



# SUMMIT AT HALEMOON

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Monthly Newsletter

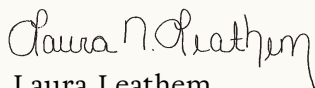
April 2024

# THE Manager's Message

Thirty notable children of April:

- April 1, 1932 – Debbie Reynolds, actress  
April 2, 1805 – Hans Christian Anderson, children's author  
April 3, 1926 – Virgil "Gus" Grissom, astronaut  
April 4, 1915 – Muddy Waters, blues singer  
April 5, 1937 – Colin Powell, Secretary of State  
April 6, 1937 – Merle Haggard, country singer  
April 7, 742 – Charlemagne, King of the Franks  
April 8, 1918 – Betty Ford, First Lady  
April 9, 1957 – Seve Ballesteros, golfer  
April 10, 1936 – John Madden – football coach/sportscaster  
April 11, 1913 – Oleg Cassini, fashion designer  
April 12, 1916 – Beverly Cleary, children's author  
April 13, 1743 – Thomas Jefferson, President  
April 14, 1866 – Anne Sullivan, taught Helen Keller  
April 15, 1933 – Elizabeth Montgomery, actress "Bewitched"  
April 16, 1924 – Henry Mancini, composer  
April 17, 1894 – Nikita Khrushchev, Soviet leader  
April 18, 1946 – Jim "Catfish" Hunter, baseball pitcher  
April 19, 1968 – Ashley Judd, actress  
April 20, 1908 – Lionel Hampton, bandleader  
April 21, 1926 – Queen Elizabeth II, Queen of England  
April 22, 1936 – Glen Campbell, country singer  
April 23, 1564 – William Shakespeare, playwright  
April 24, 1942 – Barbra Streisand, actress/singer/director  
April 25, 1874 – Guglielmo Marconi, inventor  
April 26, 1936 – Carol Burnett, comedian  
April 27, 1927 – Coretta Scott King, civil rights leader  
April 28, 1950 – Jay Leno, comedian/host  
April 29, 1951 – Dale Earnhardt, auto racer  
April 30, 1982 – Kirsten Dunst, actress

Wishing all our Halfmoon  
"Notable Children of April" a very  
Happy Birthday!

  
Laura Leathem  
Community Manager



## Staff

### Community Manager

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Laura Leathem  
LLeathem@summitseniorlife.com

### Resident Services Coordinator

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Aleksandra Wocher  
AWocher@summitseniorlife.com

### Maintenance

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Keith Wargo  
Joey Elgesiser

### Weekend Concierge

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Joanne Krazit  
Lori LaRock  
Gabi Pinnetti

### Cleaning Attendant

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Lori LaRock  
Gabi Pinnetti

### Office Phone

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518-807-6800

### Emergency Maintenance

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518-380-3860

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Summit at Halfmoon  
29 Sitterly Road  
Halfmoon, NY 12065



# Welcome to Summit at Halfmoon!!!



Diane Hoefler	4/2
Delia Pyskadlo	4/4
Karen Ryan	4/18
Jonathan Bray	4/23
Barbara Daniels	4/24
Bob Mates	4/26
Pauline Kelliher	4/27

Please join us to celebrate our monthly birthdays on Tuesday, April 30th at 3:00 pm in the Great Room!

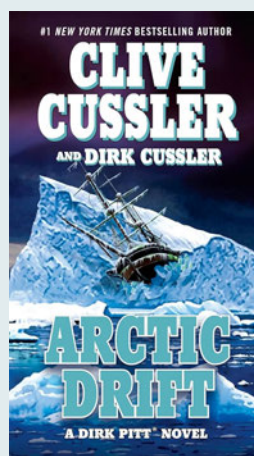


## Book Club

Group reading will be held in the Library Mondays, Wednesdays, and Fridays at 1:15 pm.

Please feel free to join us for our current book: *Arctic Drift*.

