



SUMMIT AT EASTWYCK

Monthly Newsletter

May 2022

THE Manager's Message



This month we honor all the mothers in our community! The Ladies' Luncheon will be our Mother's Day celebration and we will have a special Mimosa bar for all the ladies. Whether you are a mom, or had a mom, we look forward to seeing you at the luncheon!

The Knitting Group is looking for more people to join their group. If you are interested in knitting and crochet, join in on Mondays and Wednesdays at 4:00 in the Clubhouse .

On May 18th, we will be planting sunflowers for Ukraine, the proceeds from the seeds we purchased have been donated to humanitarian aid for Ukraine. If you would like to help plant the seeds, let the Office know.

There are some great field trips this month! Be sure to sign up for the bus trips that interest you. There's shopping and luncheons and a special trip to The Mount, Edith Wharton's home in Lenox, Massachusetts. The house was designed by the famous author and was built in 1902.

Lastly, did you know Sadie, David & Elaina's sweet little Bichon is turning 20 years old? All doggies are welcome to join us for doggie ice cream on the Clubhouse front patio at 1:00 on May 2nd to celebrate this sweet girl's 20th birthday.

Kelly A. Hotaling

Kelly Hotaling
Community Manager

Staff



Community Manager

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Assistant Community Manager

Tarah Lobdell
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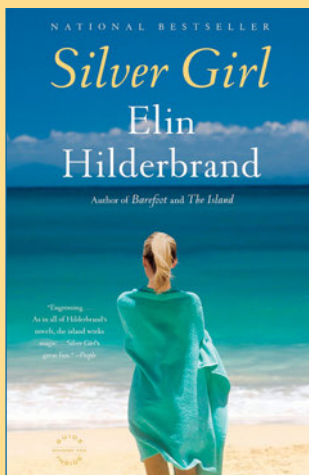
May Book Club

May 11th at 12:00

Meredith Martin Delinn just lost everything: her friends, her homes, her social standing - because her husband Freddy cheated rich investors out of billions of dollars.

Desperate and facing homelessness, Meredith receives a call from her old best friend, Constance Flute. Connie's had recent worries of her own, and the two depart for a summer on Nantucket in an attempt to heal. But the island can't offer complete escape, and they're plagued by new and old troubles alike. When Connie's brother Toby - Meredith's high school boyfriend - arrives, Meredith must reconcile the differences between the life she is leading and the life she could have had.

Set against the backdrop of a Nantucket summer, Elin Hilderbrand delivers a suspenseful story of the power of friendship, the pull of love, and the beauty of forgiveness.



Looking ahead to June



June 8th Van Gogh Experience

\$32 each. Tickets are still available.

This event will be held at the Schenectady Armory.

June 29th Lac Du Saint Sacrement

Lake George Steam Boat Company Luncheon Cruise, \$50 each. This price includes your cruise and a lunch.



SAVE THE DATE!

Our annual Summer BBQ will be on July 7th

"Patriotic Summer BBQ"

For more information or to reserve your seat, please see Tarah in the Eastwyck office.



- 5/1 Marion Gardner
- 5/2 Jack Minozzi
- 5/3 Mary Agnes Pelletier
- 5/4 Dolores Chagnon
- 5/7 Marilyn Cook
- 5/7 Carol Francis
- 5/11 Ellie Rescott
- 5/15 Larry White
- 5/17 Virginia Cornell
- 5/22 Mary Sherman
- 5/22 Tonia Kelley
- 5/22 Joe Cornell
- 5/25 Mary Ghent
- 5/26 Priscilla Oles
- 5/27 Barbara Welch
- 5/29 Sandy Liptak
- 5/30 Lois Anderson
- 5/30 Frank Germanowski

New Resident Orientation & Birthday Party.
Please join us for our monthly birthday celebration. The Orientation will follow the birthday celebration.

