

SUMMIT AT MILL HILL

Monthly Newsletter

December 2025



Meet Our Residents

Judy and Stu Madnick moved to Summit at Mill Hill in late October 2020 and quickly came to appreciate the strong sense of community and opportunities to socialize that define life here. Whether enjoying special events, participating in exercise classes, or simply appreciating quiet moments, residents know there's always someone to chat with, be it while participating in a "hallway conference" or relaxing in one of the common rooms. It brings back fond memories of raising children, taking neighborhood strolls, and running into friendly faces along the way.

Stu, originally from Gloversville, NY, retired in 2003 from the Capital District Transportation Authority. His retirement years have included daily multi-mile walks (rain or shine!), spirited games of pickleball (until he had to hang up his paddle), bocce, and cheering on his favorite teams—especially the New York Giants. He's a devoted UAlbany basketball fan, attending games in person or following them on ESPN+. Until more recently, he and Judy shared a love of travel, whether cruising the highways in their motorhome, flying to destinations across the U.S. and abroad, or even setting sail on the occasional cruise.

Judy was born and raised in Albany. A former middle-school math teacher, she spent most of her career running home-based businesses in transcription, word processing, and résumé writing. She's passionate about genealogy, volunteering (having served on the boards of several local organizations), Mah Jongg, and travel, though her adventures have slowed in recent years. Her biggest volunteer commitment is fostering connection among alumni of her high school, which closed in 1977: She created a comprehensive website, maintains a database, sends a monthly newsletter, and manages a Facebook Group, two Google Groups, and more.

The Madnicks spent most of their married life in Albany, with a six-year retirement chapter in Jacksonville, FL. They returned to the Capital Region in 2013 to be closer to their two children (one just seven minutes from Summit at Mill Hill), three grandchildren, and three step-grandchildren. They're now looking forward to celebrating their 60th wedding anniversary in June 2026, a milestone that reflects a lifetime of love, partnership, resilience, and shared joy.

Happy Holidays!

Staff



Community Manager

Janine Robinson
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Maintenance

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Guilderland, NY 12159
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Community Activities

December Birthday's!

Debra Pierre 12/18

Herb Brown 12/20

Barbara Pearce 12/21

It's a contest!

Get into the Summit Holiday Spirit
& decorate your door!

📺 Best door wins a prize! 📺

Sign up in the Great Room by 12/6.

Winner announced at Happy Hour on 12/18!

Christmas Tree Decorating!

Join us on Tuesday, December 2nd at 2:00pm
in the Great Room to help decorate our tree &
enjoy some holiday cheer! All are welcome!

Please sign up in the Great Room by 11/25 if you
plan on participating in this activity.

December Movies!

EVERY TUESDAY AT 7:00PM
IN THE MOVIE THEATER

12/2 - Belle

12/9 - Love Actually

12/16 - Elf

12/23 - A Christmas Carol

12/30 - The Holiday



December Opera's

12/11 AT 12:30PM IN THE MOVIE THEATER -
LA BOHEME WITH LUCIANO PAVAROTTI AND
RENATA SCOTTO (1977)

12/18 AT 2:00PM IN THE MOVIE THEATER -
AIDA WITH LEONTYNE PRICE (1985)

