



SUMMIT AT HALFMOON

Monthly Newsletter

July 2025



THE
Manager's Message



How to Make Homemade Ice Cream
2 1/4 cups sugar
1/4 cup plus 2 tablespoons flour
1/2 teaspoon salt
5 cups milk
4 eggs beaten
4 cups whipping cream
2 tablespoons vanilla extract

Combine sugar, flour, and salt in saucepan. Gradually stir in milk. Cook over medium heat approximately 15 minutes or until thickened, stirring constantly.

Gradually stir about 1 cup of hot mixture into the beaten eggs. Add egg mixture to remaining hot mixture, stirring constantly. Cook 1 minute; remove from heat. Refrigerate 2 hours.

Combine whipping cream and vanilla in large bowl; add chilled mixture, stirring with wire whisk to combine. Freeze as directed on your ice cream maker instructions.

With July 4th upon us, ice cream is mandatory! And, what could be better than slaving over a hot stove on a humid summer day making homemade ice cream? I can think of lots of things. See you down at Stewarts! Enjoy!

Laura Leathem
Community Manager



July Birthdays

7/1 RICHARD ANTOKOL
7/2 THERESA PRATT
7/10 ESTHER SESTITO
7/10 DAN GRIMMICK
7/12 JOANNE KRAZIT
7/12 BARRY SCHMALING
7/12 HOWARD BAKER
7/13 KEVIN KRAZIT
7/15 BETTY BURKE
7/24 RUTH YETTO
7/27 TOM WILARY
7/29 FRANK GRAY
7/31 JODY CHENEY

Help us celebrate our monthly birthdays on
Tuesday, July 29th 2:00 PM
In the Great Room Cake & Ice Cream for all!

16 HANDLES
Ice Cream Social

**Tuesday,
July 22nd
1:00 PM**

In the Great Room

**SIGN UP IN THE
OFFICE BY 7/18**

 \$2.50

Staff

Community Manager

Laura Leathem
LLeathem@summitseniorlife.com

Resident Services
Coordinator

Andrea O'Malley
Aomalley@summitseniorlife.com

Maintenance

Alex Tinney
Mark Lobdell

Concierge/ Marketing Assistant

Joanne Krazit
Barbara Kelly

Housekeeping

Anne Bentley


Office Phone

518-807-6800

The Summit at Halfmoon
29 Sitterly Road
Halfmoon, NY 12065
518-807-6800

Emergency
Maintenance Number
518-380-3860

Welcome to Summit at Halfmoon!!!



Eat-in or Pick-up available in the Great Room

Deliver Supper Club Order Form to the Office with exact cash.

Due: 9 AM Monday, June 30th

Monday, July 7th - Chef Johnny (\$16)
Pork Tenderloin, Sweet Potato Mashed, Green Beans, Roll & Dessert

Wednesday, July 9th - Chef Mickey (\$16)
Oven Baked Salmon, Whole Grain Mustard Sauce, Rice with Vegetables, Salad, Roll & Dessert

Monday, July 14th - Chef Johnny (\$16)
Hawaiian Chicken, Fried Rice, Roll & Dessert

Wednesday, July 16th - Chef Mickey (\$16)
Stuffed Eggplant, Meatball, Sauce, Salad, Garlic Bread & Dessert

Monday July 21st - Chef Johnny (\$16)
Spaghetti, Meatballs, Salad, Garlic Bread & Dessert

Wednesday, July 23rd - Chef Mickey (\$16)
Hot Turkey Grinder w/ Lettuce, Tomato, American Cheese, Pickle, Macaroni Salad & Dessert

Monday, July 28th - Chef Johnny (\$16)
Shepherd's Pie, Salad, Roll & Dessert

Wednesday, July 30th - Chef Mickey (\$16)
Stuffed Shells, Meatballs, Sauce, Salad, Garlic Bread & Dessert




**DINE-IN
WITH EDDIE F'S**
~ IN THE GREAT ROOM ~
**THURSDAY,
JULY 17TH
4:00PM**

\$15

FISH FRY, CLAM FRY OR SHRIMP ROLL

PLEASE USE SUPPER CLUB ORDER FORM



**Wednesday,
July 2nd 4:00 PM**

ORDERS DUE BY 6/30

BIG SMASHER BURGER MEAL (\$12)

CHICKEN BACON RANCH QUESADILLA MEAL (\$16)

