

SUMMIT AT GLENWYCK

Monthly Newsletter

December 2020



My Grown-Up Christmas List

Do you remember me?
I sat upon your knee
I wrote to you with childhood fantasies
Well I'm all grown up now
And still need help somehow
I'm not a child but my heart still can dream

So here's my lifelong wish
My grown-up Christmas list
Not for myself but for a world in need
No more lives torn apart
That wars would never start
And time would heal all hearts
Everyone would have a friend
And right would always win
And love would never end, oh
This is my grown-up Christmas list

As children we believe
The grandest sight to see
Is something lovely wrapped beneath the tree
But Heaven only knows
That packages and bows
Can never heal a hurting human soul

No more lives torn apart
That wars would never start
And time would heal all hearts
Everyone would have a friend
And right would always win
And love would never end, oh
This is my grown-up Christmas list

What is this illusion called the innocence of youth
Maybe only in our blind belief can we ever find the truth

No more lives torn apart
That wars would never start
And time would heal all hearts
Everyone would have a friend
And right would always win
And love would never end, oh
This is my grown-up Christmas list
This is my only lifelong wish
This is my grown-up Christmas list

Songwriters: Linda Thompson/ David Foster

Happy Holidays To All

Welcome to The Summit At Glenwyck

Carol Braun
from Amsterdam, New York

Wayne Riley
from Troy, New York

Corinne Kowalski
from Amsterdam, New York

Dina McGibbon
from Rexford, New York

Staff

Community Manager

Laura Leathem

Administrative Assistant

Laurie Ignazio

Maintenance

Mike Norton

Thomas Nardini

Driver/Custodian

Mike Licata

Weekend Office Assistant

Kathleen Nichols

Office Phone

518-280-7340

Emergency Maintenance

518-338-9562

The Summit At Glenwyck
150 Dutch Meadows Lane
Glenville, NY 12302



Come listen to your favorite
Holiday Songs in the Great Room

Thursday, December 3rd 2:30 pm

Jack Kelle Duo

Thursday, December 10th at 2:00 pm

Tim Farkas

Monday, December 14th 2:00 pm

Carmen & Life's Guilty Pleasures



Carol Simmons	12/06
Robert White	12/10
Diane Kruzikas	12/10
Lynn Relyea	12/10
Mary Whitehead	12/14
Maxene Mills	12/15
Betty Hemsing	12/17
Carol Flansburg	12/18
Eileen Shafer	12/19
Sally Heiligman	12/21

Help us celebrate our monthly birthdays by
wishing the following residents a very Happy
Birthday! Special treats will be delivered to each
of you on Tuesday, December 29th between
1:00 pm – 2:00 pm.



