

SUMMIT AT HALFMOON

Monthly Newsletter

August 2025



THE
Manager's Message

"A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing, and the lawn mower is broken." – James Dent

With the dog days of summer soon to be upon us, I'm reminded of winters past with my mother at the kitchen window surveying our snow-covered lawn and longing for summer days that would free her from hibernation. Each Spring we'd haul all our outdoor furniture from the garage to its place of prominence on the porch and lawn. Many evenings we'd actually sit outside...for a while. The most memorable evenings included neighbors or family that joined us for a good visit and a cold iced tea. When our visitors started to include mosquitoes the size of helicopters, my father started to take it personally. I'm sure he dipped into my college fund to purchase one of those huge, neon-blue electrocution chambers that were all the rage until people realized they attracted more bugs than they killed. After that, Dad bought tiki torches. It was hard to relax and enjoy the ambiance with our hair smelling like smoke and Mom fretting about a house fire. Once we had the insects under control, and our human visitors started to return, just like clockwork, a thick, sultry humidity would descend upon us for weeks at a time. I think it was around 1985 when my parents threw in the towel. Dad hopped in the truck, drove to the nearest Sears store, and bought the biggest air conditioner he could find. My parents have been married for 51 years. That air conditioner deserves a lot of the credit.

Here at Halfmoon, mosquitoes are an endangered species, our air conditioning is state of the art, and our event calendar is full of summer delights!

It's my hope that August will bring Halfmoon four weeks of mild sunny days and breezy evenings to enjoy on the patio. If not, we can always send Dad to Sears. Enjoy!

Sincerely,
Laura Leathem
Community Manager

August Birthdays

8/3	Gail Gardner
8/6	Barbara Micare
8/7	Edward Delcours
8/8	Bob Pyskadlo
8/9	Steve Healy
8/10	Bruce Todd
8/15	Janice Willard
8/18	Michele Warrell
8/22	Bernice Seger
8/23	Bev Badanjak

Help us celebrate our monthly birthdays on
Tuesday, August 26th 2:00 PM
In the Great Room Cake & Ice Cream for all!

Welcome New Residents

Anne Marie Lavallee & Robert & Deborah Cribley

Staff

Community Manager

Laura Leathem
LLeathem@summitseniorlife.com

Resident Services Coordinator

Andrea O'Malley
Aomalley@summitseniorlife.com

Maintenance

Alex Tinney
Mark Lobdell

Concierge/ Marketing Assistant

Joanne Krazit
Cheryl Skowronek

Housekeeping

Anne Bentley

Office Phone

518-807-6800

The Summit at Halfmoon
29 Sitterly Road
Halfmoon, NY 12065
518-807-6800

Emergency Maintenance Number
518-380-3860

Welcome to Summit at Halfmoon!!!

SupperClub
FOOD & FRIENDS

Eat-in or Pick-up available in the Great Room

Deliver Supper Club Order Form to the Office with exact cash.

Due: 9 AM Thursday, July 31st

Monday, August 4th - Chef Johnny (\$16)
Shrimp Penne ala Vodka, Salad, Garlic Bread & Dessert

Wednesday, August 6th - Chef Mickey (\$16)
Chicken & Broccoli with Alfredo Sauce, Pasta, Salad, Roll & Dessert

Monday, August 11th - Chef Johnny (\$16)
Chicken Marsala, Rice, Salad, Garlic Bread & Dessert

Wednesday, August 13th - Chef Mickey (\$16)
Haddock, Mashed Potatoes, Vegetable, Salad, Roll & Dessert

Monday August 18th - Chef Johnny (\$16)
Beef Rigatoni, Garden Salad, Garlic Bread & Dessert

Wednesday, August 20th - Chef Mickey (\$16)
Stuffed Peppers over Pasta, Salad, Roll & Dessert

Monday, August 25th - Chef Johnny (\$16)
Sliced Roast Beef, Mini Seasoned Potato's, Salad, Roll & Dessert

Wednesday, August 27th - Chef Mickey (\$16)
Manicotti, Sauce, Meatball, Salad, Garlic Bread & Dessert

DINE-IN WITH EDDIE F'S
~ IN THE GREAT ROOM ~

TUESDAY, AUGUST 26th 4:00PM

\$15

PLEASE USE ORDER FORM ATTACHED TO SUPPER CLUB FORM

PIZZA PARTY
~ IN THE GREAT ROOM ~

\$5 FRIDAY, AUGUST 29th 4:00 PM

Lin's Wok
DINE-IN CHINESE FOOD
~ IN THE GREAT ROOM ~

THURSDAY, AUGUST 21st 4:00 PM

\$14

PLEASE USE SUPPER CLUB ORDER FORM

HALFMOON COMMUNITY BBQ

JOIN US FOR FUN, MUSIC, FOOD & SUNSHINE.

