

SUMMIT AT EASTWYCK

Monthly Newsletter

December 2025



Summit Eastwyck

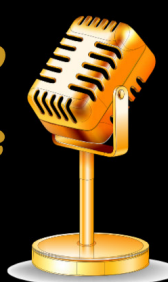


Holiday
PARTY

Wednesday
December 17th at 3:00pm

KARAOKE WITH DEB ZEP
SIGN UP IN THE GREAT ROOM BY 12/12

Eat. Drink. Be Merry.



**COMEDY
SHOW**

MONDAY, DECEMBER 1ST
SHOW STARTS AT 3:00 PM

Special Performance:

JUDI CLEMENTS

**SIGN-UP
IN THE GREAT ROOM**

Staff



Community Manager

Amanda DeSarbo
adesarbo@summitseniorlife.com

Residents Service Coordinator

Nicole Squadere
nsquadere@summitseniorlife.com

Maintenance

Dave Demarest
Bill Branion
Derek Holman

Driver

Scott Earley

Weekend Clubhouse Attendant

Tracey Ainsworth
Daisy Rojas

Summit at Eastwyck
1 Eastwyck Circle
Rensselaer, NY 12144
518.874.1638
www.summitseniorlife.com

Summit At Eastwyck



**ALYSSA
YEAGER**

HAPPY HOUR

**Monday, December 22nd
at 3:00pm**

SIGN-UP IN THE GREAT ROOM BY 12/15

COME JOIN US FOR

DRAMA CLUB

on Monday's

PRACTICE:
DECEMBER 1ST, 15TH, 22ND
4:30 PM

PERFORMANCE:
DECEMBER 29TH
2:15 PM



ALL ARE WELCOME

**SANTA'S PLAYLAND CHRISTMAS LIGHTS
IN ROUND LAKE**

**THURSDAY, DECEMBER 4TH
BUS DEPARTS AT 3:30PM**

CELEBRATE THE SEASON WITH A SANTA MEET AND GREET,
COMPLIMENTARY PHOTOS, HOT COCOA, HOLIDAY CRAFTS, AND A
MAGICAL RIDE THROUGH THE SPARKLING HOLIDAY LIGHTS.



