

SUMMIT AT HALFMOON

Monthly Newsletter

March 2026





HAPPY ST. PATRICK'S DAY

TUESDAY, MARCH 17TH EVENTS

12:00 PM Come press your luck with St. Patrick's Day Trivia with Mark Hersh in the Great Room.

2:30 PM Movie: The O'Briens in the Theater

4:00 PM **DINNER & MUSIC:**

– Dinner by LMC Event Planning, use Supper Club Sheet.

Menu: Corned Beef, Potatoes, Carrots, Cabbage & Soda Bread.

– Irish Music by Brett Scott

4:30 PM Crème de Menthe Parfait (Sign up in advance)

WEAR
GREEN TODAY!



Staff

Community Manager

Laura Leathem
LLeathem@summitseniorlife.com

Resident Services Coordinator

Andrea O'Malley
Aomalley@summitseniorlife.com

Maintenance

Alex Tinney
Mark Lobdell

Concierge/ Marketing Assistant

Joanne Krazit
Brenda Carey

Housekeeping

Anne Bentley

Office Phone

518-807-6800

The Summit at Halfmoon
29 Sitterly Road
Halfmoon, NY 12065
518-807-6800

Emergency
Maintenance Number
518-380-3860



March Birthdays

3/7	James Glatthorn
3/8	Margaret Ludlum
3/12	Thomas Welsh
3/12	Rosemary Corsi
3/12	Shirley Williamson
3/19	Debbie Cribley
3/24	Jeanne Bigelow
3/30	Arlene Leff

Help us celebrate our monthly birthdays on
Tuesday, March 31st
at 2:00 pm
In the Great Room cake & ice cream for all!



Cookie Sale

girl scouts
Come support Troop #3918

SUNDAY, MARCH 1ST
8:00 AM

IN THE LOBBY
OUTSIDE OF
THE GREAT
ROOM

Welcome to Summit at Halfmoon!!!

Supper Club FOOD & FRIENDS

Eat-in or Pick-up available in the Great Room

Deliver Supper Club Order Form to the Office with exact cash.

Due: 9 AM Friday, February 27th

Monday, March 2nd - Chef Mickey (\$16)

Manicotti, Meatballs, Sauce, Salad, Roll & Dessert

Wednesday, March 4th - Chef Mickey (\$16)

Chicken and Broccoli over Pasta with Alfredo Sauce, Salad, Roll & Dessert

Monday, March 9th - Andolina's (\$20)

Baked Ziti, Sausage & Meatballs, Spinach Salad & Dessert

Wednesday, March 11th - Chef Mickey (\$16)

Italian Platter: Stuffed Shells, Stuffed Eggplant, Meatballs, Sauce, Salad, Roll & Dessert

Monday, March 16th - Chef Mickey (\$16)

Chicken Parm over Pasta, Salad, Roll & Dessert

Wednesday, March 18th - Chef Mickey (\$16)

Chicken Oscar- Chicken Breast, Mashed Potatoes, Salad, Roll & Dessert

Monday, March 23rd - Andolina's (\$20)

Chicken Marsala, Garlic Smashed Potatoes, Green Beans & Dessert

Wednesday, March 25th - Chef Mickey (\$16)

Meatloaf, Gravy, Mashed Potatoes, Vegetables, Salad, Roll & Dessert

Monday, March 30th - Chef Mickey (\$16)

Fried Chicken, Sausage, Gravy, Mashed Potatoes, Vegetables, Salad, Roll & Dessert

Lunch Outing:

Sign up in the Lounge

The Flats
Restaurant & Tavern

Thursday,
March 5th
12:00 pm



Build Your
Own Omelet
Breakfast

\$10 With Chef Johnny

Thursday, March 12th
8:30 am, 9:00 am & 9:30 am

In the Great room

Breakfast includes oven roasted home fries with omelet to order, choice of meat, cheese, and veggies. Dine in or carry out offered.

