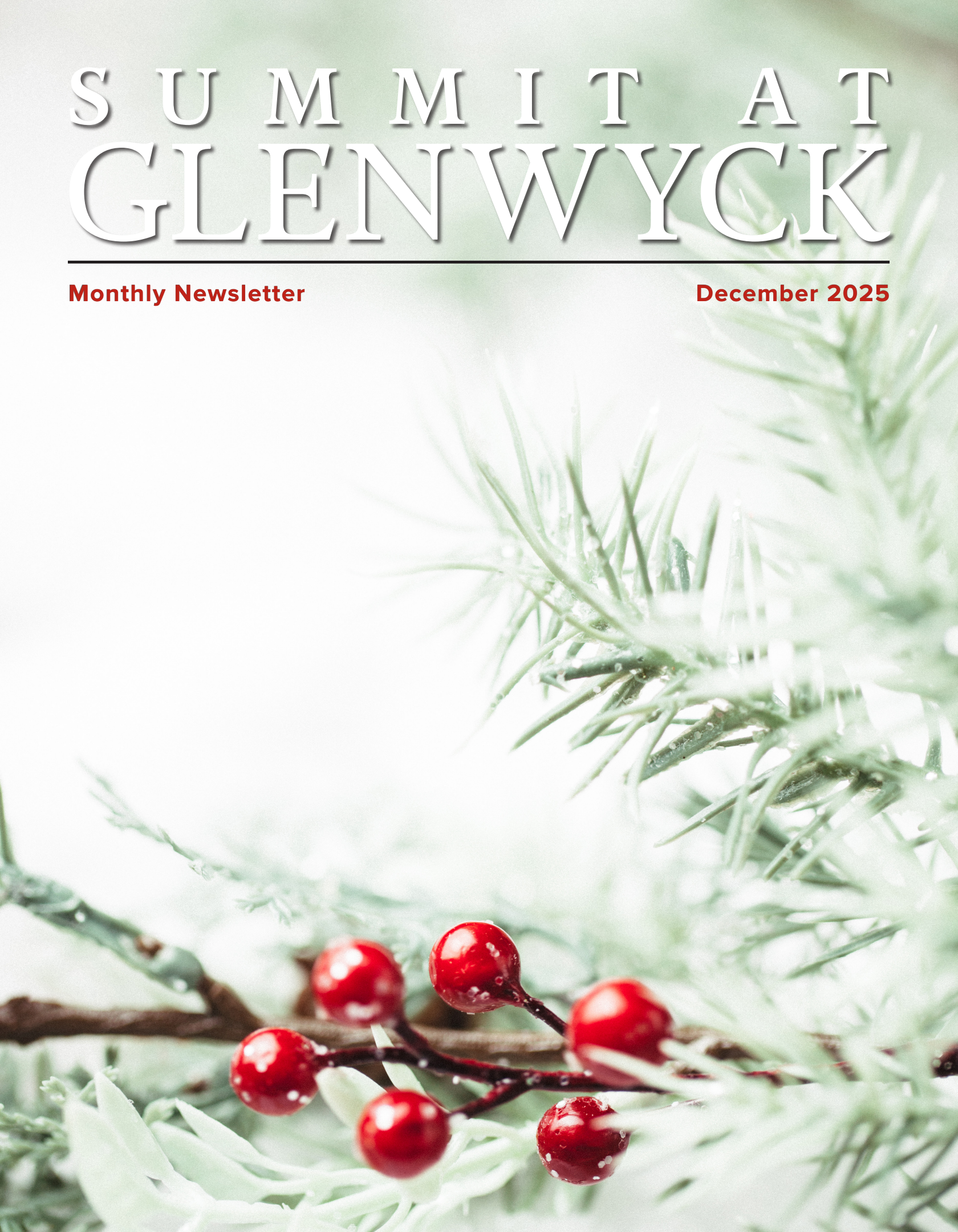


# SUMMIT AT GLENWYCK

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**Monthly Newsletter**

**December 2025**





# THE Manager's Message

It truly is "The Most Wonderful Time of the Year" that we all look forward to gathering with friends and family celebrating meaningful holidays! Our calendar is full of music, tree decorating, and our Annual Holiday Dinner catered by the Turf Tavern to name a few.

