

SUMMIT AT SARATOGA

Monthly Newsletter

December 2025



THE Manager's Message

Dear Residents,

The spirit of the December holidays brings festive music, lights and merriment! This time of year offers so many joyous programs and trips. Help us spread the good cheer by joining us at our many musical events and programs.

You are invited to our annual Holiday Party on Thursday, December 11th. Dinner will be catered by Chef Johnny. Come enjoy dinner, holiday cocktails and music. We will have entertainment in the Great Room by Alyson Davis.

The spirit of giving continues as we collect unwrapped toys for the "Toys for Tots" program for local needy children. Look for the box in the lobby. The donations must be dropped off by early December.

Speaking of donations.... thank you to all who generously donated to our "Thankful Tree" for the Wilton EMS ambulance squad and the Saratoga County Children's Committee's Empty Stocking Project. All contributions were greatly appreciated! Lastly, many thanks to all of our resident volunteers who assist us in so many ways. We are truly a "community" because of all of our caring residents!

Let's ring in the new year at our New Year's celebration on December 30th at 2 pm with live music by The Jack Kelle Duo.

Welcome new resident Judy Cartwright.

Happy Holidays!



Christy Durant
Community Manager

Holiday Party

Thursday, December 11th

4:00 pm

In the Great Room and Tavern

Come and enjoy dinner by
Chef John Westcott, holiday spirits and
entertainment by vocalist, Alyson Davis.

Residents with a last name beginning
with N-Z, please bring a dessert to share.

Staff

Community Manager

Christy Durant
CDurant@SummitSeniorLife.com

Resident Services Coordinator

Kathie Dunne
KDunne@summitseniorlife.com

Concierge

Jessica Barr
Concierge@SummitSeniorLife.com

Maintenance

Peter Nugent
Ken Erienbusch

Cleaner

Skip Vickery

Weekend Concierge

Shelly Pooler
Lisa Hobbs

Transportation

Matt Leguire

The Summit At Saratoga
1 Perry Road
Saratoga Springs, NY 12866
518-430-2136
www.summitsaratoga.com

Maintenance Emergency
Number
518-925-0905

Community Excursions & Programs

Happy Birthday

Louise Kilbara	12/02
Marion Cassidy	12/04
Consiglia Rozycki	12/08
Richard Snyder	12/09
Cora Ketchum	12/09
Marge Kovacs	12/23
Bill O'Dwyer	12/30

Please join us on Wednesday, December 17th
at 3:00 pm in the Great Room to celebrate!

Resident Information Meetings

Program Meeting with Kathie

Monday, December 8th at 11:30 am - Great Room

Resident Meeting with Christy

Monday, December 22nd at 1:00 pm - Great Room

Theater How-To/Movie Committee

Tuesday, December 9th at 11:00 am - Movie Theater

Intercom How-To

Tuesday, December 23rd at 10:00 am -Lobby

Shop Local this Holiday Season

Friday, December 5th

Artisans Market at Bookside Museum

Shop a variety of locally made items. Each purchase supports local artisans and Saratoga County History Center Educational Programs.

Festival of Trees at City Center

Come view the 250 twinkling trees, wreaths, centerpieces, and other holiday items on display!

Please be in the lobby no later than 12:50 pm.

The bus will leave the Summit at 1:00 pm.

14 residents minimum; 14 maximum

Excursions

The Summit at Halfmoon Vendor Fair Wednesday, December 3rd 12:30 pm

Come take a ride down to Halfmoon to do a little holiday shopping & check out their vendors! Please be in the lobby no later than 12:20 pm. The bus will leave the Summit at 12:30 pm.

Minimum 14 Residents, Maximum 14

Brookside Artisan Market & Saratoga Festival of Trees Friday, December 5th 1:00 pm

First stop will be at the Brookside Artisan Market to check out their locally made items. On the way back to Saratoga we will stop at the Festival of Trees to admire the trees and holiday items on display!

Please be in the lobby no later than 12:50 pm. The bus will leave the Summit at 1:00 pm

Minimum 14 Residents, Maximum 14

Lunch at Scallions Wednesday, December 17th 11:30 am



Scallions is known for their homemade soups, paninis and salads. Vegan & gluten free options available.

Please be in the lobby no later than 11:20 am.