Please return your March book: *23 1/2 Lies* to the office by April 10th and pick up of *Arctic Drift* can start on April 12th



## Arctic Drift by Clive Cussler & Dirk Cussler

A potential breakthrough discovery to reverse global warming... a series of unexplained sudden deaths in British Columbia... a rash of international incidents between the United States and one of its closest allies

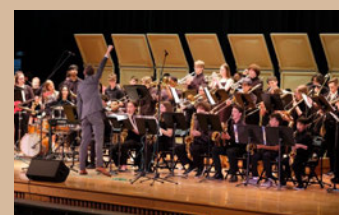
that threatens to erupt into an actual shooting war...

NUMA director Dirk Pitt and his children, Dirk Jr. and Summer, have reason to believe there's a connection here somewhere, but they also know they have very little time to find it before events escalate out of control. Their only real clue might just be a mysterious silvery mineral traced to a long-ago expedition in search of the fabled Northwest Passage. But no one survived from that doomed mission, captain and crew perished, and if Pitt and his colleague Al Giordino aren't careful, the very same fate may await them.

## Shenendehowa 9th Grade Chamber Orchestra Performance

April 13th at 11:00 am

Please come to the Great Room to enjoy a musical performance and support our local youth!



### Virtual Class: Effectively Using your iPhone - Apple - Beginner & Intermediate

Please Sign-up in the Book

**Beginner:** April 2nd at 1:30 pm in the Lounge

Join Eleonora and John and learn how to make a phone call, send text messages and emails, set reminders, manage your calendar, and take pictures.

**Intermediate:** April 23rd at 10:00 am in the Movie Theater

Join Eleonora and John and learn to use Keychain to keep track of passwords, Bluetooth, make voice memos, navigate the Internet, use accessibility features, explore the Health App, meet your virtual assistant Siri, and more.

### Lunch Outing: Sake Bon Habachi

April 11th at 12:00 pm  
Sign-up in the Book



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GR - Great Room  
LNG - Lounge  
FD - Family Dining Room  
MOV - Movie Theater  
FS - Fitness Studio  
CP - Chapel  
LIB - Library  
BIL - Billiards Room  
PS - Practitioner's Suite

1 1:15 pm Book Club: Group Reading (LIB)  
 1:30 pm Halfmoon Senior Center Informational Session (GR)  
 3:00 pm - 5:00 pm Sign-up with Massage Therapist Cathy for FREE 15 minute Foot Massage (Spa)  
4:00 pm Supper Club with Chef Johnny - Shrimp Linguine (\$16) (GR)  
6:00 pm Cards (LNG)  
7:30 pm The Great Train Robbery (MOV)  
**April Fools Day**

2 11:00 am Walking Group (Main Entrance)  
 1:30 pm Effectively Using Your iPhone-Apple - Beginner (LNG)  
2:00 pm Rosary (CP)  
2:30 pm Fried Green Tomatoes (MOV)  
3:00 pm Pinochle (LNG)  
6:00 pm Mexican Train (GR)  
**Medical Transports**  
**HAPPY BIRTHDAY DIANE HOEFER!**

3 8:30 am Waffle Wednesday (GR)  
11:30 am Garden Club Meeting (GR)  
1:15 pm Book Club: Group Reading (LIB)  
2:00 pm Bridge (LNG)  
4:00 pm Supper Club from Rollin' Smoke - The KODY (\$16) (GR)  
7:00 pm Quarter Left Right Center (FD)


4 11:30 am Bocce Ball Interest Meeting (GR)  
1:00 pm Knitting & Crochet Circle (LIB)  
2:30 pm The Boys in the Boat (MOV)  
3:00 pm Board Games (LNG)  
7:00 pm UNO (LNG)  
**Medical Transports**  
**HAPPY BIRTHDAY DELIA PYSKADLO!**



5 **9:00 am Grocery Shopping**  
11:30 am Theater How-To/Movie Committee Meeting (GR)  
1:15 pm Book Club: Group Reading (LIB)  
2:00 pm Quarter Bingo (GR)  
4:00 pm Happy Hour with The Gone Grey Band (GR)  
7:30 pm Made in Italy (MOV)

6 11:00 am Walking Group (Main Entrance)  
1:00 pm Scrabble (LNG)  
2:00 pm Downton Abbey (S3E1 & 2) (MOV)  
4:00 pm Rummikub (LNG)  
6:00 pm Thwart or Hand & Foot (GR)