Please use order form attached to the supper club form



ORDER LUNCH WITH:

~ IN THE GREAT ROOM ~

THURSDAY
MARCH 19TH
1:00 PM



PRICES VARY WITH WHAT YOU ORDER

PLEASE USE THE SUPPER CLUB FORM

LW

LIN'S WOK CHINESE FOOD
~ IN THE GREAT ROOM ~

\$4

TUESDAY,
MARCH 24TH
4:00 PM



~ IN THE GREAT ROOM ~

PLEASE USE THE SUPPER CLUB FORM

PIZZA PARTY!

FRIDAY,
MARCH 27TH
4:00 PM

\$5



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TH

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S

Sunday

Monday

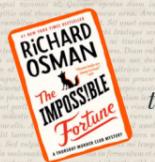
Tuesday

Wednesday

Thursday

Friday

Saturday

<p>1 8:00 am Girl Scout Cookie Sale (LOBBY) 11:00 am Catholic Church Service (CP) 2:00 pm Phantom of the Opera (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR) 7:00 pm Phantom of the Opera (MOV)</p>	<p>2 1:00 pm - 3:00 pm Wii Bowling (GR) 4:00 pm Supper Club w/ Chef Mickey Manicotti w/Meatballs (\$16) (GR) 6:00 pm Hand & Foot (GR) 7:00 pm Canasta (LIB) 7:00 pm Night at the Museum (MOV)</p>	<p>3 10:00 am AGS: Virtual - How to write an Effective Obituary (FDR) 12:00 pm AARP: Virtual Paint Class (FDR) 2:00 pm Alto Angels & Friends (GR) 2:30 pm Celine (MOV) 3:00 pm Pinochle (LNG) 6:00 pm Mexican Train (GR) Medical Transports</p>	<p>4 8:30 am Waffle Wednesday (GR) 11:30 am The Wise Guys (FDR) 1:00 pm AARP: Virtual 80 Years of Women's Fashion (FDR) 2:00 pm Quarter Bingo (GR) 2:30 pm Bridge (LNG) 4:00 pm Supper Club w/Chef Mickey Chicken & Broccoli (\$16) (GR) 6:00 pm Bunco (GR) 7:00 pm Voted Movie (MOV)</p>	<p>5 11:30 am Movie Committee Meeting (GR) 12:00 pm Lunch Outing: The Flats 2:00 pm Karaoke/Sing-Along (LNG) 2:30 pm Father Stu (MOV) 3:00 pm Shuffleboard (LNG) 4:00 pm Lenten Service (CP) 6:00 pm Revenge (LNG) Medical Transports</p>	<p>6 9:00 am Grocery Shopping 1:00 pm Tai - Chi Intro Class (FS) 2:00 pm Quarter Bingo (GR) 4:00 pm Happy Hour: Eric Peters (GR) 7:00 pm Spiderman: Homecoming (MOV)</p>	<p>7 10:30 am Cornhole (FS) 1:00 pm Scrabble (LNG) 2:00 pm Fahrenheit 9/11 (MOV) 3:00 pm Billiards (BIL) 4:00 pm Mah Jong (LNG) 6:00 pm Rummikub (GR) HAPPY BIRTHDAY JAMES GLATTHORN</p>	
<p>8 11:00 am Catholic Church Service (CP) 2:00 pm 50 First Dates (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR) 7:00 pm 50 First Dates (MOV) HAPPY BIRTHDAY MARGARET LUDLUM</p>	<p>9 9:00 am Dr. Masias Podiatrist 11:00 am - 2:00 pm Swap Meet (GR) 1:00 pm - 3:00 pm Wii Bowling (GR) 4:00 pm Supper Club w/Andolina's Baked Ziti (\$20) (GR) 6:00 pm Hand & Foot (GR) 7:00 pm Canasta (LIB) 7:00 pm Night at the Museum: Battle of the Smithsonian (MOV)</p>	<p>10 11:15 am Troy Music Hall: Music at Noon Series: Oxalis Trio 2:30 pm Mama Mia (MOV) 3:00 pm Pinochle (LNG) 