

SUMMIT AT GLENWYCK

Monthly Newsletter

April 2021



THE Manager's Message

"Every new beginning comes from some other beginnings end."

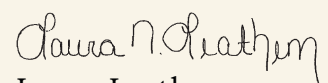
Author unknown

We Americans have always seemed a people fascinated with beginnings. We celebrate births, new homes, baptisms, weddings, exciting career opportunities, the first day of school, bar mitzvas, and the receipt of that first retirement check.

Endings, although often sources of pride and satisfaction, are seldom embraced with the same enthusiasm. Graduation days, for instance, often evoke a melancholy response as children grow and leave the nest. However, my parents were exhilarated with my college graduation. They said it was like finding money.

As we welcome April 2021, we are poised to celebrate a monumental ending as well as the brightest of new beginnings. Although cautiously optimistic, scientists and political leaders are indicating that the light at the end of the long, dark COVID tunnel is getting closer and brighter than ever. As more and more people are vaccinated, life as we remember it begins to come more clearly into focus. In fact, there is reasonable likelihood that July 4th celebrations could once again look, feel, and taste familiar.

The past year has been extremely difficult for all of us. It has been a long and lonely time. As we welcome the end of this frightening chapter in history, let us honor those who were lost and those who labored tirelessly to keep us safe. Let us honor them by seizing this gift of a new beginning filled with hope and happiness for the future.


Laura Leathem
Community Manager

Staff

Community Manager

Laura Leathem

Administrative Assistant

Laurie Ignazio

Maintenance

Dustin Harrington

Thomas Nardini

Driver/Custodian

Mike Licata

Weekend Office Assistant

Kathleen Nichols

Office Phone

518-280-7340

Emergency Maintenance

518-338-9562

The Summit At Glenwyck
150 Dutch Meadows Lane
Glenville, NY 12302



Corinne Kowalski	4/6
Mary Kay Porter	4/7
Margaret Gabriel	4/9
Laura Demercurio	4/9
Lyna Bennett	4/10
Margaret Spielman	4/12
Doris Schlup	4/14
Barbara Cardwell	4/15
David Quick	4/24
William Brewster	4/26
Florence Brothers	4/27

Help us celebrate our monthly birthdays by wishing the following residents a very Happy Birthday! In the Great Room Tuesday, April 27th at 2:00 pm.

*Welcome to
The Summit At Glenwyck*

Frances & Theodore Reed
from Ballston Spa, NY

Ken & Barbara Abbott
from Bradenton, FL

Charles & Joan Shields
from Hampton Bays, NY

SupperClub

FOOD & FRIENDS

Wednesdays

April 7th, 14th, 21st & 28th
Delivery to the Main Foyer

April 7th– Stuffed Pepper
(Twice Baked Potato, Garden Salad, Roll & Vanilla Pudding) \$15

April 14th – Chicken & Dumplings
(Mashed Potatoes, Tossed Salad, Vegetable Medley, Biscuit, Cherry Cobbler) \$15

April 21st - Eggplant Parmigiana
(Angel Hair Pasta, Tossed Salad, Garlic Bread & Peanut Butter Cookie) \$15

April 28th - Baked Ham Dinner
(Mashed Potatoes & Gravy, Green Beans, Garden Salad, Roll, Chocolate Cake) \$15