7 11:00 am Monk (S1E1 & 2) (MOV)  
4:00 pm Poker (LIB)  
6:00 pm Game Night (GR)  
7:30 pm Woman in Gold (MOV)

8 11:30 am Pickleball Intro/Refresher (GR)  
1:15 pm Book Club: Group Reading (LIB)  
3:00 pm Solar Eclipse Watching (GR)  
4:00 pm Supper Club with Chef Johnny - Chicken Pot Pie (\$16) (GR)  
6:00 pm Cards (LNG)  
7:30 pm Life With Father (MOV)  
**Total Solar Eclipse**  
**Dr. Masias Monthly Visit**

9 11:00 am Walking Group (Main Entrance)  
 12:30 pm Fitness Class Introduction with Barb (GR)  
2:00 pm Rosary (CP)  
2:30 pm The Sting (MOV)  
3:00 pm Pinochle (LNG)  
6:00 pm Mexican Train (GR)  
**Eid-Al-Fitr**  
**Medical Transports**

10 8:30 am Waffle Wednesday (GR)  
 11:00 am Water Color Class (FS)  
 1:00 pm Blood Pressure Clinic and EMS Presentation (GR)  
1:15 pm Book Club: Group Reading (LIB)  
2:00 pm Bridge (LNG)  
4:00 pm Supper Club with Chef Mickey Salmon w/ Rice (\$15) (GR)  
7:00 pm Quarter Left Right Center (FD)

11 12:00 pm Lunch Outing - Sake Bon Hibachi  
1:00 pm Knitting & Crochet Circle (LIB)  
2:30 pm Rick Steves' - Florence (S7E 4 & 5) (MOV)  
3:00 pm Board Games (LNG)  
5:30 pm Pot-Luck Dinner & Desserts (GR)  
7:00 pm UNO (LNG)  
**National Pet Day**  
**Medical Transports**

12 **9:00 am Grocery Shopping**  
11:30 am Resident Programing Meeting (GR)  
1:15 pm Book Club: Group Reading (LIB)  
2:00 pm Quarter Bingo (GR)  
4:00 pm Happy Hour with Lewis & Clark - BYOB (GR)  
7:30 pm It Could Happen to You (MOV)

13 11:00 am Walking Group (Main Entrance)  
11:00 am Shenendehowa 9th Grade Chamber Orchestra Performance (GR)  
1:00 pm Scrabble (LNG)  
2:00 pm Downton Abbey (S3E3 & 4) (MOV)  
4:00 pm Mah Jongg (LNG)  
6:00 pm Thwart or Hand & Foot (GR)

14 11:00 am Monk (S1E3 & 4) (MOV)  
4:00 pm Poker (LIB)  
6:00 pm Game Night (GR)  
6:30 pm Titanic with a Pre & Post chat from Blaise Noto (MOV)

15 11:30 am Resident Meeting (GR)  
1:15 pm Book Club: Group Reading (LIB)  
4:00 pm Supper Club from Eddie F's - Shrimp & Soup (\$16) (GR)  
6:00 pm Cards (LNG)  
7:30 pm A Walk to Remember (MOV)

16 10:00 am Clifton Park Center Mall Shopping  
11:00 am Walking Group (Main Entrance)  
12:00 pm Robert's Fine Jewelry Cleaning & Appraisal (GR)  
2:00 pm Rosary (CP)  
2:30 pm The Fortune Cookie (MOV)  
3:00 pm Pinochle (LNG)  
6:00 pm Mexican Train (GR)  
**Medical Transports**

17 8:30 am Waffle Wednesday (GR)  
11:30 am Garden Club Meeting (GR)  
1:15 pm Book Club: Group Reading (LIB)  
2:00 pm Bridge (LNG)  
4:00 pm Supper Club with Chef Mickey Chicken Parm (\$15) (GR)  
7:00 pm Quarter Left Right Center (FD)

18 11:30 am Mah Jongg Interest Session/Class (LNG)  
1:00 pm Knitting & Crochet Circle (LIB)  
2:30 pm Rick Steves' - Paris (S7 E6&7) (MOV)  
3:00 pm Board Games (LNG)  
7:00 pm Farkle (LNG)  
**Medical Transports**  
**HAPPY BIRTHDAY KAREN RYAN!**


