

# SUMMIT AT GLENWYCK

A vibrant bouquet of flowers in red, white, and blue, featuring roses, hydrangeas, and daisies. A ribbon with the American flag's stars and stripes is draped across the bottom right of the bouquet. The background is a soft-focus green, suggesting an outdoor setting.

Monthly Newsletter

July 2024

# THE Manager's Message

**Happy  
Birthday  
America**

**H**appy Birthday America! July is traditionally a month of patriotic displays, parades, picnics, concerts, barbeques and fireworks. Our July calendar is devoted to celebrating this wonderful summer month.

Some of our July outings and events include a scenic boat ride on Dutch Apple Cruise or enjoying Jazz on Jay Street. We will be dining at Finnegan's on the Lake & a trip to the Dairy Circus to get your favorite ice cream cone!

There will be a Medicare Scams Presentation on July 10th and an Alzheimer's Presentation on July 23rd. Take a craft class with Josie, enjoy a Asian cooking class with Malee or shop at the Christmas in July Avon Sale. Come enjoy a refreshing Root beer float on Tuesday, July 10th at 2:00 pm in the Great Room. As always, we have several talented musicians & singers to perform too!

Last but not least, don't forget the Summertime BBQ on July 3rd at 1:00 pm. Hope to see you there in your red, white and blue!

Cheers to a great summer Glenwyck!

*Laurie Ignazio*

Laurie Ignazio  
Community Manager



## Summertime BBQ

Wednesday, July 3rd

Glenwyck to provide Hotdogs

Bring a side dish to share

1:00 pm in the  
Courtyard - Great Room - Tavern

## Medicare 101 & Avoiding Medicare Scams Presentation



**Medicare**

Wednesday,  
July 10th  
1:00 pm  
in the Great Room



## Staff

### Community Manager

Laurie Ignazio

Lignazio@summitseniorlife.com

### Resident Services Coordinator

Jennifer Hickey

JHickey@summitseniorlife.com

### Maintenance

Thomas Nardini

Paul Coffin

### Driver

Harold Bergeron

### Housekeeper

Alyssa Hughes

### Weekend Concierge/Marketing Assistant

Gloria Poston

Evelyn Kauffman

### Office Phone

518-280-7340

### Emergency Maintenance

518-338-9562

The Summit At Glenwyck  
150 Dutch Meadows Lane  
Glenville, NY 12302



## JULY Birthdays

Sandra Szmyr	7/4
Nick Antenucci	7/5
Pat Merchant	7/5
Jack O'Hare	7/7
Richard Pileggi	7/9
Donna MacDonald	7/12
Charlie Stephens	7/17
Gudrun Merrow	7/20
Carol Braun	7/20
Nancy Saupp	7/21
Anthony Peconie	7/23
Ann Cowley	7/24
Robert Ibold	7/25
Donald Cowley	7/28

Help us celebrate our monthly birthdays on  
Tuesday, July 25th at 1:30 pm  
in the Great Room  
Cake & Ice Cream for all!



## The Charlie & Vicki Movie Musical Series

The first Wednesday of the month  
6:00 pm in the Theater

### Upcoming Features:

- Singin' in the Rain
- Oklahoma
- Love Me Tonight
- Gigi
- Gold Diggers of 1933
- Annie Get Your Gun
- 42nd Street
- Showboat

