

SUMMIT AT GLENWYCK

Monthly Newsletter

December 2023



THE Manager's Message

It truly is "The Most Wonderful Time of the Year" that we all look forward to gathering with friends and family celebrating meaningful holidays! Our calendar is full of a lot of music, tree decorating, and our Annual Holiday Dinner catered by the Turf Tavern to name a few.

When I reflect on my wonderful childhood memories at Christmas time growing up with my parents & five sisters, our house was bustling with excitement! Our home was always beautifully decorated inside & out & we had a decorated tree in almost every room. The wonderful smells of Mom baking all our favorite cookies and, of course, presents. My sister Connie & I have always said Christmas 1967 was the best. We both received our vanities! We were both girlie girls however, it is going to change this year. My daughter Sarah, & son-in-law Ryan, are expecting their third child at Christmas! It's a boy! We have two beautiful granddaughters Sophia & Ella. We are all so excited for his arrival. Nothing is going to top that!

Christmas brings family and friends together. It helps us appreciate the love in our lives that we often take for granted. May the true meaning of the holiday season fill your heart and home with many blessings.

Happy Holidays!

Laurie Ignazio
Laurie Ignazio

Community Manager



Annual Holiday Dinner

Tuesday, December 19th


4:00 pm

In the Great Room

Residents are invited to attend our
Annual Holiday Dinner!

It will be catered by Turf Tavern.
Music by Laura Collins!

RSVP to the office by
Monday, December 4th



Lunch Outing



Wednesday, December 6th
at 11:00 am

Sign up in the Office



Staff



Community Manager

Laurie Ignazio

LIgnazio@summitseniorlife.com

Resident Services Coordinator

Jennifer Hickey

JHickey@summitseniorlife.com

Maintenance

Thomas Nardini

Paul Coffin

Driver

Harold Bergeron

Housekeeper

Gabriella Pinnett

Weekend Concierge/Marketing Assistant

Joanne Krazit

Gloria Poston

Evelyn Kauffman

Office Phone

518-280-7340

Emergency Maintenance

518-338-9562

The Summit At Glenwyck
150 Dutch Meadows Lane
Glenville, NY 12302



Carol Simmons	12/6
Lawrence Lennon	12/7
Paul Zemanek	12/7
Harry Richard	12/8
Catherine Mart	12/9
Stuart Schwartz	12/13
Irene Coluzza	12/13
Mary Whitehead	12/14
Rachel Yazum	12/14
Carol Flansburg	12/18
Eileen Shafer	12/19
Ted Reed	12/19
Carol Farrar	12/20
Sally Heiligman	12/21
Dorothy German	12/21
Evelyn Iacobucci	12/22

Help us celebrate our monthly birthdays on
Tuesday, December 26th at 2:00 pm
in the **Great Room**
Cake & Ice Cream for all!

*Welcome to
The Summit
At Glenwyck*



Donna Chambers
from Glenville, NY

HOLIDAY LIGHTS IN ROUND LAKE



**Friday,
December 15th
Bus will at 5:00
Sign up in the Office**



MARIA'S MONDAY LUNCH BUNCH

**December 4th, 11th, 18th
Delivery to the Tavern 11:30 am**

December 4th - Ham & Swiss on Rye
(Vegetable Soup, Brownie) \$12

December 11th - Chili
(Tossed Salad, Corn Bread, Cupcake) \$12

December 18th - Half Turkey Club
(Vegetable Soup, Chocolate Pudding) \$12

**Orders due in the office by Noon on
Friday 12/1, 12/8, 12/15**

SupperClub FOOD & FRIENDS

**Wednesdays
December 6th, 13th, 20th, 27th
Delivery to the Tavern 4:00 pm**

**December 6th - Pot Roast
W/ Vegetables**
(Garden Salad, Roll, Cherry Cobbler) \$15



December 13th - Eggplant Rollatini
(Tossed Salad, Italian Bread, Chocolate Cake) \$15

December 20th - Shepherd's Pie
(Garden Salad, Corn Bread, Vanilla Pudding) \$15

December 27th - Chicken Parmigiana
(Angel Hair Pasta, Garden Salad, Garlic Bread,
Vanilla Pudding) \$15

