

SUMMIT AT EASTWYCK

Monthly Newsletter

December 2020



THE
Manager's Message

The Holidays are here! Can you believe it? They crept up on us through all that is going on! So, it's time to focus on enjoying this season. We will be having our traditional holiday party for all of you. Since we need to be safe, we will be offering different times for you to celebrate with your friends. Please be sure to sign up for the time slot that works best for you. The Jingle Mingle (Holiday Happy Hour) will take place on each Wednesday in December. We will feature hot appetizers and special festive cocktails. While the size of each gathering will be smaller, the same amount of warmth and cheer will be evident at each celebration.

We hope that you will also join us for a Holiday Sing Along each Tuesday at 2 pm. We will be singing Christmas songs for the entire month of December! Meanwhile, the Tuesday Treats this month will be cheesecake with a different topping each week. We will diet in January.

As we close out the year and look forward to 2021, I want to wish you all a healthy, happy and bright new year! A new year with new beginnings and lots of good times that we will enjoy together! Please remember to call the office if there is anything that you need. From ways to get meals or toilet paper delivered to getting you a good book to read from our library, we are always here to help.

Happy Hanukkah, Merry Christmas,
and Happy New Year to all!

Kelly a. Hotaling
Kelly Ho Ho Hotaling
Community Manager



Staff



Community Manager

Kelly Hotaling
Khotaling@summitseniorlife.com

Administrative Assistant

Tarah Lobdell
Tlobdell@summitseniorlife.com

Maintenance

Thomas Strain
Dan Wamsanz

Driver

Jerry Bruce

Janitor

Marcus Meehan

Weekend Clubhouse
Attendant

Linda Cox

Summit at Eastwyck
1 Eastwyck Circle
Rensselaer, NY 12144
518.874.1638
www.summitseniorlife.com



December
Birthdays

12/2 Becky Architzel

12/5 Mary Ryan

12/7 Simon Myambo

12/10 Cathrine Schanz

12/12 Maureen Elliot

12/14 Ellen Mahoney

12/15 Allen Yetto

12/20 Kathy Roberts

12/21 Betty Frank

12/21 Ellie Jones

12/27 Carol Hanley

12/31 Elizabeth Vann

12/31 Kathleen Carey

New Resident Orientation & Birthday
Party. Please join us for our monthly
birthday celebration in the Great
Room. The Orientation will follow
the birthday celebration.

Welcome to
Summit at Eastwyck

JOHN REASOR

SHIRLEY ROMER



WELCOME

We would like to
introduce Pixie our
ELF on the shelf!



Through out the month find her
in the clubhouse, tell the office
where she is and win a prize.



Any change in your vehicle status?
Phone numbers?
Important information?
Remember to let the office know!
518. 874.1638



