

SUMMIT AT GLENWYCK

Monthly Newsletter

June 2021



THE Manager's Message

"June is bustin' out all over."
Rodgers and Hammerstein

In 1956, Richard Rodgers and Oscar Hammerstein captured the essence of June in six simple song lyrics made famous in the classic film production of the Broadway musical, Carousel. With the arrival of summer, we welcome beautiful weather, an encouraging public health situation, and a calendar full of activities. June is definitely bustin' out all over here at Glenwyck.

In honor of Father's Day, we'll host a special luncheon for the gentlemen of our community. In addition, we hope everyone will plan to sample the June crop of delicious fresh fruit at our Strawberry Shortcake Social. During June, we'll also feature some fun for the fur babies with ice cream doggy treats. Mark your calendars and don't miss Saturday Evening S'mores in the courtyard. It'll be like summer camp lite no tents, no air mattresses, and no mosquitoes!

No event calendar would be complete without opportunities to enjoy live entertainment. We urge everyone to join us in welcoming some of the area's many talented performers this month. With any luck at all, we might hear, "June Is Bustin' Out All Over." Enjoy!

Laura N. Leathem
Laura Leathem
Community Manager

Staff

Community Manager

Laura Leathem

Administrative Assistant

Laurie Ignazio

Office Assistant

Kathleen Nichols

Maintenance

Dustin Harrington

Thomas Nardini

Driver/Custodian

Mike Licata

Weekend Concierge/Marketing Assistant

Linda Sloan

Office Phone

518-280-7340

Emergency Maintenance

518-338-9562

The Summit At Glenwyck
150 Dutch Meadows Lane
Glenville, NY 12302



Dolores Caruso	6/2
Bruce Benson	6/6
Rosemary Stephens	6/10
Sheila Morisette	6/11
Janet Liszewski	6/15
Linda Stimpson	6/18
Ray Shafer	6/21
Kathleen Pultorak	6/29

*Welcome to
The Summit At Glenwyck*

Donald & Kay Ackerman
from Schenectady, NY

Sandra Berning
from Schenectady, NY

David Cowley
from Oshkosh, WI

Rosemary Stephens
from Niskayuna, NY

Mary Jayne Readdean
from Amsterdam, NY

Richard & Ann Chatterton
from Clifton Park, NY

SupperClub

FOOD & FRIENDS

Wednesdays
June 2nd, 9th, 16th, 23rd, 30th
Delivery to the Tavern

June 2nd – Baked Ziti w/ Meatballs
(Caesar Salad, Italian Bread,
Vanilla Pudding) \$15

June 9th – Fried Chicken
(Macaroni Salad, Baked Beans
Cole slaw, Corn Bread, Cherry Pie) \$15

June 16th - Roast Beef Dinner
(Mashed Potatoes & Gravy, Garden
Salad, Green Beans, Roll,
Chocolate Cake) \$17

June 23rd - Eggplant Parmigiana
(Angel Hair Pasta, Tossed Salad,
Garlic Bread, Sugar Cookie) \$15

June 30th - Roast Turkey Dinner
(Mashed Potatoes & Gravy, Stuffing,
Peas & Carrots, Garden Salad,
Apple Crisp) \$15