**Orders due in the office by Noon on
Monday 12/4, 12/11, 12/18, 12/22**

Summit At Glenwyck Office: 518.280.7340 | Emergency Maintenance Phone: 518.338.9562

S	M	T	W	TH	F	S
<div></div>			<div>CR: Craft Room CY: Courtyard FS: Fitness Studio GR: Great Room GYM</div>	<div>LOBBY MOV: Movie Theatre OFFICE P: Pool TAV: Tavern</div>	<div>1<div>9:00 Grocery Shopping</div><div>10:00 COVID Booster Clinic GR 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: BYOB GR 6:00 Cards TAV</div><div>COVID BOOSTER CLINIC</div></div>	<div>2<div>12:00 Wrap & Chat TAV 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV</div></div>
<div>3<div>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV</div></div>	<div>4<div>11:30 Maria's Lunch Bunch: Ham & Swiss on Rye \$12 TAV 12:00 RSVP Holiday Dinner 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV</div></div>	<div>5<div>10:00 Festival of Trees 12:00 Entertainment Meeting w/Jennifer GR <div>1:00 Fall Prevention/Balance Assessment Clinic with Hector PT GR</div><div>2:30 Docuseries: MOV</div><div>2:30 Service Club Meeting GR 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV</div></div></div>	<div>6<div>8:30 Waffle Wednesday GR 11:00 Lunch at Charlton Tavern 12:00 Cooking Class w/Francesca Royal Icing Cookies & Tea 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Pot Roast W/ Vegetables \$15 TAV 5:30 Cards TAV</div><div>HAPPY BIRTHDAY CAROL SIMMONS</div></div>	<div>7<div>10:00 Bible Study LIB 1:00 Knitting & Crocheting GR <div>2:00 Barry Loffredo "Terminal Illness" GR</div><div>2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV</div><div>PEARL HARBOR DAY HAPPY BIRTHDAY PAUL ZEMANEK & LAWERENCE LENNON</div></div></div>	<div>8<div>9:00 Grocery Shopping 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Jingle Mingle & Ugly Sweater Contest Music by Carmen & Life's Guilty Pleasure's 4:00 Happy Hour: Cape Codder Bring an Appetizer to Share GR 6:00 Cards TAV</div><div>HAPPY BIRTHDAY HARRY RICHARD</div></div>	<div>9<div>12:00 Wrap & Chat TAV 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV</div><div>HAPPY BIRTHDAY CATHERINE MART</div></div>
<div>10<div>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV</div></div>	<div>11<div>11:00 Resident Meeting w/Laurie & Glenwyck Staff GR 11:30 Maria's Lunch Bunch: Chili \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV</div></div>	<div>12<div>9:00 Shopping at Clifton Park Mall <div>1:00 Hector PT Presents "How To Get Up from Surfaces" GR</div><div>2:30 Docuseries: MOV</div><div>4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV</div></div></div>	<div>13<div>8:30 Waffle Wednesday GR 10:00 Podiatrist Dr. Masias 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Eggplant Rollatini \$15 TAV 5:30 Cards TAV</div><div>HAPPY BIRTHDAY STUART SCHWARTZ & IRENE COLUZZA</div></div>	<div>14<div>9:00 Sunnyview Audiology OFFICE 10:00 Bible Study LIB 1:00 Knitting & Crocheting GR 2:00 Gone Gray Band GR 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV</div><div>HAPPY BIRTHDAY MARY WHITHEAD & RACHEL YAZUM</div></div>	<div>15<div>9:00 Grocery Shopping 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: Wine GR 5:00 Holiday Lights Spectacular In Round Lake 6:00 Cards TAV</div></div>	<div>16<div>11:30 Flower Arranging with Ursula TAV 12:00 Wrap & Chat TAV 1:30 Glenwyck Cinema MOV 2:00 Quarter Bingo GR 6:00 Game Night TAV</div></div>