TUESDAY, AUGUST 12th 12:00 PM - 3:00 PM

Lewis & Clark Preforming

12:30 pm - 2:30 pm

SIGN-UP IN THE LOUNGE BY 8/6

Build Your Own Omelet Breakfast

\$10 With Chef Johnny
Friday, August 22nd

8:30 am, 9:00 am & 9:30 am In the Great room

Breakfast includes oven roasted home fries with omelet to order, choice of meat, cheese, and veggies. Dine in or carry out offered.

Please use order form attached to the supper club form

S	M	T	W	TH	F	S
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>COLOR CODE</p> <p>BLUE: MOVIES</p> <p>GREEN: ENTERTAINMENT</p> <p>ORANGE: FOOD OPTIONS</p> <p>PINK: MEETINGS</p> <p>RED: OUTINGS</p> <p>PURPLE: ORDERS DUE</p>	<p>GR - Great Room</p> <p>LNG - Lounge</p> <p>FD - Family Dining Room</p> <p>MOV - Movie Theater</p> <p>FS - Fitness Studio</p> <p>CP - Chapel</p> <p>BIL -Billiards Room</p> <p>PS - Practitioner's Suite</p> <p>PBC - Pickleball Courts</p> <p>CY - Courtyard</p> <p>LIB - Library</p>	<p>AUGUST BOOK CLUB</p> <p>Hostage</p> <p>By, Robert Crais</p> <p>Come sign it out in the office and read the description in the Activities Binder.</p>	<p>Pool Buddy Swim Time!</p> <p>Daily at 3:00 PM</p>	<p>August</p>	<p>1</p> <p>9:00 am Grocery Shopping</p> <p>2:00 pm Quarter Bingo (GR)</p> <p>4:00 pm Happy Hour: Tooty & the Mother Pluckers BYOB (GR)</p> <p>7:00 pm Deep Cover (MOV)</p>	<p>2</p> <p>10:30 am Bocce Ball (CY)</p> <p>1:00 pm Scrabble (LNG)</p> <p>2:00 pm Monster In Law (MOV)</p> <p>3:00 pm Billiards (BIL)</p> <p>4:00 pm Spinner Dominoes (LNG)</p> <p>6:00 pm Rummikub (GR)</p>
<p>3</p> <p>11:00 am Catholic Church Services (CP)</p> <p>2:00 pm Homefront (MOV)</p> <p>4:00 pm Poker (LIB)</p> <p>6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR)</p> <p>7:00 pm Homefront (MOV)</p> <p>HAPPY BIRTHDAY GAIL GARDNER</p>	<p>4</p> <p>11:30 am Broadway Music with Jillian Smith (GR)</p> <p>4:00 pm Supper Club w/Chef Johnny Shrimp Penne (\$16) (GR)</p> <p>6:00 pm Hand & Foot (GR)</p> <p>7:00 pm The Adam Project (MOV)</p>	<p>5</p> <p>12:00 pm Treehouse Brewery</p> <p>2:30 pm Head of State (MOV)</p> <p>2:00 pm Rosary (CP)</p> <p>3:00 pm Pinochle (LNG)</p> <p>6:00 pm Mexican Train (GR)</p> <p>Medical Transports</p>	<p>6</p> <p>8:30 am Waffle Wednesday (GR)</p> <p>11:30 am The Wise Guys & Gals Discussion Group (FDR)</p> <p>2:00 pm Quarter Bingo (GR)</p> <p>2:30 pm Bridge (LNG)</p> <p>4:00 pm Supper Club w/Chef Mickey Chicken Alfredo (\$16) (GR)</p> <p>6:00 pm Bunco (\$1-2) (GR)</p> <p>HAPPY BIRTHDAY BARBARA MICARE</p>	<p>7</p> <p>12:00 pm Home Instead Presents: Depression & Anxiety in Older Adults (GR)</p> <p>2:00 pm Karaoke/Sing-Along (LNG)</p> <p>2:30 pm Million Dollar Baby (MOV)</p> <p>3:00 pm Shuffle Board (LNG)</p> <p>6:00 pm Revenge (GR)</p> <p>7:30 pm Fireside Chat w/Smore's (CY)</p> <p>Medical Transports</p> <p>HAPPY BIRTHDAY EDWARD DELCOURSE</p>	<p>8</p> <p>9:00 am Grocery Shopping</p> <p>2:00 pm Quarter Bingo (GR)</p> <p>4:00 pm Happy Hour: Gone Gray Band (GR)</p> <p>7:00 pm National Treasure (MOV)</p> <p>HAPPY BIRTHDAY BOB PYSKADLO</p>	<p>9</p> <p>10:30 am Bocce Ball (CY)</p> <p>1:00 pm Scrabble (LNG)</p> <p>2:00 pm Evelyn (MOV)</p> <p>3:00 pm Billiards (BIL)</p> <p>4:00 pm Mah Jong (LNG)</p> <p>6:00 pm Rummikub (GR)</p> <p>HAPPY BIRTHDAY STEVE HEALY</p>