**Orders due in the office by Noon on
Monday 6/1, 6/7, 6/14, 6/21, 6/28**

J&I's Family CAFE

*Breakfast Outing
Monday, June 21st*

Bus leaves at 9:00 am • Sign up in the Office

S	M	T	W	TH	F	S
		<p>1</p> <p> 1:00 (3) IBS Remedies That Will Change Your Life GR</p> <p> 2:30 Docuseries: MOV</p> <p>4:00 Game Night: Right Left Center GR</p> <p>5:30 Scrabble TAV</p>	<p>2</p> <p>8:30 Waffle Wednesday GR</p> <p>10:00 Walking Club LOBBY</p> <p> 11:30 Presentation: Hector Jasen PT/OT GR</p> <p>1:15 Lit Club LIB</p> <p>4:00 Supper Club w/Maria's Café: Baked Ziti & Meatballs \$15 TAV</p> <p>HAPPY BIRTHDAY DOLORES CARUSO</p>	<p>3</p> <p>10:00 Bible Study LIB</p> <p>2:30 Glenwyck Cinema MOV</p> <p>4:00 Scrabble TAV</p> <p>5:30 Pinochle & Hand, Knee & Foot TAV</p>	<p>4</p> <p>10:00 Walking Club LOBBY</p> <p>10:30 Grocery Shopping</p> <p>1:15 Lit Club LIB</p> <p>1:30 Quarter Bingo GR</p> <p>4:00 Happy Hour: with music by: John Hill GR</p> <p>6:00 Cards TAV</p>	<p>5</p> <p>10:30 Bocce Ball CY</p> <p>2:00 Quarter Bingo GR</p> <p>2:30 Glenwyck Cinema MOV</p> <p>6:00 Game Night TAV</p> <p>6:00 Fireside S'mores CY</p>
<p>6</p> <p>2:00 Dominoes TAV</p> <p>2:00 Quarter Bingo GR</p> <p>4:00 Poker TAV</p> <p>6:00 Game Night TAV</p> <p>HAPPY BIRTHDAY BRUCE BENSON</p>	<p>7</p> <p>10:00 Walking Club LOBBY</p> <p>12:00 Supper Club Orders Due</p> <p>1:15 Lit Club LIB</p> <p>2:00 Catholic Rosary Circle MOV</p> <p>5:30 Pinochle & Hand, Knee & Foot TAV</p> <p>6:30 Scrabble</p>	<p>8</p> <p>1:30 Ice Cream Doggy Treats CY</p> <p> 2:30 Docuseries: MOV</p> <p>4:00 Game Night: Right Left Center GR</p> <p>5:30 Scrabble TAV</p>	<p>9</p> <p>8:30 Waffle Wednesday GR</p> <p>10:00 Walking Club LOBBY</p> <p>1:15 Lit Club LIB</p> <p>4:00 Supper Club w/Maria's Café: Fried Chicken \$15 TAV</p>	<p>10</p> <p>10:00 Bible Study LIB</p> <p>2:00 Music with Cole Broderick GR</p> <p>2:30 Glenwyck Cinema MOV</p> <p>4:00 Scrabble TAV</p> <p>5:30 Pinochle & Hand, Knee & Foot TAV</p> <p>HAPPY BIRTHDAY ROSEMARY STEPHENS</p>	<p>11</p> <p>10:00 Walking Club LOBBY</p> <p>10:30 Grocery Shopping</p> <p>1:15 Lit Club LIB</p> <p>1:30 Quarter Bingo GR</p> <p>4:00 Happy Hour: BYOB GR</p> <p>6:00 Cards TAV</p> <p>HAPPY BIRTHDAY SHEILA MORISETTE</p>	<p>12</p> <p>10:30 Bocce Ball CY</p> <p>2:00 Quarter Bingo GR</p> <p>2:30 Glenwyck Cinema MOV</p> <p>6:00 Game Night TAV</p> <p>6:00 Fireside S'mores CY</p>
<p>13</p> <p>2:00 Dominoes TAV</p> <p>2:00 Quarter Bingo GR</p> <p>4:00 Poker TAV</p> <p>6:00 Game Night TAV</p>	<p>14</p> <p>10:00 Walking Club LOBBY</p> <p>12:00 RSVP Strawberry Shortcake Social</p> <p>12:00 Supper Club Orders Due</p> <p>1:15 Lit Club LIB</p> <p>2:00 Catholic Rosary Circle MOV</p> <p>5:30 Pinochle & Hand, Knee & Foot TAV</p> <p>6:30 Scrabble</p> <p> FLAG DAY</p>	<p>15</p> <p>9:00 GRAND OPENING- OPEN HOUSE UNIT # 219</p> <p>4:00 Game Night: Right Left Center TAV</p> <p> 2:30 Docuseries: MOV</p> <p>3:00 Summer Painting with Janelle TAV</p> <p>4:00 Subway Dine-In GR</p> <p>4:00 Game Night: Right Left Center GR</p> <p>5:30 Scrabble TAV</p> <p>HAPPY BIRTHDAY JANET LISZEWSKI</p>	<p>16</p> <p>8:30 Waffle Wednesday GR</p> <p>10:00 Walking Club LOBBY</p> <p>10:00 Foot Doctor</p> <p>1:15 Lit Club LIB</p> <p>2:30 Strawberry Shortcake Social GR</p> <p>4:00 Supper Club w/Maria's Café: Roast Beef Dinner \$17 TAV</p> <p>5:30 Cards TAV</p>	<p>17</p> <p>9:00 Sunnview Audiology Appts SALON</p> <p>10:00 BibleStudy LIB</p> <p>2:30 Glenwyck Cinema