

SUMMIT AT SARATOGA

Monthly Newsletter

June 2025



THE
Manager's Message

We did it!! For the fifth year in a row, Summit at Saratoga has been voted #1 “55+ Senior Living Residence” in Saratoga County. We thank you, your family and friends for all of the votes! The contest is held annually by our local Saratoga Today newspaper.

Congratulations to all of you for making us the absolute best! We owe this honor to the residents for all that you do everyday to make us a true “community”. For being great neighbors, for helping out in every way possible, offering ideas and feedback, participating in programming and fitness classes, and for welcoming new residents ... you have succeeded in creating a home where seniors want to live. Where seniors can thrive and learn and have a great time doing what they wish!

We will be celebrating at the end of the summer! Date to be announced.

Warm regards,

Christy Durant
Christy Durant
Community Manager

Father's Day Celebration
June 11th 12:00pm
Join us to celebrate Father's Day
outside on the Great Room Patio!
Hot Dogs, Beer & Lawn Games
All Residents Welcome!

Belmont Stakes Lecture
June 6th at 10:00 am
Movie Theater
This year promises to be an extremely exciting renewal with potential Derby winner Sovereignty facing off against Preakness winner Journalism. Presented by Bill Robeson.
All Residents Welcome
Sponsored by Academy of Lifelong Learning

Staff

Community Manager

Christy Durant
CDurant@SummitSeniorLife.com

Resident Services Coordinator

Kathie Dunne
KDunne@summitseniorlife.com

Concierge

Jessica Barr
Concierge@SummitSeniorLife.com

Maintenance

Peter Nugent

Cleaner

Skip Vickery

Weekend Concierge

Shelly Pooler

Lisa Hobbs

Transportation

Matt Leguire
The Summit At Saratoga
1 Perry Road
Saratoga Springs, NY 12866
518-430-2136
www.summitsaratoga.com

Maintenance Emergency Number
518-925-0905

Dick Hnis 6/01
Jackie Recesso 6/02
Vinette Dean 6/07
Randi Suppes 6/11
Shirley Peyton 6/14
Judy Jewett 6/15
Greta Ferro 6/17
Joe Kovacs 6/18
Fran Schwartz 6/21
Ted Paprocki 6/22
Wallace Paprocki 6/22
Frank Romaine 6/23
June Villani 6/26

Happy Birthday

Celebrate with us on
Wednesday, June 18th at 3:00pm in the Great Room!

Resident Informational Meetings

Resident Program Meeting
Monday, June 9 at 11:30am
Great Room

Resident Meeting with Christy
Monday, June 16 at 11:30am
Great Room

Theater How-To/Movie Committee
Wednesday, June 25 at 11:00am
Movie Theater

Pickle Ball Saturday's 9:30am

Pickle Ball How-To
Monday, June 16th 10:30am
Rain Date: Monday, June 23rd

Pickle Ball Court
Weather permitting
Appropriate Sneakers Required

Disc Golf How-To
Friday, June 6th 1:00pm &
Tuesday, June 17th 10:00am
Meet at the Pavilion

Community Activities

Excursions

Spring Run Trail Walk & Lunch at the Saratoga Awesome Dogs Cart
Friday, June 13th

An off-road trail that follows an old Victorian-era railroad bed. This paved and handicapped accessible path is open year-round. It offers spectacular views of woods, wetlands, and the Spring Run waterway.

We will stop by the Saratoga Awesome Dogs for a bite to eat after our walk.
The bus will leave the Summit at 11:30am.
Minimum of 5 Residents, Maximum 14

Lunch at Carson's Woodside Tavern
Friday, June 27th

Come enjoy our gorgeous view overlooking Saratoga Lake and the Vermont Mountains. Join us for great food, and awesome friendly service.
The bus will leave the Summit at 11:30am.
Minimum 12 Residents, Maximum 14

Harmony at Halfmoon: A Visit from the Maestro
Wednesday, June 25

The Albany Symphony Orchestra is pleased to invite Summit Senior Living residents to a special visit with Maestro David Alan Miller at The Summit at Halfmoon! He will give an engaging talk about the Symphony and his role as conductor, including video clips from recent performances. This outreach celebrates the joy and benefits orchestral music brings to all of us!

