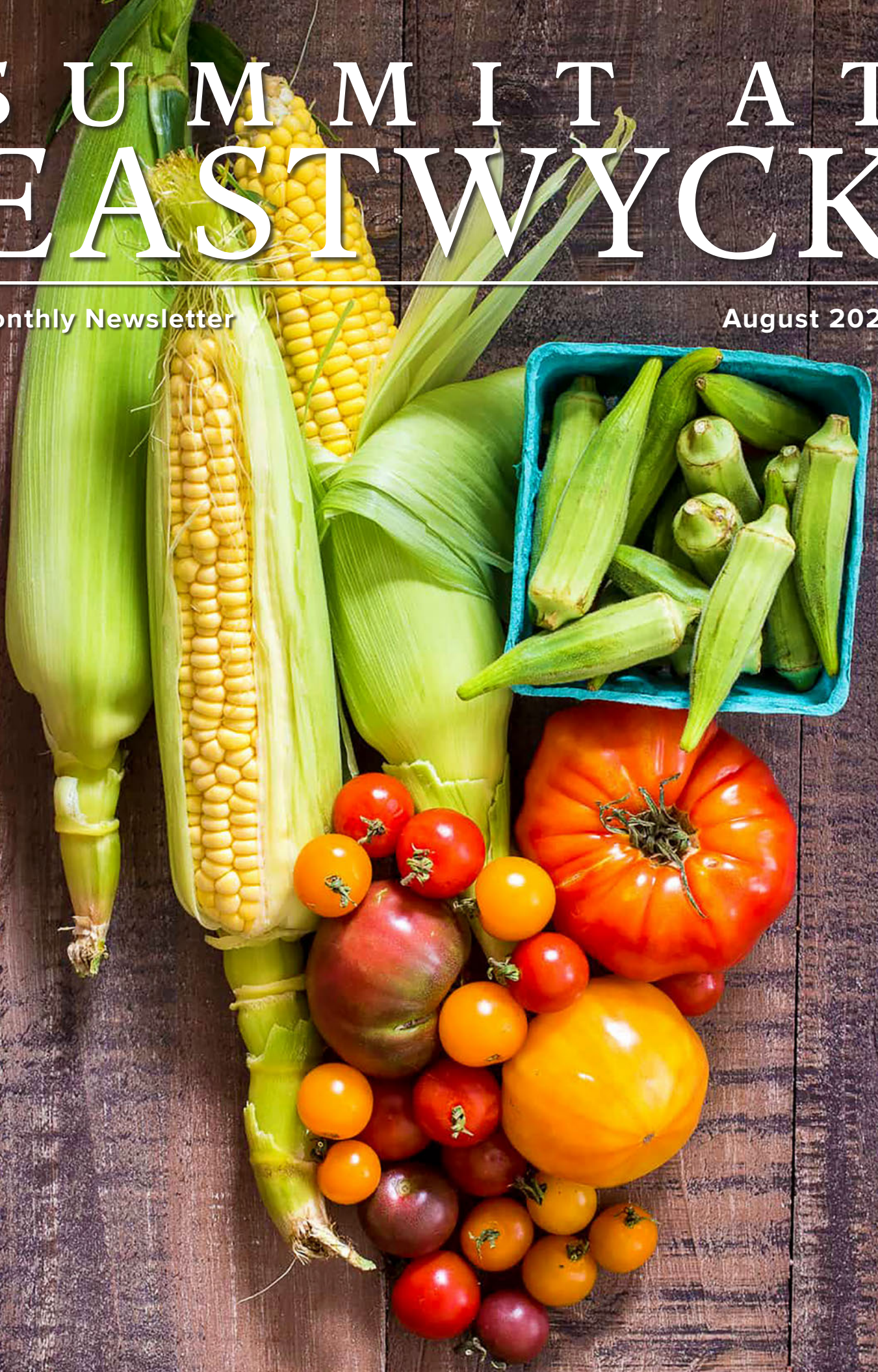


SUMMIT AT EASTWYCK

Monthly Newsletter

August 2022



THE Manager's Message

August is here and that means we have so many delicious fruits and vegetables to enjoy! It's the best time of year to try some new recipe ideas with some beautiful fresh produce. Next month, we look forward to a special cooking demo in our community! Tarah will show us how to make Sweet Potato Chili and trust me, it is amazing!

We have some great field trips on the calendar for you to get out and about. The Saratoga Race Track, Saratoga Casino and the Harvest Smokehouse! Let the office know if you plan on taking the bus to one of these fun outings.

On August 15th, our community will be having a pancake breakfast to benefit a very good cause. The benefit breakfast will raise money for Grahamtastic, an organization that serves children all over the United States. They provide seriously ill children with free technology, iPads, laptops and internet access so kids can stay connected to school, friends, family and medical appointments.