MOV</p> <p>3:00 Jack Kelle Duo GR</p> <p>4:00 ScrabbleTAV</p> <p>5:30 Pinochle& Hand, Knee & Foot TAV</p>	<p>18</p> <p>10:00 Walking Club LOBBY</p> <p>10:30 Grocery Shopping</p> <p>12:00 Fathers Day BBQ TAV</p> <p>1:15 Lit Club LIB</p> <p>1:30 Quarter Bingo GR</p> <p>4:00 Happy Hour: Cape Codder GR</p> <p>6:00 Cards TAV</p> <p>HAPPY BIRTHDAY LINDA STIMPSON</p>	<p>19</p> <p>10:30 Bocce Ball CY</p> <p>2:00 Quarter Bingo GR</p> <p>2:30 Glenwyck Cinema MOV</p> <p>6:00 Game Night TAV</p> <p>6:00 Fireside S'mores CY</p>
<p>20</p> <p>2:00 Dominoes TAV</p> <p>2:00 Quarter Bingo GR</p> <p>4:00 Poker TAV</p> <p>6:00 Game Night TAV</p> <p>HAPPY FATHER'S DAY SUMMER BEGINS</p>	<p>21</p> <p>9:00 J & T Café Breakfast Outing</p> <p>10:00 Walking Club LOBBY</p> <p>12:00 Supper Club Orders Due</p> <p>1:15 Lit Club LIB</p> <p>2:00 Catholic Rosary Circle MOV</p> <p>4:00 Service Club TAV</p> <p>5:30 Pinochle & Hand, Knee & Foot TAV</p> <p>6:30 Scrabble</p> <p>HAPPY BIRTHDAY RAY SHAFER</p>	<p>22</p> <p>12:00 Pizza Party Orders Due</p> <p>2:00 Glenwyck Book Club LIB</p> <p> 2:30 Docuseries: MOV</p> <p>4:00 Game Night: Right Left Center GR</p> <p>5:30 Scrabble TAV</p>	<p>23</p> <p>8:30 Waffle Wednesday GR</p> <p>10:00 Walking Club LOBBY</p> <p>1:15 Lit Club LIB</p> <p>4:00 Supper Club w/Maria's Café: Eggplant Parmigiana \$15 TAV</p> <p>5:30 Cards TAV</p>	<p>24</p> <p>10:00 BibleStudy LIB</p> <p>2:00 Tim Farkas GR</p> <p>2:30 Glenwyck Cinema MOV</p> <p>4:00 ScrabbleTAV</p> <p>5:30 Pinochle& Hand, Knee & Foot TAV</p>	<p>25</p> <p>10:00 Walking Club LOBBY</p> <p>10:30 Grocery Shopping</p> <p>1:15 Lit Club LIB</p> <p>1:30 Quarter Bingo GR</p> <p>4:00 Pizza Party GR</p> <p>6:00 Cards TAV</p>	<p>26</p> <p>9:30 Exec. Board Committee Meeting CR</p> <p>10:30 Bocce Ball CY</p> <p>2:30 Glenwyck Cinema MOV</p> <p>3:30 Midsommar Celebration GR</p> <p>6:00 Game Night TAV</p> <p>6:00 Fireside S'mores CY</p>
<p>27</p> <p>2:00 Dominoes TAV</p> <p>2:00 Quarter Bingo GR</p> <p>4:00 Poker TAV</p> <p>6:00 Game Night TAV</p>	<p>28</p> <p>10:00 Walking Club LOBBY</p> <p>12:00 Supper Club Orders Due</p> <p>1:15 Lit Club LIB</p> <p>2:00 Catholic Rosary Circle MOV</p> <p>5:00 Potluck Supper GR</p> <p>5:30 Pinochle & Hand, Knee & Foot TAV</p> <p>6:30 Scrabble</p>	<p>29</p> <p> 2:30 Docuseries: MOV</p> <p>2:00 Birthday Party GR</p> <p>2:45 GRG Meeting GR</p> <p>4:00 Game Night: Right Left Center GR</p> <p>5:30 Scrabble TAV</p> <p>HAPPY BIRTHDAY KATHLEEN PULTORAK</p>	<p>30</p> <p>8:30 Waffle Wednesday GR</p> <p>10:00 Walking Club LOBBY</p> <p>1:15 Lit Club LIB</p> <p>3:00 Garden Club GR</p> <p>4:00 Supper Club w/Maria's Café: Roast Turkey Dinner \$15 TAV</p> <p>5:30 Cards TAV</p>	<p>GR: Great Room TAV: Tavern CR: Craft Room FS: Fitness Studio P: Pool</p>		<p>CY: Courtyard MOV: Movie Theatre Gym Lobby</p>
<p>CONNECTED life</p> <p></p> <p>FITNESS</p>	<p>Every Monday</p> <p>8:15 Water Aerobics (P)</p> <p>3:30 Buddy Swim (P)</p>	<p>Every Tuesday</p> <p>8:45 Sit 2B Fit (FS)</p> <p>9:30 Balance & Strength Class (FS)</p> <p>10:00 & 3:30 Buddy Swim (P)</p>	<p>Every Wednesday</p> <p>8:30 Water Aerobics (P)</p> <p>9:30 Hydroriders (P)</p> <p>3:30 Buddy Swim (P)</p>	<p>Every Thursday</p> <p>8:45 Sit 2B Fit (FS)</p> <p>10:00 & 3:30 Buddy Swim (P)</p>	<p>Every Friday</p> <p>8:30 Water Aerobics (P)</p> <p>9:30 Hydroriders (P)</p> <p>3:30 Buddy Swim (P)</p>	<p>Every Saturday & Sunday</p> <p>10:00 Buddy Swim (P)</p> <p>3:30 Buddy Swim (P)</p>

