

S U M M I T A T G L E N W Y C K

Monthly Newsletter

April 2026



Staff

Community Manager

Laurie Ignazio
LIgnazio@summitseniorlife.com

Resident Services Coordinator

Rebecca Detora
rdetora@summitseniorlife.com

Maintenance

Thomas Nardini
Paul Coffin

Driver

Harold Bergeron

Housekeeper

Alyssa Hughes

Weekend Concierge/ Marketing Assistant

Evelyn Kauffman
Cheryl Skowronek

Office Phone

518-280-7340

Emergency Maintenance

518-338-9562

The Summit At Glenwyck
150 Dutch Meadows Lane
Glenville, NY 12302

April at The Summit

*April arrives with sunshine bright,
Longer days and softer light.
With open doors and smiles so wide,
New friends gather side by side.
Like blossoms blooming in the sun,
New beginnings have begun.
At The Summit, hearts unite—
April makes our world feel light.*

*Please join us in welcoming our newest
friends to the Summit at Glenwyck:*

*Marie Meza from Palmyra, PA, will be in
apartment 306.
Roger & Amanda Harris from Bridgewater,
VA, will be in apartment 320.*

Happy Birthday

Join us in wishing the
following residents a very
Happy Birthday!

Lyna Bennett	4/10
Barbara Cardwell	4/15
Chris Gershon	4/18
Irene Voit	4/18
Charlotte Ibold	4/21
Libby Evans	4/29
Pat Zemanek	4/30

Help us celebrate our
monthly birthdays on
Wednesday, April 29
at 2:00pm in the Great
Room. Cake & ice
cream for all!!



Innovators & Icons
New York City Ballet
Friday • Jul 10, 2026
2:00pm • \$50 pp

Experience an exciting premiere
returning to Saratoga
Performing Arts Center.
Serenade is a romantic ballet
known for its flowing blue tutus,
and Opus 19/The Dreamer. The
performance concludes with a
brand-new work by Tiler Peck,
premiering during the New York
City Ballet 2026 Spring Gala.

Please sign up and pay in the
office by Thursday, April 2; ticket
price may vary slightly depending
on how many residents sign up.

Community Activities


Musical Entertainment

Alyssa Yeager - April 2 at 1:00pm
Enjoy golden oldies from Johnny Cash to the Beatles with crisp vocals and lively strings.

Allen & Azzaam - April 20 at 3:00pm
A dynamic two-piece duo bringing you well-known songs from the 1930s through today's favorites

Thursday Musical Club - April 22 at 11:00am
A local women's chorus that is dedicated to promoting musical opportunities and supporting local talent.

Jill Smith Presents Broadway Shows of Cole Porter - April 27 at 2:00pm
Through music and stories, learn how he created some of the most iconic musicals on Broadway.



Resident Informational Meetings

Program Meeting with Rebecca
Wednesday, April 1 at 11:00am 

Resident Meeting with Laurie & Staff
Monday, April 13 at 11:00am 

Theater How-to
Friday, April 17 at 11:00am

It's time for...BOCCE BALL

See you in the courtyard at our 1st practice on April 4. Appropriate sneakers required, all levels welcome!

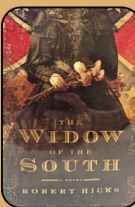


Saturdays • 10:30 AM
Rain Date: Tuesdays

Summit Book Club & Lit Club

Tuesday, April 7 @ 1:30pm
In the Library

This month we are reading and discussing *The Widow of the South* by Robert Hicks. All are welcome!



Lit Club meets Mondays, Wednesdays, and Fridays at 1:00pm and the book is read aloud to the group. Pick one... or enjoy both. Happy Reading!

Happy Hour

Unwind and relax with fellow residents every Friday at 4:00pm in the Great Room.

April 3 @ 4pm: BYOB Happy Hour
Snacks & soda will be provided.

April 10 @ 4pm: Bring an Appetizer Happy Hour
Beer, wine & soda will be provided.

April 17 @ 4pm: Spring Fling Happy Hour
Lemonade spritzers, wine and light snacks will be provided.