It's that time of year again when we collect school supplies for Concerns U! Our community will be collecting notebooks, pens, pencils, erasers, backpacks and all things needed for back to school! Concerns U, serves local children in our county and the school supply drive is always a big community success. Thank you in advance for your generous donations!

Lastly, we are very excited to have a special Patsy Cline tribute on August 25th! Patsy Cline is considered one of the most influential vocalists of the 20th century and was one of the first country music artists to cross over into pop music. Be sure to save the date, you don't want to miss this!

Kelly A. Hotaling
Kelly Hotaling
Community Manager



**School Supply Drive
for Local Students**

Please drop off your items
to the Clubhouse no later
than August 17th.

What's The Kitsch August 3 at 2:00

Personalized, Fun & memorable
pictures of your pets!

This fun company will be at
Eastwyck for a photo shoot.

Sign up if you & your pet are
interested!

Staff



Community Manager

Kelly Hotaling
Khotaling@summitseniorlife.com

Assistant Community Manager

Tarah Lobdell
Tlobdell@summitseniorlife.com

Maintenance

Gani Dajko
Mike Stammel III

Driver

Jerry Bruce

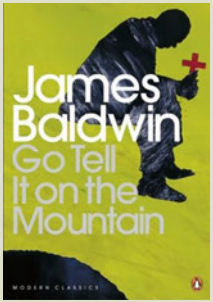
Weekend Clubhouse Attendant

Linda Cox

Summit at Eastwyck
1 Eastwyck Circle
Rensselaer, NY 12144
518.874.1638
www.summitseniorlife.com

August Book Club Wednesday, August 10th at 12:00

This month *Go Tell It On The Mountain*, by James Baldwin. *Go Tell It On The Mountain*, first published in 1953, is Baldwin's first major work, a semi-autobiographical novel that has established itself as an American classic. With lyrical precision, psychological directness, resonating symbolic power, and a rage that is at once unrelenting and compassionate, Baldwin chronicles a fourteen-year-old boy's discovery of the terms of his identity as the stepson of the minister of a storefront Pentecostal church in Harlem one Saturday in March of 1935. Baldwin's rendering of his protagonist's spiritual, sexual, and moral struggle of self-invention opened new possibilities in the American language and in the way Americans understand themselves.



Sully's Squad by Kevin Wilson Saturday August 13 at 2:00



Local author, Kevin Wilson will be here to talk about his book. This story is a historical fiction. The fictional fifteen year old enlists in WWII at a young age and enters the army where he is in the squad led by my non-fictional uncle Salvatore "Sullivan" Fringi who was killed in action July 21, 1943 in Sicily. Books may be purchased for \$12.

Community Outings

8/16 **Harvest SMOKEHOUSE**

8/24 **SARATOGA**

8/30 **SARATOGA CASINO · HOTEL**

Happy Birthday, August Babies!

- 8/1 Peggy Hoban
- 8/2 Jean Cicio
- 8/2 Rose Pemberton
- 8/4 Joseph McManus
- 8/5 Sue Bulman
- 8/5 Barbara Obrien
- 8/8 Bill Teliska
- 8/9 Nina Pepoy
- 8/13 Doris Collins
- 8/23 Wayne Schermerhorn
- 8/24 Elaine Turoski
- 8/26 Roy Krasse
- 8/26 Mary Varkony
- 8/28 Carol Terry-Walker
- 8/31 Jean Northcutt
- 8/31 Anita Crandall

New Resident Orientation & Birthday Party.
Please join us for our monthly birthday celebration. The Orientation will follow the birthday celebration.

BENEFIT PANCAKE BREAKFAST



August 15th at 10:00
\$15 per person

Grahamtastic is providing seriously ill children with free technology, virtually bringing them to the places they want to be.

This organization provides children with up to date technology such as iPad, laptops or robots all to help them stay connected to their friends and family, school and medical appointments.

All proceeds raised at the breakfast will go to this great organization.

RSVP by August 9th



August 2022

Summit At Eastwyck Office Phone: 518.874.1638 | Emergency Maintenance Phone: 518.338.7441

