

Manager's Message

We made it to Spring! The robins and red-winged blackbirds have returned. Snow and ice are giving way to disheveled, brown blades of grass anxiously awaiting the warm rays of sunshine that will transform them into lush green lawns and meadows. Daffodils and crocuses are eager to show their beautiful faces.

Since 1970, April 22nd has been declared Earth Day. It's only fitting that we pause to contemplate the condition of our earthly environment at this most awe-inspiring time of year. No matter what our individual opinions and politics may be regarding global warming and clean energy, I think we can all agree that the exquisite dawning of Spring is something we hope will be witnessed by generations well beyond ourselves.

Although much has been done to address oil spills, industrial pollution, pesticides, and preservation of wildlife and wilderness, the job is unending. Through awareness and the involvement of ordinary individuals like you and me, our breathtakingly beautiful planet can survive. Our votes and voices, our ideas and initiative, can make a difference.

We made it to Spring! Let's enjoy...and make sure future generations can always say the same.

Laura Leathem

Laura Leathem Community Manager



Cake & Ice Cream for all!



Staff

Community Manager

Laura Leathem LLeathem@summitseniorlife.com

Resident Services Coordinator

Andrea O'Malley Aomalley@summitseniorlife.com

Maintenance

Alex Tinney Ryan Beighey

Weekend Concierge

Joanne Krazit Barbara Kelly

Office Phone

518-807-6800

The Summit at Halfmoon 29 Sitterly Road Halfmoon, NY 12065 518-807-6800

Emergency Maintenance Number 518-380-3860

Welcome to Summit at Halfmoon!!!

SupperClub

Eat-in or Pick-up available in the Great Room

Deliver Supper Club Order Form to the Office with exact cash.

Due: 9 AM Friday, March 28th

Wednesday the 2nd - Chef Mickey

Manicotti, Meatballs, Sauce, Garlic Bread, Salad & Dessert (\$16)

Monday the 7th - Chef Johnny Everything Bagel Chicken w/Scallion Cream

Salisbury Steak, Mashed Potatoes, Vegetable, Roll & Dessert (\$16)

Monday the 9th - Chef Mickey

Roast Beef, Mashed Potatoes/Gravy, Vegetable, Salad, Roll & Dessert (\$16)

Wednesday the 14th - Chef Johnny

Chicken Parmesan, Garden Salad, Garlic Bread & Dessert (\$16)

Monday the 16th - Chef Mickey

Grilled Herb Chicken Breast, Mashed Potatoes/Gravy, Vegetable, Salad & Roll (\$16)

Wednesday the 21st - Chef Johnny

Beef Enchilada, Mexican Rice, Cornbread & Desert (\$16)

Monday the 23rd - Chef Mickey

Oven Roasted Salmon, Rice with Vegetables, Whole Grain Mustard Sauce, Salad, Roll & Dessert (\$16)

Wednesday the 28th - Chef Johnny

Stuffed Peppers, Rice, Roll & Dessert (\$16)

Monday the 30th - Chef Mickey

Meatloaf, Mashed Potatoes/Gravy, Vegetable, Salad & Roll (\$16)



Italian Potluck & Trivia

SUNDAY, APRIL 13TH

FOOD AT 4:30PM, TRIVIA AT 5PM Soup & Salad Potluck

SUNDAY, APRIL 27TH AT 4:30PM

Bring a dish to share. A sign-up sheet is in the lounge.



Dine-In **Chinese Food**



Tuesday, April 8th @ 4:00pm

In the Great Room

SEE CHOICES ON FOOD ORDER FORM

Please use Supper Club Order Form



Dine-In for FISH FRY Good Friday



Friday, April 18th @ 4:00pm

in the Great Room

Fish Fry, Fries, Coleslaw & Water

Please use Supper Club Order Form

Friday April 25th @ 4:00 PM

Please use Supper Club Order Form

Food Outings This Month -sign up in Lounge-

LUNCH AT







TUESDAY, **APRIL 1ST** 12:00 PM

THURSDAY **APRIL 17TH** 12:00 PM



6:00 pm Hand & Foot (GR)



~SIGN - UP IN THE LOUNGE~

LUNCH AT PANCHO'S MEXICAN

APRIL 1ST AT 12:00PM

SPARETIME BOWLING

APRIL 7TH AT 10:00AM

SHOPPING AT BOSCOV'S

APRIL 10TH AT 10:00AM

PROCTOR'S FREE ORGAN CONCERT

APRIL 15TH AT 11:00AM

LUNCH AT THE RUSTY NAIL

APRIL 17TH AT 12:00PM

SARATOGA CASINO

APRIL 22ND AT 10:00AM

HISTORY OF PROCTORS TOUR

APRIL 25TH AT 10:00AM



APRIL BOOK CLUB

~Copies in the Office~ Spring is all about new beginnings – flower blossoms, budding leaves, and – in Georgie's case – a whole new version of herself.

