



THE Manager's Message

How to Make Homemade Ice Cream
2 1/4 cups sugar
1/4 cup plus 2 tablespoons flour
1/2 teaspoon salt
5 cups milk
4 eggs beaten
4 cups whipping cream
2 tablespoons vanilla extract

Combine sugar, flour, and salt in saucepan. Gradually stir in milk.

Cook over medium heat approximately 15 minutes or until
thickened, stirring constantly.

Gradually stir about 1 cup of hot mixture into the beaten eggs. Add egg mixture to remaining hot mixture, stirring constantly. Cook 1 minute; remove from heat. Refrigerate 2 hours.

Combine whipping cream and vanilla in large bowl; add chilled mixture, stirring with wire whisk to combine. Freeze as directed on your ice cream maker instructions.

With July 4th upon us, ice cream is mandatory! And, what could be better than slaving over a hot stove on a humid summer day making homemade ice cream? I can think of lots of things. See you down at Stewarts! Enjoy!

Laura Leathem Community Manager





Staff

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Community Manager

Laura Leathem
LLeathem@summitseniorlife.com

Resident Services Coordinator

Andrea O'Malley
Aomalley@summitseniorlife.com

Maintenance

Alex Tinney Mark Lobdell

Concierge/ Marketing Assistant

Joanne Krazit Barbara Kelly

Housekeeping

Anne Bentley

Office Phone

518-807-6800

The Summit at Halfmoon 29 Sitterly Road Halfmoon, NY 12065 518-807-6800

Emergency Maintenance Number 518-380-3860

Welcome to Summit at Halfmoon!!!

SupperClub

Eat-in or Pick-up available in the Great Room

Deliver Supper Club Order Form to the Office with exact cash.

Due: 9 AM Monday, June 30th

Monday, July 7th - Chef Johnny (\$16)

Pork Tenderloin, Sweet Potato Mashed, Green Beans, Roll & Dessert

Wednesday, July 9th - Chef Mickey (\$16)

Oven Baked Salmon, Whole Grain Mustard Sauce, Rice with Vegetables, Salad, Roll & Dessert

Monday, July 14th - Chef Johnny (\$16)

Hawaiian Chicken, Fried Rice, Roll & Dessert

Wednesday, July 16th - Chef Mickey (\$16)

Stuffed Eggplant, Meatball, Sauce, Salad, Garlic Bread & Dessert

Monday July 21st - Chef Johnny (\$16)

Spaghetti, Meatballs, Salad, Garlic Bread & Dessert

Wednesday, July 23rd - Chef Mickey (\$16)

Hot Turkey Grinder w/ Lettuce, Tomato, American Cheese, Pickle, Macaroni Salad & Dessert

Monday, July 28th- Chef Johnny (\$16)

Shepherd's Pie, Salad, Roll & Dessert

Wednesday, July 30th - Chef Mickey (\$16)

Stuffed Shells, Meatballs, Sauce, Salad,
Garlic Bread & Dessert







SIGN UP IN THE LOUNGE BY 6/30



LUNCH OUTING

FRIDAY, JULY 18TH 12:00 PM

SIGN UP IN THE LOUNGE BY 7/16







Money Mindset: Debt Management

TUESDAY, **JULY 1ST** 2:00 PM

Search Engine's **Essentials** THURSDAY, JULY 24TH

12:00 PM

IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE



Clifton Park & Halfmoon EMS

Senior Safety Presentation & Blood Pressure Clinic

Monday, July 7th 1:00 pm

In the Great Room ~ Sign up in the Lounge





TRIVIA STARTS AT

4:30 PM



ALBANY STRATTON VA VOLUNTEER PROGRAM

Tuesday, **July 8th** 11:30 am

We are traveling to Eastwyck, to join Jason Goman, CDCE of the Albany VA for a presentation about onboarding ~PLEASE SIGN-UP IN THE LOUNGE~ for interested volunteers.

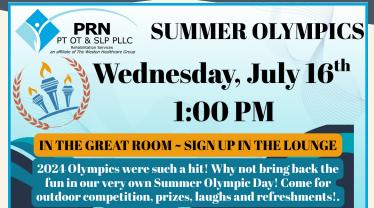












HEALTHY LIVING FOR YOUR BRAIN AND BODY TIPS FROM THE LATEST RESEARCH

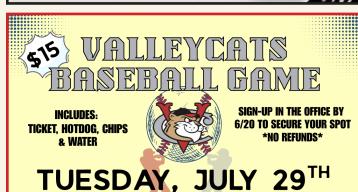
An education program presented by the Alzheimer's Association

Wednesday, July 9th 12:00 pm - 1:00 pm

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.

In the Great Room ~ Sign Up in the Lounge





10:00 AM

Concierge Services

MEAL OPTIONS

CONTINENTAL BREAKFAST

Daily 8:30-10:15 AM

LUNCH

Lunch outings available twice each month.

Please see calendar.



You have the option of two hot meals each week. They come ready to eat, from local Chefs/eateries.

You can pick up your pre-paid meals at 4pm in the Great Room or consider dining in with others.

Friday Grocery Shopping

Every Friday, the Halfmoon bus goes to 5 local grocery stores: Market 32, Hannaford, Trader Joe's, Aldi, and Walmart. We will leave at 9:00 am. The bus will pick you up at the main entrance and shopping lasts 1 hour. Please Sign-up in the Lounge.







TRADER JOE'S



Medical Appointments Every Tuesday and Thursday

Every Tuesday and Thursday, we provide transportation to scheduled, routine medical appointments within a 10-mile radius of our community. This service is available between the hours of 9 AM and 2 PM. Contact the office for more details and to reserve your appointment time.



Located in the Practitioner's Suite on the 3rd Floor 315-878-1327



Gift Certificates Available



Nails: Tina 518-698-4693

Nails: Darcy 518-605-7566

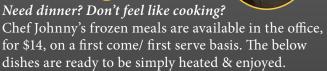
Esthetician: Jolene 210-857-5851

Hair: Sue 518-495-6054

Massage: Cathy 518-229-0741

FROZEN DINNERS





- Veggie Lasagna
- Turkey Dinner with Stuffing, Mashed Potatoes and Veggies
- Chicken Parmigiana with Pasta, Sauce and Veggies
- Cheese Manicotti with Sauce and Veggies
- Meatloaf Dinner with Mashed Potatoes and Veggies

Resident Informational Meetings

Theater How-To/Movie Committee Monday, July 7th at 11:30 am

Resident Meeting with Laura & Staff Monday, July 28th at 11:30 am

Resident Program Meeting

Thursday, July 31st at 11:30 am

On-Site Podiatrist

Dr. Michael Masias, DPM Monday, July 14th at 9:00am Dr. Masias will be on site.. 518-320-8659