6 OZ. CLASSIC SIRLOIN MEAL (\$18)

**PLEASE USE
SEPARATE
ORDER FORM
ATTACHED
TO SUPPER
CLUB FORM**

**LUNCH
AT:**



**TUESDAY, JULY 1ST
12:00 PM**

SIGN UP IN THE LOUNGE BY 6/30



**LUNCH
OUTING**

**FRIDAY, JULY 18TH
12:00 PM**

SIGN UP IN THE LOUNGE BY 7/16



PIZZA PARTY
~ IN THE GREAT ROOM ~

**THURSDAY,
JULY 24TH
4:00 PM**

\$5



Lin's Wok
DINE-IN CHINESE FOOD
~ IN THE GREAT ROOM ~

**THURSDAY,
JULY 31ST
4:00 PM**

\$14

PLEASE USE SUPPER CLUB ORDER FORM

S	M	T	W	TH	F	S
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>CONNECTED</div> <div>life</div> <div></div> <div>FITNESS</div>	<div>Every Monday</div> <div>10:00 am Balance Class (FS)</div> <div>11:00 am Chair Yoga (FS)</div> <div>3:00 pm Chair Dancing (LNG)</div>	<div>Every Tuesday</div> <div>10:00 am Sit to be Fit (FS)</div> <div>11:00 am Water Aerobics (Pool)</div>	<div>Every Wednesday</div> <div>10:00 am Strength & Balance (FS)</div> <div>11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required</div> <div>11:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required</div>	<div>Every Thursday</div> <div>10:00 am Sit to be Fit (FS)</div> <div>11:00 am Water Aerobics (Pool)</div>	<div>Every Friday</div> <div>10:00 am Pilates (FS)</div> <div>11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required</div> <div>11:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required</div>	<div>Pool Buddy Swim Time!</div> <div>Daily at 3:00 PM</div> <div></div>
<div></div> <div>July Book Club</div> <div>Destroyer Angel</div> <div>By, Nevada Barr</div> <div>Come sign it out in the office and read the description in the Activities Binder.</div>	<div>GR - Great Room</div> <div>LNG - Lounge</div> <div>FD - Family Dining Room</div> <div>MOV - Movie Theater</div> <div>FS - Fitness Studio</div> <div>CP - Chapel</div> <div>BIL -Billiards Room</div> <div>PS - Practitioner's Suite</div> <div>PBC - Pickleball Courts</div> <div>CY - Courtyard</div> <div>LIB - Library</div>	<div>1 11:00 am Wii Bowling Interest Meeting (GR)</div> <div>12:00 pm Lunch at Jumpin' Jack's</div> <div>2:00 pm AARP: Money Mindset: Debt Management (Virtual) (GR)</div> <div>2:30 pm Hidden Figures (MOV)</div> <div>3:00 pm Pinochle (LNG)</div> <div>6:00 pm Mexican Train (GR)</div> <div>Medical Transports</div> <div>HAPPY BIRTHDAY RICHARD ANTOKOL</div>	<div>2 8:30 am Waffle Wednesday (GR)</div> <div>10:00 am Bowling at Spare Time</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>2:30 pm Bridge (LNG)</div> <div>4:00 pm Chili's Dinner (\$ Varies) (GR)</div> <div>6:00 pm Hand & Foot (GR)</div> <div>HAPPY BIRTHDAY THERESA PRATT</div>	<div>3 9:00 am Grocery Shopping</div> <div>2:00 pm Karaoke/Sing-Along (LNG)</div> <div>2:30 pm The Many Lovers of Jane Austin (MOV)</div> <div>3:00 pm Shuffle Board (LNG)</div> <div>6:00 pm Revenge (GR)</div> <div>7:30 pm Fireside Chat w/Smore's (CY)</div> <div>Medical Transports</div>	<div>4 </div> <div>2:00 pm Quarter Bingo (GR)</div> <div>7:00 pm Top Gun (MOV)</div> <div>OFFICE CLOSED/NO BREAKFAST/NO CLASSES</div>	<div>5 10:30 am Bocce Ball (CY)</div> <div>1:00 pm Scrabble (LNG)</div> <div>2:00 pm Hitchcock (MOV)</div> <div>3:00 pm Billiards (BIL)</div> <div>4:00 pm Spinner Dominoes (LNG)</div> <div>6:00 pm Rummikub (GR)</div>
