

S U M M I T A T G L E N W Y C K

Monthly Newsletter

February 2025



THE Manager's Message



Laurie Ignazio

Laurie Ignazio
Community Manager



Staff

Community Manager

Laurie Ignazio
LIgnazio@summitseniorlife.com

Resident Services Coordinator

Jennifer Hickey
JHickey@summitseniorlife.com

Maintenance

Thomas Nardini
Paul Coffin

Driver

Harold Bergeron

Weekend Concierge/ Marketing Assistant

Gloria Poston
Evelyn Kauffman

Office Phone

518-280-7340

Emergency Maintenance

518-338-9562

The Summit At Glenwyck
150 Dutch Meadows Lane
Glenville, NY 12302



Stephen Farina	2/1
Donna Maloney	2/7
Linda Suggs	2/9
Eleanor Cronin	2/9
Edward Grinter	2/10
Joan Torello	2/18
Louise DiFabbio	2/21
Barbara Loucks	2/24
Donald Ackerman	2/28

Help us celebrate our monthly birthdays on
 Tuesday, February 25th at 1:30 pm
 In the Great Room
 Cake & Ice Cream for all!

MARIA'S MONDAY LUNCH BUNCH

February 3rd, 10th, 24th
Delivery to the Tavern 11:30 am

February 3rd - Goulash
 (Garden Salad, Cupcake) \$12

February 10th – Patty Melt
 (Pasta Salad, Chocolate Chip Cookie) \$12

February 24th - Chicken Salad on a Croissant
 (Macaroni Salad, Oatmeal Cookie) \$12

Orders due in the office by Noon on
 Friday 2/7, 2/14, 2/21

Lunch at Peddlers Bar & Bistro



WEDNESDAY, FEBRUARY 26TH

Bus leaves at 10:30 am

SIGN UP IN THE OFFICE



*Canvas
 Painting
 with Janelle*

**Tuesday
 February 18th**

1:00 pm in the Tavern

Sign up in the Office



Wednesdays
February 5th, 12th, 19th, 26th
Delivery to the Tavern
4:00 pm

February 5th - Chicken Parmigiana
 (Angel Hair Pasta, Garden Salad, Italian Bread,
 Apple Crisp) \$15

February 12th - Beef Stroganoff
 (Over Egg Noodles, Peas & Carrots, Tossed Salad,
 Corn Bread, Cherry Cobbler) \$15

February 19th - Roast Turkey Dinner
 (Mashed Potatoes & Gravy, Stuffing, Garden Salad, Green
 Beans, Cranberry Sauce, Roll, Apple Crisp) \$15

February 26th - Pot Roast w/ Vegetables
 (Garden Salad, Roll, Cherry Cobbler) \$15

Orders due in the office by Noon on
 Monday 2/3, 2/10, 2/14, 2/21

FEBRUARY 2025

S

M

T

W

CR: Craft Room
CY: Courtyard
FS: Fitness Studio
GR: Great Room
GYM

LOBBY
MOV: Movie Theatre
OFFICE
P: Pool
TAV: Tavern



2 2:00 Dominoes TAV
2:00 Quarter Bingo GR
4:00 Poker TAV
6:00 Mah Jongg TAV



3 11:30 Maria's Lunch Bunch:
Goulash \$12 TAV
12:00 Supper Club Orders Due
1:00 Lit Club LIB
2:30 Catholic Rosary Circle LIB
6:30 Five Crowns TAV

4 2:00 Docuseries: MOV
2:00 Violinist Tania Susi GR
4:00 Game Night: Right Left Center GR
6:30 Indoor Walking Club LOBBY

5 8:30 Waffle W
10:00 Podiatr
1:00 Mr. Reyno
The American
The Local Co
1:00 Lit
4:00 Supper Club
Chicken Parm
5:30 Hand
6:00 Glenw
"Love me To

9 2:00 Dominoes TAV
2:00 Quarter Bingo GR
4:00 Poker TAV
6:00 Board Game Night TAV
6:30 Super Bowl TAV/MOV

