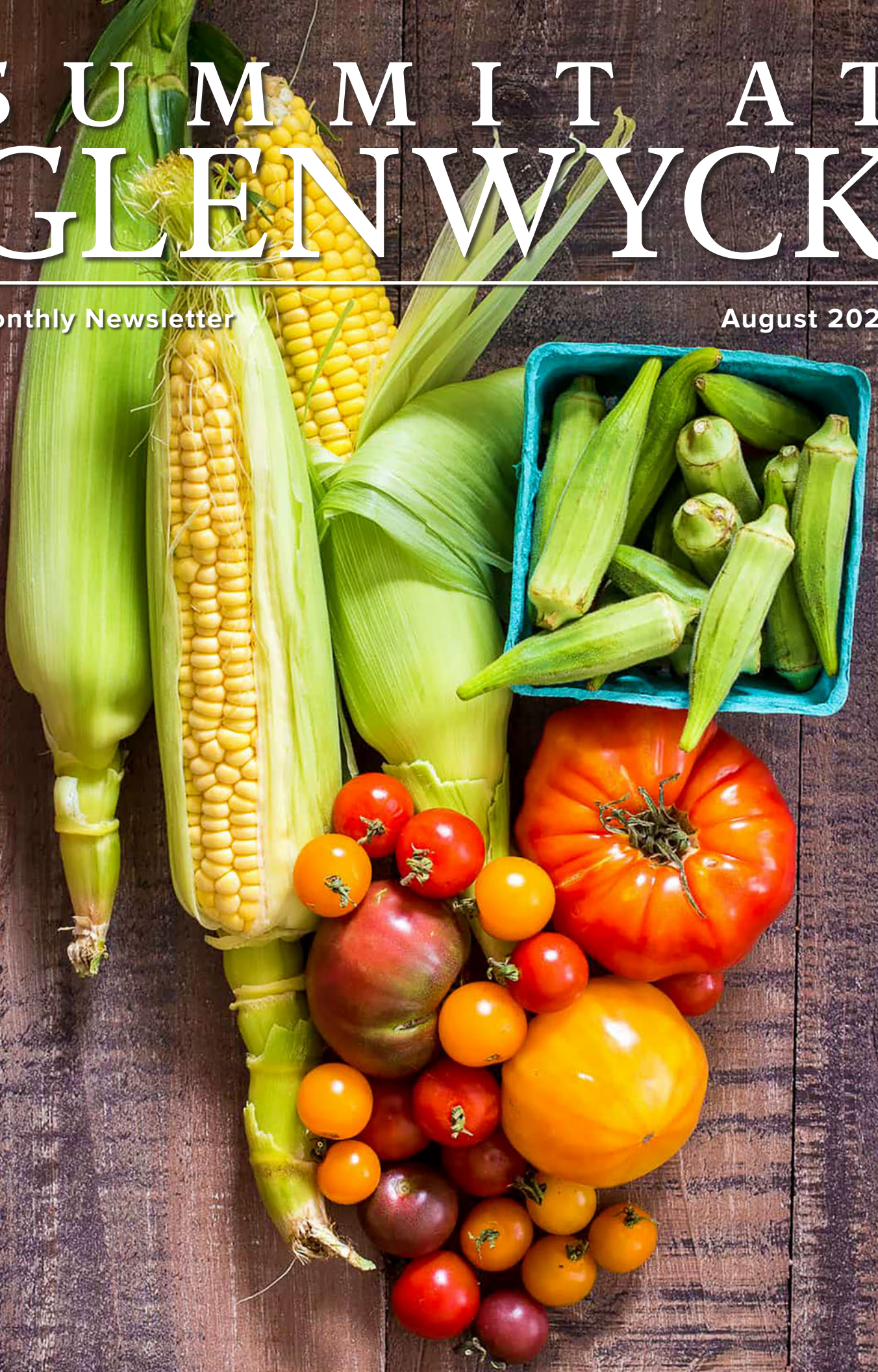


# SUMMIT AT GLENWYCK

Monthly Newsletter

August 2022



# THE Manager's Message

## Down The Lanes Of August

Down the lanes of August-and the bees upon the wing,  
All the world's in color now, and all the song birds sing;  
Never reds will redder be, more golden be the gold,  
Down the lanes of August, and the summer getting old.

Mother Nature's brushes now with paints are dripping wet,  
Gorgeous is her canvas with the tints we can't forget;  
Here's a yellow wheat field-purple asters there,  
Riotous the colors that she's splashing everywhere.

