

# SUMMIT AT EASTWYCK

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Monthly Newsletter

June 2025





THE  
Manager's Message

Dear Residents,

It is with great excitement and gratitude that I introduce myself as the new Community Manager at the Summit at Eastwyck. It is a true privilege to join such a vibrant and welcoming community, and I am genuinely looking forward to getting to know each of you.

A bit about myself: I reside in Rotterdam, NY, with my supportive and loving boyfriend, Marvin, and my exceptional 17-year-old son, Keyon. I have a passion for sports and a love for travel, particularly to the Caribbean. As a proud parent, I am thrilled to share that Keyon will be attending Siena College this fall.

Over the coming weeks, I look forward to meeting you, hearing your stories, and exploring ways to continue making Eastwyck a welcoming and valued community for all.

Thank you for the warm welcome I have received. I am thrilled to be here and look forward to all that we will accomplish together.

Many thanks,

Amanda DeSarbo  
Community Manager



Staff

Community Manager

Amanda DeSarbo  
Adesarbo@summitseniorlife.com

Residents Service Coordinator

Sasha Carrington  
SCarrington@summitseniorlife.com

Maintenance

Mark Lobdell  
Bill Branion  
Margaret Carroll

Driver

Terry Lantry

Weekend Clubhouse  
Attendant

Tracey Ainsworth  
Daisy Rojas

Summit at Eastwyck  
1 Eastwyck Circle  
Rensselaer, NY 12144  
518.874.1638  
www.summitseniorlife.com

Summit At Eastwyck



Elvis Tribute Luncheon Cruise  
featuring Drew Polsun

Wednesday, June 4th

Sailing 12:00pm - 2:00pm  
Summit bus departs at 10:00

Prepared fresh, our buffet offers:

Salad bar  
Soup

3 hot entrees:

Chicken  
Fish  
Vegetarian dish

A carving station featuring:

Beef  
Ham  
Turkey

Dessert  
Cocktail Bar

Elvis impersonator performing  
all of the King's classics!



\$57.00 per person  
Sign up in the office



CLAYTON GARRETT 6/1  
MARY DLUGOLECKI 6/3  
JURIS KIKANS 6/5  
MARGARET BIERNIK 6/6  
MARILYN GIBBS 6/6  
IRENE BREWER 6/6  
ANNETTE BUCKLEY 6/7  
MARY ANN WHIPPLE 6/9  
ANN ROCK 6/10  
BARBARA FOOTE 6/12  
MARION MECHLER 6/14  
MICHAEL SENTIWAY 6/14  
JOAN YOUNG 6/17  
SYLVIA GARRETT 6/20  
JOHN DRAHUSHUK 6/20  
MARGARET HUSS 6/25  
SUE TABER 6/26  
TRISH PRASHAW 6/28  
DOMINIC DI PACE 6/29  
VIKI STEEDMAN 6/30



LET'S CELEBRATE OUR JUNE BIRTHDAYS TOGETHER!  
MONDAY, JUNE 30<sup>TH</sup> AT 2:00  
JOIN US IN THE CLUBHOUSE FOR CUPCAKES AND REFRESHMENTS

