

# SUMMIT AT HALEMOON

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Monthly Newsletter

January 2026





# Manager's Message

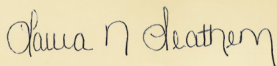
## HAPPY NEW YEAR

Hopefully, everyone welcomes the New Year with a fresh calendar and the commitment to stop writing 2025. I usually don't make the transition consistently until sometime in March. I suspect I'm not alone.

At the mall calendar kiosk, I perused a very intriguing January calendar that listed all the special days observed within the month. Most were pretty ordinary and understandable. Several, however, were totally unfamiliar and/or baffling. I jotted down a few for some future research. Feel free to join me in getting to the bottom of the mysteries. Think of it as homework revisited.

See if you can find *National First-Foot Day*. I was sure it dealt with podiatrists or bunions ... wrong. Maybe you can find *Run Up the Flagpole* and *See if Anyone Salutes Day*. Skip it if you're afraid of heights. How about *Fruitcake Toss Day*? To some of us, every day is *Fruitcake Toss Day*. As far as *Old Rock Day* goes, Elvis had to be in there somewhere ... wrong again. If you research *National Nothing Day*, you'll be disappointed. There's not much there. *National Backwards Day* made me carsick.

Actually, two of my favorite days fall within the month of January. I faithfully observe *Community Manager's Day* and *Hot Buttered Rum Day*! Enjoy!



Laura Leathem  
Community Manager

## January Birthdays



- 1/02 Reinaldo Medina
- 1/09 Joan Parks
- 1/10 Robert Imfeld
- 1/13 Anne Marie Lavallee
- 1/16 Diane Luther
- 1/21 Marilyn Pomposello
- 1/25 Monica Chang
- 1/28 Marilyn Leslie
- 1/31 Fred Bass

Help us celebrate our monthly birthdays on  
**Tuesday, January 27<sup>th</sup> 2:00 PM**  
In the Great Room Cake & Ice Cream for all!

## Welcome New Residents

**Marjorie Milanese**

*from Waterford, NY*

**Linda Blanchard**

*from Bennington, VT*

**Carol Richards**

*from Bonita Springs, FL*

## Staff



### Community Manager

Laura Leathem  
LLeathem@summitseniorlife.com

### Resident Services Coordinator

Andrea O'Malley  
Aomalley@summitseniorlife.com

### Maintenance

Alex Tinney  
Mark Lobdell

### Concierge/ Marketing Assistant

Joanne Krazit  
Brenda Carey

### Housekeeping

Anne Bentley

### Office Phone

518-807-6800

The Summit at Halfmoon  
29 Sitterly Road  
Halfmoon, NY 12065  
518-807-6800

Emergency  
Maintenance Number  
518-380-3860



# Welcome to Summit at Halfmoon!!!

## SupperClub FOOD & FRIENDS

Eat-in or Pick-up available in the Great Room

Deliver Supper Club Order Form  
to the Office with exact cash.

**Due: 9 AM Friday, January 2<sup>nd</sup>**

**Monday, January 5<sup>th</sup> - Andolina's (\$20)**

Italian Sausage w/Peppers & Onions, Salad,  
Roll & Dessert

**Wednesday, January 7<sup>th</sup> - Chef Mickey (\$16)**

Manicotti, Meatballs, Salad, Roll & Dessert

**Monday, January 12<sup>th</sup> - Andolina's (\$20)**

Chicken Piccata w/ Lemon Sauce, Salad & Dessert

**Wednesday, January 14<sup>th</sup> - Chef Mickey (\$16)**

Baked Salmon, Rice, Garden Salad, Roll & Dessert

**Wednesday, January 21<sup>st</sup> - Chef Mickey (\$16)**

Roasted Pork Loin, Mashed Potatoes,  
Asparagus, Salad, Roll & Dessert

**Monday, January 26<sup>th</sup> - Andolina's (\$20)**

Italian Greens & Beans, Salad, Ciabatta Bread  
& Dessert

**Wednesday, January 28<sup>th</sup> - Chef Mickey (\$16)**

Salisbury Steak, Mashed Potatoes, Mixed  
Vegetables, Salad, Roll & Dessert

## Build Your Own Omelet Breakfast

**\$10** With Chef Johnny

Thursday, January 8<sup>th</sup>  
8:30 am, 9:00 am & 9:30 am

In the Great room

Breakfast includes oven roasted home fries with omelet  
to order, choice of meat, cheese, and veggies. Dine in or  
carry out offered.