S	M	T	W	TH	F	S
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<div>1</div> <div>2:00pm Mah Jongg - TAV</div> <div>3:00pm Knitting & Crocheting - GR</div> <div>6:30pm Eight Ball - GMR</div> <div>Start of Holiday Door Decorating Contest</div>	<div>2</div> <div>2:00pm Christmas Tree Decorating - GR</div> <div>5:00pm Supper Club w/ Andolina's - TAV</div> <div>7:00pm Tuesday Night Movie: Belle - MOV</div> <div>7:00pm Card Game Night - GR</div>	<div>3</div> <div>9:00am Communion Service - CH</div> <div>11:00am Market 32 Grocery Shopping</div> <div>11:00am - 1:00pm Seniors Connect at the Guilderland Library</div> <div>1:00pm Craft Class with Karen - CR</div> <div>4:00pm Happy Hour - GR</div> <div>4:30pm Performance with Songs by Heart - GR</div>	<div>4</div> <div>12:00pm AGS Webinar: Nutritional Strategies with Seasonal Foods - MOV</div> <div>3:00pm Resident Meeting - GR</div> <div>3:15pm Men's Shuffleboard - GMR</div> <div>6:30pm Performance by AGMC - GR</div> <div>National Cookie Day</div>	<div>5</div> <div>10:00am Walmart Grocery Shopping</div> <div>10:30am Cribbage/Games - TAV</div> <div>1:30pm Special Movie Pop-up: Downtown Abbey - MOV</div> <div>7:00pm Bingo - GR</div>	<div>6</div> <div>12:00pm Movie: Christmas with the Kranks</div> <div>2:00pm Mexican Train - GR</div> <div>7:00pm Game Night - GR</div>
<div>7</div> <div>9:00am Local News Chat - TAV</div> <div>12:00pm Movie: (Residents Choice)</div> <div>1:00pm Qwirkle - LIB</div>	<div>8</div> <div>10:00am Faith Based Discussion - LIB</div> <div>10:30am Departure to the Burden Iron Works Museum outing</div> <div>2:00pm Mah Jongg - TAV</div> <div>3:00pm Knitting & Crocheting - GR</div> <div>6:30pm Eight Ball - GMR</div>	<div>9</div> <div>2:00pm Tavern Trivia - TAV</div> <div>5:00pm Supper Club w/ Andolina's - TAV</div> <div>7:00pm Tuesday Night Movie: Love Actually - MOV</div> <div>7:00pm Card Game Night - GR</div>	<div>10</div> <div>9:00am Communion Service - CH</div> <div>11:00am Market 32 Grocery Shopping</div> <div>11:00am - 1:00pm Seniors Connect at the Guilderland Library</div> <div>4:00pm Happy Hour - GR</div> <div>5:00pm Performance by Applewood Duo - GR</div>	<div>11</div> <div>12:30pm Opera: La Boheme with Luciano Pavarotti and Renata Scotto (1977) - MOV</div> <div>3:15pm Men's Shuffleboard - GMR</div> <div>5:00pm Supper Club with Chef Mickey - TAV</div>	<div>12</div> <div>10:30am Cribbage/Games - TAV</div> <div>2:00pm Cookie Exchange - GR</div> <div>*Pool is closed for maintenance after last scheduled class*</div>	<div>13</div> <div>12:00pm Movie: Christmas Inheritance</div> <div>2:00pm Mexican Train - GR</div> <div>7:00pm Game Night - GR</div>
<div>14</div> <div>9:00am Local News Chat - TAV</div> <div>12:00pm Movie: (Residents Choice)</div> <div>Hanukkah begins at sundown</div>	<div>15</div> <div>1:00pm Song & Stories of Broadway with Jill P Smith - GR</div> <div>2:00pm Mah Jongg - TAV</div> <div>3:00pm Knitting & Crocheting - GR</div> <div>6:30pm Eight Ball - GMR</div>	<div>16</div> <div>12:00pm-2:00pm Health Fair - GR</div> <div>5:00pm Supper Club w/ Andolina's - TAV</div> <div>7:00pm Tuesday Night Movie: Elf - MOV</div> <div>7:00pm Card Game Night - GR</div>	<div>17</div> <div>9:00am Communion Service - CH</div> <div>11:00am Market 32 Grocery Shopping</div> <div>11:00am - 1:00pm Seniors Connect at the Guilderland Library</div> <div>4:00pm Holiday Happy Hour - GR</div> <div>Holiday Door Decorating Contest winner to be announced at Happy Hour!</div>	<div>18</div> <div>1:00pm PRN's Staying Active During the Winter Months Presentation - GR</div> <div>2:00pm Opera: Aida with Leontyne Price (1985)- MOV</div> <div>3:15pm Men's Shuffleboard - GMR</div> <div>6:45pm Chanukah Party with Clara - GR</div>	<div>19</div> <div>10:00am Departure to Crossgates Mall for any last-minute Holiday shopping</div> <div>10:30am Cribbage/Games - TAV</div> <div>12:00pm Shuffleboard's Subs & Suds - TAV</div> <div>7:00pm Bingo - GR</div>	<div>20</div> <div>12:00pm Movie: The Knight Before Christmas</div> <div>2:00pm Mexican Train - GR</div> <div>7:00pm Game Night - GR</div>
<div>21</div> <div>9:00am Local News Chat - TAV</div> <div>12:00pm Movie: (Residents Choice)</div> <div>1:00pm Qwirkle - LIB</div>	<div>22</div> <div>11:00am Market 32 Grocery Shopping</div> <div>2:00pm Presentation with CDChoices - GR</div> <div>2:00pm Mah Jongg - TAV</div> <div>3:00pm Knitting & Crocheting - GR</div> <div>6:30pm Eight Ball - GMR</div>	<div>23</div> <div>5:00pm Supper Club w/ Andolina's - TAV</div> <div>7:00pm Tuesday Night Movie: A Christmas Carol - MOV</div> <div>7:00pm Card Game Night - GR</div>	<div>24</div> <div>9:00am Communion Service - CH</div> <div>Christmas Eve</div>	<div>25</div> <div></div>	<div>26</div> <div>10:30am Cribbage/Games - TAV</div> <div>No Fitness</div> <div>Kwanzaa Begins</div>	<div>27</div> <div>12:00pm Movie: The Snow Sister</div> <div>2:00pm Mexican Train - GR</div> <div>7:00pm Game Night - GR</div>
<div>28</div> <div>9:00am Local News Chat - TAV</div> <div>12:00pm Movie: (Residents Choice)</div>	<div>29</div> <div>2:00pm Mah Jongg - TAV</div> <div>3:00pm Knitting & Crocheting - GR</div> <div>6:30pm Eight Ball - GMR</div>	<div>30</div> <div>5:00pm Supper Club w/ Andolina's - TAV</div> <div>7:00pm Card Game Night - GR</div> <div>7:00pm Tuesday Night Movie: The Holiday - MOV</div>	<div>31</div> <div>9:00am Communion Service - CH</div> <div>11:00am Market 32 Grocery Shopping</div> <div>11:00am - 1:00pm Seniors Connect at the Guilderland Library</div> <div>3:00pm Book Club - LIB</div> <div>4:00pm New Years Party/ Happy Hour - GR</div> <div>*December Supper Club Order Forms Due by 11:00am*</div> <div>New Years Eve</div>	<div></div>	<div>Black: Games and Organized Groups</div> <div>Red: Happy Hour, Celebrations and Entertainment</div> <div>Green: Outings</div> <div>Blue: Opera or Movies</div> <div>Purple: Presentations and Classes</div>	<div>Continental Breakfast</div> <div>Monday–Friday</div> <div>8:30—10:30</div> <div>Saturday–Sunday</div> <div>9:00—11:00</div>
<div>CONNECTED <i>life</i></div> <div></div> <div>FITNESS</div>	<div>Every Monday</div> <div>8:30am Aqua Fitness (P)</div> <div>9:30am Strength & Balance (FS)</div> <div>10:30am Total Body Combo (FS)</div> <div>7:00pm Relaxation Yoga (YS)</div>	<div>Every Tuesday</div> <div>9:00am Stretch & Flex (FS)</div> <div>10:00am Stretch & Flex (FS)</div> <div>11:00am Hydro Riders (P)</div>	<div>Every Wednesday</div> <div>10:45am Sit to be Fit (FS)</div> <div>11:45am Aqua Fitness (P)</div>	<div>Every Thursday</div> <div>9:00am Chair Pilates (FS)</div> <div>10:00am Water Balance (P)</div> <div>11:00am Chair Pilates (FS)</div>	<div>Every Friday</div> <div>8:45am Aqua Fitness (P)</div> <div>11:00am Line Dancing - (GR)</div>	<div></div>

