



SUMMIT AT GLENWYCK

Monthly Newsletter

May 2023

THE Manager's Message

"I believe our flag is more than just cloth and ink. It is a universally recognized symbol that stands for liberty, and freedom. It is the history of our nation, and it's marked by the blood of those who died defending it."

— John Thune

Happy May wonderful residents of Glenwyck! I would like to say Happy Mother's Day to all you lovely ladies. How can we ever begin to thank our mothers (and mother figures)? They are the ones who raise us, teach us right from wrong and provide support every step of the way. Being a mother is the toughest job in the world (and the pay isn't great either), which is why Mother's Day is so important, it's the one day of the year dedicated to those who have given up so much of themselves. We are so grateful for all the mothers.

I would also like to wish a Happy Memorial Day to our veterans. We owe you a debt of gratitude, but more than that, we owe you, our freedom.

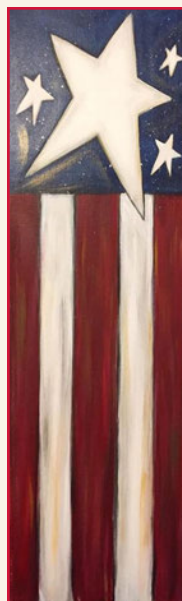
Magen Osorio

Magen Osorio
Community Manager

SCOTIA – GLENVILLE MEMORIAL DAY PARADE



Wednesday, May 24th
Bus leaves at 5:15 pm
Sign Up in the Office



Patriotic Painting Class with Janelle

Monday, May 15th
**2:00 pm in the
Tavern**

Limited Seating

Call the Office
to Sign Up

Staff

Community Manager

Magen Osorio
MOsorio@summitseniorlife.com

Resident Services Coordinator

Laurie Ignazio
LIgnazio@summitseniorlife.com

Maintenance

Dan Crowley
Thomas Nardini

Driver

Tina Licata

Weekend Concierge/Marketing Assistant

Joanne Krazit
Gloria Poston

Office Phone

518-280-7340

Emergency Maintenance

518-338-9562

The Summit At Glenwyck
150 Dutch Meadows Lane
Glenville, NY 12302



Malee Lennon	5/1
Mary Louise Farina	5/4
John Nace	5/7
Janice Seefeld	5/8
Louise Folch	5/9
Beryl DeFrank	5/14
Deloress Wallin	5/18
Paul Mills	5/20
Chris Rush	5/22
Bill Edminster	5/25

Help us celebrate our monthly birthdays on
Tuesday, May 30th at 2:00 pm
in the Great Room
Cake & Ice Cream for all!

*Welcome to
The Summit At Glenwyck*

Barbara Biancucci
From Palentine Bridge, NY

Val D'Andrea
From Warnerville, NY

Sandra Hann
From Stillwater, NY

Sandra Szmyr
From Glenville, NY

MARIA'S MONDAY LUNCH BUNCH

May 1st, 8th, 15th, 22nd
Delivery to the Tavern 11:30 am

May 1st - Chicken Bacon Wrap
(Macaroni Salad, Cupcake) \$12

May 8th – Patty Melt
(Pasta Salad, Brownie) \$12

May 15th– Ham & Swiss on Rye
(Potato Salad, Oatmeal Raisin Cookie) \$12

May 22nd – Grilled Chicken Caesar Salad
(Vegetable Soup, Chocolate Chip Cookie) \$12

**Orders due in the office by Noon on
Friday 5/5, 5/12, 5/19**

SupperClub FOOD & FRIENDS

Wednesdays
May 3rd, 10th, 17th, 24th, 31st
Delivery to the Tavern 4:00 pm

May 3rd - Meatloaf Dinner
(Baked Potato, Garden Salad, Baby Carrots, Roll,
Cherry Cobbler) \$15

May 10th - Spaghetti & Meatballs
(Tossed Salad, Italian Bread, Chocolate Cake) \$15

May 17th - Roast Turkey Dinner
(Mashed Potatoes & Gravy, Stuffing, Garden Salad,
Green Beans, Cranberry Sauce, Roll, Apple Crisp) \$15

May 24th - Baked Macaroni & Cheese
(Tossed Salad, Peas & Carrots, Corn Bread,
White Cake w/chocolate icing) \$15

May 31st– Chicken Parmigiana
(Angel Hair Pasta, Garden Salad, Garlic Bread,
Vanilla Pudding) \$15

