be, I owe to my mother." Abraham Lincoln

Welcome month of May, where the plantings are budding and the sun shines over us ushering in summer. The same is true here at The Summit, as we ready our outside areas to enjoy. Join us on the patio for a friendly game of bocce or head out on Wednesday mornings to learn how to play the fastest growing sport in the US, pickleball. Racquets are available in the pavilion storage room.

This month we honor not only the hard work of our mothers but those who gave their life while serving in our armed forces protecting our country. We will celebrate both this month. Come to our Mother's Day Tea on May 7th to honor our mothers and mother figures. Later in the month we will celebrate and honor those patriots who gave their life for us at our Patriotic Sing a Long with Mary Anne Brown on the 22nd.

Welcome New Residents, Donna Rainwater Apt 328 & Sue Jennings Apt 325.

Warm regards,



Christy Durant  
Community Manager



## Mother's Day Tea & Desserts

Thursday, May 7<sup>th</sup>

at 1:00 pm

in the Great Room

All residents are warmly invited  
to enjoy an afternoon filled  
with delicious desserts and a  
selection of teas.

## Staff

### Community Manager

Christy Durant  
CDurant@SummitSeniorLife.com

### Resident Services Coordinator

Kathie Dunne  
KDunne@summitseniorlife.com

### Concierge

Jessica Barr  
Concierge@SummitSeniorLife.com

### Maintenance

Ken Erlenbusch  
Justin Carr

### Cleaner

Skip Vickery

### Weekend Concierge

Shelly Pooler  
Lisa Hobbs

### Transportation

Matt Leguire

The Summit At Saratoga  
1 Perry Road  
Saratoga Springs, NY 12866  
518-430-2136  
www.summitsaratoga.com

Maintenance Emergency  
Number  
518-925-0905

# Community Excursions & Programs

## Happy Birthday!

Donna Perry	5/01	Peg Duell	5/17
Al DeLorenzo	5/03	Lois Zink	5/18
David Hoadley	5/10	Linda Aubin	5/18
Alice Lissow	5/10	Beth Caruso	5/19
Calvin Burgart	5/11	Dom Pellegrino	5/20
Niel Nielsen	5/14	Joyce Sova-Gervais	5/26
Fran Valentine	5/16	Jim Michaels	5/28
Marie Michaels	5/16		

Help us celebrate our monthly birthdays on Wednesday, May 27<sup>th</sup> at 3:00 pm in the Great Room.

### Resident Information Meetings

#### Program Meeting with Kathie

Monday, May 4<sup>th</sup> at 11:30 am - Great Room

#### Theater How-To/Movie Committee

Tuesday, May 5<sup>th</sup> at 11:00 am - Movie Theater

#### Resident Meeting with Christy

Monday, May 18<sup>th</sup> at 1:00 pm - Great Room

#### Intercom How-To

Tuesday, May 19<sup>th</sup> & 26<sup>th</sup> at 10:00 am - Lobby

## EXCURSIONS

### Lunch at Seasoned



Wednesday,  
May 6<sup>th</sup>  
at 11:30 am

The bus will leave the Summit at 11:30am.  
14 Residents Minimum

### Lunch at Bentley's Tavern



Wednesday,  
May 27<sup>th</sup>  
at 11:45 am

Popular local tavern that serves traditional American cuisine. Enjoy appetizers, burgers, wings and more!

The bus will leave the Summit at 11:45 am.  
14 Residents Minimum

### Always be Prepared

#### Fire Drill Safety Review Meeting

Learn what to expect & how to stay safe

Tuesday, May 19<sup>th</sup>  
11:30 am in the Great Room

**FIRE DRILL**  
1:00 pm

### Ice Cream at



Friday, May 1<sup>st</sup>  
at 1:30 pm

Our on-farm ice cream parlor features over 80 rotating homemade hard ice cream flavors & homemade soft serve vanilla & chocolate. In addition to our ice cream parlor, you will find our award-winning milk, beef, many local goods and an assortment of gift items.

