

SUMMIT AT HALFMOON

Monthly Newsletter

August 2024




THE Manager's Message

Is it just me or has anyone else noticed an increasing number of sofas sitting along the sides of country roads and highways everywhere? At first, I assumed they were simply making their way from a living room to a landfill, but apparently not. Many of them have "FREE" signs propped amid the cushions. Unfortunately, many of the signs are placed strategically in an obvious attempt to hide gaping holes in the upholstery. After all the rain we've had lately, gaping holes are the least of their worries.

Don't get me wrong, I absolutely love free stuff...free shipping, free speech, free samples, freeplay at the casinos. But, as hard as I try, I just can't warm up to the idea of free soggy sofas. Call me a snob, but I just can't do it. I'm all for recycling or donating "good" used items to thrift shops. We all need a hand now and then.

I suppose I could call my local congressman and lobby for a soggy sofa ordinance, but I haven't got time right now. I need to get going! On the way to work this morning, I spotted a cute loveseat at the corner of Moe Rd. and Route 146 and it hasn't rained today! It'll look great with my drapes! Enjoy!


Laura Leathem
Community Manager

Staff



Community Manager

Laura Leathem
LLeathem@summitseniorlife.com

Maintenance

Keith Wargo
Joey Elgesiser
Alex Tinney

Weekend Concierge

Joanne Krazit

Cleaning Attendant

Lori LaRock

Office Phone

518-807-6800

Emergency Maintenance

518-380-3860

Summit at Halfmoon
29 Sitterly Road
Halfmoon, NY 12065



Welcome to Summit at Halfmoon!!!



Gail Gardner	08/03
Barbara Micare	08/06
Richard Cheney	08/07
Edward Delcoure	08/07
Bob Pyskadlo	08/08
Bruce Todd	08/10
Peter Ryan	08/12
Janice Willard	08/15
Michele Warrell	08/18
Peter DiDonato	08/22
Bernice Seger	08/22
Bev Badanjak	08/23
Beatrice Dougherty	08/28

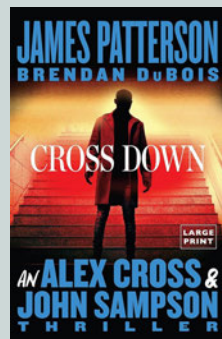
Please join us to celebrate our monthly birthdays on Tuesday, August 27th at 2:00 pm in the Great Room!



Book Club

The Devil's Sea book discussion will be held in the Library Monday, August 5th at 11:00 am.

Please return your July book, *The Devil's Sea* to the office by August 7th and pick up of *Cross Down* can start on August 9th.



Cross Down by James Patterson & Brendan DuBois

Alex Cross is gravely injured. Only his partner and friend John Sampson can keep him safe . . . and get justice.

For the first time, John Sampson is on his own. The brilliant crime-solving duo of Washington, DC's, Metro PD and the FBI has a proven Detective Alex Cross makes his own rules. Detective John Sampson enforces them.

When military-style attacks erupt, brutally sidelining Cross, Sampson is sent reeling. The patterns are too random —Sampson's friend, his partner, his brother —have told him. Don't trust anyone .

As a shadow force advances on the nation's capital, Sampson alone must protect the Cross family, his own young daughter, and every American, including the president.

kar·a·o·ke / kəˈrē ˈōkē/ noun

a form of entertainment, offered typically by bars and clubs, in which people take turns to sing popular songs into a microphone over prerecorded backing tracks.

"a karaoke bar"

Thursdays at 1:30 pm
in the Lounge



SHOPPING & LUNCH ON
YOUR OWN AT

STUYVESANT PLAZA

THURSDAY, AUGUST 8TH
BUS LEAVES AT 10AM
WITH RETURN PICKUP AT 2PM



S

M

T

W

TH

F

S

August

GR - Great Room
 LNG - Lounge
 FD - Family Dining Room
 MOV - Movie Theater
 FS - Fitness Studio
 CP - Chapel
 LIB - Library
 BIL - Billiards Room
 PS - Practitioner's Suite

4
 10:30 am Outside Games (Patio)
 11:00 am **Beekeeper (MOV)**
 4:00 pm Poker (LIB)
 6:00 pm Farkle & Left Right Center (10 Dimes) (GR)
 7:30 pm **Spaceballs (MOV)**

