

# SUMMIT AT GLENWYCK

Monthly Newsletter

February 2024



# THE Manager's Message

**L**ove is in the air because Valentine's is nearly here. What would Valentines Day be without chocolate & sweet treats? Come and indulge your sweet tooth! To celebrate this love-inducing celebration join us for our Valentine's Day Party with music provided by Tim Parker.

In addition, we have a month full of events and things to celebrate:

- Lunch outing favorites at Fo' Castle Farms and Tops American Grill.
- I can't wait to judge the Annual Chili Cookoff. We have so many amazing cooks at Glenwyck.
- National Margarita Day will be Thursday, February 22nd. Come join the fiesta!
- Judi Clements will be here with Comedy Entertainment for Seniors.
- Lastly, we can't forget all you football enthusiasts...come enjoy the Super Bowl on Sunday, February 11th!
- N.B. Flowers, chocolate, dinner and a movie, out on the town or cozy at home....always a classic recipe for love.

Happy Valentine's Day! and enjoy February!

Sincerely,



Laurie Ignazio  
Community Manager



WEDNESDAY, FEBRUARY 14TH • 2:00 PM - 3:00 PM  
IN THE GREAT ROOM

## Staff

### Community Manager

Laurie Ignazio  
LIgnazio@summitseniorlife.com

### Resident Services Coordinator

Jennifer Hickey  
JHickey@summitseniorlife.com

### Maintenance

Thomas Nardini  
Paul Coffin

### Driver

Harold Bergeron

### Housekeeper

Alyssa Hughes

### Weekend Concierge/Marketing Assistant

Gloria Poston  
Evelyn Kauffman

### Office Phone

518-280-7340

### Emergency Maintenance

518-338-9562

The Summit At Glenwyck  
150 Dutch Meadows Lane  
Glenville, NY 12302

*Celebrating*  
**FEBRUARY**  
*Birthdays*

<b>Stephen Farina</b>	<b>2/1</b>
<b>Donna Maloney</b>	<b>2/7</b>
<b>Linda Suggs</b>	<b>2/9</b>
<b>Eleanor Cronin</b>	<b>2/9</b>
<b>Norma Waldbillig</b>	<b>2/12</b>
<b>Bernice Igo</b>	<b>2/14</b>
<b>Joan Torello</b>	<b>2/18</b>
<b>Louise DiFabbio</b>	<b>2/21</b>
<b>Barbara Loucks</b>	<b>2/24</b>
<b>Donald Ackerman</b>	<b>2/28</b>

Help us celebrate our monthly birthdays on  
 Tuesday, February 27th at 2:00 pm  
 in the **Great Room**  
**Cake & Ice Cream for all!**