The bus will leave the Summit at 1:30 pm.  
Minimum of 8 Residents

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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



BP-Back Patio  
BR-Billiards Room (3rd Floor)  
CR-Craft Room (2nd Floor)  
FS-Fitness Studio  
GR-Great Room  
LIB-Library  
LO-Lobby  
BC - Bocce Court

TAV-Tavern  
MOV-Movie Theater  
MR-Music Room (3rd Floor)  
P-Pool  
PC - Pickleball Courts  
PS-Practitioners Suite  
PAV- Pavilion  
CY - Courtyard

**Office Hours:**  
Monday - Friday 9:00am - 4:30pm  
Saturday 9:00am - 3:00pm  
Sunday 9:00am - 12:00pm

Fireplace & Grill  
**How-To**  
Thursday, May 14<sup>th</sup> & 21<sup>st</sup>  
10:00 am on the Back  
Patio

1 10:00am Watercolor with Sue CR  
10:00am Scrabble TAV  
10:00am Intro to the Triple Crown MOV  
1:30pm Ice Cream at King Dairy  
2:00pm Shuffleboard TAV  
3:00pm Ladies Billiards BR  
4:00pm BYOB Tavern Time TAV  
5:00/5:15pm Poker Night GR

2 10:00am Board Games TAV  
11:30am Men's League: Billiards Club BR  
1:00pm Creme de Cacao Over Ice Cream GR  
1:00pm Hearts TAV  
1:30pm Ladies Billiards BR  
1:30pm Movie Matinee MOV  
6:00pm Worship & Music with Street Level Chapel GR  
6:00pm Hand & Foot Card Game MR  
6:30pm Kentucky Derby MOV

3 9:30am Bocce Ball BC  
10:00am Buddy Swim P  
11:00am Corn Hole FS  
1:00pm Mexican Train TAV  
1:00pm Ken Burns Documentary MOV

4 11:00am Knitting/Crocheting Group LIB  
11:30am Men's League: Billiards Club BR  
1:30am Program Meeting with Kathie GR  
1:30pm Bible Devotional Group LIB  
2:00pm Rummikub TAV  
3:00pm Fiesta Happy Hour GR  
4:30pm Mah Jongg TAV

5 9:30am Podiatrist Visits: Dr Masias  
9:30am Pickleball PC  
11:00am Shuffleboard TAV  
11:00am Theater How-To MOV  
\*\*1:00pm Shopping Shuttle\*\*  
1:00pm Tech Hour with Don  
1:30pm Bingo GR  
3:30pm Pinochle MR  
5:00/5:15pm Poker Night GR  
**MEAL FORMS DUE**

6 9:30am Bocce Ball BC  
11:30am Lunch at the Peppermill  
1:30pm Movie Matinee MOV  
2:00pm Mexican Train TAV  
4:00pm BYOB Wine Wednesday TAV  
6:00pm Hand & Foot Card Game MR

7 11:30am Men's League: Billiards Club BR  
1:00pm Mother's Day Tea GR  
5:00pm Cribbage TAV  
5:00pm Resident Potluck Dinner GR

8 10:00am Scrabble TAV  
1:00pm PRN Speech Therapy GR  
2:00pm Shuffleboard TAV  
3:00pm Ladies Billiards BR  
4:00pm BYOB Tavern Time TAV  
5:00/5:15pm Poker Night GR

9 10:00am Board Games TAV  
11:30am Men's League: Billiards Club BR  
1:00pm Iced Coffee bar GR  
1:00pm Hearts TAV  
1:30pm Ladies Billiards BR  
1:30pm Movie Matinee MOV  
6:00pm Worship & Music with Street Level Chapel GR  
6:00pm Hand & Foot Card Game MR

10 9:30am Bocce Ball BC  
10:00am Buddy Swim P  
11:00am Corn Hole FS  
1:00pm Mexican Train TAV  
1:00pm Ken Burns Documentary MOV  
**Happy Mother's Day**

11 11:00am Knitting/Crocheting Group LIB  
11:30am Men's League: Billiards Club BR  
1:30pm Bible Devotional Group LIB  
2:00pm Rummikub TAV  
3:00pm Happy Hour GR  
4:30pm Mah Jongg TAV

12 9:30am Pickleball PC  
11:00am Shuffleboard TAV  
1:00pm Tech Hour with Don  
1:30pm Bingo GR  
2:00pm Summit Book Club LIB  
3:30pm Pinochle MR  
4:15pm SSC Baked Haddock TAV  
5:00/5:15pm Poker Night GR

13 9:30am Bocce Ball BC  
1:30pm Movie Matinee MOV  
1:30pm Technology & Change GR  
2:00pm Mexican Train TAV  
4:00pm BYOB Wine Wednesday TAV  
6:00pm Hand & Foot Card Game MR

