# SUMMITAT HALFMOON

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**Monthly Newsletter** 

May 2025

# THE Manager's Message

Who better to take inspiration from than Charlie Brown? He's certainly known his share of disappointment and frustration. Still, he perseveres. He's spent decades trying to kick that football, trying to lead a losing baseball team, and trying to find courage enough to speak to the Little Red-Haired Girl. Lucky for us, Chuck gets discouraged but he never gives up.



As the leaves and flowers of spring start to decorate the landscape, and the birds design their treetop nests, it's important that we appreciate them as timeless symbols of hope and renewal. With all the uncertainty that consumes our thoughts right now, it would be easy to miss the breathtaking gift on display right outside our windows. So, just like Charlie Brown, we can all indulge our feelings of frustration and disappointment. And then, just like Charlie Brown, we can all look to the future with hope... another run at the football, another baseball game, another chance to meet the Little Red-Haired Girl. Enjoy!

Laura Leathem Community Manager

# Birthday's of the Month

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Linda Inzero	5/3
Joyce Zimmerman	5/5
Gail Rosetti	5/13
Joyce Quickenton	5/20
Mary Jane Ostrowski	5/23
Wendy Schmaling	5/26
June Fox	5/31

Help us celebrate our monthly birthdays on **Tuesday, May 27th 2:00 PM** In the Great Room Cake & Ice Cream for all!



# Staff

Community Manager Laura Leathem LLeathem@summitseniorlife.com

Resident Services Coordinator Andrea O'Malley Aomalley@summitseniorlife.com

#### Maintenance

Alex Tinney Ryan Beighey

#### Concierge/ Marketing Assistant

Joanne Krazit Barbara Kelly

#### Housekeeping

Jenny Cerroni

Office Phone 518-807-6800

The Summit at Halfmoon 29 Sitterly Road Halfmoon, NY 12065 518-807-6800

Emergency Maintenance Number 518-380-3860

# Welcome to Summit at Halfmoon!!!



**Eat-in or Pick-up available in the Great Room** Deliver Supper Club Order Form to the Office with exact cash.

#### Due: 9 AM Wednesday, April 30th

Monday, May 5th - Chef Johnny Chicken Mole Poblano (Not Spicy) Mexican Rice, Coleslaw, Roll & Dessert **(\$16)** 

Wednesday, May 7th - Chef Mickey Roast Pork Loin, Mashed Potatoes, Gravy, Vegetable, Garden Salad, Roll & Dessert (\$16)

> Monday, May 12th - Chef Johnny Baked Fish, Yellow Rice, Vegetable, Roll & Dessert (**\$16**)

Wednesday, May 14th - Chef Mickey Stuffed Shells, Meatballs, Sauce, Garden Salad, Roll & Dessert (**\$16**)

> Monday May 19th - Chef Johnny Pot Pie Chicken, Mashed Potatoes, Roll & Dessert (\$16)

Wednesday, May 28th - Chef Johnny Beef Lasagna, Garden Salad, Garlic Bread & Dessert (**\$16**)





