

SUMMIT AT GLENWYCK

Monthly Newsletter

March 2023



THE Manager's Message

Hello wonderful Residents of Summit At Glenwyck. I want to thank you all for welcoming me so warmly into your community. My goal is to get to know each one of you, and in time I believe I will do just that (and hopefully remember names as well!)

As you get to know me you will learn that my favorite season of all seasons is Baseball season! One of my favorite hobbies is to watch my son play ball. Seeing that MLB opening day is coming up March 30th, I would love to share some fun facts with you about baseball history.

- Baseball was invented in 1854 by a man named Henry Chadwick. Chadwick created box scores, and the stats system used to analyze games. Many refer to Chadwick as "the father of baseball."
- The first competitive baseball game was played on June 19th, 1864, in Hoboken New Jersey on the Elysian Fields, between the Knickerbockers and the New York Mutuels.
- The first ever pro baseball game to be aired on television was August 26, 1939, a double header between Brooklyn and Cincinnati.
- Babe Ruth also known as "The Great Bambino" revolutionized the home run hitting 714 homeruns.
- In 1847 Jackie Robinson became the first African American player to take on an MLB field in the 20th century.
- In 1986 woman began forming recreational baseball teams.
- 1869 Harry Wright played for and managed the first professional baseball team, the Cincinnati Red Stockings, each player was paid, making them the first professional baseball players ever.
- The National League of baseball was formed in 1876
- The American League was formed in 1882
- The most watched baseball game was The Field of Dreams, The Yankees vs. White Sox played on August 13, 2021, in Dyersville, Iowa with a viewership of about 5,903,000.

As winter is coming to an end, I can't help but to find myself day dreaming of the smell of fried concession stand food, doubleheaders on sunny days, games under the lights & dirt stained baseball pants.

I will share with you one of my favorite baseball quotes, "There may be people who have more talent than you, but there is no excuse for anyone to work harder than you do" ~ Derek Jeter

Play ball!

Magen Osorio

Magen Osorio
Community Manager

Staff

Community Manager

Magen Osorio
MOsorio@summitseniorlife.com

Resident Services Coordinator

Laurie Ignazio
LIgnazio@summitseniorlife.com

Maintenance

Dan Crowley
Thomas Nardini

Driver

Tina Licata

Weekend Concierge/Marketing Assistant

Joanne Krazit
Gloria Poston

Office Phone

518-280-7340

Emergency Maintenance

518-338-9562

The Summit At Glenwyck
150 Dutch Meadows Lane
Glenville, NY 12302



**AN CLÁR
SCHOOL OF IRISH DANCE**

**WILL BE HERE
WEDNESDAY, MARCH 15TH
6:00 pm
In the Great Room**





MARCH Birthdays

Fran Reed	3/4
Regina Ford	3/10
John Barry	3/21
David Cowley	3/30
Tom Cushing	3/30
Virginia Romanzo	3/30

Help us celebrate our monthly birthdays on
Tuesday, March 28th at 2:00 pm
in the Great Room
Cake & Ice Cream for all!