14 10:00am Fire Place & Grill How-To BP  
11:30am Men's League: Billiards Club BR  
1:00pm Shopping Shuttle  
1:30pm 10 Great What-If's in American History MOV  
2:30pm Trivia GR  
4:15pm SSC Everything Bagel Chicken TAV  
5:00pm Cribbage TAV

15 10:00am Scrabble TAV  
10:00am The Preakness MOV  
2:00pm Shuffleboard TAV  
2:00pm How to Pay for Long Term Care GR  
3:00pm Ladies Billiards BR  
4:00pm BYOB Tavern Time TAV

16 10:00am Board Games TAV  
11:30am Men's League: Billiards Club BR  
1:00pm Open Bar Cocktails TAV  
1:00pm Hearts TAV  
1:30pm Ladies Billiard's BR  
1:30pm Movie Matinee MOV  
6:00pm Worship & Music with Street Level Chapel GR  
6:00pm Hand & Foot Card Game MR

17 9:30am Bocce Ball BC  
10:00am Buddy Swim P  
11:00am Corn Hole FS  
1:00pm Mexican Train TAV  
1:00pm Ken Burns Documentary MOV

18 11:00am Knitting/Crocheting Group LIB  
11:30am Men's League: Billiards Club BR  
1:00pm Resident Meeting with Christy GR  
1:30pm Bible Devotional Group LIB  
2:00pm Rummikub TAV  
3:00pm Happy Hour GR  
3:15pm Music by Barbara & Rafael Picon GR  
4:30pm Mah Jongg TAV

19 9:30am Pickleball PC  
10:00am Intercom How-To LOB  
11:00am Shuffleboard TAV  
10:30am Fire Drill Review Meeting GR  
1:00pm Fire Drill  
1:30pm Bingo GR  
2:45pm Saratoga Springs Public Library Outreach LIB  
3:30pm Pinochle MR  
4:15pm SSC Sliced Roast Beef TAV  
5:00/5:15pm Poker Night GR

20 9:30am Bocce Ball BC  
9:40am Mah Jongg Afternoon at Glenwyck  
1:30pm Movie Matinee MOV  
2:00pm Mexican Train TAV  
4:00pm BYOB Wine Wednesday TAV  
6:00pm Hand & Foot Card Game MR

21 10:00am Fire Place & Grill How-To BP  
11:30am Men's League: Billiards Club BR  
1:00pm Shopping Shuttle  
1:00pm LCR Game TAV  
2:00pm Sherbet Coolers GR  
4:15pm SSC Lasagna TAV  
5:00pm Cribbage TAV

22 5:00/5:15pm Poker Night GR  
10:00am Scrabble TAV  
12:00pm Easy Peasy RWB Ice Box Cake TAV  
1:00pm Patriotic Sing-A-Long with Mary Anne GR  
2:00pm Shuffleboard TAV  
3:00pm Ladies Billiards BR  
4:00pm BYOB Tavern Time TAV  
5:00/5:15pm Poker Night GR

23 10:00am Board Games TAV  
11:30am Men's League: Billiards Club BR  
1:00pm RWB Icebox cake GR  
1:00pm Hearts TAV  
1:30pm Ladies Billiard's BR  
1:30pm Movie Matinee MOV  
6:00pm Worship & Music with Street Level Chapel GR  
6:00pm Hand & Foot Card Game MR

24 9:30am Bocce Ball BC  
10:00am Buddy Swim P  
11:00am Corn Hole FS  
1:00pm Mexican Train TAV  
1:00pm Ken Burns Documentary MOV

25 9:00am Resident Potluck Breakfast  
11:00am Knitting/Crocheting Group LIB  
11:30am Men's League: Billiards Club BR  
1:30pm Bible Devotional Group LIB  
2:00pm Rummikub TAV  
3:00pm BYOHappy Hour GR  
4:30pm Mah Jong TAV  
**MEMORIAL DAY OFFICE CLOSED**

26 9:30am Pickleball PC  
10:00am Intercom How-To LOB  
11:00am Shuffleboard TAV  
1:00am Tech Hour with Don  
1:30pm Bingo GR  
3:30pm Pinochle MR  
4:15pm SSC Pierogies with Kielbasa TAV  
5:00/5:15pm Poker Night GR

