

THE

Community Manager's Message

It's December! The most wonderful time of the year is finally here!

Though this year the holiday season will look a little different, we still have 2 big reasons to celebrate... the holidays are upon us and 2020 is almost over!

I will not be sorry to say "so long" to 2020, however I do have some sweet memories from the year. Meeting you all for the first time, getting to know Matt and Meg, and hiring Mike. These were some of the highlights of my year. And despite the challenges we have faced, I am grateful to you for all your feedback, and your efforts to comply with our COVID-related guidelines.

With the thought that we can still create positive memories before the end of this long year, I hope you will join us for some festive and fun-filled activities this month:

- December 3rd "Sip and Shop", 12pm 2pm
- December 11th Holiday Gift Swap at 2pm
- December 15th Ladies Luncheon at 12:30pm
- December 16th Men's Luncheon at 12:30pm
- December 21st Winter Solstice Celebration at 4pm

Let's make this a "December to remember" as we celebrate the holidays together!

Happy December,

Joan Community Manager





Community Manager

Joan Scotti
JScotti@SummitSeniorLife.com

Concierge

Meg Nigro Meg@SummitSeniorLife.com

Maintenance

Matt Grygas

Mike Magnan

Weekend Concierge

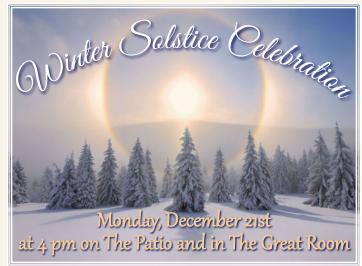
Samantha Foley Kelly Chapman

Office Phone

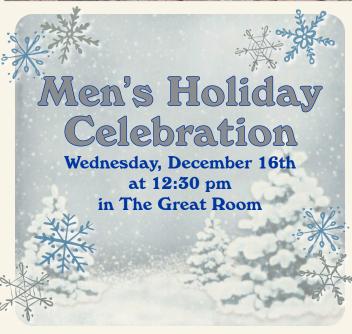
518-941-8871

The Summit At Mill Hill 2 Mill Hill Court Slingerlands, NY 12159 www.summitatmillhill.com







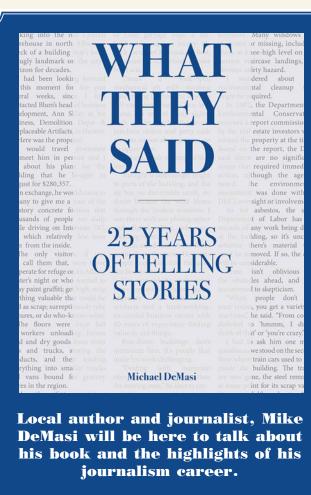




CONNECTED life



LEARNING



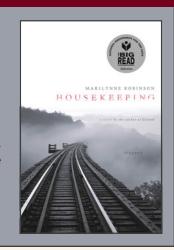




Summit Book Club

DECEMBER BOOK CLUB SELECTON

A modern classic, Housekeeping, is the story of Ruth and her younger sister, Lucille and their struggle toward adulthood. It beautifully illuminates the price of loss and survival, and the dangerous and deep undertow of transience.





Join resident **Bev Harrington**

Wednesday, December 9th at 2pm in The Great Room





Holiday Ornament Making
Tuesday, December 1st
at 2pm in The Great Room





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Concierge Services

CONTINENTAL BREAKFAST

In the Great Room, weekdays 8:30am - 11:00am, 9am - 11am Saturdays & Sundays.

We are happy to offer a continental breakfast to our residents (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



Thursday Grocery Shopping

On Thursdays at 10:00 am, the Mill Hill van goes to one of several local grocery stores or Walmart.

Please sign up in the office if you would like to use this service.



Transportation to Medical Appointments

Every Tuesday & Thursday, we provide transportation to scheduled, routine medical appointments. This service is available between the hours of 9 AM and 2 PM

Call the office to reserve you appointment time.







Wednesdays Hair Stylist - Paula 518-361-5629 Wednesdays Nail Specialist - Sonia 518-512-7479 Tuesdays Massage Therapist - Charlene Watson 518-813-3347

Summit Supper Club

December 1 Pelligrino's

December 3 Café Royale

December 8 Pizza by Dom

December 10 Emma Cleary's Cafe

December 15 Buena Comida

December 17 Marisa's Place

December 22 Bellini's Counter

December 29 Inferno



WHEN YOU WANT TO SEND MORE THAN FLOWERS

Too busy to grocery shop? Too tired to cook?

Food Florist meals may be ordered weekly. The homemade dishes are frozen and ready to be heated. Each two-person serving is \$11.

This month, the Food Florist entrees we have on hand are:

Chicken Pot Pie Sausage Lasagna Spinach-Zucchini Lasagna (Gluten-Free) Swedish Meatballs.

Please call Meg in the office anytime, to order one of the above Food Florist meals. To place a custom order, see more meal options at *thefoodflorist.com* and place your order with Meg by 3pm on Mondays.

Spa Garment Care

5 New Karner Road (Route 155) Guilderland, NY 12084

(518) 608-1063

Dry Cleaning, Shoe Repair & Tailoring
10% off on all orders