

SUMMIT AT HALEMOON

Monthly Newsletter

March 2024



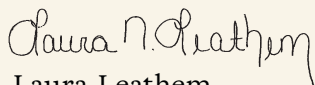
THE Manager's Message

As I sit down to write this message each month, I'm always amazed at the abundance of topics to choose from as I scan the calendar. Certainly, there are the perennial favorites like St. Patrick's Day, and the always popular First Day of Spring. It's hard to beat festive costumes, green beer, and the return of robins and swallows.

However, I'm learning that March has so much more to offer. For the more cerebral among us, there are Read Across America Day, International Women's Day, World Wildlife Day, Consumer Rights Day, and Pi Day. Later in the month you'll encounter World Kidney Day, Persian New Year, World Tuberculosis Day, National Doctors' Day, International Transgender Day, Greek Independence Day, and World Poetry Day.

As important as those may be, there were others that really caught my eye. What red-blooded American could ignore National Oreo Day on March 6? Personally, I think I'll make a point of observing National Napping Day on the 11th and World Sleep Day on the 15th. The final two weeks of the month are full of special days too. How about International Day of Happiness, Manatee Appreciation Day, World Water Day, and National Puppy Day? If you've ever tried to housebreak a puppy, you soon learn that every day is World Water Day...but I digress.

Most surprising of all to me was National Joe Day which is celebrated on March 27th. I first thought it had something to do with coffee, but I soon learned that it's a day to celebrate the Joes, Josephines, Josephs, Joanns, and Jodies in your life. My husband's name is Joe and my mother is JoAnn. I certainly hope this holiday doesn't involve expensive gifts. Enjoy!


Laura Leathem
Community Manager



Staff

Community Manager

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Resident Services Coordinator

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Maintenance

Keith Wargo
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Joanne Krazit
Gabi Pinnetti

Cleaning Attendant

Gabi Pinnetti

Office Phone

518-807-6800

Emergency Maintenance

518-380-3860

Summit at Halfmoon
29 Sitterly Road
Halfmoon, NY 12065

Welcome to Summit at Halfmoon!!!



Margaret Ludlum	3/8
Alan Levin	3/8
Florence Foster	3/11
Thomas Welsh	3/12
Cathie Close	3/13
Howard Pressman	3/19

Please join us to celebrate our monthly birthdays on Tuesday, March 26th at 2:00 pm in the Great Room!



Casella Waste/Twin Bridges Recycling Informational Session

Come meet Brian from our local waste management company who will discuss recycling and what can or can not be recycled.

March 5th
12:00 pm
Great Room



Lunch Outing: The Flats

March 7th at 11:45 am
Sign-up in Office



March 8th at 4:00 pm

Pre-pay \$5 and sign up using the Summit Supper Club Order Form to order 2 slices of pizza!

Join us and enjoy live music by

The Jack Kelle Band!

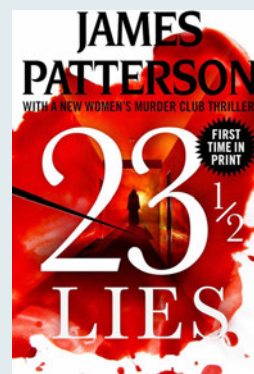


Book Club Update

Group reading will be held in the Library
Mondays, Wednesdays, and Fridays at 1:15 pm.

Please feel free to join us for our current book: *23 1/2 Lies* by James Patterson. Pick up a copy at the office for your pleasure.

23 1/2 Lies by James Patterson



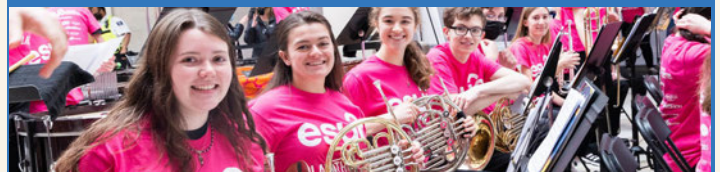
Enjoy three heart racing thrillers from the New York Times bestselling master of suspense.

23 1/2 LIES: Lindsay Boxer's estranged father is gunned down execution-style, and her investigation uncovers life-altering truths.

FALLEN RANGER: To Rory Yates, being a Texas Ranger means absolute loyalty to the badge. But he's put through the ultimate test when an armored car robbery suspect might be an ex-Ranger gone rogue.

