

SUMMIT AT GLENWYCK

Monthly Newsletter

November 2022



THE Manager's Message

I was introduced to this beautiful song several years ago at a high school choral concert my stepson, Caleb performed in. I was moved beyond words. I hope you find this piece as fitting to the season and the arrival of November as I do. If you'd like to listen you can find this on YouTube by searching *Something Told the Wild Geese* (SAE), by Andy Beck Score & Sound. Enjoy!

Something Told the Wild Geese

Words by RACHEL FIELD

Music and additional Words by ANDY BECK

Something told the wild geese
It was time to go.
Though the fields lay golden
Something whispered, - 'Snow.'
Leaves were green and stirring,
Berries, luster-glossed,
But beneath warm feathers
Something cautioned, - 'Frost.'

So, fly bird fly, Winters on the wing
Goodbye bird, bye
Come again next Spring.

All the sagging orchards
Steamed with amber spice,
But each wild breast stiffened
At remembered ice.
Something told the wild geese
It was time to fly, -
Summer in their memory,
Winter in their cry.

So, fly bird fly, Winters on the wing,
Goodbye bird, bye
Come again next Spring.

Something told the wild geese
It was time to go.
Something whispered, - 'Snow.'



Laura N. Leathem

Laura Leathem
Community Manager

Veteran's Day Pot Luck Dinner Friday, November 11th

5:00 pm in the Great Room

A gathering where each guest brings a dish to be shared. Come dine & enjoy fellowship with your neighbors & honor Glenwyck Veterans.

Please RSVP to the office if you are interested in attending and let us know what dish you will be providing.

VETERANS DAY!



THANK YOU FOR YOUR SERVICE!

Breakfast Outing



Tuesday, November 22nd

Bus leaves at 9:00 am
Sign up in the Office

Staff



Community Manager

Laura Leathem

LLeathem@summitseniorlife.com

Resident Services Coordinator

Laurie Ignazio

LIgnazio@summitseniorlife.com

Maintenance

Dan Crowley

Thomas Nardini

Driver

Tina Licata

Weekend Concierge/Marketing Assistant

Joanne Krazit

Gloria Poston

Office Phone

518-280-7340

Emergency Maintenance

518-338-9562

The Summit At Glenwyck
150 Dutch Meadows Lane
Glenville, NY 12302



Mary Nagy	11/1
Renee LeBuis	11/3
Charles Shields	11/4
Phyllis Antenucci	11/8
Dawn Bonk	11/9
Elaine McNeilly	11/10
Ellen Gregory	11/15
Susan Wing	11/16
Loretta Kessler	11/17
Carmen Trombley	11/26
Janice Harris	11/29

Help us celebrate our monthly birthdays on
Tuesday, November 29th at 2:00 pm
in the Great Room
Cake & Ice Cream for all!

Harvest Luncheon



Monday, November 21st

Catered by Carol's

11:30 Doors Open
12:00 Luncheon Served

**THIS MEAL IS COMPLMENTS OF
SUMMIT AT GLENWYCK**

Roast Turkey, Stuffing, Mashed Potatoes, Gravy,
Green Bean & Carrot Medley, Cranberry Sauce,
Roll, Pumpkin Pie

PLEASE CALL THE OFFICE
BY NOVEMBER 10TH TO
RSVP 518-280-7340



MARIA'S MONDAY LUNCH BUNCH

November 7th, 14th, 28th
Delivery to the Tavern 11:30 am

November 7th - Patty Melt
(Macaroni Salad, Oatmeal Raisin Cookie) \$12

**November 14th - Chicken Salad on a
Croissant**
(Fruit Cup, Brownie) \$12

November 28th - Half Turkey Club
(Vegetable Soup, Chocolate Chip Cookie) \$12

**Orders due in the office by Noon on
Friday 11/4, 11/10, 11/25**

SupperClub

FOOD & FRIENDS

Wednesdays

November 2nd, 9th, 16th, 30th
Delivery to the Tavern 4:00 pm

**November 2nd - Chicken Penne
Ala Vodka**

(Caesar Salad, Peas, Italian Bread,
Cherry Cobbler) \$15

November 9th - Roast Pork Dinner
(Mashed Potatoes & Gravy, Tossed Salad,
Green Beans, Roll, Vanilla Pudding) \$15

November 16th - Chicken Parmigiana
(Angel Hair Pasta, Garden Salad, Garlic Bread,
Chocolate Pudding) \$15

November 30th - Meatloaf
(Baked Potato, Garden Salad, Baby Carrots,
Roll, Apple Crisp) \$15