S	M	T	W	TH	F	S
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  1:30 MexicanTrain 2:00 Triple Play 3:00 RumiKub 4:00 Scrabble CTR	2. 12:00 Let's Do Lunch–Taco Salad * 1:00 Pinochle 3:00 RumiKub 4:00 Scrabble CTR 4:00 Sit and stitch 6:00 Poker Night	3  2:00 Sing-A-Long 3:00 The Magic of John Hoffman* 6:00 Liverpool Rummy	4  10:00 Elvis Luncheon Cruise Lake George* Dr. Masias 1:30-2:30 Writing Club 4:00 Sit and Stitch 5:00 Bocce	5  Medical Appointments 2:00 BINGO 4:00 Pizza Night* 6:00 Liverpool Rummy	6 8:00 & 10:00 Grocery Stores 12:30 Craft Class with Karen* 1:00 Chair Dancing/Exercise 1:00 Canasta 3:30 Rosary 4:00 Supper Club— Cheese Ravioli Dinner* 7:00 Chilin' by the fire	7  1:00 Scrabble 1:00 5Crowns 1:00 Mahjong CTR 3:00 RumiKub
8  1:30 MexicanTrain 2:00 Triple Play 3:00 RumiKub 4:00 Scrabble CTR	9 12:00 Let's Do Lunch– Cobb Salad* 1:00 Jason Kramer presents: Henry Johnson and the Hellfighters* 1:00 Pinochle 3:00 RumiKub 4:00 Scrabble CTR 4:00 Sit and stitch	10  1:00 Tai Chi 2:00 Sing-A-Long 3:00 Quarter BINGO 4:00 Happy Hour with Mark Mason* 6:00 Liverpool Rummy	11 11:00 Yankee Trails Trips presentation with Blythe* 1:00-2:00 Ukelele Lesson with Drew Jacobs* 1:00 Book Club 2:00 Communion 4:00 Sit and Stitch 5:00 Bocce	12  Medical Appointments 12:00 Father's Day Luncheon* 2:00 BINGO 6:00 Liverpool Rummy	13 8:00 & 10:00 Grocery Stores 12:00 Bocce Team Captain Meeting at Halfmoon 1:00 Canasta 3:30 Rosary 4:00 Supper Club—Clam Roll* 7:00 Chillin' by the Fire	14 11:00 Jewelry Craft Class with Stephanie* 1:00 Scrabble 1:00 5Crowns 1:00 Mahjong CTR 3:00 RumiKub
15  1:30 MexicanTrain 2:00 Triple Play 3:00 RumiKub 4:00 Scrabble CTR  Father's Day	16 12:00 Let's Do Lunch– Roast Beef Wrap * 1:00 Pinochle 3:00 RumiKub 4:00 Scrabble CTR 4:00 Sit and stitch 6:00 Poker Night	17  12:00 Albany Symphony with David Allen Miller at Mill Hill* 2:00 Sing-A-Long 3:00 Quarter BINGO 6:00 Liverpool Rummy	18  1:00 New Resident Orientation 1:30-2:30 Writing Club 4:00 Happy Hour with the Musicats Duo* 5:00 Bocce	19 OFFICE CLOSED NO BREAKFAST/NO FITNESS  GREAT ROOM RESERVED 8:00-12:00 	20 8:00 & 10:00 Grocery Stores 1:00 Canasta 1:00 Chair Dancing/Exercise 2:00 PRN presents: Alzheimer'sAwareness* 3:30 Rosary 4:00 Supper Club— Homemade Meatloaf* 7:00 Chillin' by the fire	21  1:00 Scrabble 1:00 5Crowns 1:00 Mahjong CTR 3:00 RumiKub
22  1:30 MexicanTrain 2:00 Triple Play 3:00 RumiKub 4:00 Scrabble CTR	23 12:00 Let's Do Lunch–BLT Sandwich * 1:00 Pinochle 2:00 Movie: The Last Rifleman 3:00 RumiKub 4:00 Scrabble CTR 4:00 Sit and stitch	24  1:00 Tai Chi 2:00 Sing-A-Long 3:00 Quarter BINGO 4:00 Pizza Night* 6:00 Liverpool Rummy	25  11:00 Lunch at Yainnis Chatham House followed by 2:00 Guys and Dolls at Mac Hayden Theatre* 4:00 Sit and Stitch 5:00 Bocce	26  Medical Appointments 11:00-12:00 Ukelele Lesson with Drew Jacobs* 2:00 BINGO 6:00 Liverpool Rummy	27 8:00 & 10:00 Grocery Stores 11:00 4 <sup>th</sup> of July Jewlery craft class with Laiken* 1:00 Canasta 3:30 Rosary 4:00 Supper Club—Monte Cristo* 7:00 Chillin' by the fire	28  1:00 Scrabble 1:00 5Crowns 1:00 Mahjong CTR 3:00 RumiKub
29  1:30 MexicanTrain 2:00 Triple Play 3:00 RumiKub 4:00 Scrabble CTR	30 12:00 Let's Do Lunch– Veggie Burger Deluxe * 1:00 Pinochle 2:00 Birthday Celebration 3:00 RumiKub 4:00 Scrabble CTR 4:00 Sit and stitch			<div><div>COLOR KEY</div><div>Red - Community Events</div><div>Bold Black - Transportation Event</div><div>Black - In-house event</div></div> <div><div>COLOR KEY</div><div>Green - Games</div><div>Blue - Leisure &amp; Recreation</div><div>White - Daily Fitness Class</div></div>		 <div>EVENTS MARKED WITH AN ASTERISK REQUIRE SIGN-UP IN THE OFFICE</div>



## LUNCH AND A SHOW?! JOIN US FOR LUNCH BOX MATINEE

Join us for  
Lunch at Yiannis Chatham  
House at 11:00 followed by a  
2:00 showing of Guys and  
Dolls at the Mac Hayden  
Theatre

**Wednesday, June 25<sup>th</sup>  
at 11:00 am**

Tickets for the show are  
\$50.00 per person  
sign up in the office

**Tuesday, June 17<sup>th</sup> at 12:00**

*Albany  
Symphony*

David Allen Miller

At the  
Summit at  
Mill Hill in  
Guilderland

sign-up in the office

**Who was Henry Johnson of the Harlem Hellfighters?  
Henry Johnson (World War I soldier) - Wikipedia**

William Henry Johnson (circa July 15, 1892 – July 1, 1929), commonly known as Henry Johnson, was a United States Army soldier who performed heroically in the first African American unit of the United States Army to engage in combat in World War I.



