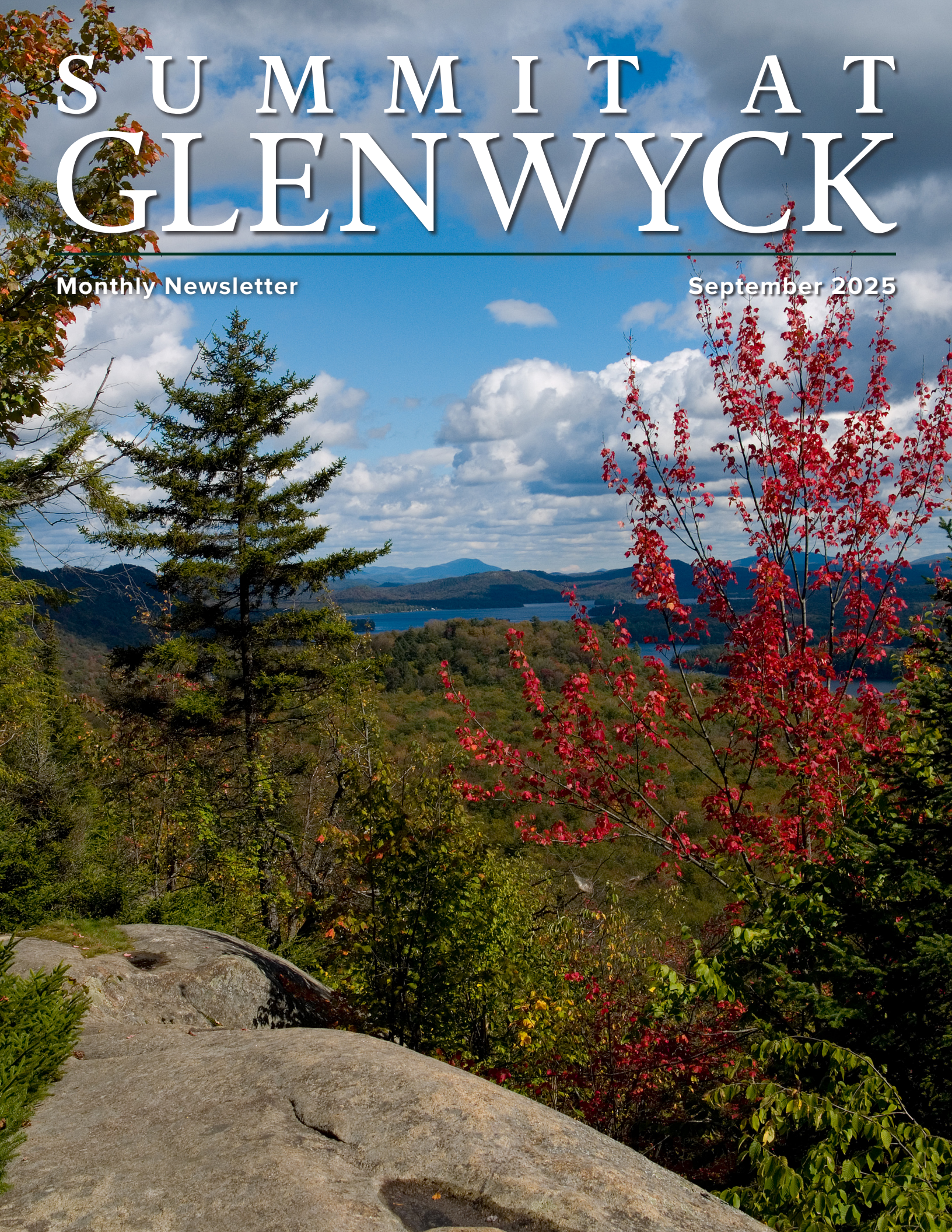


# SUMMIT AT GLENWYCK

Monthly Newsletter

September 2025





THE  
Manager's Message

As fall approaches, it brings some of my favorite things! Cool nights, the smell of autumn leaves, apple pie and the change of seasons, a new chapter.