**HANDBELL CHOIR
PERFORMANCE
FEATURING LANCE SMITH**

**Wednesday, December 17th
6:30 pm**

**SIGN-UP IN
THE GREAT ROOM
BY 12/11**



 **Weekly Adventures:** 
Library, Bank, and Shopping!

**Tuesday, December 2nd
9:00am-Walmart/Target**

**Tuesday, December 9th
9:00am-Trader Joes
11:30am-Colonie Center**

**Tuesday, December 16th
9:00am-Walmart/Target
11:30am-Crossgates Mall**

**Tuesday, December 23rd
9:00am-Bank*/Library**

**Tuesday, December 30th
9:00am-Trader Joes
11:30am-Colonie Center**

***Banks on our itinerary:**
Berkshire Bank
Broadview Federal Credit Union
First NY Federal Credit Union
KeyBank
Pioneer

Sign-up in the Great Room

S	M	T	W	TH	F	S
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
COLOR CODE RED: OUTINGS GREEN: ENTERTAINMENT PINK: GR RESERVATIONS ORANGE: FOOD OPTIONS BLUE: SEMINARS/ PRESENTATIONS BLACK: RESIDENT RUN	1 12:00 Let's Do Lunch (\$14) Taco Salad (GR) 1:00 Pinochle (GMR) 1:30 Rummikub (GMR) 3:00 Judi Clement Comedy Show (GR) 4:00 Sit and Stitch (GR) 4:30 Drama Club (GR) 6:00 Poker Night (GMR)	2 9:00 (DT) Walmart/Target 11:30 (DT) Lunch Outing: Hanzos Steakhouse 1:30 Rummikub (GMR) 2:00 Sing - Along (GR) 3:00 Quarter Bingo (GR) 6:00 Liverpool Rummy (GMR)	3 10:15 Line Dancing (FS) 10:30 Decorating the Tree (GR) 1:00 (DT) Vendor Fair at Summit at Halfmoon 1:30 Triple Play (GR) 1:30 Writing Club (GMR) 4:00 Sit and Stitch (GR)	4 Medical Transports 11:00 PRN Staying Active Presentation (GR) 3:30 (DT) Holiday Lights and Cookies with Santa Visit 4:00 Supper Club (\$15) Chicken Parmigiana (GR) 6:00 Liverpool Rummy (GMR)	5 8:00 (DT) & 10:00 (DT) Grocery Shopping 11:00 Tree Lighting and Cookie Decorating (GR) 1:00 Chair Dancing/Exercise (FS) 1:00 Canasta (GMR) 1:30 Choral Rehearsal (GR) 1:30 Rummikub (GMR) 3:30 Rosary (GMR) 7:00 Chillin' By The Fire (GR)	6 1:30 Rummikub (GMR)
7 1:00 Mexican Train (GR) 1:30 Rummikub (GMR) 4:30 Bible Study (GMR)	8 12:00 Let's Do Lunch (\$14) Chicken Fajita Wrap (GR) 1:00 Pinochle (GMR) 1:30 Rummikub (GMR) 4:00 Sit and Stitch (GR)	9 9:00 (DT) Trader Joe's 11:30 (DT) Colonie Center 1:00 Tai Chi (FS) 1:30 Writing Club (GMR) 4:00 Sit and Stitch (GR) 6:00 Liverpool Rummy (GMR)	10 8:00 (DT) & 10:00 (DT) Grocery Shopping 12:15 (DT) Lunch Outing: Gateway Diner 10:15 Line Dancing (FS) 11:30 Men's Lunch (GR) 1:30 Rummikub (GMR) 2:00 New Resident Orientation (GR) 4:00 Sit and Stitch (GMR)	11 Medical Transports 11:00 Daughter for Hire Presentation (GR) 1:30 Rummikub (GMR) 2:00 Bingo (GR) 4:00 Supper Club \$(19) Hot Turkey Sandwich(GR) 6:00 Liverpool Rummy (GMR)	12 8:45 (DT) The Nutcracker at Proctors 1:00 Canasta (GMR) 1:30 Rummikub (GMR) 1:30 Choral Concert (GR) 3:30 Rosary (GMR) 7:00 Chillin' By The Fire (GR)	13 11:00 Jewelry Making w/ Stephanie (GR) 1:30 Rummikub (GMR)
14 HAPPY HANNUKAH 1:00 Mexican Train (GR) 1:30 Rummikub (GMR) 2:00 Lighting the Menorah (GR) 4:30 Bible Study (GMR)	15 12:00 Let's Do Lunch (\$14) Roast Turkey Melt (GR) 1:00 Pinochle (GMR) 1:30 Rummikub (GMR) 2:00 Lighting the Menorah (GR) 4:00 Sit and Stitch (GR) 4:30 Drama Club (GR) 6:00 Poker Night (GMR)	16 9:00 (DT) Walmart/Target 11:30 (DT) Crossgates Mall 1:30 Rummikub (GMR) 1:45 Lighting the Menorah (GR) 2:00 Sing - Along (GR) 3:00 Quarter Bingo (GR) 6:00 Liverpool Rummy (GMR)	17 10:15 Line Dancing (FS) 1:30 Writing Club (GMR) 2:00 Lighting the Menorah (GR) 3:00 Holiday Party and Karaoke w/ Deb Zep (GR) 4:00 Sit and Stitch (GR) 6:30 Handbell Choir Performance (GR)	18 Medical Transports 1:30 Rummikub (GMR) 2:00 Lighting the Menorah (GR) 4:00 Bingo Trivia w/ Pam & Tammy (GR) 4:00 Supper Club (\$15) Mushroom & Swiss Burger (GR) 6:00 Liverpool Rummy (GMR)	19 8:00 (DT) & 10:00 (DT) Grocery Shopping 12:15 (DT) Lunch Outing: Off Shore Pier 1:00 Chair Dancing/Exercise (FS) 1:00 Canasta (GMR) 1:30 Rummikub (GMR) 2:00 Lighting the Menorah (GR) 3:30 Rosary (GMR) 7:00 Chillin' By The Fire (GR)	20 11:00 Movie: Jingle Bell Heist (GR) 1:30 Rummikub (GMR) 2:00 Lighting the Menorah (GR)
21 1:00 Mexican Train (GR) 1:30 Rummikub (GMR) 2:00 Lighting the Menorah (GR) 4:30 Bible Study (GMR)	22 12:00 Let's Do Lunch (\$13) Cobb Salad (GR) 1:00 Pinochle (GMR) 1:30 Rummikub (GMR) 3:00 Happy Hour with Alyssa Yeager (GR) 4:00 Sit and Stitch (GR) 4:30 Drama Club (GR)	23 9:00 (DT) Bank/Library Trip 11:30 (DT) Saratoga Casino 1:00 Tai Chi (FS) 1:30 Rummikub (GMR) 2:00 Sing - Along (GR) 3:00 Quarter Bingo (GR) 6:00 Liverpool Rummy (GMR)	24  10:15 Line Dancing (FS) 1:30 Rummikub (GMR) 4:00 Sit and Stitch (GR)	25 OFFICE CLOSED NO BREAKFAST/NO FITNESS 	26 NO FITNESS 8:00 (DT) & 10:00 (DT) Grocery Shopping 1:00 Canasta (GMR) 1:30 Rummikub (GMR) 3:30 Rosary (GMR) 7:00 Chillin' by the Fire (GR)	27 1:30 Rummikub (GMR)
28 1:00 Mexican Train (GR) 1:30 Rummikub (GMR) 4:30 Bible Study (GMR)	29 12:00 Let's Do Lunch (\$16) Homemade Meatloaf (GR) 1:00 Pinochle (GMR) 1:30 Rummikub (GMR) 2:00 Birthday Celebration (GR) 2:15 Drama Club Performance (GR) 4:00 Sit and Stitch (GR)	30 9:00 (DT) Trader Joe's 11:30 (DT) Colonie Center 1:30 Rummikub (GMR) 2:00 Sing Along (GR) 3:00 Quarter Bingo (GR) 6:00 Liverpool Rummy (GMR)	31 10:15 Line Dancing (FS) 12:00 Happy New Year Champagne & Cookies (GR) 1:30 Rummikub (GMR) 4:00 Sit and Stitch (GR)			
CONNECTED life  FITNESS	Every Monday 9:00 Sit To Be Fit 10:00 Aqua Fit	Every Tuesday 8:00 Hydro Rider 9:00 Pilates 10:00 Strength & Balance	Every Wednesday 9:00 Sit To Be Fit 9:45 Drumming 11:00 Aqua Fitness Volleyball	Every Thursday 9:00 Strength & Balance 10:00 Move and Groove 11:00 Stretch and Flex	Every Friday 9:00 Sit To Be Fit 10:00 Aqua Fit 11:00 Chair Yoga	