Acts of generosity and caring come in many forms, especially during the holidays. Sharing sweet treats and a festive beverage is a time-honored holiday tradition. Show off your baking skills & invite a friend or neighbor to sample your masterpiece. I am here to tell you from personal experience that your gesture will be deeply appreciated and long remembered.

Christmas brings family and friends together. It helps us appreciate the love in our lives that we often take for granted. May the true meaning of the holiday season fill your heart and home with many blessings.

Happy Holidays!



Laurie Ignazio  
Community Manager



***Holiday Dinner***  
*Monday, December 8*  
*4:00pm*  
*Great Room/Tavern*

*Residents are invited to join us for our annual Holiday Dinner, catered by Turf Tavern. This special event will be dine-in only. Please RSVP by December 2.*

## Celebrating Hanukkah

Join Rabbi Cutler on Thursday, December 11 at 1:30pm for an engaging Hanukkah presentation — whether you're learning about the holiday or celebrating it, all are welcome!

Then, come back Friday, December 19 at 4:00pm in the Great Room for the Lighting of the Menorah, songs, festive spirit, and traditional latkes during Happy Hour!



## Let's Celebrate!

**Wednesday, December 31**  
**6:00pm - Great Room**

**Ring in the New Year a little early with friends and neighbors! Please bring an appetizer to share — Summit will provide the decorations, champagne punch, and dessert.**



## Staff

### Community Manager

Laurie Ignazio  
Lignazio@summitseniorlife.com

### Resident Services Coordinator

Rebecca Detora  
rdetora@summitseniorlife.com

### Maintenance

Thomas Nardini  
Paul Coffin

### Driver

Harold Bergeron

### Housekeeper

Alyssa Hughes

### Weekend Concierge/ Marketing Assistant

Evelyn Kauffman  
Cheryl Skowronek

### Office Phone

518-280-7340

### Emergency Maintenance

518-338-9562

The Summit At Glenwyck  
150 Dutch Meadows Lane  
Glenville, NY 12302

*Please join us in welcoming our newest friends to the Summit at Glenwyck.*

*Ray Thornton from Spencer, NY, will be moving into apartment 108.*

*Diane Mitchell & Irene Voit from River Dale, Utah into apartment 312.*

*Glen & Mary Cullen from Ballston Spa, NY into apartment 317.*

# Community Activities

## Resident Informational Meetings

**Program Meeting with Rebecca**  
Wednesday, December 3 at 11:00am



**Resident Meeting with Laurie & Staff**  
Monday, December 15 at 11:00am

**Theater How-to/Movie Committee**  
Tuesday, December 16 at 11:00am



## Let's get in the holiday spirit!

### Wrap & Chat

**Saturday, December 6, 13 & 20**  
**12:00-2:00pm - Tavern**  
We supply the paper & bows,  
and you supply the gifts!



### Holiday Card Workshop

**Sunday, December 7 & 14**  
**10:30-11:30am - Tavern**  
We'll have the cards ready, you just  
bring your addresses and a stamp. Let's  
make someone's mailbox a little merrier!



## Music & Trivia

**Jingle Mingle with Mark Mason**

Thursday, December 4 at 1:30pm

**Round Lake Heartstrings**

Friday, December 12 at 11:00am

**Tin Roof Blues**

Sunday, December 21 at 1:00pm

**Team Trivia with Mark**

Tuesday, December 23 at 2:00pm



**Thursday, December 4**  
**1:30pm - Great Room**

Join us for our festive  
Annual Jingle Mingle  
featuring lively music  
by Mark Mason—and  
don't miss your chance  
to win the Ugly Sweater  
Contest!