19 **9:00 am Grocery Shopping**  
1:15 pm Book Club: Group Reading (LIB)  
2:00 pm Quarter Bingo (GR)  
4:00 pm Happy Hour Timothy Farkas (GR)  
7:30 pm The Impossible (MOV)

20 11:00 am Walking Group (Main Entrance)  
1:00 pm Scrabble (LNG)  
2:00 pm Downton Abbey (S3E5 & 6) (MOV)  
4:00 pm Spinner Dominoes (LNG)  
6:00 pm Thwart or Hand & Foot (GR)

21 11:00 am Monk (S1E5 & 6) (MOV)  
4:00 pm Poker (LIB)  
6:00 pm Game Night (GR)  
7:30 pm Mission Impossible - 1 (MOV)

22 11:30 am Vintage Visitors - Margret (Molly) Brown: Survivor of the Titanic  
1:15 pm Book Club: Group Reading (LIB)  
4:00 pm Supper Club with Chef Johnny - Sausage & Peppers (\$16) (GR)  
6:00 pm Cards (LNG)  
7:30 pm Meet the Parents (MOV)  
**Earth Day**

23 10:00 am Effectively Using your iPhone - Apple - Intermediate (MOV)  
11:00 am Walking Group (Main Entrance)  
12:00 pm Lunch Outing - Buffalo Wild Wings  
2:00 pm Rosary (CP)  
3:00 pm Pinochle (LNG)  
2:30 pm Soul Surfer (MOV)  
6:00 pm Mexican Train (GR)  
**Medical Transports**  
**HAPPY BIRTHDAY JONATHAN BRAY!**

24 8:30 am Waffle Wednesday (GR)  
 11:30 am Wellness Workshop with Hector PT (GR)  
1:15 pm Book Club: Group Reading (LIB)  
2:00 pm Bridge (LNG)  
4:00 pm Supper Club with Chef Mickey Roasted Pork & Mashed Potatoes (\$15) (GR)  
7:00 pm Quarter Left Right Center (FD)  
**HAPPY BIRTHDAY BARBARA DANIELS!**

25 10:00 am "Seniors on the Move" (LNG)  
 12:30 pm Men's Lunch: Wings (FD)  
1:00 pm Knitting & Crochet Circle (LIB)  
2:30 pm Rick Steves' - Turkey (S8E1 & 2) (MOV)  
3:00 pm Board Games (LNG)  
7:00 pm Trouble (LNG)  
**Medical Transports**

26 **9:00 am Grocery Shopping**  
1:15 pm Book Club: Group Reading (LIB)  
2:00 pm Quarter Bingo (GR)  
4:00 pm Happy Hour with Richie Phillips - BYOB (GR)  
6:30 pm Oppenheimer (MOV)  
**HAPPY BIRTHDAY BOB MATES!**

27 11:00 am Walking Group (Main Entrance)  
1:00 pm Scrabble (LNG)  
2:00 pm Downton Abbey (S3E7 & 8) (MOV)  
4:00 pm Mah Jongg (LNG)  
6:00 pm Thwart or Hand & Foot (GR)  
**HAPPY BIRTHDAY PAULINE KELLIHER!**

28 11:00 am Monk (S1E7 & 8) (MOV)  
4:00 pm Poker (LIB)  
6:00 pm Game Night (GR)  
7:30 pm Mission Impossible - 2 (MOV)

29 1:15 pm Book Club: Group Reading (LIB)  
4:00 pm Supper Club with Chef Johnny - Lobster Mac n' Cheese (\$17) (GR)  
6:00 pm Cards (LNG)  
7:30 pm Red (MOV)  
**No Chair Dancing**

30 11:00 am Walking Group (Main Entrance)  
2:00 pm Rosary (CP)  
2:30 pm Heaven is for Real (MOV)  
3:00 pm Pinochle (LNG)  
3:00 pm April Birthday Party (GR)  
6:00 pm Mexican Train (GR)  
**Medical Transports**