The bus will leave the Summit at 11:30 am

Minimum 8 Residents, Maximum 14

S	M	T	W	TH	F	S	
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<div></div>	<div>1</div> <div>11:00am Knitting/Crocheting Group LIB 11:30am Men's League: Billiards Club BR 1:30pm Bible Devotional Group LIB 2:00pm Rummikub TAV 3:00pm Happy Hour GR 4:30pm Mah Jong TAV</div>	<div>2</div> <div>9:00am Podiatrist Visits, Dr. Masias 11:00am Shuffleboard TAV 1:30pm Bingo GR 3:30pm Pinochle MR 5:00/5:15pm Poker Night GR MEAL FORMS DUE</div>	<div>3</div> <div>11:00am Strings of Harmony GR 12:30pm The Summit at Halfmoon Vendor Fair 1:30pm Movie Matinee MOV 2:00pm Mexican Train TAV 4:00pm BYOB Wine Wednesday TAV 6:00pm Hand & Foot Card Game MR</div>	<div>4</div> <div>10:30am Deck the Halls & Trim the Trees GR 11:30am Men's League: Billiards Club BR 1:00pm Shopping Shuttle 1:00pm LCR Game TAV 1:30pm Holiday Inn MOV 3:00pm Deck the Halls & Trim the Trees LIB 5:00pm Potluck Dinner GR 5:00pm Cribbage TAV</div>	<div>5</div> <div>10:00am Scrabble TAV 10:00am Watercolor with Sue CR 1:00pm Festival of Trees & Brookside Artisan Market 2:00pm Shuffleboard TAV 3:00pm Ladies Billiard's BR 4:00pm BYOB Tavern Time TAV 5:00/5:15 Poker Night GR</div>	<div>6</div> <div>10:00am Board Games TAV 11:30am Men's League: Billiards Club BR 1:00pm Hot Chocolate Bar GR 1:30pm Ladies Billiard's BR 1:30pm Movie Matinee MOV 3:00pm Cards: Hearts TAV 6:00pm Worship & Music with Street Level Chapel GR 6:00pm Hand & Foot Card Game MR</div>	
<div>7</div> <div>10:00am Buddy Swim P 11:00am Corn Hole FS 1:00pm Mexican Train TAV 1:00pm Ken Burns Documentary MOV</div>	<div>8</div> <div>11:00am Knitting/Crocheting Group LIB 11:30am Men's League: Billiards Club BR 11:30am Program Meeting with Kathie GR 1:30pm Bible Devotional Group LIB 2:00pm Rummikub TAV 3:00pm Happy Hour GR 4:30pm Mah Jong TAV</div>	<div>9</div> <div>11:00am Shuffleboard TAV 11:00am Theater How-To MOV 11:30am PRN: Staying Active During the Winter Months GR 1:30pm Bingo GR 3:30pm Pinochle MR 4:15pm SSC Stuffed Shells GR 5:00/5:15pm Poker Night GR</div>	<div>10</div> <div>11:00am Grief and the Holidays LIB 1:00pm Sip and Shop GR 1:30pm Movie Matinee MOV 2:00pm Mexican Train TAV 4:00pm BYOB Wine Wednesday TAV 6:00pm Hand & Foot Card Game MR 7:00pm Holiday Carols with Barb GR</div>	<div>11</div> <div>10:00am Gift Card Holders and Tags CR 11:30am Men's League: Billiards Club BR 1:00pm Shopping Shuttle 1:30pm A Christmas Story MOV 2:30pm Trivia GR 4:00pm Holiday Party GR 5:00pm Cribbage TAV</div>	<div>12</div> <div>10:00am Scrabble TAV 10:00am Continental Breakfast Ends GR 10:30am Liberty ARC Bell Choir GR 1:00pm Holiday Cards with Barb CR 2:00pm Shuffleboard TAV 3:00pm Ladies Blliard's BR 4:00pm BYOB Tavern Time TAV 5:00/5:15 Poker Night GR</div>	<div>13</div> <div>10:00am Board Games TAV 11:30am Men's League: Billiards Club BR 1:00pm Dirty Snowman Cocktail GR 1:30pm Ladies Billiard's BR 1:30pm Movie Matinee MOV 3:00pm Cards: Hearts TAV 6:00pm Worship & Music with Street Level Chapel GR 6:00pm Hand & Foot Card Game MR</div>	