Georgie has been a personal assistant for a long time, which means everyone else's needs have been prioritized over her own for years. However, when she has to leave LA and return to her hometown, she must confront the fact that she's never actually been sure about her own needs or what she wants in life. When she comes across a diary she wrote as a teenager, she discovers that the ideas within it can be used as a guidebook to create a new version of adult Georgie. But this plan hits a snag when she runs into an unexpected roommate. Levi was once the small town's troublemaker, but now he's a grouchy hermit. Grouchiness aside, he begins to help Georgie with her journey, and if the duo can get past their past, maybe Georgie's true desire can be found right beside her.



Shopping at

Thursday, **April 10th** 10:00 AM

Saratoga Casino

Tuesday, April 22nd 10:00 AM







Marvin Bubie Presentations Covered Bridge Heritage **Wednesday. April 2nd** 11:00 AM ~Sign up in Lounge~

John Denneheu Language of Flowers

Monday. **April 21st** 11:00 AM

~Sign up in Lounge~

Learen How To Wee Door Dash

Thursday,

April 3rd 11:30AM

~Sign up in Lounge~

Home Instead Presents Managing Arthritis

WEDNESDAY

Apprell 971H

12:00PM

~Sign up in Lounge~

Studio | Dance Presents: Timeless Era Beginner Line Dancing Friday, April 11TH

11:00am

~ Sign up in Lounge ~



PRNOT Awareness Month Celebration

Wednesday, April 16th

Come learn the benefits of Occupational Therapy!
You may be surprised to learn they may not find you a
new job!?!?! Learn how Occupational Therapy is essential
to helping adults age in place during this interactive
presentation. Refreshments provided!

EASTER CRAFT W/ANDREA

FRIDAY 12:00 PM ~SIGN UP IN THE LOUNGE~

WATER COLORS

WITH SUE

~SIGN UP IN THE LOUNGE~

NEW YORK CITY CIRCLE LINE CRUISE

WEDNESDAY, APRIL 30TH | 8:45AM IF INTERESTED CONTACT: PAT HART (518) 280-2167



SIGN - UP IN THE LOUNGE

MARVIN BUBIE PRESENTATION APRIL 2ND AT 11:00AM

LEARN DOOR DASH PRESENTATION APRIL 3RD AT 11:30AM

EASTER CRAFT WITH ANDREA

APRIL 8TH AT 12:00PM

HOME INSTEAD PRESENTATION APRIL 9TH AT 12:00PM

TIMELESS ERA DANCE CLASS **APRIL 11TH AT 11:00AM**

EASTER EGG HUNT

APRIL 14TH AT 12:00PM

PRN: PRESENTATION - OT AWARENESS

APRIL 16TH AT 1:00PM

WATERCOLORS WITH SUE

APRIL 18TH AT 11:30AM JOHN DENNEHEY PRESENTATION

APRIL 21ST AT 11:00AM

Concierge Services

MEAL OPTIONS

CONTINENTAL BREAKFAST

Daily 8:30-10:15 AM

LUNCH

Lunch outings available twice each month.

Please see calendar.



SUPPER CLUB

You have the option of two hot meals each week. They come ready to eat, from local Chefs/eateries.

You can pick up your pre-paid meals at 4pm in the Great Room or consider dining in with others.

Friday Grocery Shopping

Every Friday, the Halfmoon bus goes to 5 local grocery stores: Market 32, Hannaford, Trader Joe's, Aldi, and Walmart. We will leave at 9:00 am. The bus will pick you up at the main entrance and shopping lasts 1 hour. Please Sign-up in the Lounge.







TRADER JOE'S



Medical Appointments Every Tuesday and Thursday

Every Tuesday and Thursday, we provide transportation to scheduled, routine medical appointments within a 10-mile radius of our community. This service is available between the hours of 9 AM and 2 PM. Contact the office for more details and to reserve your appointment time.



Located in the Practitioner's Suite on the 3rd Floor 315-878-1327



Gift Certificates Available



Nails: Tina 518-698-4693

Nails: Darcy 518-605-7566

Esthetician: Jolene 210-857-5851

Hair: Sue 518-495-6054

Massage: Cathy 518-229-0741

FROZEN DINNERS





Need dinner? Don't feel like cooking? Chef Johnny's frozen meals are available in the office, for \$14, on a first come/ first serve basis. The below dishes are ready to be simply heated & enjoyed.

- Veggie Lasagna
- Turkey Dinner with Stuffing, Mashed Potatoes and Veggies
- Chicken Parmigiana with Pasta, Sauce and Veggies
- Cheese Manicotti with Sauce and Veggies

Resident Informational Meetings

Resident Program Meeting Thursday, April 24th at 11:30 am

Resident Meeting with Laura & Staff Monday, April 28th at 11:30 am

Theater How-To/Movie Committee Wednesday, April 30th at 11:30 am

On-Site Podiatrist

Dr. Michael Masias, DPM Monday, April 14th at 9:00am Dr. Masias will be on site.. 518-320-8659