Community Activities

BIRTHDAY BASH

MONDAY, DECEMBER 29TH
2:00 PM



BECKY ARCHITZEL	12/02
BARBARA HARDING	12/03
MARY RYAN	12/05
SUSAN SMITH	12/05
VALERIE FEMIA	12/13
KAREN TAYLOR	12/14
PEG ROMER	12/18
CAROLE WEST	12/18
KATHY ROBERTS	12/20
BETTY FRANK	12/21
SUSAN HARDING	12/25
CAROL HANLEY	12/27
PATRICIA COLLINS	12/28
BARBARA CHARTRAND	12/30
ELIZABETH VANN	12/31

REFRESHMENTS PROVIDED
SIGN-UP IN THE GREAT ROOM

BINGO TRIVIA

with Pam and Tammy

THURSDAY, DECEMBER 18TH
4:00 PM

PRIZES

SIGN-UP IN THE GREAT ROOM BY 12/10

HANZO 庵 JAPANESE STEAKHOUSE

Tuesday, December 2nd
Bus departs at 11:30am

Sign-up in the Great Room



Daughter for Hire
presentation

THURSDAY,
DECEMBER 11TH
11:00 AM

Join us for cheese,
crackers, and a chance to
take home a bottle of
wine!



PRN Presents:
"Straying Active During
Winter Months"

Thursday, December 4th
11:00 am

PRN will provide strategies for
staying active and resisting isolation
in the winter time.