<div>17<div>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV</div></div>	<div>18<div>11:30 Maria's Lunch Bunch: Turkey Club \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Christmas Service & Fellowship GR 6:30 Scrabble TAV</div><div>HAPPY BIRTHDAY CAROL FLANSBURG</div></div>	<div>19<div><div>12:00 Subway Orders Due 2:30 Docuseries: MOV</div><div>4:00 Holiday Dinner GR 6:00 Laura Collins Holiday Show GR 5:30 Scrabble TAV</div><div>HAPPY BIRTHDAY TED REED & EILEEN SHAFER</div></div></div>	<div>20<div>8:30 Waffle Wednesday GR 1:00 Lit Club LIB 2:00 Cookie Exchange TAV 4:00 Supper Club w/Maria's Café: Shepard's Pie \$15 TAV 5:30 Cards TAV</div><div>HAPPY BIRTHDAY CAROL FARRAR</div></div>	<div>21<div>10:00 Bible Study LIB 1:00 Knitting & Crocheting GR 1:30 Library Committee Meeting LIB 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV 4:00 Subway Dine-In \$5 GR</div><div>HAPPY BIRTHDAY SALLY HEILIGAM & DOROTHY GERMAN</div></div>	<div>22<div>9:00 Grocery Shopping 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: Holiday Punch Bring an Appetizer to Share GR 6:00 Cards TAV</div><div>HAPPY BIRTHDAY EVELYN IACOBUCCI</div></div>	<div>23<div>12:00 Wrap & Chat TAV 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV</div></div>
<div>24/31<div>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV</div><div></div><div>CONNECTED <i>life</i>  FITNESS</div></div>	<div>25<div><div>CHRISTMAS – OFFICE CLOSED</div><div>Every Monday</div><div>8:30 Water Aerobics (P) 3:30 Buddy Swim (P)</div></div></div>	<div>26<div><div>2:00 Birthday Party GR 2:30 Docuseries: MOV</div><div>4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV No Fitness Classes</div><div>Every Tuesday</div><div>8:45 Sit 2B Fit (FS) 10:00 & 3:30 Buddy Swim (P)</div></div></div>	<div>27<div>8:30 Waffle Wednesday GR 11:00 Lunch at Bellevue Café 12:00 Pizza Orders Due 1:00 Lit Club LIB 1:30 Library Committee LIB 2:30 Glenwyck Cinema MOV 4:00 Supper Club w/Maria's Café: Chicken Parmigiana \$15 TAV 5:30 Cards TAV</div><div>Every Wednesday</div><div>8:30 Water Aerobics (P) 9:30 Hydroriders (P) 3:30 Buddy Swim (P)</div></div>	<div>28<div>10:00 Bible Study LIB 1:00 Knitting & Crocheting GR 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV 5:00 Pot Luck Supper GR</div><div>Every Thursday</div><div>8:45 Sit 2B Fit (FS) 10:00 Zumba Gold (FS) 10:00 & 3:30 Buddy Swim (P)</div></div>	<div>29<div>9:00 Grocery Shopping 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Pizza Party: Wine GR 6:00 Cards TAV</div><div>Every Friday</div><div>8:30 Water Aerobics (P) 9:30 Hydroriders (P) 3:30 Buddy Swim (P)</div></div>	<div>30<div><div>2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 New Years Eve Party GR</div><div>Every Saturday & Sunday</div><div>10:00 Buddy Swim (P) 3:30 Buddy Swim (P) (Saturday & Sunday)</div></div></div>