# April

**Pool Buddy Swim Time!!**

Daily at 3:00 PM



CONNECTED *life*



FITNESS

**Every Monday**

9:45 am Balance Class  
10:45 am Chair Yoga  
3:00 pm Chair Dancing (LNG)

**Every Tuesday**

10:00 am Sit to be Fit  
11:00 am Water Aerobics (Pool)

**Every Wednesday**

10:00 am Strength & Balance  
11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required  
11:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required

**Every Thursday**

10:00 am Sit to be Fit  
11:00 am Water Aerobics (Pool)

**Every Friday**

11:00 am Pilates  
12:00 pm Hydro-rider Class (30 min) (Pool) - Sign-up Required  
12:30 pm Hydro-rider Class (30 min) (Pool) - Sign-up Required



# Community Activities

## Garden Club Meetings

April 3rd at 11:30 am  
April 17th at 11:30 am



Please join us in the Great Room to learn more about the plans for our Community Garden and what progress has been made!

## Bocce Ball Interest Meeting

April 4th at 11:30 am  
Great Room

Warmer weather is finally here! Time to start thinking about using our bocce ball court! Join resident, Kevin Krazit and find out about bocce ball and Summit's annual Tournament.



## Pickleball Introduction & Refresher Meeting

April 8th at 11:30 am  
Great Room



Join resident, Rona Sherman, in the Great Room to talk about starting the spring season with Pickleball! If this is a refresher please bring your shoes and equipment for demonstration.

April 8, 2024

## Total Solar Eclipse

Solar Eclipse Watching

3:00 pm in the Great Room

Come learn about this once in a lifetime experience and see the Eclipse at its peak through special glasses.

## Fitness Class Introduction

April 9th at 12:30 pm  
Great Room

Barb, our lead fitness instructor will be providing an informational session on available fitness classes and feedback/requests.



## Water Color Class

April 10th at 11:00 am  
Sign-up in the Book  
Max of 12 Participants

Join Sue Peters for a class on water color painting in the Fitness Studio. She will be guiding your talents through painting flamingos!



## EMS Safety Presentation & Blood Pressure Clinic

April 10th at 1:00 pm

Local EMS will be coming to our Great Room talk about important safety information. Followed by a Blood pressure clinic. All are welcome!

# MAH JONGG

## INTEREST SESSION/CLASS

April 18th at 11:30 am

Come to the Lounge to talk about Mah Jongg with expert residents and learn from the Pros!

## MAH JONGG TOURNAMENT

If interested please sign-up in the Book by April 15th



## LUNCH OUTING: BUFFALO WILD WINGS



# BUFFALO WILD WINGS

APRIL 23RD  
AT 12:00 PM  
SIGN-UP IN THE BOOK

# Community Activities



**Potluck Gatherings**  
*Sign-up in Book*

Get together in the Great Room with friends and neighbors and bring your famous dishes during this months Pot-Luck!

**April 11th at 5:30 pm**  
**Dinner & Desserts**

**MEN'S LUNCH:**  
**WINGS**

April 25th at 12:30 pm  
Family Dining Room  
Sign-up in the Book




**ROBERT FINE JEWELRY**  
Cleaning & Appraisal

April 16th at 12:00 pm  
Great Room



**HECTORP**  
Senior Rehabilitation Services PLLC.


**Presentation:**  
**Wellness Workshop**  
April 24th at 11:30 am  
Great Room




**Sinking of the Titanic:**  
**112th Anniversary**  
April 1912 - April 2024

**April 14th:** The Titanic movie with Pre & Post Chat with Titanic movie expert, resident Blaise Noto!

**April 22nd:** Vintage Visitors presents Margaret (Molly) Brown: Survivor of the Titanic in the Great Room



**Virtual Class: "Seniors on the Move"**  
April 25th at 10:00 am  
Lounge  
Please Sign-up in the Book

Join Latoya and learn simple ways to be more active and incorporate exercise into your daily routine. Wear comfortable clothing and be prepared to do some low impact exercises that will help build muscle and maintain flexibility and balance.

