



SUMMIT AT EASTWYCK

Monthly Newsletter

August 2021

THE Manager's Message

I hope everyone is enjoying the summer. We look forward to seeing you at some of our August events. Be sure to look over the calendar and let us know what appeals to you.

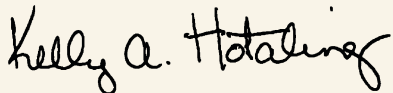
First and foremost, I want to thank you all so much for the donations made to Autism Speaks, we raised \$500 for a very important organization. Our community is very generous indeed.

This month we are collecting school supplies for local children heading back to school this fall. We will be accepting school supplies through August 19th and delivering the items to Concerns U on August 20th.


The Summit Service Club will be meeting this month to discuss volunteer opportunities. If you are interested in learning more about the Summit Service Club, please be sure to attend.

Marilyn Sassi, a long-time museum curator, and adjunct professor at both Hudson Valley Community College and Schenectady County Community College, will be with us for lectures on each Monday in August. Topics for discussion will be Textiles in America circa 1620, from early print, to folk art, fashion and needlework, Marilyn always has interesting material and she presents her information beautifully.

Hope to see you at some of the musical performances this month! We have the Tri-County Banjo Band, Donny Elvis, The Steel Drum Band and Dawn Davis on the harp!



Kelly Hotaling
Community Manager



Clambake

September 2, 2021 at 12:00



Enjoy a clambake at the Clubhouse!

**1 dozen clams, 1/2 chicken, 2 sweet potatoes, 2 baked potatoes,
3 links of sausage, corn on the cob and a dinner roll. \$24 per person.**

Please bring a dessert to share. Please pay when you sign up.

You must RSVP by August 17th.

Staff



Community Manager

Kelly Hotaling

Khotaling@summitseniorlife.com

Administrative Assistant

Tarah Lobdell

Tlobdell@summitseniorlife.com

Maintenance

Thomas Strain

Gani Dajko

Driver

Jerry Bruce

Janitor

Marcus Meehan

Weekend Clubhouse Attendant

Linda Cox

Summit at Eastwyck
1 Eastwyck Circle
Rensselaer, NY 12144
518.874.1638

www.summitseniorlife.com

Welcome to Summit at Eastwyck



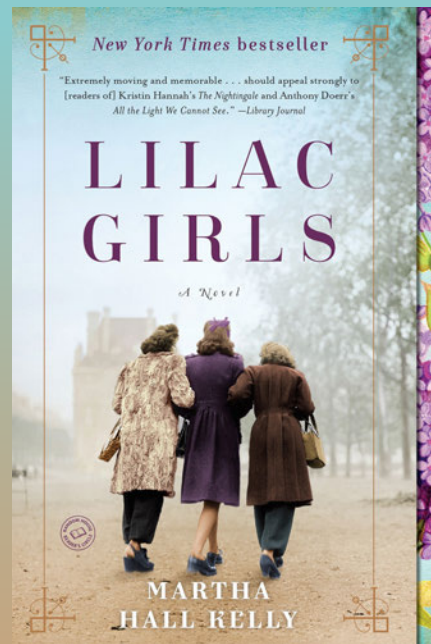
- 8/1 Peggy Hoban
- 8/2 Joan Boule
- 8/2 Jean Cicio
- 8/2 Rose Pemberton
- 8/4 Joe McManus
- 8/5 Susan Bulman
- 8/7 Peter McKinney
- 8/8 Barbara O'Brien
- 8/9 Inga Pepoy
- 8/13 Doris Collins
- 8/23 Wayne Schermerhorn
- 8/24 Elaine Turoski
- 8/26 Roy Krasse
- 8/26 Janet Nadler
- 8/28 Peter Lashmet
- 8/28 Carol Terry –Walker
- 8/31 Jean Northcutt
- 8/31 Anita Crandall

New Resident Orientation & Birthday Party. Please join us for our monthly birthday celebration. The Orientation will follow the birthday celebration.

LUCILLE SHERMAN



Book Club August 11th at 12



Lilac Girls is a historical fiction novel by Martha Hall Kelly. Published in 2016, Kelly's debut novel is inspired by the true story of New York City activist and socialite Caroline Ferriday. Kelly was also inspired by the true story of the Ravensbrück Rabbits, a group of Polish women who were victims of torturous medical experiments during the Second World War.