Wednesdays

December 2nd, 9th, 16th, 23rd & 30th

Delivery to the Main Foyer

December 2nd– Chicken Pot Pie

(Garden Salad, Roll, Cherry Cobbler) \$15

December 9th - Baked Ziti

(Meatballs, Caesar Salad, Garlic Bread,
Chocolate Chip Cookie) \$15

December 16th - Meatloaf

(Mashed Potatoes, Gravy, Green Beans,
Garden Salad, Roll, Apple Crisp) \$15

December 23rd - Baked Ham

(Baked Potato, Baby Carrots,
Tossed Salad, Vanilla Pudding) \$15

December 30th - Beef Stew

(Garden Salad, Corn Bread,
Chocolate Cake) \$15

**Orders due in the office by
Noon on Monday**

11/30, 12/7, 12/14, 12/21, 12/28



S	M	T	W	TH	F	S
GR: Great Room TAV: Tavern CR: Craft Room FS: Fitness Studio P: Pool	CY: Courtyard MOV: Movie Theatre Gym Lobby	1 10:30 Deck the Halls/Trim the Tree GR 12:00 Door Decorating Contest Begins 1:00 Stories, Memories & Songs w/Terry Paulson GR 2:30 Jingle & Mingle: Eggnog & Christmas Cookies GR 4:00 Glenwyck Cinema <i>How The Grinch Stole Christmas</i> MOV	2 10:30 Deck the Halls/Trim the Tree GR 1:00 Knit & Crochet GR 2:30 Happy Holiday Hour: <i>Winter Moscato Punch</i> GR 4:00 Supper Club: Chicken Pot Pie LOBBY	3 10:30 Deck the Halls/Trim the Tree GR 10:00 Bible Study MOV 12:15 Art & Quarantine Stories: Virtual Senior Academy MOV 1:00 Glenwyck Cinema <i>Mariah Carey's Merriest Christmas</i> MOV 1:00 Gingerbread House Decorating TAV 2:30 Jack Kelle Duo GR	4 10:30 Deck the Halls/Trim the Tree GR 10:30 Grocery Shopping 2:00 Quarter Bingo GR	5 11:00 Exec. Committee Meeting GR 1:00 Glenwyck Cinema <i>National Lampoon's Christmas Vacation</i> MOV 1:00 Wrap & Chat TAV 2:00 Quarter Bingo GR
6 10:00 Greeting Card Workshop TAV 11:00 Glenwyck Cinema <i>Rebecca</i> MOV	7 11:30 Presentation: Free Caption Phone & Panera Box Lunch Provided by ClearCaptions GR 12:00 Supper Club Orders Due 2:00 Catholic Rosary Circle MOV 4:00 Service Club TAV	8 1:00 Christmas Sing-Along w/Terry Paulson GR 2:30 Jingle & Mingle: <i>Smith's Tollhouse Pie</i> GR 4:00 Glenwyck Cinema <i>The Christmas Chronicles</i> MOV	9 10:00 Foot Doctor 1:00 Knit & Crochet GR 2:30 Happy Holiday Hour: <i>Planters Punch</i> GR 4:00 Supper Club: Baked Ziti Dinner LOBBY	10 10:00 Bible Study MOV 12:15 Art & Quarentine Stories: Virtual Senior Academy MOV 1:00 Glenwyck Cinema <i>It's A Wonderful Life</i> MOV 2:00 Holiday Songs with Tim Farkas GR HANUKKAH BEGINS AT SUNDOWN	11 10:30 Grocery Shopping 12:00 RSVP Deadline for Holiday Brunch 2:00 Quarter Bingo GR 3:00 White Elephant Gift Exchange & Ugly Sweater Contest GR	12 1:00 Glenwyck Cinema <i>Christmas with the Kranks</i> MOV 1:00 Wrap & Chat TAV 2:00 Quarter Bingo GR
13 10:00 Greeting Card Workshop TAV 11:00 Glenwyck Cinema <i>Fisherman's Friends</i> MOV	14 12:00 Subway Orders Due 12:00 Supper Club Orders Due 2:00 Catholic Rosary Circle MOV 2:00 Carmen & Life's Guilty Pleasures GR 3:00 Decorating Gingerbread Cookies w/Amanda TAV	15 11:30 Good Doggy Saratoga GR 2:30 Jingle & Mingle: Smith's Tollhouse Pie GR 4:00 Glenwyck Cinema <i>Barbra... The Music... The Mem'Ries... The Magic!</i> MOV	16 12:00 Subway Delivery To You 1:00 Knit & Crochet GR 2:30 Happy Holiday Hour: <i>Laurie's Holiday Punch</i> GR 4:00 Supper Club: Meatloaf Dinner LOBBY	17 8:30 Catered Holiday Brunch Delivered to You 9:00 Audiology Appts SALON 10:00 Bible Study MOV 12:15 Art & Quarantine Stories: Virtual Senior Academy MOV 1:00 Glenwyck Cinema <i>The Polar Express</i> MOV 1:00 Making Sense of Your Lab Work & Your Results GR	18 10:30 Grocery Shopping 1:00 Cookie Exchange TAV 2:00 Quarter Bingo GR	19 1:00 Glenwyck Cinema <i>Disney's A Christmas Carol</i> MOV 1:00 Wrap & Chat TAV 2:00 Quarter Bingo GR
20 10:00 Greeting Card Workshop TAV 11:00 Glenwyck Cinema <i>Garth Brooks The Road I'm On</i> MOV LAST DAY TO DONATE TO TOYS FOR TOTS DRIVE	21 12:00 Supper Club Orders Due 2:00 Catholic Rosary Circle MOV 3:00 White Elephant Gift Exchange & Ugly Sweater Contest GR 4:00 Service Club TAV WINTER BEGINS	22 1:00 Tradional Christmas Sing-Along w/Terry Paulson GR 2:30 Jingle & Mingle: Hot Cocoa & Holiday Treats GR 4:00 Glenwyck Cinema <i>White Christmas</i> MOV	23 10:30 Grocery Shopping 12:00 Pizza Delivery To You 1:00 Knit & Crochet GR 2:30 Happy Holiday Hour: <i>Cranberry Zinfandel Punch</i> GR 4:00 Supper Club: Baked Ham Dinner LOBBY	24  OFFICE CLOSED (NO FITNESS CLASSES)	25  OFFICE CLOSED (NO FITNESS CLASSES)	26 1:00 Glenwyck Cinema <i>Mirror Mirror</i> MOV 2:00 Quarter Bingo GR KWANZAA BEGINS
27 10:00 Greeting Card Workshop TAV 11:00 Glenwyck Cinema <i>Too Wong Foo Thanks For Everything Julie Newmar</i> MOV	28 12:00 Supper Club Orders Due 2:00 Catholic Rosary Circle MOV	29 1:00 Birthday Treat Delivery To You 2:00 Glenwyck Resident Group Meeting (Sign up for 1 of 3 Meeting Times) GR 4:00 Glenwyck Cinema <i>Quincy</i> MOV	30 10:30 Grocery Shopping 1:00 Knit & Crochet GR 2:30 Happy Holiday Hour: <i>Champagne Punch</i> GR 4:00 Supper Club: Beef Stew Dinner LOBBY	31  NEW YEAR'S EVE - OFFICE CLOSED (NO FITNESS CLASSES)		
Every Sunday 10:00 Buddy Swim (P) CONNECTED <i>life</i>  FITNESS	Every Monday 8:15 Water Aerobics (P) 12:00 Buddy Swim (P) 3:30 Buddy Swim (P)	Every Tuesday 8:45 Sit 2B Fit (FS) 10:00, 12:00 & 3:30 Buddy Swim (P)	Every Wednesday 8:30 Water Aerobics (P) 9:30 Hydroriders (P) 12:00 & 3:30 Buddy Swim (P)	Every Thursday 8:45 Sit 2B Fit (FS) 10:00, 12:00 & 3:30 Buddy Swim (P)	Every Friday 8:30 Water Aerobics (P) 9:30 Hydroriders (P) 12:00 & 3:30 Buddy Swim (P)	Every Saturday 10:00 Buddy Swim (P) 12:00 Buddy Swim (P) 3:30 Buddy Swim (P)