# MAY 2025

S	M	Т	W	<b>TH</b>	F	8
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CONNECTED life	<b>Every Monday</b> 10:00 am Balance Class (FS) 11:00 am Chair Yoga (FS) 3:00 pm Chair Dancing (LNG)	<b>Every Tuesday</b> 10:00 am Sit to be Fit (FS) 11:00 am Water Aerobics (Pool)	Every Wednesday 10:00 am Strength & Balance (FS) 11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required 11:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required		Every Friday 10:00 am Pilates (FS) 11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required 11:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required	Pool Buddy Swim Time! Daily at 3:00 PM
GR - Great Room LNG - Lounge FD - Family Dining Room MOV - Movie Theater FS - Fitness Studio CP - Chapel LIB - Library	BIL - Billiards Room PS - Practitioner's Suite PBC - Pickleball Courts GR - Great Room LNG - Lounge FD - Family Dining Room	Hello May	BLUE: MOVIES GREEN: ENTERTAINMENT ORANGE: FOOD OPTIONS PINK: MEETINGS RED: OUTINGS PURPLE: ORDERS DUE	11:00 am Garden Club Meeting (GR) 12:00 pm AARP: Getting Started with Google Photos (GR) 1:00 pm Knitting & Crochet Circle (LIB) 1:30 pm Karaoke/Sing-Along (LNG) 2:30 pm Geostorm (MOV) 3:00 pm Shuffle Board (LNG) 6:00 pm Revenge (GR) 7:00 pm Fireside Chat w/Smore's (CY) Medical Transports	2 9:00 am Grocery Shopping 11:00 am Mini Golf at Pirates Hide Out 2:00 pm Quarter Bingo (GR) 4:00 pm Happy Hour w/Mark Mason BYOB (GR) 7:00 pm One Of Them Days (MOV)	3 10:30 am Bocce Ball (CY) 1:00 pm Scrabble (LNG) 2:00 pm The Life List (MOV) 3:00 pm Billiards (BIL) 4:00 pm Mah Jong (LNG) 6:00 pm Rummikub (GR) HAPPY BIRTHDAY LINDA INZERO
4 10:30 am Church Services (FD) 2:00 pm Wicked (MOV) 4:00 pm Poker (LIB) 6:00 pm Farkle & Left Right Center (10 Dimes) (GR) 7:00 pm Wicked (MOV)	5 12:00 pm Elder Financial Exploitation Seminar w/John Cruise (GR) 4:00 pm Supper Club w/Chef Johnny - Chicken Mole Poblano (Not Spicy) (\$16) (GR) 6:00 pm Chicken Foot (GR) 7:00 pm Sicario (MOV) HAPPY BIRTHDAY JOYCE ZIMMERMAN	6 11:00 am Proctors Free Organ Concert 2:30 pm Draft Day (MOV) 3:00 pm Pinochle (LNG) 6:00 pm Mexican Train (GR) Medical Transports	<ul> <li>8:30 am Waffle Wednesday (GR)</li> <li>12:00 pm Jason Kramer Presents:</li> <li>Social Utopian Movements (GR)</li> <li>2:00 pm Quarter Bingo (GR)</li> <li>2:30 pm Bridge (LNG)</li> <li>4:00 pm Supper Club w/Chef Mickey - Roast Pork Loin (\$16) (GR)</li> <li>6:00 pm Hand &amp; Foot (GR)</li> </ul>	<ul> <li>8:30 am Mother's Day Breakfast w/Chef Johnny (GR)</li> <li>12:00 pm Paint &amp; Plant w/Andrea (GR)</li> <li>1:00 pm Knitting &amp; Crochet Circle (LIB)</li> <li>1:30 pm Karaoke/Sing-Along (LNG)</li> <li>2:30 pm Jack and The Giant Slayer (MOV)</li> <li>3:00 pm Shuffle Board (LNG)</li> <li>6:00 pm Revenge (GR)</li> <li>7:00 pm Fireside Chat w/Smore's (CY)</li> <li>Medical Transports</li> </ul>	9 9:00 am Grocery Shopping 11:30 am Water Colors w/Sue (FD) 2:00 pm Quarter Bingo (GR) 4:00 pm Happy Hour w/Mark Rosch (GR) 7:00 pm Twisters (MOV)	10 10:30 am Bocce Ball (CY) 1:00 pm Scrabble (LNG) 2:00 pm Fly Me To The Moon (MOV) 3:00 pm Billiards (BIL) 4:00 pm Spinner Dominoes (LNG) 6:00 pm Rummikub (GR)
11 10:30 am Church Services (FD) 2:00 pm West Side Story (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR) 7:00 pm West Side Story (MOV)	<ul> <li>9:00 am Podiatrist Visit</li> <li>11:00 am Movie Meeting (GR)</li> <li>12:00 pm Healthy Living For Your Brain &amp; Body (GR)</li> <li>4:00 pm Supper Club w/Chef Johnny - Baked Fish (\$16) (GR)</li> <li>6:00 pm Chicken Foot (GR)</li> <li>7:00 pm Sicario: Day of the Soldado (MOV)</li> </ul>	13 12:00 pm Chinese Food Orders Due 12:00 pm Lunch at Cooley Kill 2:30 pm Hack Your Health: The Secrets of your Gut (MOV) 3:00 pm Pinochle (LNG) 6:00 pm Mexican Train (GR) Medical Transports HAPPY BIRTHDAY GAIL ROSETTI	<ul> <li><sup>14</sup> 8:30 am Waffle Wednesday (GR)</li> <li>11:30 