



# SUMMIT AT HALEMOON

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Monthly Newsletter

October 2025

THE  
Manager's Message



**Adirondack Flat Line Players**  
A Murder Mystery Troupe

# Murder Mystery Dinner & Show

Unhappy Homecoming:  
Rescue from Milligan's Island  
Written, Produced and Directed by Lynn Gorham

**\$25**

**TUESDAY**  
**OCTOBER 21<sup>ST</sup>**  
**5:00 PM DINNER**  
**6:00 PM SHOW**  
**IN THE GREAT ROOM**

**SIGN UP IN THE OFFICE**  
**50 PEOPLE MAX**



## OCTOBER BIRTHDAYS

10/3	Jeanne Delaney
10/3	Christa Conlin
10/5	Sandy Baker
10/6	Virginia Swatling
10/8	Debbie Bradt
10/9	Paula Healy
10/10	Sandy Borden
10/13	George Galarneau
10/13	Lynne Sisto
10/17	Martha Baum
10/19	Helena Archer
10/20	Denny Borden
10/21	Judy Dworak
10/22	Jim Pugliese
10/23	Jan Zadoorian
10/23	Sharon Jacques
10/23	Liz Andolina
10/26	Rosemarie Gordon
10/26	Janet Lasky
10/29	Maryalice Donlon

Help us celebrate our monthly birthdays on  
**Tuesday, October 28<sup>th</sup> 2:00 PM**  
In the Great Room Cake & Ice Cream for all!



## Welcome New Residents

**Diane Luther**  
*from Cohoes, NY*

**Janet Mikovich**  
*from Schenectady, NY*



Staff

Community Manager

Laura Leathem  
LLeathem@summitseniorlife.com

Resident Services  
Coordinator

Andrea O'Malley  
Aomalley@summitseniorlife.com

Maintenance

Alex Tinney  
Mark Lobdell

Concierge/ Marketing Assistant

Joanne Krazit  
Brenda Carey

Housekeeping

Anne Bentley

Office Phone

518-807-6800

The Summit at Halfmoon  
29 Sitterly Road  
Halfmoon, NY 12065  
518-807-6800

Emergency  
Maintenance Number  
518-380-3860

Welcome to Summit at Halfmoon!!!



**Supper Club**  
FOOD & FRIENDS

Eat-in or Pick-up available in the Great Room

Deliver Supper Club Order Form  
to the Office with exact cash.

**Due: 9 AM Friday, September 26<sup>th</sup>**

**Wednesday, October 1<sup>st</sup> - Chef Mickey (\$16)**  
Swedish Meatballs Over Buttered Noodles,  
Salad, Roll & Dessert

**Monday, October 6<sup>th</sup> - Chef Johnny (\$16)**  
Pork Tenderloin, Sweet Potato Mashed,  
Green Beans, Bread & Dessert

**Wednesday, October 8<sup>th</sup> - Chef Mickey (\$16)**  
Stuffed Eggplant, Meatball, Sauce, Roll,  
Salad & Dessert

**Wednesday, October 15<sup>th</sup> - Chef Mickey (\$16)**  
Meatloaf, Mashed Potatoes, Vegetables, Gravy,  
Salad, Roll & Dessert

**Monday, October 20<sup>th</sup> - Chef Johnny (\$16)**  
Shrimp Linguine, Salad, Garlic Bread & Dessert

**Wednesday, October 22<sup>nd</sup> - Chef Mickey (\$16)**  
Sausage & Peppers Over Pasta, Salad, Roll & Dessert

**Monday, October 27<sup>th</sup> - Chef Johnny (\$16)**  
Chicken Cordon Bleu, Potatoes Au Gratin, Roll,  
Salad & Dessert

**Wednesday, October 29<sup>th</sup> - Chef Mickey (\$16)**  
Sliced Ham, Sweet Potato Mashed, Vegetable,  
Sauce, Salad, Roll & Dessert