<div>14</div> <div>10:00am Buddy Swim P 11:00am Corn Hole FS 1:00pm Mexican Train TAV 4:00pm Lighting of the Menorah GR 6:00pm Communion Service LIB 1:00pm Ken Burns Documentary MOV</div> <div></div>	<div>15</div> <div>11:00am Knitting/Crocheting Group LIB 11:30am Men's League: Billiards Club BR 1:00pm -3:00pm Holiday Open House 1:30pm Bible Devotional Group LIB 2:00pm Rummikub TAV 3:00pm Happy Hour GR 4:00pm Lighting of the Menorah GR 4:30pm Mah Jong TAV</div> <div></div>	<div>16</div> <div>10:00am Gift Card Holders & Tags CR 11:00am Shuffleboard TAV 1:30pm Bingo GR 2:45pm Saratoga Springs Public Library Outreach LIB 3:30pm Pinochle MR 4:00pm Lighting of the Menorah GR 4:15pm SSC Baked Haddock GR 5:00/5:15pm Poker Night GR</div> <div></div>	<div>17</div> <div>11:30am Lunch at Scallions 1:30pm Movie Matinee MOV 2:00pm Mexican Train TAV 3:00pm Monthly Birthday Party GR 4:00pm Lighting of the Menorah GR 4:00pm BYOB Wine Wednesday TAV 6:00pm Hand & Foot Card Game MR</div> <div></div>	<div>18</div> <div>9:00am SSC Omelets GR 11:30am Men's League: Billiards Club BR 1:00pm Shopping Shuttle 1:30pm ELF MOV 2:30pm Trivia GR 4:00pm Lighting of the Menorah GR 4:15pm Dickinson's Pre-Orders GR 5:00pm Cribbage TAV</div> <div></div>	<div>19</div> <div>10:00am Scrabble TAV 10:00am Continental Breakfast Ends GR 10:30am Hadley Luzerne Band GR 1:00pm Yankee Swap GR 2:00pm Shuffleboard TAV 3:00pm Ladies Billiard's BR 4:00pm Lighting of the Menorah GR 4:00pm BYOB Tavern Time TAV 5:00/5:15 Poker Night GR</div> <div></div>	<div>20</div> <div>10:00am Board Games TAV 11:30am Men's League: Billiards Club BR 1:00pm Flavored Coffee & Tea Bar GR 1:30pm Ladies Billiard's BR 1:30pm Movie Matinee MOV 3:00pm Cards: Hearts TAV 4:00pm Lighting of the Menorah GR 6:00pm Worship & Music with Street Level Chapel GR 6:00pm Hand & Foot Card Game MR</div> <div></div>	
<div>21</div> <div>10:00am Buddy Swim P 11:00am Corn Hole FS 1:00pm Mexican Train TAV 4:00pm Menorah Lighting GR 1:00pm Ken Burns Documentary MOV</div>	<div>22</div> <div>11:00am Knitting/Crocheting Group LIB 11:30am Cookie Exchange GR 11:30am Men's League: Billiards Club BR 1:00pm Resident Meeting with Christy GR 1:30pm Bible Devotional Group LIB 2:00pm Rummikub TAV 3:00pm Holiday Sweater Happy Hour GR 4:30pm Mah Jong TAV</div>	<div>23</div> <div>10:00am Intercom How-To LOB 11:00am Shuffleboard TAV 1:00pm Shopping Shuttle 1:30pm Bingo GR 3:30pm Pinochle MR 4:15pm SSC Roast Beef with Gravy GR 5:00/5:15pm Poker Night GR</div>	<div>24</div> <div>1:30pm Movie Matinee MOV 2:00pm Mexican Train TAV 4:00pm Lighting of the Menorah