

SUMMIT AT GLENWYCK

Monthly Newsletter

February 2024



THE Manager's Message

Love is in the air because Valentine's is nearly here. What would Valentines Day be without chocolate & sweet treats? Come and indulge your sweet tooth! To celebrate this love-inducing celebration join us for our Valentine's Day Party with music provided by Tim Parker.

In addition, we have a month full of events and things to celebrate:

- Lunch outing favorites at Fo' Castle Farms and Tops American Grill.
- I can't wait to judge the Annual Chili Cookoff. We have so many amazing cooks at Glenwyck.
- National Margarita Day will be Thursday, February 22nd. Come join the fiesta!
- Judi Clements will be here with Comedy Entertainment for Seniors.
- Lastly, we can't forget all you football enthusiasts...come enjoy the Super Bowl on Sunday, February 11th!
- N.B. Flowers, chocolate, dinner and a movie, out on the town or cozy at home....always a classic recipe for love.

Happy Valentine's Day! and enjoy February!

Sincerely,



Laurie Ignazio
Community Manager



WEDNESDAY, FEBRUARY 14TH • 2:00 PM - 3:00 PM
IN THE GREAT ROOM

Staff

Community Manager

Laurie Ignazio
LIgnazio@summitseniorlife.com

Resident Services Coordinator

Jennifer Hickey
JHickey@summitseniorlife.com

Maintenance

Thomas Nardini
Paul Coffin

Driver

Harold Bergeron

Housekeeper

Alyssa Hughes

Weekend Concierge/Marketing Assistant

Gloria Poston
Evelyn Kauffman

Office Phone

518-280-7340

Emergency Maintenance

518-338-9562

The Summit At Glenwyck
150 Dutch Meadows Lane
Glenville, NY 12302

Celebrating FEBRUARY Birthdays

Stephen Farina	2/1
Donna Maloney	2/7
Linda Suggs	2/9
Eleanor Cronin	2/9
Norma Waldbillig	2/12
Bernice Igo	2/14
Joan Torello	2/18
Louise DiFabbio	2/21
Barbara Loucks	2/24
Donald Ackerman	2/28

Help us celebrate our monthly birthdays on
Tuesday, February 27th at 2:00 pm
in the Great Room
Cake & Ice Cream for all!

*Welcome to
The Summit At Glenwyck*

Blanca Giaccone
from Ocala, FL

MARIA'S MONDAY LUNCH BUNCH

February 5th, 26th
Delivery to the Tavern 11:30 am

February 5th - Goulash
(Garden Salad, Cupcake) \$12

February 26th – Grilled Ham & Cheese
Sandwich
(Tomato Soup, Brownie) \$12

Orders due in the office by Noon on
Friday 2/2, 2/23

SupperClub FOOD & FRIENDS

Wednesdays
February 7th, 28th
Delivery to the Tavern 4:00 pm

February 7th - Fried Chicken Dinner
(Sweet Potatoes, Tossed Salad, Coleslaw,
Corn Bread, Cherry Cobbler) \$15

February 28th - Beef Stroganoff
(Over Egg Noodles, Peas & Carrots, Tossed Salad,
Corn Bread, Cherry Cobbler) \$15