**HAPPY BIRTHDAY
ELEANOR CRONIN & LINDA SUGGS**

10 11:00 Resident Meeting
w/Laurie & Glenwyck Staff GR
11:30 Maria's Lunch Bunch:
Patty Melt \$12 TAV
1:00 Lit Club LIB
2:30 Catholic Rosary Circle LIB
6:30 Pinocle TAV

11 10:00 Rivers Casino
2:00 Docuseries: MOV
4:00 Game Night: Right Left Center GR
6:30 Indoor Walking Club LOBBY

12 8:30 Waffle W
10:00 Podiatr
12:00 PRN P
"The Heart: It's C
1:00 Lit
2:00 Bill Buell Pres
Visit's to Sch
4:00 Supper Club
Beef Strogan
5:30 Can

16 2:00 Dominoes TAV
2:00 Quarter Bingo GR
4:00 Poker TAV
6:00 Mah Jongg TAV

17 
**OFFICE CLOSED—
NO FITNESS CLASSES**

18 9:00 Shopping at **Bosco's**
12:00 Subway Orders Due
1:00 Canvas Painting w/ Janelle TAV
2:00 Service Club Meeting GR
2:00 Docuseries: MOV
4:00 Game Night: Right Left Center GR
6:30 Indoor Walking Club LOBBY
**HAPPY BIRTHDAY
JOAN TORELLO**

19 8:30 Waffle W
11:00 Girl Scout
Selling Co
2:00 Chili C
1:00 Lit
4:00 Supper Club
Roast Turkey D
5:30 Hand

23 2:00 Dominoes TAV
2:00 Quarter Bingo GR
4:00 Poker TAV
6:00 Board Game Night TAV

24 11:30 Maria's Lunch Bunch:
Chicken Salad on a Croissant \$12 TAV
12:00 Supper Club Orders Due
1:00 Lit Club LIB
2:30 Catholic Rosary Circle LIB
6:30 Pinocle TA V
**HAPPY BIRTHDAY
BARBARA LOUCKS**

25 1:30 Birthday Party GR
2:00 Docuseries: MOV
4:00 Game Night: Right Left Center GR
5:00 Pot Luck Dinner GR
6:30 Indoor Walking Club LOBBY

26 8:30 Waffle W
10:30 Lunch at Pec
12:00 Pizza
1:00 Lit
2:00 Guitarist R
4:00 Supper Club
Pot Roast w/Veg
5:30 Can

CONNECTED *life*



FITNESS

Every Monday

8:30 Water Aerobics (P)
3:30 Buddy Swim (P)

Every Tuesday

8:45 Sit 2B Fit (FS)
9:45 Balance Class (FS)
10:00 & 3:30 Buddy Swim (P)

Every Wednesday

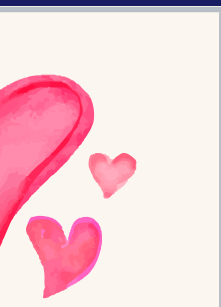
8:30 Water
9:30 Hydr
1:00 Chair Dance
3:30 Budo

V

TH

F

S



1
 10:30 Hearts TAV
 1:30 Glenwyck Cinema MOV
 2:00 Quarter Bingo GR
 6:00 pm Game Night TAV

**HAPPY BIRTHDAY
 STEPHEN FARINA**

Wednesday GR
 Dr. Masias
 Presents:
 n Revolution:
 nnection GR
 Club LIB
 o w/Maria's Café:
 giana \$15 TAV
 & Foot TAV
 yck Cinema
 ight" MOV

6
 10:00 Bible Study LIB
 11:00 Mah Jongg TAV
 2:00 Glenwyck Cinema MOV
 3:00 Knitting , Crocheting,
 & Coffee Klatch GR
 4:00 Game Night: Right Left Center GR

7
9:00 Grocery Shopping
 12:00 Supper Club Orders Due
 12:00 Entries Due for Chili Cookoff
 1:00 Lit Club LIB
 1:30 Quarter Bingo GR
 4:00 Happy Hour: BYOB GR

**HAPPY BIRTHDAY
 DONNA MALONEY**

8
 10:30 Spades TAV
 1:30 Glenwyck Cinema MOV
 2:00 Quarter Bingo GR
 6:00 pm Game Night TAV

