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BR-Billiards Room (3rd Floor)
CR-Craft Room (2nd Floor)
FS-Fitness Studio
GAM-Game Room (2nd Floor)
GR-Great Room
LIB-Library
MOV-Movie Theatre
ML-Music Lounge (3rd Floor)
P-Pool
PAT - Patio
TAV-Tavern



The Summit is going **Green**
Recycle **CLEAN**
plastics, tin, aluminum,
paper and glass



1
HAPPY NEW YEAR
2020
Office is Closed

2
10:30am Scrabble TAV
11:15am Music of the Lake Houses - The Saratoga Springs Library
1:30pm Great Courses: The Science of Natural Healing MOV
3:30pm Corn Hole GR
4:30pm TGI Fridays To-Go TAV
6:00pm Open Studio CR
6:00pm Poldark MOV
8:00pm Thursday Night Football MOV

3
10:00am Chess Club LIB
10:30am Shopping Shuttle
11:00am Cooking Class- No Bake Dog Treats GR
12:00pm Blood Pressure Clinic LIB
1:00pm Meditation LIB
1:00pm Occupation Station GR
5:00pm BYOB Tavern Time TAV
5:30pm Poker Night GR
6:00pm Rummikub TAV

4
9:00am Beginner's Tai Chi FS
10:00am Quarter Bingo TAV
10:30am Board Games GR
1:30/6:15pm Movie Matinee MOV
3:00pm Hot Chocolate Bar GR
6:00pm Hand & Foot Card Game TAV

5
8:30am Waffle Breakfast GR
1:00pm Rummikub TAV
2:00pm The Other Side of History: Daily Life in the Ancient World MOV
4:00pm Sunday Night Football MOV

6
10:30am Scrabble TAV
11:00am Theatre How-To MOV
12:00pm Lunch at Dizzy Chicken Saratoga
1:00pm Hand & Foot Card Game ML
3:00pm Trivia TAV
4:00pm Happy Hour GR
5:30pm Mahjong TAV
6:15pm Monday Night Movie : The Pacific MOV

7
10:00am - 1:00pm Podiatrist, Dr. Masias
11:00am Organize Tavern Games TAV
1:30pm Quarter Bingo TAV
3:00pm Reverse Charades with Residents & Staff GR
3:30pm Wii Bowling Competition LIB
4:30pm Chef Mickey's Baked Haddock TAV
5:30pm Poker Night GR

8
11:00am Social Knitting & Crochet LIB
11:15am Beginner's Tai Chi FS
12:00pm Chef Albert's Tasting GR
2:00pm Resident Meeting with Christy GR
2:45pm Program Meeting GR
3:30pm Lip Reading LIB
6:00pm Movie Night: Wine Country MOV
6:00pm Hand & Foot Card Game TAV

9
10:30am Scrabble TAV
11:15am Navigating The Grocery Aisles - The Saratoga Springs Library
1:30pm Great Courses: The Science of Natural Healing MOV
3:30pm Corn Hole GR
4:15pm Pizza & Friendship Salad TAV
6:00pm Open Studio CR
6:00pm Poldark MOV
8:00pm Thursday Night Football MOV

10
10:00am Chess Club LIB
10:30am Shopping Shuttle
11:00am Cooking Class GR
12:00pm Blood Pressure Clinic LIB
1:00pm Meditation LIB
1:00pm Occupation Station GR
4:00pm BYOB Tavern Time TAV
5:30pm Poker Night GR
6:00pm Rummikub TAV

11
9:00am Beginner's Tai Chi FS
10:00am Quarter Bingo TAV
10:30am Board Games GR
1:00pm Storytelling with Betty LIB
1:30/6:15pm Movie Matinee MOV
3:00pm Winter Flavored Coffee GR
6:00pm Hand & Foot Card Game TAV

12
8:30am Pancake Breakfast GR
1:00pm Rummikub TAV
2:00pm The Other Side of History: Daily Life in the Ancient World MOV
4:00pm Sunday Night Football MOV

13
10:30am Scrabble TAV
11:00am Lunch & Bowling at The Strike Zone
1:00pm Hand & Foot Card Game ML
3:00pm Trivia TAV
4:00pm Crazy Hat Happy Hour GR
5:30pm Mahjong TAV
6:15pm Monday Night Movie : The Pacific MOV

14
10:30am Troy Music Hall presents Soprano Carla Fisk
11:00am Book Club The Island of Sea Women LIB
1:30pm Quarter Bingo TAV
3:30pm Wii Bowling Competition LIB
4:15pm Wishing Well Specialty Dinner TAV
5:30pm Poker Night GR


15
11:00am Social Knitting & Crochet LIB
11:15am Beginner's Tai Chi FS
1:00pm Brookside Museum presents: Travel, Recreation & Tourism in Saratoga County 1800's- 1960's LIB
3:00pm Mexican Train TAV
3:30pm Lip Reading LIB
6:00pm Hand & Foot Card Game TAV
6:30pm Quittin' Time Acoustic Duo GR

16
10:30am Scrabble TAV
1:00pm Paint on Wine Glasses CR
1:30pm Great Courses: The Science of Natural Healing MOV
3:30pm Corn Hole GR
4:30pm Dickinson's Turkey Dinner TAV
6:00pm Open Studio CR
6:00pm Poldark MOV
8:00pm Thursday Night Football MOV

17
10:00am Chess Club LIB
10:30am Shopping Shuttle
1:00pm Occupation Station GR
2:00pm New Year's Fitness Resolutions w/ Barb Howansky FS
4:00pm BYOB Tavern Time TAV
5:30pm Poker Night GR
6:00pm Rummikub TAV