GR 4:00pm BYOB Wine Wednesday TAV 6:00pm Hand & Foot Card Game MR</div> <div>Christmas Eve</div>	<div>25</div> <div> Office is Closed</div>	<div>26</div> <div>10:00am Scrabble TAV 2:00pm Shuffleboard TAV 2:30pm Hot Chocolate Bar GR 3:00pm Ladies Billiard's BR 4:00pm BYOB Tavern Time TAV 5:00/5:15 Poker Night GR</div>	<div>27</div> <div>10:00am Board Games TAV 11:30am Men's League: Billiards Club BR 1:00pm Root Beer Floats GR 1:30pm Ladies Billiard's BR 1:30pm Movie Matinee MOV 3:00pm Cards: Hearts TAV 6:00pm Worship & Music with Street Level Chapel GR 6:00pm Hand & Foot Card Game MR</div>	
<div>28</div> <div>10:00am Buddy Swim P 11:00am Corn Hole FS 1:00pm Mexican Train TAV 1:00pm Ken Burns Documentary MOV</div>	<div>29</div> <div>11:00am Knitting/Crocheting Group LIB 11:30am Men's League: Billiards Club BR 1:30pm Bible Devotional Group LIB 2:00pm Rummikub TAV 3:00pm Happy Hour GR 4:30pm Mah Jong TAV</div>	<div>30</div> <div>11:00am Shuffleboard TAV 12:00pm Shopping Shuttle 1:30pm Bingo GR 2:00pm New Year's Celebration GR 3:30pm Pinochle MR 4:15pm SSC Three Vine's Bistro GR 5:00/5:15pm Poker Night GR</div>	<div>31</div> <div>1:30pm Movie Matinee MOV 2:00pm Mexican Train TAV 4:00pm BYOB Wine Wednesday TAV 6:00pm Hand & Foot Card Game MR</div> <div>New Year's Eve</div>	<div>In-House Mailbox for Holiday Greetings</div> <div>If you would like to send a card to other residents a box will be located in the Great Room. They will be delivered twice a week!</div> <div></div>		<div>BP-Back Patio BR-Billiards Room (3rd Floor) CR-Craft Room (2nd Floor) FS-Fitness Studio GR-Great Room LIB-Library LO-Lobby</div> <div>TAV-Tavern MOV-Movie Theater MR-Music Room (3rd Floor) P-Pool PC – Pickleball Courts PS-Practitioners Suite PAV- Pavilion</div>	
<div>CONNECTED <i>life</i></div> <div></div> <div>FITNESS</div>	<div>Every Monday</div> <div>8:00/8:30am Hydro Rider P 9:00am Tai Chi I: Basics FS 9:30am Tai Chi II: Basics + 73 FS 9:30am Water Aerobics P 10:00am Tai Chi III: Intermediate Group 1 LIB 10:30am Strength Training FS 10:30am Tai Chi III: Intermediate Group 2 LIB 11:15am Yoga/Balance FS</div>		<div>Every Tuesday</div> <div>8:00/8:30am Hydro Rider P 9:30 Aqua Fit P 10:30am Yoga/Balance FS 11:30am Trifecta FS</div>	<div>Every Wednesday</div> <div>8:30am Water Aerobics P 9:30am Stretch & Flex FS 10:30am Sit 2B Fit FS 1:00pm Buddy Swim P</div>	<div>Every Thursday</div> <div>8:00am/8:30am Hydro Rider P 9:30am Aqua Fit P 10:30am Yoga/Balance FS 11:30am Cardio Flow FS</div>	<div>Every Friday</div> <div>9:00am Tai Chi I: Basics FS 9:30 Tai Chi II: Basics + 73 FS 10:00am Tai Chi III: Intermediate Group 1 FS 10:30am Tai Chi III: Intermediate Group 2 FS 1:00pm Buddy Swim P</div>	<div></div> <div>Office Hours:</div> <div>Monday - Friday 9:00am - 4:30pm Saturday 9:00am - 3:00pm Sunday 9:00am - 12:00pm</div>