		T	W	TH	F	S
<div>Please be aware that all Great Room activities will have limited seating.</div>		<div>1<div>8:00 & 10:00 Grocery Stores</div><div>1:00 Tuesday Treat</div><div>1:00 Bridge</div><div>2:00 Holiday Sing-A-Long</div><div>3:00 RumiKub</div><div>6:00 Gin Rummy</div></div>	<div>2<div>1:00 Bible Study</div><div>1:30 SKAT</div><div>2:00 Jingle Mingle Party</div><div>2:00 10,9,8 Game</div><div>4:00 Knitting</div></div>	<div>3<div>Medical Appointments</div><div>2:00 BINGO</div><div>3:00 BINGO</div><div>4:00 Bible Study</div><div>6:00 Gin Rummy</div></div>	<div>4<div>8:00 & 10:00 Grocery Stores</div><div>1:30 Bridge</div><div>1:00 Canasta</div><div>2:00 Holiday Craft</div><div>3:30 Rosary</div><div>4:00 Supper Club</div></div>	<div>5<div>1:00 Scrabble</div><div>3:00 RumiKub</div></div>
<div>6<div>2:00 Mahjong CTR</div><div>8:20 NFL Game</div><div>Bills Vs. 49ers</div></div>	<div>7<div>12:00 Men's Lunch</div><div>1:00 Holiday Movie</div><div>1:00 Pinochle</div><div>2:00 Candy Cane Corn Hole</div><div>4:00 Knitting</div></div>	<div>8<div>8:00 & 10:00 Grocery Stores</div><div>1:00 Tuesday Treat</div><div>1:00 Bridge</div><div>2:00 Holiday Sing-A-Long</div><div>3:00 RumiKub</div><div>6:00 Gin Rummy</div></div>	<div>9<div>12:00 Book Club</div><div>1:00 Bible Study</div><div>1:30 SKAT</div><div>2:00 Jingle Mingle Party</div><div>2:00 10,9,8 Game</div><div>4:00 Knitting</div></div>	<div>10<div>Medical Appointments</div><div>2:00 The Art of Hanukkah</div><div>4:00 Bible Study</div><div>6:00 Gin Rummy</div><div>Hanukkah Begins</div></div>	<div>11<div>8:00 & 10:00 Grocery Stores</div><div>11:30 Bridge</div><div>12:00 Lets Do Lunch</div><div>1:00 Canasta</div><div>2:00 Holiday Cookie Making</div><div>3:30 Rosary</div></div>	<div>12<div>1:00 Scrabble</div><div>3:00 RumiKub</div></div>
<div>13<div>2:00 Mahjong CTR</div><div>8:20 NFL Game</div><div>Patriots Vs. Rams</div></div>	<div>14<div>1:00 GR reserved– Staff</div><div>1:00 Pinochle</div><div>2:00 Candy Cane Corn Hole</div><div>4:00 Knitting</div><div>6:00 Poker</div></div>	<div>15<div>8:00 & 10:00 Grocery Stores</div><div>1:00 Tuesday Treat</div><div>1:00 Bridge</div><div>2:00 Holiday Sing-A-Long</div><div>3:00 RumiKub</div><div>6:00 Gin Rummy</div></div>	<div>16<div>1:00 Bible Study</div><div>1:30 SKAT</div><div>2:00 Jingle Mingle Party</div><div>2:00 10,9,8 Game</div><div>4:00 Knitting</div></div>	<div>17<div>Medical Appointments</div><div>2:00 BINGO</div><div>3:00 BINGO</div><div>4:00 Bible Study</div><div>6:00 Gin Rummy</div></div>	<div>18<div>8:00 & 10:00 Grocery Stores</div><div>11:00 Tri-City Valley Cats</div><div>11:30 Bridge</div><div>1:00 Canasta</div><div>3:30 Rosary</div><div>4:00 Supper Club</div></div>	<div>19<div>1:00 Scrabble</div><div>3:00 RumiKub</div></div>
<div>20<div>2:00 Mahjong CTR</div><div>8:20 NFL Game</div><div>Bills Vs. Broncos</div></div>	<div>21<div>1:00 Holiday Movie</div><div>1:00 Pinochle</div><div>2:00 Candy Cane Corn Hole</div><div>4:00 Knitting</div></div>	<div>22<div>8:00 & 10:00 Grocery Stores</div><div>11:00 Christmas Mass</div><div>1:00 Tuesday Treat</div><div>1:00 Bridge</div><div>2:00 Holiday Sing-A-Long</div><div>3:00 RumiKub</div><div>6:00 Gin Rummy</div></div>	<div>23<div>1:00 Bible Study</div><div>1:30 SKAT</div><div>2:00 Jingle Mingle Party</div><div>2:00 10,9,8 Game</div><div>4:00 Knitting</div></div>	<div>24<div>Christmas Eve</div><div>Office closed today & tomorrow</div></div>	<div>25<div>MERRY CHRISTMAS</div></div>	<div>26<div>1:00 Scrabble</div><div>3:00 RumiKub</div></div>
<div>27<div>2:00 Mahjong CTR</div><div>8:20 NFL Game</div><div>Giants Vs. Ravens</div></div>	<div>28<div>1:00 Holiday Movie</div><div>1:00 Pinochle</div><div>2:00 Birthday Party</div><div>3:00 Orientation</div><div>4:00 Knitting</div></div>	<div>29<div>8:00 & 10:00 Grocery Stores</div><div>1:00 Tuesday Treat</div><div>1:00 Bridge</div><div>2:00 Holiday Sing-A-Long</div><div>3:00 RumiKub</div><div>6:00 Gin Rummy</div></div>	<div>30<div>1:00 Bible Study</div><div>1:30 SKAT</div><div>2:00 10,9,8 Game</div><div>4:00 Knitting</div></div>	<div>31<div>New Year's Eve</div><div>Office closed today & tomorrow</div></div>	<div></div>	
<div>CONNECTED life</div> <div></div> <div>FITNESS</div>	<div>Every Monday</div> <div>9:00 Stretch & Flex</div> <div>10:00 Aqua Fit</div>	<div>Every Tuesday</div> <div>8:00 Hydro Bikes</div> <div>9:00 Pilates</div> <div>10:00 Pilates</div>	<div>Every Wednesday</div> <div>9:00 Sit To Be Fit</div> <div>11:00 Sit To Be Fit - Light</div> <div>10:00 Aqua Fit</div>	<div>Every Thursday</div> <div>8:15 Hydro Bikes</div> <div>9:00 Balance</div> <div>10:00 Hydro Bikes</div>	<div>Every Friday</div> <div>9:00 Sit To Be Fit</div> <div>10:00 Chair Yoga</div>	

Concierge Services

Meal Options

Continental Breakfast

Monday—Friday 8:30 or 9:30
Saturday & Sunday 8:30 or 9:30

Supper Club

You have the option of two hot meals each month. They come ready to eat, from local restaurants. You can pick up your pre-paid meals at 4pm in your building lobby.

Let's Do Lunch!

Monthly lunch, prepay at the office and enjoy lunch with your neighbors. Pick up at your building lobby.

For any of these meal options see the office for more details!

Grocery Shopping

Every Friday & Tuesday, the Eastwyck bus goes to three local grocery stores: ShopRite, Price Chopper and Hannaford. We will leave Eastwyck at 8:00 or 10:00. The bus will pick you up at your building. Please sign up in the main office.

Thursday Medical Appointments

Every Thursday, we provide transportation to scheduled, routine medical appointments. This service is available between the hours of 8 AM and 1 PM. Call the office for more details and to reserve your appointment time.

SENIOR REHABILITATION SERVICES

HECTORPT

www.hectorpt.com

(518) 577-5214

Located in the Eastwyck Clubhouse.



Supper Club at 4:00



Friday 12/4

Chicken Pot Pie \$11

Friday 12/18

Beef Stew over Mashed Potatoes \$11



Let's Do Lunch



Friday 12/11 Noon

Steak & Cheese with Chips & Deli Salad \$11

Dr. Michael Masias, DPM

Starting at 10:00 on the 1st Wednesday of every month, Dr. Masias will be on site.

518-320-8659.

Eastwyck Salon

Rita 518-495-5603

Becky 518-424-7922