We have a lot of fun activities and outings planned for September. We will be having a Labor Day Potluck September 1st at 2:00 pm, visiting Therapeutic Horses of Saratoga. Mark your calendars to attend Glenville's Oktoberfest Saturday the 27th. It is sure to be a fun time! We will be having many presentations and musical performances throughout the month. A new musical duo will be performing music from the 30's to current tunes that will be known by all. We are excited for the Bocce Ball Tournament on the 19th at Saratoga. GO TEAM GLENWYCK!

If you are like me, I look forward to baking an apple pie or crisp from my apple trees and enjoying it with a nice cup of coffee. Remember every season has its turn so embrace the magic of fall & all its beauty while it is here. We are all blessed to live in such a beautiful area this time of year!

*Laurie Ignazio*  
Laurie Ignazio  
Community Manager

Staff

Community Manager

Laurie Ignazio  
Llgnazio@summitseniorlife.com

Resident Services  
Coordinator

Rebecca Detora  
rdetora@summitseniorlife.com

Maintenance

Thomas Nardini  
Paul Coffin

Driver

Harold Bergeron

Housekeeper

Alyssa Hughes

Weekend Concierge/  
Marketing Assistant

Evelyn Kauffman  
Cheryl Skowronek

Office Phone

518-280-7340

Emergency Maintenance

518-338-9562

The Summit At Glenwyck  
150 Dutch Meadows Lane  
Glenville, NY 12302

Community Activities

Mark Your Calendars

Mark Mason-Guitarist & Vocalist  
Wednesday, September 3, at 3:00pm - Great Room

Russ Kennedy-Guitarist & Vocalist  
Wednesday, September 17, at 2:00pm - Great Room

Simply Worship with Jeanne-Music for the Soul  
Wednesday, September 24, at 1:45pm - Great Room

Allen & Azzaam-Talented two-piece musical duo, playing beloved songs from the 1930s to today's hits!  
Monday, September 29, at 2:00pm - Great Room

Trivia with DJ Mark Hersh  
Tuesday, September 30, at 2:00pm - Great Room

Resident Informational Meetings

Program Meeting with Rebecca  
Thursday, September 4 at 10:15am

Theater How-to/Movie Committee  
Wednesday, September 10 at 11:00am

Resident Meeting with Laurie  
Monday, September 15 at 11:00am

SUMMIT  
SENIOR LIVING

BOCCE BALL  
TOURNAMENT

Join us for our annual bocce tournament, hosted by Summit at Saratoga.

September 19 (rain date is 9/26)

Get ready for a day of fun, friendly competition, and community spirit as we battle it out for the coveted Bocce Trophy!

Spectators welcome! Come cheer on your friends and enjoy the excitement. Folding chairs will be available, or feel free to bring your own lawn chair for comfort. Bus departs the Summit: 9:00am Tournament begins: 10:00am Lunch: Players will receive wristbands that allow them to move to the front of the line when they get a chance to eat between games.

Craft Class

Friday, September 12

11:00am - Tavern

Join us for a fun and creative session as we make beautiful floral arrangements to take home!

Cooking with Friends

Join us on Monday, September 29 at 11:00am to choose a favorite appetizer for Friday's Happy Hour, then roll up your sleeves with us on Friday, October 3 at 11:00am to make it!

Join fellow residents for a peaceful afternoon every Friday in the Great Room.

Happy Hour Highlights:

September 5: Bring an Appetizer to Share Beer, wine & soda will be provided.

September 12: BYOB Appetizers & soft drinks will be provided.

September 19: Happy Hour Today we'll enjoy the delicious creations from our Cooking with Friends group, with beer, wine, and soda provided to sip and savor!

September 26: Pizza Party \$5 Beer, wine & soda will be provided.

SUMMIT SERVICE CLUB

"Volunteering is a work of heart"

Schenectady City  
Mission Clothing Drive

On Tuesday, September 16 we are having a one day "Clothing Drive", please bring items to the Great Room between 2:00 and 3:00.

This is the perfect opportunity to clean out your closets while giving back to those in need. We are accepting but not limited to gently worn or new winter coats, socks, gloves, scarves, and hats. Your donation will help keep someone warm and cared for this winter season.