**Monday, December 22**  
**11:00am - Great Room**

Bake one kind of cookie  
and take home a festive  
assortment to enjoy or  
gift!  
Sign up by December 8  
— we'll let you know  
how many to bake once  
we have the final count.

## Happy Birthday

<i>Terri Stephens</i>	<i>12/04</i>
<i>Sarah Provost</i>	<i>12/05</i>
<i>Carol Simmons</i>	<i>12/06</i>
<i>Larry Lennon</i>	<i>12/07</i>
<i>Paul Zemanek</i>	<i>12/07</i>
<i>Harry Richard</i>	<i>12/08</i>
<i>Catherine Mart</i>	<i>12/09</i>
<i>Mary Whitehead</i>	<i>12/14</i>
<i>Pat Yazum</i>	<i>12/14</i>
<i>Carol Flansburg</i>	<i>12/18</i>
<i>Carol Farrar</i>	<i>12/20</i>
<i>Sally Heiligman</i>	<i>12/21</i>
<i>Evelyn Iacobucci</i>	<i>12/22</i>
<i>Richard Gershon</i>	<i>12/25</i>
<i>Ellen Normandin</i>	<i>12/31</i>

*Help us celebrate our monthly birthdays on  
Tuesday, **December 30 at 2:00pm** in the Great  
Room. Cake & ice cream for all!*