WATCH YOUR BACK: When a starving artist is paid to expose his client's cheating wife, can he paint the picture that will save his own life?

esyô PLAYATHON



Saturday, March 23

10:30 am-5:30 pm at Crossgates Mall

Stop by and enjoy the PLAYATHON, a free all-day concert by the **Empire State Youth Orchestra.**

Summit Senior Living is a proud sponsor of this outstanding event. Come out and show your support of these young stars and enjoy some beautiful music.



S

M

T

W

TH

F

S

GR - Great Room
LNG - Lounge
FD - Family Dining Room
MOV - Movie Theater
FS - Fitness Studio
CP - Chapel
LIB - Library
BIL - Billiards Room
PS - Practitioner's Suite



Pool Buddy Swim Time!!
Daily at 3:00 PM

3
11:00 am **The Saint (S1E1 & 2) (MOV)**
4:00 pm Poker (LIB)
6:00 pm Game Night (GR)
7:30 pm **Pirates of the Caribbean: Dead Man's Chest (MOV)**

4
1:15 pm Book Club: Group Reading (LIB)
2:00 pm Pinochle (LNG)
4:00 pm **Supper Club with Chef Johnny - Pork Chops w/ Au Gratin Potatoes (\$16) (GR)**
6:00 pm Cards (LNG)
7:30 pm **Blade Runner (MOV)**

5
12:00 pm **Casella Waste/Twin Bridges Recycling Information (GR)**
2:00 pm Rosary (CP)
2:30 pm **Apollo 13 (MOV)**
4:00 pm Pot-Luck Dinner & Desserts (GR)
6:00 pm Mexican Train (GR)
Medical Transports

6
8:30 am Waffle Wednesday (GR)
1:15 pm Book Club: Group Reading (LIB)
2:00 pm Bridge (LNG)
4:00 pm **Supper Club with Chef Mickey Eggplant Parmigiana (\$15) (GR)**
7:00 pm Quarter Left Right Center (FD)

7
11:45 am **Lunch Outing - The Flats**
1:00 pm Knitting & Crochet Circle (LIB)
2:30 pm **Rick Steves' Best of the Alps (MOV)**
7:00 pm UNO (LNG)
Medical Transports

1
9:00 am **Grocery Shopping**
11:30 am Theater How-To/Movie Committee Meeting (GR)
1:15 pm Book Club: Group Reading (LIB)
2:00 pm Quarter Bingo (GR)
4:00 pm Happy Hour with Tim Farkas - BYOB (GR)
7:30 pm **42: The Jackie Robinson Story (MOV)**
No Hydro-rider Class

2
1:00 pm Scrabble (LNG)
2:00 pm **Fiddler on the Roof (MOV)**
4:00 pm Rummikub (LNG)
6:00 pm Thwart or Hand & Foot (GR)

10
11:00 am **The Saint (S1E3 & 4) (MOV)**
4:00 pm Poker (LIB)
6:00 pm Game Night (GR)
7:30 pm **Pirates of the Caribbean: At Worlds End (MOV)**
Daylight Saving Time Begins

11
1:15 pm Book Club: Group Reading (LIB)
2:00 pm Pinochle (LNG)
4:00 pm **Supper Club from Eddie F's - Fish n' Chips (\$16) (GR)**
6:00 pm Cards (LNG)
7:30 pm **Seraphim Falls (MOV)**
Dr. Masias Monthly Visit
HAPPY BIRTHDAY FLORANCE FOSTER!

12
1:00 pm **Shenendehowa Neighbors Information Session (GR)**
2:00 pm Rosary (CP)
2:30 pm **The King and I (MOV)**
6:00 pm Mexican Train (GR)
Medical Transports
HAPPY BIRTHDAY THOMAS WELSH!

13
8:30 am St. Patty's Day Breakfast (GR)
11:30 am First Garden Club Meeting (GR)
1:15 pm Book Club: Group Reading (LIB)
2:00 pm Bridge (LNG)
4:00 pm Pot-Luck Wine and Appetizers (GR)
7:00 pm Quarter Left Right Center (FD)
HAPPY BIRTHDAY CATHIE CLOSE!