*Welcome to*  
*The Summit At Glenwyck*

**Blanca Giaccone**  
*from Ocala, FL*

**MARIA'S MONDAY  
 LUNCH BUNCH**

**February 5th, 26th**  
**Delivery to the Tavern 11:30 am**

**February 5th - Goulash**  
 (Garden Salad, Cupcake) \$12

**February 26th – Grilled Ham & Cheese  
 Sandwich**  
 (Tomato Soup, Brownie) \$12

**Orders due in the office by Noon on  
 Friday 2/2, 2/23**

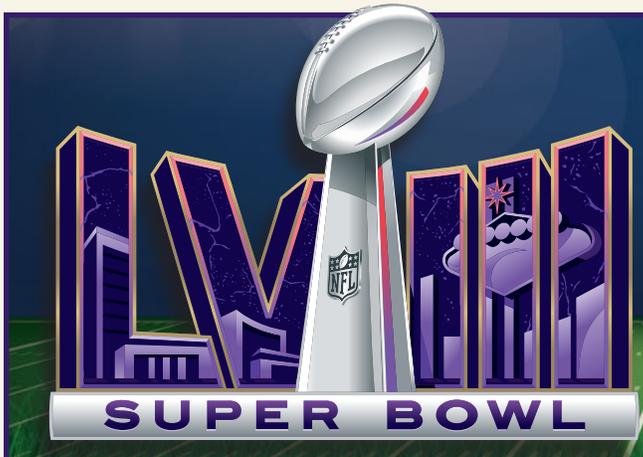
*SupperClub*  
 FOOD & FRIENDS

**Wednesdays**  
**February 7th, 28th**  
**Delivery to the Tavern 4:00 pm**

**February 7th - Fried Chicken Dinner**  
 (Sweet Potatoes, Tossed Salad, Coleslaw,  
 Corn Bread, Cherry Cobbler) \$15

**February 28th - Beef Stroganoff**  
 (Over Egg Noodles, Peas & Carrots, Tossed Salad,  
 Corn Bread, Cherry Cobbler) \$15

**Orders due in the office by Noon on  
 Monday 2/5, 2/26**



**Sunday, February 11th**  
**5:30 pm**

Come join the fun & watch the big game in the  
 Tavern or Theatre. Snacks will be provided.

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**FEBRUARY**

<p>4</p> <p>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV</p>	<p>5</p> <p>11:30 Maria's Lunch Bunch: Goulash \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service GR 6:30 Scrabble TAV</p>	<p>6</p> <p>1:30 Entertainment Meeting w/Jennifer GR  <b>2:30 Docuseries: MOV</b> 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV</p>	<p>7</p> <p>8:30 Waffle Wednesday GR 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Fried Chicken Dinner \$15 TAV 5:30 Cards TAV</p> <p><b>HAPPY BIRTHDAY DONNA MALONEY</b></p>	<p>1</p> <p>10:00 Bible Study LIB 1:00 Knitting &amp; Crocheting GR 2:30 Glenwyck Cinema MOV 4:00 Game Night: Right Left Center GR</p> <p><b>HAPPY BIRTHDAY STEPHEN FARINA</b></p> 	<p>2</p> <p><b>9:00 Grocery Shopping</b> 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: Wine Bring an Appetizer to Share GR 6:00 Cards TAV</p> <p><b>GROUNDHOG DAY</b></p>	<p>3</p> <p>1:30 Glenwyck Cinema MOV 2:00 Quarter Bingo GR 6:00 Game Night TAV</p>
<p>11</p> <p>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV 6:30 Super Bowl TAV/MOV</p>	<p>12</p> <p>11:00 Resident Meeting w/Laurie &amp; Glenwyck Staff GR 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service GR 6:30 Scrabble TAV</p> <p><b>HAPPY BIRTHDAY NORMA WALDBILLIG</b></p>	<p>13</p> <p> <b>2:30 Docuseries: MOV</b> 2:00 Chili Cookoff GR 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV</p> 	<p>14</p> <p>8:30 Waffle Wednesday GR 10:00 Podiatrist Dr. Masias 1:00 Lit Club LIB 2:00 Valentines Day Party GR 2:00 Tim Barker GR 3:00 Ash Wednesday - Imposition of Ashes MOV 5:30 Cards TAV</p> <p><b>HAPPY BIRTHDAY BERNICE