27 9:30am Bocce Ball BC  
11:45am Lunch at Bentley's Tavern  
1:30pm Movie Matinee MOV  
2:00pm Mexican Train TAV  
3:00pm Monthly Birthday Party GR  
4:00pm BYOB Wine Wednesday TAV  
6:00pm Hand & Foot Card Game MR

28 11:30am Men's League: Billiards Club BR  
1:00pm Shopping Shuttle  
1:30pm 10 Great What-If's in American History MOV  
2:30pm Trivia GR  
4:15pm SSC Turkey Dinner TAV  
5:00pm Cribbage TAV

29 10:00am Scrabble TAV  
2:30pm Music by the Retrobilleze GR  
2:00pm Shuffleboard TAV  
3:00pm Ladies Billiards BR  
4:00pm BYOB Tavern Time TAV  
5:00/5:15pm Poker Night GR

30 10:00am Board Games TAV  
11:30am Men's League: Billiards Club BR  
1:00pm Rootbeer float GR  
1:00pm Hearts TAV  
1:30pm Ladies Billiard's BR  
1:30pm Movie Matinee MOV  
6:00pm Worship & Music with Street Level Chapel GR  
6:00pm Hand & Foot Card Game MR

31 9:30am Bocce Ball BC  
10:00am Buddy Swim P  
11:00am Corn Hole FS  
1:00pm Mexican Train TAV

**Every Monday**  
8:00/8:30am Hydro Rider P  
9:30am Water Aerobics P  
10:00am Tai Chi III: Int. Group 1 LIB  
10:30am Strength Training FS  
10:30am Tai Chi III: Int. Group 2 LIB  
11:15am Yoga/Balance FS

**Every Tuesday**  
8:00/8:30am Hydro Rider P  
9:30 Aqua Fit P  
10:30am Yoga/Balance FS  
11:30am Trifecta FS

**Every Wednesday**  
8:30am Water Aerobics P  
9:30am Stretch & Flex FS  
10:30am Sit 2B Fit FS  
1:00pm Buddy Swim P

**Every Thursday**  
8:00am/8:30am Hydro Rider P  
9:30am Aqua Fit P  
10:30am Yoga/Balance FS  
11:30am Cardio Flow FS

**Every Friday**  
10:00am Tai Chi III: Int. Group 1 FS  
10:30am Tai Chi III: Int Group 2 FS  
1:00pm Buddy Swim P



# Community Activities

## HORSE RACING

PRESENTED BY BILL ROBESON



**Fridays at 10:00 am  
in the Movie Theater**

- May 1<sup>st</sup> Introduction to The Triple Crown
- May 15<sup>th</sup> The Preakness
- June 5<sup>th</sup> The Belmont



## Happy Hour

**Mondays at 3:00 pm**



**Fiesta Happy Hour**  
Fiesta themed appetizer  
& margaritas!



**Enjoy music by  
Barbara & Rafael  
Piconat 3:15pm**

**In the Great Room**



## TEAM TRIVIA

with DJ Mark Hersh

**Thursdays,  
May 14<sup>th</sup> & 28<sup>th</sup>  
at 2:30 pm  
in the Great Room**

Get ready to test your  
knowledge and have some fun!



Hersh  
Productions



## Easy Peasy Cooking

**Friday, May 22<sup>nd</sup>  
at 12:00 pm  
in the Tavern**

Let's get together to make  
a Red, White and Blue  
Icebox Cake!

## ENTERTAINMENT



**RAPHAEL &  
BARBARA PICON**

**MAY 18<sup>TH</sup>  
AT 3:15 PM**

## RETROBILLEZE

**MAY 29<sup>TH</sup>  
AT 2:30 PM**



THEY BLEND ROCKABILLY, DOO-WOP, AND CLASSIC COUNTRY INFLUENCES,  
CREATING A SOUND THAT EVOKES SOCK HOPS,  
TIKI BARS & DRIVE-IN MOVIES.