August 2021

Summit At Eastwyck Office Phone: 518.874.1638 | Emergency Maintenance Phone: 518.338.7441

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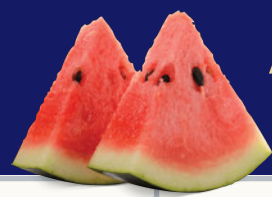
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1 3:00 RumiKub 4:00 Scrabble CTR	2 10:30 Marilyn Sassi 1:00 Pinochle 4:00 Knitting 5:00 Pizza Night	3 1:00 Bridge 2:00 Sing A Long 3:00 RumiKub 6:00 Gin Rummy	4 12:00 Cheesecake Factory 1:30 SKAT 2:00 10,9,8 Game 4:00 Knitting 5:00 Bocce	5 Medical Appointments 2:00 BINGO 4:00 Bible Study 4:00 Supper Club 6:00 Gin Rummy	6 8:00 & 10:00 Grocery Stores 11:30 Bridge 1:00 Canasta 2:00 Harp Player Dawn	7 1:00 Scrabble 1:00 Mahjong CTR 3:00 RumiKub
8 3:00 RumiKub 4:00 Scrabble CTR	9 10:30 Marilyn Sassi 1:00 Pinochle 2:00 Movie : <i>Hachi</i> 4:00 Knitting 5:00 Poker	10 1:00 Bridge 2:00 Sing A Long 3:00 RumiKub 6:00 Gin Rummy	11 12:00 Plum Blossom 12:00 Book Club 1:30 SKAT 2:00 10,9,8 Game 4:00 Knitting 5:00 Bocce	12 Medical Appointments 12:00 Let's Do Lunch 2:00 BINGO 4:00 Bible Study 5:00 Elvis! 6:00 Gin Rummy	13 8:00 & 10:00 Grocery Stores 10:30 Stretching for Adults w/Hector PT 11:30 Bridge 1:00 Canasta 3:30 Rosary	14 1:00 Scrabble 1:00 Mahjong CTR 3:00 RumiKub
15 3:00 RumiKub 4:00 Scrabble CTR	16 10:30 Marilyn Sassi 1:00 Pinochle 2:00 Tri-County Banjo Band 4:00 Knitting 5:00 Pizza Night	17 12:00 Men's Lunch 1:00 Bridge 1:00 Drama Club 2:00 Sing A Long 3:00 RumiKub 6:00 Gin Rummy	18 10:00 Saratoga Race Track 1:30 SKAT 2:00 10,9,8 Game 4:00 Knitting 5:00 Bocce	19 Medical Appointments 12:00 Steel Drums 2:00 BINGO 4:00 Bible Study 6:00 Gin Rummy	20 8:00 & 10:00 Grocery Stores 11:30 Bridge 1:00 Canasta 3:30 Rosary 4:00 Supper Club 5:00 International Pot Luck Dinner	21 1:00 Scrabble 1:00 Mahjong CTR 3:00 RumiKub
22 3:00 RumiKub 4:00 Scrabble CTR	23 10:30 Marilyn Sassi 1:00 Pinochle 2:00 Movie: <i>The Best Of Me</i> 4:00 Knitting	24 1:00 Bridge 1:00 Drama Club 2:00 Line Dancing 3:00 RumiKub 6:00 Gin Rummy	25 12:00 Cheesecake Factory 1:30 SKAT 2:00 10,9,8 Game 4:00 Knitting 5:00 Bocce	26 Medical Appointments 2:00 Architecture of Rensselaer County Presentation 4:00 Bible Study 6:00 Gin Rummy	27 8:00 & 10:00 Grocery Stores 11:30 Bridge 12:00 Let's Do Lunch 1:00 Canasta 3:30 Rosary 5:00 Cole Broderick	28 1:00 Scrabble 1:00 Mahjong CTR 3:00 RumiKub
29 3:00 RumiKub 4:00 Scrabble CTR	30 10:30 Marilyn Sassi 1:00 Pinochle 2:00 Birthday Party 3:00 Orientation 4:00 Knitting	31 1:00 Summit Service Club 1:00 Bridge 2:00 Sing A Long 3:00 RumiKub 6:00 Gin Rummy				
CONNECTED <i>life</i> FITNESS	Every Monday 9:00 Stretch & Flex 10:00 Aqua Fit	Every Tuesday 8:00 Hydro Bikes 9:00 Pilates 10:00 Pilates	Every Wednesday 9:00 Sit To Be Fit 10:00 Aqua Fit	Every Thursday 8:15 Hydro Bikes 9:00 Balance 10:00 Hydro Bikes	Every Friday 9:00 Sit To Be Fit 10:00 Chair Yoga 11:00 Aqua Fit	



LEARNING

Marilyn Sassi EVERY Monday through August at 10:30 **Textiles in America circa 1620.**

Next to gems and precious metals, textiles were the most valuable objects in your home. The same was true for the next 200 years as making them from scratch was extremely time consuming and labor intensive and they were very expensive to purchase.

The first class will include how the pilgrims landed at Plymouth Rock, made their textiles and how the Dutch here in New York produced clothing and bedding only 4 years later. Production from scratch will cover: linen, wool, natural dyes, spinning and weaving.

The 2nd class will continue with the first printed textiles that were imported from India and England. This class will compare the very few wealthy English and Dutch in America's first colonies to the working classes that made up the vast majority of the population.

Class 3 will be the elaborate needlework that began with Mary Queen Of Scots imprisoned for most of her adult life and using her needlework skills to keep herself able to withstand her living conditions.

Class 4 will be a history of fashion in America from the 1600's to the beginning of the 20th century. It will include both men's and women's fashion from the working classes and indentured servants and slaves and the huge difference in the fashions of the wealthy.

