

SUMMIT AT EASTWYCK

Monthly Newsletter

November 2021



THE Manager's Message

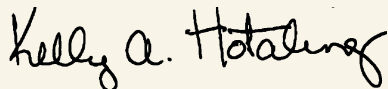
As Nigel Hamilton said *"Thanksgiving is a time of togetherness and gratitude"*.

This month we look forward to gathering together for our **Annual Pilgrims Feast!** Be sure to mark your calendar for this special event. We are thankful for each other and we feel very blessed for all that we enjoy.

Some local families will need our help to put together their Thanksgiving meal this year, so we are having a food drive and collecting non-perishable food items to donate to Concerns "U". Donations can be dropped off to the main office from November 1st through November 19th. Thank you in advance for your kind and generous spirit!

November is the one of the best times to honor all of our Eastwyck Veterans. We are hosting a special Veterans Luncheon on November 10th for all the men and women who have served our country. We are forever grateful for their bravery and sacrifice.

Furthermore, we are excited to begin a new Choral Group! We have so many people with wonderful singing voices here. It's time to share their gift with our community. The **Summit Choral Group** will have their first meeting on November 19th. Be sure to attend if you are so inclined!



Kelly Hotaling
Community Manager



THANKSGIVING FOOD DRIVE for Concerns U of Rensselaer

During the month of November we will be collecting non-perishable food items. We will have a box at the Clubhouse until 11/19. We would like to stick with "Thanksgiving" theme items.

Staff



Community Manager

Kelly Hotaling
Khotaling@summitseniorlife.com

Assistant Community Manager

Tarah Lobdell
Tlobdell@summitseniorlife.com

Maintenance

Thomas Strain
Gani Dajko

Driver

Jerry Bruce

Janitor

Marcus Meehan

Weekend Clubhouse Attendant

Linda Cox

Summit at Eastwyck
1 Eastwyck Circle
Rensselaer, NY 12144
518.874.1638
www.summitseniorlife.com

Welcome to Summit at Eastwyck

November BIRTHDAYS

- 11/4 Clair Hoff
- 11/5 Angela Dunning
- 11/6 Tom Walsh
- 11/8 Linda Cox
- 11/11 Mike Sentiwany
- 11/13 Harry Whipple
- 11/14 Robert Byrum
- 11/14 Diane Walsh
- 11/16 Sandy Purtell
- 11/17 Shirley Romer
- 11/26 Judy Vincent
- 11/26 Frank Cicio

New Resident Orientation & Birthday Party. Please join us for our monthly birthday celebration. The Orientation will follow the birthday celebration.

AMERICAN LEGION OF WYNANTSKILL NOVEMBER 13TH

We will be having a special
Roast Beef Dinner in honor of our veterans.



Each dinner will be \$15/person

Dinners will be delivered to the Clubhouse foyer
that evening at 4:00. The Great Room is reserved
that evening**

Please pay the Eastwyck office when you sign up.

FRANK & MARLENE GERMANOWSKI

MARY TOBIN

DAVID REX



November Book Club November 17th at 12:00

West Hall, Vermont is a town where people go missing without explanation. This remote small town has its secrets and wants to keep it that way. The most mysterious secret is that of Sara Harrison Shea, who, in 1908, was found dead in the field behind her house just months after the tragic death of her daughter, Gertie. Skip to the present day where 19 year old Ruthie returns home to find her Mother, Alice, missing.



Red Wine Tasting



November 12th at 3:00

Enjoy four wines from different countries and we will rate them as we sip & snack.

RSVP for your seat!