Orders due in the office by Noon on
Monday 2/5, 2/26

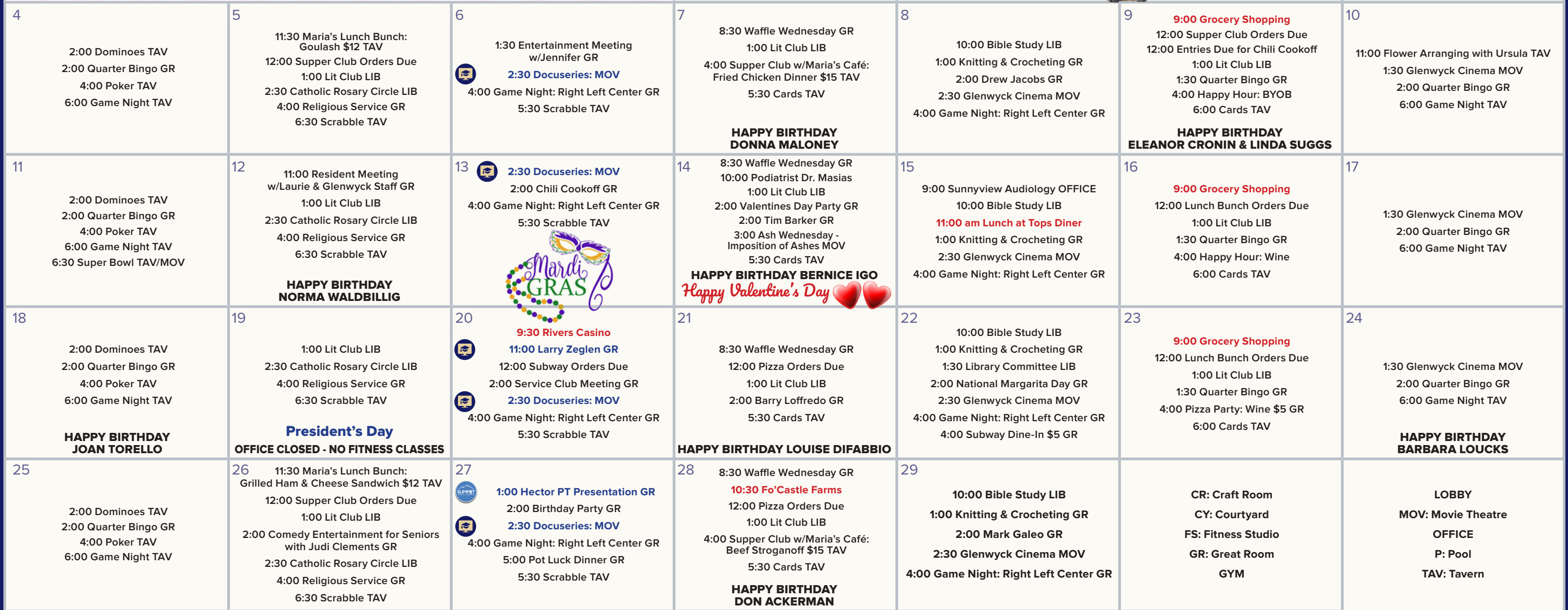


Sunday, February 11th
5:30 pm

Come join the fun & watch the big game in the
Tavern or Theatre. Snacks will be provided.

Summit At Glenwyck Office: 518.280.7340 | Emergency Maintenance Phone: 518.338.9562

S



FITNESS

8:30 Water Aerobics (P)
3:30 Buddy Swim (P)

8:45 Sit 2B Fit (FS)
10:00 & 3:30 Buddy Swim (P)
1:45 Balance Class (FS)

8:30 Water Aerobics (P)
9:30 Hydroids (P)
3:30 Buddy Swim (P)

8:45 Sit 2B Fit (FS)
10:00 Zumba Gold (FS)
10:00 & 3:30 Buddy Swim (P)

8:30 Water Aerobics (P)
9:30 Hydroids (P)
3:30 Buddy Swim (P)

10:00 Buddy Swim (P)
3:30 Buddy Swim (P)
(Saturday & Sunday)

Resident Informational Meetings

Entertainment Meeting with Jennifer
Tuesday, February 6th at 1:30 pm

Resident Meeting with Laurie & Glenwyck Staff
Monday, February 12th at 11:00 am

In the Great Room.
All are Welcome.



GLENWYCK'S ANNUAL CHILI COOKOFF!

Tuesday, February 13th
2:00 pm in the Great Room



Enter your famous Chili
Win a prize & bragging rights!
Sign up in the Office by 2/9



Rivers Casino
Tuesday, February 20th
Bus Leaves at 9:30 am
and return at 12:00 pm

Call the Office to Sign Up



DINE-IN

Thursday, February 22nd
at 4:00 pm
In the Great Room

Join us for a fresh, healthy supper in the Great Room. Pick your choice of sub at a special Glenwyck price! **Only \$5.00!**
RSVP to the office by Tuesday 2/20

*Comedy Entertainment
for Seniors with
Judi Clements*

Monday, February 26th
at 2:00 pm
in the Great Room



LUNCH OUTING

Fo'Castle Farm

Wednesday,
February 28th

Bus will leave at 10:30 am

Sign up in the Office



HECTORPT
Senior Rehabilitation Services PLLC.