Red the cheeks of apples and pink the peaches' bloom,  
Redolent the breezes with the sweetness of perfume;  
Everything is beauty crowned by skies of clearest blue,  
Mother Earth is at her best once more for me and you.

Down the lanes of August with her blossoms at our feet,  
Rich with gold and scarlet, dripping wet with honey sweet.

Rich or poor, no matter, here are splendors spread  
Down the lanes of August, for all who wish to tread.

Edgar Albert Guest

*Laura N. Leathem*

Laura Leathem  
Community Manager

## New Resident mixer

Calling all New Residents  
for a Meet & Greet  
and Fellowship!

Tuesday, August 9th  
2:00 pm in the Tavern



**Thursday, August 11th  
5:00 pm in the Tavern**

A gathering where each guest brings  
a dish to be shared.

Come dine & enjoy fellowship  
with your neighbors.

Please RSVP to the office if you are  
interested in attending and let us  
know what dish you will be providing.



## Staff

### Community Manager

Laura Leathem

### Resident Services Coordinator

Laurie Ignazio

### Maintenance

Dustin Harrington  
Thomas Nardini

### Driver

Tina Licata

### Weekend Concierge/Marketing Assistant

Joanne Krazit  
Gloria Poston  
Cheryl Skowronek

### Office Phone

518-280-7340

### Emergency Maintenance

518-338-9562

The Summit At Glenwyck  
150 Dutch Meadows Lane  
Glenville, NY 12302

# Happy Birthday, August Babies!

Ken Nagy	8/4
Lorraine Endries	8/5
Ellen Jutton	8/6
Michael Iacobucci	8/7
Judith Irish	8/10
Lorraine Linzner	8/20
Richard Lupi	8/29

Help us celebrate our monthly birthdays  
on Tuesday, August 30th at 2:00 pm  
in the Great Room  
Cake & Ice Cream for all!

