

SUMMIT AT SARATOGA

Monthly Newsletter

July 2021



THE Manager's Message

Dear Residents,

It is wonderful that Summer has finally arrived, and Saratoga Springs is the "Summer Place to Be!" Our beautiful city will be bustling with events and visitors. Join us for a day at the Track, lunch at the Diamond Club at Embassy Suites, a visit to see retired thoroughbreds, Rivers Casino and the Strike Zone to name a few.

I am so excited and proud to announce that we have been voted the
#1 "55+ Retirement Community"

by *Saratoga Today*!!! We know we are the best community, but it is so nice to see it in print. All of your votes are greatly appreciated. Thank you for all you do to make us the best community!! Come celebrate this great achievement with us on Wednesday, July 28!!

Our Independence Day cookout of the season is on Thursday, July 8. Rain or shine, we will be out grilling and playing lawn games. For residents with a last name from A-M, please bring a dessert to share if possible.

As you walk the halls, please welcome our new residents:

Barbara Healy
Bob and Margie Goodwin
Pat Pitoniak
Judy Vaughn

Enjoy your community as we have fully opened up and are back to normal!!

Happy Summer!

Warm Regards,



Christy Durant
Community Manager

Community Manager

Christy Durant
CDurant@SummitSeniorLife.com

Resident Services Coordinator

Rebecca Detora
RDetora@SummitSeniorLife.com

Concierge

Jessica Pratt
Concierge@SummitSeniorLife.com

Maintenance

Clyde Moore Jr.
Skip Vickery
George Moss

Weekend Concierge

Jennifer Stroebe
Deb Krosiak

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Saratoga Springs, NY 12866
518-430-2136
www.summitsaratoga.com

Emergency Maintenance Number
518-925-0905



SARATOGA TODAY'S "BEST OF" CELEBRATION

Wednesday, July 28, at 1:00pm
Patio/Great Room

Kudos to us!

Summit at Saratoga was voted the #1 Best
55+ Residence in Saratoga County!!
Refreshments, hors d'oeuvres, and music by
The Jack Kelle Duo

The DIAMOND CLUB AT EMBASSY SUITES



Wednesday, July 7

The bus will leave The Summit at 11:30am.
10 residents minimum, 14 maximum
The Diamond Club has been recognized for its
incredible food, services, and ambiance.

RIVERS CASINO AND RESORT



Wednesday, July 14

The bus will leave The Summit at 9:15am.
12 residents minimum, 14 maximum

Located in Schenectady,
Rivers Casino is a premiere
gaming destination with
slots, table games and dining
options..



SARATOGA SPRINGS HIDDEN TREASURE TOUR

Friday, July 16, at 1:30pm

Learn more about famous Saratoga Springs. Resident Pat Hackett will share bits and pieces as we journey out in our motor coach.

A Day at The Races

Wednesday, July 21

The bus will leave The Summit at 12:00pm.

Before the first race at
1:00pm, you will have
plenty of dining options.
Depending on your personal
preferences you can purchase
Grandstand or Clubhouse
tickets once you arrive.



The bus will pick you up at 3:00pm

July Birthdays

Join us in wishing the following
residents a very Happy Birthday.

Alice Welcome	7/4
Barbara Duffy	7/7
Les Pembroke	7/10
Marie Wilson	7/13
Paul Suppes	7/13
Les Rosenberg	7/13
Joy Pinnelle	7/15
Monica Dutcher	7/17
Barbara Schaeffer	7/17
John Fitzner	7/24
Paul Gruber	7/25
Pat Gould	7/25
Sandy Schneider	7/27
Connie Hoadley	7/30
Louella Williams	7/31

Help us celebrate our monthly birthdays on
Wednesday, July 21, at 3:00pm
in the Great Room.

Cake & ice cream for all!

SUMMIT SENIOR LIVING BOCCE BALL TOURNAMENT

Join us for the
first ever bocce
tournament, hosted by
Summit at Eastwyck.