Presentation
Tuesday, February 27
at 1:00 pm



(518) 577-5214

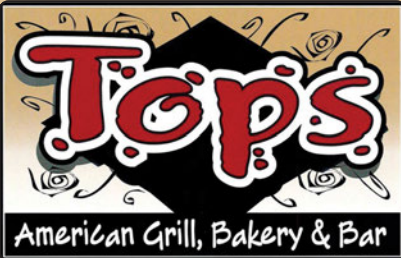
www.hectorpt.com

Flower Arranging with Ursula



Saturday,
February 10th
11:00 am
in the Tavern

Sign up in the Office



Lunch Outing

Thursday,
February 15th
Bus leaves at 11:00

Sign up in the Office

SUMMIT SERVICE CLUB

"Volunteering is a work of heart"

Join fellow residents as they develop on-going volunteer opportunities for our community! The meeting will be hosted in the Great Room.

Current Projects:

Supporting Veterans by contributing to the Legacy project.

Meeting: Tuesday, February 20th, 2:00 pm
In the Great Room

National
MARGARITA
Day

Thursday,
February 22nd
2:00 pm in the Great Room
Come join the fiesta and enjoy



Come listen to your favorite tunes

Drew Jacobs - Ukulele Entertainer

Thursday, February 8th 2:00 pm

Tim Barker - Bluegrass Tunes

Wednesday, February 14th 2:00 pm

Mark Galeo - Pianist

Thursday, February 29th 2:00 pm

In the Great Room



Religious Service

Mondays at 4:00 pm

In the Great Room

Our Resident Priest, Rev. Sally Heiligman will be conducting a service in the Christian Tradition.

ALL ARE WELCOME



Friday, February 23rd

at 4:00 pm Great Room

Call the office by 2/20 to RSVP

\$5.00 pp



**Tuesday,
February 27th
5:00 pm
in the Great Room**

A gathering where each guest brings a dish to be shared. Come dine & enjoy fellowship with your neighbors. Please RSVP to the office if you are interested in attending and let us know what dish you will be providing.



Concierge Services

We're here, just for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.



✓ Complimentary
beauty consultation
(appointment needed)

♥ Gift Certificates Available ♥

Call for all your hair/waxing needs.

Tuesday, Thursdays & Fridays 10:00 am - 5:00 pm

Cindy (518) 526-2262

Nail Services

Mondays

Sonia Thomas (518) 512-7479

Massage Therapy

2nd Saturday of the month by appointment

Charlene Watson, LMT (518) 813-3347

PRICE CHOPPER



pharmacy

DELIVERY IS AVAILABLE

Monday— Friday. Call Jessica at 399-6474.



GENOA IMPORTING

Too busy to grocery shop? Too tired to cook?

Genoa Importing meals are available in the office on a first come/first serve basis. The below dishes are frozen and ready to be simply heated & enjoyed. Each 2-person serving is \$13.00.

This month's anyday choices:

Shepherd's Pie

Chicken Tortellini

Meat Lasagna

Veggie & Cheese Ravioli

Beef Stew

Chicken & Dumpling

CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



There are complimentary copies of the newspaper located in the Great Room to read.

On-Site Podiatrist

Dr. Michael Masias, DPM

Second Wednesday of every month.

Call Doctor Masias direct at 518-320-8659 to schedule an appointment.

Friday Grocery Shopping

Fridays at 9:00 am

Call the office to sign up



TARGET



Walmart

Medical Appointments

Tuesday, Wednesday & Thursday, between 9:00 and 2:00 pm, unless events or urgent maintenance needs conflict.

Please notify the office at least one week ahead of time. It must be within a 10-mile radius.

SENIOR REHABILITATION SERVICES

HECTORPT

www.hectorpt.com

(518) 577-5214