*Welcome to  
The Summit At Glenwyck*

**Charles & Vicki Stephens**  
*from Pattersonville, NY*

**Charles & Carmen Trombley**  
*from Schenectady, NY*

**HELP US OUT  
IN THE GARDEN**

**6:00 PM NIGHTLY  
WEATHER PERMITTING**



## MARIA'S MONDAY LUNCH BUNCH

**August 1st, 8th, 15th, 22nd, 29th**  
**Delivery to the Tavern 11:30 am**

**August 1st - Half Turkey Club**  
(Chips, Vegetable Soup, Chocolate Chip Cookie) \$12

**August 8th - Patty Melt**  
(Macaroni Salad, Oatmeal Cookie) \$12

**August 15th - Half Roast Beef &  
American Sandwich**  
(Tossed Salad, Cupcake) \$12

**August 22nd - Chef Salad**  
(Chicken Noodle Soup, Peanut Butter Cookie) \$12

**August 29th - Chicken Salad  
on a Croissant**  
(Fruit Cup, Brownie) \$12

**Orders due in the office by Noon on  
Friday 8/5, 8/12, 8/19, 8/26**

## SupperClub

FOOD & FRIENDS

**Wednesdays**

**August 3rd, 10th, 17th, 24th, 31st**  
**Delivery to the Tavern 4:00 pm**

**August 3rd - Chicken Penne Ala Vodka  
Dinner**

(Caesar Salad, Peas, Garlic Bread,  
Cherry Cobbler) \$15

**August 10th - Roast Pork Dinner**  
(Mashed Potatoes & Gravy, Stuffing, Green  
Beans, Roll, Chocolate Pudding) \$15

**August 17th - Chicken Parmigiana**  
(Angel Hair Pasta, Caesar Salad, Garlic Bread,  
Apple Crisp) \$15

**August 24th - Meatloaf Dinner**  
(Baked Potato, Tossed Salad, Baby Carrots,  
Roll, Vanilla Pudding) \$15

**August 31st - Shepherd's Pie**  
(Garden Salad, Corn Bread, Chocolate Cake) \$15

Orders due in the office by Noon on  
Monday 8/1, 8/8, 8/15, 8/22, 8/29

S	M	T	W	TH	F	S	
	<p>1</p> <p>11:30 Maria's Lunch Bunch: Half Turkey Club \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV</p>	<p>2</p> <p>9:30 Walking Club LOBBY 12:00 Supper Club Orders Due  <b>2:30 Docuseries: MOV</b> 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV</p>	<p>3</p> <p>8:30 Waffle Wednesday GR 12:00 Cooking Class w/Francesca Strawberry Walnut Summer Salad &amp; Olive Rosemary Bread GR 1:00 Lit Club LIB 2:00 Entertainment Committee GR 4:00 Supper Club w/Maria's Café: Chicken Penne Ala Vodka \$15 TAV 5:30 Cards TAV</p>	<p>4</p> <p>10:00 Bible Study LIB 1:00 Knitting &amp; Crocheting GR 2:00 Sean Lyons 50's, 60's, 70's, 80's GR 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV</p> <p><b>HAPPY BIRTHDAY KEN NAGY</b></p>	<p>5</p> <p><b>9:00 Grocery Shopping</b> 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: Wine GR 6:00 Cards TAV</p> <p><b>HAPPY BIRTHDAY LORRAINE ENDRIES</b></p>	<p>6</p> <p>10:30 Bocce Ball CY 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV 6:00 Fireside S'mores CY</p> <p><b>HAPPY BIRTHDAY ELLEN JUTTON</b></p>	
<p>7</p> <p>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV</p> <p><b>HAPPY BIRTHDAY MIKE IACOBUCCI</b></p>	<p>8</p> <p>11:00 Resident Meeting w/Laura &amp; Glenwyck Staff GR 11:30 Maria's Lunch Bunch: Patty Melt \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV</p>	<p>9</p> <p>9:30 Walking Club LOBBY 12:00 Supper Club Orders Due 2:00 New Resident Mixer TAV  <b>2:30 Docuseries: MOV</b> 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV</p>	<p>10</p> <p>8:30 Waffle Wednesday GR <b>9:30 Vincent Van Gogh Exhibit</b> 10:00 Podiatrist Dr. Masias 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Roast Pork Dinner \$15 TAV 5:30 Cards TAV</p> <p><b>HAPPY BIRTHDAY JUDY IRISH</b></p>	<p>11</p> <p>10:00 Bible Study LIB 1:00 Knitting &amp; Crocheting GR 2:00 Oldies with Pete Jorgensen GR 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV 5:00 Pot Luck Dinner TAV</p>	<p>12</p> <p><b>9:00 Grocery Shopping</b> 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: Screwdriver Bring a Appetizer to Share GR 6:00 Cards TAV</p>	<p>13</p> <p>10:30 Bocce Ball CY 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV 6:00 Fireside S'mores CY</p>	
<p>14</p> <p>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV</p>	<p>15</p> <p>11:30 Maria's Lunch Bunch: Half Roast Beef w/American \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV</p>	<p>16</p> <p>9:30 Walking Club LOBBY 12:00 Subway Orders Due  <b>1:00 "What's the Plan - A Proactive Approach to Aging Well" GR</b>  <b>2:30 Docuseries: MOV</b> 3:00 Service Club Meeting TAV 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV</p>	<p>17</p> <p>8:30 Waffle Wednesday GR 10:00 Rivers Casino 2:00 Rick Bedrosian Folk, Pop, Rock GR 1:00 Lit Club LIB 4:00 Supper Club w/Maria's Café: Chicken Parmigiana Dinner \$15 TAV 5:30 Cards TAV</p>	<p>18</p> <p>9:00 Sunnyview Audiology SALON 10:00 Bible Study LIB <b>11:30 Galway Rock Winery</b> 1:00 Knitting &amp; Crocheting GR 2:30 Glenwyck Cinema MOV 4:00 Subway Dine-In \$5 GR 4:00 Scrabble TAV</p>	<p>19</p> <p><b>9:00 Grocery Shopping</b> 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Happy Hour: BYOB GR 6:00 Cards TAV</p>	<p>20</p> <p>10:30 Bocce Ball CY 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV 6:00 Fireside S'mores CY</p>	
<p>21</p> <p>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV</p> <p><b>HAPPY BIRTHDAY LORRAINE LINZER</b></p>	<p>22</p> <p>11:30 Maria's Lunch Bunch: Chef Salad \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV</p>	<p>23</p> <p>9:30 Walking Club LOBBY 11:45 Lunch at The Waters Edge Lighthouse Restaurant 2:00 Glenwyck Book Club LIB  <b>2:30 Docuseries: MOV</b> 3:00 Service Club Meeting TAV 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV</p>	<p>24</p> <p>8:30 Waffle Wednesday GR 12:00 Pizza Orders Due 1:00 Lit Club LIB 1:30 Seashell Wall Plaque Creation with Renee TAV 4:00 Supper Club w/Maria's Café: Meatloaf Dinner \$15 TAV 5:30 Cards TAV</p>	<p>25</p> <p>10:00 Bible Study LIB 1:00 Knitting &amp; Crocheting GR 1:30 Library Committee LIB 2:30 Glenwyck Cinema MOV 4:00 Scrabble TAV</p>	<p>26</p> <p><b>9:00 Grocery Shopping</b> 12:00 Lunch Bunch Orders Due 1:00 Lit Club LIB 1:30 Quarter Bingo GR 4:00 Pizza Party: Wine \$5 GR 6:00 Cards TAV</p>	<p>27</p> <p>10:30 Bocce Ball CY 2:00 Quarter Bingo TAV 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV 6:00 Fireside S'mores CY</p>	
<p>28</p> <p>2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV</p>	<p>29</p> <p>11:30 Maria's Lunch Bunch: Chicken Salad on Croissant \$12 TAV 12:00 Supper Club Orders Due 1:00 Lit Club LIB 2:30 Catholic Rosary Circle LIB 4:00 Religious Service MOV 6:30 Scrabble TAV</p>	<p>30</p> <p>9:30 Walking Club LOBBY 2:00 Birthday Party GR  <b>2:30 Docuseries: MOV</b> 4:00 Game Night: Right Left Center GR 5:30 Scrabble TAV</p> <p><b>HAPPY BIRTHDAY RICHARD LUPI</b></p>	<p>31</p> <p><b>9:30 Clifton Park Center Mall</b> 10:00 Bible Study LIB 1:00 Knitting &amp; Crocheting GR 1:30 Library Committee LIB 2:30 Glenwyck Cinema MOV 4:00 Supper Club w/Maria's Café: Shepherd's Pie \$15 TAV</p>			<p>GR: Great Room TAV: Tavern CR: Craft Room FS: Fitness Studio P: Pool</p>	<p>CY: Courtyard MOV: Movie Theatre Gym Lobby</p>
 <p><b>FITNESS</b></p>	<p><b>Every Monday</b></p> <p>8:30 Water Aerobics (P) 3:30 Buddy Swim (P)</p>	<p><b>Every Tuesday</b></p> <p>8:45 Sit 2B Fit (FS) 10:00 &amp; 3:30 Buddy Swim (P)</p>	<p><b>Every Wednesday</b></p> <p>8:30 Water Aerobics (P) 9:30 Hydridorers (P) 3:30 Buddy Swim (P)</p>	<p><b>Every Thursday</b></p> <p>8:45 Sit 2B Fit (FS) 10:00 Zumba Gold (FS) 10:00 &amp; 3:30 Buddy Swim (P)</p>	<p><b>Every Friday</b></p> <p>8:30 Water Aerobics (P) 9:30 Hydridorers (P) 3:30 Buddy Swim (P)</p>	<p><b>Every Saturday &amp; Sunday</b></p> <p>10:00 Buddy Swim (P) 3:30 Buddy Swim (P) (Saturday &amp; Sunday)</p>	