**SupperClub**  
FOOD & FRIENDS

Eat-in or Pick-up available in the Great Room  
Return the Supper Club Order Form to the office or rent box with exact cash  
**Due: 9 AM, Friday, March 29th**

**Monday the 1st - Chef Johnny**  
Shrimp Linguine with Salad, Garlic Bread and Dessert (\$16)

**Wednesday the 3rd - Rollin' Smoke**  
The KODY: Your Choice of Meat and One Side (Includes Corn Bread and Pickles) Meats: Brisket, Pulled Pork, Chicken, Ribs Sides: Baked Beans, Smoked Mac n' Cheese, French Fries, Potato Salad, Macaroni Salad, Coleslaw (\$16)

**Monday the 8th - Chef Johnny**  
Chicken Pot Pie with Mashed Potatoes and Dessert (\$16)

**Wednesday the 10th - Chef Mickey**  
Salmon Rice and Whole-grain Mustard Sauce, Vegetables, Salad & a Roll (\$15)

**Monday the 15th - Eddie F's**  
Shrimp & Soup: Your Choice of Shrimp Style, Type of Soup and One Side (Includes a side of Coleslaw) Shrimp: Blackened, Grilled or Fried Soup: Clam Chowder or Lobster Bisque Sides: French Fries, Onion Rings, Baked Beans, Macaroni Salad, or Potato Salad (\$16)

**Wednesday the 17th - Chef Mickey**  
Chicken Parmigiana w/ Pasta, Vegetables, Salad & a Roll (\$15)

**Monday the 22nd - Chef Johnny**  
Sausage & Peppers with Rice, Glazed Carrots and Dessert (\$16)

**Wednesday the 24th - Chef Mickey**  
Roasted Pork with Mashed Potatoes, Gravy, Vegetables, Salad & a Roll (\$15)

**Monday the 29th - Chef Johnny**  
Lobster Mac n' Cheese with Salad and Dessert (\$17)

# Concierge Services

## MEAL OPTIONS

### Continental Breakfast

8:30 AM—10:15 AM



### Lunch

Lunch outings available twice each month as well as a monthly Men's Lunch. Please see calendar.

### Supper Club

You have the option of two hot or to-go meals each week. They come ready to eat, from local Chefs. You can pick up your pre-paid meals at 4 pm in the Family Dining Room.

## Friday Grocery Shopping

Every Friday, the Halfmoon bus goes to 5 local grocery stores: **Market 32, Hannaford, Trader Joe's, Aldi, and Walmart.** We will leave at **9:00 am.** The bus will pick you up at the main entrance and shopping lasts **1 hour.** Please sign-up in the main office.



**TRADER JOE'S** Walmart

## Medical Appointments Every Tuesday and Thursday

Every Tuesday and Thursday, we provide transportation to scheduled, routine medical appointments. This service is available **between the hours of 9 AM and 2 PM.** Contact the office for more details and to reserve your appointment time.

**HECTORP**  
Senior Rehabilitation Services PLLC.



Located in the Practitioner's Suite  
on the 3rd Floor

518-577-5214



♥ Gift Certificates Available ♥

Nails: Tina 518-698-4693

Esthetician: Jolene 510-857-5851

Hair: Sue 518-495-6054

Massage: Cathy 518-229-0741

## Resident Informational Meeting

Theater How-To/Movie Committee  
Friday, April 5th at 11:30 am

Resident Program Meeting  
Friday, April 12th at 11:30 am

Resident Meeting with Laura & Staff  
Monday, April 15th at 11:30 am



## GENOA IMPORTING

*Need dinner? Don't feel like cooking?*

Genoa Importing meals are available in the office on a first come/ first serve basis. The below dishes are frozen and ready to simply be heated & enjoyed. Each 2-person serving is \$14.

### *Dinner Options:*

Veggie Lasagna | Baked Ziti with Meat Sauce |  
Turkey Dinner with Stuffing Roasted Potatoes and Veggies | Stuffed Shells with Sauce and Mozzarella |  
Meatloaf Dinner with Mashed Potatoes and Veggies

## On-Site Podiatrist

Dr. Michael Masias, DPM

Starting at 10:00 on the 2nd Monday of every month, Dr. Masias will be on site.

518-320-8659