**Happy Hour  
every Friday  
at 4:00pm  
in the  
Great Room.**

**December 5: Bring an Appetizer to Share**  
Beer, wine & soda will be provided.

**December 12: BYOB Happy Hour**  
Snacks & soda will be provided.


**December 19: Happy Hour**  
Enjoy appetizers made by our 'Cooking with  
Friends' group including potato pancakes!

**December 26: Pizza Party \$5**  
Beer, wine & soda will be provided.



S	M	T	W	TH	F	S
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Monday, December 1</b> <b>11:00am</b> <b>Great Room</b></p>	1  11:00am Deck the Halls & Trim the Trees GR 1:00pm Lit Club LIB 2:00pm Pinochle TAV 2:30pm Catholic Rosary Circle LIB 8:15pm Monday Night Football MOV	2 <b>9:30am Holiday Shopping at Boscov's</b> 1:00pm Canasta TAV 1:00pm Teamwork Gingerbread House Decorating Contest GR 2:30pm Movie & Popcorn MOV 4:00pm Dice Game: LCR GR 5:30pm Ten Cent Poker TAV 6:30pm Indoor Walking Group LO	3  8:30am Waffle Wednesday GR 11:00am Program Meeting with Rebecca 1:00pm Lit Club LIB <b>2:00pm Medicare &amp; What's New GR</b> 2:00pm That's All Card Game TAV 4:00pm Supper Club w/Maria's Cafe: Macaroni & Cheese \$15 TAV 4:00pm Learn & Play Rummikub TAV	4  11:00am Mahjong TAV <b>1:30pm Jingle Mingle &amp; Ugly Sweater Contest with Mark Mason GR</b> 2:00pm Pinochle TAV 3:00pm Knitting & Crocheting Group GR 4:15pm Chef Mickey's Meatloaf Dinner \$16 6:00pm Learn & Play Cribbage TAV 6:30pm Scrabble TAV 6:30pm Walking Group LO <b>HAPPY BIRTHDAY TERRI STEPHENS</b>	5 <b>9:00am Grocery Shopping</b> <b>11:00am Living Well, Leaving Well GR</b> 1:00pm Lit Club LIB 1:30pm Quarter Bingo GR 4:00pm Bring an Appetizer to Share <b>Reminder: Next week's food orders are due today. Thank you!</b> <b>HAPPY BIRTHDAY SARAH PROVOST</b>	6  12:00-2:00pm Wrap & Chat TAV 1:30pm Glenwyck Cinema MOV 2:00pm Quarter Bingo GR 6:00pm Game Night TAV 6:00pm Fireside Chat GR <b>HAPPY BIRTHDAY CAROL SIMMONS</b>
7 10:30-11:30am Holiday Card Workshop TAV 2:00pm Dominoes TAV 2:00pm Quarter Bingo GR 4:00pm Poker TAV 4:25pm NFL Sunday Football MOV 6:00pm Mahjong TAV <b>HAPPY BIRTHDAY LARRY LENNON</b> <b>HAPPY BIRTHDAY PAUL ZEMANEK</b>	8 8:30-10:00am Light Breakfast TAV 11:30am Maria's Lunch: Soup & Sandwich 1:00pm Lit Club LIB 2:00pm Pinochle TAV 2:30pm Catholic Rosary Circle LIB <b>4:00pm Holiday Dinner by Turf Tavern GR</b> 8:15pm Monday Night Football MOV <b>HAPPY BIRTHDAY HARRY RICHARD</b>	9 <b>11:15am Organ Christmas Concert by Juan Cardona at Proctors</b> 1:00pm Canasta TAV 2:30pm Movie & Popcorn MOV 4:00pm Chef Johnny's Marry Me Chicken \$16 GR 5:30pm Ten Cent Poker TAV 6:30pm Indoor Walking Group LO <b>HAPPY BIRTHDAY CATHERINE MART</b>	10 8:30am Waffle Wednesday GR 10:00am Podiatrist Dr. Masias <b>11:00am Protect Yourself from Fraud GR</b> 1:00pm Lit Club LIB 2:00pm That's All Card Game TAV 4:00pm Supper Club w/Maria's Cafe: Beef Stroganoff \$15 TAV 4:00pm Rummikub TAV <b>4:30pm Quick Response Holiday Lights Outing</b> <b>6:00pm Musical Movie Night: White Christmas</b>	11  11:00am Mahjong TAV <b>1:30pm Learn the Story of Hanukkah</b> 2:00pm Pinochle TAV 3:00pm Knitting & Crocheting Group GR 4:00pm Dice Game: LCR GR 4:00pm Subway \$6 To-go GR 6:00pm Cribbage/6:30pm Scrabble <b>6:30pm Caroling by Scotia-Glenville High School</b>	12 <b>9:00am Grocery Shopping</b> <b>11:00am Round Lake Heartstrings Entertain GR</b> 1:00pm Lit Club LIB 1:30pm Quarter Bingo GR 2:00-4:30pm Terri's Treasures TAV 4:00pm BYOB Happy Hour GR <b>Reminder: Next week's food orders are due today. Thank you!</b>	13  12:00-2:00pm Wrap & Chat TAV 1:30pm Glenwyck Cinema MOV 2:00pm Quarter Bingo GR 6:00pm Game Night TAV 6:00pm Fireside Chat GR