April 24 @ 4pm: Pizza Party \$5
Beer, wine & soda will be provided.



National Volunteer Appreciation Month

Everyone is invited to an Ice Cream Social as we celebrate the many ways residents contribute to making our community special.

Tuesday, April 21 - 2:30pm
Great Room



TEAM TRIVIA

with DJ Mark Hersh

Tuesday, April 28 at 2:00pm

Join us in the Great Room, where the competition is friendly and the trivia is fun!!

Come and join the teamwork!!

Summit Senior Living

MAH JONGG AFTERNOON

Coming May 20
More details to follow!

Please sign up on the conversation table by April 10.

We are hoping for 4-8 players from each community.



S M T W TH F S

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

*Happy Passover!
Happy Easter!*
*May this be a time of
new growth and
plentiful blessings!*



**Wednesday,
April 1
6:00pm**



**Wednesday,
April 8
6:00pm**



5
8:30am Hot Cross Buns at Breakfast GR
2:00pm Dominoes TAV
2:00pm Quarter Bingo GR
4:00pm Poker TAV
6:00pm Mahjong TAV
Easter

6
11:30am Maria's Chicken
Saled Croissant \$12
**1:00pm John Dennehey presents
Wicked Blooms & Protective Petals GR**
1:00pm Lit Club LIB
2:00pm Pinochle TAV
2:30pm Catholic Rosary Circle LIB
3:00pm Cribbage TAV
6:15pm Line Dancing with Linda FS

7
1:00pm Canasta TAV
1:30pm Book Club: *The Widow of the
South* by Robert Hicks LIB
2:30pm Garden Club Meeting GR
4:00pm Dice Game: LCR GR
5:30pm Ten Cent Poker TAV
6:30pm Indoor Walking Group LO

1 11:00am That's All Card Game TAV
11:00am Program Meeting w/ Rebecca GR
1:00pm Lit Club LIB
4:00pm Rummikub TAV
**6:00pm Movie Night: A Fish Called
Wanda MOV**
Meal Form Due by Noon
April Fool's Day
Passover begins at Sundown

2
11:00am Mahjong TAV
1:00pm Alyssa Yeager Entertains GR
2:00pm Pinochle TAV
3:00pm Knitting & Crocheting Group GR
4:00pm Dice Game: LCR GR
6:30pm Scrabble
6:30pm Walking Group LO
NYS Ballet Sign Ups Due

3
9:00am Grocery Shopping
1:00pm Lit Club LIB
1:30pm Quarter Bingo GR
4:00pm BYOB Happy Hour GR
4:00pm Friday Night Fish Fry \$22 LO
Good Friday

4
10:30am Bocce Ball CY
1:30pm Glenwyck Cinema & Popcorn:
Sherlock Holmes
2:00pm Quarter Bingo GR
6:00pm Game Night TAV
6:00pm Fireside Chat GR

12
2:00pm Dominoes TAV
2:00pm Quarter Bingo GR
4:00pm Poker TAV
6:00pm Mahjong TAV

13
11:00am Resident Meeting with
Laurie & Staff GR
11:30am Maria's Turkey Bacon Panini \$12
1:00pm Lit Club LIB
2:00pm Pinochle TAV
2:30pm Catholic Rosary Circle LIB
3:00pm Cribbage TAV
6:15pm Line Dancing with Linda FS

14
1:00pm Canasta TAV
**2:00pm Free Spring Facials
with Mary Kay GR**
4:00pm Dice Game: LCR GR
5:30pm Ten Cent Poker TAV
6:30pm Indoor Walking Group LO

15 11:00am That's All Card Game TAV
1:00pm Lit Club LIB
**2:00pm Medicare Updates &
Questions w/ Chris Szady GR**
4:00pm Maria's Roast Beef \$15
4:00pm Rummikub TAV
**6:00pm Movie Night:
Carmen MOV**
Happy Birthday Barbara Cardwell

