

SUMMIT AT GLENWYCK

Monthly Newsletter

September 2020



THE Manager's Message

"September tries its best to have us forget summer."
Bernard Williams

In many ways, it seems as if September has a chip on its shoulder. September pulls the plug on the glorious days of summer. Camps and beaches begin closing. Boats and swimming pools are covered with tarps in the backyard. Flip flops and shorts are replaced by jeans and a warm pair of socks. A/C goes off as heat comes on. Daylight is lost and not found till spring. Bedtimes are again enforced as kids return to school. It's a dirty job, but somebody has to do it. September is up to the task.

But September is anything but a lost cause. It replaces endings with charming and delightful beginnings. Perhaps the most delightful is the coming of Fall. Trees in the northeast begin to hint of the colorful extravaganza about to unfold. The Fall harvest, along with cooler temperatures, inspires us to create delicious stews, soups, chili, pies, bread, and donuts. As we bid farewell to our migratory birds, we make plans to provide food for those who choose to stay with us. We celebrate Labor Day, Grandparents' Day, Patriot Day, and Constitution Day. The spontaneous days of summer are replaced with the calm, comforting routine of September.

As a child, September took some getting used to. We had a schedule again. Life slowed down in ways that were good for us all. September is like a mother calling her children home at the end of the day. Enjoy!

Laura N. Leathem
Laura Leathem
Community Manager

Welcome

Joan Boyarsky
from Schenectady, NY

Laura Demercurio
from Glenville, NY

Kathleen Pultorak
from Glenville, NY

Sally Heiligman
from Amsterdam, NY

Gary & Barbara Cardwell
from Niskayuna, NY

Staff

Community Manager

Laura Leathem
LLeathem@summitseniorlife.com

Administrative Assistant

Laurie Ignazio
LIgnazio@summitseniorlife.com

Maintenance

Mike Norton

Thomas Nardini

Housekeeper

Weekend Office Assistant

Kathleen Nichols

Office Phone

518-280-7340

Emergency Maintenance

518-338-9562

The Summit At Glenwyck
150 Dutch Meadows Lane
Glenville, NY 12302

September Birthdays



Laura Michelson	9/6
Pamela Janice	9/6
Theodora Gallop	9/7
Annina Casillo	9/7
Mary Patricia Rush	9/8
Judy Sitzer	9/9
Nadia Lakah	9/9
Helena Dean	9/9
Joan Torello	9/9
Norma Burns	9/9
Arlene Atwood	9/9
Shireen Gifford	9/11
Ursula Keiski	9/19
Joan Shaw	9/20
Jennie Tamasi	9/20
Gary Cardwell	9/21
Clarence Rivers	9/23
Carol Mjaatvedt	9/25
Gordon Endries	9/27
Dorothy Sartori	9/30

Help us celebrate our monthly birthdays by wishing the following residents a very Happy Birthday! Special treats will be delivered to each of you on Tuesday, September 29th between 2:00 pm - 3:00 pm.

SupperClub

FOOD & FRIENDS

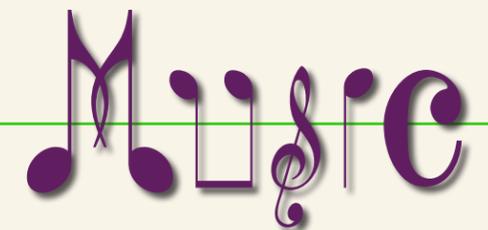
**Wednesdays - September 2nd,
16th & 30th at 4:00 pm
Delivery to Main Foyer**

September 2nd - Chicken & Dumplings
(Baby Carrots, Garden Salad, Biscuit,
Chocolate Chip Cookie) \$15

September 16th - Eggplant Parmigiana
(Angel Hair Pasta, Caesar Salad, Garlic
Bread, Vanilla Pudding) \$15

September 30th - Macaroni & Cheese
(Vegetable Medley, Tossed Salad,
Cherry Cobbler) \$15

**Orders due in the office by Noon on
Monday 8/31, 9/14 & 9/28**



Come listen
to your favorite tunes

Musical Cats

Thursday, September 10th at 2:00 pm

The Bob Treffeletti Project
Friday, September 18th at 4:00 pm

**In the Courtyard - Weather
Permitting**

Delivery Services



**Too busy to grocery shop?
Too tired to cook?**

Food Florist meals are available in the office on a first come/first serve basis. The below dishes are frozen and ready to be simply heated. Each 2-person serving is \$11. You can also order the meal of your choice off their extensive menu.

This month's anyday choices:

- Chicken Pot Pie
- Cheesy Chicken Bake
- Bacon Swiss Quiche
- Broccoli Cheddar Quiche
- Traditional Sausage Lasagna
- Swedish Meatballs



on us

**Thursday,
September 10th**

Delivery To Your Door Starting at 11:30 am

Call the office by Noon, September 8th to sign up. Chips and soda provided.



Prepared to serve.SM

Place your order with Tom Barnes by calling 1-888-724-9267 or go online to www.schwans.com.

Delivery dates are September 4th & 18th. Tom usually arrives outside the main entrance between 11:00 am - 12:00 pm.



EST. 2009

Will deliver to all Summit Senior Living communities. Orders must be placed and paid for

ONLINE at www.primalyourlocalbutcher.com

or

OVER THE PHONE

Albany Store - (518) 512-4455

Deliveries will be on Tuesdays.

\$10 Delivery Fee

Medical Appointments

Tuesday, Wednesday & Thursday, between 9:00 am and 2:00 pm.

Please schedule with the office at Least one week in advance.

Appointments must be within a 10-mile radius.