14 10:30 Holiday Card Workshop TAV 2:00pm Dominoes TAV 2:00pm Quarter Bingo GR 4:00pm Poker TAV 4:25pm NFL Sunday Football MOV 6:00pm Mahjong TAV <b>HAPPY BIRTHDAY MARY WHITEHEAD</b> <b>HAPPY BIRTHDAY PAT YAZUM</b> <b>Hanukkah Begins at Sundown</b>	15  11:00am Resident Meeting w/Laurie GR 11:30am Maria's Lunch Bunch: Turkey Reuben 1:00pm Lit Club LIB 2:00pm Pinochle TAV 2:30pm Catholic Rosary Circle LIB 8:15pm Monday Night Football MOV	16 <b>10:00am Festival of Trees Outing</b> 11:00am Theater How-to MOV 1:00pm Canasta TAV 2:00pm Summit Service Club Meeting GR 2:30pm Movie & Popcorn MOV 4:00pm Dice Game: LCR GR 5:30pm Ten Cent Poker TAV 6:30pm Indoor Walking Group LO	17 <b>11:15am Lunch at MAX410 at The Waters Edge</b> 1:00pm Lit Club LIB 2:00pm That's All Card Game TAV 4:00pm Supper Club w/Maria's Cafe: Homemade Gnocchi Dinner \$15 TAV 4:00pm Rummikub TAV <b>6:00pm R&amp;R Concert Night: Trans-Siberian Orchestra - The Ghost of Christmas Eve MOV</b>	18  11:00am Mahjong TAV 1:00pm Library Committee LIB 2:00pm Pinochle TAV 3:00pm Knitting & Crocheting Group GR 4:15pm Chef Mickey's Baked Haddock Dinner \$16 GR 6:00pm Cribbage TAV 6:30pm Scrabble TAV 6:30pm Walking Group LO <b>HAPPY BIRTHDAY CAROL FLANSBURG</b>	19 <b>9:00am Grocery Shopping</b> 11:00am Cooking with Friends GR 1:00pm Lit Club LIB 1:30pm Quarter Bingo GR 4:00pm Lighting of the Menorah & Happy Hour GR <b>Reminder: Next week's food orders are due today. Thank you!</b> <b>No Fitness Classes</b>	20  12:00-2:00pm Wrap & Chat TAV 1:30pm Glenwyck Cinema MOV 2:00pm Quarter Bingo GR 6:00pm Game Night TAV 6:00pm Fireside Chat GR <b>HAPPY BIRTHDAY CAROL FARRAR</b>
21 <b>1:00-2:00pm Tin Roof Blues Entertain GR</b> 2:00pm Dominoes TAV 2:30pm Quarter Bingo GR 4:00pm Poker TAV 4:25pm NFL Sunday Football MOV 6:00pm Mahjong TAV <b>HAPPY BIRTHDAY SALLY HEILIGMAN</b> <b>Winter Begins</b>	22  <b>11:00am Cookie Exchange GR</b> 11:30am Maria's Lunch Bunch: Chicken Caprese Panini \$12 1:00pm Lit Club LIB 2:00pm Pinochle TAV 2:30pm Catholic Rosary Circle LIB 8:15pm Monday Night Football MOV <b>HAPPY BIRTHDAY EVELYN IACOBUCCI</b>	23  1:00pm Canasta TAV <b>2:00pm Team Trivia with Mark Hersh</b> 2:30pm Movie & Popcorn MOV 4:00pm Dice Game: LCR GR 5:30pm Ten Cent Poker TAV 6:30pm Indoor Walking Group LO	24  8:30am Waffle Wednesday GR 11:00am Resident Choice Classical Holiday Movie MOV 1:00pm Lit Club LIB 2:00pm That's All Card Game TAV 4:00pm Rummikub TAV	25  <b>Office is Closed</b> <b>No Fitness Classes</b> <b>HAPPY BIRTHDAY RICHARD GERSHON</b>	26 <b>9:00am Grocery Shopping</b> 1:00pm Lit Club LIB 1:30pm Quarter Bingo GR 4:00pm Happy Hour: Pizza Party \$5 GR <b>Reminder: Next week's food orders are due today. Thank you!</b> <b>No Fitness Classes</b>	27  1:30pm Glenwyck Cinema MOV 2:00pm Quarter Bingo GR 6:00pm Game Night TAV 6:00pm Fireside Chat GR
28  2:00pm Dominoes TAV 2:00pm Quarter Bingo GR 4:00pm Poker TAV 4:25pm NFL Sunday Football MOV 6:00pm Mahjong TAV	29 <b>11:30am PRN presents Staying Active During Winter Months GR</b> 12:30-3:00pm Swap Party: One person's trash is another person's treasure GR 1:00pm Lit Club LIB 2:00pm Pinochle TAV 2:30pm Catholic Rosary Circle LIB 8:15pm Monday Night Football MOV	30  1:00pm Canasta TAV 2:00pm Monthly Birthday Party GR 2:30pm Movie & Popcorn MOV 4:00pm Dice Game: LCR GR 5:30pm Ten Cent Poker TAV 6:30pm Indoor Walking Group LO	31 8:30am Waffle Wednesday GR 1:00pm Lit Club LIB 2:00pm That's All Card Game TAV 4:00pm Rummikub TAV <b>6:00pm NEW YEAR'S EVE Potluck</b> <b>HAPPY BIRTHDAY ELLEN NORMANDIN</b>		 <b>Wednesday December 10</b> <b>6:00pm</b>	 <b>Wednesday December 17</b> <b>6:00pm</b>
<b>CONNECTED life</b>  <b>FITNESS</b>	<b>Every Monday</b> 8:30 Water Aerobics (P) 9:30 Buddy Swim (P)	<b>Every Tuesday</b> 8:45 Sit 2B Fit (FS) 9:30 Buddy Swim (P) 9:45 Balance Class (FS)	<b>Every Wednesday</b> 8:30 Water Aerobics (P) 9:30 Hydorridders (P) 10:00 Buddy Swim (P) 1:00 Chair Dance Exercise Class (FS)	<b>Every Thursday</b> 8:45 Sit 2B Fit (FS) 9:30 Buddy Swim (P)	<b>Every Friday</b> 8:30 Water Aerobics (P) 9:30 Hydorridders (P) 10:00 Buddy Swim (P)	