## Saturday Socials



**at 1:00 pm in the Great Room**



- May 2<sup>nd</sup> Creme de Cacao over Ice Cream
- May 9<sup>th</sup> Flavored Coffee Bar
- May 16<sup>th</sup> Open Bar Cocktails in the Tavern
- May 23<sup>rd</sup> Red, White and Blue Icebox Cake
- May 30<sup>th</sup> Root Beer Floats



## Patriotic Sing-A-Long

with Mary Ann

**Friday, May 22<sup>nd</sup>**

**at 1:00 pm**

**in the Great Room**

# Community Activities

## PRN Presents: Speech Therapy

**Friday, May 8<sup>th</sup> at 1:00 pm  
in the Great Room**

Speech Therapy is more than just talking!  
Come learn all the ways Speech Therapy  
can help with speech, language, swallowing,  
organization and brain health!



**Navigating The Long Term Care Continuum**

**Friday, May 15<sup>th</sup> at 2:00 pm  
in the Great Room**

**Learn about care options, costs, and levels of  
support from home care to higher levels of care.**

**This session also covers funding sources like VA  
benefits, long-term care insurance, and Medicaid,  
plus helpful community resources such as grants,  
day programs, and volunteer support.**

## Summit Senior Living

### MAH JONGG AFTERNOON

**Hosted by: Summit at Glenwyck  
Wednesday, May 20**

Meet & Greet	10:30 am
Mah Jongg	10:45 am
Spring Luncheon	12:15 pm
Mah Jongg	1:00 pm
Dessert & Prizes	2:30 pm



**Please sign up by May 8 - \$5 per person due  
at tournament.**

**Bus leaves the Summit at 9:40am.**



**PRESENTS:  
1:30 pm**

**Thursday, May 14<sup>th</sup>**

- Episode 1 - What If Lee Won at Gettysburg?
- Episode 2 - What If Lewis & Clark Vanished?
- Episode 3 - What if the Allies Lost World War II?



**Thursday, May 28<sup>th</sup>**

- Episode 4 - What If the Soviets got to the Moon First?
- Episode 5 - What if the Constitution Did Not Pass?
- Episode 6 - What if Columbus never "Discovered" America?

**In the Movie Theater**

## Technology & Change

**Presented by Ballston Town Historian  
Rick Reynolds**

**Wednesday, May 13<sup>th</sup>**

**1:30 pm**

**in the Great Room**

**Where does all this new "stuff" and these new ideas come  
from? The answer is very simple: from whatever happened  
in the past! See how the past and the present link together,  
one causing the other. Yes, the past DOES matter!**

# Concierge Services

## CONTINENTAL BREAKFAST

8:30am until 10:30am in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week. Start your morning right with a healthy breakfast while enjoying each other's company.



There are also copies of the newspaper in the Great Room for residents to read.



Gift Certificates Available

Stylist

Patricia Keefe 518-992-4904

Therapeutic Massage

Krick Wahl 518-859-9809

Nail Technician

Tina Mone 518-698-4693

## On-Site Podiatrist

Dr. Michael Masias, DPM

Tuesday, May 5th at 9:30am

To make your appointment, sign up in the Great Room. He will visit you in your apartment.



## Saratoga Springs Public Library Outreach

Tuesday, May 19th

2:45pm - 3:30pm in the Library

There will be an array of books and movies to browse through. If you would like to reserve a book for that date, please call the library at 518-584-7860 ext. 228.



**SARATOGA SPRINGS PUBLIC LIBRARY**  
YOUR SOURCE FOR INFORMATION, INSPIRATION, AND ENTERTAINMENT



**PRN**  
PT OT & SLP PLLC  
Rehabilitation Services  
an affiliate of The Weston Healthcare Group

Jessica Shiels, Patient Service Coordinator  
PRN PT, OT & SLP PLLC  
an affiliate of The Weston Healthcare Group  
**716-204-2405**  
**Vandenburg@prnphysicaltherapy.com**

## Resident Transportation

Tuesdays and Thursdays, 9am-3pm.

Please notify the office at least one week ahead of time.

Destination must be within a 12-mile radius.



## FROZEN DINNERS

By: *Chef Johnny*



Chef Johnny is now offering frozen meals, which are available in the office any day of the week during business hours.

The dinners below are \$14 each and ready to be heated.

- Chicken Parmigiana with pasta, sauce, vegetable
- Meatloaf with mashed potatoes, vegetable
- Turkey with stuffing, roasted potatoes, vegetable
- Vegetable Lasagna

## Route 50 Shopping

Please sign up for the **Thursday 1:00pm** Shopping Shuttle in the Great Room.



**BE GREEN & recycle CLEAN**  
**plastics, tin, aluminum, paper and glass.**