**Orders due in the office by Noon on
Monday 5/8 , 5/15, 5/22, 5/26**

S	M	T	W	TH	F	S
	<div>1</div> <div>11:30 Maria's Lunch Bunch: Chicken Bacon Wrap \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV HAPPY BIRTHDAY MALEE LENNON</div>	<div>2</div> <div>9:30 Walking Club LOBBY 1:30 Entertainment Meeting w/ Laurie GR  2:30 Docuseries: MOV 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV</div>	<div>3</div> <div>8:30 Waffle Wednesday GR 12:00 "I Cook, You Eat & Enjoy" Beef Empanada GR 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Meatloaf Dinner \$15 TAV 5:30 Cards TAV</div>	<div>4</div> <div>10:00 Bible Study LIB 1:00 Knitting & Crocheting GR 2:00 Pianist Cole Broderick GR 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV HAPPY BIRTHDAY MARY LOUISE FARINA</div>	<div>5</div> <div>9:00 Grocery Shopping 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: Margaritas GR 6:00 Cards TAV </div>	<div>6</div> <div>10:30 Bocce Ball CY 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV 6:00 Fireside S'mores CY</div>
<div>7</div> <div>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV HAPPY BIRTHDAY JOHN NACE</div>	<div>8</div> <div>11:00 Resident Meeting w/Magen & Glenwyck Staff GR 11:30 Maria's Lunch Bunch: Patty Melt \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV HAPPY BIRTHDAY JANICE SEEFELD</div>	<div>9</div> <div>9:30 Walking Club LOBBY  11:30 HectorPT Presents: Core Strength "What Does it Mean & Why Does it Matter" GR  2:30 Docuseries: MOV 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV HAPPY BIRTHDAY LOUISE FOLCH</div>	<div>10</div> <div>8:30 Waffle Wednesday GR 10:00 Podiatrist Dr. Masias 12:00 Mother's Day Luncheon GR 1:00 Lit Club LIB 2:00 Laura Collins GR 4:00 Supper Club w/Maria's Café: Spaghetti & Meatballs \$15 TAV 5:30 Cards TAV</div>	<div>11</div> <div>10:00 Bible Study LIB 11:00 Lunch at Olive Garden 1:00 Knitting & Crocheting GR 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV</div>	<div>12</div> <div>9:00 Grocery Shopping 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: Wine Bring an Appetizer to Share GR 6:00 Cards TAV</div>	<div>13</div> <div>10:30 Bocce Ball CY 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV 6:00 Fireside S'mores CY</div>
<div>14</div> <div>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV  HAPPY BIRTHDAY BERYL DEFRANK</div>	<div>15</div> <div>11:30 Maria's Lunch Bunch: Ham & Swiss on Rye \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:00 Patriotic Painting Class w/Janelle TAV 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV</div>	<div>16</div> <div>9:30 Walking Club LOBBY 12:00 Subway Orders Due  2:30 Docuseries: MOV 2:30 Service Club Meeting GR 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV</div>	<div>17</div> <div>8:30 Waffle Wednesday GR 1:00 Lit Club LIB  2:00 Presentation: "Medicaid NYSARC Trust Services" GR 4:00 Supper Club w/Maria's Café: Roast Turkey Dinner \$15 TAV 5:30 Cards TAV</div>	<div>18</div> <div>9:00 Sunnyview Audiology OFFICE 10:00 Bible Study LIB 10:00 Rivers Casino 1:00 Knitting & Crocheting GR 2:00 Gone Gray Band GR 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV 4:00 Subway Dine-In \$5 GR HAPPY BIRTHDAY DELORESS WALLIN</div>	<div>19</div> <div>9:00 Grocery Shopping 11:00 Garden Club Meeting GR 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: BYOB 6:00 Cards TAV</div>	<div>20</div> <div>10:30 Bocce Ball CY 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV 6:00 Fireside S'mores CY HAPPY BIRTHDAY PAUL MILLS</div>
<div>21</div> <div>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV</div>	<div>22</div> <div>11:30 Maria's Lunch Bunch: Grilled Chicken Caesar Salad \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV HAPPY BIRTHDAY CHRIS RUSH</div>	<div>23</div> <div>9:30 Walking Club LOBBY  11:00 Lunch at Jumpin Jack's 2:30 Docuseries: MOV 4:00 Game Night: Right Left Center GR 5:00 Potluck Dinner GR 5:30 Scrabble TAV</div>	<div>24</div> <div>8:30 Waffle Wednesday GR 1:00 Lit Club LIB 12:00 Pizza Orders Due 4:00 Supper Club w/Maria's Café: Baked Macaroni & Cheese \$15 TAV 5:15 Scotia Glenville Memorial Day Parade 5:30 Cards TAV</div>	<div>25</div> <div>9:00 New York State Museum 10:00 Bible Study LIB 1:00 Knitting & Crocheting GR 1:30 Library Committee LIB 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV HAPPY BIRTHDAY BILL EDMINSTER</div>	<div>26</div> <div>9:00 Grocery Shopping 12:00 Supper Club Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Pizza Party: Wine \$5 GR 6:00 Cards TAV</div>	<div>27</div> <div>10:30 Bocce Ball CY 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV 6:00 Fireside S'mores CY</div>
<div>28</div> <div>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV</div>	<div>29</div> <div>1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV MEMORIAL DAY OFFICE CLOSED - NO FITNESS CLASSES </div>	<div>30</div> <div>9:30 Walking Club LOBBY 2:00 Birthday Party GR  2:30 Docuseries: MOV 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV</div>	<div>31</div> <div>8:30 Waffle Wednesday GR 9:00 Shopping at Trader Joe's 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Chicken Parmigiana \$15 TAV 5:30 Cards TAV</div>		<div>CR: Craft Room CY: Courtyard FS: Fitness Studio GR: Great Room GYM</div>	<div>LOBBY MOV: Movie Theatre OFFICE P: Pool TAV: Tavern</div>
<div>30</div> <div>CONNECTED <i>life</i>  FITNESS</div>	<div>Monday</div> <div>8:30 Water Aerobics (P) 3:30 Buddy Swim (P)</div>	<div>Every Tuesday</div> <div>8:45 Sit 2B Fit (FS) 10:00 & 3:30 Buddy Swim (P)</div>	<div>Every Wednesday</div> <div>8:30 Water Aerobics (P) 9:30 Hydridoriders (P) 3:30 Buddy Swim (P)</div>	<div>Every Thursday</div> <div>8:45 Sit 2B Fit (FS) 10:00 Zumba Gold (FS) 10:00 & 3:30 Buddy Swim (P)</div>	<div>Every Friday</div> <div>8:30 Water Aerobics (P) 9:30 Hydridoriders (P) 3:30 Buddy Swim (P)</div>	<div>Every Saturday & Sunday</div> <div>10:00 Buddy Swim (P) 3:30 Buddy Swim (P) (Saturday & Sunday)</div>