## Cooking With Friends

**Meeting:**  
**FRIDAY,**  
**OCTOBER 10<sup>TH</sup>**  
**11:30 AM**

In the Great Room  
**SIGN UP IN THE**  
**ACTIVITIES BINDER**

**Cooking:**  
**FRIDAY,**  
**OCTOBER 17<sup>TH</sup>**  
**3:00 PM**

In the Family  
Dining Room



**PIZZA PARTY**  
~ IN THE GREAT ROOM ~

**\$5**

**FRIDAY,**  
**OCTOBER**  
**31<sup>ST</sup>**  
**4:00 PM**

PLEASE USE SUPPER CLUB ORDER FORM

**Lina's Wok**  
DINE-IN CHINESE FOOD  
~ IN THE GREAT ROOM ~

**THURSDAY,**  
**OCTOBER 9<sup>TH</sup>**  
**4:00 PM**

**\$7.4**

Lunch at  
**COOLEY KILL**  
RESTAURANT & BAR

**Friday, October 24<sup>th</sup>**  
**12:00 pm**

Sign up in the Lounge by 10/21



**BREAKFAST POTLUCK**  
Gather in the Great Room for food and fun!

**COLUMBUS DAY**  
**BREAKFAST**

**MONDAY, OCTOBER 13<sup>TH</sup>**  
**9:30AM**

Bring a dish to share. A sign up sheet is in the lounge.