Wednesday GR
 Dr. Masias
 Presentation:
 Own Manual" GR
 Club LIB
 sents: Presidential
 enectady GR
 o w/Maria's Café:
 off \$15 TAV
 asta TAV

13
 10:00 Bible Study LIB
 11:00 Mah Jongg TAV
11:00 Lunch at Bellevue Café
 2:00 Glenwyck Cinema MOV
 2:00 Pianist Mark Galeo GR
 3:00 Knitting , Crocheting,
 & Coffee Klatch GR
 4:00 Game Night: Right Left Center GR

14
9:00 Grocery Shopping
 12:00 Lunch Bunch Orders Due
 1:00 Lit Club LIB
 1:30 Quarter Bingo GR
 4:00 Happy Hour: Wine
 4:00 Valentines Day Party:
 Love Potion Cocktail GR

15
 10:30 Yahtzee TAV
 1:30 Glenwyck Cinema MOV
 2:00 Quarter Bingo GR
 6:00 pm Game Night TAV



Wednesday GR
 Troop #2819 GR
 okies GR
 Cookoff GR
 Club LIB
 o w/Maria's Café:
 inner \$15 TAV
 & Foot TAV

20
 10:00 Bible Study LIB
 11:00 Mah Jongg TAV
 1:00 Library Committee LIB
 2:00 Glenwyck Cinema MOV
 3:00 Knitting , Crocheting,
 & Coffee Klatch GR
 4:00 Game Night: Right Left Center GR
 4:00 Subway Dine-In \$5 GR

21
9:00 Grocery Shopping
 12:00 Lunch Bunch Orders Due
 1:00 Lit Club LIB
 1:30 Quarter Bingo GR
 4:00 Happy Hour: Margaritas
 Bring an Appetizer to Share GR

**HAPPY BIRTHDAY
 LOUISE DIFABBIO**

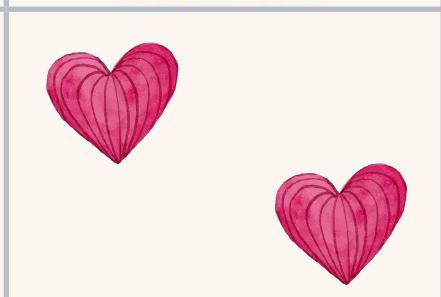
22
 10:30 Yahtzee TAV
 1:30 Glenwyck Cinema MOV
 2:00 Quarter Bingo GR
 6:00 pm Game Night TAV

Wednesday GR
 dders Bar & Bistro
 Orders Due
 Club LIB
 uss Kennedy GR
 o w/Maria's Café:
 etables \$15 TAV
 asta TAV

27
 10:00 Bible Study LIB
 11:00 Mah Jongg TAV
 2:00 Glenwyck Cinema MOV
 3:00 Knitting , Crocheting,
 & Coffee Klatch GR
 3:30 Saratoga Soundtrack Chorus GR

28
9:00 Grocery Shopping
 12:00 Lunch Bunch Orders Due
 1:00 Lit Club LIB
 1:30 Quarter Bingo GR
 4:00 Pizza Party: Wine \$5 GR

**HAPPY BIRTHDAY
 DON ACKERMAN**



Wednesday
 Aerobics (P)
 roriders (P)
 Exercise Class (FS)
 dy Swim (P)

Every Thursday
 8:45 Sit 2B Fit (FS)
 10:00 & 3:30 Buddy Swim (P)

Every Friday
 8:30 Water Aerobics (P)
 9:30 Hydroriders (P)
 3:30 Buddy Swim (P)

Every Saturday & Sunday
 10:00 Buddy Swim (P)
 3:30 Buddy Swim (P)
 (Saturday & Sunday)




Girl Scout Troop #2819
Will be here selling cookies
\$6 per box
Wednesday, February 19th
11:00 am - 1:30 pm in the Great Room



Wednesday
February 5th
1:00 pm in the
Great Room

Mr. Reynolds Presents:
The American Revolution:
The Local Connection

RIVERS CASINO
TUESDAY, FEBRUARY 11TH
 BUS WILL LEAVE AT 10:00 AM
 SIGN UP IN THE OFFICE

PRN
 PT OT & SLP PLLC
 Rehabilitation Services
 an affiliate of The Weston Healthcare Group

PRN provides a presentation on healthy heart, activities, and benefits of exercise with a fun interactive bingo game & prizes during presentation.