14
1:00 pm Knitting & Crochet Circle (LIB)
1:30 pm Pie Day Celebration (FDR)
2:30 pm **Hidden Ireland (MOV)**
4:00 pm St. Patrick's Day Music with Toss the Feathers, Irish Band (GR)
4:00 pm **Supper Club with Chef Mickey - Corned Beef (\$16) (GR)**
7:00 pm Farkle (LNG)
7:30 pm **Caddyshack (MOV)**
Medical Transports

15
9:00 am **Grocery Shopping**
12:00 pm **Daughters for Hire Information Session (GR)**
1:15 pm Book Club: Group Reading (LIB)
2:00 pm Quarter Bingo (GR)
4:00 pm Happy Hour - BYOB (GR)
7:30 pm **Caddyshack (MOV)**

16
1:00 pm Scrabble (LNG)
2:00 pm **Highway to Heaven (S1E3 & 4) (MOV)**
4:00 pm Spinner Dominoes (LNG)
6:00 pm Thwart or Hand & Foot (GR)

17
11:00 am **The Saint (S1E5 & 6) (MOV)**
4:00 pm Poker (LIB)
6:00 pm Game Night (GR)
7:30 pm **Walk The Line (MOV)**
St. Patrick's Day

18
12:00 pm **History of the American Musical— Part 2 w/ Ken Blatt (GR)**
1:15 pm Book Club: Group Reading (LIB)
2:00 pm Pinochle (LNG)
4:00 pm **Supper Club with Chef Johnny - Chicken Parmigiana (\$16) (GR)**
6:00 pm Cards (LNG)
7:30 pm **Movie Committee Choice (MOV)**

19
11:45 am **Lunch Outing - Wheatfields Bistro/Wine Bar**
2:00 pm Rosary (CP)
2:30 pm **Shanghai Knights (MOV)**
6:00 pm Mexican Train (GR)
Medical Transports
First Day of Spring
HAPPY BIRTHDAY HOWARD PRESSMAN!

20
8:30 am Waffle Wednesday (GR)
1:15 pm Book Club: Group Reading (LIB)
2:00 pm Bridge (LNG)
4:00 pm **Supper Club from Rollin' Smoke - The KODY (\$16) (GR)**
7:00 pm Quarter Left Right Center (FD)

21
11:30 am Resident Meeting (GR)
1:00 pm Knitting & Crochet Circle (LIB)
2:30 pm **Rick Steves' Venice (S7E10 & 11) (MOV)**
3:00 pm **Learning about Purim (LNG)**
4:00 pm Crafting & Cocktail with Touching Hearts (GR) - will have max
7:00 pm Trouble (LNG)
Medical Transports

22
9:00 am **Grocery Shopping**
12:00 pm **Capital Region Flower & Garden Expo**
1:15 pm Book Club: Group Reading (LIB)
2:00 pm Quarter Bingo (GR)
4:00 pm Happy Hour with Tina Susi (GR)
7:30 pm **Sleepless in Seattle (MOV)**

23
1:00 pm Scrabble (LNG)
2:00 pm **Highway to Heaven (S1E5, 6 & 7) (MOV)**
4:00 pm Mahjong (LNG)
4:00 pm Pot-Luck Brunch (GR)
6:00 pm Thwart or Hand & Foot (GR)

24
11:00 am **The Saint (S1E7 & 8) (MOV)**
4:00 pm Poker (LIB)
6:00 pm Game Night (GR)
7:30 pm **Something's Gotta Give (MOV)**
Palm Sunday & Purim

25
12:30 pm Men's Lunch - Chinese Food (FD)
1:15 pm Book Club: Group Reading (LIB)
2:00 pm Pinochle (LNG)
4:00 pm **Supper Club with Chef Johnny - Fettuccini Alfredo w/ Chicken & Broccoli (\$16) (GR)**
6:00 pm Cards (LNG)
7:30 pm **Twins (MOV)**

26
1:30 pm **Holy Week Service (CP)**
2:00 pm Rosary (CP)
2:00 pm March Birthday Party (GR)
2:30 pm **The Help (MOV)**
6:00 pm Mexican Train (GR)
Medical Transports

27
8:30 am Easter Breakfast (GR)
11:30 am **Hector PT: Learning Movements as Adults (GR)**
1:15 pm Book Club: Group Reading (LIB)
2:00 pm Bridge (LNG)
4:00 pm **Supper Club with Chef Mickey Meatloaf (\$15) (GR)**
7:00 pm Quarter Left Right Center (FD)