## MARIA'S MONDAY LUNCH BUNCH

July 1st, 8th, 15th, 22nd, 29th  
Delivery to the Tavern 11:30 am

### July 1st - Chef Salad

(Vegetable Soup, Cupcake) \$12

### July 8th - Chicken Bacon Wrap

(Macaroni Salad, Cupcake) \$12

### July 15th - Tuna Melt

(Macaroni Salad, Brownie) \$12

### July 22nd - Grilled Chicken Sandwich

(Pasta Salad, Peanut Butter Cookie) \$12

### July 29th - Turkey Melt

(Macaroni Salad, Brownie) \$12

Orders due in the office by Noon on  
Friday 7/5, 7/12, 7/19, 7/26

## SupperClub

FOOD & FRIENDS

### Wednesdays

July 3rd, 10th, 17th, 24th, 31st  
Delivery to the Tavern 4:00 pm

### July 3rd - Chicken Penne Ala Vodka

(Caesar Salad, Garlic Bread, Chocolate Pudding) \$15

### July 10th - Roasted Chicken Dinner

(Baked Potato, Caesar Salad, Peas & Carrots,  
Roll, Apple Crisp) \$15

### July 17th - Lasagna Dinner

(Tossed Salad, Italian Bread, Chocolate Cake) \$15


### July 24th - Pot Roast w/ Vegetables

(Garden Salad, Roll, Cherry Cobbler) \$15

### July 31st - Scalloped Potatoes & Ham Chunks

(Peas & Carrots, Garden Salad,  
Corn Bread, Vanilla Pudding) \$15

Orders due in the office by Noon on  
Monday 7/1, 7/8, 7/15, 7/22 7/29

S	M	T	W	TH	F	S
	1 11:30 Maria's Lunch Bunch: Chef Salad \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service GR 6:30 Five Crowns TAV	2 9:30 Walking Club LOBBY 11:30 Entertainment Meeting w/Jennifer GR 2:00 Pianist Laura Collins GR  2:00 Docuseries: MOV 4:00 Game Night: Right Left Center GR	3 8:30 Waffle Wednesday GR 1:00 Lit Club LIB 1:00 Summertime BBQ GR/CY 4:00 Supper Club w/Maria's Café: Chicken Penne Ala Vodka \$15 TAV 6:00 Singin' in the Rain MOV 6:00 Canasta TAV	4  INDEPENDENCE DAY (OFFICE CLOSED- NO FITNESS CLASSES) HAPPY BIRTHDAY SANDRA SZMYR	5 9:00 Grocery Shopping 12:00 Lunch Bunch Orders due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: Screwdriver Bring an appetizer to share GR HAPPY BIRTHDAY NICHOLAS ANTENUCCI & PAT MERCHANT	6 10:30 Bocce Ball CY 10:30 Hearts TAV 1:30 Glenwyck Cinema MOV 2:00 Quarter Bingo GR 6:00 Game Night TAV 6:00 Fireside S'mores CY
7 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Mah Jongg TAV HAPPY BIRTHDAY JACK O'HARE	8  11:30 Maria's Lunch Bunch: Chicken Bacon Wrap \$12 TAV 11:30 Meet & Greet with PRN 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service GR 6:30 Pinocle TAV	9  9:30 Walking Club LOBBY 12:00 Subway Orders Due 12:30 Asian Cuisine with Malee GR 2:00 Music with Alyssa Yeager GR  2:00 Docuseries: MOV 4:00 Game Night: Right Left Center GR HAPPY BIRTHDAY RICHARD PILEGGI	10  8:30 Waffle Wednesday GR 1:00 Medicare 101 & Avoiding Medicare Scams Presentation GR 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Roasted Chicken Dinner \$15 TAV 6:00 Canasta TAV	11 10:00 Bible Study LIB 11:00 Lunch & Ice Cream at Dairy Circus 11:00 Mah Jongg TAV 1:00 Knitting & Crocheting GR 2:00 Glenwyck Cinema MOV 3:00 Knitting, Crocheting & Coffee Klatch GR	12 9:00 Grocery Shopping 12:00 RSVP Lake George Cruise 12:00 RSVP Root Beer Floats 12:00 Lunch Bunch Orders due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: BYOB HAPPY BIRTHDAY DONNA MACDONALD	13 10:30 Bocce Ball CY 10:30 Spades TAV 1:30 Glenwyck Cinema MOV 2:00 Quarter Bingo GR 6:00 Game Night TAV 6:00 Fireside S'mores CY