5
 11:00 am Book Club: The Devil's Sea Discussion (LIB)
 11:30 pm Olympic Corn Hole (Patio)
 2:00 pm **Broadway Music Program: The Best Composers (GR)**
 4:00 pm **Supper Club with Chef Johnny - Crab Cakes, Rice, Broccoli & Dessert (\$16) (GR)**
 6:00 pm Chicken Foot (GR)
 7:30 pm **Back to the Future (MOV)**

6
 9:15 am Olympic Just for Fun Pickleball (PBC)
 12:15 pm **Lunch Outing: Cracker Barrel**
 2:00 pm Rosary (CP)
 2:00 pm Pinochle (LIB)
 2:30 pm **The Good, The Bad, and The Ugly (MOV)**
 6:00 pm Mexican Train (GR)
Medical Transports
HAPPY BIRTHDAY BARBARA MICARE!

7
 8:30 am Waffle Wednesday (GR)
 10:30 am Ladder Ball (Patio)
 1:00 pm **CAPTAIN Care Links Introduction (GR)**
 2:30 pm Bridge (LNG)
 4:00 pm **Supper Club with Chef Mickey Stuffed Shells, Meatballs & Dessert (\$16) (GR)**
 6:00 pm Hand & Foot (GR)
HAPPY BIRTHDAY EDWARD DELCOURSE!
HAPPY BIRTHDAY RICHARD CHENEY!

8
 9:15 am Olympic Just for Fun Pickleball (PBC)
 10:00 am **Shopping & Lunch on Your Own at Stuyvesant Plaza**
 1:00 pm Knitting & Crochet Circle (LIB)
 1:30 pm Karaoke (LNG)
 2:30 pm **Rick Steve's Scotland & Glasgow (S10 E11/12) (MOV)**
 3:00 pm Shuffle Board (LNG)
 6:00 pm Revenge (GR)
 7:30 pm Fire-side Chat with S'mores (Patio)
Medical Transports
HAPPY BIRTHDAY BOB PYSKADLO!

9
 9:00 am **Grocery Shopping**
 10:30 am Outside Games (Patio)
 1:30 pm Mr. Ding-A-Ling Ice Cream Truck (Main Entrance)
 2:00 pm Quarter Bingo (GR)
 4:00 pm Happy Hour with ??? (GR)
 7:30 pm **Murder at the Gallop (MOV)**

10
 10:30 am Olympic Bocce Ball (Patio)
 1:00 pm Scrabble (LNG)
 2:00 pm **Secret Agent (MOV)**
 4:00 pm Mah Jongg (LNG)
 6:00 pm Games (GR)
HAPPY BIRTHDAY BRUCE TODD!

11
 10:30 am Outside Games (Patio)
 11:00 am **The River Wild (MOV)**
 2:00 pm Show and Tell (GR)
 4:00 pm Poker (LIB)
 6:00 pm Farkle & Left Right Center (10 Dimes) (GR)
 7:30 pm **Young Frankenstein (MOV)**

12
 11:30 pm Olympic Corn Hole (Patio)
 4:00 pm **Supper Club with Chef Johnny - Sesame Chicken, Broccoli, Fried Rice & Dessert (\$16) (GR)**
 6:00 pm Chicken Foot (GR)
 7:30 pm **Back to the Future II (MOV)**
No Chair Dancing
Dr. Masias Monthly Visit
HAPPY BIRTHDAY PETER RYAN!

13
 9:15 am Just for Fun Pickleball (PBC)
 11:30 am **PRN Olympics Closing Ceremony (Patio)**
 2:00 pm Rosary (CP)
 2:00 pm Pinochle (LIB)
 2:30 pm **The Ugly Dachshund (MOV)**
 6:00 pm Mexican Train (GR)
Medical Transports

14
 8:30 am Waffle Wednesday (GR)
 10:30 am Ladder Ball (Patio)
 2:30 pm Bridge (LNG)
 4:00 pm **Supper Club with Chef Mickey Baked Haddock, Mashed Potatoes & Dessert (\$16) (GR)**
 6:00 pm Hand & Foot (GR)
 7:00 pm Bridge Class (LNG)

15
 9:15 am Just for Fun Pickleball (PBC)
 1:00 pm Knitting & Crochet Circle (LIB)
 1:30 pm Karaoke (LNG)
 2:30 pm **National Geographic: National Parks - Yosemite (S1 E2) (MOV)**
 3:00 pm Shuffle Board (LNG)
 6:00 pm Revenge (GR)
 7:30 pm Fire-side Chat with S'mores (Patio)
Medical Transports
HAPPY BIRTHDAY JANICE WILLARD!