S	M	T	W	TH	F	S
	1 1:00 Pinochle 2:00 BINGO 4:00 Knitting	2 10:00 Trip to the voting polls 11:00 HectorPT 1 Year Aniv. 1:00 Pinochle 2:00 Sing A Long 4:00 Knitting	3 1:30 SKAT 2:00 10,9,8 Game 4:00 Knitting 4:00 Pizza	4 Medical Appointments 3:00 Bible Study 5:00 Cole Broderick Entertainment	5 8:00 & 10:00 Grocery Stores 11:30 Bridge 12:00 Ladies Luncheon 1:00 Canasta 3:30 Rosary	6 1:00 Scrabble 1:00 Mahjong CTR 3:00 RumiKub
7 3:00 RumiKub 4:00 Scrabble CTR  Daylight Savings - "Fall Back"	8 12:00 Dinosaur BBQ 1:00 Pinochle 2:00 BINGO 4:00 Knitting 6:00 Poker	9 12:00 Let's Do Lunch Cheese Burger 1:00 Madison Hearing Aid 1:00 Bridge 1:00 Drama Club Meeting 2:00 Sing A Long 3:00 RumiKub 6:00 Gin Rummy	10 12:00 Veterans Luncheon 1:30 SKAT 2:00 10,9,8 Game 2:00 Communion 4:00 Knitting	11  THANK YOU VETERANS Office Closed No Fitness Classes	12 8:00 & 10:00 Grocery Stores 11:30 Bridge 1:00 Canasta 3:00 Wine Tasting 3:30 Rosary	13 1:00 Scrabble 1:00 Mahjong CTR 3:00 RumiKub 4:00 Wreaths Across America Dinner GR Reserved at 4:30
14 3:00 RumiKub 4:00 Scrabble CTR	15 Patty McGee 1:00 Pinochle 2:00 BINGO 4:00 Knitting	16 12:00 Olive Garden & Mall 1:00 Pinochle 2:00 Christmas Cards 4:00 Knitting 4:00 Supper Club Baked Salmon	17 12:00 Book Club 1:30 SKAT 2:00 10,9,8 Game 4:00 Knitting 4:00 Pizza	18 Medical Appointments 3:00 Bible Study 4:00 Pilgrims Feast 6:00 Gin Rummy	19 8:00 & 10:00 Grocery Stores 11:30 Bridge 1:00 Canasta 2:00 Choral Group 3:30 Rosary	20 1:00 Scrabble 1:00 Mahjong CTR 3:00 RumiKub
21 3:00 RumiKub 4:00 Scrabble CTR	22 1:00 Pinochle 1:00 Drama Club Meeting 2:00 Flower Centerpiece Class 4:00 Knitting	23 9-11 Revolutionary Financial Planning 12:00 Let's Do Lunch Philly Cheese Steak 12:00 Saratoga Casino 1:00 Bridge 2:00 Sing A Long 3:00 RumiKub 6:00 Gin Rummy	24 1:30 SKAT 2:00 10,9,8 Game 4:00 Kevin Barcomb Entertainment 4:00 Knitting	25 	26 8:00 & 10:00 Grocery Stores 11:30 Bridge 1:00 Canasta 3:30 Rosary No Fitness Classes	27 1:00 Scrabble 1:00 Mahjong CTR 3:00 RumiKub
28 3:00 RumiKub 4:00 Scrabble CTR	29 1:00 Pinochle 2:00 Birthday Party 2:30 Drama Club Skit 3:00 Orientation 4:00 Knitting  Happy Hanukkah	30 12:00 Target & Walmart 1:00 Bridge 1:00 Summit Service Club Holidays **** 2:00 Sing A Long 3:00 RumiKub 4:00 Supper Club Chicken Parmigiana 6:00 Gin Rummy				
 FITNESS	Every Monday 9:00 Stretch & Flex 10:00 Aqua Fit	Every Tuesday 8:00 Hydro Bikes 9:00 Pilates 10:00 Pilates	Every Wednesday 9:00 Sit To Be Fit 10:00 Aqua Fit	Every Thursday 8:15 Hydro Bikes 9:00 Balance 10:00 Hydro Bikes	Every Friday 9:00 Sit To Be Fit 10:00 Chair Yoga 11:00 Aqua Fit	

Community Activities

Pizza Night



November 3rd
or the 17th
At 4:00

Please pick one
pizza night
to attend
this month!

Cole Broderick

Enjoy an evening of entertainment.

November 4th at 5:00



November Bus Trips

Bus leaves at 12:00 for all for all trips.