28
12:00 pm **Baking Demonstration w/Chef Johnny: Cheesecake (\$5) (FD)**
1:00 pm Knitting & Crochet Circle (LIB)
2:30 pm **Kindergarten Cop (MOV)**
4:00 pm Pot-Luck Favorite Comfort Foods (GR)
7:00 pm Farkle (LNG)
Medical Transports

29
9:00 am **Grocery Shopping**
12:00 pm **Alzheimer's Association: Healthy Living for the Brain and Body (GR)**
1:15 pm Book Club: Group Reading (LIB)
2:00 pm Quarter Bingo (GR)
4:00 pm Happy Hour with Paul Slusar (GR)
7:30 pm **The Passion of the Christ (MOV)**
Good Friday

30
1:00 pm Scrabble (LNG)
2:00 pm **Highway to Heaven (S1E8 & 9) (MOV)**
4:00 pm Spinner Dominoes (LNG)
6:00 pm Thwart or Hand & Foot (GR)

31
11:00 am **The Saint (S1E9 & 10) (MOV)**
4:00 pm Poker (LIB)
6:00 pm Game Night (GR)
7:30 pm **Miracles from Heaven (MOV)**
Easter Sunday

Every Monday
9:45 am Balance Class
10:45 am Chair Yoga
3:00 pm Chair Dancing (LNG)

Every Tuesday
10:00 am Sit to be Fit
11:00 am Water Aerobics (Pool)

Every Wednesday
10:00 am Drumming
11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required
11:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required

Every Thursday
10:00 am Sit to be Fit
11:00 am Water Aerobics (Pool)

Every Friday
10:00 am Pilates
11:00 am Hydro-rider Class (30 min) (Pool) - Sign-up Required
11:30 am Hydro-rider Class (30 min) (Pool) - Sign-up Required



Community Activities



Shenendehowa Neighbors Informational Session

March 12th at 1:00 pm
Great Room

Come learn about Shen Neighbors who give older adults the opportunity to form friendships, enjoy a rich and independent lifestyle, and build supportive community connections that help them age successfully at home!

First Garden Club Meeting

March 13th at 11:30 am
Great Room



The first day of spring is fast approaching! Come get ready at our first Garden Club meeting and see what exciting opportunities we have to look forward to!

Pi Day Celebration

March 14th at 1:30 pm
Family Dining Room



Happy National Pi Day!
3.14159265



Sign up in the office for a special pie treat!

St. Patrick's Day Music with Traditional Irish Band: Toss the Feathers

March 14th at 4:00 pm
Great Room



LUNCH OUTING: WHEATFIELDS BISTRO/WINE BAR

Wheatfields
restaurant bar
from local fields to your plate

**MARCH 19TH
AT 11:45 AM
SIGN UP IN THE OFFICE**

History of the American Musical with Kenneth Blatt

March 18th at 12:00 pm
Great Room

The Rodgers and Hammerstein production of Oklahoma! ushered in a new era for the American musical. The book musical came of age whereby all the artistic and production elements were utilized to tell the story and create the world of the play.

We will examine some of the outstanding examples of this "golden era" from the late 1940's until the mid 1960's including South Pacific, The King and I, My Fair Lady, Gypsy, West Side Story, Camelot, Hello, Dolly! and Fiddler on the Roof.



Julie Andrews with Richard Burton in Camelot (1960)

Academy for Lifelong Learning: Mozart & His Operas

6 Week Course Starting Wednesday, May 1st
at 11:00 am in the Movie Theater
Sign up in the Office



This course will be public for Academy for Lifelong Learning members but will have a select number of reserved seating for non-member, residents with a \$50 charge payable to course instructor. More information to follow.

Learn about Purim

March 21st at 3:00 pm
Lounge

Join Rabbi Monson to learn about Purim
and its importance!



Capital Region
**FLOWER &
GARDEN EXPO**

**March 22nd
at 12:00 pm**

Money Due upon arrival
Sign up in the Office

Community Activities

Potluck Gatherings

Sign-up in Office

Get together in the Great Room with friends and neighbors and bring your famous dishes during this months Pot-Luck meals!