16
 9:00 am **Grocery Shopping**
 10:30 am Outside Games (Patio)
 11:30 am Resident Programing Meeting (GR)
 2:00 pm Quarter Bingo (GR)
 4:00 pm Happy Hour with Richie Phillips - BYOB (GR)
 7:30 pm **Meet the Parents (MOV)**

17
 10:30 am Bocce Ball (Patio)
 1:00 pm Scrabble (LNG)
 2:00 pm **The Lady Vanishes (MOV)**
 4:00 pm Spinner Dominoes (LNG)
 6:00 pm Games (GR)

18
 10:30 am Outside Games (Patio)
 11:00 am **Queen Bees (MOV)**
 4:00 pm Poker (LIB)
 6:00 pm Farkle & Left Right Center (10 Dimes) (GR)
 7:30 pm **Mel Brooks Movie (MOV)**
HAPPY BIRTHDAY MICHELE WARRELL!

19
 11:30 am Resident Meeting with Laura & Staff (GR)
 12:30 pm Corn Hole (Patio)
 4:00 pm **Supper Club with Chef Johnny - Roast Beef, Mashed Potatoes, Green Beans & Dessert (\$16) (GR)**
 6:00 pm Chicken Foot (GR)
 7:30 pm **Back to the Future III (MOV)**

20
 9:15 am Just for Fun Pickleball (PBC)
 12:30 pm **Lunch Outing: Wheatfields Bistro & Wine Bar**
 2:00 pm Rosary (CP)
 2:00 pm Pinochle (LIB)
 2:30 pm **That Darn Cat! (MOV)**
 6:00 pm Mexican Train (GR)
Medical Transports

21
 8:30 am Waffle Wednesday (GR)
 10:30 am Ladder Ball (Patio)
 2:30 pm Bridge (LNG)
 4:00 pm **Supper Club with Chef Mickey Oscar Chicken topped with Crab, Asparagus & Dessert (\$16) (GR)**
 6:00 pm Hand & Foot (GR)

22
 9:15 am Just for Fun Pickleball (PBC)
 10:00 am **Clifton Park Center Mall Shopping**
 1:00 pm Knitting & Crochet Circle (LIB)
 1:30 pm Karaoke (LNG)
 2:30 pm **Rick Steves Egypt (S11 E5/6) (MOV)**
 3:00 pm Shuffle Board (LNG)
 6:00 pm Revenge (GR)
 7:30 pm Fire-side Chat with S'mores (Patio)
Medical Transports
HAPPY BIRTHDAY BERNICE SEGER!
HAPPY BIRTHDAY PETER DIDONATO!

23
 9:00 am **Grocery Shopping**
 10:30 am Outside Games (Patio)
 11:30 am Theater How-To/Movie Committee Meeting (GR)
 1:30 pm Mr. Ding-A-Ling Ice Cream Truck (Main Entrance)
 2:00 pm Quarter Bingo (GR)
 4:00 pm Happy Hour with Drew Jacobs - (GR)
 7:30 pm **Meet the Fockers (MOV)**
HAPPY BIRTHDAY BEV BADANJAK!

24
 10:30 am Bocce Ball (Patio)
 1:00 pm Scrabble (LNG)
 2:00 pm **Young & Innocent (MOV)**
 4:00 pm Mah Jongg (LNG)
 6:00 pm Games (GR)

25
 10:30 am Outside Games (Patio)
 11:00 am **Finding Nemo (MOV)**
 4:00 pm Poker (LIB)
 6:00 pm Farkle & Left Right Center (10 Dimes) (GR)
 7:30 pm **Blazing Saddles (MOV)**

26
 11:30 am Corn Hole (Patio)
 12:30 pm Men's Lunch: Wings (FD)
 4:00 pm **Supper Club with Chef Johnny - Chicken Parmesan, Pasta, Salad & Dessert (\$16) (GR)**
 6:00 pm Chicken Foot (GR)
 7:30 pm **The Long Game (MOV)**