IGO</b> <i>Happy Valentine's Day</i> </p>	<p>15</p> <p>9:00 Sunnyview Audiology OFFICE 10:00 Bible Study LIB <b>11:00 am Lunch at Tops Diner</b> 1:00 Knitting &amp; Crocheting GR 2:30 Glenwyck Cinema MOV 4:00 Game Night: Right Left Center GR</p>	<p>16</p> <p><b>9:00 Grocery Shopping</b> 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: Wine 6:00 Cards TAV</p>	<p>17</p> <p>1:30 Glenwyck Cinema MOV 2:00 Quarter Bingo GR 6:00 Game Night TAV</p>
<p>18</p> <p>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV</p> <p><b>HAPPY BIRTHDAY JOAN TORELLO</b></p>	<p>19</p> <p>1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service GR 6:30 Scrabble TAV</p> <p><b>President's Day</b> <b>OFFICE CLOSED - NO FITNESS CLASSES</b></p>	<p>20</p> <p> <b>9:30 Rivers Casino</b>  <b>11:00 Larry Zeglen GR</b> 12:00 Subway Orders Due 2:00 Service Club Meeting GR  <b>2:30 Docuseries: MOV</b> 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV</p>	<p>21</p> <p>8:30 Waffle Wednesday GR 12:00 Pizza Orders Due 1:00 Lit Club LIB 2:00 Barry Loffredo GR 5:30 Cards TAV</p> <p><b>HAPPY BIRTHDAY LOUISE DIFABBIO</b></p>	<p>22</p> <p>10:00 Bible Study LIB 1:00 Knitting &amp; Crocheting GR 1:30 Library Committee LIB 2:00 National Margarita Day GR 2:30 Glenwyck Cinema MOV 4:00 Game Night: Right Left Center GR 4:00 Subway Dine-In \$5 GR</p>	<p>23</p> <p><b>9:00 Grocery Shopping</b> 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Pizza Party: Wine \$5 GR 6:00 Cards TAV</p>	<p>24</p> <p>1:30 Glenwyck Cinema MOV 2:00 Quarter Bingo GR 6:00 Game Night TAV</p> <p><b>HAPPY BIRTHDAY BARBARA LOUCKS</b></p>
<p>25</p> <p>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV</p>	<p>26</p> <p>11:30 Maria's Lunch Bunch: Grilled Ham &amp; Cheese Sandwich \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:00 Comedy Entertainment for Seniors with Judi Clements GR 2:30 Catholic Rosary Circle LIB 4:00 Religious Service GR 6:30 Scrabble TAV</p>	<p>27</p> <p> <b>1:00 Hector PT Presentation GR</b> 2:00 Birthday Party GR  <b>2:30 Docuseries: MOV</b>  <b>4:00 Game Night: Right Left Center GR</b> 5:00 Pot Luck Dinner GR 5:30 Scrabble TAV</p>	<p>28</p> <p>8:30 Waffle Wednesday GR <b>10:30 Fo'Castle Farms</b> 12:00 Pizza Orders Due 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Beef Stroganoff \$15 TAV 5:30 Cards TAV</p> <p><b>HAPPY BIRTHDAY DON ACKERMAN</b></p>	<p>29</p> <p>10:00 Bible Study LIB 1:00 Knitting &amp; Crocheting GR 2:00 Mark Galeo GR 2:30 Glenwyck Cinema MOV 4:00 Game Night: Right Left Center GR</p>	<p>CR: Craft Room CY: Courtyard FS: Fitness Studio GR: Great Room GYM</p>	<p>LOBBY MOV: Movie Theatre OFFICE P: Pool TAV: Tavern</p>