MIDSOMMAR CELEBRATION
SATURDAY, JUNE 26TH

MUSIC BY: DONNY ROMINES –
ELVIS IMPERSONATOR

DOORS OPEN AT 3:15

FOOD CATERED BY
THE RED MAILBOX FARM

RSVP BY JUNE 19TH

CALL

CHERYL SKOWRONEK 518-522-1995
OR JUDIE LARSON 518-357-3475



Sponsored by The Glenwyck Resident Group

3 IBS Remedies That Will
Change Your Life

Patty McGee

June 1st at 1:00 pm
In the Great Room

Abdominal pain, gas, bloating, diarrhea, and flatulence are all signs of IBS. You'll learn about trigger foods, healing foods, and life-style tips and tricks to finally banish that bloat, gas, and frustration.

SENIOR REHABILITATION SERVICES

HECTORPT 

www.hectorpt.com

(518) 577-5214

GRAND OPENING!

Tuesday, June 15th, 9:00 am
Unit # 219

Come and meet our therapist & see our new PT/OT room. We look forward to meeting you soon!

A FULL-SERVICE REHABILITATION CLINIC
LOCATED AT GLENWYCK

Summer Painting
with Janelle



Tuesday, June 15th 3:00 pm in the Tavern
Call the office to sign up



DINE-IN

Tuesday, June 15th at 4:00 pm

Join us for a fresh, healthy supper in the Tavern. Pick your choice of sub at a special Glenwyck price! Only \$4.00!

RSVP to the office by June 13th



FRIDAY, JUNE 18TH

NOON IN THE TAVERN

Gentlemen of Glenwyck, sign up for this special lunch meant to honor you and the men you are!

Please RSVP to the office by June 14th



Friday, June 25th
at 4:00 pm Great Room
Call the office by 6/22
to RSVP



Strawberry
Shortcake Social



Wednesday,
June 16th
at 2:30pm

GREAT ROOM
RSVP TO THE OFFICE
BY JUNE 14TH



Come listen to your favorite tunes

John Hill

Friday, June 4th at 4:00 pm

Cole Broderick

Tuesday, June 10th at 2:00 pm

Jack Kelle Duo

Thursday, June 17th at 3:00 pm

Tim Farkas

Thursday, June 24th at 2:00 pm

in the Great Room



Potluck Dinner

Monday, June 28th
5:00 pm in the Great Room

A gathering where each guest brings a dish to be shared.

Come dine & enjoy fellowship with your neighbors

Please RSVP to the office if you are interested in attending and let us know what dish you will be providing.



Concierge Services

We're here, just for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.



✓ Complimentary
beauty consultation
(appointment needed)

Wednesdays & Fridays • 10:00 AM—5:00 PM
Call for all your hair needs.
Cindy 518-526-2262

♥ Gift Certificates Available ♥

DELIVERY IS AVAILABLE

CVS (Mohawk Ave)

Mondays and Wednesdays.

Call Patty at 347-2206, 24 hours in advance.

PRICE CHOPPER

Monday— Friday. Call Jessica at 399-6474.

pharmacy



THE FOOD FLORIST

• GIFTABLE COMFORT FOOD •
WHEN YOU WANT TO SEND MORE THAN FLOWERS



Too busy to grocery shop? Too tired to cook?

Food Florist meals are available in the office on a first come/first serve basis. The below dishes are frozen and ready to be simply heated. Each 2-person serving is \$11. You can also order the meal of your choice off their extensive menu.

This month's anyday choices:

- Chicken Pot Pie
- Cheesy Chicken Bake
- Bacon Swiss Quiche
- Traditional Sausage Lasagna
- Swedish Meatballs

CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



There are complimentary copies of the newspaper located in the Great Room to read.

On-Site Podiatrist

Dr. Michael Masias, DPM

Second Wednesday of every month.

Call Doctor Masias direct at 518-320-8659 to schedule an appointment.

Friday Grocery Shopping

Fridays at 10:30 am

Call the office to sign up



Medical Appointments

Tuesday, Wednesday & Thursday, between 9:00 and 2:00 pm, unless events or urgent maintenance needs conflict.

Please notify the office at least one week ahead of time. It must be within a 10-mile radius.