Members of the Service Club will be there to help you. Refreshments will be served

City Mission

Happy Birthday

Judith DeGere	9/03
Pat Rush	9/08
Nadia Lakah	9/09
Helena Dean	9/09
Shireen Gifford	9/11
Larry Lauder	9/11
Vicki Stephens	9/15
Ursula Keiski	9/19
Carol Harris	9/19
Joan Shaw	9/20
Jennie Tamasi	9/20
Gary Cardwell	9/21
Janet Staiano	9/22
Blanca Giaccone	9/26
Jerry Stahl	9/29
Dorothy Sartori	9/30

All are welcome to celebrate on Tuesday, September 23 at 1:30pm.



S	M	T	W	TH	F	S
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CY: Courtyard FS: Fitness Studio GR: Great Room LO: LOBBY MOV: MOVIE THEATRE P: POOL TAV: TAVERN	<div>1</div> <div></div>	<div>2</div> <div>9:15am Bocce Ball Practice at Summit at Saratoga 1:00pm Canasta TAV 2:30pm Movie &amp; Popcorn MOV 4:00pm Dice Game: LCR GR 4:15pm Dine in Polish Feast with Chef Mickey \$16 GR 6:30pm Indoor Walking Group LO</div>	<div>3</div> <div>8:30am Waffle Wednesday GR 1:00pm Lit Club LIB 2:00pm That's All Card Game TAV 3:00pm Mark Mason Entertains GR 4:00pm Supper Club w/Maria's Cafe: Beef Stroganoff \$15 TAV RSVP for Erie Canal Cruise due today! HAPPY BIRTHDAY JUDITH DEGERE</div>	<div>4</div> <div>10:30am Program Meeting with Rebecca 11:00am Mahjong TAV 11:00am Lunch at Blue Ribbon Family Restaurant 2:00pm Pinochle TAV 3:00pm Knitting &amp; Crocheting Group GR 4:00pm Dice Game: LCR GR 6:30pm Scrabble TAV 6:30pm Walking Group LO</div>	<div>5</div> <div>9:00am Grocery Shopping 11:00am Anne Clothier presents Women of the Saratoga County GR 1:00pm Lit Club LIB 1:30pm Quarter Bingo GR 4:00pm Happy Hour: Bring an Appetizer to Share GR Reminder: Next week's food orders are due today. Thank you!</div>	<div>6</div> <div>10:30am Bocce Ball CY 10:30am Hearts TAV 1:30pm Glenwyck Cinema MOV 2:00pm Quarter Bingo GR 6:00pm Game Night TAV 6:30pm Fireside Chat CY</div>
<div>7</div> <div>2:00pm Dominoes TAV 2:00pm Quarter Bingo GR 4:00pm Poker TAV 6:00pm Mahjong TAV</div>	<div>8</div> <div>11:00am John Dennehey presents Torment of Roses GR 12:00pm Maria's Lunch: Chicken Ceasar Salad \$12 1:00pm Lit Club LIB 2:00pm Pinochle TAV 2:30pm Catholic Rosary Circle LIB HAPPY BIRTHDAY PAT RUSH</div>	<div>9</div> <div>9:30am Outing: Walking Group LO 1:00pm Canasta TAV 2:30pm Movie &amp; Popcorn MOV 4:00pm Dine in Eggplant Rollatini with Chef Johnny \$16 GR 6:30pm Indoor Walking Group LO HAPPY BIRTHDAY NADIA LAKAH &amp; HELENA DEAN</div>	<div>10</div> <div>8:30am Waffle Wednesday GR 10:00am Podiatrist Dr. Masias 11:00am Theater How-to/ 1:00pm Lit Club LIB 2:00pm That's All Card Game TAV 4:00pm Supper Club w/Maria's Cafe: Homemade Gnocci \$15 TAV 6:00pm Musical Movie Night: The King and I</div>	<div>11</div> <div>9:15am A Close-Up with Retired Racehorses at THS 11:00am Mahjong TAV 2:00pm Pinochle TAV 3:00pm Knitting &amp; Crocheting Group GR 4:00pm Dice Game: LCR GR 6:30pm Scrabble TAV 6:30pm Walking Group LO PATRIOT DAY HAPPY BIRTHDAY SHIREEN GIFFORD &amp; LARRY LAUDER</div>	<div>12</div> <div>9:00am Grocery Shopping 1:00pm Lit Club LIB 11:00am Craft Class with Fran: Flower Arranging TAV 1:30pm Quarter Bingo GR 4:00pm BYOB Happy Hour GR Reminder: Next week's food orders are due today. Thank you! RSVP for WICKED due today!</div>	<div>13</div> <div>10:30am Bocce Ball CY 10:30am Yahtzee TAV 1:30pm Glenwyck Cinema MOV 2:00pm Quarter Bingo GR 6:00pm Game Night TAV 6:30pm Fireside Chat CY</div>