Please use order form attached to the supper club form



Lunch Outing:  
**Saigon Spring**  
Vietnamese Restaurant  
**Thursday,**  
**January 15<sup>th</sup>**  
**12:00 pm**  
*Sign up in the Lounge*

ORDER LUNCH WITH:  
~ IN THE GREAT ROOM ~

**THURSDAY**  
**JANUARY 22<sup>ND</sup>**  
**1:00 PM**



PRICES VARY WITH WHAT YOU ORDER

PLEASE USE THE SUPPER CLUB FORM

**LW** LIN'S WOK CHINESE FOOD  
~ IN THE GREAT ROOM ~

**TUESDAY,**  
**JANUARY 27<sup>TH</sup>**  
**4:00 PM**

**\$14**

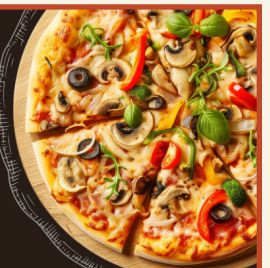
PLEASE USE SUPPER CLUB FORM

## PIZZA PARTY!

~ IN THE GREAT ROOM ~

**\$5** **FRIDAY,**  
**JANUARY 30<sup>TH</sup>**  
**4:00 PM**

PLEASE USE THE  
SUPPER CLUB FORM





S	M	T	W	TH	F	S
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>January</div> 	<div>January Book Club</div>  <div>Come sign it out in the office and read the description in the Activities Binder.</div>	<div>COLOR CODE</div> <div>BLUE: MOVIES</div> <div>GREEN: ENTERTAINMENT</div> <div>ORANGE: FOOD OPTIONS</div> <div>PINK: MEETINGS</div> <div>RED: OUTINGS</div>	<div>GR - Great Room</div> <div>LNG - Lounge</div> <div>FDR - Family Dining Room</div> <div>MOV - Movie Theater</div> <div>FS - Fitness Studio</div> <div>CP - Chapel</div> <div>BIL -Billiards Room</div> <div>PS - Practitioner's Suite</div> <div>PBC - Pickleball Courts</div> <div>CY - Courtyard</div> <div>LIB - Library</div>	<div>1</div> <div></div> <div>OFFICE CLOSED/NO BREAKFAST/NO FITNESS CLASSES</div>	<div>2</div> <div>9:00 am Grocery Shopping</div> <div>12:00 pm Men's Lunch Meeting (GR)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>4:00 pm Happy Hour: Mark Galeo BYOB (GR)</div> <div>7:00 pm Thor: The Dark World (MOV)</div> <div>NO FITNESS CLASSES</div> <div>HAPPY BIRTHDAY REINALDO MEDINA</div>	<div>3</div> <div>10:30 am Cornhole (FS)</div> <div>1:00 pm Scrabble (LNG)</div> <div>2:00 pm As Good as it Gets (MOV)</div> <div>3:00 pm Billiards (BIL)</div> <div>4:00 pm Mah Jong (LNG)</div> <div>6:00 pm Rummikub (GR)</div>
<div>4</div> <div>11:00 am Catholic Church Service (CP)</div> <div>2:00 pm Avatar (MOV)</div> <div>4:00 pm Football (MOV)</div> <div>4:00 pm Poker (LIB)</div> <div>6:00 pm Chicken Foot &amp; Left Right Center (10 Dimes) (GR)</div>	<div>5</div> <div>11:30 am Jillian Smith Presents: Jule Styne (GR)</div> <div>1:00 pm - 3:00 pm Wii Bowling (GR)</div> <div>4:00 pm Supper Club w/Andolina's Italian Sausage (\$20) (GR)</div> <div>6:00 pm Hand &amp; Foot (GR)</div> <div>7:00 pm Canasta (LIB)</div> <div>7:00 pm Bullet Train (MOV)</div>	<div>6</div> <div>11:15 am Proctors Music for New Years &amp; Epiphany</div> <div>12:00 pm AARP: Virtual Paint Class (FDR)</div> <div>1:30 