The bus will leave the Summit at 12:15pm.
Minimum 12 Residents, Maximum 14

S	M	T	W	TH	F	S
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>CONNECTED <i>life</i></div> <div></div> <div>FITNESS</div>	<div>Every Monday</div> <div>8:00/8:30am Hydro Rider P 9:00am Tai Chi I: Basics FS 9:30am Water Aerobics P 9:40 Tai Chi II: Basics + 73 FS 10:30am Strength Training FS 10:30am Tai Chi III: Intermediate LIB 11:15am Yoga/Balance FS</div>	<div>Every Tuesday</div> <div>Hydro Rider P 8:00/8:30am Aqua Fit P 9:30am 10:30am Yoga/Balance FS 11:30am Trifecta FS</div>	<div>Every Wednesday</div> <div>8:30am Water Aerobics P 9:30am Stretch & Flex FS 10:30am Sit 2B Fit FS 1:00pm Buddy Swim P</div>	<div>Every Thursday</div> <div>8:00am/8:30am Hydro Rider P 9:30am Aqua Fit P 10:30am Yoga/Balance FS 11:30am Trifecta FS</div>	<div>Every Friday</div> <div>9:00am Tai Chi I: Basics FS 9:40 Tai Chi II: Basics + 73 FS 10:30am Tai Chi III: Intermediate FS 1:00pm Buddy Swim P</div>	<div></div> <div>BE GREEN & RECYCLE CLEAN PLASTICS, TIN, ALUMINUM, PAPER AND GLASS</div>
1 9:30am Bocce Ball BC 10:00am Buddy Swim P 11:00am Corn Hole FS 1:00pm Mexican Train TAV	2 10:00am Watercolor with Sue CR 11:00am Knitting/Crocheting Group LIB 11:30am Men's League: Billiards Club BR 1:00pm Marilyn Sassi Presents: The Stone Houses of Hurley & New Paltz LIB 2:00pm Bible Devotional Group LIB 2:00pm Rummikub TAV 3:00pm Happy Hour with Jack Kelle Duo GR 4:30pm Mah Jong TAV MEAL ORDER FORMS DUE	3 9:00am Podiatrist Visits, Dr. Masias 10:30am Fireplace/Grill How-To BP 11:00am Shuffleboard TAV 12:00pm Summit Service Club Backstretch Donations GR 1:00pm Tech Hour with Don 1:30 Bingo GR 3:30pm Pinochle MR 5:00/5:15pm Poker Night GR	4 9:00am Bocce Ball BC 10:30am Lac du Saint Sacrement Elvis Cruise & Lunch 1:30pm Movie Matinee MOV 2:00pm Academy of Life Long Learning Ice Cream Social GR 2:00pm Mexican Train TAV 5:00pm BYOB Wine Wednesday TAV 6:00pm Hand & Foot Card Game MR	5 11:30am Men's League: Billiards Club BR 1:00pm Shopping Shuttle 1:00pm LCR Game TAV 3:00pm Vocalist Roosevelt Baker GR 5:00pm Resident Potluck Dinner GR 5:00pm Cribbage TAV 6:00pm Patio S'mores BP	6 10:00am Scrabble TAV 10:00am Belmont Stakes Lecture MOV 1:00pm Netflix Series: The Resident MOV 1:00pm Disc Golf How-To PAV 2:00pm Shuffleboard TAV 4:00pm BYOB Tavern Time TAV 5:00/5:15pm Poker Night GR D-DAY	7 9:30am Pickelball PC 10:00am Board Games TAV 11:30am Men's League:Billiards Club BR 1:00pm Arnold Palmer's GR 1:30pm Movie Matinee MOV 3:00pm Cards: Hearts MR 6:00pm Belmont Race MOV 6:00pm Worship & Music GR 6:00pm Hand & Foot Card Game MR