18
9:00am Beginner's Tai Chi FS
9:30am Shelly on Guitar GR
10:00am Quarter Bingo TAV
10:30am Board Games GR
1:30/6:15pm Movie Matinee MOV
3:00pm Hot Chocolate Bar GR
6:00pm Hand & Foot Card Game TAV

19
8:30am Waffle Breakfast GR
1:00pm Rummikub TAV
2:00pm The Other Side of History: Daily Life in the Ancient World MOV
4:00pm Sunday Night Football MOV

20
1:00pm Selma MOV
3:00pm Trivia TAV
5:30pm Mahjong TAV
Office is Closed

Martin Luther King Jr. Day

21
9:30am Saratoga Casino & Raceway
1:00pm Ice Cream Cones GR
2:15pm Quarter Bingo TAV
3:30pm Wii Bowling Competition LIB
4:30pm Chef Mickey's Pot Roast TAV
5:30pm Poker Night GR

22
11:00am Social Knitting & Crochet LIB
11:15am Winter Storyteller Series at SUNY EMPIRE
11:15am Beginner's Tai Chi FS
2:00pm Mexican Train TAV
3:30pm Lip Reading LIB
4:00pm Blue Skies Travel presents Wine Hour & Crystal Cruises GR
6:00pm Hand & Foot Card Game TAV
6:15pm Movie Matinee MOV

23
10:30am Scrabble TAV
1:30pm Great Courses: The Science of Natural Healing MOV
2:30pm What is Elder Law & Why Does It Matter LIB
3:30pm Corn Hole GR
4:30pm Pratt's Creamy Chicken Pasta Dinner TAV
6:00pm Open Studio CR
6:00pm Poldark MOV
8:00pm Thursday Night Football MOV

24
10:00am Chess Club LIB
10:30am Shopping Shuttle
1:00pm Occupation Station GR
2:00pm 20th Century Trivia MOV
4:00pm BYOB Tavern Time TAV
5:30pm Poker Night GR
6:00pm Rummikub TAV

25
9:00am Beginner's Tai Chi FS
10:00am Quarter Bingo TAV
10:30am Board Games GR
1:30/6:15pm Movie Matinee MOV
3:00pm Root Beer Floats GR
6:00pm Hand & Foot Card Game TAV

Chinese New Year

26
8:30am Pancake Breakfast GR
1:00pm Rummikub TAV
2:00pm The Other Side of History: Daily Life in the Ancient World MOV
4:00pm Sunday Night Football MOV

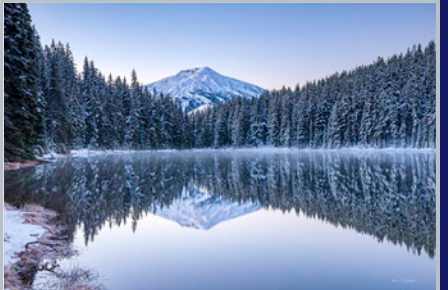
27
10:30am Scrabble TAV
1:00pm Food Florist Delivery Truck LOBBY
1:00pm Hand & Foot Card Game ML
3:00pm Trivia TAV
4:00pm Chinese New Year Happy Hour GR
5:30pm Mahjong TAV
6:15pm Monday Night Movie : The Pacific MOV

28
11:00am Learn About Hometown Mobile Vet Services GR
1:30pm Quarter Bingo TAV
2:30pm Saratoga Springs Public Library Visits GR
3:00pm Newlywed Game GR
3:30pm Wii Bowling Competition LIB
4:15pm Primo's Pasta Special or Menu TAV
5:30pm Poker Night GR

29
11:00am Social Knitting & Crochet LIB
11:15am Lunch at Diamond Club at Embassy Suites
11:15am Beginner's Tai Chi FS
2:00pm Mexican Train TAV
3:00pm Monthly Birthday Party GR
3:30pm Lip Reading LIB
6:00pm Hand & Foot Card Game TAV
6:15pm Movie Matinee MOV

30
10:30am Scrabble TAV
1:30pm Great Courses: The Science of Natural Healing MOV
3:30pm Corn Hole GR
4:30pm Chef Albert's Meatloaf Dinner TAV
6:00pm Open Studio CR
6:00pm Poldark MOV
8:00pm Thursday Night Football MOV

31
10:00am Chess Club LIB
10:30am Shopping Shuttle
11:30am Winter Skin Relief with Bhavani GR
1:00pm Occupation Station GR
3:00pm Popcorn Tasting GR
4:00pm BYOB Tavern Time TAV
5:30pm Poker Night GR
6:00pm Rummikub TAV



CONNECTED life

FITNESS

Every Monday
Hydro Rider P 8:00am/8:30am
Strength Training FS 9:30am
Water Walking P 2:00pm

Every Tuesday
Water Aerobics P 8:30am
Aqua Fit P 9:30am
Balance Class FS 10:30am
Yoga FS 11:00am
Circuit Training GYM 11:30am
Low Impact Aerobics with Weights FS 12:00pm

Every Wednesday
Stretch N'Flex FS 9:00am
Sit2BeFit FS 10:00am
Water Walking P 11:00am/2:00pm
Buddy Swim P 1:00pm

Every Thursday
Hydro Rider P 8:00am/8:30am
Aqua Fit P 9:30am
Balance Class FS 10:30am
Yoga FS 11:00am
Circuit Training GYM 11:30am
Low Impact Aerobics with Weights FS 12:00pm

Every Friday
Water Aerobics P 8:30am
Hydro Riders P 9:30/10:00am

Every Saturday & Sunday
Water Walking P 11:00am
Buddy Swim P (1:00pm Saturday 10:00am Sunday)