 **Medicare & What's New**  
**Wednesday, December 3**  
**2:00pm - Great Room**

Join us for an informative session on the latest Medicare updates and options for the year ahead. Bring your questions and gain confidence in understanding your coverage—it's never too late to learn something new!

**Living Well, Leaving Well**

Rita Fatula, DNP, RN (Retired), holds a Doctorate in Nursing and brings over twenty years of experience in end-of-life care.

Join us for an open and informative discussion covering topics such as:


- Advance Directives
- Quality of Life
- How to talk about difficult subjects with family members

You're encouraged to bring your own questions — they may also be submitted anonymously.


**Wednesday, December 5 at 11:00am**  
**Great Room**

**Protect Yourself from Elder Fraud**

**Tuesday, December 10**  
**11:00 am**  
**Great Room**



Learn how scammers target seniors, discover common fraud schemes, and get practical tips to safeguard yourself and your finances.

 **PRN**  
PT OT & SLP PLLC  
Rehabilitation Services  
an affiliate of The Weston Healthcare Group

**Monday, December 29**  
**11:30am**  
**Great Room**

**Staying Active During Winter Months**


The winter can be an isolating time for many. Come and hear strategies to help keep the rust off during the winter months in this interactive presentation by PRN. Refreshments served!

**Holiday Shopping** 

**Tuesday, December 2**

Get your holiday shopping done at Clifton Park Center Mall—home to Boscov's and a great mix of favorite stores.


The bus will leave the Summit at 9:30am and return to pick you up at 12:00pm.

**Free Organ Concert @ Proctors Theater** 

**Tuesday, December 9**

Get into the holiday spirit as the exciting Juan Cardona returns with Christmas favorites from his CD in the GE Theatre!

The bus will leave the Summit at 11:15am.

 **Holiday Lights Outing**

**Wednesday, December 10**

Holiday goers can once again enjoy the annual Quick Response Restoration light show and display.


The bus will leave the Summit at 4:30pm.

**Festival of Trees** 

**Tuesday, December 16**

Enjoy a festive display featuring over 70 beautifully decorated trees spread throughout the galleries of Schenectady County Historical Society.

The bus will leave the Summit at 10:00am and return to pick you up at 11:30am.

**Max410 at The Waters Edge Lunch Outing** 

**Wednesday, December 17**

All decorated for the holidays, Max410 at The Waters Edge offers a perfect blend of charm, elegance, and exceptional cuisine.

The bus will leave the Summit at 11:15am.



**Bon Appetit** — All food orders are due by 12pm the Friday before.

**Dine in with Chef Mickey-\$16**

**Thursday, December 4 @ 4:00pm**

Meatloaf, mashed potatoes, gravy,  
vegetable, salad, roll

**Thursday, December 18 @ 4:00pm**

Baked Haddock, mashed potato,  
vegetable, salad, roll

**Dine in with Chef Johnny-\$16**

**Tuesday, December 9**

Marry Me Chicken

Creamy, flavorful chicken in a rich sauce of  
garlic, sun-dried tomatoes, heavy cream,  
and Parmesan cheese.