I Cook, You Eat & Enjoy with Francesca

Beef Empanada

Wednesday, May 3rd

at 12:00 pm in the Great Room

Sign Up in the Office



ITALIAN KITCHEN

Lunch at Olive Garden

Thursday, May 11th

Bus Leaves At 11:00 Am

Come Join a Delicious Italian Lunch
with your Neighbors!

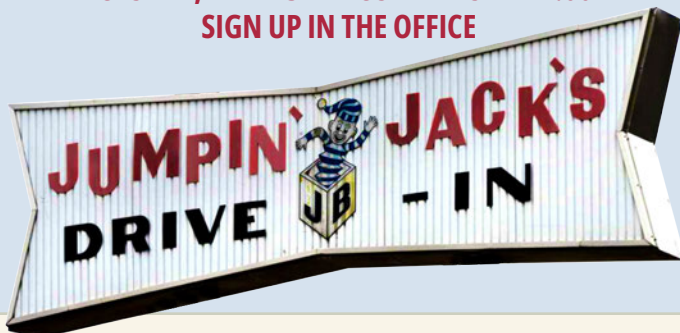
Sign up in the office



LUNCH AT JUMPIN JACK'S

TUESDAY, MAY 23RD BUS LEAVES AT 11:00

SIGN UP IN THE OFFICE



Resident Informational Meetings

Entertainment Meeting with Laurie
Tuesday, May 2nd at 1:30 pm

Resident Meeting with Magen & Glenwyck Staff
Monday, May 8th at 11:00 am

In the Great Room.
All are Welcome.