Friday, July 23 (rain date July 30)

Bus will leave the Summit at 1:00pm.
Tournament will begin at 2:00pm.

Refreshing cocktails will be served.

Join us as we all compete for the **Bocce Trophy!**
Spectators are encouraged to join us and
cheer on your community! You may
sit on the patio or a lawn chair.



S	M	T	W	TH	F	S
 <p>Independence Day Office is Closed</p>	Location Key BR-Billiards Room (3rd Floor) CR-Craft Room (2nd Floor) FS-Fitness Studio GR-Great Room LIB-Library LO-Lobby MOV-Movie Theatre P-Pool PAT-Patio PAV-Pavilion TAV-Tavern		Summit Book Club Tuesday, July 13 at 11:00am This month we are reading and discussing <i>East of Eden</i> written by John Steinbeck. All residents are welcome. No sign up necessary. Happy Reading!	1 11:00am Bridge TAV 11:00am Meet New Resident Gathering GR 1:00pm Netflix Series: <i>The Heartland</i> MOV 2:00pm Vocalist, Frank Manning PAT 3:15pm Resident Program Meeting GR	2 10:15am Scrabble TAV 10:30am Shopping Shuttle 1:30pm Mindfulness Meditation LIB 2:15pm Line Dancing FS 3:00pm Ice Cream Novelties PAT 4:00pm BYOB Tavern Time 5:30pm Poker Night GR 6:00pm Rummikub TAV	3 10:30am Board Games TAV 1:30pm Christy's Movie Pick: <i>Flint</i> MOV 3:00pm Creamsicle Float GR 6:00pm Hand & Foot Card Game TAV
	4  <p>Independence Day Office is Closed</p>	5 10:30am Hand and Foot Card Game TAV 5:00pm Mahjong TAV In honor of Independence Day, the office is closed.	6 10:00am Podiatrist Visits: Dr. Masias 1:30pm Quarter Bingo TAV 3:00pm Bocce Ball PAT 3:30pm Pinochle GR 4:30pm Simply Foods Roast Pork Dinner TAV 5:30pm Poker Night GR All Hot Meal Dinner & Prepared Meal Orders DUE TODAY	7 9:30am Pickleball PAV 11:00am Social Knitting & Crochet LIB 11:30am Lunch at The Diamond Club at Embassy Suites 1:30pm Movie Matinee MOV 2:00pm The Saratoga Senior Center Presentation GR 2:30pm Lip Reading Class LIB 3:00pm Corn Hole GR 4:30pm Primo's Pasta Special TAV 6:00pm Hand & Foot Card Game TAV	8 11:00am Bridge TAV 12:00pm 4th of July Cookout PAT/GR  1:00pm Netflix Series: <i>The Heartland</i> MOV 2:00pm Art Class: Rock Class CR 3:00pm Trivia Thursday with DJ Mark Hersh GR	9 10:15am Scrabble TAV 10:30am Shopping Shuttle 1:30pm Mindfulness Meditation LIB 2:15pm Line Dancing FS 3:00pm Ice Cream Novelties PAT 4:00pm BYOB Tavern Time 5:30pm Poker Night GR 6:00pm Rummikub TAV
	11 8:30am Pancake Breakfast GR 10:00am Buddy Swim P 1:00pm Rummikub TAV	12 10:30am Hand and Foot Card Game TAV 11:00am Resident Meeting with Christy GR/Zoom  1:00pm Marilyn Sassi: History of American Architecture LIB 3:00pm Happy Hour GR/TAV/PAT 5:00pm Mahjong TAV 6:15pm Monday Night Movie MOV	13 11:00am Book Club: <i>East of Eden</i> LIB  1:30pm Quarter Bingo TAV 3:00pm Thoroughbred Retirement Foundation Presentation GR 3:30pm Pinochle GR 4:00pm Brooks BBQ LO 4:30pm Dickinson's Delights Lasagna Dinner TAV 5:30pm Poker Night GR	14 9:15am Rivers Casino & Resort 9:30am Pickleball PAV 11:00am Social Knitting & Crochet LIB 1:30pm Movie Matinee MOV 2:00pm Mexican Train TAV 2:00pm Informal Medicare Class LIB  2:30pm Lip Reading Class LIB 3:00pm Corn Hole GR 6:00pm Hand & Foot Card Game TAV	15 11:00am Bridge TAV 1:00pm Netflix Series: <i>The Heartland</i> MOV 1:00pm SPAC presents The NYC Ballet: ALL BALANCHINE 2:00pm Washer Toss Game PAT 3:00pm Drink at the Bar TAV 4:30pm Chef Mickey's Meatloaf Dinner TAV	16 10:15am Scrabble TAV 10:30am Shopping Shuttle 1:30pm Mindfulness Meditation LIB 1:30pm Saratoga Springs Hidden Treasures Tour 2:15pm Line Dancing FS 4:00pm BYOB Tavern Time 5:30pm Poker Night GR 6:00pm Rummikub TAV