pm Rosary (CP)</div> <div>2:30 pm Amsterdam (MOV)</div> <div>3:00 pm Pinochle (LIB)</div> <div>5:00 pm Allo, Allo Series S2 - Epi 7 &amp; S3 Epi. 1 &amp; 2 (MOV)</div> <div>6:00 pm Mexican Train (GR)</div> <div>Medical Transports</div>	<div>7</div> <div>8:30 am Waffle Wednesday (GR)</div> <div>11:00 am Movie Meeting (GR)</div> <div>11:30 am The Wise Guys (FDR)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>2:30 pm Bridge (LNG)</div> <div>4:00 pm Supper Club w/Chef Mickey Manicotti (\$16) (GR)</div> <div>6:00 pm Bunco (GR)</div> <div>7:00 pm Voted Movie</div>	<div>8</div> <div>8:30 am Breakfast w/Chef Johnny Omelets (\$10) (GR)</div> <div>12:45 pm Proctors: Monty Python Spamalat</div> <div>2:00 pm Karaoke/Sing-Along (LNG)</div> <div>2:30 pm Jack Reacher (MOV)</div> <div>3:00 pm Shuffleboard (LNG)</div> <div>6:00 pm Revenge (LNG)</div> <div>Medical Transports</div>	<div>9</div> <div>9:00 am Grocery Shopping</div> <div>11:30 am Service Club Meeting (GR)</div> <div>1:00 pm Clean Eatz Sampler (GR)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>4:00 pm Happy Hour: Mark Mason (GR)</div> <div>7:00 pm Iron Man 3 (MOV)</div> <div>HAPPY BIRTHDAY JOAN PARKS</div>	<div>10</div> <div>10:30 am Cornhole (FS)</div> <div>1:00 pm Scrabble (LNG)</div> <div>2:00 pm Pink Panther (MOV)</div> <div>3:00 pm Billiards (BIL)</div> <div>4:00 pm Mah Jong (LNG)</div> <div>6:00 pm Rummikub (GR)</div> <div>HAPPY BIRTHDAY ROBERT IMFELD</div>
<div>11</div> <div>11:00 am Catholic Church Service (CP)</div> <div>2:00 pm Castaway (MOV)</div> <div>4:00 pm Football (MOV)</div> <div>4:00 pm Poker (LIB)</div> <div>6:00 pm Chicken Foot &amp; Left Right Center (10 Dimes) (GR)</div>	<div>12</div> <div>12:00 pm Rita Fatula: Living Well, Leaving Well (GR)</div> <div>1:00 pm - 3:00 pm Wii Bowling (GR)</div> <div>4:00 pm Supper Club w/Andolina's Chicken Piccata (\$20) (GR)</div> <div>6:00 pm Hand &amp; Foot (GR)</div> <div>7:00 pm Canasta (LIB)</div> <div>7:00 pm Honeymooners (MOV)</div>	<div>13</div> <div>10:00 am Bowling at Spare Time</div> <div>11:30 am PRN: Winter Olympics (GR)</div> <div>1:00 pm Jason Kramer Presents: Holidays Around the World (GR)</div> <div>1:30 pm Rosary (CP)</div> <div>2:30 pm A Pale Blue Eye (MOV)</div> <div>3:00 pm Pinochle (LIB)</div> <div>5:00 pm Allo, Allo Series S3 - Epi 3-5 (MOV)</div> <div>6:00 pm Mexican Train (GR)</div> <div>Medical Transports</div> <div>HAPPY BIRTHDAY ANNE MARIE LAVALLEE</div>	<div>14</div> <div>8:30 am Waffle Wednesday (GR)</div> <div>11:30 am The Great Courses: England, the 1960's &amp; the Triumph of the Beatles (MOV)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>2:30 pm Bridge (LNG)</div> <div>4:00 pm Supper Club