Fireside S'mores

Every Saturday
Night at 6:00 pm
in the Courtyard



SHOPPING AT TRADER JOE'S

WEDNESDAY, MAY 31ST

BUS WILL LEAVE AT 9:00 AM

SIGN UP IN THE OFFICE



HECTORPT

www.hectorpt.com

(518) 577-5214



Presentation: Core Strength

"What Does it Mean and Why Does it Matter?"

Tuesday, May 9th

11:30 am In the Great Room



DINE-IN

Thursday, May 18th

at 4:00 pm

In the Great Room

Join us for a fresh, healthy supper in the Great
Room. Pick your choice of sub at a special
Glenwyck price! **Only \$5.00!**

RSVP to the office by Tuesday 16th

MOTHER'S DAY LUNCHEON

**Wednesday, May 10th at Noon
In the Great Room
Catered by Carols Place**

Chicken Salad on a Croissant
Mixed Green Salad
Fresh Fruit Cup & Dessert

RSVP TO THE OFFICE BY MAY 3RD
Door open at 11:45 am



GARDEN CLUB MEETING

Friday, May 19th at 11:00 in the Great Room
Come with your love of gardening and ideas
to plan your community garden together!
NEW FACES ARE ALWAYS WELCOME!



SUMMIT SERVICE CLUB

"Volunteering is a work of heart"

Join fellow residents as they develop on-going
volunteer opportunities for our community! The
meeting will be hosted in the Great Room.

Current Projects:

Bottle Deposit Donations for our local
Animal Protective Foundation
Volunteer Reading to Paige School Children
Monetary Donations for Service Dogs for Veterans

**Meeting: Tuesday, May 16th at 2:30 pm
In the Great Room**

Potluck Dinner

**Tuesday, May 23rd
5:00 pm in the Great Room**

A gathering where each
guest brings a dish to
be shared. Come dine &
enjoy fellowship with your
neighbors.



Come listen to your favorite Holiday tunes

Cole Broderick - Pianist

Thursday, May 4th 2:00 pm

Laura Collins - Mothers Day Favorites

Wednesday, May 10th 2:00 pm

Gone Gray Band- 50's 60's, 70's Classics

Thursday, May 18th 2:00 pm

In the Great Room



Religious Service

**Mondays at 4:00 pm
In the Theatre**

Our Resident Priest, Rev. Sally Heiligman will be
conducting a service in the Christian Tradition.

ALL ARE WELCOME

New York State Museum

Thursday, May 25th



Known as the largest and oldest state museum in the
country, this is a center of art, science, and history,
dedicated to exploring the human and natural history of
the state.

Admission is free. However, there is a suggested
donation of \$5 per person to support the museum's
mission.

Bus Leaves At 9:00 am Sign Up In The Office



**Friday, May 26th
at 4:00 pm Great Room**

Call the office by 5/24
to RSVP \$5.00 pp



Concierge Services

We're here, just for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.



✓ **Complimentary
beauty consultation**
(appointment needed)

Call for all your hair/waxing needs.

Tuesday, Thursdays & Fridays 10:00 am - 5:00 pm

Cindy (518) 526-2262

Nail Services

Mondays

Sonia Thomas (518) 512-7479

♥ Gift Certificates Available ♥

PRICE CHOPPER



pharmacy

DELIVERY IS AVAILABLE

Monday— Friday. Call Jessica at 399-6474.



GENOA IMPORTING

Too busy to grocery shop? Too tired to cook?

Genoa Importing meals are available in the office on a first come/first serve basis. The below dishes are frozen and ready to be simply heated & enjoyed. Each 2-person serving is \$13.00.

This month's anyday choices:

Shepherd's Pie

Meat Lasagna

Beef Stew

Chicken Tortellini

Veggie & Cheese Ravioli

Chicken & Dumpling

CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



There are complimentary copies of the newspaper located in the Great Room to read.

On-Site Podiatrist

Dr. Michael Masias, DPM

Second Wednesday of every month.

Call Doctor Masias direct at 518-320-8659 to schedule an appointment.

Friday Grocery Shopping

Fridays at 9:00 am

Call the office to sign up



TARGET



Walmart

Medical Appointments

Tuesday, Wednesday & Thursday, between 9:00 and 2:00 pm, unless events or urgent maintenance needs conflict.

Please notify the office at least one week ahead of time. It must be within a 10-mile radius.

SENIOR REHABILITATION SERVICES

HECTORPT

www.hectorpt.com

(518) 577-5214