March 5th at 4:00 pm
Dinner & Desserts

March 13th at 4:00 pm
Wine & Appetizers

March 23rd at 4:00 pm
Brunch for Dinner

March 28th at 4:00 pm
Favorite Comfort Foods



Men's Lunch: Chinese Food
March 25th at 12:30 pm
Family Dining Room
Sign up in the Office

Holy Week Service

March 26th
at 1:30 pm
Chapel

Will include Blessed Palms



Presentation: Learning Movements as Adults

March 27th at 11:30 am
Great Room

Cooking Demonstration with Chef Johnny: Cheesecake

March 28th at 12:00 pm
Family Dining Room
Pay (\$5) and Sign up using the Summit Supper Club Order Form



Alzheimer's Association: Healthy Living for the Brain and Body (GR)

March 29th at 12:00 pm
Great Room

alzheimer's association®

SupperClub

FOOD & FRIENDS

Eat-in or Pick-up available in the Great Room
Return the Supper Club Order Form to the office
or rent box with exact cash

Due: 9 AM, Friday, March 1st

Monday the 4th - Chef Johnny

Pork Chops & Au Gratin Potatoes & Broccoli
and Dessert (\$16)

Wednesday the 6th - Chef Mickey

Eggplant Parmigiana w/ Pasta, Salad & Roll (\$15)

Monday the 12th - Eddie F's

Fish n' Chips with your choice of French Fries
or Onion Rings (\$16)

Thursday the 14th - Chef Mickey

Corned Beef, Cabbage, Potatoes, Carrots & Soda
Bread (\$16) - LOUNGE

Monday the 18th - Chef Johnny

Chicken Parmigiana w/ Pasta, Salad, Garlic Bread
and Dessert (\$16)

Wednesday the 20th - Rollin' Smoke

The KODY: Your Choice of Meat and One Side
(Includes Corn Bread and Pickles) Meats: Brisket,
Pulled Pork, Chicken, Ribs Sides: Baked Beans,
Smoked Mac n' Cheese, French Fries, Potato Salad,
Macaroni Salad, Coleslaw (\$16)

Monday the 25th - Chef Johnny

Fettuccini Alfredo w/ Chicken & Broccoli w/ Salad,
Garlic Bread and Dessert (\$16)

Wednesday the 28th - Chef Mickey

Meatloaf with Mashed Potatoes, Gravy, Vegetables,
Salad & Roll (\$15)

Concierge Services

MEAL OPTIONS

Continental Breakfast

8:30 AM—10:15 AM



Lunch

Lunch outings available twice each month as well as a monthly Men's Lunch. Please see calendar.

Supper Club

You have the option of two hot or to-go meals each week. They come ready to eat, from local Chefs. You can pick up your pre-paid meals at 4 pm in the Family Dining Room.

Friday Grocery Shopping

Every Friday, the Halfmoon bus goes to 5 local grocery stores: **Market 32, Hannaford, Trader Joe's, Aldi, and Walmart.** We will leave at **9:00 am.** The bus will pick you up at the main entrance and shopping lasts **1 hour.** Please sign up in the main office.



TRADER JOE'S **Walmart**

Medical Appointments Every Tuesday and Thursday

Every Tuesday and Thursday, we provide transportation to scheduled, routine medical appointments. This service is available **between the hours of 9 AM and 2 PM.** Contact the office for more details and to reserve your appointment time.

HECTORP
Senior Rehabilitation Services PLLC.



Located in the Practitioner's Suite
on the 3rd Floor

518-577-5214



♥ Gift Certificates Available ♥

Nails: Tina 518-698-4693

Esthetician: Jolene 510-857-5851

Hair: Sue 518-495-6054

Massage: Cathy 518-229-0741

Resident Informational Meeting

Resident Meeting with Laura & Staff
Thursday, March 21st at 11:30 am

Resident Program Meeting
Friday, March 8th at 11:30 am

Theater How-To/Movie Committee
Friday, March 1st at 11:30 am



GENOA IMPORTING

Need dinner? Don't feel like cooking?

Genoa Importing meals are available in the office on a first come/ first serve basis. The below dishes are frozen and ready to simply be heated & enjoyed. Each 2-person serving is \$14.

Dinner Options:

Veggie Lasagna | Baked Ziti with Meat Sauce |
Turkey Dinner with Stuffing Roasted Potatoes and Veggies | Stuffed Shells with Sauce and Mozzarella |
Meatloaf Dinner with Mashed Potatoes and Veggies

On-Site Podiatrist

Dr. Michael Masias, DPM

Starting at 10:00 on the 2nd Monday of every month, Dr. Masias will be on site.

518-320-8659