Sign-up in the Great Room

Community Activities



**SARATOGA
CASINO**

TUESDAY, DECEMBER 23RD
BUS DEPARTS AT 11:30AM

SIGN-UP IN THE
GREAT ROOM
BY 12/15



**Lunch
Outing
at:
OFF
SHORE PIER**
fish market & restaurant

FRIDAY, DECEMBER 19TH
**BUS DEPARTS AT
12:15PM**



Sign-up in the
Great Room by 12/15

**HAPPY
New Year**

Wednesday, December 31st
12:00pm

Champagne & Cookies

*Sign-up in the
Great Room 12/25*



**PROCTORS THEATER
PRESENTS:**

**THE
Nutcracker**

SCHOOL SHOW

\$11

FRIDAY, DECEMBER 12TH
BUS DEPARTS 8:45AM

SIGN-UP IN THE OFFICE



Join us as we kick off the
holiday season!

Decorating the Tree
Wednesday, December 3rd
10:30 AM

Tree Lighting and Cookie Decorating
Friday, December 5th
11:00 AM



Holiday Vendor Fair

Wednesday, December 3rd
Bus Departs at 1:00pm

**Come shop local vendors at the
Summit at Halfmoon and mingle with friends.**

Sign up in the Great Room



Men's Lunch

Wednesday, December 10th
11:30 am

Sign-up in the Great Room by 12/5



Lunch Outing:

**GATEWAY
DINER**
ALBANY'S HOMETOWN DINER

**Wednesday,
December 10th**
Bus departs at 12:15pm



**Sign-up in Great
Room by 12/8**

Concierge Services

Meal Options

Continental Breakfast

Enjoy a light breakfast daily from
8:30 AM to 10:30 AM in the Great Room

Let's Do Lunch! *(Pre-Pay Required)*

Weekly lunch at the Clubhouse
every **Monday at 12:00 PM.**

Pre-pay at the office

Supper Club *(Pre-Pay Required)*

Weekly dinner at the Clubhouse
every **Thursday at 4:00 PM.**

Pre-pay at the office

**Enjoy your meals with neighbors
in a relaxed, social setting!**

Friday Grocery Shopping



Every **Friday**, we provide transportation to the following
local grocery stores: **Aldi, Hannaford, and Market 32.**

Pick-Up Times: 8:00 AM or 10:00 AM

Pick-up is available outside your apartment building or
the Clubhouse. **Please sign-up in the Great Room to
reserve your spot.** Enjoy a convenient and easy ride to
your favorite grocery store.

Thursday Medical Appointment Transportation

Every **Thursday**, we provide **complimentary
transportation (within 10 miles)** to scheduled medical
appointments. **Pick-Up Times: 8:00 AM or 10:00 AM**

Pick-up available outside your apartment building or
the Clubhouse. We will **take you to your appointment
and pick you up afterward.**

**Please sign-up in the office in advance to reserve
your spot.**



**PRN Staff
Contact Information**

Denise Bilka & Elann Izzard PT • Elizabeth Maffucci OT
Jaclyn Gregg SLPh

NY102@prnptot.com

716-255-3674

Meals Catered by:

Monday  **Thursday**
— **Let's do Lunch** — **Supper Club** —

December 1st at 12:00 pm

Taco Salad –
\$14.00

December 8th at 12:00 pm

Chicken Fajita Wrap –
\$14.00

December 15th at 12:00 pm

Roast Turkey Melt –
\$14.00

December 22nd at 12:00 pm

Cobb Salad –
\$13.00

December 29th at 12:00pm

Homemade Meatloaf –
\$16.00

December 4th at 4:00 pm

Chicken Parmigiana –
\$15.00

December 11th at 4:00 pm

Hot Turkey Sandwich –
\$19.00

December 18th at 4:00 pm

Mushroom & Swiss Burger –
\$15.00



Healthy frozen meals are available for purchase at the Clubhouse

Options on hand are listed below:

**Sweet and Sour Chicken • The Arnold Bowl
Buffalo Chicken and Mac and Cheese
Cheeseburger Bowl • Sweet Corn Chicken
Chicken Adobo**



Meals are \$9.00 each



Dr. Michael Masias, DPM On-Site Podiatry Services

Starting at **9:00 AM** on the **1st Wednesday** of every
month, Dr. Michael Masias will be available on-site.

To schedule an appointment, **please contact Dr.
Masias directly at (518) 320-8659.** He will come to
your apartment for the appointment.



**Hair Rita 518-495-5603
Hair Becky 518-424-7922**

Contact directly to schedule an appointment.