w/Chef Mickey Baked Salmon (\$16) (GR)</div> <div>6:00 pm Thwart (GR)</div> <div>7:00 pm Voted Movie</div>	<div>15</div> <div>12:00 pm Lunch Outing: Saigon Spring Vietnamese Restaurant</div> <div>2:00 pm Karaoke/Sing-Along (LNG)</div> <div>2:30 pm Bad Moms (MOV)</div> <div>3:00 pm Shuffleboard (LNG)</div> <div>6:00 pm Revenge (LNG)</div> <div>Medical Transports</div>	<div>16</div> <div>9:00 am Grocery Shopping</div> <div>12:00 pm Cathedral in Bloom (\$10)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>4:00 pm Happy Hour: Erin Powers BYOB (GR)</div> <div>7:00 pm Captain America: The Winter Soldier (MOV)</div> <div>HAPPY BIRTHDAY DIANE LUTHER</div>	<div>17</div> <div>10:30 am Cornhole (FS)</div> <div>1:00 pm Scrabble (LNG)</div> <div>2:00 pm Rain Maker (MOV)</div> <div>3:00 pm Billiards (BIL)</div> <div>4:00 pm Mah Jong (LNG)</div> <div>6:00 pm Rummikub (GR)</div> <div>7:00 pm Learn to Play Card Bingo w/Veda (10 dimes &amp; 1 Quarter)</div>
<div>18</div> <div>11:00 am Catholic Church Service (CP)</div> <div>2:00 pm John Wick #1 (MOV)</div> <div>4:00 pm Football (MOV)</div> <div>4:00 pm Poker (LIB)</div> <div>6:00 pm Chicken Foot &amp; Left Right Center (10 Dimes) (GR)</div>	<div>19</div> <div></div> <div>9:00 am Dr. Masias Podiatrist</div> <div>OFFICE CLOSED/NO BREAKFAST/NO FITNESS CLASSES</div>	<div>20</div> <div>12:00 pm Resident Fred Bass Art Presentation (GR)</div> <div>1:30 pm Rosary (CP)</div> <div>1:30 pm AGS: Virtual: Getting to Know your Android (FDR)</div> <div>2:30 pm Marvel Behind the Mask (MOV)</div> <div>3:00 pm Pinochle (LIB)</div> <div>3:00 pm Chili Cook Off Event (GR)</div> <div>5:00 pm Allo, Allo Series S3 - Epi 6, S4 Epi. 1 &amp; 2 (MOV)</div> <div>6:00 pm Mexican Train (GR)</div> <div>Medical Transports</div>	<div>21</div> <div>8:30 am Waffle Wednesday (GR)</div> <div>10:00 am Saratoga Casino</div> <div>11:30 am The Wise Guys (FDR)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>2:30 pm Bridge (LNG)</div> <div>4:00 pm Supper Club w/Chef Mickey Roasted Pork Loin (\$16) (GR)</div> <div>6:00 pm Bunco (GR)</div> <div>7:00 pm Voted Movie</div> <div>HAPPY BIRTHDAY MARILYN POMPOSELLO</div>	<div>22</div> <div>12:00 pm Anne Clothier: Soldier Experience at Saratoga (GR)</div> <div>1:00 pm Panera Lunch (GR) (\$)</div> <div>2:00 pm Karaoke/Sing-Along (LNG)</div> <div>2:30 pm The Secret Life of Walter Mitty (MOV)</div> <div>3:00 pm Shuffleboard (LNG)</div> <div>6:00 pm Revenge (LNG)</div> <div>Medical Transports</div>	<div>23</div> <div>9:00 am Grocery Shopping</div> <div>12:00 pm Shaker Heritage Society: Mother Ann Lee (GR)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>4:00 pm Happy Hour: Eric Peters (GR)</div> <div>7:00 pm Guardians of the Galaxy (MOV)</div>	<div>24</div> <div>10:30 am Cornhole (FS)</div> <div>1:00 pm Scrabble (LNG)</div> <div>2:00 pm Attack of the Killer Tomatoes (MOV)</div> <div>3:00 pm Billiards (BIL)</div> <div>4:00 pm Mah Jong (LNG)</div> <div>6:00 pm Rummikub (GR)</div>