	18 8:30am Waffle Breakfast GR 10:00am Buddy Swim P 1:00pm Rummikub TAV	19 10:00am Visit to the Thoroughbred Retirement Foundation  10:30am Hand and Foot Card Game TAV 1:00pm Marilyn Sassi: History of American Architecture LIB 3:00pm Happy Hour GR/TAV/PAT 5:00pm Mahjong TAV 6:15pm Monday Night Movie MOV	20 11:00am Theatre How-to MOV 1:30pm Quarter Bingo TAV 3:00pm Bocce Ball PAT 3:30pm Pinochle GR 4:30pm Chef Mickey's Roast Beef Dinner TAV 5:30pm Poker Night GR	21 9:30am Pickleball PAV 11:00am Social Knitting & Crochet LIB 12:00pm-3:00pm Saratoga Race Course 1:30pm Movie Matinee: MOV 2:00pm Mexican Train TAV 2:30pm Lip Reading Class LIB 3:00pm Monthly Birthday Party GR/TAV 6:00pm Hand & Foot Card Game TAV	22 11:00am Bridge TAV 11:00am Presentation with Fire Chief GR 1:00pm Netflix Series: <i>The Heartland</i> MOV 1:00pm Nurse/Teacher Coffee Klatch GR 2:00pm Tech Hour GR 3:00pm Trivia Thursday with DJ Mark Hersh GR 4:30pm Simply Foods Turkey Dinner TAV	23 10:15am Scrabble TAV 10:30am Shopping Shuttle 1:00pm Bocce Ball Tournament at Summit at Eastwyck 1:30pm Mindfulness Meditation LIB 2:15pm Line Dancing FS 3:00pm Ice Cream Novelties PAT 4:00pm BYOB Tavern Time 5:30pm Poker Night GR 6:00pm Rummikub TAV 8:00pm Olympics 2021 Opening Ceremonies MOV
25 8:30am Pancake Breakfast GR 10:00am Buddy Swim P 1:00pm Rummikub TAV	26 10:30am Scrabble TAV 11:00am Bowling at Saratoga Strike Zone  1:00pm Marilyn Sassi: History of American Architecture LIB 1:00pm Hand and Foot Card Game TAV 3:00pm Happy Hour GR/TAV/PAT 5:00pm Mahjong TAV 6:15pm Monday Night Movie MOV	27 1:30pm Quarter Bingo TAV 3:00pm Saratoga Library Visits GR 3:00pm Bocce Ball PAT 3:30pm Pinochle GR 4:30pm Chef Mickey's Baked Ham Dinner TAV 5:30pm Poker Night GR	28 9:30am Pickleball PAV 11:00am Social Knitting & Crochet LIB 1:00pm SARATOGA TODAY'S "BEST OF" CELEBRATION GR/PAT  1:30pm Movie Matinee MOV 2:00pm Mexican Train TAV 2:30pm Lip Reading Class LIB 6:00pm Hand & Foot Card Game TAV	29 11:00am Bridge TAV 11:00am Questions & Answers with Greenfield Fire Chief 1:00pm Netflix Series: <i>The Heartland</i> MOV  3:00pm The Underground Railroad Presentation GR 5:15pm Three Vines Specialty Menu	30 10:15am Scrabble TAV 10:30am Shopping Shuttle 1:30pm Mindfulness Meditation LIB 2:15pm Line Dancing FS 3:00pm Ice Cream Novelties PAT 4:00pm BYOB Tavern Time 5:30pm Poker Night GR 6:00pm Rummikub TAV	31 10:30am Board Games TAV 1:30pm Movie Matinee MOV 2:00pm Shuffleboard TAV 3:00pm Flavored Lemonade GR 6:00pm Hand & Foot Card Game TAV
CONNECTED life  FITNESS	Every Monday Water Aerobics P 8:30am Hydro Rider Bike P 9:30/10am Beginner Tai Chi FS 10:15am Strength Training FS 11:00am	Every Tuesday Hydro Rider P 8:00am/8:30am Aqua Fit P 9:30am Intermediate Tai Chi LIB 9:30am Balance Class FS 10:30am Yoga FS 11:00am Low Impact Aerobics with Weights FS 11:30am	Every Wednesday Water Aerobics P 8:30am Stretch N'Flex FS 9:30am Sit2BeFit FS 10:30am Buddy Swim P 1:00pm	Every Thursday Hydro Rider P 8:00am/8:30am Aqua Fit P 9:30am Balance Class FS 10:30am Yoga FS 11:00am Low Impact Aerobics with Weights FS 11:30am	Every Friday Water Aerobics P 8:30am Strength Training FS 9:30am Intermediate Tai Chi LIB 9:30am Beginner Tai Chi FS 10:30am Buddy Swim P 10:00am	

