

Community Activities

Manager's Message

Welcome April!

n April 12th, Grilled Cheese Day I recommend trying Ina Garten's Cheddar & Chutney version of this iconic classic, which her husband declares the best grilled cheese sandwich he's ever had. The recipe can easily be found online.

This month we celebrate Easter on Sunday, April 20th. The Easter bunny is a popular symbol of Easter, likely stemming from ancient pagan traditions of spring and fertility, where rabbits were seen as symbols of rebirth and new life, traditions that later merged with the Christian celebration of Easter.

In recognition of Earth Day, we are offering an outing to Via Aquarium on Monday, April 21st where you can journey through over 45 exhibits showcasing the marvels of our oceans, rivers, and local freshwater habitats.

I would also like to take this opportunity to recognize the amazing effort made by our community for the Heart Health challenge last month. As a group you walked a total of 539 miles!

Happy April,

. Fanine Janine Robinson Community Manager





Community Manager

Janine Robinson jrobinson@SummitSeniorLife.com

Staff

Resident Services Coordinator

Makenzie Grant Mgrant@summitseniorlife.com

Maintenance

Roman Early James Hoke William Branion

Weekend Concierge

Sue Purga Angelica Paluch Gabi Penitti Sandy Smith

Office Phone

518-941-8871

The Summit At Mill Hill 2 Mill Hill Court Slingerlands, NY 12159 www.summitatmillhill.com





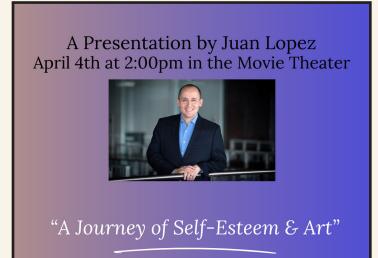


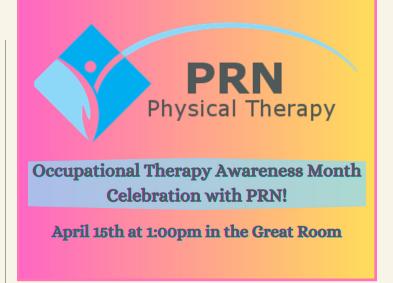






4:00pm Happy Hour - GR













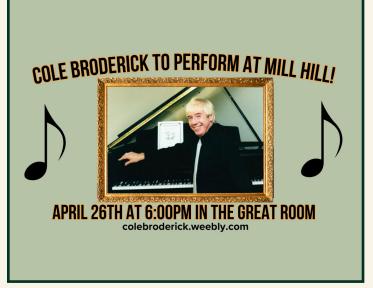












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Concierge Services

CONTINENTAL BREAKFAST

In the Great Room, weekdays 8:30—10:30, 9:00—11:00 Saturdays & Sundays.

We are happy to offer a continental breakfast to our residents (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



On-Site Podiatrist Dr. Michael Masias, DPM

Visits the second Wednesday of every month

To make your appointment, sign up in the Great Room!
He will visit your apartment for your scheduled
appointment. For any questions, please call
Dr. Masias at (518)-320-8659.

Wednesday Grocery Shopping

Wednesdays at 10:00 local grocery stores - Market 32 & Hannaford.

First Friday at 10:00 Walmart shopping.

Please gather in the Lobby 5 minutes before departure.







Medical Appointment Shuttle

Every Tuesday & Thursday we provide transportation to routine medical appointments within a 10 mile radius

This service is available between the hours of 9:00 and 2:00

Please call the office one week in advance to reserve your appointment time.

SupperClub

FOOD & FRIENDS

Thursday April 3

Manicotti with Meatballs & Garlic Bread

Thursday April 10

Sliced Roast Beef, Vegetables, Mashed Potatoes & Gravy

Thursday April 17

Grilled Herb Chicken Breast, Vegetables, Mashed Potatoes & Gravy

Thursday April 24

Salmon, Whole Grain Mustard Sauce, Vegetables, & Rice

ALL MEALS SERVED W/SALAD AND A ROLL



PRN Staff Contact Information 716-255-3674

Denise Bilka, Physical Therapy
Christine Fitzgerald, Occupational Therapy
Jaclyn Gregg, Speech Therapy
SummitMillHill_NY85@prnphysicaltherapy.com





Gift Certificates Available



Hair Stylist - Paula 518-361-5629 Massage Therapist - Charlene 518-813-3347 Nail Technician – Adrianna 518-801-7397 By Appointment