<div>14</div> <div> 2:00pm Dominoes TAV 2:00pm Quarter Bingo GR 4:00pm Poker TAV 6:00pm Mahjong TAV</div>	<div>15</div> <div>11:00am Resident Meeting w/Laurie GR 12:00pm Maria's Lunch Bunch: Pulled Pork Sandwich \$12 2:00pm Pinochle TAV 2:30pm Catholic Rosary Circle LIB HAPPY BIRTHDAY VICKI STEPHENS</div>	<div>16</div> <div>9:30am Outings: Walking Group LO 12:00pm End of Summer Party Hot Dog Bar GR 1:00pm Canasta TAV 2:00pm Summit Service Club: Clothing Drive for City Mission GR 2:30pm Movie &amp; Popcorn MOV 6:30pm Indoor Walking Group LO</div>	<div>17</div> <div>8:30am Waffle Wednesday GR 9:00am Grocery Shopping 1:00pm Lit Club LIB 2:00pm Russ Kennedy Entertains GR 2:00pm That's All Card Game TAV 4:00pm Supper Club w/Maria's Cafe: Shepherd's Pie \$15 TAV</div>	<div>18</div> <div>11:00am Mahjong TAV 11:15am Cruise the Historic Erie Canal 1:00pm Library Committee LIB 2:00pm Pinochle TAV 3:00pm Knitting &amp; Crocheting Group GR 4:00pm Subway To-go GR 4:00pm Dice Game: LCR GR 6:30pm Scrabble TAV 6:30pm Walking Group LO</div>	<div>19</div> <div>9:00am Summit Senior Living Bocce Ball Tournament at Summit at Saratoga 1:00pm Lit Club LIB 1:30pm Quarter Bingo GR 4:00pm Happy Hour GR Reminder: Next week's food orders are due today. Thank you! HAPPY BIRTHDAY URSULA KEISKI &amp; CAROL HARRIS</div>	<div>20</div> <div>10:30am Bocce Ball CY 10:30am Hearts TAV 1:30pm Glenwyck Cinema MOV 2:00pm Quarter Bingo GR 6:00pm Game Night TAV 6:30pm Fireside Chat CY HAPPY BIRTHDAY JOAN SHAW &amp; JENNIE TAMASI</div>
<div>21</div> <div>2:00pm Dominoes TAV 2:00pm Quarter Bingo GR 4:00pm Poker TAV 6:00pm Mahjong TAV HAPPY BIRTHDAY GARY CARDWELL</div>	<div>22</div> <div>11:30am PRN Therapy presents Fall Prevention GR 12:00pm Maria's Lunch Bunch: ½ Turkey Club &amp; Soup 1:00pm Lit Club LIB 2:00pm Pinochle TAV 2:30pm Catholic Rosary Circle LIB 3:00pm First Day of Autumn: Ice Cream Float of your Choice GR HAPPY BIRTHDAY JANET STAIANO</div>	<div>23</div> <div>8:30/9:15am Chef Johnny's Omelet Breakfast \$11 GR 9:30am Outing: Walking Group LO 1:00pm Canasta TAV 1:30pm Birthday Party GR 2:30pm Movie &amp; Popcorn MOV 6:30pm Indoor Walking Group LO</div>	<div>24</div> <div>8:30am Waffle Wednesday GR 1:00pm Lit Club LIB 1:45pm Simply Worship with Jeanne GR 2:00pm That's All Card Game TAV 4:00pm Supper Club w/Maria's Cafe: Personal Pan Pepperoni Pizza \$15 TAV 6:00pm R&amp;R Concert Night: Moody Blues at Red Rocks MOV</div>	<div>25</div> <div>11:00am Mahjong TAV 11:00am Lunch at Burnt Hills Cafe 2:00pm Pinochle TAV 3:00pm Knitting &amp; Crocheting Group GR 6:30pm Scrabble TAV 6:30pm Walking Group LO</div>	<div>26</div> <div>9:00am Grocery Shopping 1:00pm Lit Club LIB 1:30pm Quarter Bingo GR 4:00pm Happy Hour: Pizza Party \$5 GR Reminder: Next week's food orders are due today. Thank you! HAPPY BIRTHDAY BLANCA GIACCONE</div>	<div>27</div> <div>10:30am Bocce Ball CY 10:30am Spades TAV 11:30am Glenville Oktoberfest at Maalwyck Park 1:30pm Glenwyck Cinema MOV 2:00pm Quarter Bingo GR 6:00pm Game Night TAV 6:30pm Fireside Chat CY</div>
<div>28</div> <div>2:00pm Dominoes TAV 2:00pm Quarter Bingo GR 4:00pm Poker TAV 6:00pm Mahjong TAV</div>	<div>29</div> <div>11:00am Cooking with Friends for Happy Hour Meeting GR 12:00pm Maria's Lunch Bunch: Goulash &amp; Salad \$12 1:00pm Lit Club LIB 2:00pm Allen &amp; Azzaam Entertain GR 2:00pm Pinochle TAV 2:30pm Catholic Rosary Circle LIB HAPPY BIRTHDAY JERRY STAHL</div>	<div>30</div> <div>9:30am Outing: Walking Group LO 1:00pm Canasta TAV 2:00pm Team Trivia with Mark Hersh GR 2:30pm Movie &amp; Popcorn MOV 6:30pm Indoor Walking Group LO HAPPY BIRTHDAY DOROTHY SARTORI</div>	<div><div>The King of Siam hires a prim English schoolmarm to tutor the children of his harem. Cultural conflicts ensue! Wednesday, September 10, at 6:00 p.m.</div></div>		<div><div>The Moody Blues perform their best songs at the famous Red Rocks natural amphitheater. Filmed live Sept. 9, 1992 Wednesday, September 24, at 6:00 p.m.</div></div>	