Wrap & Chat

Saturday December 2nd, 9th, 16th
12:00 - 2:00 pm In the Tavern



We supply the
wrapping and
you supply
the gifts!



TUESDAY, DECEMBER 5TH

Bus will leave at 10:00 am

Sign up in the Office

Admission \$6.00

Cooking Class with Francesca:



Royal Icing Cookies & Tea

Wednesday,
December 6th
at 12:00 pm
in the Great Room

Sign Up in the Office



Barry Loffredo

Presents

"Terminal Illness"

Thursday, December 7th at 2:00 pm
In the Great Room

HECTORP
Senior Rehabilitation Services PLLC.



Presentation:
"How To Get Up From Surfaces"
Tuesday December 12th
1:00 pm
In the Great Room

Resident Informational Meetings

Entertainment Meeting with Jennifer
Tuesday, December 5th at 12:00 pm

Resident Meeting with Laurie & Glenwyck Staff
Monday, December 11th at 11:00 am

In the Great Room.
All are Welcome.



Cookie Exchange



**Wednesday,
December 20th
2:00 pm in the Tavern**

*Take a break from the holiday rush and
share the Christmas spirit with old and new
friends. We look forward to seeing you!*

- All cookies should be homemade and baked.
- Please bring 2-3 dozen total cookies.
- Bring a large container to carry away your cookies.
- Bring a copy of your recipe to the party. The main office will make copies for each interested guest.
- RSVP as soon as you can and let me know what type cookies you are planning on baking – no duplicate recipes allowed.



DINE-IN

Thursday, December 21st
at 4:00 pm
In the Great Room

Join us for a fresh, healthy
supper in the Great Room.
Pick your choice of sub at
a special Glenwyck price!

Only \$5.00!

RSVP to the office by
Tuesday 19th

Lunch Outing



The Bellevue Cafe

**Wednesday,
December 27th**

Bus will leave at 11:00 am
Sign up in the Office

JINGLE MINGLE & UGLY SWEATER CONTEST

Friday, December 8th
4:00 pm in the Great Room!



Music by
Carmen & Life's Guilty Pleasures

Come enjoy some holiday
treats and festivities!

Win a prize for "The Ugliest Sweater!"

Shopping at



Tuesday, December 12th

Bus will leave at 9:00 am & return at 12:30 pm

Sign up in the Office



SUMMIT SERVICE CLUB

"Volunteering is a work of heart"

Join fellow residents as they develop
on-going volunteer opportunities for our
community! The meeting will be hosted in
the Great Room.

Current Projects:

Collecting Monetary Donations for
Adopt a Family

Meeting: Tuesday, December 19th at 3:00 pm
In the Tavern



Thursday, December 28th
5:00 pm in the Great Room

A gathering where each guest brings a dish to be shared.
Come dine & enjoy fellowship with your neighbors. Please
RSVP to the office if you are Interested in attending and let
us know what dish you will be providing.



Come listen to your favorite tunes

Carmen & Life's Guilty Pleasures

Friday, December 8th 2:00 pm

Gone Gray Band

Thursday, December 14th 2:00 pm

Laura Collins

Tuesday, December 19th 4:00 pm

In the Great Room



Religious Service

Mondays at 4:00 pm

In the Great Room

Our Resident Priest, Rev. Sally Heiligman will be
conducting a service in the Christian Tradition.

Christmas Service & Fellowship

Monday, December 18th 4:00 pm in the Great Room

ALL ARE WELCOME



New Year's Eve Party

Saturday, December 30th



6:00 pm in the Great Room
Bring an appetizer to share

New Year's Eve



Friday, December 29th

at 4:00 pm Great Room

Call the office by 12/27 to RSVP

\$5.00 pp



Concierge Services

We're here, just for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.



✓ Complimentary
beauty consultation
(appointment needed)

♥ Gift Certificates Available ♥

Call for all your hair/waxing needs.

Tuesday, Thursdays & Fridays 10:00 am - 5:00 pm

Cindy (518) 526-2262

Nail Services

Mondays

Sonia Thomas (518) 512-7479

Massage Therapy

2nd Saturday of the month by appointment

Charlene Watson, LMT (518) 813-3347

PRICE CHOPPER



pharmacy

DELIVERY IS AVAILABLE

Monday— Friday. Call Jessica at 399-6474.



GENOA IMPORTING

Too busy to grocery shop? Too tired to cook?

Genoa Importing meals are available in the office on a first come/first serve basis. The below dishes are frozen and ready to be simply heated & enjoyed. Each 2-person serving is \$13.00.

This month's anyday choices:

Shepherd's Pie

Chicken Tortellini

Meat Lasagna

Veggie & Cheese Ravioli

Beef Stew

Chicken & Dumpling

CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



There are complimentary copies of the newspaper located in the Great Room to read.

On-Site Podiatrist

Dr. Michael Masias, DPM

Second Wednesday of every month.

Call Doctor Masias direct at 518-320-8659 to schedule an appointment.

Friday Grocery Shopping

Fridays at 9:00 am

Call the office to sign up



TARGET



Walmart

Medical Appointments

Tuesday, Wednesday & Thursday, between 9:00 and 2:00 pm, unless events or urgent maintenance needs conflict.

Please notify the office at least one week ahead of time. It must be within a 10-mile radius.

SENIOR REHABILITATION SERVICES

HECTORPT

www.hectorpt.com

(518) 577-5214