<div>6 11:00 am Church Services (CP)</div> <div>2:00 pm Creature From the Black Lagoon (MOV)</div> <div>4:00 pm Poker (LIB)</div> <div>6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR)</div> <div>7:00 pm Creature From the Black Lagoon (MOV)</div>	<div>7 11:30 am Movie Meeting (GR)</div> <div>1:00 pm Clifton Park EMS Presents: Senior Safety & Blood Pressure Clinic (GR)</div> <div>4:00 pm Supper Club w/Chef Johnny Pork Tenderloin (\$16) (GR)</div> <div>6:00 pm Chicken Foot (GR)</div> <div>7:00 pm Mission: Impossible (MOV)</div>	<div>8 11:30 am Summit at Eastwyck: VA Volunteer Options Presentation</div> <div>2:30 pm Avengers: Age of Ultron (MOV)</div> <div>3:00 pm Pinochle (LNG)</div> <div>6:00 pm Mexican Train (GR)</div> <div>Medical Transports</div>	<div>9 8:30 am Waffle Wednesday (GR)</div> <div>12:00 pm Healthy Living For Your Brain & Body (GR)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>2:30 pm Bridge (LNG)</div> <div>4:00 pm Supper Club w/Chef Mickey Oven Baked Salmon (\$16) (GR)</div> <div>6:00 pm Hand & Foot (GR)</div>	<div>10 12:45 pm Mac-Haydn Theater: A Bronx's Tale</div> <div>2:00 pm Karaoke/Sing-Along (LNG)</div> <div>2:30 pm Martin & Lewis: At War with the Army (MOV)</div> <div>3:00 pm Shuffle Board (LNG)</div> <div>6:00 pm Revenge (GR)</div> <div>7:30 pm Fireside Chat w/Smore's (CY)</div> <div>Medical Transports</div> <div>HAPPY BIRTHDAY ESTHER SESTITO</div> <div>HAPPY BIRTHDAY DAN GRIMMICK</div>	<div>11 9:00 am Grocery Shopping</div> <div>11:00 am River's Casino</div> <div>11:30 am Pickleball Lessons (102)(PBC)</div> <div>12:00 pm Cooking with Friends Meeting (GR)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>4:00 pm Happy Hour: Mark Mason(GR)</div> <div>7:00 pm Big Daddy (MOV)</div>	<div>12 10:30 am Bocce Ball (CY)</div> <div>1:00 pm Scrabble (LNG)</div> <div>2:00 pm Unforgivable (MOV)</div> <div>3:00 pm Billiards (BIL)</div> <div>4:00 pm Mah Jong (LNG)</div> <div>6:00 pm Rummikub (GR)</div> <div>HAPPY BIRTHDAY JOANNE KRAZIT</div> <div>HAPPY BIRTHDAY BARRY SCHMALING</div> <div>HAPPY BIRTHDAY HOWARD BAKER</div>
<div>13 11:00 am Church Services (CP)</div> <div>2:00 pm Mama Mia (MOV)</div> <div>4:00 pm Poker (LIB)</div> <div>6:00 pm Farkle & Left Right Center (10 Dimes) (GR)</div> <div>7:00 pm Mama Mia (MOV)</div> <div>HAPPY BIRTHDAY KEVIN KRAZIT</div>	<div>14 9:00 am Podiatrist Visit</div> <div>11:00 am Bible Study (CP)</div> <div>11:00 am John Dennehey Presents: Torment of Roses (GR)</div> <div>4:00 pm Supper Club w/Chef Johnny Hawaiian Chicken (\$16) (GR)</div> <div>6:00 pm Chicken Foot (GR)</div> <div>7:00 pm Mission: Impossible II (MOV)</div>	<div>15 11:30 am Reiki Presentation (GR)</div> <div>12:00 pm Eddie's F's Orders Due</div> <div>1:00 pm Yankee Distillery Tour</div> <div>2:30 pm Deadpool 2 (MOV)</div> <div>3:00 pm Pinochle (LNG)</div> <div>6:00 pm Mexican Train (GR)</div> <div>6:30 pm Book Club Meeting (LIB)</div> <div>Medical Transports</div> <div>HAPPY BIRTHDAY BETTY BURKE</div>	<div>16 8:30 am Waffle Wednesday (GR)</div> <div>11:30 am The Wise Guys & Gals Discussion Group (FDR)</div> <div>1:00 pm PRN: Summer Olympics (GR)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>2:30 pm Bridge (LNG)</div> <div>4:00 pm Supper Club w/Chef Mickey Stuffed Eggplant (\$16) (GR)</div> <div>6:00 pm Hand & Foot (GR)</div>	<div>17 12:00 pm Mini Golf at Pirates</div> <div>2:00 pm Karaoke/Sing-Along (LNG)</div> <div>2:30 pm Bright (MOV)</div> <div>3:00 pm Shuffle Board (LNG)</div> <div>4:00 pm Eddie F's Seafood Dinner (\$15) (GR)</div> <div>6:00 pm Revenge (GR)</div> <div>7:30 pm Fireside Chat w/Smore's (CY)</div> <div>Medical Transports</div>	<div>18 9:00 am Grocery Shopping</div> <div>12:00 pm Lunch at The Mill on Round Lake</div> <div>3:00 pm Cooking with Friends (FDR)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>4:00 pm Happy Hour: Allen & Azzam BYOB (GR)</div> <div>7:00 pm Murder Mystery 2 (MOV)</div>	<div>19 10:30 am Bocce Ball (CY)</div> <div>1:00 pm Scrabble (LNG)</div> <div>2:00 pm Wine Country (MOV)</div> <div>3:00 pm Billiards (BIL)</div> <div>4:00 pm Spinner Dominoes (LNG)</div> <div>6:00 pm Rummikub (GR)</div>