27
 9:15 am Just for Fun Pickleball (PBC)
 2:00 pm Rosary (CP)
 2:00 pm Birthday Party (GR)
 2:00 pm Pinochle (LIB)
 2:30 pm **Finding Dory (MOV)**
 6:00 pm Mexican Train (GR)
Medical Transports

28
 8:30 am Waffle Wednesday (GR)
 10:00 am **Rivers Casino**
 10:30 am Ladder Ball (Patio)
 2:30 pm Bridge (LNG)
 4:00 pm **Supper Club with Lin's Wok Chinese Food (\$14) (GR)**
 6:00 pm Hand & Foot (GR)
HAPPY BIRTHDAY BERNICE DOUGHERTY!

29
 9:15 am Just for Fun Pickleball (PBC)
 1:00 pm Knitting & Crochet Circle (LIB)
 1:30 pm Karaoke (LNG)
 2:30 pm **National Geographic: National Parks - Olympic (S1 E1) (MOV)**
 3:00 pm Shuffle Board (LNG)
 6:00 pm Revenge (GR)
 7:30 pm Fire-side Chat with S'mores (Patio)
Medical Transports

30
 9:00 am **Grocery Shopping**
 10:30 am Outside Games (Patio)
 2:00 pm Quarter Bingo (GR)
 4:00 pm Pizza Party (\$5) - BYOB (GR)
 7:30 pm **Little Fockers (MOV)**

31
 10:30 am Bocce Ball (Patio)
 1:00 pm Scrabble (LNG)
 2:00 pm **Blackmail (MOV)**
 4:00 pm Mah Jongg (LNG)
 6:00 pm Games (GR)

CONNECTED *life*



FITNESS

Every Monday

9:45 am Balance Class
 10:45 am Chair Yoga
 3:00 pm Chair Dancing (LNG)

Every Tuesday

10:00 am Sit to be Fit
 11:00 am Water Aerobics (Pool)

Every Wednesday

10:00 am Strength & Balance
 11:00 am Hydro-rider Class (30 min) (Pool) - Sign Up Required
 11:30 am Hydro-rider Class (30 min) (Pool) - Sign Up Required

Every Thursday

10:00 am Sit to be Fit
 11:00 am Water Aerobics (Pool)

Every Friday

10:00 am Pilates
 11:00 am Hydro-rider Class (30 min) (Pool) - Sign Up Required
 11:30 am Hydro-rider Class (30 min) (Pool) - Sign Up Required

Pool Buddy Swim Time!!

Daily at 3:00 PM



Community Activities

Broadway Music
The Best Composers
Monday, August 5th at 2:00 pm
Great Room



PRN
PT OT & SLP PLLC
Rehabilitation Services
an affiliate of The Weston Healthcare Group

**Summit at Halfmoon Olympics:
Closing Ceremony**
Tuesday August 13th at 11:30 am
Patio/Great Room

Join PRN PT OT SLP PLLC in closing of the World Olympic event right here at the Summit!
Refreshments will be served as we kick off our very own community competition!



Friday, August 30th
at 4:00 pm
in the Great Room
\$5 pp.
Sign up on
your Supper Club
order form.

PIZZA Party




Fire Side Chat & S'mores

Thursdays
at 7:30 pm
Patio



Enjoy the summer evenings with a gooey sweet treat and spend some time with some old and new friends!

August Outings



Old Country Store[®]

Lunch Outing: Cracker Barrel
August 6th at 12:15 pm
Sign up in the Book



**CLIFTON PARK
CENTER MALL**
Make US Yours!

Clifton Park Center Mall Shopping
August 22nd at 10:00 am
Sign up in the Book

**Lunch Outing to Wheatfields
Bistro & Wine Bar**
August 20th at 12:30 pm
Sign up in the Book

Wheatfields
restaurant bar



Rivers Casino
August 28th at 10:00 am

Sign up in the Book

**MEN'S LUNCH:
WINGS**

August 26th at 12:30 pm
Family Dining Room
Sign up in the Book



Community Activities

Writing our Life's Stories Facilitated by Patricia Nugent



August 2nd at 10:30 am
Lounge

We have all lived such rich and interesting lives, yet have never shared so many of our experiences with others. Have you ever thought you'd like to record some memories on paper? Would you like to share some unexplored parts of your life with family and friends? This class will help you start writing a memoir about personal events that have been meaningful to you – to share with others or just fondly remember yourself.