**Orders due in the office by Noon on
Monday 10/31, 11/7, 11/14, 11/28**

*Welcome to
The Summit At Glenwyck*

Robert & Charlotte Ibold
from Thurman, NY

Rae Girardi
from Glenville, NY

Kathleen Stanley
from Scotia, NY

S	M	T	W	TH	F	S	
		1 1:30 All Saints' Day Service of Remembrance GR  2:30 Docuseries: MOV 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV ALL SAINTS' DAY HAPPY BIRTHDAY MARY NAGY	2 8:30 Waffle Wednesday GR 12:00 Cooking Class w/Francesca Utica Greens & Bacon Wrapped Dates GR 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Chicken Penne Ala Vodka \$15 TAV 5:30 Cards TAV ALL SOULS DAY	3 10:00 Bible Study LIB 1:00 Knitting & Crocheting GR 2:00 Songs to Make you Smile w/Kimberly Gemme GR 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV HAPPY BIRTHDAY RENEE LEBUIS	4 9:00 Grocery Shopping 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: Wine Bring an Appetizer to Share GR 6:00 Cards TAV HAPPY BIRTHDAY CHARLES SHIELDS	5 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV	
6  2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV Daylight Saving Time ends	7 11:30 Maria's Lunch Bunch: Patty Melt \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV	8 9:00 Trip the Polls Glenville Senior Center 11:30 Lunch at Chipotle Mexican Grill  11:30 HectorPT Presents: Sciatica Pain GR  2:30 Docuseries: MOV 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV ELECTION DAY HAPPY BIRTHDAY PHYLLIS ANTENUCCI	9 8:30 Waffle Wednesday GR 10:00 Podiatrist Dr. Masias 11:30 Entertainment Meeting w/Laurie GR 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Roast Pork Dinner \$15 TAV 5:30 Cards TAV HAPPY BIRTHDAY DAWN BONK	10 9:00 Grocery Shopping 10:00 Bible Study LIB 12:00 RSVP Harvest Luncheon 12:00 Lunch Bunch Orders Due 1:00 Knitting & Crocheting GR 2:00 Folk Music w/Alyssa Yeager GR 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV HAPPY BIRTHDAY ELAINE MCNEILLY	11 1:00 Lit Club LIB 1:30 Quarter Bingo GR 5:00 Veterans Day Pot Luck Dinner GR 6:00 Cards TAV VETERANS DAY - OFFICE CLOSED (NO FITNESS CLASSES)	12 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV	
13 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV	14 11:00 Resident Meeting w/Laura & Glenwyck Staff GR 11:30 Maria's Lunch Bunch: Chicken Salad on a Croissant \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV	15 12:00 Subway Orders Due 2:00 Glenwyck Book Club LIB  2:30 Docuseries: MOV 3:00 Service Club Meeting TAV 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV HAPPY BIRTHDAY ELLEN GREGORY	16 8:30 Waffle Wednesday GR 10:00 Rivers Casino 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Chicken Parmigiana \$15 TAV 5:30 Cards TAV HAPPY BIRTHDAY SUSAN WING	17 9:00 Sunnyview Audiology OFFICE 10:00 Bible Study LIB 1:00 Knitting & Crocheting GR 1:30 Library Committee Meeting LIB  2:00 Kate Dudding, Storyteller GR 2:30 Glenwyck Cinema MOV 4:00 Subway Dine-In \$5 GR 4:00 Scrabble TAV HAPPY BIRTHDAY LORRETTA KESSLER	18 9:00 Grocery Shopping 11:30 Flower Arranging with Ursula TAV 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: BYOB GR 6:00 Cards TAV	19 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV	
20 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV	21 11:30 Harvest Luncheon GR/TAV 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV  HARVEST LUNCHEON	22 9:00 Breakfast at Blue Ribbon Restaurant  2:30 Docuseries: MOV 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV	23 8:30 Waffle Wednesday GR 12:00 Pizza Orders Due 1:00 Lit Club LIB 2:00 Pianist Cole Broderick GR 5:30 Cards TAV	24 1:00 Knitting & Crocheting GR 4:00 Scrabble TAV  THANKSGIVING-- OFFICE CLOSED (NO FITNESS CLASSES)	25 9:00 Grocery Shopping 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Pizza Party: Wine \$5 GR 6:00 Cards TAV	26 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV HAPPY BIRTHDAY CARMEN TROMBLEY	
27 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV	28 11:30 Maria's Lunch Bunch: Half Turkey Club \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV	29 9:00 Shopping at Colonie Center  2:00 Birthday Party GR 2:30 Docuseries: MOV 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV HAPPY BIRTHDAY JANICE HARRIS	30 8:30 Waffle Wednesday GR 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Meatloaf \$15 TAV 5:30 Cards TAV			 CR: Craft Room CY: Courtyard FS: Fitness Studio GR: Great Room GYM	 LOBBY MOV: Movie Theatre OFFICE P: Pool TAV: Tavern
 CONNECTED <i>life</i> FITNESS		Every Monday 8:30 Water Aerobics (P) 3:30 Buddy Swim (P)	Every Tuesday 8:45 Sit 2B Fit (FS) 10:00 & 3:30 Buddy Swim (P)	Every Wednesday 8:30 Water Aerobics (P) 9:30 Hydridoriders (P) 3:30 Buddy Swim (P)	Every Thursday 8:45 Sit 2B Fit (FS) 10:00 Zumba Gold (FS) 10:00 & 3:30 Buddy Swim (P)	Every Friday 8:30 Water Aerobics (P) 9:30 Hydridoriders (P) 3:30 Buddy Swim (P)	Every Saturday & Sunday 10:00 Buddy Swim (P) 3:30 Buddy Swim (P) (Saturday & Sunday)