<div>20 11:00 am Church Services (CP)</div> <div>2:00 pm My Cousin Vinny (MOV)</div> <div>4:00 pm Poker (LIB)</div> <div>6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR)</div> <div>7:00 pm My Cousin Vinny (MOV)</div>	<div>21 11:00 am Shopping at Kohls</div> <div>4:00 pm Supper Club w/Chef Johnny Spaghetti & Meatballs (\$16) (GR)</div> <div>6:00 pm Chicken Foot (GR)</div> <div>7:00 pm Mission: Impossible III (MOV)</div>	<div>22 11:00 am Craft with Andrea (GR)</div> <div>12:00 pm Pizza Orders Due</div> <div>1:00 pm 16 Handles Ice Cream Social (\$2.50)(GR)</div> <div>2:30 pm Lucy & Desi (MOV)</div> <div>3:00 pm Pinochle (LNG)</div> <div>6:00 pm Mexican Train (GR)</div> <div>Medical Transports</div>	<div>23 8:30 am Waffle Wednesday (GR)</div> <div>11:30 am Jason Kramer Presents: Iconic Jingles (GR)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>2:30 pm Bridge (LNG)</div> <div>4:00 pm Supper Club w/Chef Mickey Hot Turkey Grinder (\$16) (GR)</div> <div>6:00 pm Hand & Foot (GR)</div>	<div>24 12:00 pm AARP: Search Engine's Essentials (Virtual) (GR)</div> <div>2:00 pm Karaoke/Sing-Along (LNG)</div> <div>2:30 pm Saving Private Ryan (MOV)</div> <div>3:00 pm Shuffle Board (LNG)</div> <div>4:00 pm Pizza Party (\$5) (GR)</div> <div>6:00 pm Revenge (GR)</div> <div>7:30 pm Fireside Chat w/Smore's (CY)</div> <div>Medical Transports</div> <div>HAPPY BIRTHDAY RUTH YETTO</div>	<div>25 9:00 am Grocery Shopping</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>4:30 pm Happy Hour: Trivia w/Eleanor (GR)</div> <div>7:00 pm 50 First Dates (MOV)</div>	<div>26 10:30 am Bocce Ball (CY)</div> <div>1:00 pm Scrabble (LNG)</div> <div>2:00 pm The Girl Who Believes in Miracles (MOV)</div> <div>3:00 pm Billiards (BIL)</div> <div>4:00 pm Mah Jong (LNG)</div> <div>6:00 pm Rummikub (GR)</div>
<div>27 11:00 am Church Services (CP)</div> <div>2:00 pm The Outlaws (MOV)</div> <div>4:00 pm Poker (LIB)</div> <div>6:00 pm Farkle & Left Right Center (10 Dimes) (GR)</div> <div>7:00 pm The Outlaws (MOV)</div> <div>HAPPY BIRTHDAY TOM WILARY</div>	<div>28 11:30 am Resident Meeting With Laura & Staff (GR)</div> <div>12:00 pm Lin's Wok Orders Due</div> <div>1:00 pm Bible Study (CP)</div> <div>4:00 pm Supper Club w/Chef Johnny Shepherd's Pie (\$16) (GR)</div> <div>6:00 pm Chicken Foot (GR)</div> <div>7:00 pm Mission: Impossible - Ghost Protocol (MOV)</div>	<div>29 10:00 am ValleyCats Game</div> <div>2:00 pm Birthday Party (GR)</div> <div>2:30 pm Damsel (MOV)</div> <div>3:00 pm Pinochle (LNG)</div> <div>6:00 pm Mexican Train (GR)</div> <div>Medical Transports</div> <div>HAPPY BIRTHDAY FRANK GRAY</div>	<div>30 8:30 am Waffle Wednesday (GR)</div> <div>11:30 am Advanced Directives Program (GR)</div> <div>2:00 pm Quarter Bingo (GR)</div> <div>2:30 pm Bridge (LNG)</div> <div>4:00 pm Supper Club w/Chef Mickey Stuffed Shells (\$16) (GR)</div> <div>6:00 pm Hand & Foot (GR)</div>	<div>31 11:30 am Resident Program Meeting (GR)</div> <div>2:00 pm Karaoke/Sing-Along (LNG)</div> <div>2:30 pm The Dressmaker (MOV)</div> <div>3:00 pm Shuffle Board (LNG)</div> <div>4:00 pm Lin's Wok (\$14) (GR)</div> <div>6:00 pm Revenge (GR)</div> <div>7:30 pm Fireside Chat w/Smore's (CY)</div> <div>Medical Transports</div> <div>HAPPY BIRTHDAY JODY CHENEY</div>	<div></div>	<div>COLOR CODE</div> <div>BLUE: MOVIES</div> <div>GREEN: ENTERTAINMENT</div> <div>ORANGE: FOOD OPTIONS</div> <div>PINK: MEETINGS</div> <div>RED: OUTINGS</div> <div>PURPLE: ORDERS DUE</div>