**Cooking Class with Francesca:**

Strawberry Walnut Summer Salad & Olive Rosemary Bread

Wednesday,  
August 3rd  
at 12:00 pm

In the  
Great Room

Sign Up in the Office



**Religious Service**

**Mondays at 4:00 pm  
In the Theatre**

Reverend Sally Heiligman  
will be conducting service on Christian Tradition.

**ALL ARE WELCOME**



**ZUMBA**

gold **WITH MAIRA**

Every Thursday At 10:00 am

In The Fitness Studio

**COME JOIN THE FUN!**

**Resident Informational Meetings**

Entertainment Meeting with Laurie  
Wednesday, August 3rd at 2:00 pm

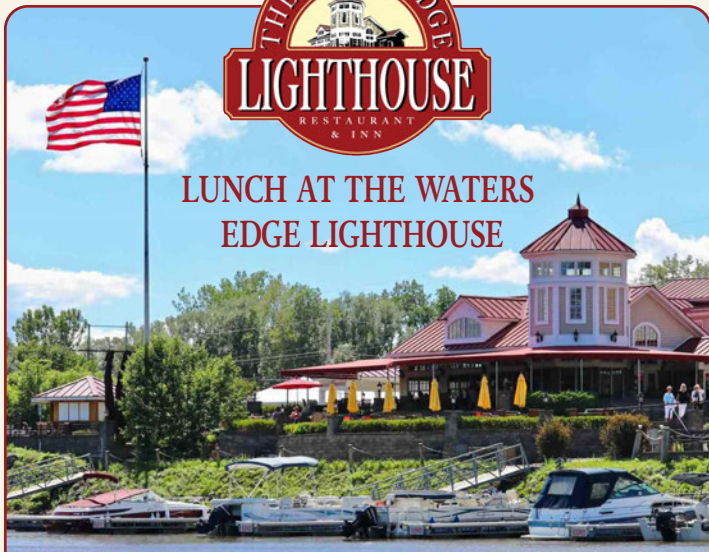
Resident Meeting with Laura & Glenwyck  
Staff'

Monday, August 8th at 11:00 am

In the Great Room.  
All are Welcome.