<p>10</p> <p>11:00 am Catholic Church Services (CP)</p> <p>2:00 pm Meet The Parents (MOV)</p> <p>4:00 pm Poker (LIB)</p> <p>6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR)</p> <p>7:00 pm Meet The Parents (MOV)</p> <p>HAPPY BIRTHDAY BRUCE TODD</p>	<p>11</p> <p>9:00 am Podiatrist Visit</p> <p>10:00 am Bowling at Spare Time</p> <p>11:00 am Bible Study (CP)</p> <p>11:30 am Movie Meeting (GR)</p> <p>2:00 pm Wii Bowling Practice (GR)</p> <p>4:00 pm Supper Club w/Chef Johnny Chicken Marsala (\$16) (GR)</p> <p>6:00 pm Hand & Foot (GR)</p> <p>7:00 pm Mission Impossible Rogue Nation (MOV)</p>	<p>12</p> <p>NO BREAKFAST</p> <p>12:00 pm - 3:00 pm SUMMER BBQ (CY/GR)</p> <p>12:30 pm - 2:30 pm Lewis & Clark</p> <p>NO MOVIE</p> <p>3:00 pm Pinochle (LNG)</p> <p>6:00 pm Mexican Train (GR)</p> <p>Medical Transports</p>	<p>13</p> <p>8:30 am Waffle Wednesday (GR)</p> <p>11:30 am Cupcake Decorating (GR)</p> <p>2:00 pm Quarter Bingo (GR)</p> <p>2:30 pm Bridge (LNG)</p> <p>4:00 pm Supper Club w/Chef Mickey Haddock w/ Mashed Potatoes (\$16) (GR)</p> <p>6:00 pm Thwart (GR)</p>	<p>14</p> <p>11:00 am Shopping at JCPenny</p> <p>12:00 pm Summit Service Club Interest Meeting (GR)</p> <p>2:00 pm Karaoke/Sing-Along (LNG)</p> <p>2:30 pm The Accountant (MOV)</p> <p>3:00 pm Shuffle Board (LNG)</p> <p>6:00 pm Revenge (GR)</p> <p>7:30 pm Fireside Chat w/Smore's (CY)</p> <p>Medical Transports</p>	<p>15</p> <p>9:00 am Grocery Shopping</p> <p>11:30 am Cooking with Friends Meeting (GR)</p> <p>12:30 pm PRN: Posture Presentation (GR)</p> <p>2:00 pm Quarter Bingo (GR)</p> <p>4:00 pm Happy Hour: Richie Phillips BYOB (GR)</p> <p>7:00 pm Pacific Rim (MOV)</p> <p>HAPPY BIRTHDAY JANICE WILLARD</p>	<p>16</p> <p>10:30 am Bocce Ball (CY)</p> <p>1:00 pm Scrabble (LNG)</p> <p>2:00 pm Modern Times (Charlie Chapin) (MOV)</p> <p>3:00 pm Billiards (BIL)</p> <p>4:00 pm Spinner Dominoes (LNG)</p> <p>6:00 pm Rummikub (GR)</p>
<p>17</p> <p>11:00 am Catholic Church Services (CP)</p> <p>2:00 pm A Star Is Born (MOV)</p> <p>4:00 pm Poker (LIB)</p> <p>6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR)</p> <p>7:00 pm A Star Is Born (MOV)</p>	<p>18</p> <p>10:00 am Saratoga Casino</p> <p>1:00 pm Marilyn Sassi Presents: Gilded Age (MOV)</p> <p>2:30 pm Wii Bowling Practice (GR)</p> <p>4:00 pm Supper Club w/Chef Johnny Beef Rigatoni (\$16) (GR)</p> <p>6:00 pm Hand & Foot (GR)</p> <p>7:00 pm God's Not Dead (MOV)</p> <p>HAPPY BIRTHDAY MICHELE WARRELL</p>	<p>19</p> <p>11:00 am Clifton Park Library</p> <p>1:00 pm Trivia with Mark Hersh (GR)</p> <p>2:00 pm Rosary (CP)</p> <p>2:30 pm Beatles 64 (MOV)</p> <p>3:00 pm Pinochle (LNG)</p> <p>6:00 pm Mexican Train (GR)</p> <p>6:30 pm Book Club Meeting (LIB)</p> <p>Medical Transports</p>	<p>20</p> <p>8:30 am Waffle Wednesday (GR)</p> <p>11:30 am The Wise Guys & Gals Discussion Group (FDR)</p> <p>2:00 pm Quarter Bingo (GR)</p> <p>2:30 pm Bridge (LNG)</p> <p>4:00 pm Supper Club w/Chef Mickey Stuffed Peppers (\$16) (GR)</p> <p>6:00 pm Bunco (\$1-2) (GR)</p>	<p>21</p> <p>11:30 am - 2:00 pm Jazz on Jay Street</p> <p>2:00 pm Karaoke/Sing-Along (LNG)</p> <p>2:30 pm The Accountant 2 (MOV)</p> <p>3:00 pm Shuffle Board (LNG)</p> <p>4:00 pm Lin's Wok (\$14) (GR)</p> <p>6:00 pm Revenge (GR)</p> <p>7:30 pm Fireside Chat w/Smore's (CY)</p> <p>Medical Transports</p>	<p>22</p> <p>9:00 am Grocery Shopping</p> <p>8:30 am Build your own Omelet w/Chef Johnny (\$10) (GR)</p> <p>2:00 pm Quarter Bingo (GR)</p> <p>3:00 pm Cooking with Friends (FDR)</p> <p>4:00 pm Happy Hour: Jack Kelli (GR)</p> <p>7:00 pm Thunder Force (MOV)</p> <p>HAPPY BIRTHDAY BERNICE SEGER</p>	<p>23</p> <p>10:30 am Bocce Ball (CY)</p> <p>1:00 pm Scrabble (LNG)</p> <p>2:00 pm Swiss Family Robinson (MOV)</p> <p>3:00 pm Billiards (BIL)</p> <p>4:00 pm Mah Jong (LNG)</p> <p>6:00 pm Rummikub (GR)</p> <p>HAPPY BIRTHDAY BEV BADANJAK</p>