AARP Virtual Classes

Money Mindset: Debt Management
TUESDAY, JULY 1ST
2:00 PM
IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE

Search Engine's Essentials
THURSDAY, JULY 24TH
12:00 PM
IN THE GREAT ROOM ~ SIGN UP IN THE LOUNGE

MAC HAYDN THEATRE
Presents:
A BRONX TALE
THURSDAY, JULY 10TH
12:45 PM BUS LEAVES
SHOW AT 2:00 PM
\$45
~SIGN-UP IN THE OFFICE~

Clifton Park & Halfmoon EMS
Senior Safety Presentation & Blood Pressure Clinic
Monday, July 7th
1:00 pm
In the Great Room ~ Sign up in the Lounge

SPARE TIME BOWLING
Wednesday, July 2nd
10:00 AM
SIGN UP IN THE LOUNGE

RIVER'S CASINO
Friday, July 11th
11:00 AM
SIGN UP IN THE LOUNGE

HAPPY HOUR
FRIDAY NIGHTS @ 4:00 PM
7/11 MARK MASON
7/18 ALLEN & AZZAM BYOB
7/25 TRIVIA NIGHT WITH ELEANOR
TRIVIA STARTS AT 4:30 PM
IN THE GREAT ROOM

★★★★ NEW YORK STATE
YANKEE Distillers
TOUR + SPIRITS TASTING & WELCOME COCKTAIL FROM OUR HANDMADE COCKTAIL MENU.
AMERICAN SMALL BATCH WHISKEY
TUESDAY JULY 15TH
1:00 PM
\$25
SIGN UP IN THE OFFICE

ALBANY STRATTON VA VOLUNTEER PROGRAM
Tuesday, July 8th
11:30 am
~PLEASE SIGN-UP IN THE LOUNGE~
We are traveling to Eastwyck, to join Jason Goman, CDCE of the Albany VA for a presentation about onboarding for interested volunteers.