November 8th
Dinosaur BBQ



November 16th
Olive Garden & Colonie Center Mall



COLONIECENTER

November 23rd
Saratoga Casino



November 30th
Target & Walmart



TARGET®



Ladies Luncheon

November 5th at noon

Please RSVP

VETERANS' LUNCHEON

NOVEMBER 10TH
AT 12:00

WE WILL HAVE A LUNCHEON
FOR OUR VETERANS HERE
AT EASTWYCK. THIS LUNCH
WILL HONOR OUR MEN &
WOMEN WHO HAVE SERVED
OUR GREAT COUNTRY.

ALL VETERANS,
PLEASE RSVP

Community Activities

Pilgrims Feast

NOVEMBER 18TH AT 4:00



JOIN YOUR EASTWYCK
NEIGHBORS FOR A
THANKSGIVING DINNER
AT THE CLUBHOUSE!

ROASTED TURKEY, MASHED
POTATOES, GREEN BEANS, GRAVY,
CRANBERRIES, AND ROLLS.

PLEASE BRING A PIE OR DESSERT.

RSVP BY 11/10

DOORS OPEN AT 3:30
DINNER WILL BE SERVED
AT 4:00



SUMMIT CHORAL GROUP

We are excited to start a Summit Choral Group!

Looking for people in our community who enjoy singing, whether you're an Alto, Soprano, Bass or Tenor. Or you simply enjoy singing!

The new group will practice 2-3 times per month and the first performance will be at our holiday party next month.

First practice:

2 pm in the Great Room
on November 19th.

December performance:

Holiday Party: 3 Holiday songs.

January performance:

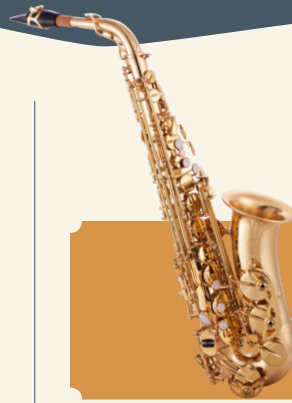
Soup Fest: 3 Broadway songs.

February performance:

Valentines Party: 3 Contemporary songs.

Kevin Barcomb

Evening entertainment
November 24th at 4:00
Please RSVP



November Crafts

Christmas Card Making
with Angela

November 16th at 2:00



Thanksgiving Centerpiece
Arrangement with Lisa

November 22nd at 2:00



RSVP please.

Concierge Services

Meal Options

Continental Breakfast

Everyday from 8:30am to 10:30am

Supper Club

You have the option of two hot meals each month. They come ready to eat from local restaurants. You can pick up your pre-paid meals at 4pm at the Clubhouse

Let's Do Lunch!

Monthly lunch at the Clubhouse, pre-pay at the office and enjoy lunch with your neighbors. Pick up at the Clubhouse.

Grocery Shopping

Every Friday, the Eastwyck bus goes to three local grocery stores: ShopRite, Price Chopper and Hannaford. We will leave Eastwyck at 8:00am or 10:00am. The bus will pick you up at your building. Please sign up in the main office.

Thursday Medical Appointments

Every Thursday, we provide transportation to scheduled, routine medical appointments. This service is available between the hours of 8:00am and 1:00pm. Call the office for more details and to reserve your appointment time.

SENIOR REHABILITATION SERVICES

HECTORPT

www.hectorpt.com

(518) 577-5214

Located in the Eastwyck Clubhouse.



All meal this month are from Casey's Restaurant

Let's Do Lunch at 12:00



November 9

Cheese Burger \$12

November 23

Philly Cheese Steak \$12



Supper Club at 4:00



November 16

Baked Salmon \$14

November 30

Chicken Parmigiana \$12



Dr. Michael Masias, DPM

From 10:00am-12:00pm on the 1st Wednesday of every month, Dr. Masias will be on site.

518-320-8659.

Renew
DAY SPA
at The Summit At Eastwyck

Rita
518-495-5603

Becky
518-424-7922