8 9:30am Bocce Ball BC 10:00am Buddy Swim P 11:00am Corn Hole FS 1:00pm Mexican Train TAV 1:00pm Kniskern Music House Recital GR	9 11:00am Knitting/Crocheting Group LIB 11:30am Men's League: Billiards Club BR 11:30am Resident Program Meeting GR 1:00pm Marilyn Sassi Presents: The Hearth LIB 2:00pm Bible Devotional Group LIB 2:00pm Rummikub TAV 3:00pm Happy Hour GR 4:30pm Mah Jong TAV	10 10:00am Flower Arranging TAV 11:00am Shuffleboard TAV 1:00pm Tech Hour with Don 1:10pm Pen Pal Meetup at Dorothy Nolan Elementary 1:30 Bingo GR 2:00pm Monthly Book Club LIB 3:30pm Pinochle MR 4:15pm SSC Salisbury Steak TAV 5:00/5:15pm Poker Night GR	11 9:00am Bocce Ball BC 10:00am Continental Breakfast Ends 12:00pm Father's Day Celebration BP 1:30pm Movie Matinee MOV 2:00pm Mexican Train TAV 5:00pm BYOB Wine Wednesday TAV 6:00pm Hand & Foot Card Game MR	12 11:30am Men's League: Billiards Club BR 1:00pm Shopping Shuttle 2:30pm Mark Hersch Trivia GR 4:15pm SSC BBQ Pulled Pork w/ Mac and Cheese TAV 5:00pm Cribbage TAV 6:00pm Patio S'mores's BP	13 10:00am Scrabble TAV 11:30am Spring Run Trail & Hot Dog Stand 12:00pm Bocce Ball Captain Mtg at Halfmoon 1:30 PRN Therapy: Alzheimer's Awareness Brain Games & Activities 1:00pm Netflix Series: The Resident MOV 2:00pm Shuffleboard TAV 4:00pm BYOB Tavern Time TAV 5:00/5:15pm Poker Night GR	14 9:30am Pickelball PC 10:00am Board Games TAV 11:30am Men's League: Billiards Club BR 1:00pm Creamsicle Floats GR 1:30pm Movie Matinee MOV 3:00pm Cards: Hearts MR 6:00pm Worship & Music GR 6:00pm Hand & Foot Card Game MR FLAG DAY
15 9:30am Bocce Ball BC 10:00am Buddy Swim P 11:00am Corn Hole FS 1:00pm Mexican Train TAV Father's Day	16 11:00am Knitting & Crocheting Group LIB 11:30am Resident Meeting with Christy 11:30am Men's League: Billiards Club BR 1:00pm Marilyn Sassi presents: Our Local Native Americans LIB 2:00pm Bible Devotional Group LIB 2:00pm Rummikub TAV 3:00pm Happy Hour GR 4:30pm Mah Jong TAV	17 10:00am Disc Golf How-to PAV 11:00am Shuffleboard TAV 1:00pm Tech Hour with Don 1:30 Bingo GR 2:45pm Saratoga Springs Public Library Outreach LIB 3:00pm Paw Social BP 3:30pm Pinochle MR 4:15pm SSC Chicken Parmesan TAV 5:00/5:15pm Poker Night GR	18 8:30am SSC Omelet Breakfast GR 9:00am Bocce Ball BC 1:00pm Ulysses S. Grant's Final Days LIB 1:30pm Movie Matinee MOV 2:00pm Mexican Train TAV 3:00pm Monthly Birthday Party GR 5:00pm BYOB Wine Wednesday TAV 6:00pm Hand & Foot Card Game MR	19 9:00am Resident Potluck Breakfast GR 11:30am Men's League: Billiards Club BR 5:00pm Cribbage TAV 6:00pm Patio S'mores BP NO SSC DINNER TONIGHT Office Closed for Juneteenth	20 10:00am Scrabble TAV *** 1:00pm Shopping Shuttle *** 1:00pm Netflix Series: The Resident MOV 2:00pm Shuffleboard TAV 4:00pm BYOB Tavern Time TAV 5:00/5:15pm Poker Night GR FIRST DAY OF SUMMER	21 9:30am Pickleball PC 10:00am Board Games TAV 11:30am Men's League: Billiards Club BR 1:00pm Flavored Ice Coffees GR 1:30pm Movie Matinee MOV 3:00pm Cards: Hearts MR 6:00pm Worship & Music GR 6:00pm Hand & Foot Card Game MR