S	M	T	W	TH	F	S
	1  10:30 Marilyn Sassi 1:00 Pinochle 4:00 Knitting 4:00 Supper Club Almond Dill Chicken	2 2:00 Sing A Long 3:00 RummiKub 4:00 Pizza Night 6:00 Liverpool Rummy	3 1:30 SKAT 2:00 10,9,8 Game 2:00 What's The Kitsch 4:00 Knitting 5:00 Bocce	4 Medical Appointments 1:00 Pinochle 1:00 Bible Study 2:00 BINGO 4:00 Pizza Night 6:00 Liverpool Rummy	5 8:00 & 10:00 Grocery Stores 1:00 Canasta 2:00 Program & Event Planning 3:30 Rosary 5:00 Bocce	6 1:00 Scrabble 1:00 Five Crowns 1:00 Mahjong CTR 3:00 Rummikub
	7 3:00 Rummikub 4:00 Scrabble CTR	8  10:30 Marilyn Sassi 12:00 Lets Do Lunch Reuben 1:00 Pinochle 4:00 Knitting 6:00 Poker Night	9 2:00 Sing A Long 3:00 RummiKub 6:00 Liverpool Rummy	10 10:00 Veterans Coffee Group 1:30 SKAT 12:00 Book Club 2:00 10,9,8 Game 4:00 Knitting 5:00 Bocce	11 Medical Appointments 1:00 Pinochle 1:00 Bible Study 2:00 BINGO 6:00 Liverpool Rummy	12 8:00 & 10:00 Grocery Stores 1:00 Canasta 3:30 Rosary 4:00 Paint & Sip with Kayleigh 5:00 Bocce
14 3:00 Rummikub 4:00 Scrabble CTR	15  10:00 Benefit Pancake Breakfast 10:30 Marilyn Sassi 1:00 Pinochle 4:00 Knitting 4:00 Supper Club Roast Beef Dinner No Continental Breakfast	16 11:30 Harvest Smokehouse 2:00 Sing A Long 3:00 RummiKub 6:00 Liverpool Rummy	17 8:00 & 10:00 Grocery Stores 1:30 SKAT 2:00 Communion 2:00 10,9,8 Game 4:00 Knitting 5:00 Bocce	18 Medical Appointments 1:00 Pinochle 1:00 Bible Study 2:00 BINGO 6:00 Liverpool Rummy	19 10:00 Ventfort Hall Mansion 1:00 Canasta 3:30 Rosary 4:00 Happy Hour with Alyssa Yeager 5:00 Bocce	20 1:00 Scrabble 1:00 Five Crowns 1:00 Mahjong CTR 3:00 Rummikub
21 3:00 Rummikub 4:00 Scrabble CTR	22  10:30 Marilyn Sassi 12:00 Lets Do Lunch Turkey Club 1:00 Pinochle 4:00 Knitting 6:00 Poker Night	23 2:00 Sing A Long 3:00 RummiKub 4:00 Karaoke Night 6:00 Liverpool Rummy	24 10:30 Saratoga Race Track 1:30 SKAT 2:00 10,9,8 Game 4:00 Knitting 5:00 Bocce	25 Medical Appointments 1:00 Bible Study 1:00 Pinochle 2:00 Tribute to Patsy 6:00 Liverpool Rummy	26 8:00 & 10:00 Grocery Stores 12:00 Men's Lunch 1:00 Canasta 3:30 Rosary 5:00 Bocce	27 1:00 Scrabble 1:00 Five Crowns 1:00 Mahjong CTR 3:00 Rummikub
28 3:00 Rummikub 4:00 Scrabble CTR	29  11:00-2:00 AAA Definitive Driving 1:00 Pinochle 2:00 Birthday Celebration 4:00 Knitting 4:00 Supper Club Fish & Chips	30 10:00 Saratoga Casino 2:00 Sing A Long 3:00 RummiKub 6:00 Liverpool Rummy	31  11:00-2:00 AAA Definitive Driving 1:30 SKAT 2:00 10,9,8 Game 4:00 Knitting 5:00 Bocce			
CONNECTED <i>life</i>  FITNESS	Every Monday 9:00 Stretch & Flex 10:00 Aqua Fit	Every Tuesday 8:00 Hydro Bikes 9:00 Pilates 10:00 Pilates	Every Wednesday 9:00 Sit To Be Fit 10:00 Aqua Fit 11:00 Fitness Drumming	Every Thursday 9:00 Hydro Bikes 9:30 Hydro Bikes 10:30 Trifecta Strength/ Balance/ Flex 11:30 Move & Grove	Every Friday 9:00 Sit To Be Fit 10:00 Aqua Fit 11:00 Chair Yoga (all levels)	

Community Activities

For all activities please sign up in the office.

300 Years of Furniture in America Marilyn Sassi, Professor and Historian

When America's first English Puritans arrived at Plymouth Bay, MA it was 1620. Loaded onto the Mayflower were 104 people, including entire families along with their household goods and animals. Because there was so little room, it isn't likely that furniture came with them. They constructed very primitive pieces focusing only on what was essential.

When Fort Orange was built by the Dutch who came to New York to profit in the fur trade, it was 1624. Unlike the Puritans, the first Dutch were mostly fur traders who came without their families. Furniture didn't really arrive in New York until the Patroon system began in the 1650's. Up until then, only very crude objects were made.