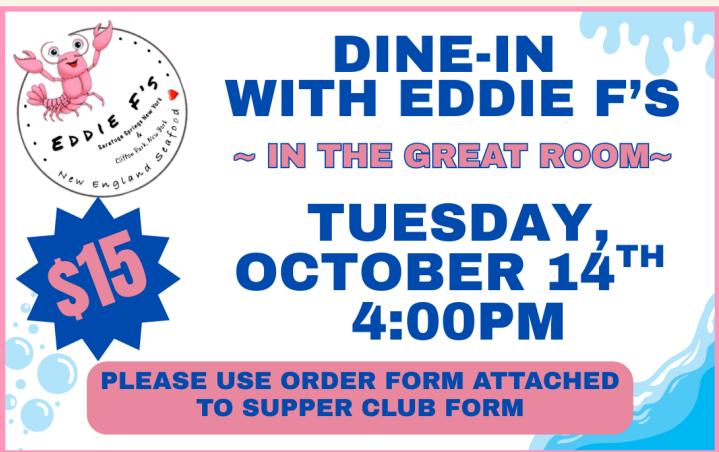


**DINE-IN**  
**WITH EDDIE F'S**  
~ IN THE GREAT ROOM ~

**\$15**

**TUESDAY,**  
**OCTOBER 14<sup>TH</sup>**  
**4:00PM**

PLEASE USE ORDER FORM ATTACHED  
TO SUPPER CLUB FORM



S	M	T	W	TH	F	S
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>COLOR CODE</b></p> <p><b>BLUE: MOVIES</b></p> <p><b>GREEN: ENTERTAINMENT</b></p> <p><b>ORANGE: FOOD OPTIONS</b></p> <p><b>PINK: MEETINGS</b></p> <p><b>RED: OUTINGS</b></p> <p><b>PURPLE: ORDERS DUE</b></p>	<p>GR - Great Room LNG - Lounge FD - Family Dining Room MOV - Movie Theater FS - Fitness Studio CP - Chapel BIL -Billiards Room PS - Practitioner's Suite PBC - Pickleball Courts CY - Courtyard LIB - Library</p>	<p>1 8:30 am Waffle Wednesday (GR) 11:00 am Academy of Lifelong Learning (GR)  11:30 am The Wise Guys Discussion Group (FDR) 2:00 pm Quarter Bingo (GR) 2:30 pm Bridge (LNG) 4:00 pm Supper Club w/Chef Mickey Swedish Meatballs (\$16) (GR) 6:00 pm Bunco (GR)</p>	<p>2 10:00 am Bowling at Spare Time 2:00 pm Karaoke/Sing-Along (LNG) 2:30 pm All the Light We Cannot See Episode 1 (MOV) 3:00 pm Shuffleboard (LNG) 6:00 pm Revenge (LNG) Medical Transports</p>	<p>3 9:00 am Grocery Shopping 2:00 pm Quarter Bingo (GR) 4:00 pm Happy Hour: Eric Peters (GR) 7:00 pm Transformers: Rise of the Beast (MOV) HAPPY BIRTHDAY JEANNE DELANEY HAPPY BIRTHDAY CHRISTA CONLIN</p>	<p>4 10:30 am Bocce Ball (CY) 1:00 pm Scrabble (LNG) 2:00 pm Lilo &amp; Stich Live Action (MOV) 3:00 pm Billiards (BIL) 4:00 pm Mah Jong (LNG) 6:00 pm Rummikub (GR)</p>
<p>5 11:00 am Catholic Church Service (CP) 2:00 pm Rain Man (MOV) 4:00 pm Football (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot &amp; Left Right Center (10 Dimes) (GR) HAPPY BIRTHDAY SANDY BAKER</p>	<p>6 11:00 am Movie Meeting (GR) 11:30 am Apple Picking At Riverview Orchard 1:00 pm Bible Study (CP) 1:30 pm Wii Bowling Games (GR) 4:00 pm Supper Club w/Chef Johnny Pork Tenderloin (\$16) (GR) 6:00 pm Hand &amp; Foot (GR) 7:00 pm The Sleepover (MOV) HAPPY BIRTHDAY VIRGINIA SWATLING</p>	<p>7 12:00 pm AARP: Virtual Class Key Questions About Medicaid (FDR) 1:30 pm Rosary (CP) 2:30 pm Elephant Whisperers (MOV) 3:00 pm Pinochle (LNG) 6:00 pm Mexican Train (GR) Medical Transports</p>	<p>8 8:30 am Waffle Wednesday (GR) 11:00 am - 1:00 pm PRN: Free Balance Screenings (GR) 2:00 pm Quarter Bingo (GR) 2:30 pm Bridge (LNG) 4:00 pm Supper Club w/Chef Mickey Stuffed Eggplant (\$16) (GR) 6:00 pm Thwart (GR) HAPPY BIRTHDAY DEB BRADT</p>	<p>9 11:30 am Service Club Meeting (GR) 12:00 pm Maintaining Brain Health (GR) 2:00 pm Karaoke/Sing-Along (LNG) 2:30 pm All the Light We Cannot See Episode 2 (MOV) 3:00 pm Shuffleboard (LNG) 4:00 pm Lin's Wok Chinese Food (\$14) (GR) 6:00 pm Revenge (LNG) Medical Transports HAPPY BIRTHDAY PAULA HEALY</p>	<p>10 9:00 am Grocery Shopping 11:30 am Cooking with Friends Meeting (GR) 2:00 pm Quarter Bingo (GR) 4:00 pm Happy Hour: Mark Rosch BYOB (GR) 7:00 pm You Gotta Believe (MOV) HAPPY BIRTHDAY SANDY BORDEN</p>	<p>11 10:30 am Bocce Ball (CY) 1:00 pm Scrabble (LNG) 2:00 pm Prime: All is Lost (MOV) 3:00 pm Billiards (BIL) 4:00 pm Spinner Dominoes (LNG) 6:00 pm Rummikub (GR)</p>
<p>12 11:00 am Catholic Church Service (CP) 2:00 pm Lost on a Mountain in Maine (MOV) 4:00 pm Football (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot &amp; Left Right Center (10 Dimes) (GR)</p>	<p>13  <b>HAPPY COLUMBUS DAY</b> OFFICE CLOSED/NO BREAKFAST/ NO CLASSES 9:30 am Potluck Breakfast (GR) 6:00 pm Hand &amp; Foot (GR) 7:00 pm We're the Millers (MOV) HAPPY BIRTHDAY GEORGE GALARNEAU HAPPY BIRTHDAY LYNNE SISTO</p>	<p>14 12:00 pm Magic Show w/Phil Cossum (GR) 1:30 pm Rosary (CP) 2:30 pm Hans Christian Anderson (MOV) 3:00 pm Pinochle (LNG) 4:00 pm Eddie F's Seafood (\$15) (GR) 6:00 pm Mexican Train (GR) Medical Transports</p>	<p>15 8:30 am Waffle Wednesday (GR) 11:30 am The Wise Guys Discussion Group (FDR) 12:00 pm AARP: Virtual Paint Class (GR) 12:00 pm EYSO Concert at Proctors 2:00 pm Quarter Bingo (GR) 2:30 pm Bridge (LNG) 4:00 pm Supper Club w/Chef Mickey Meatloaf (\$16) (GR) 6:00 pm Bunco (GR)</p>	<p>16 12:00 pm Trivia w/ Mark Hersh (GR) 2:00 pm Karaoke/Sing-Along (LNG) 2:30 pm All the Light We Cannot See Episode 3 (MOV) 3:00 pm Shuffleboard (LNG) 6:00 pm Revenge (LNG) Medical Transports HAPPY BIRTHDAY MARTY BAUM</p>	<p>17 9:00 am Grocery Shopping 11:30 am Jillian Smith Presents: Part 2 - Rodgers &amp; Hammerstein (GR) 2:00 pm Quarter Bingo (GR) 3:00 pm Cooking with Friends (FDR) 4:00 pm Happy Hour: Russ Kennedy (GR) 7:00 pm The Legend of Zorro (MOV) HAPPY BIRTHDAY MARTY BAUM</p>	<p>18 10:30 am Bocce Ball (CY) 1:00 pm Scrabble (LNG) 2:00 pm Fiddler on the Roof (MOV) 3:00 pm Billiards (BIL) 4:00 pm Mah Jong (LNG) 6:00 pm Rummikub (GR)</p>