22 9:30am Bocce Ball BC 10:00am Buddy Swim P 11:00am Corn Hole FS 1:00pm Mexican Train TAV	23 11:00am Knitting/Crocheting Group LIB 11:30am Men's League:Billiards Club BR 1:00pm Marilyn Sassi presents: The History of Floor Treatments LIB 2:00pm Bible Devotional Group LIB 2:00pm Rummikub TAV 3:00pm Happy Hour GR 4:30pm Mah Jong TAV	24 10:30am Fire Drill Review Meeting GR 11:00am Shuffleboard TAV 12:00pm Nine Miles East Offerings GR 1:00pm Fire Drill 1:00pm Tech Hour with Don 1:30 Bingo GR 3:15pm Step On It Travel Tour: Bryce Canyon 3:30pm Pinochle MR 4:15pm SSC Ham Dinner TAV 5:00/5:15pm Poker Night GR	25 9:00am Bocce Ball BC 11:00am Theater How-To MOV 11:45am Albany Symphony Orchestra Lecture at Halfmoon 1:30pm Movie Matinee MOV 2:00pm Mexican Train TAV 5:00pm BYOB Wine Wednesday TAV 6:00pm Hand & Foot Card Game MR	26 11:30am Men's League: Billiards Club BR 1:00pm Shopping Shuttle 2:30pm Mark Hersch Trivia GR 4:15pm SSC Sesame Chicken & Fried Rice TAV 5:00pm Cribbage TAV 6:00pm Patio S'more's BP	27 10:00am Scrabble TAV 11:30am Lunch at Carson's Woodside Tavern 1:00pm Netflix Series: The Resident MOV 2:00pm Shuffleboard TAV 3:00pm Sherbet Coolers GR 4:00pm BYOB Tavern Time TAV 5:00/5:15pm Poker Night GR	28 9:30am Pickleball PC 10:00am Board Games TAV 11:30am Men's League: Billiards Club BR 1:00pm Bahama Mama Cocktails 1:30pm Movie Matinee MOV 3:00pm Cards: Hearts MR 6:00pm Worship & Music GR 6:00pm Hand & Foot Card Game MR
29 9:30am Bocce Ball BC 10:00am Buddy Swim P 11:00am Corn Hole FS 1:00pm Mexican Train TAV	30 11:00am Knitting/Crocheting Group LIB 11:30am Men's League: Billiards Club BR 1:00pm Marilyn Sassi presents: American Wall Treatments LIB 2:00pm Bible Devotional Group LIB 2:00pm Rummikub TAV 3:00pm Happy Hour GR 4:30pm Mah Jong TAV	<div></div> <div>Pickleball How-To PC 10:30 am Monday, June 16th Rain Date Monday, June 23rd</div>	<div></div> <div>Disc Golf How-To Friday, June 6th 1:00 pm & Tuesday, June 17th 10:00 am Meet at the Pavilion</div>	<div></div> <div>JUNE</div>	<div>BP-Back Patio BR-Billiards Room (3rd Floor) CR-Craft Room (2nd Floor) FS-Fitness Studio GR-Great Room LIB-Library LO-Lobby</div>	<div>MOV-Movie Theater MR-Music Room (3rd Floor) P-Pool PC – Pickleball Courts PS-Practitioners Suite PAV- Pavilion SSC - Summit Supper Club</div>