Community Activities

Festival of Song

Strings of Harmony: Violin & Cello
**Wednesday,
December 3rd 11:00 am**

Holiday Carols with Resident Barb
**Wednesday,
December 10th 7:00 pm**

Liberty ARC Bell Choir
Friday, December 12th 10:30 am

Hadley Luzerne Band
Friday, December 19th at 10:30 am

Enjoy a month of merriment and melody in the Great Room with holiday music from local groups, entertainers and our own residents.



Deck the Halls & Trim the Trees

Thursday, December 4th
10:30 am - Great Room Tree
3:00 pm - Library Tree



Watercolor with Sue

**Friday, December 5th
at 10:00 am
in the Craft Room**

Enjoy prosecco & pastries while you paint!
Spots are limited so sign up early!



Holiday Cards with Barb

**Friday, December 12th
at 1:00 pm
in the Craft Room**

Sign up early as spots
are limited!



yankee Swap

\$10 Price Range

**Friday, December 19th
1:00 pm
in the Great Room**

Annual fun for residents and staff. This fun gift exchange is perfect to spread some holiday cheer. To participate all you need to do is bring a wrapped gift and let the games begin!

Community Activities

Staying Active During the Winter Months

Tuesday, December 9th
at 11:30 am

The winter can be an isolating time for many. Come and hear strategies to help keep the rust off during the winter months in this interactive presentation by PRN.



Pop In - Holiday Open House

Calling all holiday decorators! If you enjoy adding a little sparkle to your home, we'd love for you to take part and welcome neighbors in to see your festive décor.

Monday, December 15th
1:00 - 3:00 pm

Please sign up in the Great Room by **December 8th**

HomeInstead Presents: Grief and the Holidays

Wednesday, December 10th
at 11:00 am
In the Library



Grief can look different for older adults. Coping with grief during the holidays involves acknowledging your feelings, and finding new ways to create meaning while honoring memories. Learn strategies for managing grief, or assisting someone else walking through it, this holiday season and beyond.

A festive graphic for a cookie exchange featuring a gingerbread man with white icing decorations, two red and white striped candy canes, and a pine cone on a white background.

Cookie Exchange

Monday, December 22nd
11:30 am
in the Great Room

Bake up a batch of your favorite cookies and share in the sweetness of the season!

Sign up by **December 8th** to join the holiday cookie exchange. Once everyone's signed up, we'll let you know how many cookies to bake so everyone goes home with a delicious variety!

Sip & Shop

Wednesday,
December 10th
1:00 pm

In the Great Room

Sip, Shop & Be Merry!

Explore unique handmade gifts from our residents and local vendors. Great for gifts or a little treat for yourself!

New Year's Celebration

Tuesday, December 30th
2:00 pm
in the Great Room

Music by: The Jack Kelle Duo

The countdown is on! Join us as we say goodbye to the old year and welcome the new with laughter, music, and celebration!

Concierge Services

CONTINENTAL BREAKFAST

8:30am until 10:30am in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week. Start your morning right with a healthy breakfast while enjoying each other's company.

There are also copies of the newspaper in the Great Room for residents to read.



Gift Certificates Available

Stylist

Patricia Keefe 518-992-4904

Therapeutic Massage

Krick Wahl 518-859-9809

Nail Technician

Tina Mone 518-698-4693

On-Site Podiatrist

Dr. Michael Masias, DPM

Tuesday, December 2nd at 9:00am

To make your appointment, sign up in the Great Room. He will visit you in your apartment.



Saratoga Springs Public Library Outreach

Tuesday, December 16th

2:45pm - 3:30pm in the Library

There will be an array of books and movies to browse through. If you would like to reserve a book for that date, please call the library at 518-584-7860 ext. 228.



SARATOGA SPRINGS PUBLIC LIBRARY
YOUR SOURCE FOR INFORMATION, INSPIRATION, AND ENTERTAINMENT



Jessica Shiels, Patient Service Coordinator
PRN PT, OT & SLP PLLC
an affiliate of The Weston Healthcare Group
716-204-2405
Vandenburg@prnphysicaltherapy.com

Resident Transportation

Tuesdays and Thursdays, 9am-3pm.

Please notify the office at least one week ahead of time.

Destination must be within a 12-mile radius.



FROZEN DINNERS

By: *Chef Johnny*



Chef Johnny is now offering frozen meals, which are available in the office any day of the week during business hours.

The dinners below are \$14 each and ready to be heated.

- Chicken Parmigiana with pasta, sauce, vegetable
- Meatloaf with mashed potatoes, vegetable
- Turkey with stuffing, roasted potatoes, vegetable
- Vegetable Lasagna

Route 50 Shopping

Please sign up for the **Thursday 1:00pm** Shopping Shuttle in the Great Room.



**BE GREEN
& recycle
CLEAN**

**plastics, tin,
aluminum, paper
and glass.**