Community Activities

Resident Informational Meetings



Resident Program Meeting

Thursday, July 1, at 3:15pm

Resident Meeting with Christy

Monday, July 12, at 11:00am

Zoom / Great Room

Theatre How-To

Tuesday, July 20, at 11:00am

Entertainment on the Patio

Thursday, July 1, at 2:00pm

Keyboardist & Vocalist,

Frank Manning



Summertime Cookout

Thursday, July 8, 12:00pm

Great Room & Patio

Join us for a good old traditional cookout. We will be serving up some favorite foods and those staples that we all love to enjoy at a picnic.

For residents with last names beginning with A-M, please sign up to bring a dessert to share.

Knitting Club NEWS

This year we will be knitting scarves, mittens, and hats for the Franklin Community Center. They provide necessities and services to Saratoga County families in need.

All residents are welcome to join other Summit yarn stars for Knitting Group on Wednesdays at 11:00am. Not a knitter? No problem - bring your own project!

Hope to see you there!



July Art Class Rock Art

Thursday, July 8,
2:00pm

In the Craft Room

There will be a variety of ideas that will inspire you to start creating!

Questions & Answers with Greenfield Fire Chief

Thursday, July 29,
11:00am

Great Room

Fire Drill in August



— New — Bridge Club

Thursdays at 11am
Tavern



TOKYO 2021



July 23 - August 8
Stay tuned for details
of Olympic live streams
highlights, schedules, news
and more!

History of American Architecture



Mondays at 1:00pm in the Library

We are halfway through our "History of America Architecture" Series, led by area professor Marilyn Sassi.

The second part will touch on the following periods: Greek Revival, Victorian, Gothic Revival, and the restoration of Proctors Theater.

Please sign up in the Great Room.

The course will be followed by a tour of the Schenectady Stockade and Sassi's circa 1790 home on August 11.

**TUESDAY,
JULY 13,
AT 3:00PM**



**THOROUGHBRED
RETIREMENT
FOUNDATION**

Join us to learn about the mission of the Thoroughbred Retirement Foundation. This lecture will be followed by a visit to see the horses on Monday, July 19, at 10:00am.



INFORMATIONAL MEDICARE CLASS

**Thursday, July 14, at 2pm
Library**

**Presented By Mike Stanton
Healthcare Specialist
at Revolutionary Financial Planning**

Join us to learn about...