Community Activities

Musical Entertainment with Songs by Heart!

Enjoy a special performance with Songs by Heart, featuring vocalist Angelina Valente & Pianist JP Hubbs.

This duo will perform a blend of jazz melodies, with some festive Christmas classics as well!

Don't miss out on this special evening of music!

Wednesday, December 3rd at 4:30pm in the Great Room, following our 4:00pm Happy Hour.

Join for a webinar with Albany Guardian Society! Nutritional Strategies with Seasonal Foods.

Join certified Health Coach Maria Patrick for an informative and empowering class focused on using food as your winter "medicine."

Thursday, December 4th
at 12:00pm
in the Movie Theater



Join us to tour the Burden Iron Works Museum!

Monday, December 8th with 10:30am departure from Mill Hill.

The Burden Iron Works was an iron works and industrial complex on the Hudson River & Wynantskill Creek in Troy, New York. It once housed the Burden Water Wheel, the most powerful vertical water wheel in history. It is believed that George Washington Gale Ferris Jr., inventor of the Ferris wheel, would observe the wheel on occasion while a student at Rensselaer Polytechnic Institute. The iron works site was listed on the National Register of Historic Places as an archaeological site in 1977.

Please sign up & pay in the office for this outing by Monday 12/1.

Admission is \$10 per person. *12 residents max*

TEAM TAVERN TRIVIA WITH MARK HERSH!

JOIN A TEAM & WORK TOGETHER TO WIN PRIZES!



TUESDAY, DECEMBER 9TH AT 2:00PM IN THE TAVERN!

PLEASE SIGN UP IN THE GREAT ROOM.

Join together for a wonderful performance by The Albany Gay Men's Chorus!

Thursday, December 4th at 6:30pm in the Great Room!

"We like to sing classical choral pieces, popular songs of today and yesterday, musical theater tunes and fun novelty numbers. We are here to spread harmony, joy, understanding, respect, diversity, equity, inclusion and compassion through music."



Performance by Applewood Duo!



Enjoy a magical performance by classical guitarist Daniel Diamond, & flutist Jennifer Politano. This duo plays a selection of instrumental classical music from various musical periods. You don't want to miss it!