am Jewelry Making w/Laiken (\$7) (GR)</li> <li>2:00 pm Quarter Bingo (GR)</li> <li>2:30 pm Bridge (LNG)</li> <li>4:00 pm Supper Club w/Chef Mickey Stuffed Shells (\$16) (GR)</li> <li>6:00 pm Hand &amp; Foot (GR)</li> </ul>	<ul> <li><sup>15</sup> 11:30 am - 2:00 pm Swap Meet (GR)</li> <li>1:00 pm Knitting &amp; Crochet Circle (LIB)</li> <li>1:30 pm Karaoke/Sing-Along (LNG)</li> <li>2:30 pm Don't Look Deeper (MOV)</li> <li>3:00 pm Shuffle Board (LNG)</li> <li>4:00 pm Dine-In Chinese Food (\$14) (GR)</li> <li>6:00 pm Revenge (GR)</li> <li>7:00 pm Fireside Chat w/Smore's (CY)</li> <li>Medical Transports</li> </ul>	<ul> <li><sup>16</sup> 9:00 am Grocery Shopping</li> <li>12:00 pm PRN Presentation:</li> <li>Speech Therapy Awareness Month (GR)</li> <li>2:00 pm Quarter Bingo (GR)</li> <li>4:00 pm Happy Hour</li> <li>w/Lewis &amp; Clark BYOB (GR)</li> <li>7:00 pm Accidentally in Love (MOV)</li> </ul>	17 10:30 am Bocce Ball (CY) 1:00 pm Scrabble (LNG) 2:00 pm Tammy (MOV) 3:00 pm Billiards (BIL) 4:00 pm Mah Jong (LNG) 6:00 pm Rummikub (GR)
18 10:30 am Church Services (FD) 2:00 pm Fall Guy (MOV) 4:00 pm Poker (LIB) 6:00 pm Farkle & Left Right Center (10 Dimes) (GR) 7:00 pm Fall Guy (MOV)	19 12:00 pm Olive Garden Orders Due 11:30 am Resident Meeting w/ Laura & Staff (GR) 4:00 pm Supper Club w/Chef Johnny - Pot Pie Chicken (\$16) (GR) 6:00 pm Chicken Foot (GR) 7:00 pm 12 Strong (MOV)	<ul> <li>20 11:30 am The Wise Guys &amp; Gals: Important Recent Developments Discussion Group (LIB)</li> <li>1:00 pm Wreath Making w/Gloria (\$11) (FD)</li> <li>2:30 pm My All American (MOV)</li> <li>3:00 pm Pinochle (LNG)</li> <li>6:00 pm Mexican Train (GR)</li> <li>Medical Transports</li> <li>HAPPY BIRTHDAY JOYCE QUICKENTON</li> </ul>	2:00 pm Quarter Bingo (GR) 2:30 pm Bridge (LNG) 4:00 pm Dine-In Olive Garden (GR) 6:00 pm Hand & Foot (GR)	22 11:30 am Pickleball Interest Meeting (GR) 12:00 pm Lunch at Jersey Mike's 1:00 pm Knitting & Crochet Circle (LIB) 1:30 pm Karaoke/Sing-Along (LNG) 2:30 pm Me Before You (MOV) 3:00 pm Shuffle Board (LNG) 6:00 pm Revenge (GR) 7:00 pm Fireside Chat w/Smore's (CY) Medical Transports	23 9:00 am Grocery Shopping 2:00 pm Quarter Bingo (GR) 4:15 pm Happy Hour w/Tim Farkus (GR) 7:00 pm My Old A** (MOV) HAPPY BIRTHDAY MARY JANE OSTROWSKI	<ul> <li>24</li> <li>10:30 am Bocce Ball (CY)</li> <li>1:00 pm Scrabble (LNG)</li> <li>2:00 pm Shotgun Wedding (MOV)</li> <li>3:00 pm Billiards (BIL)</li> <li>4:00 pm Spinner Dominoes (LNG)</li> <li>6:00 pm Rummikub (GR)</li> </ul>
25 10:30 am Church Services (FD) 2:00 pm The Family Plan (MOV) 4:00 pm Poker (LIB) 6:00 pm Chicken Foot & Left Right Center (10 Dimes) (GR) 7:00 pm The Family Plan (MOV)	26 <b>SECONDALIDAY</b> <b>SECONDALIDAY</b> <b>SECONDALIDAY</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALISED</b> <b>SECONDALI</b>	Medical Transports	28 8:30 am Waffle Wednesday (GR) 10:00 am Shopping at Kohl's 12:00 pm Pizza Orders Due 2:00 pm Quarter Bingo (GR) 2:30 pm Bridge (LNG) 4:00 pm Supper Club w/Chef Johnny Beef Lasagna (\$16) (GR) 6:00 pm Hand & Foot (GR)	<ul> <li>29 10:00 am MahJong</li> <li>Tournament @ Saratoga Summit (\$5)</li> <li>1:00 pm Knitting &amp; Crochet Circle (LIB)</li> <li>1:00 pm Ascension Thursday (FD)</li> <li>1:30 pm Karaoke/Sing-Along (LNG)</li> <li>2:30 pm The Portable Door (MOV)</li> <li>3:00 pm Shuffle Board (LNG)</li> <li>6:00 pm Revenge (GR)</li> <li>7:00 pm Fireside Chat w/Smore's (CY)</li> <li>Medical Transports</li> </ul>	30 9:00 am Grocery Shopping 11:30 am Resident Program Meeting (GR) 2:00 pm Quarter Bingo (GR) 4:00 pm Pizza Party (\$5) (GR) 4:00 pm Happy Hour w/Joe Bodden BYOB (GR) 7:00 pm The Ride (MOV)	<ul> <li>31 10:30 am Bocce Ball (CY)</li> <li>1:00 pm Scrabble (LNG)</li> <li>2:00 pm Rumble Fish (MOV)</li> <li>3:00 pm Billiards (BIL)</li> <li>4:00 pm Mah Jong (LNG)</li> <li>6:00 pm Rummikub (GR)</li> <li>HAPPY BIRTHDAY JUNE FOX</li> </ul>