16 11:00am Mahjong TAV
**11:30am The Grille by Jacob &
Anthony Lunch Outing**
1:00pm Library Committee LIB
2:00pm Pinochle TAV
**2:00pm Elyse Harmon presents
Senior Scams GR**
3:00pm Knitting & Crocheting Group GR
3:30pm Subway Delivery \$6 GR
4:00pm Dice Game: LCR GR
6:30pm Scrabble
6:30pm Walking Group LO

17
9:00am Grocery Shopping
11:00am Theater How-to MOV
1:00pm Lit Club LIB
1:30pm Quarter Bingo GR
4:00pm Spring Fling Happy Hour GR

18 10:30am Bocce Ball CY
1:30pm Glenwyck Cinema & Popcorn:
I Now Pronounce You Chuck and Larry
2:00pm Quarter Bingo GR
6:00pm Game Night TAV
6:00pm Fireside Chat GR
Happy Birthday Chris Gershon
Happy Birthday Irene Voit

19
2:00pm Dominoes TAV
2:00pm Quarter Bingo GR
4:00pm Poker TAV
6:00pm Mahjong TAV

20 **11:30am PRN presents
Benefits of Occupational Therapy GR**
11:30am Maria's Pulled Pork Sandwich \$12
1:00pm Lit Club LIB
2:00pm Pinochle TAV
2:30pm Catholic Rosary Circle LIB
3:00pm Allen & Azzaam Entertain GR
3:00pm Cribbage TAV
6:15pm Line Dancing with Linda FS

21 **11:15am Organ Concert @ Proctor's**
1:00pm Canasta TAV
1:00pm Summit Service Club Meeting GR
**2:30pm National Volunteer
Appreciation Ice Cream Social GR**
4:00pm Dice Game: LCR GR
5:30pm Ten Cent Poker TAV
6:30pm Indoor Walking Group LO
Happy Birthday Charlotte Ibold

22 11:00am Thursday Musical
Club Entertains GR
11:00am That's All Card Game TAV
1:00pm Lit Club LIB
4:00pm Maria's Chicken Parmesan \$15
4:00pm Rummikub TAV
**6:00pm R&R Concert Night:
Rod Stewart MOV**

23 11:00am Mahjong TAV
2:00pm Pinochle TAV
3:00pm Knitting & Crocheting Group GR
4:00pm Chef Mickey's Salmon Dinner \$16
4:30pm Dice Game: LCR GR
6:30pm Scrabble
6:30pm Walking Group LO

24
9:00am Grocery Shopping
1:00pm Lit Club LIB
1:30pm Quarter Bingo GR
4:00pm Happy Hour: Pizza Party \$5 GR

25 10:30am Bocce Ball CY
1:30pm Glenwyck Cinema & Popcorn:
Antwone Fisher
2:00pm Quarter Bingo GR
6:00pm Game Night TAV
6:00pm Fireside Chat GR

26
2:00pm Dominoes TAV
2:00pm Quarter Bingo GR
4:00pm Poker TAV
6:00pm Mahjong TAV

27 11:30am Maria's Tuna Melt \$12 LO
1:00pm Lit Club LIB
2:00pm Pinochle TAV
**2:00pm Jill Smith presents Broadway
Shows of Cole Porter GR**
2:30pm Catholic Rosary Circle LIB
3:00pm Cribbage TAV
6:15pm Line Dancing with Linda FS

28 **9:30am Shopping at Boscov's**
1:00pm Canasta TAV
2:00pm Team Trivia with Mark Hersh
4:00pm Chef Mickey's Ham Dinner \$16
4:30pm Dice Game: LCR GR
5:30pm Ten Cent Poker TAV
6:30pm Indoor Walking Group LO

29 8:30am Make Your Own Waffle GR
11:00am That's All Card Game TAV
1:00pm Lit Club LIB
2:00pm Monthly Birthday Party GR
4:00pm Maria's Meatloaf \$15
4:00pm Rummikub TAV
6:00pm Movie Night Residents Choice
Happy Birthday Libby Evans