14 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Board Game Night TAV	15 11:30 Maria's Lunch Bunch: Tuna Melt \$12 TAV 11:00 Resident Meeting w/Laurie & Glenwyck Staff GR 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service GR 6:30 Five Crowns TAV	16  9:30 Walking Club LOBBY 12:00 Subway Orders Due 2:00 Root Beer Floats GR  2:00 Docuseries: MOV 4:00 Game Night: Right Left Center GR	17 8:30 Waffle Wednesday GR 10:00 Podiatrist Dr. Masias GR 11:30 Dutch Apple Cruise 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Lasagna Dinner \$15 TAV 6:00 Hand & Foot TAV HAPPY BIRTHDAY CHARLIE STEPHENS	18 10:00 Bible Study LIB 11:00 Mah Jongg TAV 2:00 Glenwyck Cinema MOV 2:00 Violinist Tania Susi GR 3:00 Knitting, Crocheting & Coffee Klatch GR 4:00 Subway Dine-In \$5 GR	19 9:00 Grocery Shopping 12:00 RSVP Root Beer Floats 12:00 Lunch Bunch Orders due 12:30 Christmas in July Avon Sale TAV 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: Red Sangria GR 6:00 Yahtzee TAV	20 10:30 Bocce Ball CY 12:30 Sevens Card Games TAV 1:30 Glenwyck Cinema MOV 2:00 Quarter Bingo GR 6:00 Game Night TAV 6:00 Fireside S'mores CY HAPPY BIRTHDAY GUDIE MERROW & CAROL BRAUN
21 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Mah Jongg TAV HAPPY BIRTHDAY NANCY SAUPP	22 11:30 Maria's Lunch Bunch: Grilled Chicken Sandwich \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:00 Root Beer Floats GR 2:30 Catholic Rosary Circle LIB 4:00 Religious Service GR 6:30 Pinocle TAV	23  9:30 Walking Club LOBBY  1:00 Alzheimer's Presentation: Know the 10 Warning Signs GR  2:00 Service Club Meeting GR  2:00 Docuseries: MOV 4:00 Game Night: Right Left Center GR HAPPY BIRTHDAY ANTHONY PECONIE	24  8:30 Waffle Wednesday GR 11:00 Lunch at Finnigan's on the Lake 11:30 PRN Olympic Event 12:00 Pizza Orders Due 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Pot Roast w/ Vegetables \$15 TAV 6:00 Canasta TAV HAPPY BIRTHDAY ANN COWLEY	25 11:00 Jazz on Jay Street 10:00 Bible Study LIB 11:00 Mah Jongg TAV 1:00 Library Committee LIB 2:00 Glenwyck Cinema MOV 3:00 Knitting, Crocheting & Coffee Klatch GR HAPPY BIRTHDAY ROBERT IBOLD	26 9:00 Grocery Shopping 12:00 Supper Club Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Pizza Party: Wine \$5	27 10:30 Bocce Ball CY 10:30 Yahtzee TAV 1:30 Glenwyck Cinema MOV 2:00 Quarter Bingo GR 6:00 Game Night TAV 6:00 Fireside S'mores CY
28 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Board Game Night TAV HAPPY BIRTHDAY DONALD COWLEY	29 11:30 Maria's Lunch Bunch: Turkey Melt \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service GR	30  9:30 Walking Club LOBBY 11:00 Crafts with Josie TAV  1:30 Birthday Party GR  2:00 Docuseries: MOV 4:00 Game Night: Right Left Center GR	31 8:30 Waffle Wednesday GR 8:00 Trip to Lake George 12:00 Pizza Orders Due 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Spaghetti & Meatballs \$15 TAV 5:30 Hand & Foot TAV	CR: Craft Room CY: Courtyard FS: Fitness Studio GR: Great Room	LOBBY MOV: Movie Theatre OFFICE P: Pool TAV: Tavern	
CONNECTED <i>life</i>  FITNESS	Every Monday 8:30 Water Aerobics (P) 3:30 Buddy Swim (P)	Every Tuesday 8:45 Sit 2B Fit (FS) 10:00 & 3:30 Buddy Swim (P) 1:45 Balance Class (FS)	Every Wednesday 8:30 Water Aerobics (P) 9:30 Hydroriders (P) 2:00 Chair Dance Exercise Class (FS) 3:30 Buddy Swim (P)	Every Thursday 8:45 Sit 2B Fit (FS) 10:00 Zumba Gold (FS) 10:00 & 3:30 Buddy Swim (P)	Every Friday 8:30 Water Aerobics (P) 9:30 Hydroriders (P) 3:30 Buddy Swim (P)	Every Saturday & Sunday 10:00 Buddy Swim (P) 3:30 Buddy Swim (P) (Saturday & Sunday)

## Resident Informational Meetings

Entertainment Meeting with Jennifer  
Tuesday, July 2nd at 11:30 am

Resident Meeting with Laurie & Glenwyck Staff  
Monday, July 15th at 11:00 am

In the Great Room.  
All are Welcome.



## LUNCH & ICE CREAM AT DAIRY CIRCUS

Thursday, July 11th  
Bus leaves at 11:00  
Sign Up in the Office

## Root Beer Floats



Tuesday, July 16th at  
2:00 pm in the Great Room  
RSVP to the office by July  
10th at Noon



**DINE-IN**  
Thursday, July 18th  
at 4:00 pm  
In the Tavern

Join us for a fresh, healthy supper in the Tavern.  
Pick your choice of sub at a special Glenwyck price!