*Join us to decorate Glenwyck!
Check calendar for scheduled times.*

Deck the Door Contest

Winners will be announced
December 29th
during the GRG meeting.

**Most Traditional, Most Creative,
Most Festive**



Please bring new, unwrapped toys to the main office for the annual U.S. Marine Toys for Tots Drive. Donations are welcome until Monday, December 21st. All donations will be distributed to needy children in our area.

Sing- Along

Christmas



**Tuesday, December 8th
at 1:00 pm - GR**

Wrap & Chat



**We supply the wrapping and you supply the gifts!
Saturdays 1:00 pm in the Tavern**

Gingerbread House Decorating



**Join us in creating a holiday display
for our community!
Thursday, December 3rd at 1:00 pm in the Tavern**

White Elephant Gift Exchange & Ugly Sweater Contest

Friday, December 11th
&
Monday, December 21st
at 3:00 pm in the Great Room



Bring a wrapped gift of your choice
and watch the fun ensue! Keep it to a
\$15 minimum. Win a prize for the
Ugliest Sweater!



white
ELEPHANT
gift exchange

Cookie exchange

Friday, December 18th, 1:00 pm

Take a break from the holiday rush and share
the Christmas spirit with old and new friends.
We look forward to seeing you.

- All cookies should be homemade and baked
- Please bring 2-3 dozen total cookies.
- Bring a copy of your recipe to the party.
The main office will make copies for each
interested guest.
- RSVP as soon as you can and let the main
office know what type of cookies you are
planning on baking - no duplicate recipes
allowed.

Complimentary Catered Holiday Brunch



Thursday, December 17th - Catered by Maria's

**Delivered Direct to Your Door
Between 8:30 am - 9:30 am**

French Toast, Scrambled Eggs, Bacon,
Sausage, Potatoes O'Brien, Fruit Cup, Croissant,
Danish, Juice

**PLEASE CALL THE OFFICE BY
12/11 TO RSVP 518-280-7340**

Concierge Services

We're here, just for you!

At Summit At Glenwyck, we are passionate about helping you live well. Let us lend a helping hand to make it a little easier to enjoy! Looking for something to do? Looking for a doctor or specialist? Need to dry clean that winter coat? Searching for a local veterinarian? In need of transportation? We can help! Come to the office for details.



✓ Complimentary
beauty consultation
(appointment needed)

♥ Gift Certificates Available ♥

Wednesdays & Fridays • 10:00 AM—5:00 PM

Call for all your hair needs.

Cindy 518-526-2262

Massage Therapy & Nail Care

Available Mondays by appointment

Marjorie Garden 518-522-4586

DELIVERY IS AVAILABLE

CVS (Mohawk Ave)

Mondays and Wednesdays.

Call Patty at 347-2206, 24 hours in advance.

PRICE CHOPPER

Monday—Friday. Call Jessica at 399-6474.

pharmacy



THE
FOOD FLORIST
• GIFTABLE COMFORT FOOD •
WHEN YOU WANT TO SEND MORE THAN FLOWERS



Too busy to grocery shop? Too tired to cook?

Food Florist meals are available in the office on a first come/first serve basis. The below dishes are frozen and ready to be simply heated. Each 2-person serving is \$11. You can also order the meal of your choice off their extensive menu.

This month's anyday choices:

Chicken Pot Pie

Cheesy Chicken Bake

Bacon Swiss Quiche

Traditional Sausage Lasagna

Swedish Meatballs

CONTINENTAL BREAKFAST

8:30 AM until 10:15 AM in the Great Room

We are happy to offer a continental breakfast to our residents seven days a week, (with the exception of holidays when the office is closed). Start your morning off right with a healthy breakfast while enjoying each other's company.



There are complimentary copies of the newspaper located in the Great Room to read.

On-Site Podiatrist

Dr. Michael Masias, DPM

Sign up in the book in the lobby to schedule an appointment or call 518-320-8659.

Friday Grocery Shopping

Fridays at 10:30 am



Medical Appointments

Tuesday, Wednesday & Thursday, between 9:00 am and 2:00 pm.

Please schedule with the office at least one week in advance.