30 **10:15am New York State
Capitol Tour**
11:00am Mahjong TAV
2:00pm Pinochle TAV
3:00pm Knitting & Crocheting Group GR
4:00pm Dice Game: LCR GR
6:30pm Scrabble
6:30pm Walking Group LO
Happy Birthday Pat Zemanek

**Wednesday,
April 15
6:00pm**



Tempestuous gypsy lures infatuated
gendarme to doom!!
Sung in French, with English subtitles

**Wednesday,
April 22
6:00pm**




CONNECTED life

FITNESS

Every Monday
8:30 Water Aerobic (P)
9:30 Buddy Swim (P)

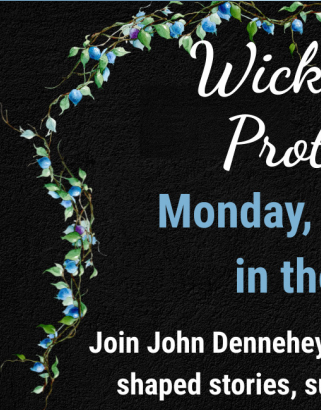
Every Tuesday
8:45 Sit 2B Fit (FS)
9:30 Buddy Swim (P)
9:45 Balance Class (FS)

Every Wednesday
8:30 Water Aerobics (P)
9:30 Hydroriders (P)
10:00 Buddy Swin (P)
1:00 Chair Dance Exercise Class (FS)

Every Thursday
8:45 Sit 2B Fit (FS)
9:30 Buddy Swim (P)

Every Friday
8:30 Water Aerobics (P)
9:30 Sit 2B Fit (FS)
10:00 Buddy Swim (P)


Location Key
CY-Courtyard
FS-Fitness Studio
GR-Great Room
LIB-Library
LO-Lobby
MOV-Movie Theatre
P-Pool
TAV-Tavern




Wicked Blooms & Protective Petals
Monday, April 6 at 1:00 pm
in the Great Room

Join John Dennehey as he shares how flowers have shaped stories, superstitions, and protections.

Rick Reynolds presents
Change & Technology
Friday, April 10 at 12:00pm
Great Room




Join Rick Reynolds, who has been instrumental in preserving and celebrating local history, for an engaging look at how technology has shaped our lives. While change can sometimes feel uncertain, it has always been part of our story. Explore how technology and everyday life have evolved over the years.



Medicare Updates & Questions
Wednesday, April 15 at 2:00pm

Chris Szady will be here to discuss what's new with Medicare and answer any questions you may have about coverage, benefits, and options.

Monday, April 20 at 11:30am

Come learn the benefits of Occupational Therapy! Learn how Occupational Therapy is essential to helping adults age in place during this interactive presentation. Join us in the Great Room, refreshments will be served!



Thursday, April 9

Join us for a fun lunch outing at Druthers Brewing Company, known for its delicious comfort food, house-brewed craft beers, and lively atmosphere!


The bus will leave the Summit at 11:30am.



Thursday, April 16

Enjoy a delicious lunch outing at The Grille by Jacob & Anthony's, where a fresh new menu and inviting atmosphere make it the perfect place to relax and dine with friends.

The bus will leave the Summit at 11:30am.



Thursday, April 21

Join the Hudson-Mohawk American Theatre Organ Society as Helen Maksymicz and Martha Regelman perform inspiring organ solos and piano duos celebrating the joys of spring!


The bus will leave the Summit at 11:15am.



Tuesday, April 28

Join us for our monthly shopping trip to Boscov's in Clifton Park—sign up today to save your spot!

The bus will leave the Summit at 9:30am and return at 12:00pm to pick-up.



New York State Capitol Tour
Thursday, April 30

A National Historic Landmark, the New York State Capitol has served as the seat of government for New York since the 1880's. Join us for a trip to Albany's State Street for a free 60-minute guided tour where every corner tells a story. The tour begins at 11:00am.


The bus will leave the Summit at 10:15am.
 10 residents minimum, 14 maximum

Bon Appetit — Please submit this month's food orders with the meal form and cash to the office by Wednesday, April 1.