LUNCH AT



Tuesday, March 14th

Bus leaves at 11:00 am

Call the Office to Sign Up

*Welcome to
The Summit At Glenwyck*

Joan Ludwig
from Clifton Park, NY

MARIA'S MONDAY LUNCH BUNCH

March 6th, 13th, 20th, 27th
Delivery to the Tavern 11:30 am

March 6th - Grilled Ham & Cheese Sandwich

(Tomato Soup, Brownie) \$12

March 13th- Chicken Salad on a Croissant

(Side Salad, Oatmeal Cookie) \$12

March 20th- Chef Salad

(Chicken Rice Soup, Peanut Butter Cookie) \$12

March 27th- Half Turkey Club

(Vegetable Soup, Chocolate Chip Cookie) \$12

**Orders due in the office by Noon on
Friday 3/3, 3/10, 3/17, 3/24, 3/31**

SupperClub FOOD & FRIENDS

Wednesdays

March 1st, 8th, 15th, 22nd, 29th
Delivery to the Tavern 4:00 pm

March 1st - Chicken Parmesan

(Angel Hair Pasta, Garden Salad, Garlic Bread, Apple Pie) \$15

March 8th - Roast Beef Dinner

(Mashed Potatoes & Gravy, Garden Salad, Green Beans, Roll, Chocolate Cake) \$17

March 15th - Corned Beef & Cabbage

(Potatoes, Carrots, Tossed Salad, Irish Soda Bread, Cherry Cobbler) \$15

March 22nd - Meatloaf Dinner

(Baked Potato, Garden Salad, Peas & Carrots, Cupcake) \$15

March 29th - Chicken Penne Ala Vodka

(Caesar Salad, Garlic Bread, Vanilla Pudding) \$15

**Orders due in the office by Noon on
Mondays 3/6, 3/13, 3/20, 3/27**

S	M	T	W	TH	F	S
	CR: Craft Room CY: Courtyard FS: Fitness Studio GR: Great Room GYM	LOBBY MOV: Movie Theatre OFFICE P: Pool TAV: Tavern	1 8:30 Waffle Wednesday GR 12:00 Cooking Class w/Francesca Shepherd's Pie & Irish soda Bread GR 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Chicken Parmesan \$15 TAV 5:30 Cards TAV	2 10:00 Bible Study LIB 1:00 Knitting & Crocheting GR 2:00 Top Hat Entertainment GR 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV	3  9:00 Grocery Shopping 11:30 HectotPT Presents: "How OT Helps with Memory" GR 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: Screwdrivers Bring an Appetizer to Share GR 6:00 Cards TAV	4 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV HAPPY BIRTHDAY FRAN REED
5 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV	6 11:30 Maria's Lunch Bunch: Grilled Ham & Cheese Sandwich \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:00 Door Wreath Craft with Renee TAV 2:30 Catholic Rosary Circle LIB 6:30 Scrabble TAV	7 10:00 Rivers Casino 12:00 Subway Orders Due  2:30 Docuseries: MOV 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV	8 8:30 Waffle Wednesday GR 10:00 Podiatrist Dr. Masias 12:15 Empire State Youth Orchestra 1:00 Lit Club LIB  2:00 Presentation with Rick Reynolds "History Isn't Old, It's New!" GR 4:00 Supper Club w/Maria's Café: Roast Beef Dinner \$17 TAV 5:30 Cards TAV	9 10:00 Bible Study LIB 1:00 Knitting & Crocheting GR 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV 4:00 Subway Dine-In \$5 GR	10 9:00 Grocery Shopping 12:00 Supper Club Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: BYOB 6:00 Cards TAV HAPPY BIRTHDAY REGINA FORD	11 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV
12 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV  Daylight Saving Begins	13 11:00 Resident Meeting w/Magen & Glenwyck Staff GR 11:30 Maria's Lunch Bunch: Chicken Salad on a Croissant \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV	14 11:00 Lunch at Katie O'Byrnes Irish Pub 1:30 Entertainment Meeting w/Laurie GR  2:30 Docuseries: MOV 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV	15 8:30 Waffle Wednesday GR 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Corned Beef & Cabbage \$15 TAV 5:30 Cards TAV 6:00 An Clár School of Irish Dance GR	16 9:00 Sunnyview Audiology OFFICE 9:30 Shopping at Colonie Center Mall 10:00 Bible Study LIB 1:00 Knitting & Crocheting GR 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV	17 9:00 Grocery Shopping 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: Wine & Guinness Music with Rockin Rob GR 6:00 Cards TAV ST. PATRICK'S DAY 	18 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV
19 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV	20 11:30 Maria's Lunch Bunch: Chef Salad \$12 TAV 12:00 Supper Club Orders Due 1:00 Potluck Luncheon Bring a Dish to Share Social GR 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV Spring Begins	21  9:00 Breakfast at Tops 2:30 Docuseries: MOV 2:30 Service Club Meeting GR 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV HAPPY BIRTHDAY JOHN BARRY	22 8:30 Waffle Wednesday GR 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Meatloaf Dinner \$15 TAV 5:30 Cards TAV	23 10:00 Bible Study LIB 1:00 Knitting & Crocheting GR 1:30 Library Committee LIB 2:00 Alyssa Yeager GR 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV	24 9:00 Grocery Shopping 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: Cape Codder Bring an Appetizer to Share GR 6:00 Cards TAV	25 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV
26 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV	27 11:30 Maria's Lunch Bunch: Half Turkey Club \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV	28  2:00 Birthday Party GR 2:30 Docuseries: MOV 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV	29 8:30 Waffle Wednesday GR 12:00 Pizza Orders Due 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Chicken Penne Ala Vodka \$15 TAV 5:30 Cards TAV	30 10:00 Bible Study LIB 1:00 Knitting & Crocheting GR 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV HAPPY BIRTHDAY DAVID COWLEY, TOM CUSHING VIRGINIA ROMANZO	31 9:00 Grocery Shopping 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Pizza Party: Wine \$5 GR 6:00 Cards TAV	
CONNECTED <i>life</i>  FITNESS	Every Monday 8:30 Water Aerobics (P) 3:30 Buddy Swim (P)	Every Tuesday 8:45 Sit 2B Fit (FS) 10:00 & 3:30 Buddy Swim (P)	Every Wednesday 8:30 Water Aerobics (P) 9:30 Hydridoriders (P) 3:30 Buddy Swim (P)	Every Thursday 8:45 Sit 2B Fit (FS) 10:00 Zumba Gold (FS) 10:00 & 3:30 Buddy Swim (P)	Every Friday 8:30 Water Aerobics (P) 9:30 Hydridoriders (P) 3:30 Buddy Swim (P)	Every Saturday & Sunday 10:00 Buddy Swim (P) 3:30 Buddy Swim (P) (Saturday & Sunday)

Cooking Class with Francesca:

Shepherd's Pie & Irish Soda Bread

Wednesday, March 1st

at 12:00 pm

In the Great Room

Sign Up in the Office



Breakfast at Tops
Tuesday, March 21st

Bus leaves at 9:00

Come out for a delicious breakfast with your neighbors!!