<div>25</div> <div>11:00 am Catholic Church Service (CP)</div> <div>2:00 pm Ghost (MOV)</div> <div>4:00 pm Football (MOV)</div> <div>4:00 pm Poker (LIB)</div> <div>6:00 pm Chicken Foot &amp; Left Right Center (10 Dimes) (GR)</div> <div>HAPPY BIRTHDAY MONICA CHANG</div>	<div>26</div> <div>11:30 am Resident Meeting with Laura &amp; Staff (GR)</div> <div>1:00 pm - 3:00 pm Wii Bowling (GR)</div> <div>4:00 pm Supper Club w/Adolina's Italian Greens &amp; Beans (\$20) (GR)</div> <div>6:00 pm Hand &amp; Foot (GR)</div> <div>7:00 pm Canasta (LIB)</div> <div>7:00 pm Wake Up Dead Man - Knives Out (MOV)</div>	<div>27</div> <div>12:00 pm Captains Informational Meeting (GR)</div> <div>1:30 pm Rosary (CP)</div> <div>2:00 pm Birthday Party (GR)</div> <div>2:30 pm Dumb &amp; Dumber (MOV)</div> <div>3:00 pm Pinochle (LIB)</div> <div>4:00 pm Lin's Wok Chinese Food (\$14) (GR)</div> <div>5:00 pm Allo, Allo Series S 4 - Epi 3-6 (MOV)</div> <div>6:00 pm Mexican Train (GR)</div> <div>Medical Transports</div>	<div>28</div> <div>8:30 am Waffle Wednesday (GR)</div> <div>10:00 am AGS: Virtual: Scams 101 (FDR)</div> <div>11:30 am The Great Courses: England, the 1960's &amp; the Triumph of the Beatles (MOV)</div> <div>12:00 pm Craft with Andrea (GR)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>2:30 pm Bridge (LNG)</div> <div>4:00 pm Supper Club w/Chef Mickey Salisbury Steak (\$16) (GR)</div> <div>6:00 pm Thwart (GR)</div> <div>7:00 pm Voted Movie</div> <div>HAPPY BIRTHDAY MARILYN LESLIE</div>	<div>29</div> <div>11:30 am Academy of Lifelong Learning: Intro to Classical Music (\$) (MOV)</div> <div>12:00 pm Mark Hersh Trivia (GR)</div> <div>2:00 pm Karaoke/Sing-Along (LNG)</div> <div>2:30 pm The Patriot (MOV)</div> <div>3:00 pm Shuffleboard (LNG)</div> <div>4:00 pm Eddie F's (\$15) (GR)</div> <div>6:00 pm Revenge (LNG)</div> <div>Medical Transports</div>	<div>30</div> <div>9:00 am Grocery Shopping</div> <div>12:00 pm Resident Program Meeting (GR)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>4:00 pm Happy Hour: Louis Stein BYOB (GR)</div> <div>4:00 pm Pizza Party (\$5) (GR)</div> <div>7:00 pm Guardians of the Galaxy Vol. 2 (MOV)</div>	<div>31</div> <div>10:30 am Cornhole (FS)</div> <div>1:00 pm Scrabble (LNG)</div> <div>2:00 pm Oceans 11 (MOV)</div> <div>3:00 pm Billiards (BIL)</div> <div>4:00 pm Mah Jong (LNG)</div> <div>6:00 pm Rummikub (GR)</div> <div>HAPPY BIRTHDAY FRED BASS</div>