The last two classes will be on American folk art and include both paintings and 3 dimensional objects like: weather vanes, cigar store Indians, ship's figureheads and carousel horses.

The first will be on folk art painting. This class will explain that folk art is produced by untrained artists who were usually craftsmen decorating or painting homes and furniture. They turn to portraits as just like today, people wanted pictures of their loved ones. With the camera not invented until well into the 19th century, the first Americans had only paintings to capture the likenesses of loved ones and to remember the ones who had died. These portraits done in the early 18th century along the Hudson and Mohawk Rivers are considered the first school of art in America.

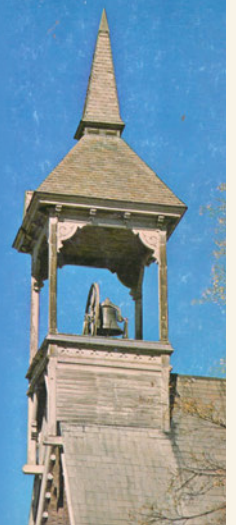
The many illustrations will also include streetscapes of both Albany and Schenectady and the Golden Age Of American Folk Art from 1830 -1850.

The last class will focus on 3 dimensional folk art objects that were all made by carving and painting by hand and demonstrate that in the Golden Age Of Folk Art, even the most utilitarian and insignificant items in the home were made appealing by both their design and painted decorations.

This lecture will take place in the Fitness Room.
Please RSVP

Architecture Worth Saving in Rensselaer County **August 26th at 2:00**

In 1965 in response to planned demolition of buildings in Troy in the name of urban renewal and the push for the interstate highway system I-90 through southern Rensselaer County, RPI Professor Bernd Foerster authored the book *Architecture Worth Saving in Rensselaer County*, highlighting buildings he felt should be protected from demolition. Fifty plus years later, Rensselaer County and Troy City Historian Kathryn Sheehan has photographed each of the buildings identified by Foerster. Are the buildings still here? Are they restored, moved or demolished ? Kathryn's illustrated talk based on her up-coming book, will answer these questions as well as look at buildings she feels should be added to the list of Architecture Worth Saving in Rensselaer County. Presentation will take place in the Great Room.



Community Activities



Tri-County Banjo Band

August 16th at 2:00

Entertainment will be in the Great Room.

Please RSVP

Steel Drum Band

August 19th at 12:00

Join us for a luau themed afternoon with festive music by a steel drum band.

Please RSVP



Dawn Danis

on the Harp

August 6th at 2:00

Please RSVP for this harp performance that will take place in the

Great Room.

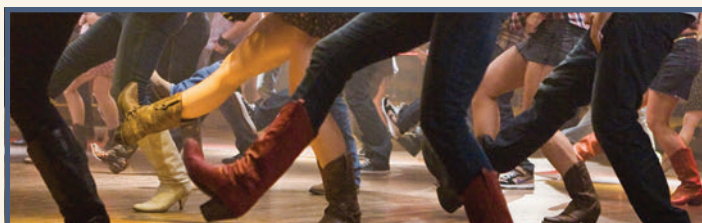


International Pot Luck Dinner



August 20th at 5:00

Please bring a covered dish from another country. After the evening is over please take your dish home. Please RSVP with what dish you will be bringing.



Line Dancing

August 24th at 2:00

Learn some fun dance moves with Paul Rosenberg of Home Spun!! Put your cowboy boots on & get your scoot n' boogie on! **Please RSVP**

DONNY ELVIS

AUGUST 12TH AT 5:00



Come to the Clubhouse for a happy hour and entertainment by Elvis!!

Please RSVP at the office

Concierge Services

Meal Options

Continental Breakfast

Everyday from 8:30-10:30am

Supper Club

You have the option of two hot meals each month. They come ready to eat, from local restaurants. You can pick up your pre-paid meals at 4pm at the Clubhouse

Let's Do Lunch!

Monthly lunch at the Clubhouse, pre-pay at the office and enjoy lunch with your neighbors. Pick up at the Clubhouse.

Grocery Shopping

Every Friday, the Eastwyck bus goes to three local grocery stores: ShopRite, Price Chopper and Hannaford. We will leave Eastwyck at 8:00 or 10:00. The bus will pick you up at your building. Please sign up in the main office.

Thursday Medical Appointments

Every Thursday, we provide transportation to scheduled, routine medical appointments. This service is available between the hours of 8 AM and 1 PM. Call the office for more details and to reserve your appointment time.

SENIOR REHABILITATION SERVICES

HECTORPT

www.hectorpt.com

(518) 577-5214

Located in the Eastwyck Clubhouse.



Let's Do Lunch



August 12th

Chicken Quesadilla \$10

August 27th

Tuna BLT
on Ciabatta Roll \$10



Supper Club at 4:00



August 5th

BBQ Ribs served with
potato & bread \$10

August 20th

Hot Turkey Dinner \$10



Dr. Michael Masias, DPM

Starting at 10:00 on the 1st Wednesday of every month, Dr. Masias will be on site.

518-320-8659.



Rita
518-495-5603

Becky
518-424-7922

at The Summit At Eastwyck