<p>24</p> <p>11:00 am Catholic Church Services (CP)</p> <p>2:00 pm Pirates of the Caribbean: Curse of the Black Pearl (MOV)</p> <p>4:00 pm Poker (LIB)</p> <p>6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR)</p> <p>7:00 pm Pirates of the Caribbean: Curse of the Black Pearl (MOV)</p>	<p>25</p> <p>11:30 am Resident Meeting w/staff (GR)</p> <p>12:30 pm Mini Golf at Pirates Hideout</p> <p>1:00 pm Bible Study (CP)</p> <p>2:00 pm Wii Bowling Practice (GR)</p> <p>4:00 pm Supper Club w/Chef Johnny Sliced Roast Beef (\$16) (GR)</p> <p>6:00 pm Hand & Foot (GR)</p> <p>7:00 pm Hello, Dolly (MOV)</p>	<p>26</p> <p>11:00 am Wii Bowling Team Meeting (GR)</p> <p>2:00 pm Birthday Parties (GR)</p> <p>2:00 pm Rosary (CP)</p> <p>2:30 pm The 40 Year Old Virgin (MOV)</p> <p>3:00 pm Pinochle (LNG)</p> <p>4:00 pm Eddie F's Seafood Dinner (\$15) (GR)</p> <p>6:00 pm Mexican Train (GR)</p> <p>Medical Transports</p>	<p>27</p> <p>8:30 am Waffle Wednesday (GR)</p> <p>11:30 am Craft with Andrea (\$5) (GR)</p> <p>2:00 pm Quarter Bingo (GR)</p> <p>2:30 pm Bridge (LNG)</p> <p>4:00 pm Supper Club w/Chef Mickey Manicotti (\$16) (GR)</p> <p>6:00 pm Thwart (GR)</p>	<p>28</p> <p>11:00 am Resident Program Meeting</p> <p>12:00 pm Guptill's Ice Cream</p> <p>2:00 pm Karaoke/Sing-Along (LNG)</p> <p>2:30 pm Wings of Life (MOV)</p> <p>3:00 pm Shuffle Board (LNG)</p> <p>6:00 pm Revenge (GR)</p> <p>7:30 pm Fireside Chat w/Smore's (CY)</p> <p>Medical Transports</p>	<p>29</p> <p>9:00 am Grocery Shopping</p> <p>11:00 am Studio 1 Dance Class (FS)</p> <p>2:00 pm Quarter Bingo (GR)</p> <p>4:00 pm Pizza Party (\$5) (GR)</p> <p>4:00 pm Happy Hour: Lucia & Byrd Duo BYOB (GR)</p> <p>7:00 pm Sleepless in Seattle (MOV)</p>	<p>30</p> <p>10:30 am Bocce Ball (CY)</p> <p>1:00 pm Scrabble (LNG)</p> <p>2:00 pm See No Evil, Hear No Evil (MOV)</p> <p>3:00 pm Billiards (BIL)</p> <p>4:00 pm Mah Jong (LNG)</p> <p>6:00 pm Rummikub (GR)</p>
<p>31</p> <p>11:00 am Catholic Church Services (CP)</p> <p>2:00 pm Rudy (MOV)</p> <p>4:00 pm Poker (LIB)</p> <p>6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR)</p> <p>7:00 pm Rudy (MOV)</p>	<p>Every Monday</p> <p>10:00 am Balance Class (FS)</p> <p>11:00 am Chair Yoga (FS)</p> <p>3:00 pm Chair Dancing (LNG)</p>	<p>Every Tuesday</p> <p>10:00 am Sit to be Fit (FS)</p> <p>11:00 am Water Aerobics (Pool)</p>	<p>Every Wednesday</p> <p>10:00 am Strength & Balance (FS)</p> <p>11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required</p> <p>11:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required</p>	<p>Every Thursday</p> <p>10:00 am Sit to be Fit (FS)</p> <p>11:00 am Water Aerobics (Pool)</p>	<p>Every Friday</p> <p>10:00 am Pilates (FS)</p> <p>11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required</p> <p>11:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required</p>	<p>CONNECTED <i>life</i></p> <p></p> <p>FITNESS</p>