4:00 pm Eddie F's (\$15) (GR) 6:00 pm Mexican Train (GR) Medical Transports</p>	<p>11 8:30 am Waffle Wednesday (GR) 11:30 am The Great Courses: (MOV) 12:00 pm Pianist: Brandon LaVenture (GR) 2:00 pm Quarter Bingo (GR) 2:30 pm Bridge (LNG) 4:00 pm Supper Club w/Chef Mickey Italian Platter (\$16) (GR) 6:00 pm Thwart (GR) 7:00 pm Voted Movie (MOV)</p>	<p>12 8:30 am Breakfast w/Chef Johnny Omelets (\$10) (GR) 12:30 pm Men's Lunch (\$) (FDR) 11:30 am PRN: Stay Steady, Stay Safe (GR) 2:00 pm Karaoke/Sing-Along (LNG) 2:30 pm Meet Joe Black (MOV) 3:00 pm Shuffleboard (LNG) 4:00 pm Lenten Service (CP) 6:00 pm Revenge (LNG) Medical Transports HAPPY BIRTHDAY THOMAS WELSH, ROSEMARY CORSI & SHIRLEY WILLIAMSON</p>	<p>13 9:00 am Grocery Shopping 12:00 pm Titanic Immersive (\$25) 2:00 pm Quarter Bingo (GR) 4:00 pm Happy Hour: Russ Kennedy BYOB (GR) 7:00 pm Black Panther (MOV)</p>	<p>14 10:30 am Cornhole (FS) 1:00 pm Scrabble (LNG) 2:00 pm Titanic (MOV) 3:00 pm Billiards (BIL) 4:00 pm Mah Jong (LNG) 6:00 pm Rummikub (GR) 7:00 pm Card Bingo (LNG)</p>	
<p>15 11:00 am Catholic Church Service (CP) 2:00 pm March of the Wooden Soldiers (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR) 7:00 pm March of the Wooden Soldiers (MOV)</p>	<p>16 12:00 pm Susan Meyer Presents: Finding Peace in Uncertain Times (GR) 1:00 pm - 3:00 pm Wii Bowling (GR) 4:00 pm Supper Club w/ Chef Mickey Chicken Parm (\$16) (GR) 6:00 pm Hand & Foot (GR) 7:00 pm Canasta (LIB) 7:00 pm Night at the Museum: Secret of the Tomb (MOV)</p>	<p>17 <i>St. Patrick's Day</i> 12:00 pm Mark Hersh Trivia (GR) 2:30 pm The O'Briens (MOV) 3:00 pm Pinochle (LNG) 4:00 pm Brett Scott - Irish Music (GR) 4:00 pm Supper Club w/LMC Event Planning Corned Beef Dinner (\$20) (GR) 4:30 pm Crème de Menthe Parfait (GR) 6:00 pm Mexican Train (GR) Medical Transports</p>	<p>18 8:30 am Waffle Wednesday (GR) 11:00 am Saratoga Casino 11:30 am The Wise Guys (FDR) 2:00 pm Quarter Bingo (GR) 2:30 pm Bridge (LNG) 4:00 pm Supper Club w/Chef Mickey Chicken Oscar (\$16) (GR) 6:00 pm Bunco (GR) 7:00 pm Voted Movie (MOV)</p>	<p>19 12:00 pm AARP Presents: Fraud Watch Basics (GR) 12:15 pm Proctors: Sound of Music 1:00 pm Panera Lunch (GR) (\$) 2:00 pm Karaoke/Sing-Along (LNG) 2:30 pm Darby O'Gil and the Little People (MOV) 3:00 pm Shuffleboard (LNG) 4:00 pm Lenten Service (CP) 6:00 pm Revenge (LNG) Medical Transports HAPPY BIRTHDAY DEB CRIBLEY</p>	<p>20 9:00 am Grocery Shopping 11:00 am Service Club Meeting (GR) 2:00 pm Quarter Bingo (GR) 4:00 pm Happy Hour: The Retrobilleze Duo (GR) 7:00 pm Doctor Strange (MOV)</p>	<p>21 10:30 am Cornhole (FS) 1:00 pm Scrabble (LNG) 2:00 pm Mona Lisa Smiles (MOV) 3:00 pm Billiards (BIL) 4:00 pm Mah Jong (LNG) 6:00 pm Rummikub (GR)</p>	