Cooking Class with Francesca:

Utica Greens & Bacon Wrapped Dates

Wednesday, November 2nd

at 12:00 pm

In the Great Room

Sign Up in the Office



Lunch at Chipotle Mexican Grill



Tuesday, November 8th

Bus Leaves at 11:30 am

Sign up in the Office

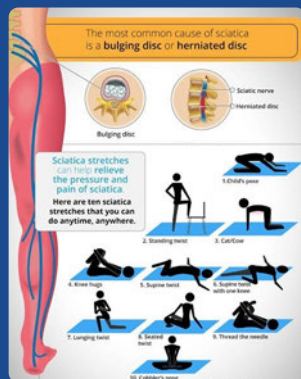
SENIOR REHABILITATION SERVICES

HECTORPT
www.hectorpt.com
(518) 577-5214



Presentation
"Sciatica Pain"

Tuesday, November 8th
11:30 am
In the Great Room



SUMMIT SERVICE CLUB

"Volunteering is a work of heart"

Join fellow residents as they develop on-going volunteer opportunities for our community!
The meeting will be hosted in the Tavern.

Current Projects:

Bottle Deposit Donations for our local
Animal Protective Foundation
Winter Clothing Drive—Coats, Hats, Mittens,
Gloves for City Mission

Meeting

Tuesday, November 15th, 3:00 pm
In the Tavern

Rivers Casino

Wednesday, November 16th

Bus Leaves at 10:00 am



Call the Office to Sign Up

Resident Informational Meetings

Entertainment Meeting with Laurie
Wednesday, November 9th at 11:30 am

Resident Meeting with Laura & Glenwyck Staff
Monday, November 14th at 11:00 am

In the Great Room.
All are Welcome.



DINE-IN

Thursday, November 17th
at 4:00 pm
In the Great Room

Join us for a fresh, healthy supper in the Great Room. Pick your choice of sub at a special Glenwyck price! **Only \$5.00!**

RSVP to the office by Tuesday 15th



All Saints
SERVICE OF REMEMBRANCE
TUESDAY, NOVEMBER 1ST AT 1:30 PM
IN THE GREAT ROOM
ALL ARE WELCOME



Religious Service
Mondays at 4:00 pm
In the Theatre
Our Resident Priest, Rev. Sally Heiligman will be
conducting service in the Christian Tradition.
ALL ARE WELCOME

Storyteller Kate Dudding



Presents
**Julia Child: Cook and
Nifty Wench**

Thursday, November 17
at 2:00 pm
In the Great Room

Julia Child, who made French cooking accessible to American cooks, was the first person on PBS to win an Emmy, and enjoyed a passionate marriage. Come hear how this Smith graduate worked on the OSS during World War II, married a sophisticated man 6" shorter than herself, and taught millions everything they needed to know to produce delicious meals.




Come listen to your favorite tunes
Songs to Make you Smile w/Kimberly Gemme
Thursday, November 3rd 2:00 pm
Alyssa Yeager – Folk Singer
Thursday, November 10th 2:00 pm
Cole Broderick - Pianist
Wednesday, November 23rd 2:00 pm
In the Great Room

Flower Arranging with Ursula
Friday, November 18th 11:30 am
In the Tavern

Sign up in the Office



COLONIECENTER
Tuesday, November 29th
Bus will leave at 9:00 am & return at 12:30 pm
Sign up in the Office



Friday, November 25th
at 4:00 pm Great Room
Call the office by 11/23
to RSVP \$5.00 pp


Concierge Services

We're here, just for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.



✓ Complimentary
beauty consultation
(appointment needed)

Call for all your hair/waxing needs.

Tuesday, Thursdays & Fridays 10:00 am - 5:00 pm
Cindy (518) 526-2262

Nail Services

Mondays
Sonia Thomas (518) 512-7479

♥ Gift Certificates Available ♥

PRICE CHOPPER



pharmacy

DELIVERY IS AVAILABLE

Monday— Friday. Call Jessica at 399-6474.

Medical Appointments

Tuesday, Wednesday & Thursday, between
9:00 and 2:00 pm, unless events or urgent
maintenance needs conflict.

Please notify the office at least one week ahead of
time. It must be within a 10-mile radius.



**We will no longer provide Food Florist
meals. We will be having a new frozen
food option coming soon!**

CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a
continental breakfast to our
residents seven days a week,
(with the exception of holidays
when the office is closed).
Start your morning off right
with a healthy breakfast while
enjoying each other's company.



There are complimentary copies of the newspaper
located in the Great Room to read.

On-Site Podiatrist

Dr. Michael Masias, DPM

Second Wednesday of every month.

Call Doctor Masias direct at
518-320-8659 to schedule an
appointment.

Friday Grocery Shopping

Fridays at 9:00 am
Call the office to sign up



SENIOR REHABILITATION SERVICES

HECTORPT

www.hectorpt.com

(518) 577-5214

