

SUMMIT AT MILL HILL

Monthly Newsletter

August 2020



THE Community Manager's Message

I don't know about you, but our "new normal" does not seem normal to me...not yet anyway. As we continue to wear masks, wash our hands, and practice social distancing, I long for things to return to the way they were pre-COVID.

Now here we are in August! What do you usually enjoy this time of year? Do you like to go to Saratoga Racetrack? Or maybe the Saratoga Jazz Festival, or Tanglewood? Though we will miss some of our traditional summer fun this year, we will have many activities and events to look forward to, right here at Mill Hill:

- A Men's Breakfast and Women's Luncheon
- Floral Yarn & Nail Art with Angela
- Tai Chi
- Woodworking fun with Matt
- Pottery Place Ceramic Painting...and more!

Along with these activities, our fitness program and other entertainment, we will also enjoy simple summer pleasures, such as specialty drinks at Happy Hours, s'mores, and watermelon treats!

Check out the new August calendar for more details and dates. We can all look forward to a busy and fun-filled month!

Happy August,

Joan
Community Manager



Community Manager

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Administrative Assistant

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Maintenance

Matthew Grygas
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Weekend Concierge

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Community Activities



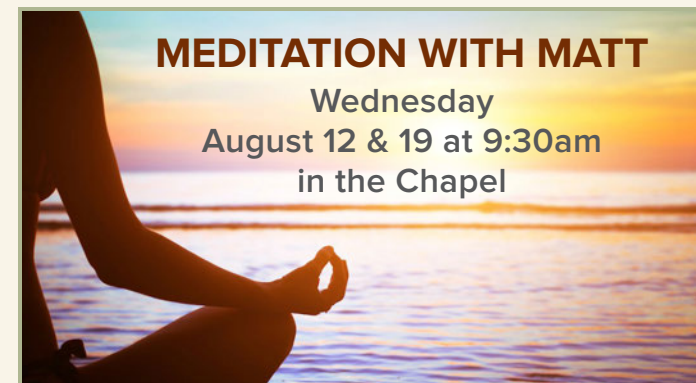
Happy Hour FRIDAYS AT 4PM
IN THE TAVERN

Summer Specialty Cocktails
Beer, wine, soda & snacks



TECH TUESDAY

Join us on **August 11 at 2pm**
in the Great Room for help with your
iphone/technology questions.



MEDITATION WITH MATT

Wednesday
August 12 & 19 at 9:30am
in the Chapel



Please email Meg ...

with your suggestions for
workshops, entertainment,
book club or other programs
you would like to see on your
calendar

meg@summitseniorliving.com



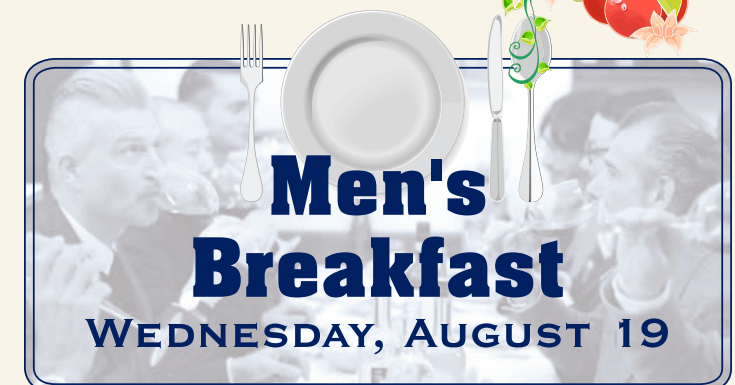
SUMMER TREATS!

Celebrate summer with
watermelon & s'mores!
Check the calendar for dates.



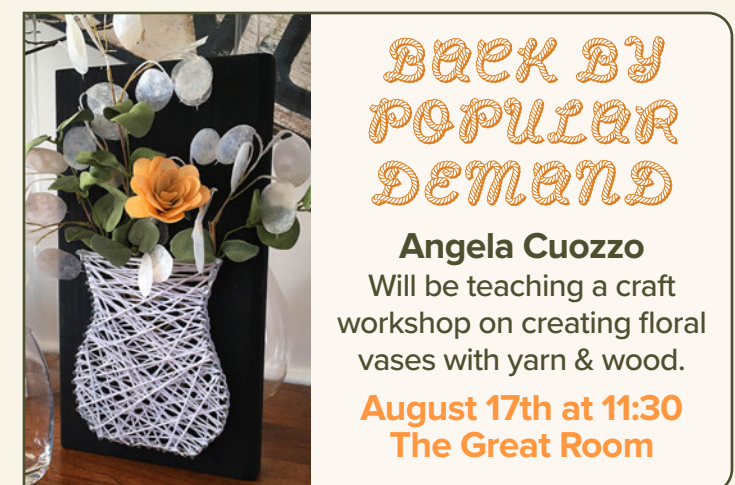
**Women's
LUNCHEON**

FRIDAY, AUGUST 14



**Men's
Breakfast**

WEDNESDAY, AUGUST 19



**BACK BY
POPULAR
DEMAND**

Angela Cuozzo
Will be teaching a craft
workshop on creating floral
vases with yarn & wood.

August 17th at 11:30
The Great Room



*Don't forget to stop by the art gallery to enjoy
the beautiful summer paintings by local
artist, Megan Ruch.*



AUGUST BIRTHDAYS

Maryann Wetra August 9

Shirley Riexinger August 18

Please join us to celebrate our August Birthdays. Cupcakes & Ice Cream in the Great Room.

AUGUST 26TH AT 3:00 PM

Pottery Painting

Paint the pottery piece of your choice and we'll have it fired. You will create a lovely piece to keep for yourself or give as a gift.

August 24 at 11:30
In The Great Room



Tai Chi

Come explore a new fitness class: Tai Chi! This ancient art has many health benefits.

2pm on August 12 in the yoga studio, 3rd floor.

Summit Supper Club

August 4 - Ben & Bill's Deli

August 6 - Marisa's Place

August 11 - Orchard Tavern West

August 13 - Emma Cleary's

August 18 - Via Fresca

August 20 - Akanomi Japanese

August 25 - Pellegrino's Italian Market

August 27 - Bellini's

WOODWORKING FUN

Join Matt in the woodworking shop to create your own picture frame.

August 20 at 1pm