CONNECTED life



FITNESS

Every Monday

10:00 am Balance Class (FS)  
11:00 am Chair Yoga (FS)  
3:00 pm Chair Dancing (LNG)

Every Tuesday

10:00 am Sit to be Fit (FS)  
11:00 am Water Aerobics (Pool)

Every Wednesday

9:15 am Strength & Balance (FS)  
10:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required  
11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required

Every Thursday

10:00 am Sit to be Fit (FS)  
11:00 am Water Aerobics (Pool)

Every Friday

10:00 am Pilates (FS)  
11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required  
11:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required

WEDNESDAY NIGHT MOVIE  
7PM



Take a vote and have a say on what we rent on Wednesday. Minimum 5 people to rent the movie.



# Community Activities



Join Vocalist Jillian Smith  
& Keyboardist  
Michael Clement

**Monday,  
January 5<sup>th</sup>  
11:30 am**

**JULE STYNE**

**Funny Girl and Gypsy** *In the Great Room  
Sign up in the lounge*

**PROCTORS**

CLAUDIA BRACALIELLO, CARL HACKERT & vocalist GENINA SHEEHAN (debut) New Year's & Epiphany Music in the GE Theatre

**Tuesday,  
January 6<sup>th</sup>  
11:15 am**

Show at 12:00 pm  
Sign up in Lounge

**In the Proctors GE Theatre**


**THE GREAT COURSES**

**PRESENTS:**  
11:30 am - 1:00 pm

**Wednesday, January 14<sup>th</sup>**  
England the 1960's & The Triumph of the Beatles  
Episode 1 - The Magical Mystery of the Beatles  
Episode 2 - Fateful Intersections in Liverpool  
Episode 3 - Finding the Beat in the Beatles

**Wednesday, January 28<sup>th</sup>**  
England the 1960's & The Triumph of the Beatles  
Episode 4 - Nowhere Men: The Dark Side of the Beatles  
Episode 5 - Beatles for Sale: Brian Epstein's Genius  
Episode 6 - The Cold War, JFK, and the Beatles

**In the Movie Theater**



**JANUARY OUTINGS**  
*Sign up in the Lounge*


**PROCTORS NEW YEARS & EPIPHANY**  
*December 6<sup>th</sup> at 11:15 am*

**PROCTORS MONTY PYTHON SPAMALOT**  
*January 8<sup>th</sup> at 12:45 am*

**BOWLING AT SPARE TIME**  
*January 13<sup>th</sup> at 10:00 am*

**CATHEDRAL IN BLOOM**  
*January 16<sup>th</sup> at 12:00 pm*

**SARATOGA CASINO**  
*January 21<sup>st</sup> at 10:00 am*



**HAPPY HOUR**

**FRIDAYS AT 4:00 PM**

1/2 **MARK GALEO - BYOB**  
1/9 **MARK MASON**  
1/16 **ERIN POWERS -BYOB**  
1/23 **ERIC PETERS**  
1/30 **LOUIS STEIN- BYOB**

**IN THE GREAT ROOM**



**AARP: Virtual Paint Class**

**TUESDAY,  
JANUARY 6<sup>TH</sup>  
12:00 PM**

*In the Family Dining Room - Sign up in the Lounge*



**TEAM TRIVIA**

**WITH MARK HERSH**

**Thursday, January 29<sup>TH</sup> at 12:00 PM**

**IN THE GREAT ROOM - SIGN UP IN THE LOUNGE**

**\*PRIZES\***





# Welcome to Summit at Halfmoon!!!

## Living Well, Leaving Well

**Monday, January 12<sup>th</sup>**

**12:00pm**

Rita Fatula, DNP, RN (retired) has a Doctorate in Nursing; twenty years experience providing end-of-life care. Join us for an open and informative discussion.

Encouraged to bring your lunch.

**In the Great Room ~ Sign up in the Lounge**

Join for virtual classes  
**Albany Guardian Society!**



Getting to Know your Android:  
**TUESDAY, JANUARY 20<sup>TH</sup> AT 1:30 PM**

**Scams 101:**

**WEDNESDAY, JANUARY 28<sup>TH</sup> AT 10:00 AM**  
**In the FDR ~ Sign up in the Lounge**

**JASON KRAMER  
PRESENTS:**

*Holidays  
Around The World*  
**TUESDAY JANUARY 13<sup>TH</sup>**  
**1:00 PM**

**IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE**



**RESIDENT FRED BASS  
ART PRESENTATION  
TUESDAY  
JANUARY 20<sup>TH</sup>  
12:00 PM**

HE'LL BE SHOWING PICTURES OF SEVERAL PIECES FROM HIS COLLECTION THAT ARE CURRENTLY HANGING ON HIS APARTMENT WALLS. THESE WILL FEATURE TWO INTERNATIONALLY KNOWN ARTISTS THAT YOU (PROBABLY) HAVE NEVER HEARD OF.

**IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE**

*Anne Clothier Presents:*

**Soldiers Experiences at  
Saratoga**

**Thursday,  
January 22<sup>nd</sup>  
12:00 pm**



**In the Great Room ~ Sign up in the Lounge**



Presentation about  
Mother Ann Lee,  
founder of the Shakers.

**FRIDAY  
JANUARY 23<sup>RD</sup>  
12:00 PM**

NEXT YEAR IS THE 250TH ANNIVERSARY OF HER ARRIVAL AT SHAKER, THE FOCUS WILL BE NARROWED IN ON HER, HER LIFE, AND INFLUENCE ON AMERICAN CULTURE.

**IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE**

*Bill Lubdin Presents:*  
*Captains*

**TUESDAY, JANUARY 27<sup>TH</sup>  
12:00 PM**

CAPTAIN CHS and the programs and services we offer. A wide range of meaningful volunteer opportunities that could be a great way for members to support others in need while also connecting with fellow volunteers.

**IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE**



**Winter Olympics**

**Tuesday, January 13<sup>th</sup>  
at 11:30 am**



Join us for some fun in our very own Winter Wacky Olympic Day! Come for competition, prizes, laughs and refreshments!

**In the Great Room ~ Sign up in the Lounge**



# Concierge Services

## MEAL OPTIONS

### CONTINENTAL BREAKFAST

Daily 8:30—10:15 AM

### LUNCH

Lunch outings available twice each month.

Please see calendar.

### SUPPER CLUB

You have the option of two hot meals each week. They come ready to eat, from local Chefs/eateries.

You can pick up your pre-paid meals at 4pm in the Great Room or consider dining in with others.



## Friday Grocery Shopping

*Every Friday*, the Halfmoon bus goes to 5 local grocery stores: Market 32, Hannaford, Trader Joe's, Aldi, and Walmart. We will leave at 9:00 am. The bus will pick you up at the main entrance and shopping lasts 1 hour. Please Sign-up in the Lounge.



**TRADER JOE'S**

**Walmart**

## Medical Appointments Every Tuesday and Thursday

Every Tuesday and Thursday, we provide transportation to scheduled, routine medical appointments within a 10-mile radius of our community. This service is available between the hours of 9 AM and 2 PM. Contact the office for more details and to reserve your appointment time.



Located in the Practitioner's Suite on the 3rd Floor  
**315-878-1327**



♥ Gift Certificates Available ♥

**Nails: Tina 518-698-4693**

**Nails: Darcy 518-605-7566**

**Esthetician: Jolene 210-857-5851**

**Hair: Sue 518-495-6054**

**Massage: Cathy 518-229-0741**



**CleanEatz**

## SAMPLER EVENT

**Friday, January 9<sup>th</sup>  
1:00 pm**



1: XL Beef Birria Bowl

2: XL Big Boy in a Bowl

3: XL Chicken Bacon Ranch Loaded Potatoes

4: XL Jamaican Jerk Chicken

5: XL Philly Beef Bowl XL

6: XL Pineapple Chicken Teriyaki

**IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE**

## Resident Informational Meetings

**Theater How-To/Movie Committee**  
Wednesday, January 7th at 11:00 am

**Resident Meeting with Laura & Staff**  
Monday, January 26th at 11:30 am

**Resident Program Meeting**  
Friday, January 30th at 12:00 pm

## On-Site Podiatrist

**Dr. Michael Masias, DPM**  
Monday, January 19th at 9:00am  
Dr. Masias will be on site.  
**518-320-8659**