**Women of the Saratoga County by Anne Clothier**  
Assistant to the Historian, Saratoga County Clerk's Office

**Friday, September 5 at 11:00am - Great Room**

Many know the story of British General John Burgoyne's Surrender to the Americans after the Battles of Saratoga in 1777, commonly referred to as the Turning Point of the American Revolution.

Familiar names are often associated with this history, but let's discuss the women who were also involved in this crucial campaign. This presentation tells lesser known stories of women on both sides of the conflict and shares their perspectives on the ways their lives were forever changed by these events.



**Torment of Roses**  
*When Flowers Led to a Duel*  
by John Dennehey

Monday, September 8 at 11:00am - Great Room

**The Torment of Roses: When Flowers Led to a Duel**

In 1892 Vienna, a glamorous Princess and a rising young Countess clashed over how to arrange flowers for a grand exhibition. Their feud bloomed into one of the most talked-about duels in high society. Join us for this captivating tale of elegance, rivalry, and the floral fashions that caused a scandal.

**A Close-Up with Retired Racehorses**

We are invited to meet beautiful retired therapeutic racehorses! Once fast on the track, now gentle souls offering comfort, connection, and healing.

During our visit at Therapeutic Horses of Saratoga, we'll tour the farm, see the horses, and learn about the many programs that offer "magic" to those in need.

**Thursday,  
September 11  
9:15am**



**Fall  
Prevention**

**Monday, September 22 at 11:30am - Great Room**

Join us for a lively, interactive presentation on fall prevention—packed with helpful tips and interesting facts about aging well! We'll top it off with a fun Bingo game and great prizes!



**Thursday, September 4**

Blue Ribbon is not only known for their award-winning cheesecake, but also for their exceptional home style cooking.

The bus will leave the Summit at 11:00am.

**These outings fall under the new Lunch Outing Policy — sign up for one and add your name to the waitlist for the other.**

**Thursday, September 25**

Serving the community for over 20 years, homestyle cooking at its best.



The bus will leave the Summit at 11:00am.