**Orders due in the office by Noon on
Monday 4/5, 4/12, 4/19 & 4/26**



S	M	T	W	TH	F	S
	GR: Great Room TAV: Tavern CR: Craft Room FS: Fitness Studio P: Pool	CY: Courtyard MOV: Movie Theatre Gym Lobby		1 	2 10:30 Grocery Shopping GOOD FRIDAY	3
4 	5 12:00 Supper Club Orders Due	6 1:30 Tuesday Treats delivered to your door	7 4:00 Supper Club w/Maria's Café: Stuffed Pepper \$15 LOBBY	8	9 10:30 Grocery Shopping	10
11	12 12:00 Supper Club Orders Due	13 1:30 Tuesday Treats delivered to your door	14 10:00 Foot Doctor 12:00 Subway Lunch-In GR 1:15 Lit Club LIB 4:00 Supper Club w/Maria's Café: Chicken & Dumplings \$15 LOBBY 5:30 Cards TAV	15 10:00 Bible Study LIB 2:00 Jack Kelle Duo GR 4:00 Scrabble TAV 5:30 Pinochle & Hand, Knee & Foot TAV	16 10:30 Grocery Shopping 1:15 Lit Club LIB 2:00 Quarter Bingo GR 4:00 Happy Hour: Wine TAV/GR 6:00 Cards TAV	17 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV
18 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV	19 10:00 Walking Club LOBBY 11:30 Gym Orientation FS 12:00 Supper Club Orders Due 1:15 Lit Club LIB 2:00 Catholic Rosary Circle MOV 4:00 Service Club TAV 5:30 Pinochle & Hand, Knee & Foot TAV 6:30 Scrabble	20  11:30 Hector Jasen MSPT Presentation GR  2:00 Glenwyck Book Club LIB 2:30 Docuseries: MOV 4:00 Game Night: Right Left Center TAV 5:30 Scrabble TAV HOLOCAUST REMEMBRANCE DAY	21 8:30 Waffle Wednesday GR 10:00 Walking Club LOBBY 1:15 Lit Club LIB 2:30 Glenwyck Cinema MOV 3:00 Wine Glass Painting with Janelle TAV 4:00 Supper Club w/Maria's Café: Eggplant Parmigiana \$15 LOBBY 5:30 Cards TAV	22 9:00 Sunnyview Audiology Appts SALON 10:00 Bible Study LIB 1:00 Seed-Planting CR 2:00 Cole Broderick GR 4:00 Scrabble TAV 5:30 Pinochle & Hand, Knee & Foot TAV	23 10:00 Walking Club LOBBY 10:30 Grocery Shopping 1:15 Lit Club LIB 2:00 Quarter Bingo GR 4:00 Happy Hour: Screwdrivers TAV/GR 6:00 Cards TAV	24 9:30 Exec. Board Committee Meeting CR 2:00 Quarter Bingo GR 2:30 Glenwyck Cinema MOV 6:00 Game Night TAV
25 2:00 Dominoes TAV 2:00 Quarter Bingo GR 4:00 Poker TAV 6:00 Game Night TAV	26 10:00 Walking Club LOBBY 12:00 Supper Club Orders Due 1:15 Lit Club LIB 2:00 Catholic Rosary Circle MOV 5:30 Pinochle & Hand, Knee & Foot TAV 6:30 Scrabble	27  2:00 Jigsaw Puzzles GR 2:00 Birthday Party GR 2:30 Docuseries: MOV 2:45 GRG Meeting GR 4:00 Game Night: Right Left Center TAV 5:30 Scrabble TAV	28 8:30 Waffle Wednesday GR 10:00 Walking Club LOBBY 1:15 Lit Club LIB 2:30 Glenwyck Cinema MOV 3:00 Garden Club GR 4:00 Supper Club w/Maria's Café: Baked Ham Dinner \$15 LOBBY 5:30 Cards TAV	29 10:00 Bible Study LIB 4:00 Scrabble TAV 5:30 Pinochle & Hand, Knee & Foot TAV	30 10:00 Walking Club LOBBY 10:30 Grocery Shopping 1:15 Lit Club LIB 2:00 Quarter Bingo GR 4:00 Pizza Party TAV/GR 6:00 Cards TAV	
CONNECTED life  FITNESS	Every Monday 8:15 Water Aerobics (P) 3:30 Buddy Swim (P)	Every Tuesday 8:45 Sit 2B Fit (FS) 10:00 & 3:30 Buddy Swim (P)	Every Wednesday 8:30 Water Aerobics (P) 9:30 Hydroriders (P) 10:00 Hydroriders (P) 3:30 Buddy Swim (P)	Every Thursday 8:45 Sit 2B Fit (FS) 10:00 & 3:30 Buddy Swim (P)	Every Friday 8:30 Water Aerobics (P) 9:30 Hydroriders (P) 10:00 Hydroriders (P) 3:30 Buddy Swim (P)	Every Saturday & Sunday 10:00 Buddy Swim (P) 3:30 Buddy Swim (P)