## Summit Halfmoon Office Phone: (518) 807-6800 | Emergency Maintenance: (518) 380-3860

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# Community Activities

# Welcome to Summit at Halfmoon!!!







Speech Therapy Awareness Month Celebration

#### Friday, May 16<sup>th</sup> 12:00 PM

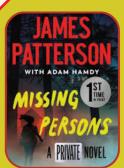
Speech Therapy is more than just talking! Come learn all the ways Speech Therapy can help with speech, language, swallowing, organization and brain health! Refreshments served.

HEALTHY LIVING FOR YOUR BRAIN AND BODY TIPS FROM THE LATEST RESEARCH

An education program presented by the Alzheimer's Association

### Monday, May 12<sup>th</sup> 12:00 pm - 1:00 pm

Join us to learn about research in the areas of diet and nutrition, exercise, cognitive activity and social engagement, and use hands-on tools to help you incorporate these recommendations into a plan for healthy aging.



# MAY BOOK CLUB

In Afghanistan, a US Special Forces pilot is shot down during a covert mission. In New York, a mother is forced to flee with her two young children.

A wealthy businessman approaches Jack Morgan, head of Private - the world's largest investigation agency - with a desperate plea to track down his daughter and grandchildren, who have disappeared without a trace.

What at first seems to be a simple missing persons case soon escalates into something much more deadly, when Jack discovers the daughter is being pursued by highly trained operatives.

As Jack uncovers more of the woman's backstory, the trail leads towards Afghanistan - where Jack's career as a US Marine ended in catastrophe ...

Jack will need to face the trauma of his past to save a family's future.

# **Concierge Services**

### **MEAL OPTIONS**

**CONTINENTAL BREAKFAST** 

Daily 8:30-10:15 AM

#### LUNCH

Lunch outings available twice each month. Please see calendar.



#### SUPPER CLUB

You have the option of two hot meals each week. They come ready to eat, from local Chefs/eateries.

You can pick up your pre-paid meals at 4pm in the Great Room or consider dining in with others.

# **Friday Grocery Shopping**

*Every Friday,* the Halfmoon bus goes to 5 local grocery stores: Market 32, Hannaford, Trader Joe's, Aldi, and Walmart. We will leave at 9:00 am. The bus will pick you up at the main entrance and shopping lasts 1 hour. Please Sign-up in the Lounge.



#### Medical Appointments Every Tuesday and Thursday

Every Tuesday and Thursday, we provide transportation to scheduled, routine medical appointments within a 10-mile radius of our community. This service is available between the hours of 9 AM and 2 PM. Contact the office for more details and to reserve your appointment time.





🤈 Gift Certificates Available 📎

Nails: Tina 518-698-4693 Nails: Darcy 518-605-7566 Esthetician: Jolene 210-857-5851 Hair: Sue 518-495-6054 Massage: Cathy 518-229-0741

# FROZEN DINNERS By: Chef Johnny



*Need dinner? Don't feel like cooking?* Chef Johnny's frozen meals are available in the

office, for \$14, on a first come/ first serve basis. The below dishes are ready to be simply heated & enjoyed.

- Veggie Lasagna
- Turkey Dinner with Stuffing, Mashed Potatoes and Veggies
- Chicken Parmigiana with Pasta, Sauce and Veggies
- Cheese Manicotti with Sauce and Veggies

#### **Resident Informational Meetings**

Theater How-To/Movie Committee Monday, May 12th at 11:00 am

Resident Meeting with Laura & Staff Monday, May 19th at 11:30 am

> **Resident Program Meeting** Friday, May 30th at 11:30 am

## **On-Site Pod**iatrist

Dr. Michael Masias, DPM Monday, May 12th at 9:00am Dr. Masias will be on site.. 518-320-8659