**Cruise the Historic  
Erie Canal!**

**Thursday, September 18**

In honor of its bicentennial, we will take a journey through history on the calm waters of the Erie Canal while enjoying the spectacular scenery of New York's beautiful Mohawk Valley.

The bus will leave the Summit at 11:15am.

Please sign up in the office (\$30)  
by Wednesday, 9/3.  
14 Residents minimum



**Saturday,  
September 27**

Glenville Oktoberfest, one of the Capital District's biggest events, at scenic Maalwyck Park, featuring German music, food, biergartens & vendors.

The bus will leave the Summit at 11:30am.  
10 resident minimum, 14 resident maximum

**Monday, September 1  
2:00 pm  
Great Room**

**LABOR  
DAY**



Please sign up in the Great Room to bring a dish — whether it's an entrée, side, dessert, or drinks!

Paper plates, napkins, cups, and plasticware will be provided.

**Dine in with Chef Mickey-\$16**

**Tuesday, September 2  
4:15pm  
Great Room**



Treat yourself to a hearty meal featuring authentic pierogies, savory kielbasa, tangy sauerkraut, warm golabki, fresh rye bread, crisp salad, and a soft dinner roll. A true taste of Poland—just like babcia used to make!

**Dine in with Chef Johnny**



**Tuesday, September 9 at 4:00pm**

**Baked Eggplant Rollatini-\$16**

Savor baked eggplant rollatini, paired with a crisp side salad, served over penne pasta with fresh Italian bread and a sweet dessert to finish.

Served in the Great Room, 20 resident minimum.



**Maria's LUNCH Bunch**  
*September 8, 15, 22, 29*  
Orders must be submitted by 12pm the Friday before.

**September 8 - Chicken Ceasar Salad**, cupcake

**September 15 - Pulled Pork Sandwich** served with cole slaw and chocolate chip cookie

**September 22 - 1/2 Turkey Club**, vegetable soup, oatmeal cookie

**September 29 - Goulash** served with side salad, peanut butter cookie

\$12 Cash Preferred

**SupperClub**  
FOOD & FRIENDS

**Wednesday's  
Supper Club with  
Maria's Cafe-\$15**

Delivered to the Lobby  
Wednesday's at 4:00pm.

Orders must be submitted by 12pm  
the Friday before.

**September 3  
Beef Stroganoff**  
served over egg noodles, peas & carrots, tossed salad, corn bread

**September 10  
Homemade Gnocchi**  
served with pesto and roasted tomatoes, salad, Italian bread

**September 17  
Shepherd's Pie**  
served with dessert

**September 24  
Personal Pan Pepperoni Pizza**  
served with toss salad



# Concierge Services

## We're here, *just* for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.



**Complimentary  
beauty consultation**  
(appointment needed)

♥ Gift Certificates Available ♥

### Hair Specialist

Monday, Tuesdays & Wednesdays  
Vicki (518) 369-1481

### Nail Services

Call for appointment  
Sonia Thomas (518) 512-7479

**PRICE CHOPPER**



**pharmacy**

DELIVERY IS AVAILABLE

Monday— Friday. Call Jessica at 399-6474.

## FROZEN DINNERS

By: *Chef Johnny*



Chef Johnny is now offering frozen meals, which are available in the office any day of the week during business hours. The dinners below are \$14 each and ready to be heated.

- Chicken Parmigiana with pasta, sauce, vegetable
- Meatloaf with mashed potatoes, vegetable
- Turkey with stuffing, roasted potatoes, vegetable
- Cheese Manicotti

## CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company. There are complimentary copies of the newspaper located in the Great Room to read.



## On-Site Podiatrist

Dr. Michael Masias, DPM

Wednesday, September 10th  
10:00am

To make your appointment, sign up in the office. He will visit you in your apartment.

## Friday Grocery Shopping

Fridays at 9:00 am

Call the office to sign up



**TARGET**



**CVS  
pharmacy**

**Walmart**

## Medical Appointments

Tuesday, Wednesday & Thursday, between  
9:00 am and 1:00 pm, unless events or urgent  
maintenance needs conflict.

Please notify the office at least one week ahead  
of time. It must be within a 10-mile radius.



Patient Service Coordinator  
Gina Vandenburg

**315-878-1327**

**Vandenburg@prnphysicaltherapy.com**