<p>19 11:00 am Catholic Church Service (CP) 2:00 pm Bedknobs &amp; Broomsticks (MOV) 4:00 pm Football (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot &amp; Left Right Center (10 Dimes) (GR) HAPPY BIRTHDAY HELENA ARCHER</p>	<p>20 11:00 am Resident Meeting w/Staff (GR) 12:00 pm Water Colors with Sue (FDR) 1:30 pm Wii Bowling Games (GR) 1:00 pm Bible Study (CP) 4:00 pm Supper Club w/Chef Johnny Shrimp Linguine (\$16) (GR) 6:00 pm Hand &amp; Foot (GR) 7:00 pm Thunderbolts (MOV) HAPPY BIRTHDAY DENNY BORDEN</p>	<p>21 10:00 am Shopping at Target 11:00 am Clifton Park EMS: Blood Pressure Clinic (FDR) 1:30 pm Rosary (CP) 2:30 pm Bad Words (MOV) 3:00 pm Pinochle (LNG) 5:00 pm Murder Mystery Dinner &amp; Show (\$25) (GR) 6:00 pm Mexican Train (GR) Medical Transports HAPPY BIRTHDAY JUDY DWORAK</p>	<p>22 8:30 am Waffle Wednesday (GR) 11:30 am Craft with Andrea (\$5) (GR) 2:00 pm Quarter Bingo (GR) 2:30 pm Bridge (LNG) 4:00 pm Supper Club w/Chef Mickey Sausage &amp; Peppers (\$16) (GR) 6:00 pm Thwart (GR) HAPPY BIRTHDAY JIM PUGLIESE</p>	<p>23 11:00 am Lange's Pharmacy Vaccine Clinic &amp; Pill Disposal (GR) 2:00 pm Karaoke/Sing-Along (LNG) 2:30 pm All the Light We Cannot See Episode 4 (MOV) 3:00 pm Shuffleboard (LNG) 6:00 pm Revenge (LNG) Medical Transports HAPPY BIRTHDAY JAN ZADOORIAN HAPPY BIRTHDAY SHARON JACQUES HAPPY BIRTHDAY LIZ ANDOLINA</p>	<p>24 9:00 am Grocery Shopping 12:00 pm Lunch at Cooley Kill 2:00 pm Quarter Bingo (GR) 4:00 pm Happy Hour: Mike Purcell BYOB (GR) 7:00 pm The Other Women (MOV)</p>	<p>25 10:30 am Bocce Ball (CY) 1:00 pm Scrabble (LNG) 2:00 pm On Fire (MOV) 3:00 pm Billiards (BIL) 4:00 pm Spinner Dominoes (LNG) 6:00 pm Rummikub (GR)</p>
<p>26 11:00 am Catholic Church Service (CP) 2:00 pm The Apple Dumpling Gang (MOV) 4:00 pm Football (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot &amp; Left Right Center (10 Dimes) (GR) HAPPY BIRTHDAY ROSEMARIE GORDON HAPPY BIRTHDAY JANET LASKY</p>	<p>27 12:00 pm PRN Presentation: Referral Process (GR) 1:00 pm Bible Study (CP) 1:30 pm Wii Bowling Games (GR) 4:00 pm Supper Club w/Chef Johnny Chicken Cordon Bleu (\$16) (GR) 6:00 pm Hand &amp; Foot (GR) 7:00 pm Birdbox (MOV)</p>	<p>28 1:15 pm Albany Area Senior Orchestra at Mill Hill 2:00 pm Birthday Party (GR) 1:30 pm Rosary (CP) 2:30 pm Ladies in Lavender (MOV) 3:00 pm Pinochle (LNG) 6:00 pm Mexican Train (GR) Medical Transports</p>	<p>29 8:30 am Waffle Wednesday (GR) 11:30 am The Wise Guys Discussion Group (FDR) 2:00 pm Quarter Bingo (GR) 2:30 pm Bridge (LNG) 4:00 pm Supper Club w/Chef Mickey Sliced Ham (\$16) (GR) 6:00 pm Bunco (GR) HAPPY BIRTHDAY MARYALICE DONLON</p>	<p>30 10:00 am The Mount Edith Wharton Home (\$45) 2:00 pm Karaoke/Sing-Along (LNG) 2:30 pm Blue Angels (MOV) 3:00 pm Shuffleboard (LNG) 6:00 pm Revenge (LNG) NO Medical Transports</p>	<p>31  <b>HAPPY HALLOWEEN</b> 9:00 am Grocery Shopping 11:00 am Program Meeting (GR) 2:00 pm Quarter Bingo (GR) 4:00 pm Pizza Party (\$5) (GR) 4:00 pm Happy Hour: Trivia with Eleanor (GR) 7:00 pm Hubie Halloween (MOV)</p>	<p><i>Book of the Month</i>  Come sign it out in the office &amp; read the description in the activities binder.</p>
<p>CONNECTED <i>life</i></p> <p></p> <p>FITNESS</p>	<p>Every Monday</p> <p>10:00 am Balance Class (FS) 11:00 am Chair Yoga (FS) 3:00 pm Chair Dancing (LNG)</p>	<p>Every Tuesday</p> <p>10:00 am Sit to be Fit (FS) 11:00 am Water Aerobics (Pool)</p>	<p>Every Wednesday</p> <p>9:15 am Strength &amp; Balance (FS) 10:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required 11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required</p>	<p>Every Thursday</p> <p>10:00 am Sit to be Fit (FS) 11:00 am Water Aerobics (Pool)</p>	<p>Every Friday</p> <p>10:00 am Pilates (FS) 11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required 11:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required</p>	<p>Pool Buddy Swim Time!</p> <p>Daily at 3:00 PM</p> <p></p>