Welcome Home to Eastwyck

Irene Brewer
From Columbia County

Mr. & Mrs. Kessler
From Florida



S	M	T	W	TH	F	S
1 3:00 RumiKub 4:00 Scrabble CTR	2 12:00 Let's Do Lunch Chef Salad 1:00 Sadie's 20th birthday Dog treats on the Patio 1:00 Pinochle 2:00 Movie <i>The Art Of Dancing In The Rain</i> 4:00 Knitting	3 12:00 Bridge 12:00 O'Slattery's Pub 2:00 Sing A Long 3:00 RumiKub 6:00 Liverpool Rummy	4 10:00 Hector PT Presents 11:00 Veterans Coffee Group 1:30 SKAT 2:00 ALDI 2:00 10,9,8 Game 4:00 Knitting 5:00 Bocce	5 Medical Appointments 10:30 Writing Class 12:00 Bridge 12:00 Walking Tacos & Margaritas 1:00 Pinochle 1:00 Bible Study 2:00 BINGO Cinco de Mayo	6 8:00 & 10:00 Grocery Stores 12:00 Ladies Lunch 1:00 Canasta 2:00 Choral Group 3:30 Rosary 5:00 Bocce	7 1:00 Scrabble 1:00 5Crowns 1:00 Mahjong CTR 3:00 RumiKub
8 3:00 RumiKub 4:00 Scrabble CTR Happy Mothers Day	9 12:00 Let's Do Lunch Bagged Lunch 1:00 Pinochle 4:00 Knitting 4-6 Karaoke w/ Brian 6:00 Poker Night	10 11:30 TMH - Findlay Cockrell, Piano and Lunch 12:00 Bridge 2:00 Sing A Long 3:00 RumiKub 4:30 Sub Night 6:00 Liverpool Rummy	11 12:00 Book Club 1:00 Trader Joe's 1:30 SKAT 2:00 Communion 2:00 10,9,8 Game 4:00 Knitting 5:00 Bocce	12 Medical Appointments 10:30 Writing Class Halliday Financial 11:00 12:00 Bridge 1:00 Pinochle 1:00 Bible Study 2:00 BINGO 6:00 Liverpool Rummy	13 8:00 & 10:00 Grocery Stores 1:00 Canasta 2:00 Choral Group 3:30 Rosary 5:00 Bocce	14 1:00 Scrabble 1:00 5Crowns 1:00 Mahjong CTR 3:00 RumiKub
15 3:00 RumiKub 4:00 Scrabble CTR	16 12:00 Let's Do Lunch Hot Sandwich 1:00 Pinochle 2:00 Movie - <i>Tick Tick Boom</i> 4:00 Knitting	17 10:00 Jim C—Historical Talk 12:00 Bridge 2:00 Sing A Long 3:00 RumiKub 4:00 Supper Club Chicken Parm over Ziti 6:00 Liverpool Rummy	18 1:30 SKAT 2:00 Walmart & Target 2:00 Sun Flowers For Ukraine 2:00 10,9,8 Game 4:00 Knitting 5:00 Bocce	19 Medical Appointments 10:30 Writing Class Halliday Financial 11:00 12:00 Bridge 1:00 Pinochle 1:00 Bible Study 2:00 BINGO 6:00 Liverpool Rummy	20 8:00 & 10:00 Grocery Stores 1:00 Canasta 2:00 Tri-County Banjo Band 3:30 Rosary 4:00 Sub Night 5:00 Bocce	21 1:00 Scrabble 1:00 5Crowns 1:00 Mahjong CTR 3:00 RumiKub
22 3:00 RumiKub 4:00 Scrabble CTR	23 12:00 Let's Do Lunch Grilled Cheese with Tomato Soup 10:00 The Mount 1:00 Pinochle 2:00 Birthday Party 4:00 Knitting 6:00 Poker Night	24 12:00 Bridge 2:00 Sing A Long 2:00 Ice Cream Social 3:00 RumiKub 6:00 Liverpool Rummy	25 11:30 Yannis Too 1:30 SKAT 2:00 10,9,8 Game 4:00 Knitting 5:00 Bocce	26 Medical Appointments 10:30 Writing Class 12:00 Bridge 1:00 Bible Study 1:00 Pinochle 2:00 BINGO 6:00 Liverpool Rummy	27 8:00 & 10:00 Grocery Stores 1:00 Canasta 2:00 Choral Group & Pina Coladas 3:30 Rosary 5:00 Bocce	28 1:00 Scrabble 1:00 5Crowns 1:00 Mahjong CTR 3:00 RumiKub
29 3:00 RumiKub 4:00 Scrabble CTR	30 ★★★★★ MEMORIAL DAY REMEMBER AND HONOR 	31 12:00 Bridge 2:00 Sing A Long 3:00 RumiKub 4:00 Supper Club Spaghetti with Meatballs 6:00 Liverpool Rummy Community Garden planting				
CONNECTED <i>life</i>  FITNESS	Every Monday 9:00 Stretch & Flex 10:00 Aqua Fit 11:00 Zumba	Every Tuesday 8:00 Hydro Bikes 9:00 Pilates 10:00 Pilates	Every Wednesday 9:00 Sit To Be Fit 10:00 Aqua Fit 11:00 Fitness Drumming	Every Thursday 9:00 Hydro Bikes 9:30 Hydro Bikes 10:30 Trifecta Strength/ Balance/ Flex 1:00 Move & Grove	Every Friday 9:00 Sit To Be Fit 10:00 Chair Yoga 11:00 Aqua Fit	

Community Activities

May Outings

May 3 – O'Slattery's Pub
in Delmar



May 4 – ALDI



May 10th – Troy Music Hall
Music at noon



May 11 – Trader Joes



May 18 – Walmart & Target



May 25 – Yannis Too in
Coeymans



Writing Workshop With Paul Lamar

Thursdays at
at 10:30
for five weeks.