Wednesday, December 10th at 5:00pm in the Great Room, following our 4:00pm Happy Hour.

Community Activities

Summit Cookie Exchange!

Bake cookies, share them at our cookie swap & leave with a variety platter to impress all!

Please sign up in the Great Room if you would like to participate in our Cookie Exchange.

Friday, December 12th at 2:00pm in the Great Room

Health & Wellness Fair!

Your health can't wait - Come get the tools you need to thrive!

Stop by our Health & Wellness Fair to explore a variety of health & wellness resources from our community.

Take advantage of this opportunity to connect with local experts who can help support your health journey!

Invest in your well-being by joining us on Tuesday, December 16th from 12 pm to 2 pm in the Great Room.

Health & Wellness Fair brought to you by Summit at Mill Hill & Daughter for Hire!

Songs & Stories of Broadway with Jill P Smith

Join Jill P Smith & Michael Clement for an in depth educational & entertaining look at the work of Irving Berlin.

Enjoy performances from some of his most popular songs from the Great American Songbook & Broadway show Annie Get Your Gun & more!

Monday, December 15th at 1:00pm in the Great Room.



Last minute holiday shopping? No worries!

Join our outing to Crossgates Mall!



Crossgates offers something for everyone – Featuring 150 retail shops all under one roof!

Friday, December 19th with 10:00am departure from Mill Hill

Please sign up in the Great Room. *12 residents max*

See all that Crossgates Mall has to offer at:
<https://www.shopcrossgates.com/directory/>

Staying Active During the Winter Months Presentation, Presented by PRN's Physical Therapist, Denise Bilka!

The winter can be an isolating time for many. Come & hear strategies to help keep the rust off during the winter months in this interactive presentation by PRN.

Refreshments will be provided!

Thursday, December 18th at 1:00pm in the Great Room!

Please sign up in the Great Room for this presentation.



Don't miss this presentation by Consumer Directed Choices!



Empowering Independence

"Join us for an informative presentation on self-directed home care! Discover how Consumer Directed Choices (CDChoices) empowers you or your loved ones to maintain independence and select your own caregivers. Learn how we support residents across New York with dedicated assistance and over 25 years of experience helping people live safely and comfortably at home. All are welcome!"

Monday, December 22nd at 2:00pm in the Great Room

Please sign up in the Great Room for this presentation.

Concierge Services

CONTINENTAL BREAKFAST

In the Great Room, weekdays 8:30—10:30,
9:00—11:00 Saturdays & Sundays.

We are happy to offer a continental breakfast to our residents (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



On-Site Podiatrist Dr. Michael Masias, DPM

Visits the second Wednesday of every month

To make your appointment, sign up in the Great Room! He will visit your apartment for your scheduled appointment. For any questions, please call Dr. Masias at (518)-320-8659.

Wednesday Grocery Shopping

Join Mill Hill on our grocery shuttle!

On Wednesdays, we depart from Mill Hill at 11:00am to go to our local Market 32. On the first Friday of every month, we depart to Walmart at 10:00am. Residents must gather in the Lobby 5 minutes before departure. Thank you!

Walmart  **MARKET** 

Medical Appointment Shuttle

Every Tuesday & Thursday we provide transportation to routine medical appointments within a 10 mile radius

This service is available between the hours of 9:00 and 2:00

Please call the office one week in advance to reserve your appointment time.



SupperClub

Please use Supper Club order form for full description of meals. Due to office box by 11/28.

Tuesday, December 2nd

Andolina's

Chicken Lo Mein Meal **\$20**

Tuesday, December 9th

Andolina's

Traditional Italian Greens & Beans Meal **\$20**

Thursday, December 11th

Chef Mickey

Baked Haddock Meal **\$15**

Tuesday, December 16th

Andolina's

Chicken Corn Chowder Meal **\$20**

Tuesday, December 23rd

Andolina's

Classic Meat & Cheese Lasagna Meal **\$25**

Tuesday, December 30th

Andolina's

Hearty Beef & Bean Chili Meal **\$20**



PRN

PT OT & SLP PLLC

Rehabilitation Services
an affiliate of The Weston Healthcare Group

**PRN Staff Contact
Information
716-255-3674**

Denise Bilka, Physical Therapy
Jaclyn Gregg, Speech Therapy
Noelle Kuhl, Occupational Therapy
Stephanie Brown, Speech-Language Pathologist
SummitMillHill_NY85@prnphysicaltherapy.com



Gift Certificates Available



Hair Stylist - Paula 518-361-5629
Massage Therapist - Charlene 518-813-3347
Nail Technician - Adrianna 518-801-7397
By Appointment