CONNECTED *life*



FITNESS

**Every Monday**

8:30 Water Aerobics (P)  
3:30 Buddy Swim (P)

**Every Tuesday**

8:45 Sit 2B Fit (FS)  
10:00 & 3:30 Buddy Swim (P)  
1:45 Balance Class (FS)

**Every Wednesday**

8:30 Water Aerobics (P)  
9:30 Hydroriders (P)  
3:30 Buddy Swim (P)

**Every Thursday**

8:45 Sit 2B Fit (FS)  
10:00 Zumba Gold (FS)  
10:00 & 3:30 Buddy Swim (P)

**Every Friday**

8:30 Water Aerobics (P)  
9:30 Hydroriders (P)  
3:30 Buddy Swim (P)

**Every Saturday & Sunday**

10:00 Buddy Swim (P)  
3:30 Buddy Swim (P)  
(Saturday & Sunday)

## Resident Informational Meetings

Entertainment Meeting with Jennifer  
Tuesday, February 6th at 1:30 pm

Resident Meeting with Laurie & Glenwyck Staff  
Monday, February 12th at 11:00 am

In the Great Room.  
All are Welcome.



## GLENWYCK'S ANNUAL CHILI COOKOFF!

Tuesday, February 13th  
2:00 pm in the Great Room

**VOTE** For The Best Chili

Enter your famous Chili  
Win a prize & bragging rights!  
Sign up in the Office by 2/9



**Rivers Casino**  
Tuesday, February 20th  
Bus Leaves at 9:30 am  
and return at 12:00 pm

**Call the Office to Sign Up**



**DINE-IN**  
Thursday, February 22nd  
at 4:00 pm  
In the Great Room

Join us for a fresh, healthy supper in the Great Room. Pick your choice of sub at a special Glenwyck price! **Only \$5.00!**  
RSVP to the office by Tuesday 2/20

*Comedy Entertainment for Seniors with*  
*Judi Clements*

Monday, February 26th  
at 2:00 pm  
in the Great Room



## LUNCH OUTING

Fo'Castle Farm

Wednesday,  
February 28th

Bus will leave at 10:30 am  
Sign up in the Office



**HECTORPT**  
Senior Rehabilitation Services PLLC.



**Presentation**  
Tuesday, February 27  
at 1:00 pm



**(518) 577-5214** [www.hectorpt.com](http://www.hectorpt.com)

### Flower Arranging with Ursula



Saturday,  
February 10th  
11:00 am  
in the Tavern

Sign up in the Office



### Lunch Outing

Thursday,  
February 15th  
Bus leaves at 11:00

Sign up in the Office

### SUMMIT SERVICE CLUB

*"Volunteering is a work of heart"*

Join fellow residents as they develop on-going volunteer opportunities for our community! The meeting will be hosted in the Great Room.

#### Current Projects:

Supporting Veterans by contributing to the Legacy project.

Meeting: Tuesday, February 20th, 2:00 pm  
In the Great Room

### National MARGARITA Day

Thursday,  
February 22nd

2:00 pm in the Great Room

Come join the fiesta and enjoy



Come listen to your favorite tunes

**Drew Jacobs - Ukulele Entertainer**

Thursday, February 8th 2:00 pm

**Tim Barker - Bluegrass Tunes**

Wednesday, February 14th 2:00 pm

**Mark Galeo - Pianist**

Thursday, February 29th 2:00 pm

**In the Great Room**



### Religious Service

Mondays at 4:00 pm

In the Great Room

Our Resident Priest, Rev. Sally Heiligman will be conducting a service in the Christian Tradition.

ALL ARE WELCOME



Friday, February 23rd

at 4:00 pm Great Room

Call the office by 2/20 to RSVP

\$5.00 pp



Tuesday,  
February 27th

5:00 pm

in the Great Room

A gathering where each guest brings a dish to be shared. Come dine & enjoy fellowship with your neighbors. Please RSVP to the office if you are interested in attending and let us know what dish you will be providing.



# Concierge Services

## We're here, just for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.



✓ Complimentary beauty consultation (appointment needed)

♥ Gift Certificates Available ♥

### Call for all your hair/waxing needs.

Tuesday, Thursdays & Fridays 10:00 am - 5:00 pm  
Cindy (518) 526-2262

### Nail Services

Mondays  
Sonia Thomas (518) 512-7479

### Massage Therapy

2nd Saturday of the month by appointment  
Charlene Watson, LMT (518) 813-3347

**PRICE CHOPPER**



**pharmacy**

**DELIVERY IS AVAILABLE**

Monday – Friday. Call Jessica at 399-6474.



## GENOA IMPORTING

*Too busy to grocery shop? Too tired to cook?*

Genoa Importing meals are available in the office on a first come/first serve basis. The below dishes are frozen and ready to be simply heated & enjoyed. Each 2-person serving is \$13.00.

*This month's anyday choices:*

Shepherd's Pie	Chicken Tortellini
Meat Lasagna	Veggie & Cheese Ravioli
Beef Stew	Chicken & Dumpling

## CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



There are complimentary copies of the newspaper located in the Great Room to read.

## On-Site Podiatrist

Dr. Michael Masias, DPM

Second Wednesday of every month.

Call Doctor Masias direct at 518-320-8659 to schedule an appointment.

## Friday Grocery Shopping

Fridays at 9:00 am  
Call the office to sign up



## Medical Appointments

Tuesday, Wednesday & Thursday, between 9:00 and 2:00 pm, unless events or urgent maintenance needs conflict.

Please notify the office at least one week ahead of time. It must be within a 10-mile radius.

## SENIOR REHABILITATION SERVICES

HECTORPT

www.hectorpt.com

(518) 577-5214