Broadway Shows of Cole Porter w/Jillian Smith

Kiss Me Kate

Monday, August 4th
11:30 am

In the Great Room ~ Sign up in the lounge





TUESDAY, AUGUST 5TH
12:00 PM

TREE HOUSE BREWING COMPANY ~ Sign Up in the Lounge ~

HOME INSTEAD PRESENTS:
DEPRESSION & ANXIETY IN OLDER ADULTS

THURSDAY AUGUST 7TH
12:00 PM

IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE

 **Pirate's Hideout MINI GOLF**

MONDAY, AUGUST 25TH
12:30 PM
SIGN UP IN THE LOUNGE

Shopping at:
JCPenney

THURSDAY, AUGUST 14TH
11:00 AM
SIGN UP IN THE LOUNGE

HAPPY HOUR **FRIDAY NIGHTS**
4:00 PM

8/1 TOOTY & THE MOTHER PLUCKERS: BYOB

8/8 GONE GRAY BAND

8/15 RICHIE PHILLIPS: BYOB

8/22 JACK KELLI

8/29 LUCIA & BYRD DUO: BYOB

IN THE GREAT ROOM

WiiSports BOWLING

Want to learn how to play Wii Bowling?

Practice Times in the Great Room


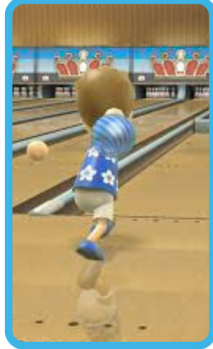
8/11 - 2:00 pm

8/18 - 2:30 pm

8/25 - 2:00 pm

8/26 - 11:00 am Team Meeting

We will make teams and set the schedule for September's competitive play.