Served over rice, vegetable, dessert.

When signing up, please let us know if you  
will be dining in or taking your meal to-go.  
To-go containers will be labeled with your  
apartment number and placed on the  
tavern bar. 15 Resident Minimum



**Thursday,**

**December 11 at 4:00pm**

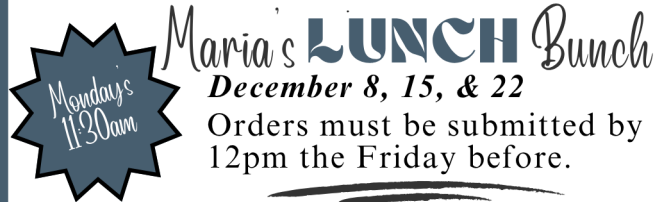
Enjoy a better-for-you sub sandwich  
from Subway! Orders must be  
submitted by 12 pm the Friday before.

**PIZZA  
PARTY**

**Friday,  
December 26  
4:00pm**

**\$5**  
\*CASH ONLY\*

Please sign up in the office by 12/19.



**December 8, 15, & 22**

Orders must be submitted by  
12pm the Friday before.

**December 8 - Soup & Sandwich**

Grilled Cheese, tomato soup,  
oatmeal raisin cookie

**\$12 Cash**

**December 15 - Turkey Reuben**

served with chips, chocolate chip cookie

**December 22 - Chicken Caprese Panini**

served with macaroni salad, brownie

**SupperClub**

FOOD & FRIENDS

**Wednesday's  
Supper Club with  
Maria's Cafe-\$15**

Delivered to the Lobby  
Wednesdays at 4:00pm.

Orders must be submitted by  
12pm the Friday before.

**December 3**

**Macaroni & Cheese**

served with tossed salad, roll,  
dessert

**December 10**

**Beef Stroganoff**

served over egg noodles, peas &  
carrots, tossed salad, cornbread

**December 17**

**Homemade Gnocci**

served with pesto & roasted  
tomatoes, tossed salad,  
Italian bread



# Concierge Services

## We're here, just for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.

 **Complimentary  
beauty consultation**  
(appointment needed)

♥ Gift Certificates Available ♥

**Stylist**  
**Vicki Grygas 518-369-1481**

**Nail Technician &  
Waxing Specialist**  
**Tina Mone 518-698-4693**

**PRICE CHOPPER**



**pharmacy**

DELIVERY IS AVAILABLE

Monday— Friday. Call Jessica at 399-6474.

## FROZEN DINNERS

By: *Chef Johnny*



Chef Johnny is now offering frozen meals, which are available in the office any day of the week during business hours. The dinners below are \$14 each and ready to be heated.

- Chicken Parmigiana with pasta, sauce, vegetable
- Meatloaf with mashed potatoes, vegetable
- Turkey with stuffing, roasted potatoes, vegetable
- Hawaiian Chicken with fried rice, green beans

## CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



There are complimentary copies of the newspaper located in the Great Room to read.

## On-Site Podiatrist

**Dr. Michael Masias, DPM**

**Wednesday, December 10  
10:00am**

To make your appointment, sign up in the office. He will visit you in your apartment.

## Friday Grocery Shopping

Fridays at 9:00 am

Call the office to sign up



**TARGET**



**Walmart**

## Medical Appointments

**Tuesday, Wednesday & Thursday, between  
9:00 am and 1:00 pm, unless events or urgent  
maintenance needs conflict.**

Please notify the office at least one week ahead of time. It must be within a 10-mile radius.



Patient Service Coordinator  
Gina Vandenburg

**315-878-1327**

**Vandenburg@prnphysicaltherapy.com**