Join us on Monday, June 9<sup>th</sup> at 1:00 for an in-depth discussion and presentation on "Henry Johnson and the Harlem Hellfighters. Albany's finest celebrated

presented by: Jason Kramer, Adjunct Professor at Siena College, Schenectady County Community College, and Excelsior University.

Guest Lecturer at Russell Sage College, St. Bonaventure College, and the University at Albany.



## Bus Trips

Join us on Wednesday,  
June 11<sup>th</sup> at 11:00

Blythe Macomber, Group Sales  
Specialist with Yankee Trails wants  
to share all of their upcoming trips  
available to you and your friends

sign up in the office



## BOCCE PRACTICE

Every Wednesday at 5:00  
(weather permitting)

COME ON DOWN AND CHECK OUT WHAT WE'RE DOING

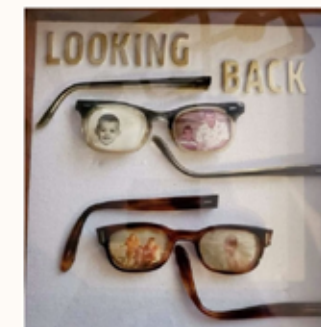


NEWCOMERS ARE ENCOURAGED AND WELCOMED

SHOULD YOU HAVE ANY QUESTIONS OR  
NEED ADDITIONAL INFORMATION PLEASE CALL  
DEB SMITH APT 2216 AT 845-625-3453



Join us!  
CRAFTS CLASS WITH KAREN  
**FRIDAY, JUNE 6<sup>TH</sup>**  
SIGN UP IN THE OFFICE



THIS MEMORABLE CRAFT IS CALLED "LOOKING BACK"  
WE'LL PROVIDE THE SUPPLIES YOU JUST BRING YOUR MEMORIES  
PHOTOS WILL NOT BE DAMAGED DURING THIS PROCESS





# Concierge Services

## Meal Options

### Continental Breakfast

Everyday from 8:30am to 10:30am

### Supper Club

You have the option of two hot meals each month. They come ready to eat, from local restaurants. You can pick up your pre-paid meals at 4pm at the Clubhouse.

### Let's Do Lunch!

Monthly lunch at the Clubhouse, pre-pay at the office and enjoy lunch with your neighbors.

**Pick up at the Clubhouse.**

## Friday Grocery Shopping



Every Friday, the Eastwyck bus goes to three local grocery stores: Price Chopper, Aldi's and Hannaford. We will leave Eastwyck at 8:00 or 10:00. The bus will pick you up at your building.

Please sign up in the main office.

## Thursday Medical Appointments

Every Thursday, we provide transportation to scheduled, routine medical appointments. This service is available between the hours of 8 AM and 1 PM. Call the office for more details and to reserve your appointment time.



**PRN Staff**  
**Contact Information**

Denise Bilka, Physical  
Christine Fitzgerald, Occupational  
Jaclyn Gregg, Speech

SummitMillHill\_NY85@prnphysicaltherapy.com

**716-255-3674**

## Supper Club

This month's Meals  
will be from



### — Let's do Lunch —

**June 2nd at 12:00**

Taco Salad - \$13.80

**June 9th at 12:00**

Cobb Salad/W Chicken - \$17.00

**June 16th at 12:00**

Roast Beef Wrap - \$13.50

**June 23rd at 12:00**

BLT Sandwich - \$12.00

**June 30th at 12:00**

Veggie Burger Deluxe  
\$12.00

### Friday Supper Club

**June 6th at 4:00pm**

Cheese Ravioli Dinner  
\$16.00

**June 13th at 4:00pm**

Clam Roll \$10.50

**June 20th at 4:00pm**

Homemade Meatloaf  
\$15.00

**June 27th at 4:00pm**

Monte Cristo \$12.00

## Healthy frozen meals are available for purchase at the Clubhouse

Options on hand are listed below:

Sweet and Sour Chicken • The Arnold Bowl  
Buffalo Chicken and Mac and Cheese  
Cheeseburger Bowl • Sweet Corn Chicken  
Chicken Adobo



**Meals are \$9.00 each**



## Dr. Michael Masias, DPM

Starting at 10:00 on the 1st Wednesday of every month, Dr. Masias will be on site.

**518-320-8659.**



*Hair*  
*Hair*

Rita 518-495-5603

Becky 518-424-7922