<p>22 11:00 am Catholic Church Service (CP) 2:00 pm Mrs. Doubtfire (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR) 7:00 pm Mrs. Doubtfire (MOV)</p>	<p>23 11:30 am Watercolors with Sue (FDR) 1:00 pm - 3:00 pm Wii Bowling (GR) 4:00 pm Supper Club w/Andolina's Chicken Marsala (\$20) (GR) 6:00 pm Hand & Foot (GR) 7:00 pm Canasta (LIB) 7:00 pm Night at the Museum: Kahmunrah Rises (MOV)</p>	<p>24 12:00 pm Lydia Joy Presents: Emergency Preparedness (GR) 2:30 pm How to Train your Dragon (MOV) 3:00 pm Pinochle (LNG) 4:00 pm Lin's Wok Chinese Food (\$14) (GR) 6:00 pm Mexican Train (GR) Medical Transports HAPPY BIRTHDAY JEANNE BIGELOW</p>	<p>25 8:30 am Waffle Wednesday (GR) 10:00 am AGS: Virtual - How to talk to your provider about your advanced directives (FDR) 11:30 am The Great Courses: (MOV) 2:00 pm Quarter Bingo (GR) 2:30 pm Bridge (LNG) 4:00 pm Supper Club w/Chef Mickey Meatloaf (\$16) (GR) 6:00 pm Thwart (GR) 7:00 pm Voted Movie (MOV)</p>	<p>26 12:00 pm Anne Clothier: Women of the Saratoga Campaign (GR) 1:00 pm Craft with Andrea (GR) 2:00 pm Karaoke/Sing-Along (LNG) 2:30 pm The Good, The Bad & The Ugly (MOV) 3:00 pm Shuffleboard (LNG) 4:00 pm Lenten Service (CP) 6:00 pm Revenge (LNG) Medical Transports</p>	<p>27 9:00 am Grocery Shopping 12:00 pm Capital Region Flower & Garden Expo (\$20) 2:00 pm Quarter Bingo (GR) 4:00 PM Pizza Party (\$5) 4:00 pm Happy Hour: Trivia with Eleanor BYOB (GR) 7:00 pm Thor: Ragnarok (MOV)</p>	<p>28 10:30 am Cornhole (FS) 1:00 pm Scrabble (LNG) 2:00 pm LBJ (MOV) 3:00 pm Billiards (BIL) 4:00 pm Mah Jong (LNG) 6:00 pm Rummikub (GR)\ 7:00 pm Card Bingo (LNG)</p>	
<p>29 11:00 am Catholic Church Service (CP) 2:00 pm Little Women (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR) 7:00 pm Little Women (MOV)</p>	<p>30 11:30 am Resident Meeting with Laura & Staff (GR) 1:00 pm - 3:00 pm Wii Bowling (GR) 4:00 pm Supper Club w/ Chef Mickey Fried Chicken (\$16) (GR) 6:00 pm Hand & Foot (GR) 7:00 pm Canasta (LIB) 7:00 pm The Help (MOV) HAPPY BIRTHDAY ARLENE LEFF</p>	<p>31 12:00 pm Resident Program Meeting with Andrea (GR) 2:00 pm Birthday Party (GR) 2:30 pm The Wrecking Crew (MOV) 3:00 pm Pinochle (LNG) 6:00 pm Mexican Train (GR) Medical Transports</p>	<p><i>March Book Club</i> Come sign it out in the office and read the description in the Activities Binder. </p>			<p>COLOR CODE BLUE: MOVIES GREEN: ENTERTAINMENT ORANGE: FOOD OPTIONS PINK: MEETINGS RED: OUTINGS</p>	<p>GR - Great Room LNG - Lounge FDR - Family Dining Room MOV - Movie Theater FS - Fitness Studio CP - Chapel BIL - Billiards Room PS - Practitioner's Suite PBC - Pickleball Courts CY - Courtyard LIB - Library</p> 