Bring a pad and paper, and a laptop, if possible. In preparation, start thinking about some life highlights you'd like to write about so you can walk away with a plan to continue after this one class. Plan to have fun as we search our memory banks!



SUMMIT SENIOR LIVING BOCCE BALL TOURNAMENT



4th Annual Bocce Tournament Hosted by Summit at Halfmoon

Friday, September 20th at 10:00
Rain date is October, 4th at 10:00

SupperClub FOOD & FRIENDS

Eat-in or Pick-up available in the Great Room
Return the Supper Club Order Form to the office
or rent box with exact cash

Due: 9 AM, Thursday, August 1st

Monday the 5th - Chef Johnny
Crab Cakes, Rice, Broccoli & Dessert (\$16)

Wednesday the 7th - Chef Mickey
Stuffed Shells, Meatballs, Salad,
Roll & Dessert (\$16)

Monday the 12th - Chef Johnny
Sesame Chicken, Fried Rice,
Broccoli & Dessert (\$16)

Wednesday the 14th - Chef Mickey
Baked Haddock, Mashed Potatoes, Veggies,
Salad, Roll & Dessert (\$16)

Monday the 19th - Chef Johnny
Roast Beef, Mashed Potatoes,
Green Beans & Dessert (\$16)

Wednesday the 21st - Chef Mickey
Oscar Chicken Topped with Crab Meat,
Asparagus w/ Hollandaise, wild rice, salad,
roll & Dessert (\$16)

Monday the 26th - Chef Johnny
Chicken Parmesan, Pasta, Salad & Dessert (\$16)

Wednesday the 28th - Lin's Wok
You Choose One: General Tso's Chicken,
Shrimp Ho Fun, Vegetable Mei Fun (\$14)

Team player and non-team player shirt sizes
are due in the office no later than August 10th

T-shirts for non players will be \$10.00
per shirt—please sign up in the office



Concierge Services

MEAL OPTIONS

Continental Breakfast

8:30 AM—10:15 AM



Lunch

Lunch outings available twice each month as well as a monthly Men's Lunch. Please see calendar.

Supper Club

You have the option of two hot or to-go meals each week. They come ready to eat, from local Chefs. You can pick up your pre-paid meals at 4 pm in the Great Room.

Friday Grocery Shopping

Every Friday, the Halfmoon bus goes to 5 local grocery stores: **Market 32, Hannaford, Trader Joe's, Aldi, and Walmart.** We will leave at **9:00 am.** The bus will pick you up at the main entrance and shopping lasts **1 hour.** Please Sign up in the Book.



TRADER JOE'S Walmart

Medical Appointments Every Tuesday and Thursday

Every Tuesday and Thursday, we provide transportation to scheduled, routine medical appointments. This service is available **between the hours of 9 AM and 2 PM.** Contact the office for more details and to reserve your appointment time.



PRN

PT OT & SLP PLLC

Rehabilitation Services
an affiliate of The Weston Healthcare Group

Located in the Practitioner's Suite
on the 3rd Floor

315-878-1327



♥ Gift Certificates Available ♥

Nails: Tina 518-698-4693

Nails: Darcy 518-605-7566

Esthetician: Jolene 510-857-5851

Hair: Sue 518-495-6054

Massage: Cathy 518-229-0741

Resident Informational Meeting

Resident Program Meeting

Friday, August 16th at 11:30 am

Resident Meeting with Laura & Staff

Monday, August 19th at 11:30 am

Theater How-To/Movie Committee

August 23rd at 11:30 am

FROZEN DINNERS

Presented By:

Chef Johnny



Need dinner?

Don't feel like cooking?

Chef Johnny's frozen meals are available in the Book, for \$14, on a first come/ first serve basis. The below dishes are ready to be simply heated & enjoyed.

Dinner Options:

Veggie Lasagna • Turkey Dinner with Stuffing, Mashed Potatoes and Veggies • Chicken Parmigiana with Pasta, Sauce and Veggies • Cheese Manicotti with Sauce and Veggies • Meatloaf Dinner with Mashed Potatoes and Veggies

On-Site Podiatrist

Dr. Michael Masias, DPM

Starting at 10:00 on the 2nd Monday of every month, Dr. Masias will be on site.

Sign up in the Book

518-320-8659