This six week series will begin in these very early times and contrast what was made upon arrival with what was shipped from England and copied after houses had been built. Also to be contrasted will be the differences between 17th century New England furniture with the extremely rare furniture made at this time in New York.

Using both room settings and details about individual pieces, the series will illustrate and compare American furniture in various ways. Specifically, the series will compare what was made in sophisticated cities with what was crafted by rural carpenters, as well as regional differences.

The classes are as follows: The earliest furniture from New England and New York (1620's - 1680's), the Queen Anne Period (1700 - 1750), the Chippendale Period (1760 - 1785), the Federal Period (1790 - 1825), the Greek Revival Period (1830 - 1847), and the many examples of Victorian furniture made during the reign of Queen Victoria (1847 - 1901).



Paint & Sip August 12 at 4:00

Kayleigh will be instructing us on how to paint these beautiful hats! Enjoy a glass of wine while you paint!



HAPPY HOUR WITH
ALYSSA YEAGER
AUGUST 19 AT 4:00



Tribute to
Patsy
August 25th
at 2:00



Community Activities

VENTFORT HALL MANSION AND GILDED AGE MUSEUM

The town of Lenox was the center of the social season in the Berkshires during the Gilded Age, the period between the Civil War and the First World War. Drawn to the Berkshires by artists and writers such as Nathaniel Hawthorne, Herman Melville, Catherine Sedgwick, Fanny Kemble and Henry Wadsworth Longfellow who had settled here early in the 19th century, as well as the beautiful countryside and scenic views of mountains and lakes, many prominent financiers and industrialists constructed luxurious and imposing summer homes in Lenox and the surrounding area. In fact, Ventfort Hall was one of about seventy-five Berkshire Cottages built in Lenox and Stockbridge during this period.

We will be touring the Mansion followed by a Victorian tea and plated lunch on Friday, August 19th

Tour time: 11:00, Leave Eastwyck at 10:00 Cost is \$35.00 (includes tour and lunch)



AAA Defensive Driving
August 29th & August 31st
11:00-2:00

AAA Hudson Valley offers you a six hour NYS DMV approved Point & Insurance Reduction Program. Without any test taking involved, by participation and completion of this course you will:

Receive

A 10% Insurance Discount. Upon the completion of this course AAA will present you with a completion certificate which you send to your insurance carrier. A 10% discount will be received off your current base rate of the Collision and Liability premium. This discount, available to the principal driver only, will be effective for three years, immediately upon completion of the course.

Reduce

Your current driving record by up to 4 points*. AAA electronically notifies DMV of your participation in the course. DMV makes a notation on your driving record that up to 4 points may be reduced from your current record for any violations occurring within the last 18 months. The notation usually takes approximately 8 weeks to appear on your record.

*Point reduction means the DMV will not count up to four points on your driving record toward revocation or suspension of your driver license (11 points).

Refresh

Your driving skills and learn techniques for crash prevention. Most important, this program is offers risk management techniques. Beneficial to new and experienced drivers, this course will cover visual scanning, time/space management, handling vehicular and traffic emergencies, and methods that help reduce the risk of a collision.

Special Group rate: AAA members \$30.00
nonmembers \$35.00

**New York
Defensive
Driving Course**

Sign Up with Tarah in the office, to reserve your seat in the class!

**DISCOUNTED RATES
FOR AAA MEMBERS**

Concierge Services

All meals this month are from Casey's

Meal Options

Continental Breakfast

Everyday from 8:30am to 10:30am

Supper Club

You have the option of two hot meals each month. They come ready to eat from local restaurants. You can pick up your prepaid meals at 4pm at the Clubhouse

Let's Do Lunch!

Monthly lunch at the Clubhouse, prepay at the office and enjoy lunch with your neighbors. Pick up at the Clubhouse.

Grocery Shopping

Every Friday, the Eastwyck bus goes to three local grocery stores: ShopRite, Price Chopper and Hannaford. We will leave Eastwyck at 8:00am or 10:00am. The bus will pick you up at your building. Please sign up in the main office.

Thursday Medical Appointments

Every Thursday, we provide transportation to scheduled, routine medical appointments. This service is available between the hours of 8:00am and 1:00pm. Call the office for more details and to reserve your appointment time.

SENIOR REHABILITATION SERVICES

HECTORPT

www.hectorpt.com

(518) 577-5214

Located in the Eastwyck Clubhouse.



Supper Club at 4:00



August 1

Almond Dill Chicken \$14

August 15

Roast Beef Dinner \$14



August 29

Fish & Chips \$14

Let's Do Lunch at 12:00



August 8

Reuben \$12

August 22

Turkey Club \$12



Dr. Michael Masias, DPM

Starting at 10:00 on the 1st Wednesday of every month, Dr. Masias will be on site.

518-320-8659.



Rita
518-495-5603

Becky
518-424-7922

at The Summit At Eastwyck