Friday Night Fish Fry - \$22
April 3 - Maria's Cafe and Catering
 Enjoy a delicious Fish Fry with French fries, tartar sauce, and coleslaw.
 Please sign up in the office using your meal form.
 Delivered to the lobby at 4:00pm.




Ziti Dinner - Friday, April 10 **\$12**
 Served with meatballs, salad, bread, and ice cream.
 Prepared by the Glenville Rotary Club as part of their 36th Annual Ziti Dinner fundraiser.
 Proceeds benefit the Northeast Regional Food Bank, the Scotia-Glenville Food Pantry, and other Rotary service projects. Delivered to the lobby at 5:15pm.



\$6 Cash Only **SUBWAY**
Thursday, April 16 at 3:30pm
 Enjoy a better-for-you sub sandwich from Subway! Please sign up in the office with your meal form no later than the Friday before.



Dine in with Chef Mickey-\$16 
Thursday, April 23 @ 4:00pm
 Baked salmon topped with whole grain mustard sauce, brown rice, vegetable, salad, roll
Tuesday, April 28 @ 4:00pm
 Sliced ham topped with raisin sauce, baked sweet potato, vegetables, salad and roll

Please sign up for chef dinners in the office and let us know if you will be dining in or taking your meal to-go. To-go containers will be labeled with your apartment number and placed on a tavern table.
 15 Resident Minimum

PIZZA PARTY 2 slices of Cheese or Sausage Pizza
\$5 CASH ONLY
Friday, April 30 4:00pm



Please sign up in the office with your meal form.

Maria's **LUNCH Bunch**
April 6, 13, 20, 27
 Sign-ups for Maria's Lunch & Suppers are due with the meal form.

Monday's 11:30am

April 6 - Chicken Salad on Croissant
 macaroni salad, chocolate chip cookie
April 13 - Turkey Bacon Panini
 pasta salad, peanut butter cookie
April 20 - Pulled Pork Sandwich
 cole slaw, oatmeal raisin cookie
April 27 - Tuna Melt
 macaroni salad, brownie

\$12

SupperClub
 FOOD & FRIENDS

Wednesday's Supper Club with Maria's Cafe-\$15

Delivered to the Lobby Wednesdays at 4:00pm. 

April 8
Beef Stroganoff served over egg noodles, carrots, tossed salad, corn bread, dessert

April 15
Sliced Roast Beef served with mashed potatoes, gravy, salad, dessert

April 22
Chicken Parmesan served with angel hair pasta, garden salad, garlic bread, dessert

April 29
Meatloaf served with mashed potatoes, tossed salad, roll, dessert

Concierge Services

We're here, just for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.



Complimentary beauty consultation
(appointment needed)

♥ Gift Certificates Available ♥

Stylist

Vicki Grygas 518-369-1481

Available Mondays, Tuesdays, and Wednesdays

Nail Technician & Waxing Specialist

Tina Mone 518-698-4693

Available Thursdays

PRICE CHOPPER



pharmacy

DELIVERY IS AVAILABLE

Monday – Friday. Call Jessica at 399-6474.

FROZEN DINNERS

By: *Chef Johnny*



Chef Johnny is now offering frozen meals, which are available in the office any day of the week during business hours. The dinners below are \$14 each and ready to be heated.

- Chicken Parmigiana with pasta, sauce, vegetable
- Meatloaf with mashed potatoes, vegetable
- Turkey with stuffing, roasted potatoes, vegetable
- Hawaiian Chicken with fried rice, green beans

CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



There are complimentary copies of the newspaper located in the Great Room to read.

On-Site Podiatrist

Dr. Michael Masias, DPM

Wednesday, April 8 at 10:00am

To make your appointment, sign up in the office. He will visit you in your apartment.

Friday Grocery Shopping

Fridays at 9:00 am

Sign up in the Great Room



Medical Appointments

Tuesday, Wednesday & Thursday, between 9:00 am and 1:00 pm, unless events or urgent maintenance needs conflict.

Please notify the office at least one week ahead of time. It must be within a 10-mile radius.



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Yang Chang

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