SIGN UP IN THE OFFICE



Rivers Casino
Thursday, March 7th
Bus Leaves at 10:00 am

Call the Office to Sign Up

HECTORP
www.hectorpt.com
(518) 577-5214



Presentation
"How OT Helps
with Memory"

Friday, March 3rd
11:30 am

In the Great Room

STRATEGIES
TO BUILD
WORKING
MEMORY



www.thepathway2success.com

Resident Informational Meetings

Resident Meeting with Magen & Glenwyck Staff
Monday, March 13th at 11:00 am

Entertainment Meeting with Laurie
Wednesday, March 14th at 1:30 pm

In the Great Room.
All are Welcome.



COLONIECENTER



Thursday, March 16th

Bus will leave at 9:30 am & return at 1:30 pm
Sign up in the Office



HAPPY
ST. PATRICK'S
DAY



st. patricks day
party

Friday, March 17th 4:00 pm

In the Great Room

Come Dance to DJ Rockin Rob and Enjoy the fun!



DINE-IN

Thursday, March 9th

at 4:00 pm

In the Great Room

Join us for a fresh, healthy supper in the Great Room. Pick your choice of sub at a special Glenwyck price! **Only \$5.00!**

RSVP to the office by Tuesday, March 7th

SUMMIT SERVICE CLUB

"Volunteering is a work of heart"

Join fellow residents as they develop on-going volunteer opportunities for our community! The meeting will be hosted in the Great Room.

Current Projects:

Bottle Deposit Donations for our local
Animal Protective Foundation

Volunteer Reading to
Paige School Children

Meeting

Tuesday, March 21st, 2:30 pm
In the Great Room

EMPIRE STATE YOUTH ORCHESTRA

Free concert at Proctors

Wednesday, March 8th
Bus leaves at 12:15 pm



Call The Office To Sign Up

Potluck Luncheon

Monday, March 20th
1:00 pm in the Great Room

A gathering where each
guest brings a dish to
be shared. Come dine &
enjoy fellowship with your
neighbors.



Join Historian, Town of Ballston

Rick Reynolds Presents:

"History Isn't Old; It's New!"

Wednesday, March 8th at 2:00 pm
In the Great Room

Any idea why an old desk is important to our past?????

Do you know about the "French Connection" to the area?

How about the torrid love affair between Kitty Heaton
and George Hurlburt?

Come hear all this and much more and see how the past
truly connects to now!"



Come listen to your favorite Holiday tunes

Top Hat - Music, Dance & Trivia

Thursday, March 2nd 2:00 pm

DJ Rockin Rob - Dance Music

Friday, March 17th 2:00 pm

Alyssa Yeager - Folk Music

Thursday, March 23rd 2:00 pm

In the Great Room



Religious Service

Mondays at 4:00 pm

In the Theatre

Our Resident Priest, Rev. Sally Heiligman will be
conducting service in the Christian Tradition.

ALL ARE WELCOME

Door Wreath Craft with Renee

Monday, March 6th
2:00 pm in the Tavern



Sign up in the Office



**Friday, March 31st
at 4:00 pm Great Room**

Call the office by 3/29
to RSVP \$5.00 pp



Concierge Services

We're here, just for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.



✓ **Complimentary
beauty consultation**
(appointment needed)

Call for all your hair/waxing needs.

Tuesday, Thursdays & Fridays 10:00 am - 5:00 pm
Cindy (518) 526-2262

Nail Services

Mondays
Sonia Thomas (518) 512-7479

♥ Gift Certificates Available ♥

PRICE CHOPPER



pharmacy

DELIVERY IS AVAILABLE

Monday— Friday. Call Jessica at 399-6474.



GENOA IMPORTING

Too busy to grocery shop? Too tired to cook?

Genoa Importing meals are available in the office on a first come/first serve basis. The below dishes are frozen and ready to be simply heated & enjoyed. Each 2-person serving is \$13.00.

This month's anyday choices:

Shepherd's Pie
Meat Lasagna
Beef Stew
Chicken Tortellini
Veggie & Cheese Ravioli
Chicken & Dumpling

CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



There are complimentary copies of the newspaper located in the Great Room to read.

On-Site Podiatrist

Dr. Michael Masias, DPM

Second Wednesday of every month.

Call Doctor Masias direct at
518-320-8659 to schedule an
appointment.

Friday Grocery Shopping

Fridays at 9:00 am
Call the office to sign up



TARGET



**CVS
pharmacy**

Walmart

Medical Appointments

Tuesday, Wednesday & Thursday, between
9:00 and 2:00 pm, unless events or urgent
maintenance needs conflict.

Please notify the office at least one week ahead of
time. It must be within a 10-mile radius.

SENIOR REHABILITATION SERVICES

HECTORPT

www.hectorpt.com

(518) 577-5214