- When & how to sign up
- What each part of Medicare covers
- Additional benefits
- Supplemental vs. Advantage Plans



Underground Railroad History Project

The Underground Railroad

A New Interpretation of an Old Story

By Mary Liz Stewart

**Thursday, July 29 at 3:00pm
Great Room**

The Underground Railroad, often remembered as being characterized by tunnels, dark of night escapes, coded language and hidey-holes, was far more extensive and complex than these ideas have led us to believe.

Independent researcher and Scholar-in-Residence at Russell Sage College, Mary Liz Stewart will explain the various initiatives in which Underground Railroad History Project of the Capital Region, Inc., is engaged. The Project works to connect the public with this local history and its relevance for us today.

Coming in August

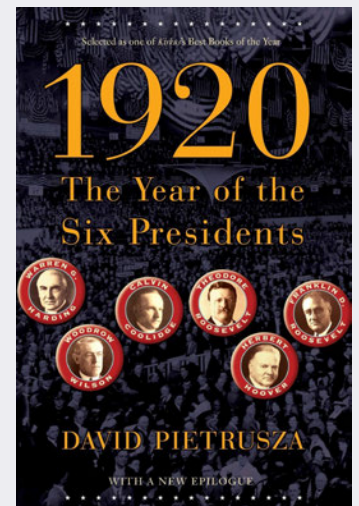
Author, David Pietrusza

August 26 at 2:30pm

David Pietrusza is the award-winning author of a series of books on presidential elections, including *1920: The Year of the Six Presidents* but also covering the 1960, 1948, and 1932 campaigns. He has been called "the undisputed champion of chronicling American Presidential campaigns" and has been featured

on many major networks, as well as at museums, presidential libraries, universities, and historic sites.

If interested you can order this book at amazon.com or bn.com either in print or digital editions.



Concierge Services

CONTINENTAL BREAKFAST

8:30am until 10:30am in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week. Start your morning off right with a healthy breakfast while enjoying each other's company.

There are also copies of the newspaper in the Great Room for residents to read.



Resident Transportation

Tuesdays and Thursdays 9am - 3pm.

Please notify the office at least one week ahead of time.

Destination must be within a 12-mile radius.



You are welcome to set up a pedicure, manicure or hair appointment.

Stylist,
Patricia Keefe
518-992-4904

♥ Gift Certificates Available ♥

Therapeutic Massage
Shari Parslow 518-879-9365

Esthetician & Manicurist
Bhavani Kurtz 518-290-6780

Residents receive 20% off regular rates

SPA GARMENT CARE

Valet Pick-up & Delivery

Please call to notify Spa Garment Care that you have items to be cleaned at

(518) 935-0525

10% off on all orders

On-Site Podiatrist

Dr. Michael Masias, DPM

First Tuesday of every month.

To make your appointment, sign up in the Great Room. He will visit you in your apartment.

CVS pharmacy™

Now delivering Rx+ more!

We offer two convenient delivery options, so you can get what you need within hours or 1 to 2 days.

Residents can set up an account at CVS.com.

Please see office for more details if needed.

Pharmacy Delivery



STONE'S PHARMACY

1 Main St.,
Lake Luzerne, NY 12846

P: (518) 696-3214

F: (518) 696-5192

Residents can set up an account in advance and Stone's will deliver free of charge in the Saratoga area Monday—Friday between 5:30pm and 6pm.

You must be home to accept delivery.

Route 50 Shopping

Please sign up for Fridays Shopping Shuttle on the great room table.

New Stop!



Saratoga Springs Public Library Outreach

Tuesday, July 27, at 3:00pm

Great Room

There will be an array of books and movies for you to browse through. If you would like to reserve a book for that date, please call the library at 518-584-7860 ext. 228.



SARATOGA SPRINGS PUBLIC LIBRARY
YOUR SOURCE FOR INFORMATION, INSPIRATION, AND ENTERTAINMENT