Ice Cream at Guptill's
Thursday, August 28th
12:00 pm

Sign Up in the Lounge



 **PRN**
PT OT & SLP PLLC
Rehabilitation Services
an affiliate of The Weston Healthcare Group

PRN: From Slouch to Strength

Friday, August 15th
12:30 PM

In the Great Room
Sign up in the Lounge

Come join PRN to discuss the connection between your posture and overall physical performance. Learn how posture affects body mechanics, strength, flexibility, balance and coordination. Fun interactive bingo game and prizes!

SPARE TIME BOWLING

Monday, August 11th
10:00 AM

SARATOGA CASINO

Monday August 18th
10:00 AM

SIGN UP IN THE LOUNGE



MARILYN SASSI PRESENTS:
THE GILDED AGE

MONDAY, AUGUST 18TH
1:00 PM

~SIGN UP IN THE LOUNGE ~ IN THE MOVIE THEATER~

 **TRIVIA WITH MARK HERSH**

***PRIZES* TUESDAY, AUGUST 19TH**
1:00 PM

SIGN UP IN THE LOUNGE ~ IN THE GREAT ROOM

Jazz 

ON JAY STREET

THURSDAY, AUGUST 21ST
11:30 AM - 2:00 PM
SIGN UP IN THE LOUNGE



Cupcake Decorating

WEDNESDAY, AUGUST 13TH
11:30 AM

IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE



CLIFTON PARK LIBRARY

Tuesday, August 19th
11:00 am
Sign up in the Lounge


CRAFT WITH ANDREA

Wednesday, August 27th
11:30 am
Sign up in the Office by 8/21
\$5 Refundable Deposit

Studio I Dance Presents:
Timeless Era Beginner Line Dancing

Friday, August 29th
11:00am

~ Sign up in Lounge ~ Class in the Fitness Studio



Concierge Services

MEAL OPTIONS

CONTINENTAL BREAKFAST

Daily 8:30—10:15 AM

LUNCH

Lunch outings available twice each month.

Please see calendar.

SUPPER CLUB

You have the option of two hot meals each week. They come ready to eat, from local Chefs/eateries.

You can pick up your pre-paid meals at 4pm in the Great Room or consider dining in with others.



Friday Grocery Shopping

Every Friday, the Halfmoon bus goes to 5 local grocery stores: Market 32, Hannaford, Trader Joe's, Aldi, and Walmart. We will leave at 9:00 am. The bus will pick you up at the main entrance and shopping lasts 1 hour. Please Sign-up in the Lounge.



TRADER JOE'S

Walmart

Medical Appointments Every Tuesday and Thursday

Every Tuesday and Thursday, we provide transportation to scheduled, routine medical appointments within a 10-mile radius of our community. This service is available between the hours of 9 AM and 2 PM. Contact the office for more details and to reserve your appointment time.



PRN
PT OT & SLP PLLC

Rehabilitation Services
an affiliate of The Weston Healthcare Group

Located in the Practitioner's Suite on the 3rd Floor

315-878-1327



Gift Certificates Available



Nails: Tina 518-698-4693

Nails: Darcy 518-605-7566

Esthetician: Jolene 210-857-5851

Hair: Sue 518-495-6054

Massage: Cathy 518-229-0741

FROZEN DINNERS

By: *Chef Johnny*



Need dinner? Don't feel like cooking?

Chef Johnny's frozen meals are available in the office, for \$14, on a first come/ first serve basis. The below dishes are ready to be simply heated & enjoyed.

- Veggie Lasagna
- Turkey Dinner with Stuffing, Mashed Potatoes and Veggies
- Chicken Parmigiana with Pasta, Sauce and Veggies
- Cheese Manicotti with Sauce and Veggies
- Meatloaf Dinner with Mashed Potatoes and Veggies

Resident Informational Meetings

Theater How-To/Movie Committee
Monday, August 11th at 11:30 am

Resident Meeting with Laura & Staff
Monday, August 25th at 11:30 am

Resident Program Meeting
Thursday, August 28th at 11:00 am

On-Site Podiatrist

Dr. Michael Masias, DPM
Monday, August 11th at 9:00am
Dr. Masias will be on site..
518-320-8659