**Only \$5.00!**

RSVP to the office by July 16th!



**PRN**  
PT OT & SLP PLLC  
Rehabilitation Services  
an affiliate of The Weston Healthcare Group

Join PRN PT OT SLP PLLC in kicking off the  
World Olympic event right here at the Summit!

**Wednesday July 24th • 11:30am • Great Room**

Refreshments will be served as we kick off our very  
own community competition!

## Lunch at Finnegan's on The Lake



Wednesday, July 24th • Bus leaves at 11:00 am  
SIGN UP IN THE OFFICE



Thursday, July 25th • Noon-1:30pm  
Bus Leaves at 11:00 am  
Sing up in the Office.

## Crafts with Josie

Tuesday, July 30th  
11:00 am in the Tavern  
Sign up in the office



## Lake George Luncheon Cruise Wednesday, August 21st

Please RSVP by July 12th if you would like to  
cruise the Lake George area.

Tickets are \$57 per resident.

Sign up in the Office





Chicken Banh Mi  
[Vietnamese Sandwich]  
Tuesday, July 9th  
12:30 pm  
In the Great Room



## SUMMIT SERVICE CLUB

*"Volunteering is a work of heart"*

Join fellow residents as they develop  
on-going volunteer opportunities for our community!  
The meeting will be hosted in the Great Room.

### Current Projects:

Donate infant clothing for  
Things of My Very Own.

Meeting: Tuesday, July 23rd, 2:00 pm  
In the Great Room



Friday, July 19th  
12:30 pm - 3:00 pm  
In the Tavern

AVON  
SALE



## Alzheimer's Presentation :

Know the  
10 Warning Signs  
Tuesday, July 23rd  
1:00 pm  
in the Great Room



Come listen to your favorite tunes

**Laura Collins - Pianist**

Tuesday, July 2nd 2:00 pm

**Alyssa Yeager - Folk Music**

Tuesday, July 9th 2:00 pm

**Tania Susi - Violinist**

Thursday, July 18th 2:00 pm

**In the Great Room**



## Religious Service

**Mondays at 4:00 pm  
In the Great Room**

Our Resident Priest, Rev. Sally Heiligman will be  
conducting a service in the Christian Tradition.

**ALL ARE WELCOME**

## Dutch Apple Cruise



Wednesday, July 17th  
Bus will leave at 11:30 am



**Friday, July 26th  
at 4:00 pm Great Room**

Call the office by 7/24 to RSVP  
\$5.00 pp



# Concierge Services

## We're here, just for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.



✓ Complimentary  
beauty consultation  
(appointment needed)

♥ Gift Certificates Available ♥

### Call for all your hair/waxing needs.

Tuesday, Thursdays & Fridays 10:00 am - 5:00 pm

Cindy (518) 526-2262

### Nail Services

Mondays

Sonia Thomas (518) 512-7479

### Massage Therapy

2nd Saturday of the month by appointment

Charlene Watson, LMT (518) 813-3347

**PRICE CHOPPER**



**pharmacy**

**DELIVERY IS AVAILABLE**

Monday— Friday. Call Jessica at 399-6474.



## GENOA IMPORTING

*Too busy to grocery shop? Too tired to cook?*

Genoa Importing meals are available in the office on a first come/first serve basis. The below dishes are frozen and ready to be simply heated & enjoyed. Each 2-person serving is \$13.00.

*This month's anyday choices:*

Veggie Lasagna

Turkey Dinner

Baked Ziti

Stuffed Shells

Meatloaf Dinner

## CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



There are complimentary copies of the newspaper located in the Great Room to read.

## On-Site Podiatrist

Dr. Michael Masias, DPM

Second Wednesday of every month.

Call Doctor Masias direct at 518-320-8659 to schedule an appointment.

## Friday Grocery Shopping

Fridays at 9:00 am

Call the office to sign up



**TARGET**



**CVS**  
pharmacy

**Walmart**

## Medical Appointments

Tuesday, Wednesday & Thursday, between 9:00 am and 1:00 pm, unless events or urgent maintenance needs conflict.

Please notify the office at least one week ahead of time. It must be within a 10-mile radius.