CONNECTED life



FITNESS

Every Monday

10:00 am Balance Class (FS)
11:00 am Stretch & Flex (FS)
3:00 pm Chair Dancing (LNG)

Every Tuesday

1:00 pm Sit to be Fit (FS)
2:00 pm Water Aerobics (Pool)

Every Wednesday

9:30 am Strength & Balance (FS)
10:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required
11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required

Every Thursday

10:00 am Sit to be Fit (FS)
11:00 am Water Aerobics (Pool)

Every Friday

10:00 am Pilates (FS)
11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required
11:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required

WEDNESDAY NIGHT MOVIE
7PM



Take a vote and have a say on what we rent on Wednesday. Minimum 5 people to rent the movie.

Community Activities

MARCH OUTINGS

LUNCH OUTING: THE FLATS

March 5th at 12:00 pm

TROY MUSIC HALL

March 10th at 11:15 am

TITANIC IMMERSIVE

March 13th at 12:00 pm

SARATOGA CASINO

March 18th at 11:00 am

CAPITAL REGION FLOWER & GARDEN EXPO

March 27th at 12:00 pm



HAPPY HOUR

FRIDAYS AT 4:00 PM

3/6 ERIC PETERS

3/13 RUSS KENNEDY

3/20 THE RETROBILLEZE DUO

3/27 TRIVIA WITH ELEANOR

IN THE GREAT ROOM



SING ALONG WITH

Alto Angels & Friends

TUESDAY,
MARCH 3RD
2:00 PM



IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE

AARP Classes

TUESDAY, MARCH 3RD AT 12:00 PM (FDR)

Virtual Paint Class

WEDNESDAY MARCH 4TH AT 1:00 PM (FDR)

Virtual: 80 Years of Women's Fashion

THURSDAY, MARCH 19TH AT 1:00 PM (GR)

Fraud Watch Basics

Room Listed Next to Program ~ Sign up in the Lounge

Intro Class to Tai Chi

Friday,
March 6th
1:00 pm



In the Fitness Studio ~ Sign up in the Lounge

Got too much stuff?

...Stuff that you don't want anymore

... Stuff you don't want to throw away

INDOOR SWAP MEET

MONDAY, MARCH 9TH

11:00 AM – 2:00 PM

In the Great Room

- RESIDENTS MAY BRING 5 UNWANTED ITEMS TO DONATE AND THEN GO "SHOPPING" FOR FREE!
- DROP OFF YOUR ITEMS AT 11:00 AM IN THE GREAT ROOM TO BE DISPLAYED
- YOU MUST TAKE YOUR ITEMS BACK HOME WITH YOU AT 2:00 PM IF THEY WERE NOT CHOSEN.



Pianist Brandon LaVenture

Wednesday, March 11th
12:00 pm

In the Great Room
Sign up in the Lounge



Welcome to Summit at Halfmoon!!!



MUSIC NOON

Troy Music Hall

Oxalis Trio



Tuesday, March 10th
11:15 am

Sign up in the Lounge

Join for virtual classes
Albany Guardian Society!