This workshop will be on your personal
memoir. Please RSVP



HOME SAFETY EDUCATION

May 4th at 10:00

Presented by Hector Jasen PT



We will be sharing some news about
our Complimentary Home Safety
Evaluation available to all residents
of Eastwyck.

Attendees will be receiving a
complimentary gift bag with items
related to this presentation.

**SENIOR
REHABILITATION
SERVICES**

HECTOR PT
www.hectorpt.com
(518) 577-5214



Halliday Financial

May 12th at 11:00

Where There's A Will There's Probates

It is a common misconception that having a will avoids probate in the courts. In fact, the only way to settle an estate with a will is to petition a court. We will discuss the process of filing with the court when there's a will and ways to avoid probate.

May 19th at 11:00

Wills vs. Trusts

Have you ever wondered when you should consider a trust? We will discuss the key differences between a will and a trust.

CINCO DE MAYO



**Walking Tacos
& Margaritas**

**May 5th
at 12:00**

**Please
RSVP**



*Mother's Day Luncheon
& Mimosa Bar
May 6th at noon*

Please RSVP

Community Activities

He's back!!
Brian Zapel
May 9th at 4:00



Join your neighbors at the Clubhouse
for an evening of fun! RSVP please.

Jim Cochran Presents:
Female Spies in Civil War
May 17 at 10:00



During the Civil War, women on both sides did traditional "women's work" to support the war effort. BUT, some did an extraordinary thing - they became spies!

The hour-long, illustrated presentation will discuss 4 such women (2 Union and 2 Confederate), whose exploits did much to advance the cause of their respective sides. Jim Cochran, a retired teacher and veteran presenter at the HVCC Center for Creative Retirement, will deliver the talk.



Tri-County Banjo Band

May 20th at 2:00

Entertainment will be in the Great Room.
Please RSVP

"The Mount"
Edith Wharton's Home

Monday, May 23rd

The tour will cost \$18 per person.
Please pay at time of sign up.

The Mount (1902) is a country house in Lenox, Massachusetts, the home of noted American author Edith Wharton, who designed the house and its grounds and considered it her "first real home."



May 24th at 2:00

Let's kick off the 2022 summer season with
an ice cream social at the Clubhouse!

RSVP please



ICE CREAM SOCIAL

Concierge Services

All meals this month are from Rt 4

Meal Options

Continental Breakfast

Everyday from 8:30am to 10:30am

Supper Club

You have the option of two hot meals each month. They come ready to eat from local restaurants. You can pick up your pre-paid meals at 4pm at the Clubhouse

Let's Do Lunch!

Monthly lunch at the Clubhouse, pre-pay at the office and enjoy lunch with your neighbors. Pick up at the Clubhouse.

Grocery Shopping

Every Friday, the Eastwyck bus goes to three local grocery stores: ShopRite, Price Chopper and Hannaford. We will leave Eastwyck at 8:00am or 10:00am. The bus will pick you up at your building. Please sign up in the main office.

Thursday Medical Appointments

Every Thursday, we provide transportation to scheduled, routine medical appointments. This service is available between the hours of 8:00am and 1:00pm. Call the office for more details and to reserve your appointment time.

SENIOR REHABILITATION SERVICES

HECTORPT

www.hectorpt.com

(518) 577-5214

Located in the Eastwyck Clubhouse.



Supper Club at 4:00



May 17

Chicken Parm over Ziti with bread & salad \$15

May 31

Spaghetti with meatballs along with bread & salad \$15



Let's Do Lunch at 12:00



May 2

Chef Salad \$10

May 9

Turkey, Ham, Italian, Roast Beef (pick one) with chips and macaroni salad \$10



May 16

Hot Sandwich with fries, Eggplant, Chicken-Parm, Meatball (pick one) \$10

May 23

Grilled Cheese & Tomato Soup \$10



Dr. Michael Masias, DPM

From 10:00am—12:00pm on the 1st Wednesday of every month, Dr. Masias will be on site.

518-320-8659.



Rita
518-495-5603

Becky
518-424-7922