## AARP VIRTUAL CLASSES

**Key Questions About Medicaid**  
**TUESDAY**  
**OCTOBER 7<sup>TH</sup>**  
**12:00 PM**  
IN THE FDR  
SIGN UP IN THE LOUNGE

**Virtual Paint Class**  
**WEDNESDAY**  
**OCTOBER 15<sup>TH</sup>**  
**12:00 PM**  
IN THE GREAT ROOM  
SIGN UP IN THE OFFICE BY 10/8  
\$5 REFUNDABLE DEPOSIT


**PRN**  
PT OT & SLP PLLC  
an affiliate of The Western Healthcare Group  
**FREE BALANCE SCREENINGS**  
**WEDNESDAY, OCTOBER 8<sup>TH</sup>**  
**11:00 AM**  
IN THE GREAT ROOM  
**SIGN UP IN THE LOUNGE**

**THE PRE REFERRAL PROCESS**  
PRN EXPLAINS THE WHO, WHAT, WHEN, WHERE & WHY OF THE THERAPY REFERRAL PROCESS. WITH A FUN INTERACTIVE BINGO GAME & PRIZES!  
**MONDAY, OCTOBER 27<sup>TH</sup>**  
**12:00 PM**  
IN THE GREAT ROOM

## HOME INSTEAD PRESENTS: MAINTAINING BRAIN HEALTH

**THURSDAY, OCTOBER 9<sup>TH</sup>**  
**12:00 PM**  
IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE

## Water Colors with Sue

**Monday, October 20<sup>th</sup>**  
**12:00 PM**  
IN THE FAMILY DINING ROOM  
SIGN UP IN THE LOUNGE

## APPLE PICKING



**MONDAY OCTOBER 6<sup>TH</sup>**  
**11:30 AM**  
SIGN UP IN THE LOUNGE

## HAPPY HOUR

**Fridays at 4:00 pm**

- 10/3 ERIC PETERS
- 10/10 MARK ROSCH (BYOB)
- 10/17 RUSS KENNEDY
- 10/24 MIKE PURCELL (BYOB)
- 10/31 TRIVIA W/ELEANOR

**IN THE GREAT ROOM**

Shopping at:

## TARGET

**TUESDAY, OCTOBER 21<sup>ST</sup>**  
**10:00 AM**  
SIGN UP IN THE LOUNGE

## MAGIC SHOW

**WITH PHIL COSSUM**  
**TUESDAY, OCTOBER 14<sup>TH</sup>**  
**12:00 PM**  
IN THE GREAT ROOM - SIGN UP IN THE LOUNGE

**SONGS & STORIES OF RODGERS & HAMMERSTEIN**  
*The King and I*  

**THE SOUND OF MUSIC**

Join vocalist Jillian Smith & keyboardist Michael Clement for part two of Rodgers & Hammerstein.  
**Friday, October 17<sup>th</sup>**  
**11:30 am**  
In the Great Room ~ Sign up in the lounge