How to write an Effective Obituary
TUESDAY MARCH 3RD AT 10:00 AM

How to talk to your provider about
your Advanced Directives

WEDNESDAY, MARCH 25TH AT 10:00 AM

In the FDR ~ Sign up in the Lounge



THE GREAT COURSES[®]

PRESENTS:

11:30 am - 1:00 pm
In the Movie Theater

Wednesday, March 11th & 25th

World Heritage Sites: Exploring the World's Greatest Places

Encounter some of the most astounding treasures of our world, both man-made and natural, in this tour of UNESCO World Heritage sites.

See Activities Binder for description of courses.

IRISH STEP DANCERS



TBD - They are traveling to Ireland and need to confirm a date and time.

In the Great Room ~ Sign up in the Lounge



Susan Meyer Presents:
Finding Peace in Uncertain Times

MONDAY, MARCH 16TH
12:00 PM

In the Great Room
Sign up in the Lounge



Lydia Joy Presents:

EMERGENCY PREPAREDNESS

TUESDAY,
MARCH 24TH
12:00 PM



IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE



PRN
PT OT & SLP PLLC
Rehabilitation Services
an affiliate of The Western Healthcare Group

Stay Steady, Stay Safe

Thursday, March 12th
11:30 am

PRN PT OT SLP PLLC is providing a fun and informative event focused on practical tips, exercises and home modifications to help residents reduce fall risk and stay independent. Free balance screenings at the conclusion of the presentation. See sign up binder for times.

In the Great Room ~ Sign up in the Lounge

Anne Clothier Presents:

Women of the Saratoga Campaign

Thursday,
March 26th
12:00 pm



In the Great Room ~ Sign up in the Lounge

Concierge Services

MEAL OPTIONS

CONTINENTAL BREAKFAST

Daily 8:30—10:15 AM

LUNCH

Lunch outings available twice each month.

Please see calendar.

SUPPER CLUB

You have the option of two hot meals each week. They come ready to eat, from local Chefs/eateries.

You can pick up your pre-paid meals at 4pm in the Great Room or consider dining in with others.



Friday Grocery Shopping

Every Friday, the Halfmoon bus goes to 5 local grocery stores: Market 32, Hannaford, Trader Joe's, Aldi, and Walmart. We will leave at 9:00 am. The bus will pick you up at the main entrance and shopping lasts 1 hour. Please Sign-up in the Lounge.



TRADER JOE'S

Walmart

Medical Appointments Every Tuesday and Thursday

Every Tuesday and Thursday, we provide transportation to scheduled, routine medical appointments within a 10-mile radius of our community. This service is available between the hours of 9 AM and 2 PM. Contact the office for more details and to reserve your appointment time.



PRN
PT OT & SLP PLLC

Rehabilitation Services
an affiliate of The Weston Healthcare Group

Located in the Practitioner's Suite on the 3rd Floor

315-878-1327



♥ Gift Certificates Available ♥

Nails: Tina 518-698-4693

Nails: Darcy 518-605-7566

Esthetician: Jolene 210-857-5851

Hair: Sue 518-495-6054

Massage: Cathy 518-229-0741



MEALS FOR PURCHASE

- Basic Chicken & Red Potatoes
- Crispy Asian Chicken
- Sweet & Sour Chicken
- Basic Steak Strips & Mash
- Teriyaki Beef
- Buffalo Chicken Mac & Cheese
- Chicken in Sweet Chili Sauce
- Pineapple Chicken Teriyaki
- Philly Beef Bowl
- Hot Honey Chicken Bowl
- Pesto Chicken Alfredo



—PURCHASE IN THE OFFICE—

Resident Informational Meetings

Theater How-To/Movie Committee
Thursday, March 5th at 11:30 am (GR)

Resident Meeting with Laura & Staff
Monday, March 30th at 11:30 am (GR)

Resident Program Meeting with Andrea (GR)
Tuesday, March 31st at 12:00 pm

On-Site Podiatrist

Dr. Michael Masias, DPM
Monday, March 9th at 9:00 am
Dr. Masias will be on site.
518-320-8659