Craft with Andrea
MOSAIC ART
IN THE GREAT ROOM
Tuesday, July 22nd
11:00am
Sign up in the office with a \$5 refundable deposit

Reiki with Lisa for Seniors
Tuesday, July 15th
11:30 am
IN THE GREAT ROOM
~ Boost Immune System
~ Decrease Blood Pressure
~ Increased Energy Levels
~ Improve Circulation
~ Alleviate Pain
Sign up in the lounge

HERZOG LAW FIRM PRESENTS:
Advanced Directives
WEDNESDAY, JULY 30TH
11:30 AM
IN THE GREAT ROOM - SIGN UP IN THE LOUNGE

John Dennehey Presents:
Torment of Roses
Monday, July 14th
11:00 AM
In the Great Room ~ Sign up in the Lounge

Pirate's Hideout MINI GOLF
THURSDAY, JULY 17TH
12:00 PM
SIGN UP IN THE LOUNGE

Shopping at:
KOHL'S
MONDAY, JULY 21ST
11:00 AM
SIGN UP IN THE LOUNGE

PRN PT OT & SLP PLLC SUMMER OLYMPICS
Wednesday, July 16th
1:00 PM
IN THE GREAT ROOM - SIGN UP IN THE LOUNGE
2024 Olympics were such a hit! Why not bring back the fun in our very own Summer Olympic Day! Come for outdoor competition, prizes, laughs and refreshments!.

HEALTHY LIVING FOR YOUR BRAIN AND BODY
TIPS FROM THE LATEST RESEARCH
An education program presented by the Alzheimer's Association®
Wednesday, July 9th
12:00 pm - 1:00 pm
Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.
In the Great Room ~ Sign Up in the Lounge

Jason Kramer Presents:
Iconic Jingles
Wednesday, July 23rd
11:30 AM
In the Great Room - Sign Up in the Lounge

VALLEYCATS BASEBALL GAME
INCLUDES: TICKET, HOTDOG, CHIPS & WATER
SIGN-UP IN THE OFFICE BY 6/20 TO SECURE YOUR SPOT *NO REFUNDS*
TUESDAY, JULY 29TH
10:00 AM

Concierge Services

MEAL OPTIONS

CONTINENTAL BREAKFAST

Daily 8:30—10:15 AM

LUNCH

Lunch outings available twice each month.

Please see calendar.

SUPPER CLUB

You have the option of two hot meals each week. They come ready to eat, from local Chefs/eateries.

You can pick up your pre-paid meals at 4pm in the Great Room or consider dining in with others.



Friday Grocery Shopping

Every Friday, the Halfmoon bus goes to 5 local grocery stores: Market 32, Hannaford, Trader Joe's, Aldi, and Walmart. We will leave at 9:00 am. The bus will pick you up at the main entrance and shopping lasts 1 hour. Please Sign-up in the Lounge.



TRADER JOE'S

Walmart

Medical Appointments Every Tuesday and Thursday

Every Tuesday and Thursday, we provide transportation to scheduled, routine medical appointments within a 10-mile radius of our community. This service is available between the hours of 9 AM and 2 PM. Contact the office for more details and to reserve your appointment time.



PRN
PT OT & SLP PLLC

Rehabilitation Services
an affiliate of The Weston Healthcare Group

Located in the Practitioner's Suite on the 3rd Floor

315-878-1327



♥ Gift Certificates Available ♥

Nails: Tina 518-698-4693

Nails: Darcy 518-605-7566

Esthetician: Jolene 210-857-5851

Hair: Sue 518-495-6054

Massage: Cathy 518-229-0741

FROZEN DINNERS

By: *Chef Johnny*



Need dinner? Don't feel like cooking?

Chef Johnny's frozen meals are available in the office, for \$14, on a first come/ first serve basis. The below dishes are ready to be simply heated & enjoyed.

- Veggie Lasagna
- Turkey Dinner with Stuffing, Mashed Potatoes and Veggies
- Chicken Parmigiana with Pasta, Sauce and Veggies
- Cheese Manicotti with Sauce and Veggies
- Meatloaf Dinner with Mashed Potatoes and Veggies

Resident Informational Meetings

Theater How-To/Movie Committee

Monday, July 7th at 11:30 am

Resident Meeting with Laura & Staff

Monday, July 28th at 11:30 am

Resident Program Meeting

Thursday, July 31st at 11:30 am

On-Site Podiatrist

Dr. Michael Masias, DPM

Monday, July 14th at 9:00am

Dr. Masias will be on site..

518-320-8659