Wednesday, February 12th
12:00 pm in the Great Room

GLENWYCK'S ANNUAL CHILI COOK-OFF



WEDNESDAY, FEBRUARY 19TH
 Enter your famous chili
 Win a prize & bragging rights!
 2:00 pm in the Great Room

RESIDENT INFORMATIONAL MEETING

Resident Meeting with Laurie & Glenwyck Staff
Monday, February 10th at 11:00 am
 In the Great Room All are welcome



DINE-IN
Thursday, February 20th
at 4:00 pm
in the Great Room

Join us for a fresh, healthy supper in the Great Room. Pick your choice of sub at a special Glenwyck price!

Only \$5.00!
 RSVP to the office by
 February 18th



Come join the fun & watch the big game in the Tavern or Theatre.

Bring an appetizer to Share.

Sunday
February 9th
5:30 pm

Music

Come listen to your favorite tunes

Tania Susi - Violinist

Tuesday, February 4th 2:00 pm

Mark Galeo - Pianist

Thursday, February 13th 2:00 pm

Jack Kelle Duo - 70's 80's 90's

Friday, February 14th 4:00 pm

Russ Kennedy - Guitarist

Wednesday, February 26th 2:00 pm

Saratoga Soundtrack Chorus

Thursday, February 27th 3:30 pm

in the Great Room

SUMMIT SERVICE CLUB

"Volunteering is a work of heart"

Join fellow residents as they develop on- going volunteer opportunities for our community!

The meeting will be hosted in the Tavern.

Current Projects:

Can Food Drive - Rural Food Bank

Meeting

**Tuesday, February 18th, 2:00 pm
in the Great Room**

Valentine's Day Party

Friday, February 14th

4:00 pm

In the Great Room

Music by Jack Kelle Duo



POTLUCK Dinner

Tuesday, February 25th
5:00 pm in the Great Room

A gathering where each guest brings a dish to be shared. Come dine & enjoy your neighbors. Please RSVP to the office if you are interested in attending and let us know what dish you will be providing.



Lunch at Bellevue Café
Thursday, February 13th
Bus leaves at 11:00 am
Sign up in the Office

Shopping at Boscov's



Tuesday, February 18th
Bus leaves at 9:00 am
Sign up in the Office

Bill Buell Presents:

Presidential Visit's to Schenectady

Wednesday, February 12th

2:00 pm in the Great Room



**Friday, February 28th
at 4:00 pm Great Room**

Call the office by 2/26 to RSVP
\$5.00 pp



Concierge Services

We're here, just for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.



✓ Complimentary beauty consultation

✓ Gift Certificates Available

Call for all your hair/waxing needs.

Tuesday, Thursdays & Fridays 10:00 am - 5:00 pm
Cindy (518) 526-2262

Nail Services
Mondays

Sonia Thomas (518) 512-7479

PRICE CHOPPER



pharmacy

DELIVERY IS AVAILABLE

Monday— Friday. Call Jessica at 399-6474.

FROZEN DINNERS

By: *Chef Johnny*



Chef Johnny is now offering frozen meals, which are available in the office any day of the week during business hours. The dinners below are \$14 each and ready to be heated.

- Chicken Parmigiana with pasta, sauce, vegetable
- Meatloaf with mashed potatoes, vegetable
- Turkey with stuffing, roasted potatoes, vegetable
- Cheese Manicotti

CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



There are complimentary copies of the newspaper located in the Great Room to read.

On-Site Podiatrist

Dr. Michael Masias, DPM

Second Wednesday of every month.

Call Doctor Masias direct at 518-320-8659 to schedule an appointment.

Friday Grocery Shopping

Fridays at 9:00 am

Call the office to sign up



TARGET



CVS pharmacy

Walmart

Medical Appointments

Tuesday, Wednesday & Thursday, between 9:00 and 1:00 pm, unless events or urgent maintenance needs conflict.

Please notify the office at least one week ahead of time. It must be within a 10-mile radius.



Denise Bilka, Physical
Christine Fitzgerald, Occupational
Jaclyn Gregg, Speech

716-255-3674