SENIOR REHABILITATION SERVICES

HECTORPT

www.hectorpt.com

(518) 577-5214



Presentation

Tuesday, April 20
11:30 am
in the Great Room



Come and meet Hector Jasen MSPT. Hear about the physical & occupational therapy services that will be located at Glenwyck.

GRAND OPENING!
May 2021

A FULL-SERVICE
REHABILITATION
CLINIC

LOCATED AT
GLENWYCK
COMING SOON!



**Wine Glass Painting
with Janelle**

Wednesday, April 21st 3:00 pm in the Tavern
Call the office to sign up Limited Seating

Make your
FRIEND



your
NEIGHBOR!

\$500 for Resident and \$500 for friend*

Refer a friend to Summit. When they sign a lease and move in you will each receive **\$500!**




Prepared to serve.™

Place your order with Tom Barnes by calling 1-888-724-9267 or go online to www.schwans.com.

Delivery dates are 9th & 23rd.

Tom usually arrives outside the main entrance between 11:00 am - 12:00 pm.



**Friday, April 30th
at 4:00 pm Great Room**
Call the office by 4/27 to RSVP

PIZZA Party



Come listen to your favorite tunes

Jack Kelle Duo

Thursday, April 15th at 2:00 pm

Cole Boderick

Thursday, April 22nd at 2:00 pm

in the Great Room



EARTH DAY
APRIL 22

Seed-Planting for Spring
Thursday, April 22, 1:00 pm
in the Craft Room

Join residents to plant seeds that will be transplanted into our community garden! Watch them grow in the warmth of the pool room!

Fitness Orientation



If you are interested in learning more about our gym and fitness equipment come join **Barbara Howansky**, fitness instructor, as she demonstrates how to properly use the equipment. The trainer will also be happy to demonstrate modified exercises in case of limitations.

Monday, April 19th

11:30 am

in the Gym

Concierge Services

We're here, just for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.



✓ Complimentary beauty consultation (appointment needed)
♥ Gift Certificates Available ♥

Wednesdays & Fridays • 10:00 AM—5:00 PM
Call for all your hair needs.
Cindy 518-526-2262
Massage Therapy & Nail Care
Available Mondays by appointment
Marjorie Garden 518-522-4586

DELIVERY IS AVAILABLE **pharmacy**

CVS (Mohawk Ave)

Mondays and Wednesdays. 
Call Patty at 347-2206, 24 hours in advance.
PRICE CHOPPER
Monday—Friday. Call Jessica at 399-6474.



THE FOOD FLORIST
· GIFTABLE COMFORT FOOD ·
WHEN YOU WANT TO SEND MORE THAN FLOWERS



Too busy to grocery shop? Too tired to cook?

Food Florist meals are available in the office on a first come/first serve basis. The below dishes are frozen and ready to be simply heated. Each 2-person serving is \$11. You can also order the meal of your choice off their extensive menu.

This month's anyday choices:

- Chicken Pot Pie
- Cheesy Chicken Bake
- Bacon Swiss Quiche
- Traditional Sausage Lasagna
- Swedish Meatballs

CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



There are complimentary copies of the newspaper located in the Great Room to read.

On-Site Podiatrist

Dr. Michael Masias, DPM

Second Wednesday of every month.

Call Doctor Masias direct at 518-320-8659 to schedule an appointment.



Friday Grocery Shopping

Fridays at 10:30 am
Call the office to sign up



Medical Appointments

Tuesday, Wednesday & Thursday, between 9:00 am and 2:00 pm.

Please schedule with the office at least one week in advance.