Happy Hour
JOIN US EVERY MONDAY AT 3:00PM IN THE GREAT ROOM
Monday June 2nd - Music by Jack Kelle Duo



Patio S'mores are back!
Thursday nights on the Back Patio at 6:00pm
"Life is *s'more* fun with friends around the fire!"
-anonymous



ACADEMY OF LIFELONG LEARNING
ICE CREAM SOCIAL
Hosted by
The Summit at Saratoga
Wednesday, June 4
2:00pm
Great Room
Come and enjoy music by Dan Berggren




Mr. Berggren's 50-year career spans the folk music genre from ballads about neighbors and hardworking folks, humorous ditties about black flies, and songs that pay tribute to taking care of the planet and each other.

ENTERTAINMENT
IN THE GREAT ROOM
Music by Jack Kelle Duo
June 2nd
3:00pm
Dan Berggren
June 4th
2:00pm
Vocalist Roosevelt Baker
Thursday June 5th
3:00pm
Kniskern Music House Recital
Sunday, June 8th
1:00pm



TEAM TRIVIA
with DJ Mark Hersh
Thursday, June 12th & 26th at 2:30pm
Join us in the Great Room, where the competition is friendly and the trivia is fun!!
Come and join the teamwork!!

Ulysses S. Grant's Final Days
June 18th at 1:00pm
in the Library



Please join JoAnn in hearing about Ulysses S. Grant's final life journey. Everything from his diagnosis, to his last days at Grant Cottage, and his entombment in NYC, will be covered.
JoAnn Clements, a Summit resident, is in her 10th year as a tour guide at the cottage.

Marilyn Sassi
Professor and Historian
Mondays at 1:00pm
Beginning Monday, June 2
Library


June 2 - *The Stone Houses in Hurley and New Paltz*
June 9 - *The Hearth in America's early homes*
June 16 - *The Native Americans*
June 23 - *The History of Floor Treatments*
June 30 - *American Wall Treatments*
July 14 - *Proctors: A Man and His Theater*

 **Summit Service Club**
Backstretch Donations & Volunteer Opportunities
Tuesday, June 3rd
12:00pm
Great Room
Come by the Great Room to learn from Jill Hancock about what we can do to help the backstretch workers this year! They are in need of volunteers and items for donation. Let's see what we can to help take care of the people who take care of the horses!
"Volunteering is a work of heart" 


Spring Water Color Workshop with Sue
Monday, June 2
10:00am
Craft Room
Budding artists welcome!
Sign up, as there is limited seating.



 **Kniskern Music House, Inc**
Sunday, June 8th • 1:00pm
Student Recital
Great Room
Music helps people connect, create bonds, and feel joy especially when children are making the music. We will all be full of smiles as Kniskern Music House students show off their instrumental talent.



Dorothy Nolan Pen Pal Meetup
Tuesday, June 10th
1:30pm - 2:45pm
We are so excited to meet up with our 4th grade students and see their school!
The bus will leave the Summit at 1:10pm.

 **Summit Book Club - Saratoga Trunk**
by Edna Ferber
June 10th at 2:00pm
Library
Saratoga Trunk unfolds the story of Clio Dulaine, an ambitious Creole beauty who more than meets her match in Clint Maroon, a handsome Texan with a head for business—and an eye for beautiful young women. Together they do battle with Southern gentry and Eastern society, but in their obsession to acquire all they've ever wanted, they fail to realize they already have all they'll ever need—each other.
All residents are welcome!

Concierge Services

CONTINENTAL BREAKFAST

8:30am until 10:30am in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week. Start your morning right with a healthy breakfast while enjoying each other's company.



There are also copies of the newspaper in the Great Room for residents to read.



Gift Certificates Available

Stylist

Patricia Keefe 518-992-4904

Therapeutic Massage

Krick Wahl 518-859-9809

Nail Technician

Tina Mone 518-698-4693

On-Site Podiatrist

Dr. Michael Masias, DPM

Tuesday, June 3 at 9:00am.

To make your appointment, sign up in the Great Room. He will visit you in your apartment.

Saratoga Springs Public Library Outreach

Tuesday, June 17

2:45pm - 3:30pm in the Library

There will be an array of books and movies to browse through. If you would like to reserve a book for that date, please call the library at 518-584-7860 ext. 228.



SARATOGA SPRINGS PUBLIC LIBRARY
YOUR SOURCE FOR INFORMATION, INSPIRATION, AND ENTERTAINMENT



Patient Service Coordinator
Gina Vandenburg

716-204-2405

Vandenburg@prnphysicaltherapy.com

Resident Transportation

Tuesdays and Thursdays, 9am-3pm.

Please notify the office at least one week ahead of time.

Destination must be within a 12-mile radius.



FROZEN DINNERS

By: *Chef Johnny*



Chef Johnny is now offering frozen meals, which are available in the office any day of the week during business hours.

The dinners below are \$14 each and ready to be heated.

- Chicken Parmigiana with pasta, sauce, vegetable
- Meatloaf with mashed potatoes, vegetable
- Turkey with stuffing, roasted potatoes, vegetable

Route 50 Shopping

Please sign up for the **Thursday 1:00pm** Shopping Shuttle in the Great Room.



#zerowaste

**BE GREEN
& recycle
CLEAN**

**plastics, tin,
aluminum, paper
and glass.**