**LUNCH AT THE WATERS  
EDGE LIGHTHOUSE**



**Tuesday, August 23rd  
Bus leaves at 11:45 am**

**PRESENTATION**



"What's the Plan - A  
Proactive Approach to  
Aging Well"



**Tuesday, August 16th 1:00 pm  
In the Great Room**

**Clifton Park Center Mall  
Wednesday, August 31st**

Bus leaves at 9:30 am  
Sign up in the Office



**DINE-IN  
Thursday, August 18th  
at 4:00 pm  
In the Great Room**

Join us for a fresh, healthy supper in the Great  
Room. Pick your choice of sub at a special  
Glenwyck price! **Only \$5.00!**

RSVP to the office by Tuesday 16th

## Seashell Wall Plaque Creation with Renee



Wednesday,  
August 24th  
1:30 pm  
In the Tavern

Sign up in the Office  
Limited Seating



## Rivers Casino

Wednesday, August 17th

Bus Leaves at 10:00 am

Call the Office to Sign Up

## Wine Tasting

Thursday, August 18th  
Bus will leave at 11:30 am

Sign Up in the Office



## SUMMIT SERVICE CLUB

*"Volunteering is a work of heart"*

Join fellow residents as they develop on-going volunteer opportunities for our community! The meeting will be hosted in the Tavern.

### Current Projects:

Bottle Deposit Donations for our local Animal Protective Foundation



Back to School Project. There will be a box in the lobby to place items needed.



Come listen to your favorite tunes

**Sean Lyons - 50's, 60's, 70's, 80's**  
Thursday, August 4th 2:00 pm

**Pete Jorgensen - Oldies**  
Thursday, August 11th 2:00 pm

**Rick Bedrosian Folk, Pop, Rock**  
Wednesday, August 17th 2:00 pm

**In the Great Room**



# VAN GOGH

THE IMMERSIVE EXPERIENCE

**Wednesday, August 10th**

**Meet the artist like never before**

**Exquisite Storytelling, Cutting-Edge Technology**

**Van Gogh: The Immersive Experience** is a 20,000 square foot light and sound spectacular featuring two-story projections of the artist's most compelling works.

Encounter the brilliance of one of history's greatest artists in 360 degrees.

**BUS LEAVES AT 9:30 AM**



**Friday, August 26th**  
**at 4:00 pm Great Room**

Call the office by 8/24  
to RSVP \$5.00 pp



# Concierge Services

## We're here, just for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.



✓ Complimentary  
beauty consultation  
(appointment needed)

### Call for all your hair/waxing needs.

Tuesday, Thursdays & Fridays 10:00 AM - 5:00 pm  
Cindy (518) 526-2262

### Massage Therapy

2nd & 4th Thursday of the Month  
by Appt. • Laura Brown (518) 867-2262

### Nail Services

Mondays  
Sonia Thomas (518) 512-7479

♥ Gift Certificates Available ♥

**PRICE CHOPPER**



**pharmacy**

**DELIVERY IS AVAILABLE**

Monday— Friday. Call Jessica at 399-6474.

THE  
**FOOD FLORIST**  
• GIFTABLE COMFORT FOOD •  
WHEN YOU WANT TO SEND MORE THAN FLOWERS



### Too busy to grocery shop? Too tired to cook?

Food Florist meals are available in the office on a first come/first serve basis. The below dishes are frozen and ready to be simply heated. Each 2-person serving is \$13.00. You can also order the meal of your choice off their extensive menu.

#### This month's anyday choices:

Chicken Pot Pie  
Cheesy Chicken Bake  
Bacon Swiss Quiche  
Traditional Sausage Lasagna  
Swedish Meatballs

## CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



There are complimentary copies of the newspaper located in the Great Room to read.

## On-Site Podiatrist

Dr. Michael Masias, DPM

Second Wednesday of every month.

Call Doctor Masias direct at  
518-320-8659 to schedule an  
appointment.

## Friday Grocery Shopping

Fridays at 9:00 am  
Call the office to sign up



## Medical Appointments

Tuesday, Wednesday & Thursday, between  
9:00 and 2:00 pm, unless events or urgent  
maintenance needs conflict.

Please notify the office at least one week ahead of  
time. It must be within a 10-mile radius.

## SENIOR REHABILITATION SERVICES

**HECTORPT**

www.hectorpt.com

(518) 577-5214