## ALBANY AREA SENIOR ORCHESTRA AT MILL HILL

**TUESDAY, OCTOBER 28<sup>TH</sup>**  
**1:15 PM**  
13 PEOPLE MAX~ SIGN UP IN THE LOUNGE

Tour & Luncheon:

## THE MOUNT

**EDITH WHARTON'S HOME**  
Enjoy the beautiful October Foliage as we travel to Massachusetts for a day trip.  
**THURSDAY, OCTOBER 30<sup>TH</sup>**  
**10:00 AM**  
Sign up in the office ~ Details in the Activities Book

## TRIVIA WITH MARK HERSH

**THURSDAY, OCTOBER 16<sup>TH</sup>**  
**12:00 PM**  
**\*PRIZES\***  
SIGN UP IN THE LOUNGE ~ IN THE GREAT ROOM

## WiiSports BOWLING

**Game Times in the Great Room**

- 10/6 - 1:30 pm
- 10/20 - 1:30 pm
- 10/27 - 1:30 pm

Teams will be listed in Activities Binder, who is playing who on which day.

## CLIFTON PARK EMS: BLOOD PRESSURE CLINIC

**TUESDAY, OCTOBER 21<sup>ST</sup>**  
**11:00 AM**  
IN THE FAMILY DINING ROOM  
SIGN UP IN THE LOUNGE

## LANGE'S PHARMACY

**FLU, COVID & PNEUMOCOCCAL VACCINE CLINIC**  
**THURSDAY, OCTOBER 23<sup>RD</sup>**  
**11:00 AM**  
SIGN UP IN THE LOUNGE - DETAILS IN THE ACTIVITIES BOOK

# Concierge Services

## MEAL OPTIONS

### CONTINENTAL BREAKFAST

Daily 8:30—10:15 AM

### LUNCH

Lunch outings available twice each month.

Please see calendar.

### SUPPER CLUB

You have the option of two hot meals each week. They come ready to eat, from local Chefs/eateries.

You can pick up your pre-paid meals at 4pm in the Great Room or consider dining in with others.



## Friday Grocery Shopping

**Every Friday**, the Halfmoon bus goes to 5 local grocery stores: Market 32, Hannaford, Trader Joe's, Aldi, and Walmart. We will leave at 9:00 am. The bus will pick you up at the main entrance and shopping lasts 1 hour. Please Sign-up in the Lounge.



**TRADER JOE'S**

**Walmart**

## Medical Appointments Every Tuesday and Thursday

Every Tuesday and Thursday, we provide transportation to scheduled, routine medical appointments within a 10-mile radius of our community. This service is available between the hours of 9 AM and 2 PM. Contact the office for more details and to reserve your appointment time.



**PRN**  
PT OT & SLP PLLC

Rehabilitation Services  
an affiliate of The Weston Healthcare Group

Located in the Practitioner's Suite on the 3rd Floor

**315-878-1327**



♥ Gift Certificates Available ♥

**Nails: Tina 518-698-4693**

**Nails: Darcy 518-605-7566**

**Esthetician: Jolene 210-857-5851**

**Hair: Sue 518-495-6054**

**Massage: Cathy 518-229-0741**

## FROZEN DINNERS

By: *Chef Johnny*



*Need dinner? Don't feel like cooking?*

Chef Johnny's frozen meals are available in the office, for \$14, on a first come/ first serve basis. The below dishes are ready to be simply heated & enjoyed.

- Veggie Lasagna
- Turkey Dinner with Stuffing, Mashed Potatoes and Veggies
- Chicken Parmigiana with Pasta, Sauce and Veggies
- Cheese Manicotti with Sauce and Veggies
- Meatloaf Dinner with Mashed Potatoes and Veggies

## Resident Informational Meetings

**Theater How-To/Movie Committee**

Monday, October 6th at 11:00 am

**Resident Meeting with Laura & Staff**

Monday, October 20th at 11:00 am

**Resident Program Meeting**

Friday, October 31st at 11:00 am

## On-Site Podiatrist

**Dr. Michael Masias, DPM**

Monday, October 13th at 9:00am

Dr. Masias will be on site.

**518-320-8659**

